



The Martin News

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November 9, 2020

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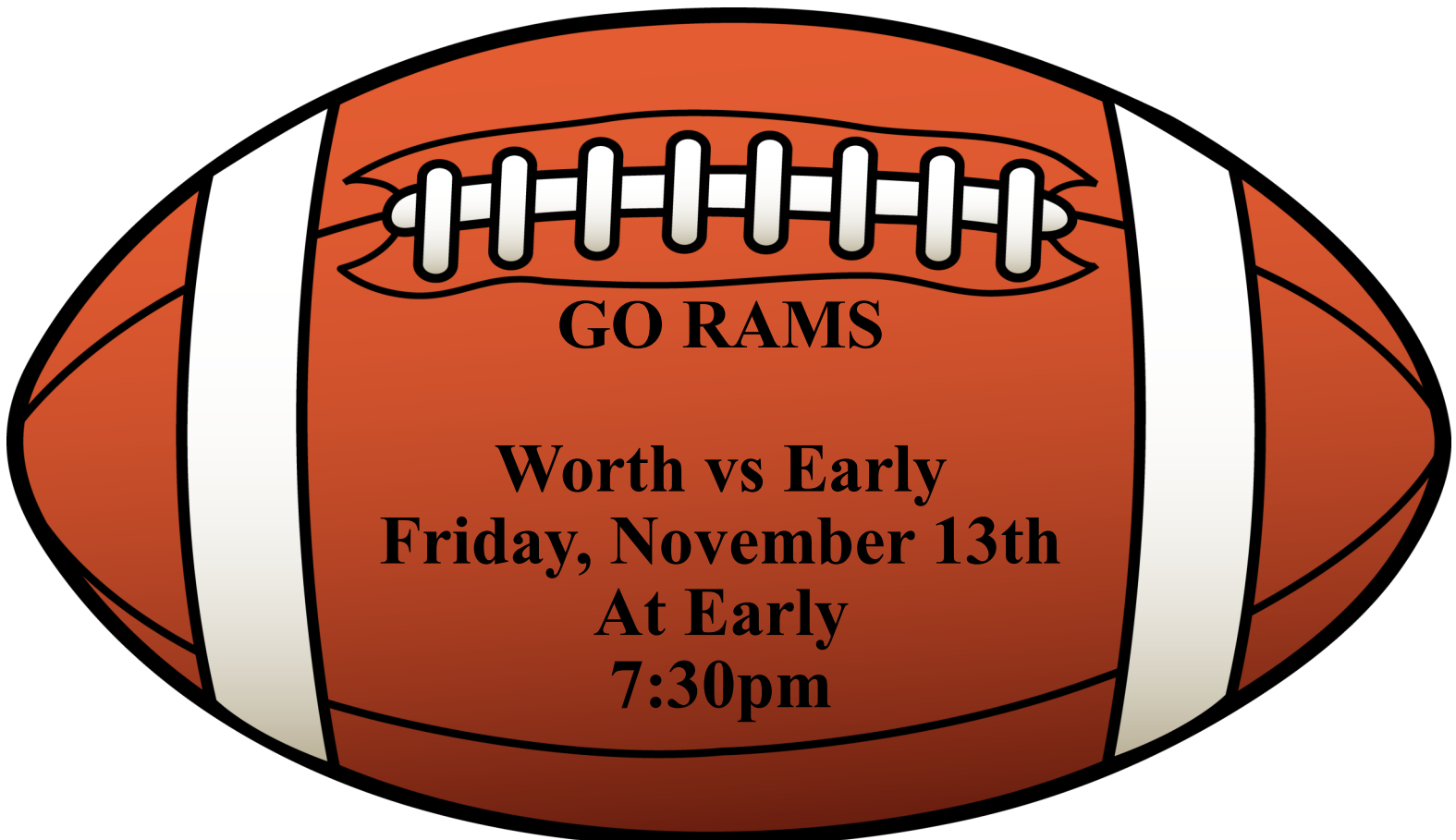
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What's For Lunch?

I know everyone is getting ready for their Thanksgiving festivities. It's not far away! So what will you be cooking for lunch? We normally don't do a big Thanksgiving lunch anymore. It's just me and Larry and we do it simple. However this year I have decided to cook a little. I am going to have Turkey, Dressing, Marconi and Cheese, Mashed Potatoes, Peas and Rolls for sure. Larry is still thinking what else he might like to add to this. He and I are some what of picker eaters but we like to listen to all of our friends and what they are going to eat. Some of our friends cook somewhat simple but most of them go all out, so what's on your menu? If you don't want to cook but still want the big Thanksgiving meal be sure to check in with our local restaurants as they will be preparing meals that you can pick up and serve in your home on Thanksgiving. If you would prefer to go out to eat, pickings will be thin but call ahead and see what will be open but we know for sure Three Squares and Waffle House will be open.

The Great American Smokeout

Get ready to kick the habit, and become victorious over tobacco. The American Cancer Society Great American Smokeout event is your chance to triumph over addiction. Every November, the American Cancer Society sets aside the third Thursday to encourage smokers to go the distance, and to finally give up smoking. About 42 million Americans still smoke cigarettes, and tobacco use remains the single largest preventable cause of disease and premature death in the United States. As of 2013, there were also 12.4 million cigar smokers in the US, and over 2.3 million who smoke tobacco in pipes which is another dangerous and addictive form of tobacco. By quitting, even for one day, you will be taking an important step toward a healthier life which can lead to reducing your cancer risk. It's a race for your health, and it starts today. Today's the day that quitters win. After 55 years of smoking, my daddy was able to quit. He lived 5 more years and said breathing was actually so much easier without smoking! Try your best to stop today!

Item	Price	Qty	Total
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Relaxing During the Holidays

With the holiday's coming up, we all seem to stay so busy but try during them to take a little time for yourself and relax! You can learn to relax with some practice and patience. Be sure to get advice by talking with your health care provider about methods that may work best for you. Check with him or her before changing your diet or starting an exercise program. Talk to people experienced in relaxation techniques, too. Set aside time every day. Many relaxation techniques take a bit of practice to achieve results so be sure to plan time in your schedule everyday to accomplish this. Always find a quiet place. You should feel comfortable and safe in whatever setting you choose. Dim the lights and add soothing background music and enjoy the moment! One thing that will help but is very hard to do is be patient. Don't worry if you don't notice results right away. Give yourself time to learn the techniques and relaxation will come. Relaxing is very important because it can help relieve or prevent problems related to stress. Health problems that relaxation can help include headaches, trouble sleeping, clenching or grinding of teeth, stomach and digestion problems and high blood pressure. Believe it or not, relaxation can help emotional distress. Through relaxation, you can reduce emotional response to stress, such as irritability, tension, anxiety and depression. So try to follow these to relax and enjoy the holidays!

Thanksgiving Alley Is On The Way



Karen Singletary, Main Street Manager with Downtown Sylvester is getting ready for Thanksgiving. She is preparing the Thanksgiving Alley downtown for everyone to come and enjoy. Karen recently decorated the alley for Halloween. This was the first time that she has decorated the alley and it has turned out fantastic. Folks came downtown to enjoy shopping and events as well as checking out the spooky alley they had designed. The Halloween Alley was a little extra spooky the night of the Downtown Pets and Pals parade. Families enjoyed the festivities together. Now on

to Thanksgiving. Mrs. Singletary is looking for any donations that you may have that she can use in the alley. At this time, she is in need of pumpkins and white lights along with any décor. Thank you all for your support.

Dial It or Push It



I love to see how days are recognized through the year. They have any day you can imagine! I almost got tickled with this day they recognize. It is push button phone

day. Did you know that Bell Telephone introduced the first commercial push-button telephone on November 18, 1963? It was installed first in Carnegie and Greensburg, Pennsylvania, just outside of Pittsburgh. The push-button phone replaced the rotary dial phone, which had been in use for decades. Customers had to be convinced to use the new phones. The push-button telephone was only one part of the package that completed the modern telephone system. One other major part was automating the signals sent down the wire after you pushed the buttons. To fill this gap, touch-tone dialing was also introduced on November 18, 1963 to speed the transmission of telephone numbers. Rotary dial phones had used pulse dialing, a much slower method of routing a call to an exchange to connect with another number. Until rotary dial phones were introduced, telephone operators at an exchange grabbed plugs on the end of long cord and pushed them into a jack on a board, connecting someone placing a call with the party they were calling, or with a long-distance operator in another city. "It happened in the '60s" website is the great website that I found this information on and there is so much information on there that is so interesting. Reading on push-button phones took me back to when I was a little girl. I can remember both of my grandmothers having the round circular dial phones. It seemed like it took forever to dial the number you needed. Then I can remember them getting the push button phones but it still was a little slow but nothing compared to the phones before them. We thought we were something when our grandparents got the push-button phones. With all the technology we have now, our children were basically introduced to cell phones from the beginning so they have no clue about push-button phones much less the ones we had to spend round and round to dial. It's amazing to me when I think about the times when I was growing up. None of my grandparents, grandmothers and grandfathers included, even knew what a cell phone was probably. I know my daddy's parents never had a cell phone and I don't think my mother's parents did. Technology has come a long way but to me when I was growing up, those were the good ole days!

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Dates to Remember

November

- 9th ~ Family Visions Outreach, Inc Food Giveaway 10am-1pm
- 10th ~ Worth the Read Book Club November Meeting
- 10th ~ Books and Bubbles at Margaret Jones Public Library
- 10th ~ KDA Powersports Ribbon Cutting 11:30am
- 11th ~ Kiwanis Club Meeting Noon
- 11th ~ WCMS Girls Basketball Away
- 11th ~ WCMS Boys Basketball Away
- 12th ~ Century 21 Smith, Branch and Pope Ribbon Cutting 4:30PM
- 13th ~ Worth County Rams Football Game vs Early County Away
- 14th ~ WCMS Girls Basketball Home
- 14th ~ WCMS Boys Basketball Home
- 14th ~ Farmers Market City of Hahira 9am
- 14th ~ Calico Arts & Crafts Show in Moultrie
- 15th ~ Calico Arts & Crafts Show in Moultrie
- 16th ~ WCMS Girls Basketball Home
- 16th ~ WCMS Boys Basketball Home
- 17th ~ Books and Bubbles at Margaret Jones Public Library
- 18th ~ Kiwanis Club Meeting Noon
- 18th ~ WCMS Girls Basketball Away
- 18th ~ WCMS Boys Basketball Away
- 19th ~ Christmas Open House Downtown Sylvester
- 20th ~ Christmas Open House Downtown Sylvester
- 21st ~ Christmas Open House Downtown Sylvester
- 21st ~ Free Thanksgiving Dinner for the Community at Mary Alice Shipp Senior Center
- 21st ~ Chehaw Animal Thanksgiving
- 23rd ~ Chehaw Thanksgiving Break Camp
- 23rd ~ Worth County Schools Closed for Holidays
- 24th ~ Sylvester - Worth County Family Connections Meeting
- 24th ~ Chehaw Thanksgiving Break Camp
- 24th ~ Worth County Schools Closed for Holidays
- 25th ~ Worth County Schools Closed for Holidays
- 25th ~ Chehaw Thanksgiving Break Camp
- 25th ~ Kiwanis Club Meeting
- 26th ~ Happy Thanksgiving from The Martin News
- 26th ~ Worth County Schools Closed for Holidays
- 27th ~ Worth County Schools Closed for Holidays
- 30th ~ WCMS Girls Basketball Home
- 30th ~ WCMS Boys Basketball Home



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Words from Worth County 4H

We had a great month of 4-H Club Meetings. In all the WCES 5th grade classes, 4-H'ers learned about the history of 4-H and what 4H offers today. Did you know that 4-H began as the Georgia Boys Corn Clubs and the Girls Tomato Canning Clubs? Then in 1914, Congress passed the Smith-Lever Act establishing the Cooperative Extension Service. With the formation of the Extension Service, the Boys Corn Club and Girls Tomato Canning Club joined together to form the first 4-H club. We still offer many learning opportunities and projects in agriculture and science topics, but we also have opportunities in other areas like the environment, citizenship, leadership, family and consumer skills, and of course communication! During our after school club meeting for 4th - 8th graders, we hosted the H2Olympics where 4-H'ers learned about the properties of water while competing in stations such as the Balance Beam (placing as many drops of water on a penny), the Backstroke (floating paperclips on top of the water), and Rowing (adding a soap chip to the back of a cardboard boat to send it across a container of water). The H2Olympics demonstrated water's characteristics including cohesion, adhesion, surface tension, capillary action, and buoyancy. During another after school club meeting for 9th - 12th graders, 4-H'ers solved the mystery of who robbed "The Bank of Atlanta". These 4-H'ers had to use teamwork, communications, critical-thinking, decision-making, and record keeping skills to open up lock boxes and determine who robbed the bank.

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Christmas in Sylvester

Growing up in Sylvester and Worth County has always been great but as I get older, I see just how great it is! With the holidays approaching, Sylvester knows how to celebrate Christmas! The beautiful lights they have hanging in the town are absolutely breath taking. Not many towns in Georgia put such heart and soul into decorating their town. They will be getting the lights ready soon so they can turn them on usually around Thanksgiving. The Christmas parade will be in the evening of December 4th. A night parade that has all the pretty lights on the floats is simply gorgeous. I am excited for this time of year! I really get excited when it is time for the Downtown Christmas Open House! And guess what... coming soon! Please go downtown and support our local businesses. Also support all businesses in Sylvester this coming holiday season too as there will be many specials and who likes specials this time of year?? ME for sure. It's time to start making those Christmas lists so that we can make the ending of 2020 the best!

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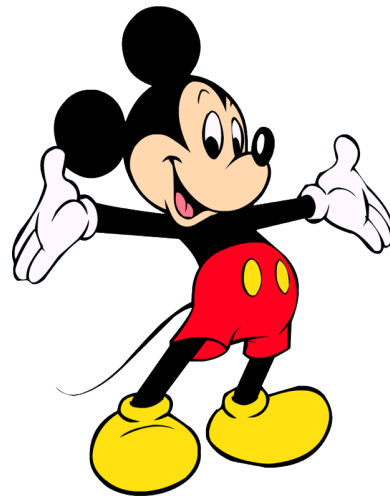
ID Code: 9936521

Yearbooks will be on sale through March 8, 2021. Flyers will
be sent home after Christmas for those who wish to order
through the school instead of online.

It's yearbook time for the school year 2020-2021. Worth County Primary School has the information to the left where you can order it online. The ID Code that you will need is on there as well. Getting a year book is so exciting. I don't remember them having yearbooks when I was in Primary school and may not even Elementary school. I do know I had a yearbook when I was in Junior High and then definitely

High School. Yearbooks are so great to look back over. My mother is 77 years old and still has her senior yearbook and pulls it out from time to time to look at and tell us great stories. Things sure have changed from when she was a senior to when I was a senior and definitely to when my son graduated last year. Be sure to get your child's yearbook ordered today so the memories will last a lifetime!

M-I-C-K-E-Y M-O-U-S-E



I love birthdays and guess whose birthday is in November?? That's right, you guessed it... Mickey Mouse! Mickey Mouse is a funny animal cartoon character and the official mascot of The Walt Disney Company. He was created by

Walt Disney and Ub Iwerks at the Walt Disney Studios in 1928. An anthropomorphic mouse who typically wears red shorts, large yellow shoes, and white gloves, Mickey has become one of the most recognizable cartoon characters in the world. Mickey first was seen in a single test screening (Plane Crazy). Mickey officially debuted in the short film Steamboat Willie (1928), one of the first sound cartoons. He went on to appear in over 130 films, including The Band Concert (1935), Brave Little Tailor (1938), and Fantasia (1940). Mickey appeared primarily in short films, but also occasionally in feature-length films. Ten of Mickey's cartoons were nominated for the Academy Award for Best Animated Short Film, one of which, Lend a Paw, won the award in 1942. In 1978, Mickey became the first cartoon character to have a star on the Hollywood Walk of Fame. Beginning in 1930, Mickey has also been featured extensively as a comic strip character. His self-titled newspaper strip, drawn primarily by Floyd Gottfredson, ran for 45 years. Mickey has also appeared in comic books and in television series such as The Mickey Mouse Club (1955-1996) and others. He also appears in other media such as video games as well as merchandising, and is a meetable character at the Disney parks. Mickey generally appears alongside his girlfriend Minnie Mouse, his pet dog Pluto, his friends Donald Duck, and Goofy, and his nemesis Pete, among others. Originally characterized as a mischievous antihero, Mickey's increasing popularity led to his being rebranded as an everyman, usually seen as a flawed, but adventurous hero. In 2009, Disney began to re-brand the character again by putting less emphasis on his pleasant, cheerful side and reintroducing the more mischievous and adventurous sides of his personality, beginning with the video game Epic Mickey. This information provided by Disney is very interesting to read. There's so much that I didn't even know about Mickey. How about you?



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Bruce Willis In Fitzgerald To Film Another Movie



Actor Bruce Willis is back in Fitzgerald filming another movie. The "Die Hard" actor, at right in photo sporting a beard and standing with Fitzgerald Mayor Jim Puckett, arrived in Ben Hill County a couple of days ago. Willis was in Fitzgerald last year to film the science-fiction movie "Breach," which is expected to be released soon. While filming last year, Willis was spotted in Tifton dining at a local restaurant. His new movie, being filmed in part with TMG Studio One in Fitzgerald, will be filmed around the town this weekend. Road closures are expected today and Saturday on Fitzgerald's Roanoke Drive Extension while some scenes are shot. While details are sketchy about the new movie being shot in Fitzgerald, The Hollywood Reporter recently noted that Willis latest film, to be called "Reactor," is in pre-production. In that up-

coming movie, Willis plays a leader of a gang of mercenaries who holds a nuclear power plant hostage.

Source: Tifton Grapevine

This Page Brought To You By:

A large, colorful logo for 'think TIFTON'. The word 'think' is in a teal, lowercase, sans-serif font. The word 'TIFTON' is in a large, bold, uppercase, sans-serif font, with each letter in a different color: 'T' is green, 'I' is red, 'F' is orange, 'T' is yellow, 'O' is blue, and 'N' is orange. Behind the 'O' is a stylized sun with rays, and below it is a green road with white lines curving into the distance.

TIFTON - TIFT CO. TOURISM ASSOCIATION

ABAC's Economic Impact At Nearly \$585 Million



The annual economic impact on South Georgia from Abraham Baldwin Agricultural College increased to \$584,544,166 during the 2019 fiscal year, according to a new report by the University System of Georgia (USG).

Dr. Renata Elad, dean of ABAC's Stafford School of Business, analyzes the USG report each year to determine the impact of the institution on the region. She said ABAC's impact is up \$85,140,494 over the 2018 fiscal year. "ABAC continues to be economically and academically important to South Georgia," Elad said. "As a part of the USG, ABAC is an integral part of the region. With ABAC housing at over 91 percent occupancy during the time of the report, that translates to significant potential business traffic for Tifton and surrounding areas." A record ABAC enrollment figure of 4,292 students during the 2018 fall term contributed to the rise in economic impact with a student direct spending figure of \$50,556,118. The employment number related to student spending climbed to 1,416 including 954 jobs outside of ABAC and 462 jobs inside the college. "In the present, ABAC is a part of the lifeblood of the region with initial spending of over \$200 million which reflects \$112,850,878 for operations, \$37 million for capital investment, and \$50 million of student spending in the region," Elad said. She said that counties directly impacted include Tift, Worth, Cook, Colquitt, Irwin, Ben Hill, Turner, Decatur, Seminole, Miller, Grady, Early, Thomas, Mitchell, and Baker.

Source: Tifton Grapevine





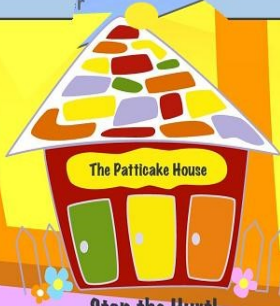
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A trash bag makes a lousy traveling companion!
This project supports Ruth's Cottage and The Patticake House kids and foster children in Tift, Turner, Irwin and Worth Counties.

Each suitcase will include, at a minimum, 2 changes of clothing, PJ's, undergarments and a toy! Items must be new and appropriate for the age of each child. Personalized duffel bags will be provided by Ruth's Cottage and The Patticake House. Thank you to our sponsors and donors!

Collection Point: GA State Patrol Post 13

Deadline for Drop Off: December 2, 2020

Donation Commitment

- ☐ Yes, I'd like to "adopt" a child or family of children @ \$125 each for 7 years and under.
- ☐ Yes, I'd like to "adopt" a child or family of children @ \$150 each for 8 years and over.
- ☐ Yes, I'd like to be a bike sponsor for a child or family of children.

If you wish to make a donation to this project, you may mail your check to:

Suitcases for Kids
P.O. Box 2727
Tifton, GA 31793

If you'd like to do the shopping yourself, please call us for child's sizes, wish list, or for more info. *

382-4141



***ALL ITEMS MUST BE NEW AND UNWRAPPED!**



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Hours of Operation
M, Tu, Th, F 9am-6pm
W 9am-4pm
Sat 9am-1pm

WCES Food Drive Is Under Way

Worth County Elementary School has begun their Annual Food Drive. The food drive is to collect foods for those in need. This will benefit local children right here in Worth County. If you would like to participate, please have your children bring their donation to school from now until November 19th. Please remember that all donations have to be non-perishable foods that are easy for small hands to open without assistance. Below is some suggested food items. If you have any questions, please feel free to give the school a call.

Canned meats with pop tops only (example: Vienna sausage, tuna, Beanie Weenies, Ravioli, Spaghettio's, etc), Milk Boxes, Juice Boxes/Capri Suns, Small Boxed Cereal, Fruit Cups, Chips or Pretzels, Small boxes of Raisins, Cheese or Peanut Butter Crackers, Applesauce cups, Cereal Bars or Granola Bars, Pop-Tarts, Fruit Gummy Snacks

Source: WCSD



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Christmas Open House

November 19th,
20th, and 21st



Friday, Nov. 20 * 5 - 7 PM

Sip & Stroll

Restaurants & stores will have specials.
The Isabella Street Brass Concert Band will
be playing from 5:30 - 7:30 in the parking
lot on the corner of Main and Kelly.

City of Sylvester Main Street Program

● For More Information, please contact
Karen Singletary at 229-773-7716 or email
ksingletary@cityofsylvester.com

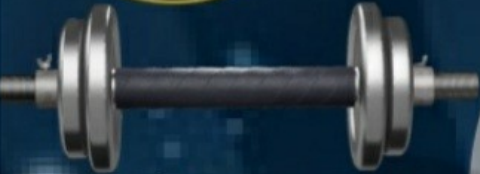
Paint party fun was held recently at the Margaret Jones Public Library. It was a hard choice to make but you could paint a scarecrow for Fall or a wreath for Christmas. Some were celebrating Fall while others were ready to bring on Christmas. A great big thank you to Allison Kilcrease Art for getting folks ready for the holidays!

Source: MJPL

Choose to Paint a Scarecrow or a Wreath?



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I Still Celebrate Christmas With My Daddy!

It is about the time to start decorating Christmas Trees. I mentioned before that I would tell about the different trees that I have put up before and the different themes I had. My favorite tree was my “Daddy Tree”. I absolutely loved it. Daddy passed away eleven years ago this year. The first Christmas without him was so sad. I missed him so very much and it just didn’t seem right without him. Even though I still had my other family and my son, the main piece to the puzzle was missing. So the next Christmas, I decided to put some of his things to great use. I took a Christmas tree and set it in the corner. I put some white lights on it and started the decorating. For the tree skirt, I used daddy’s flannel shirt. It was like I could still smell him on it. For the topper, I used his ole straw hat. As daddy got older, he wore a straw hat when he was outside. It was worn around the edges, but that was ok with me. For the decorations, I used everything I could get on the tree. I used his bottle of “Old Spice” cologne, his old farmer’s almanac book, several small play guitars, a stuffed animal that was a Dale Earnhardt, Sr. bear, and the list could go on and on. As I hung each item, I would tell Larry a story behind it. He loved hearing about his Papa. It made it like daddy was there. When the tree was complete, I stepped back and realized I would never spend another Christmas without daddy again! I was complete!! When people would come to visit, the tree was a conversation piece for sure. It was so much fun to tell what items meant and how they were used in daddy’s life. Missing people can be hard every day. We know they are with us in spirit all the time but there is something about holidays that you wish you could hug them, talk to them, smell them and touch them. It sounds weird but it is real my friends! You never replace them but you sure can fill a small piece of their absence by bringing their stuff back to life. I hope you all have a very Merry Christmas.



2020 CHRISTMAS CLEARING HOUSE

HELP MAKE THIS CHRISTMAS SPECIAL!

PLEASE CONSIDER DONATING ITEMS FOR
CHILDREN (0 MONTHS - 10 YEARS OLD) AND SENIOR CITIZENS.

PLEASE MAKE ALL DONATIONS BY DECEMBER 18TH, 2020!

THANK YOU!

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BLANKETS
SPACE HEATERS

WE KINDLY ASK THAT YOU DO NOT DONATE TOY GUNS OR SWORDS!



Animal Safety during the Cold Days Ahead

It seems as if the temperatures will soon be getting much cooler. I do like this time of year though. We are able to wear scarves, hats, gloves and warm clothes but sometimes people think about how they bundle up and we forget about how animals need to bundle up. One easy thing to remember is don't leave dogs or cats outdoors when the temperature drops! Regardless of the season, short-haired, very young or old dogs and all cats should never be left outside without supervision. Dogs and cats are safer indoors, except when taken out for exercise. During walks, short-haired dogs may feel more comfortable wearing a sweater. No matter what the temperature is, wind-chill can threaten a pet's life. Pets are sensitive to severe cold and are at risk for frostbite and hypothermia when they are outdoors during extreme cold snaps. Exposed skin on noses, ears and paw pads can quickly freeze and suffer permanent damage. A dog or cat is happiest and healthiest when kept indoors. If for some reason your dog is outdoors much of the day, he or she must be protected by a dry, draft-free shelter that is large enough to allow the dog to sit and lie down comfortably but small enough to hold in his/her body heat. The floor should be raised a few inches off the ground and covered with cedar shavings or straw. The house should be turned to face away from the wind, and the doorway should be covered with waterproof burlap or heavy plastic. Pets that spend a lot of time outdoors need more food in the winter because keeping warm depletes energy. Routinely check your pet's water dish to make certain the water is fresh and unfrozen. Use plastic food and water bowls rather than metal; when the temperature is low, your pet's tongue can stick and freeze to metal. These are just a few basic tips to remember that was offered by the humane society. Just remember when the temperatures drop to bring pets inside if possible - laundry room or bathroom works well for outdoor pets. No pet deserves to be outside in this weather, without PROPER HOUSES, BLANKETS, AND HEAT SOURCE. Animal control will be actively watching for violations, and as always, non-compliant owners should be reported to Animal Control Division at (229)777-7774 (leave a message during non-business hours). Urgent issues should be reported to 911. Thank you to everyone for keeping our furry friends safe during what could be a very, very cold winter.



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