



# The Martin News

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November 8, 2021

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### Short & Paulk Names President



Short & Paulk Supply Co. has promoted Chris Graddy to company president. The announcement was made by company CEO J.P. “Jay” Short V. Graddy joined the Short & Paulk team in 2005 at the Sylvester location. He worked his way up to his most recent position as chief operations officer, directing the company’s sales and operations. As COO, Graddy also played an instrumental role in building Short & Paulk’s current leadership team. “Short & Paulk has experienced unparalleled growth over the past few years. We now operate six locations and ship materials in three states. Since starting with us in 2005, Chris has worked in every single phase of our business. He is dedicated, hardworking, and takes ownership of everything he touches. Chris has the experience and the drive to lead our team into the future.” said Jay Short. Short & Paulk is family owned; CEO Short is a third-generation family member. The company was founded in 1941 by J.P. Short III and H.M. Paulk in an old warehouse along the railroad tracks on South Main Street in Tifton. Short & Paulk always sold building materials, but in the early days was also heavily involved in the agricultural supply business, selling tractors, farm implements, feeds, seeds, and fertilizers. Short & Paulk currently operates six lumberyards-home centers in Tifton, Sylvester, Albany, Dawson, Cuthbert, Thomasville, and a door manufacturing plant in Tifton. Employing more than 90 full- and part-time employees, Short & Paulk ships building products to job sites throughout South Georgia, North Florida, and Southeast Alabama.

Source: Tifton Grapevine

# Summer Christmas Fest



**Saturday December 11, 2021**

**3:30 P.M.**

**706 Walnut Street Sumner GA 31789**

**Location is at the Old Headstart Cafeteria**

**COME JOIN US FOR A CHILI DOG SUPPER AND LOTS OF FUN!**

## **ACTIVITIES WILL INCLUDE:**

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### WCHS Competition Cheer Lands 1st Place Saturday

Congratulations to the WCHS Competition Cheer Squad! They took 1st place this past weekend at the annual Sue Youngblood Last Chance Cheer Classic. Way to go, ladies!

Source: WCSD



### WCMS Competition Cheer Ends With A Great Season

Congratulations to our WCMS Competition Cheer Team and Coach Ashley Judy on their 1st place finish in Small Division at the Last Chance Cheer Classic held at WCHS. They also had the highest overall score of all 7 teams competing (small & large divisions). That's a fantastic way to end the season! Great job girls!

Source: WCSD

### Worth County High School Cross Country Team Ends The Season With Great Wins



The WCHS Cross Country team competed Friday, November 5th at the state cross country meet in Carrollton, Georgia. In the boys' race, Worth County came in 19th overall out of 30 teams. Eyan Zupko came in 1st for the Rams and 16th overall. Conner Mullen came in 27th overall. Kason Mullen had a personal record time in the state meet with a time of 22:10. Our Region Champs, the girls team, came in 14th overall out of 29 teams. Alexia Sokolowski came in 1st place for the Rams and in 49th overall. India Williamson came in 2nd for the Rams and in 59th overall. It was a great season for our cross country teams this



year! Awesome job, Rams! We know next season will be even better.

Source: WCSD

## Christmas in Sylvester

Growing up in Sylvester and Worth County has always been great but as I get older, I see just how great it is! With the holidays approaching, Sylvester knows how to celebrate Christmas! The beautiful lights they have hanging in the town are absolutely breath taking. Not many towns in Georgia put such heart and soul into decorating their town. They will be getting the lights ready soon so they can turn them on usually around Thanksgiving. The Christmas parade will be in the evening of December 3rd. A night parade that has all the pretty lights on the floats is simply gorgeous. After the parade they will have the tree lighting ceremony. Make your plans now to attend. The event is scheduled 6pm to 8pm.

I am excited for this time of year! I really get excited when it is time for the Downtown Christmas Open House! And guess what... it's coming soon! There will be a Sip & Stroll and a concert to follow. So much fun to have with your family and friends. Please go downtown and support our local businesses. Also support all businesses in Sylvester this coming holiday season too as there will be many specials and who likes specials this time of year?? ME for sure. It's time to start making those Christmas lists so that we can make the ending of 2021 the best!

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# WCES FOOD DRIVE

WCES is having a "Food Drive" to collect food for those in need. This will benefit local children right here in Worth County. If you would like to participate, please have your child bring their donation to school from now until

November 15th. Please remember that all donations have to be nonperishable foods that are easy for small hands to open without assistance.

Thanks so much for helping us help others!

## SUGGESTED FOOD ITEMS

- Canned meats with pop tops only! (ex. Vienna sausage, tuna, Beanie Weenies, Ravioli, Spaghetti, etc.)
- Milk Boxes
- Juice Boxes/Capri Suns
- Small Boxed Cereal
- Fruit Cups
- Chips or Pretzels
- Small boxes of Raisins
- Cheese or Peanut Butter Crackers
- Applesauce cups
- Cereal Bars or Granola Bars
- Pop-Tarts
- Fruit Gummy Snacks

To make it fun, we will line up all items down the hall. The first grade level who reaches the end of the hall first wins an ice cream for the entire grade level.

## Dial It or Push It



I love to see how days are recognized through the year. They have any day you can imagine! I almost got tickled with this day they recognize. It is push button phone day. Did you know that Bell Telephone introduced the first commercial push-button telephone on November 18, 1963? It was installed first in Carnegie and Greensburg, Pennsylvania, just outside of Pittsburgh. The push-button phone replaced the rotary dial phone, which had been in use for decades. Customers had to be convinced to use the new phones. The push-button telephone was only one part of the package that completed the modern telephone system. One other major part was automating the signals sent down the wire after you pushed the buttons. To fill this gap, touch-tone dialing was also introduced on November 18, 1963 to speed the transmission of telephone numbers. Rotary dial phones had used

pulse dialing, a much slower method of routing a call to an exchange to connect with another number. Until rotary dial phones were introduced, telephone operators at an exchange grabbed plugs on the end of long cord and pushed them into a jack on a board, connecting someone placing a call with the party they were calling, or with a long-distance operator in another city. "It happened in the '60s" website is the great website that I found this information on and there is so much information on there that is so interesting. Reading on push-button phones took me back to when I was a little girl. I can remember both of my grandmothers having the round circular dial phones. It seemed like it took forever to dial the number you needed. Then I can remember them getting the push button phones but it still was a little slow but nothing compared to the phones before them. We thought we were something when our grandparents got the push-button phones. With all the technology we have now, our children were basically introduced to cell phones from the beginning so they have no clue about push-button phones much less the ones we had to spend round and round to dial. It's amazing to me when I think about the times when I was growing up. None of my grandparents, grandmothers and grandfathers included, even knew what a cell phone was probably. I know my daddy's parents never had a cell phone and I don't think my mother's parents did. Technology has come a long way but to me when I was growing up, those were the good ole days!



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I know everyone is getting ready for their Thanksgiving festivities. It's not far away! So what will you be cooking for lunch? We normally don't do a big Thanksgiving lunch anymore. It's just me and Larry and we do it simple. However this year I have decided to cook a little. I am going to have Turkey, Marconi and Cheese, Mashed Potatoes, Peas and Rolls for sure. Larry is still thinking what else he might like to add to this. He and I are some what of picker eaters but we like to listen to all of our friends and what they are going to eat. Some of our friends cook somewhat simple but most of them go all out, so what's on your menu? If you don't want to cook but still want the big Thanksgiving meal be sure to check in with our local restaurants as they will be preparing meals that you can pick up and serve in your home on Thanksgiving. If you would prefer to go out to eat, pickings will be thin but call ahead and see what will be open but we know for sure Three Squares and Waffle House will be open. The Martin News hopes that everyone has a great Thanksgiving and that you enjoy your holidays with your family.

## WCMS Receives 4-H Bayer National 4-H Science Day Grant

Once again this year, FVSU 4H was able to acquire a grant from Bayer to purchase kits for all of Worth County Middle School students, and activities were completed in science classrooms. Students completed 4 activities, including building a Cosmic Claw, the Astro Adventure board game, Cipher Space puzzles, and a Stellar Optics telescope. WCMS would like to thank the Fort Valley State University Cooperative Extension 4-H Program for securing a 4-H BAYER National 4-H Science Day grant for the 3rd consecutive year to purchase supplies for all WCMS students and teachers to participate in this event. The Fort Valley State University Cooperative Extension 4-H Program - Assistant Extension Administrator State 4-H Program Leader: Mr. Woodie Hughes Jr., and Mr. Sam X White: the Fort Valley State University Cooperative Extension 4-H Healthy Living Consultant; are the author and director of the grant funded proposal. Mr. Sam X White, the Gourd Master, and the "Bridging Arts and Agriculture" Architect of the 4-H Village Community Garden Outdoor Laboratory of Learning in Sylvester, Georgia on the AG Village Trail. WCMS would also like to thank the National 4-H Council, and BAYER for choosing Worth County Middle School to purchase enough 2021 National 4-H Youth Science Day Event family kits for 100% of all of our 6th, 7th, and 8th grade 700 students to be afforded the opportunity to participate through this 4-H hands-on experiential learning positive youth development event. Mrs. Pam Parten, a WCMS science teacher, has taken on the initiative to volunteer to lead the entire FVSU Cooperative Extension 4-H Program and Worth County Middle School collaboration project; successfully for 3 consecutive years of 100% student participation at no costs to them; and the ongoing support from the Worth County Middle School Principal, and Worth County School Superintendent for allowing Mr. Hughes and Mr. Sam X to bring 4-H experiential learning opportunities to our students. Enjoy highlights from the event in the video posted on the Worth County Middle School Facebook page.

Source: WCSD



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### M-I-C-K-E-Y M-O-U-S-E



I love birthdays and guess whose birthday is in November?? That's right, you guessed it... Mickey Mouse! Mickey Mouse is a funny animal cartoon character and the official mascot of The Walt Disney Company. He was created by Walt Disney and Ub Iwerks at the Walt Disney Studios in 1928. An anthropomorphic mouse who typically wears red shorts, large yellow shoes, and white gloves, Mickey has become one of the most recognizable cartoon characters in the world. Mickey first was seen in a single test screening (Plane Crazy). Mickey officially debuted in the short film Steamboat Willie (1928), one of the first sound cartoons. He went on to appear in over 130 films, including The Band Concert (1935), Brave Little Tailor (1938), and Fantasia (1940). Mickey appeared primarily in short films, but also occasionally in feature-length films. Ten of Mickey's cartoons were nominated for the Academy Award for Best Animated Short Film, one of which, Lend a Paw, won the award in 1942. In 1978, Mickey became the first cartoon character to have a star on the Hollywood Walk of Fame. Beginning in

1930, Mickey has also been featured extensively as a comic strip character. His self-titled newspaper strip, drawn primarily by Floyd Gottfredson, ran for 45 years. Mickey has also appeared in comic books and in television series such as The Mickey Mouse Club (1955–1996) and others. He also appears in other media such as video games as well as merchandising, and is a meetable character at the Disney parks. Mickey generally appears alongside his girlfriend Minnie Mouse, his pet dog Pluto, his friends Donald Duck, and Goofy, and his nemesis Pete, among others. Originally characterized as a mischievous antihero, Mickey's increasing popularity led to his being rebranded as an everyman, usually seen as a flawed, but adventurous hero. In 2009, Disney began to re-brand the character again by putting less emphasis on his pleasant, cheerful side and reintroducing the more mischievous and adventurous sides of his personality, beginning with the video game Epic Mickey. This information provided by Disney is very interesting to read. There's so much that I didn't even know about Mickey. How about you?



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### **I Still Celebrate Christmas With My Daddy!**

It is about the time to start decorating Christmas Trees. I mentioned before that I would tell about the different trees that I have put up before and the different themes I had. My favorite tree was my "Daddy Tree". I absolutely loved it. Daddy passed away twelve years ago this year. The first Christmas without him was so sad. I missed him so very much and it just didn't seem right without him. Even though I still had my other family and my son, the main piece to the puzzle was missing. So the next Christmas, I decided to put some of his things to great use. I took a Christmas tree and set it in the corner. I put some white lights on it and started the decorating. For the tree skirt, I used daddy's flannel shirt. It was like I could still smell him on it. For the topper, I used his ole straw hat. As daddy got older, he wore a straw hat when he was outside. It was worn around the edges, but that was ok with me. For the decorations, I used everything I could get on the tree. I used his bottle of "Old Spice" cologne, his old farmer's almanac book, several small play guitars, a stuffed animal that was a Dale Earnhardt, Sr. bear, and the list could go on and on. As I hung each item, I would tell Larry a story behind it. He loved hearing about his Papa. It made it like daddy was there. When the tree was complete, I stepped back and realized I would never spend another Christmas without daddy again! I was complete!! When people would come to visit, the tree was a conversation piece for sure. It was so much fun to tell what items meant and how they were used in daddy's life. Missing people can be hard every day but the holidays are even worse it seems like. We know they are with us in spirit all the time but there is something about holidays that make you wish you could hug them, talk to them, smell them and touch them. It sounds weird but it is real my friends! You never replace them but you sure can fill a small piece of their absence by bringing their stuff back to life. I hope this helps someone at Christmas and during the holiday season. I hope you all have a very Merry Christmas.

## Azalea Winds Concert To Honor Pearl Harbor Day



The Azalea Winds will provide a special tribute for the 80th anniversary of the attack on Pearl Harbor at a concert set for 7 p.m. Nov. 16 in ABAC's Howard Auditorium. The performance is part of the annual fall band concert at Abraham Baldwin Agricultural College. The concert is free and open to the public. ABAC Band Director Deborah Bradley said if weather permits, the ABAC Jazz Ensemble will open the evening with a few selections in the Howard Auditorium Rotunda at 6:30 p.m. The ABAC Concert Band will perform at 7 p.m. on stage in Howard. Several members of the ABAC group will also perform with the popular South Georgia Classic Community Band. The Azalea Winds portion of the event is titled "Let's Remember," a nod to the 80th anniversary of the attack on Pearl Harbor on Dec. 7, 1941. Christina Huss and Alan Carter from Valdosta have composed an original composition that reflects the scene and horror of the event. Several Christmas pieces will also be featured in the concert. Area musicians from Tifton are among those performing.

Source: Tifton Grapevine



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## ABAC To Name Veterans Center For Merrill



The Veterans Center at Abraham Baldwin Agricultural College will be named in honor of Melvin L. Merrill in a ceremony at 3 p.m. Nov. 11 in the Carlton Center on the ABAC campus. The public is invited to attend. Merrill served 29 years in the U.S. Army Reserve before he retired with the rank of major in 1993. He also occupied an administrative position at ABAC for 42 years, first as development director before moving on to roles as chief development officer, ABAC Foundation president, and capital planning director. "When President (David) Bridges informed me of this honor, it was a very humbling moment for me," Merrill said. "During my time with the U.S. Army, I learned a lot about life, a lot about people, and a lot about the world. The most important thing I learned is that you have to respect and honor individuals for who they are and what they do." Merrill was instrumental in the design and construction of the ABAC Veterans Center, located in the renovated Carlton Center. Its original location was in J. Lamar Branch Hall. Students who are veterans use the area as a place to study and relax, while acquainting themselves with others who also served in the military. "Melvin was a difference maker during his military career and at ABAC," Bridges said. "He got things done. I don't think we could have pulled off the Historic Front of Campus project without him. I am pleased that the Veterans Center will be named in his honor." The Historic Front of Campus project revitalized the original three buildings on campus, Tift Hall, Lewis Hall, and Herring Hall. The mammoth undertaking also involved a redesign of the front lawn and the area directly behind the three buildings. "We had lost all our curb appeal," Merrill said. "Lewis Hall and Herring Hall had not been used since 1985. It was originally scheduled to be one project for \$15.5 million but it wound up taking five years and four bond issues because of the 'Great Recession' of 2008." Honored in 2011 by the Georgia Education Advancement Council with its Lifetime Achievement Award, Merrill was recognized at that time for more than 8,600 ABAC constituents contributing approximately \$23.5 million in support of ABAC programs. He was also lauded for coordinating the ABAC Foundation's \$52 million student housing project. Merrill retired from ABAC in 2015 but continued to work as ABAC's director of capital planning until 2020 on a part-time basis. Upon his retirement, he received the title of ABAC Foundation president emeritus. "I have always liked what I was doing," Merrill said. "It wasn't necessarily like a job. I enjoyed doing it." Named as Tifton's Arts Citizen of the Year in 1997, Merrill was also selected for the honorary State FFA degree in 2007 and as an honorary alumnus by the ABAC Alumni Association in 2009. He is a member of the Tifton Rotary Club, and he and his wife, Anita, are members of First United Methodist Church.

Source: Tifton Grapevine



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## Relaxing During the Holidays

With the holiday's coming up, we all seem to stay so busy but try during them to take a little time for yourself and relax! You can learn to relax with some practice and patience. Be sure to get advice by talking with your health care provider about methods that may work best for you. Check with him or her before changing your diet or starting an exercise program. Talk to people experienced in relaxation techniques, too. Set aside time every day. Many relaxation techniques take a bit of practice to achieve results so be sure to plan time in your schedule everyday to accomplish this. Always find a quiet place. You should feel comfortable and safe in whatever setting you choose. Dim the lights and add soothing background music and enjoy the moment! One thing that will help but is very hard to do is be patient. Don't worry if you don't notice results right away. Give yourself time to learn the techniques and relaxation will come. Relaxing is very important because it can help relieve or prevent problems related to stress. Health problems that relaxation can help include headaches, trouble sleeping, clenching or grinding of teeth, stomach and digestion problems and high blood pressure. Believe it or not, relaxation can help emotional distress. Through relaxation, you can reduce emotional response to stress, such as irritability, tension, anxiety and depression. So try to follow these to relax and enjoy the holidays!

## The Great American Smokeout

Get ready to kick the habit, and become victorious over tobacco. The American Cancer Society Great American Smokeout event is your chance to triumph over addiction. Every November, the American Cancer Society sets aside the third Thursday to encourage smokers to go the distance, and to finally give up smoking. About 34.1 million Americans still smoke cigarettes, and tobacco use remains the single largest preventable cause of disease and premature death in the United States. As of 2018, there were also 12.2 million cigar smokers in the US, and over 4.3 million who smoke tobacco in pipes which is another dangerous and addictive form of tobacco. By quitting, even for one day, you will be taking an important step toward a healthier life which can lead to reducing your cancer risk. It's a race for your health, and it starts today. Today's the day that quitters win. After 55 years of smoking, my daddy was able to quit. He lived 5 more years and said breathing was actually so much easier without smoking! If you are interested in stopping to smoke, please consult your doctor and see what he can do to help you. There are medications to help you along with programs that will step you down off of cigarettes. My uncle believed in chewing gum to stop smoking. See what will help you today to try your best to stop.



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Check out these cuties and their turkey paintings from their paint party on Friday at the Margaret Jones Public Library. They are thankful to Mrs. Allison Kilcrease for teaching them how to paint perky turkeys just in time for Thanksgiving!

Source: MJPL



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### TMJ: Symptoms, Causes And Treatments For Jaw Pain

We open and close our mouths throughout the day whenever we talk, yawn or eat — and most of us probably don't spend much time thinking about how this works. That is, until it hurts. The temporomandibular joint, or TMJ, is what connects your jawbone to your skull. It operates like a hinge, and it's responsible for your jaw movement. If the joint becomes injured or inflamed, you experience pain around your jaw and face, a condition commonly known as TMJ, or temporomandibular joint dysfunction. Whether you have jaw pain or want to avoid it, here's what you should know about what causes TMJ, plus TMJ symptoms and treatment. Symptoms of TMJ can include a headache, toothache, earache or pain in your face, jaw or neck, especially when opening your mouth or chewing. Other TMJ symptoms can include a clicking or popping sound when opening your mouth, and a locked jaw — when the joint essentially freezes up, making it hard (and very painful) to open or close your mouth. TMJ causes can include grinding or clenching your teeth (bruxism), stress, an injury like whiplash, arthritis in the joint or problems with the alignment of your jaw and teeth. TMJ symptoms can often be a sign of other dental problems, like tooth decay or a sinus infection. Your dentist will review your TMJ symptoms and medical history to rule out issues like these and determine the cause of your jaw pain. Your dentist may also take X-rays or refer you to a specialist such as an ENT, orthodontist or an oral surgeon. Depending on the cause of your symptoms, your dentist might recommend any of these TMJ treatments:

- Medications — like pain relievers, anti-inflammatories or muscle relaxants — to ease discomfort and reduce swelling.
- At-home remedies — like applying heat or ice packs to your face or jaw area, limiting jaw movement and eating soft foods.
- Mouth guards or oral splints, which prevent your upper and lower teeth from touching. These mouthpieces may help prevent teeth clenching and grinding and may help correct your bite.
- Dental work to replace missing teeth, align teeth or balance biting surfaces. This may include crowns, bridges, braces or retainers.

In-office treatments, like a minimally invasive arthrocentesis procedure that removes damaged tissue to help unlock your jaw or steroid injections that help relieve muscle pain in your face. Chiropractic care, which may reduce pressure on nerves associated with TMJ pain. BOTOX® to help relax facial muscles. Oral surgery, such as arthroscopic surgery or open-joint surgery, performed by an oral surgeon. Mild TMJ symptoms occasionally go away on their own. But it's a good idea to schedule an appointment with your dentist as soon as possible if jaw pain or other TMJ symptoms are painful enough to interfere with your daily activities.

# Dates to Remember

## November

- 8th ~ Food Drive at WCES
- 8th ~ Chamber Raffle Tickets For Sale
- 8th ~ WCMS Girls Basketball 4:30pm Cook
- 8th ~ WCMS Boys Basketball 5:30pm Cook
- 8th ~ Christmas Paint Party at Margaret Jones Public Library 6pm
- 9th ~ Food Drive at WCES
- 9th ~ Chamber Raffle Tickets For Sale
- 9th ~ Books & Bubbles at Margaret Jones Public Library 10:30am
- 9th ~ WCMS Girls Basketball 4:30pm Tift
- 9th ~ WCMS Boys Basketball 5:30pm Tift
- 9th ~ Worth the Read Book Club November Meeting 5:30pm
- 10th ~ Food Drive at WCES
- 10th ~ Chamber Raffle Tickets For Sale
- 10th ~ Kiwanis Meeting at Noon
- 11th ~ Happy Veteran's Day from The Martin News
- 11th ~ Food Drive at WCES
- 11th ~ Chamber Raffle Tickets For Sale
- 11th ~ Veteran's Day Celebrations at Worth County School
- 11th ~ WCMS Girls Basketball 4:30pm Worth
- 11th ~ WCMS Boys Basketball BTeam 5:30pm Worth
- 11th ~ WCMS Boys Basketball ATeam 6:30pm Worth
- 12th ~ Food Drive at WCES
- 12th ~ Chamber Raffle Tickets For Sale
- 13th ~ Chamber Raffle Tickets For Sale
- 13th ~ WCHS Competition Cheer Regions Away
- 13th ~ WCMS Girls Basketball 9am Worth
- 13th ~ WCMS Boys Basketball BTeam 10am Worth
- 13th ~ WCMS Boys Basketball ATeam 11am Worth
- 13th ~ 1K Fitness Ribbon Cutting 11:30am
- 14th ~ Chamber Raffle Tickets For Sale
- 15th ~ Chamber Raffle Tickets For Sale
- 15th ~ Food Drive at WCES
- 15th ~ Picture Day at WCMS
- 16th ~ Chamber Raffle Tickets For Sale
- 16th ~ Books & Bubbles at Margaret Jones Public Library 10:30am
- 16th ~ WCMS Basketball Girl 4:30pm Thomasville
- 16th ~ WCMS Basketball Boys 5:30pm Thomasville
- 17th ~ Chamber Raffle Tickets For Sale
- 17th ~ Kiwanis Meeting at Noon
- 18th ~ Chamber Raffle Tickets For Sale
- 18th ~ WCMS Girls Basketball 4:30pm Worth
- 18th ~ WCMS Boys Basketball BTeam at 5:30pm Worth
- 18th ~ WCMS Boys Basketball ATeam at 6:30pm Worth
- 18th ~ Board of Education Meeting 7pm
- 19th ~ Chamber Raffle Tickets For Sale
- 19th ~ WCHS Competition Cheer State
- 19th ~ Sip & Stroll Downtown Sylvester
- 19th ~ Christmas Open House Downtown Sylvester
- 19th ~ Ensemble Concert Downtown Sylvester
- 20th ~ WCMS Boys Basketball Brookwood
- 20th ~ Chamber Raffle Tickets For Sale
- 21st ~ Chamber Raffle Tickets For Sale
- 22nd ~ Chamber Raffle Tickets For Sale
- 22nd ~ Worth County Schools Closed for Thanksgiving Holidays
- 23rd ~ Chamber Raffle Tickets For Sale
- 23rd ~ Worth County Schools Closed for Thanksgiving Holidays
- 23rd ~ Books & Bubbles at Margaret Jones Public Library 10:30am
- 23rd ~ Sylvester - Worth County Family Connections Meeting at Noon
- 24th ~ Chamber Raffle Tickets For Sale
- 24th ~ Worth County Schools Closed for Thanksgiving Holidays
- 24th ~ Kiwanis Meeting at Noon

# SMOKED TURKEYS for Thanksgiving!

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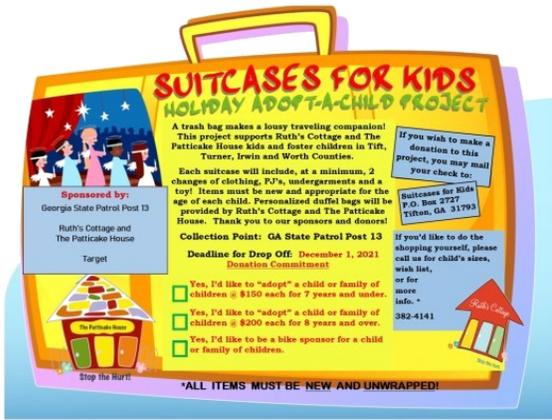
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[www.destinyfitness.com](http://www.destinyfitness.com)

## Suitcases For Kids Project Has Kicked Off



Suitcases for Kids is a community service project of Ruth's Cottage and The Patticake House. Donations are raised to support the provision of a large personalized duffel bag full of clothing, night wear, undergarments, and wish list items for foster youth in our Tifton Judicial Circuit Counties: Irwin, Tift, Turner and Worth Counties. Children served in the past year by Ruth's Cottage and The Patticake House are also provided with a case, along with their siblings. The Suitcases for Kids Project serves over 400 children each year. This is possible because of the loving and giving hearts of our communities. Gifts of service, time, talent and treasure work together to make Christmas a true time of joy and happiness for a child who has suffered much during

the year. There are many ways to support this event each year. Adoptions have opened for Suitcases for Kids 2021, and those interested in adopting a child can call The Patticake House at 229-382-4141. If you adopt a child, the items need to be dropped off by December 1 at Georgia State Patrol Post 13. If you would like someone else to do the shopping for you, donations can be made online or mailed to PO Box 2727, Tifton, GA 31793. Checks need to be clearly marked for Suitcases for Kids.

## Walter Harrison Scholarship

The Walter Harrison Scholarship is a program sponsored by Georgia's 41 electric cooperatives. The \$1,000 scholarship they are giving away can be used for academic expenses at any accredited two- or four-year university, college, or technical institute in Georgia. The scholarship is merit-based, and students are evaluated on a number of criteria such as grade point average, SAT scores, academic standing, scholastic honors, community involvement, and financial need. To apply for the scholarship, students must be accepted or enrolled at an accredited two- or four-year university or technical institute. They also must complete an application and submit a biographical sketch that includes a preview of his or her future plans. Finally, to be eligible for the scholarship, students and their families **MUST** be members of MITCHELL EMC and reside within the co-op's service area. Application is **DUE ON** February 1, 2022, at Mitchell EMC OFFICE.

Source: WCSO

Chiquita Wilburn

229-881-0451



# CRW Tax Services LLC

Tax Preparation Services



## *Lights of Love*

**Phoebe Worth Medical Center  
Tree Lighter**

*Carole Marchant*

**Phoebe Tree Lighting Ceremony**

**Tuesday, November 30, 2021 | 7 p.m.**

**807 S. Isabella Street**

This holiday season, the Phoebe Foundation will honor local cancer patients and their families with its annual Lights of Love tree lighting ceremony. Carole Marchant, a cancer survivor of Sylvester, has been named the honorary tree lighter for this year's ceremony. When Carole flips the switch to illuminate the thousands of lights on the Lights of Love tree at Phoebe Worth, she'll be right at home. She has been a member of the Phoebe Family for 47 years and currently serves as Supply Chain/EVS Manager and Bio-med/IT Coordinator. Read more about Carole and her cancer journey at <https://bit.ly/3qbgxF1>. To purchase a symbolic light to honor or remember your loved ones, visit <https://www.supportphoebe.org/phoeb.../events/lights-of-love>.

Source: Phoebe

### **SRTC Announces This Year's Rick Perkins Award Nominee's**



Southern Regional Technical College is proud to announce this year's Rick Perkins Award (Instructor of the Year) nominees: Cory Miller, Kerrie Wilson, and Leigh Pannell! The Rick Perkins Award for Excellence in Technical Instruction honors the Technical College System of Georgia's most outstanding instructors. They would like to introduce Navy Veteran Cory Miller of Tifton, who teaches Welding and Joining Technology, and Carpentry to our Dual Enrollment students at Worth County High School. He holds various degrees and certificates in Welding, HVAC, and Drafting. He began his education at the former Moultrie Technical College (now SRTC) with HVAC courses. He returned to SRTC to continue his education in Welding and Drafting. He has served as a faculty member at SRTC for six years. The award has been an ongoing statewide event since 1991 and is designed to recognize technical college instructors who make significant contributions to technical education through innovation and leadership in their respective fields. Formerly known as the Commissioner's Award of Excellence, the award was renamed in honor and memory of Thomas "Rick" Perkins, an instructor at West Central Tech-

Technical College, who received the Commissioner's Award of Excellence prior to his untimely passing. The Technical College System of Georgia provides oversight for the Rick Perkins Award program through the college Presidents' Academic Affairs Committee and the state planning committee.



# CLASSROOM GARDEN HARVEST

MRS. PARTEN'S STUDENTS HARVESTED RADISHES AND PEPPERS



The Educational Special Option Sales Tax (ESPLOST) for Worth County passed with 73% support! A HUGE thank you to our community for choosing to continue to support our children and school district! Worth County Schools are blessed to have our community behind us as we strive to best serve and prepare our children for their futures!

Source: WCSD



Mrs. Parten's 6th grade students at Worth County Middle School harvested radishes and peppers recently from their classroom garden. The students had a taste test and most were pleasantly surprised.

Source: WCSD



## Lumbre Cocina Mexicana

Praying many blessings over Lumbre Cocina Mexicana as they have opened up there doors again for us all to go and enjoy. Their Grand Opening was Friday evening. Be sure to make plans to go and enjoy lunch or supper with them. They are opened Monday through Saturday, 11am-2pm and 5pm-10pm. Chasitie Roberts and her husband, Daniel are excited about the new opening and hope to see you all. There's something for everyone to enjoy!

Photo: Lumbre Cocina

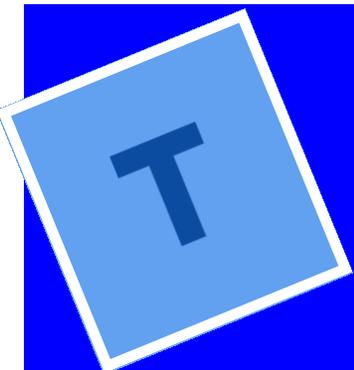


## Braves Bring Home The Trophy

Friday was a great day in Atlanta, Georgia as nearly a half million people showed up for the World Series Victory Parade for the Atlanta Braves. The parade was held in two segments, one at noon in Downtown Marietta and then the second followed at Truist Park. Pictured to the left are Mr. Reid Bonner and his son, Sawyer of Buchanan, Georgia. They along with some of their family members were watching the parade at Cumberland Mall before the parade entered into Truist Park. It was a day they will never forget!

Photo Credit: Wendy Bonner Davis

## Making Memories: Sponsored by Tatina's Taxes



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**Concert**  
**at the DEPOT**  
 Featuring  
**KOLLECTIVE**  
 (Formerly Field's Ensemble)

**NOV. 19**  
**7-10 PM**

**Food Trucks**  
*Tables \$40 to Reserve Until Gone*

*Sip and Stroll*  
**5 - 7 PM**

**KOLLECTIVE**



Contact City of Sylvester Main Street for more information 229-773-7716

### It's Beginning To Look A Lot Like Christmas



Christmas will be here before you know it and Downtown Sylvester is getting ready. Allison Kilcrease recently enjoyed her time painting the windows of Rumors Salon located at 108 North Isabella Street for the Christmas Season. Downtown Sylvester will transition into Christmas Wonderland in just the next week or so as the Sip and Stroll is planned for November 19th . The Sip and Stroll will be from 5pm to 7pm. You will be able to walk around Downtown Sylvester and enjoy many of the different stores and the treats they have to offer along with shopping for the holiday season. At 7pm, the Concert at the Depot will begin and lasts until 10pm. There will be food trucks as well. Make plans to come downtown and enjoy all the excitement going on and kick

off the holiday season!

Photo Source: Allison Kilcrease



# Merry Christmas



## 2021 CHRISTMAS CLEARING HOUSE

HELP MAKE THIS CHRISTMAS SPECIAL!

PLEASE CONSIDER DONATING **NEW** ITEMS FOR CHILDREN (0 MONTHS - 10 YEARS OLD) AND SENIOR CITIZENS.

**PLEASE MAKE ALL DONATIONS BY DECEMBER 17TH, 2021!**

THANK YOU!

- SUGGESTED ITEMS:**  
NON-PERISHABLE FOOD  
TOYS (AGES 0-10)  
SOCKS  
LEARNING TOYS  
SCARVES  
CLOTHING (0-10 YEARS)  
BLANKETS  
SPACE HEATERS

**WE KINDLY ASK THAT YOU DO NOT DONATE TOY GUNS OR SWORDS!**



## Animal Safety during the Cold Days Ahead

It seems as if the temperatures will soon be getting much cooler. I do like this time of year though. We are able to wear scarves, hats, gloves and warm clothes but sometimes people think about how they bundle up and we forget about how animals need to bundle up. One easy thing to remember is don't leave dogs or cats outdoors when the temperature drops! Regardless of the season, short-haired, very young or old dogs and all cats should never be left outside without supervision. Dogs and cats are safer indoors, except when taken out for exercise. During walks, short-haired dogs may feel more comfortable wearing a sweater. No matter what the temperature is, wind-chill can threaten a pet's life. Pets are sensitive to severe cold and are at risk for frostbite and hypothermia when they are outdoors during extreme cold snaps. Exposed skin on noses, ears and paw pads can quickly freeze and suffer permanent damage. A dog or cat is happiest and healthiest when kept indoors. If for some reason your dog is outdoors much of the day, he or she must be protected by a dry, draft-free shelter that is large enough to allow the dog to sit and lie down comfortably but small enough to hold in his/her body heat. The floor should be raised a few inches off the ground and covered with cedar shavings or straw. The house should be turned to face away from the wind, and the doorway should be covered with waterproof burlap or heavy plastic. Pets that spend a lot of time outdoors need more food in the winter because keeping warm depletes energy. Routinely check your pet's water dish to make certain the water is fresh and unfrozen. Use plastic food and water bowls rather than metal; when the temperature is low, your pet's tongue can stick and freeze to metal. These are just a few basic tips to remember that was offered by the humane society. Just remember when the temperatures drop to bring pets inside if possible - laundry room or bathroom works well for outdoor pets. No pet deserves to be outside in this weather, without PROPER HOUSES, BLANKETS, AND HEAT SOURCE. Animal control will be actively watching for violations, and as always, non-compliant owners should be reported to Animal Control Division at (229)777-7774 (leave a message during non-business hours). Urgent issues should be reported to 911. Thank you to everyone for keeping our furry friends safe during what could be a very, very cold winter.



**TATINA'S  
TAXES**

229-778-0225