

The Martin News

PO Box 5003 Sylvester, GA 31791 lmanley1210@gmail.com www.themartinnews.org (229) 272-4356

October 11, 2021

SGT

SOUTHWEST GEORGIA THERAPY

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Sylvester, Georgia 31/91 229-821-3892 (phone) 229-821-3893 (fax)



Time For Friday Night Lights





Political Meet & Greet

OCT. 12TH, 2021 5:30PM - UNTIL PEDESTRIAN MALL @ TRAIN DEPOT

We encourage you all to Mix & Mingle with your Local Officials!

- Candidates Invited:
 - Sylvester Mayoral (Contested)
 - Warwick Mayoral (Contested)
 - Poulan Council Posts 4 (Contested)
 - Sumner Council Posts 1 (Contested)
- Issues:
 - ESplost
 - Sylvester Alcohol Referendum
 - Warwick Alcohol Referendum
 - Poulan Alcohol Referendums



Please stay home if you feel sick or have been exposed to COVID-19







Gardening for Adults

Do you often see adults outside and ponder on the fact why they are out there working in the yard? The benefits of gardening are plentiful in the overall health & well-being of the older adult. Here are just some of the ways you are rewarded by getting out and getting into the dirt!

- · Enjoyable form of exercise
- · Increase levels of physical activity & helps mobility & flexibility
 - · Encourages use of ALL motor skills
 - · Improves endurance & strength
 - · Helps prevent diseases like osteoporosis
 - · Reduces stress levels & promotes relaxation
 - · Provides stimulation & interest in nature & the outdoors
 - · Improves wellbeing as a result of social interaction
 - · Can provided nutritious, home-grown produce

Among adults aged 65 years and older, walking and gardening or yard work are, by far, the most popular physical activities. My mother just turned 78 about a month ago and she piddles in the yard all the time. She loves to take care of her flowers that she picks up from Pa's Plants in Sumner. Get yours today...



Shop: https://my-store-b88dcb-2.creator-spring.com Follow us on Facebook: The Thaxton Turner

We Hope To See You There!



3rd Weekend in October
VISIT GAPEANUTFESTIVAL.ORG
FOR MORE INFORMATION

Date



Printed Name

GEORGIA PEANUT FESTIVAL PARADE SPONSORED IN PART BY COCA COLA OCTOBER 16, 2021 @ 10:00 AM DOWNTOWN SYLVESTER, GA

Application must be received by October 1, 2021

Make check payable to: THE GEORGIA PEANUT FESTIVAL Mailing Address: Georgia Peanut Festival PO BOX 40 Sylvester, GA 31791 229-776-6657 or 229-776-7718

REGISTRATION FEE \$30

COVERS THE FOLLOWING ENTRIES:

- One (1) Vehicle & One (1) Trailer
 No towing of vehicles allowed
 Or
- 2) Up to Eight (8) Motorcycles or 4-Wheelers (Can be a combination) Or
- 3) Up to Eight (8) Horses & riders

Parade Rules - Please Read Carefully:

- No throwing of any object including candy from a float or vehicle. Only walkers can hand out candy or
 other items. Throwing candy causes dangerous situations as children run to collect candy off the street.
 Drivers have difficulty seeing children dash around the vehicles. Please protect the safety of our
 children and respect this regulation by handing out candy to the crowds.
- 2) No towing of any type of vehicle.
- 3) Each float should have at least two (2) walkers.
- 4) Each parade entry should keep the flow of the parade continuous and should not stop or slow the parade down.
- 5) No special placements in the parade route will be granted. The Georgia Peanut Festival reserves the right to decide upon placement of all parade entries. Placement will be determined for the most pleasant, smooth running parade possible.
- 6) Due to time constraints we will not be able to allow any stops for performances during the parade.
- 7) No scary costumes, scary floats, or dangerous floats are allowed.
- 8) No applications will be accepted after October 1, 2021. Applications can be mailed or hand delivered.

Please print legibly.	
NAME OF ENTRY	
	Telephone
Contact Person	
	City, State, Zip
Describe your entry	
Circle the appropriate cat	egory
Antique Tractor/Auto	Beauty Queen Business Church/Civic Club/School/Organization
Political Equestrian _	Beauty Queen Business Church/Civic Club/School/Organization Commercial Float Amateur Float Emergency/Public Svc
	application I understand I hold harmless the Georgia Peanut Festival, Inc. and all officer
	from any damages to persons or property. The Festival reserves the right to accept or
lecline any entry. I understa	and this application is a promise to show and no refund will be made for cancellation.

Signature



TIRED OF LOW RATES ON YOUR CD'S AND IRA's?

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We are READY and ABLE to assist you with any immigration issues.

Tifton Office - Now Open! (229) 520-8875

402 N Park Ave., Tifton, GA 31794 Atlanta Office (404) 523-3611

303 Peachtree St., NE Suite 4100 Atlanta, GA 30308



Margaret Jones Public Library Spreading Awareness About Domestic Violence During Domestic Violence Awareness Month



Margaret Jones Public Library is partnering with Ruth's Cottage and the Patticake House of Tifton to spread awareness about Domestic Violence this month for Domestic Violence Awareness Month. Stories from domestic violence survivors and victims are on display at the library.

Domestic violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern

of power and control perpetrated by one intimate partner against another. It includes:

- physical violence
- sexual violence
 - threats
- emotional abuse

The frequency and severity of domestic violence can vary dramatically. The Ruth's Cottage Domestic Violence Prevention Program began in 2002 with a 12-bed emergency shelter and is now a 25-bed facility, including capacity for housing large families, men and those with pets. This program employs nine full time and six part time advocates. This program provides an array of confidential services for

victims of domestic violence.

Services include:

- 24/7 Hotline 229.388.1541
 - Emergency Advocacy and Shelter
 - Mental Health Services
- Individual and Support Group
- Assistance with Temporary Protective Orders, including Family Violence Orders and Stalking Orders
 - Relocation Assistance
- Domestic Violence Education and Outreach



NEED SOMETHING NOTARIZED? WE CAN HELP!

Prior to coming to the library:

- Make sure you have your photo ID
- Make sure you have <u>NOT</u> signed the paper
- Make sure you have cash or card to pay for your notary service (\$2.00 per stamp)



Margaret Jones Public Library 205 East Pope Street, Sylvester, GA 229-776-2096

WCHS Cross Country Team Competes at Westover Invitational



The Worth County High School Cross Country team competed on October 2nd at the Westover Invitational. In the boys' race, Eyan Zupko came in 4th overall with a time of 17:33. Conner Mullen came in 2nd for the Rams, 16th overall, with a time of 18:35. The boys as a team came in 12th out of 21 teams. In the girls' race, India Williamson came in first for the rams, 28th overall, with a time of 23:20. Alexia Sokolowski came in 2nd for the Rams, 35th overall, with a time of 23:40. The girls as a team came in 8th out of 17 teams. The team only has one more regular-season competition before our

Region Meet, which decides the Region winner and who goes to the state meet. Excellent job, Rams! We are so proud of each of you!

Source: WCSD



FALL SPIRIT CH

Cheers, Dance, Jumps, Tumbling, and more... taught by our WCMS Spirit Cheerleaders & Coach

October 30, 2021 **9AM-2PM*** *1:30PM Participants Show their Skills

Grades PreK - 8th

Registration begins at 8:30am on day of event

Location: WCMS Gym

Wear white top, black bottoms, & sneakers

\$20 per participant

Snack & Certificate provided

Questions? Email Coach Bodiford: kbodiford@worthschools.net



WCPS Scholastic Book Fair

We are so excited to be able to offer an "in person" book fair this year! Please see the schedule below for the dates and times. Friday, October 15th: 7:45-12:00

Monday - Thursday, October 18th -21st: 7:45-2:45 We look forward to seeing everyone!



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ABAC Readies For Sunbelt Expo



With ABAC souvenirs and a basket of prizes each day, visitors to the Sunbelt Agricultural Exposition at Spence Field near Moultrie on Oct. 19-21 have plenty of reasons to stop at the Abraham Baldwin Agricultural College building. Because of the pandemic, the Expowas not held last year. "I am looking forward to seeing many of our alumni that we have

not been able to be with during the pandemic. The Expo is an event where we see hundreds of our fabulous alumni, so I hope many will come by the ABAC building and check in with us," said Lynda Fisher, ABAC alumni director. Lindsey Carney, ABACs marketing and communications director, said the college is "always looking for new and different ways to greet prospective students and alumni who visit our Expo building. Everyone who comes into the building wearing something ABAC will get to pick a prize out of our ABAC box." The School of Agriculture and Natural Resources will feature games, a roping steer dummy, and information for prospective students. The Sunbelt Ag Expo, North Americas premier farm show, began as a series of small farm equipment shows on the ABAC campus in 1964. It moved to its current location in 1978. ABAC Ambassadors Raegan Clack, Jaylee Bass, and Abby Green seen at the Sunbelt Agricultural Expo in 2019. Student ambassadors will be back at the Expo's ABAC building this month.

Source: Tifton Grapevine





GRAND OPENING &
RIBBON CUTTING



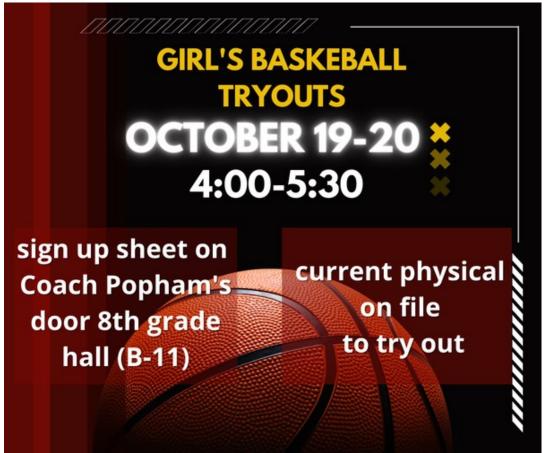
JOIN US FOR GIVEAWAYS SPECIALS THROUGHOUT THE DAY!

8:15 AM SATURDAY OCTOBER 16TH, 2021

106 EAST FRANKLIN STREET SYLVESTER, GA 31791







Worth County Middle School Girl's Basketball Tryouts are October 19th and 20th from 4:00-5:30pm. A current physical must be on file to try out. Students can sign up at Coach Popham's door on 8th grade hall. Email Coach Popham if you have questions. His email address is japopham@worthschools.net.

Source: WCSD

Where Do You Shop?

This week is time to celebrate department stores! I have told everyone that there is a day to celebrate just about anything and this week they celebrate department stores! Which department store is your favorite or was your favorite if they have already closed down? My favorite department store was from when I was a little girl and that was Sears. Sears was the store to shop at when I was growing up. That is where mother and daddy took us for all of our back to school shopping and I loved it! They had everything I wanted and more. At one time they even had a snack counter in the store. I can even remember when they turned their icee's clear because the red stained the floors. Daddy always sat outside of Sears to people watch and I loved doing that with him too. What great memories! So where do your shopping memories come from?



Sylvester-Worth County Business Expo



November 4th, 2021 5pm to 7pm

102 S. Main Street (Train Depot - Pedestrian Mall)





Network

Get to know the businesses that help support the Sylvester-Worth County economy.



Job Opportunities

Looking for a job?

Potential on the spot interviews for job seekeers.



Community

New to the community?

This is the perfect opportunity to get to know more about the businesses.

Support Local Economy

To ensure that we contribute to maintaining a stable economy, we must support the businesses that contribute to it. Please help us by eating & shopping local. Living the local life is how we keep our community and economy stable.

Promo Local Businesses

In an effort to better serve our community, we must support the business we already have in Sylvester-Worth County. We highly encourage that everyone come out and support the local community and its businesses.

Are you a business interested in participating? Contact us!



229-776-7718



info@swcountychamber.com

Plant the Seed. Watch it Grow. Reap the Benefits.



WCPS 2021 Homecoming Week October 11-15



Monday Fall Break



<u>Tuesday</u> Teacher work Day



<u>wednesday</u> Disney Day





<u>Thursday</u> Mardi Gras Day

Friday
Spirit Day (All decked out in Black and Gold)
Homecoming Parade 2:00 (Start time)

E-SPLOST Vote Would Continue Sales Tax For Tift County Education 60% Comes From Non-Residents, Hathaway Says

E-SPLOST

A decision to renew the Special Purpose Local Option Sales Tax for Education (E-SPLOST) will be on the countywide ballot Nov. 2, Tift County Schools Superintendent Adam Hathaway told

the Tifton Rotary Club on Wednesday. "A SPLOST cycle only runs for five years, and at the end of that five years, we renew the penny," Hathaway said. "It's not about adding another penny; it's about renewing the penny that's already been there." He was referring to the one-cent sales tax on every dollar spent in Tift County that goes toward education. The current SPLOST V expires June 30, 2022. In Tift County, it is estimated that approximately 60% of SPLOST dollars come from outside sources, or non-residents. What does SPLOST do for Tift County Schools? "Primarily, it pays for capital construction," Hathaway said. "When the new high school was built, that was SPLOST I." Having SPLOST funds "absolutely frees us up to have smaller class sizes, so we can continue to provide a quality education," Hathaway said. The growth of SPLOST funds is a testament to the growth of Tift County, he said. SPLOST funds can pay for capital construction (renovation, modification and additions); instructional resources and materials; computers and software; security cameras and alarm systems; furniture; playground/P.E. equipment; buses, and other school vehicles. That \$70 million would be the maximum amount of bonds that the Tift County Board of Education is allowed to borrow. The school system does not have to access the full \$70 million if the total amount is not needed. Proposed major projects for the SPLOST continuation includes a new middle school facility, a new elementary school facility to combine Northside and G.O. Bailey elementary schools. Locations are not yet determined, and nothing has been decided yet, Hathaway said. "We have a large amount of older schools in our system, built in the 1960s and 1970s," Hathaway said "Three elementary schools are our biggest concern, and the two priorities are Northside and G.O. Bailey." "There's only so much lipstick you can put on a pig before you start getting diminishing returns," he said. "There's only so much paint you can put on a wall, before you realize that the pipes that are under the slab cracked two years ago and that's the reason the whole building smells like urine. "The conversation we are having is about building another elementary school, an Annie Belle Clark-type of elementary school. We're going to plan for a building that's going to last 50 to 75 years." The estimated cost is \$30 million. "The second major project we are looking at is building a consolidated middle school," Hathaway said. The estimated cost would be \$40 million in local funds. Early voting on continuing SPLOST starts Tuesday, Oct. 12.

Source: Tifton Grapevine



Events, Dining, Shopping...

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SOUTHERN HOSPITALITY

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Think Tifton

ThinkTiftonGA

"Lamppost Scarecrows" Scare Up Attention In Downtown Tifton



The Downtown Development Authority of Tifton and the Tifton Main Street program are hosting a Scarecrow Competition in October to "scare up fall and get in the harvest spirit." Light poles in downtown Tifton have been decorated with scarecrows by businesses, clubs, and organizations, and voting for favorites on Facebook has begun. The scarecrows were mounted Oct. 4 and will stay in place through Oct. 31. Photos of all the scarecrows are posted on the Downtown Tifton Facebook page, in an album entitled "Scarecrows on Main 2021," where readers may vote through their "likes" on the most creative scarecrows. Voting started Tuesday, Oct. 5, and will continue through Oct. 29. Winners will be announced on the Tifton Gardens stage at 6:30 p.m. during the First Friday event, Nov. 5. This year's 21 scarecrows are sponsored by: Bula's Antiques, Called to Care, Celebrate Recovery, Centers for Pain Management, City of Tifton, City Optical, Coastal Plain CASA, The Fine Art of Skincare by Gina Johnson, Gary Kincaid's Insurance, Georgia Pecan Growers Association, J&J Weightroom, Literacy Volunteers of Tifton-Tift County, Mallory Ward School of Dance, Merle Norman Cosmetics, Quality Employment Service, Savannah & Co. Salon, Simply Stated Boutique & Interiors, Southern Pickers, Tifton-Tift County Public Library, Waffle House, and The Zone Collectibles & More.

Source: Tifton Grapevine



Events, Dining, Shopping...

SMALL TOWN with loads of

SOUTHERN HOSPITALITY

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AUGUST 13TH
PELHAM

WORTH CO. STADIUM
AUGUST 20TH

TURNER CO. WORTH CO. STADIUM

AUGUST 27TH

MITCHELL CO.

WORTH CO. STADIUM

SEPTEMBER 3RD

AMERICUS-SUMTER

ALTON SHELL STADIUM

SEPTEMBER 10TH

RUTLAND

WORTH CO. STADIUM

SEPTEMBER 24TH
TIFT CO.
BRODIE FIELD

OCTOBER IST COOK

COOK HIGH SCHOOL

OCTOBER 8TH
THOMASVILLE

VETERANS MEMORIAL STADIUM

OCTOBER ISTH

FITZGERALO

WORTH CO. STROIUM

OCTOBER 2200

BERRIEN

RAYMOND JONES MEMORIAL STADIUM

OCTOBER 29TH

EARLY CO.

WORTH CO. STADIUM



Rams

RAISE THE STANDARD





Four 6th graders from Mrs. Cooper's classes at Worth County Middle School designed and created garden markers for their fall classroom garden. Students are Rebeka Graham, Danielle Guzman, Parker Brand, and Drake Beasley. Great job students!

Source: WCSD

alike."

Gov. Kemp Issues Statement on IRS Attempts to **Monitor Checking Accounts**

OCTOBER 07, 2021 Atlanta, GA – Governor Brian P. Kemp today issued a statement on the Internal Revenue Service's plans to scrutinize Americans' checking accounts, a potential invasion of taxpayer privacy. Today the Georgia Chamber of Commerce and the Georgia Bankers Association also issued a joint statement in opposition to the provision. "This ridiculous power grab by the Biden Administration is only their latest attempt to hurt businesses and undermine the constitutional rights of hardworking Georgians," said Governor Kemp. "There is absolutely no reason for the federal government to have the ability to monitor nearly every checking account in the country. This is a reckless invasion

of privacy and a gut punch to community banks, small businesses, and large banking institutions

WCMS HOMECOMING SPIRIT WEEK OCTOBER 13 - 15, 2021

13TH > DISNEY DAY 14TH > MARDI GRAS DAY 15TH > RAMS SPIRIT DAY



October 11th & 12th are student holidays



Our mission is to make this a perfect day for you. Gin Creek will be the most unique and beautiful experience you have ever been a part of in your entire life.

> 251 Demott Road Hartsfield, GA 31756 229-941-2989 info@gincreek.com



Fun with Food! Ms. Dorries 7th graders finished their study on plant cells by creating models using candy that included all organelles. Mrs. Parten's 6th graders used oreo cookies to model the phases of the lunar cycle.

Source: WCSD

The Worth County Middle School Rams Football team played their first round of playoffs on Thursday, October 7th at 5:30pm at home. While they came up short, losing 21-20, they played an amazing season being undefeated. Mr. Frazier, Principal for WCMS, celebrated their fantastic season with a cookout for all the players, coaches and spirit cheerleaders. Thank you to everyone that has supported the team this season! Way to go Rams!

Source: WCSD















Proud Sponsor of This Weeks' SCHOOL SNAPSHOTS!

TOMLINSON

OUTDOOR WASHING



(229) 854-1736

Blood Shortage Lowest Since 215, Red Cross Says

The American Red Cross has scheduled local blood donation opportunities to aid with the current national blood shortage. The national Red Cross blood inventory is the lowest it has been at this time of year since 2015, with less than one day's supply of certain blood types in recent weeks, the Red Cross said in a press release. The supply of types O positive and O negative blood, the most needed blood types by hospitals, dropped to less than a half-day supply at times during the past month – well below the ideal five-day supply. Donors of all blood types — especially type O — are asked to make an appointment to give blood now and in the weeks ahead to help address the current emergency, the Red Cross said. As COVID-19 cases spiked in August, blood donor participation declined by about 10%, but blood distributions to hospitals have remained strong, significantly outpacing blood donations in recent weeks. "Fall is typically a time when the blood supply rebounds as donors are more available to give than during the busy summer months, but this year has presented a unique and serious challenge," said Dr. Pampee Young, Red Cross chief medical officer. Upcoming local Red Cross blood donation opportunities include: TIFTON: Oct. 11 – 3-7 p.m., Northside Baptist Church of Tifton, 4605 Murray Ave. **FITZGERALD:** Oct. 11 – 1-6 p.m., First Baptist Church, 402 S. Merrimac Drive. While not part of the Red Cross donation system, another blood drive is scheduled from 10 a.m.-3:30 p.m. Oct. 13 at the Cato Knight parking lot in downtown Tifton hosted by the Tifton-Tift County Chamber of Commerce along with the OneBlood organization, which is affiliated with blood banks.

Source: Tifton Grapevine

45th Annual Georgia Peanut Farm Show set for Jan. 19-20, 2022, in Tifton

TIFTON, Ga. (Oct. 5, 2021) - Make plans to attend the 45th annual Georgia Peanut Farm Show and Conference scheduled for Wednesday and Thursday, Jan. 19-20, 2022, at the University of Georgia Tifton Campus Conference Center in Tifton, Georgia. Wednesday's hours will be 1:00 - 5:00 p.m. and Thursday's hours will be 8:00 a.m. -2:30p.m. The two-day show is free and open to all farmers and industry representatives to attend. Attendees will have the opportunity to visit with nearly 100 agribusinesses and organizations in the peanut and agricultural industry. Farmers will be able to earn private and commercial pesticide applicator certification, as well as learn about cutting-edge research and developments during the University of Georgia Peanut Production Seminar and industry-wide sponsored Peanut Seed Seminar. Farm Show chairman Rodney Dawson is looking forward to the 2022 show. "I encourage farmers to attend this two-day show in Tifton," Dawson says. "The knowledge they will gain from industry representatives and seminars is an investment in the future of their farm." The Georgia Peanut Commission, in cooperation with OneBlood, will host a blood drive from 9:00 a.m. - 2:00 p.m. on Thursday, Jan. 20. At the close of Thursday, there will be nearly \$10,000 in door prizes presented to farmers, as well as a Grand Door Prize, vendor products, certificates and equipment. For more information on the show, contact the Georgia Peanut Commission office at 229-386-3470 or visit www.gapeanuts.com.

Dates to Remember

October

11th ~ Worth County Schools Fall Break

11th ~ Chamber 50/50 Raffle Tickets Sale

12th ~ Worth County Schools Planning Day

12th ~ Early Voting

12th ~ Chamber 50/50 Raffle Tickets Sale

12th ~ Halloween Story Time at Margaret Jones Public Library 3pm-4pm

12th ~ Political Meet & Greet 5:30pm-7pm

12th ~ Bingo Night at Ed's Truck Stop 6pm-8pm

12th ~ City Poulan Council Meeting 6:30pm - 7:30pm

13th ~ Early Voting

13th ~ Chamber 50/50 Raffle Tickets Sale

13th ~ Kiwanis Meeting at Noon

14th ~ Early Voting

14th ~ Chamber 50/50 Raffle Tickets Sale

14th ~ Flu Shots for WCPS Students and Faculty

14th ~ WCHS JV Varsity Football Away 5pm

14th ~ Ruth's Cottage Walk A Mile In Her Shoes 6:30pm-7:30pm

15th ~ Early Voting

15th ~ Chamber 50/50 Raffle Tickets Sale

15th ~ Georgia Peanut Festival Golf Tournament 12pm-5pm

15th ~ Georgia Peanut Festival Concert - Color The Night 6:30pm

15th ~ Worth County Rams vs Fitzgerald Home for Homecoming at 7:30pm

16th ~ Early Voting

16th ~ Chamber 50/50 Raffle Tickets Sale

16th ~ WCMS Competition Cheer

16th ~ WCMS/WCHS Cross Country Meet

16th ~ Georgia Peanut Parade 10am

16th ~ Georgia Peanut Festival 11am-4pm

16th ~ Worth County High School Homecoming

17th ~ Chamber 50/50 Raffle Tickets Sale

18th ~ Chamber 50/50 Raffle Tickets Sale

18th ~ Early Voting

19th ~ Early Voting

19th ~ Chamber 50/50 Raffle Tickets Sale

20th ~ Chamber 50/50 Raffle Tickets Sale

20th ~ Early Voting

20th ~ Kiwanis Meeting at Noon

21st ~ Early Voting

21st ~ Chamber 50/50 Raffle Tickets Sale

22nd ~ Chamber 50/50 Raffle Tickets Sale

22nd ~ Early Voting

22nd ~ Worth County Rams vs Berrien Away at 7:30pm

23rd ~ Early Voting

23rd ~ Chamber 50/50 Raffle Tickets Sale

24th ~ Chamber 50/50 Raffle Tickets Sale

25th ~ Chamber 50/50 Raffle Tickets Sale

25th ~ Early Voting

26th ~ Early Voting

26th ~ Chamber 50/50 Raffle Tickets Sale

27th ~ Chamber 50/50 Raffle Tickets Sale

27th ~ 9th Anniversary Sylvester - Pink Out Day 12noon-2pm

27th ~ Early Voting

27th ~ Kiwanis Meeting at Noon

28th ~ Early Voting

28th ~ WCHS JV Varsity Football Home at 5:30pm

28th ~ 2nd Annual Trunk or Treat (Flyer in The Martin News) 6pm-7:30pm

28th ~ Chamber 50/50 Raffle Tickets Sale

29th ~ Chamber 50/50 Raffle Tickets Sale

29th ~ Early Voting

29th ~ Worth County Rams vs Early Home for Senior Night at 7:30pm

30th ~ Community Block Party at the Duck Pond 3pm-6pm

30th ~ Trick or Treating on Isabella Street in Sylvester

30th ~ Chamber 50/50 Raffle Tickets Sale

31st ~ Chamber 50/50 Raffle Tickets Sale

Georgia Cities Week Held In Sylvester

Last week was Georgia Cities Week and the City of Sylvester celebrated daily. From Shred Day, Food Truck Monday and the Council Meeting to kick off Monday all the way to the 100 Mile Peanut Pickin' Yardsale on Saturday, I would say Cities Week was a HUGE Success in Sylvester. Other events included the tree planting ceremonies to rededicate the tree at the Depot in memory of Ms. Kathy Wise and the tree planting in memory of Mr. Larry Johnson at Shipp Park. The stakeholders breakfast, equipment show, employee appreciation luncheon and women's self dense workshop were other events that took place during the week. One of the big events was the customer appreciation day that was held on Thursday. Constituients were able to come and meet the City of Sylvester Departments, receive goodies, eat lunch and register for Georgia Cities Week Customer Appreciation drawings for utility bills: The winners for residence- free 1 month on next utility statement: Bontressa Brown, Debbie Bryan, and Shwanda Tolbert. The winners for business- free 1 month on next utility statement: Jim Daniels, CTSI, Eric Hatcher, and Rocky's music. The winners for residence- \$100 off next utility statement: Valorie Jones, Brenda Coleman, Randy Hill, and Ulysees Jackson. The winner for business- \$150 off next utility statement Alchemy, Jesse's & Salon, The Mane, and Newell's Firearms & outdoor. The winnings will reflect on your next utility statement. If you have any questions please call 229-776-8505. Congratulations to all of the winners.



Source: City of Sylvester







October 16th is National Boss's Day

Proud Sponsors of the Worth County Ram Touchdown Club Football

City of Sylvester

CTSI

Griffin Chevrolet

Perry Paint & Body

Phoebe Worth Medical Center

Southland Controls

Pictures provided by Ram Mom, Jennifer Cooper







Sylvester Ga. Pink Out Day

Wednesday 12noon October 27, 2021

Sylvester Ga City Hall Train Depot-Pedestrian Mall 102 S. Main St. Sylvester Ga.

> Out door event—Social distancing Honoring Our Survivors



In Memory of loved ones
PRIZES—-LUNCH PROVIDED—FUN





Pink Heals Fire Truck will be on site



Sharon Lyles—Event Coordinator

Facebook: Cancer Awareness 365 Email: Cancer Awareness 365@yahoo.com

(229)256-6542

The Domestic Violence Program Committee of Ruth's Cottage & the Patticake House **Invites Your Participation in October's**

WARENESS MO



CANDLELIGHT **VIGIL**

We are grateful to be holding our annual Candlelight Vigil in person again this year at Southern Regional Technical College, This event honors and remembers victims who have passed away due to domestic violence. It will be held on October 7 at 5:30 in Conference Room 106-A at the Tifton Campus. Our keynote speaker will be Kristy Carter, the Victim Assistance Program Director at the Criminal Justice Coordinating Council, and our survivor speaker will be Rachel Elizondo. Masking and social distancing will be required at this event.



VICTIM DISPLAY

This year, thanks to a generous donation from Lowe's and the hard work of several volunteers. we will have a powerful victim display in central locations in the counties we serve. This display will consist of large, purple, wooden cut-outs to represent victims of domestic violence and their stories. If you would like to be involved in this project, please contact rachel.elizondo@ tiftregional.com.





IN HER SHOES

We are happy to announce that we will be hosting the Walk a Mile in Her Shoes event in person this year at ABAC! The event will take place on October 14th in the front campus area at ABAC. Registration for walkers will begin at 5:30 with announcements starting at 6:15, and the walk starting at 6:30. Those interested in walking can sign up at: https://stopthehurtga. org/events/walk-a-mile-in-her-shoes/. RCPCH does have shoes in larger sizes for walkers to use, but they are on a first come, first serve basis. Social distancing and masking will be recommended and encouraged at this event.



VIDEO PROJECT

This project is ongoing throughout the month of October with videos discussing general information on domestic violence as well as some personal testimonies being shared on the Ruth's Cottage & the Patticake House Facebook page each weekday. If you would like to participate in this project, please email rachel.elizondo@tiftregional.com.



As always, we will be having our Wear Purple Day and encouraging the community to participate! This year, Wear Purple Day is on October 21. We have purple t-shirts available for individuals, businesses, and organizations to request if you would like to participate. Get a sign up form for the t-shirts by emailing rachel.elizondo@tiftregional. com or nbryan@rcpch.net. Those who receive a t-shirt must send a photo of them and/or their organization on October 21, and all t-shirts are on a first come, first serve basis. Photos of you and/or your team wearing purple can be sent to 229-402-2146.



This project honors victims and survivors of domestic violence by "saving a seat" for them at local businesses, clinics, meeting spaces, shopping areas, and more in the counties that RCPCH serves throughout the month of October. If you have a location that would like to be involved or have a story to share, please email rachel. elizondo@tiftregional.com. We have Spanish and English stories this year.

During the month of October, Ruth's Cottage and The Patticake House is asking local businesses to volunteer to put purple stickers with their hotline number on bags, takeout containers, and other items for customers. Not only does this activity raise awareness for Domestic Violence, it also gets the hotline number into the homes of potential victims without them having to seek it out and risk their abuser finding out. We have over 2,500 stickers available for businesses in Tift, Turner, Irwin, Worth, and Ben Hill Counties to put on items their customers will take home, and they are completely free! Just email Rachel Elizondo at rachel.elizondo@tiftregional.com if you would like stickers, and she will coordinate with you to have the stickers delivered.





ITEMS ACCEPTED:

CHILDREN'S TOYS TVS BIKES TUPPERWARE ELECTRONICS JEWELRY CANDLES WAX WARMERS GIFT CARDS

FOR MORE INFO CONTACT:

LYNN MEEKS-MANLEY 229.272.4356

BRENDA HICKS 229.344.6400

CHARLES MCDONALD 229.402.7049

October is SIDS Awareness Month

SIDS is the sudden, unexpected death of an apparently healthy baby under one year of age that remains unexplained after the performance of a complete postmortem investigation, including an autopsy, examination of the scene of death and review of the medical history. SIDS is the leading cause of death for babies one month to one year of age. It occurs in all socio-economic, racial and ethnic groups, but African American and Native American babies are 2-3 times more likely to die of SIDS than Caucasian babies. Most SIDS deaths occur when a baby is between two and four month with 90 percent of all SIDS deaths occurring before a baby is 6 months old. Despite awareness campaigns promoting the back sleep position and other safe sleep practices, deaths continue to occur as a result of unsafe sleep practices such as bed sharing, use of soft bedding and stomach sleep position. At this time there is no known way to prevent all sudden infant deaths, but there are lifesaving steps parents and caregivers can take to help protect their baby.

- · Babies should always be placed to sleep on their backs. Side and tummy sleep positions are not safe.
- · Do not fall asleep with a baby in an adult bed or on a sofa.
- · Do not smoke while you are pregnant and do not expose babies to second-hand smoke after they are born.
- · For sleep, use a safety-approved crib, portable crib, play yard or bassinet with a firm mattress that fits snuggly and is covered with only a tight-fitting crib sheet.
- · Do not place babies to sleep on soft surfaces such as adult beds, waterbeds, and sofas.
- · Do not use loose blankets in a baby's crib. Layer clothing or use a wearable blanket or other sleeper clothing to keep baby warm.
- · Remove all soft bedding and other soft items from the sleep area, including pillows, blankets, quilts, bumper pads and stuffed animals or toys, before placing the baby to sleep.
- Take care not to overheat babies with too much clothing or too warm of room. Keep temperature at what would be comfortable for a lightly clothed adult.
- · Use a pacifier at naptime and nighttime for the first year.
- · Educate all of your baby's caregivers regarding these life saving tips.

For more information about SIDS, visit www.cdc.gov.

Dr. Byrd's Students Experiment In The Classroom



Dr. Byrd's students at
Worth County Middle
School experimented to
see if the properties of
glue changed when mixed
with cornstarch or borax
solution. They also applied
the scientific method. If

you're wondering... Yes! The properties changed. Good job students!

Source: WCSD

