



The Martin News

PO Box 5003 Sylvester, GA 31791
lmanley1210@gmail.com
www.themartinnews.org
(229) 272-4356

February 22, 2021

SGT **SOUTHWEST GEORGIA THERAPY**

For All Your Physical Therapy Needs

*Quality you expect...
Results you deserve!*

Butch Jenkins, PT Savannah Jenkins, DPT
Molly Barnard, PTA Jamie Pritchard, Office Manager

1009 West Franklin Street
PO Box 846
Sylvester, Georgia 31791
229-821-3892 (phone) 229-821-3893 (fax)

YOU GO GIRL!
INTERNATIONAL WOMEN'S DAY



Cindy's Flower Shop

305 N Isabella St
Sylvester, GA. 31791
229-776-2787

South Georgia Banking Company Supports Positive Behavior at WCMS



South Georgia Banking Company is a proud sponsor of Worth Co Middle School's Positive Behavioral Interventions and Supports (PBIS). PBIS promotes a positive school climate that helps students to develop the social and emotional skills they will need to become productive members of society. PBIS seeks to reduce or eliminate poor behavior school-wide through the encouragement of positive behaviors. South Georgia Banking is supporting the efforts at WCMS by making a generous donation to be used to celebrate the positive behavior of WCMS students.

Pictured are: Mr. Kevin Kicklighter-South Ga Banking Company, Mr. Jacques Walker-Interim Principal, Mrs. Amanda McCard-Assistant Principal, WCMS PBIS representatives- Garrett Brooks, Anzlee Williams, Kevin Potts, Danielle Lawson, Sherman Smith, Courtney Aman.

Source: WCSD



WCHS Early Graduates Recognized at Board of Education Meeting

Thirteen WCHS Seniors were recognized at the monthly Board of Education meeting on February 18, 2021. These seniors recently completed all necessary graduation requirements during the first semester of the 20-21 school year. Congratulations, Rams, and remember once a Ram always a Ram!

Class of 2021 Early Graduates:

Jacob Adams
Zy'keria Boggan
Trequaivous Cuff
Shaun Harrell
Charles Kimsey
Gloria Laster
Jaylanesse Payan
Ragan Rutherford
Ansley Tabb
Anthony Washington
Kambria Williams
Deasha Wooden

Pictured L-R: Kambria Williams, Deasha Wooden, Zy'keria Boggan, Shaun Harrell, Ragan Rutherford, and Mrs. Melissa Edwards



HELP FEED THE COMMUNITY!

*We are taking donations for the local
food bank.*

*Please drop off non-perishable items at
South Georgia Banking Company*

February 1, 2021- February 26, 2021

FOOD
DRIVE

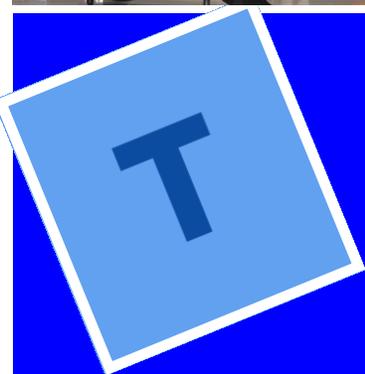
Congratulations REACH Scholars Class of 2025

WCMS inducted 5 students into the REACH Georgia Program. Upon successful completion of the program and graduation from high school, each of these students will earn a \$10,000 scholarship. Congratulations to Morgan Brown, Mandy Burger, Joshua Childers, Za'Tarion Redding, and Shermon Smith. REACH Georgia is a mentorship and scholarship program that provides scholars with the academic, social, and financial support needed to graduate from high school, gain access to college and achieve post-secondary success. At the induction ceremony, Mrs. Deirdere Smith, school counselor explained the requirements and commitment for the REACH Georgia Program. Each REACH scholar voiced their commitment to keeping good grades, attendance, and behavior, meeting with their mentor and academic coach, and graduating from high school and college with a resounding "I will." Each scholar then signed a contract reflecting this verbal commitment. Mr. Walker, principal, and Mrs. McCard, assistant principal both offered their congratulations and support as these students take their next steps towards ultimately earning this scholarship. WCMS is so proud of these students and believes in their potential.

Source: WCSD



Sharing Memories: Sponsored by TT's Taxes



*TT's Taxes
Tatina's Taxes
229-778-0225*

- *Experience you can count on*
- *Knowledge you can trust*
 - *E-filing*
- *Follow her on Facebook*

Beekeeping School for Beginners

February 27th, 2021 8am – 12:30pm

**THIS EVENT HAS GONE VIRTUAL
ALL CLASS MATERIALS WILL BE
MAILED TO STUDENTS**

Training will include the following topics:

- History of beekeeping
- How to get started in beekeeping
- Supplies and Safety
- Types of bees and their benefits
- Pest & Diseases
- Disease & Pest control
- Apiary establishment
- Hive inspections
- Splitting hives
- Predators
- Harvesting, When & Products

A certificate of completion, book and handouts will be sent to each student.

The registration cost will include a one year membership with the SOWEGA Beekeepers Club and a club Decal – AND ONE FREE HIVE TOOL PER FAMILY

Cost is \$35.00 per person. (non club member)
\$25 per additional family member

\$15 per club member

SIGN UP AT:

<https://forms.gle/8x6Whd5rq74ys2vj8>

Questions?

Call 229-854-6135

or email:

sowegabeekeepersclub@gmail.com

Live Bee Labs will be scheduled at a later, more "covid friendly" date for students who attended the class online so they can experience the bee hives, hands on.



2021
SYLVESTER-WORTH
COUNTY CHAMBER
AGRICULTURE COMMITTEE
SCHOLARSHIPS

THREE \$1,000 SCHOLARSHIPS

Are you a Worth County Resident?

This may be the scholarship for you!

Contact the Sylvester-Worth County Chamber of Commerce for the Scholarship Application.

(229)776-7718

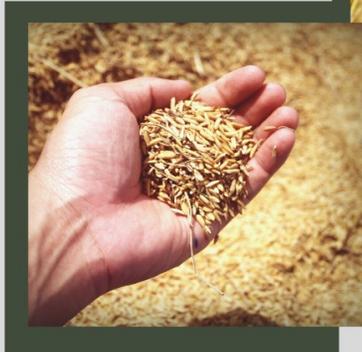
info@swcountycommerce.com



DEADLINE: APRIL 1ST, 2021

REQUIREMENTS:

- Child/Grandchild of a Worth County Farmer
- OR
- FFA Student/4-H Member during your Jr. & Sr. Year
- OR
- Pursuing Agricultural Related Studies



Applications Being Accepted For This Years Scholarship From The Sylvester - Worth County Chamber of Commerce Agriculture Committee

The Sylvester - Worth County Chamber of Commerce Agriculture Committee is now taking applications for this years scholarship for three 2021 graduating seniors. The requirements are a child/grandchild of a Worth County Farmer, a FFA student/4-H Member during your Jr. & Sr. year or pursuing Agricultural Related Studies.

A scholarship is an award of financial aid for a student to further their education at a private elementary or secondary school, or a private or public post-secondary college, university, or other academic institution. Receiving a scholarship is an honor and helps with you furthering your education and the Sylvester - Worth County Chamber of Commerce wants to be able to contribute to that for you. Apply today with the chamber.



Twenty Years Ago We Said Good Bye To A NASCAR Legend



Thursday, February 18th marked the twenty year anniversary of the death of a NASCAR Legend, Dale Earnhardt Sr. I remember that day as if it was yesterday. I remember that race as if I was watching it right now. It was actually the very first NASCAR race I ever watched. I had lived in South Georgia my entire life but moved in 2000 to live with my daddy's brother and his wife known to me as my Uncle Bug and Auntie Ann. My cousin which was their son, Matt and his wife were all about racing. They tried to get me in to it but it just wasn't me until race season began in 2001 and I decided I would start watching NASCAR and I chose Dale Earnhardt Sr. as my driver. That day changed my views on NASCAR forever. I then started pulling for Dale Earnhardt Jr. I took a few years off and have started back watching it this year. I think Austin Dillon is going to be my man to pull for.

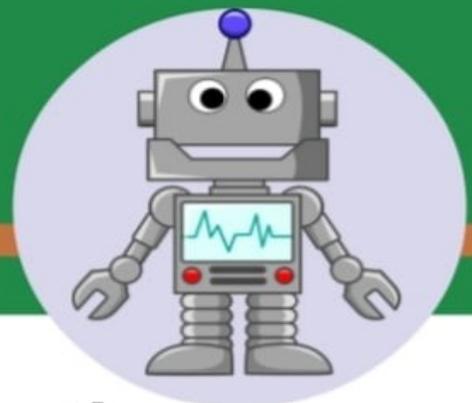
Paint for the Pets!

Join Best Friends Humane Society on Friday, Feb 26 at 6:30pm, to paint with Sharon Rhoads. Your \$30 donation includes all paint supplies, appetizers, and a choice of wines for the adults. The action takes place at 704 West Price Street in Sylvester which is formerly Shipp Senior Center. Seating is limited so don't wait, call Sharon at 229-776-7426 to reserve your seat. Masks are highly encouraged and all CDC protocols will be followed. All proceeds will go to Best Friends Humane Society in Worth County.

INFINITE STEMZ

REGISTER NOW!!

for ages 8-14



**Video and hard copy instructions
Only \$10.00 per month**

**2 Monthly STEM
Lab Kits**

**Contact info:
Michelle Smith**

mismith@worthschools.net

**Parents must be present during labs
Terms and conditions must be signed**

LEARN Fun Labs At Home

Virtual Starter Pack Sessions Scheduled For March

VIRTUAL STARTERPACK SESSIONS

Start college like a pro with expert tips from SRTC insiders!

FREE
INFORMATION SESSION

Starter Pack Sessions are great for students and parents who are ready to #StartHere.

- All about SRTC
- Programs at SRTC
- Admissions Requirements
- Financial Aid Requirements
- Campus Tour Videos

VIRTUAL MEETING:
March 11 | 12pm

Are you ready to #StartHere? Whether you are a future college student or a parent of a future college student, our Starter Pack Sessions are for you! Start college like a pro with expert tips from SRTC insiders! You will learn how to navigate all the steps in the process of becoming a college student, how to maximize your financial aid, how to choose the best program for your career goals, and more. There will also be plenty of time for questions and answers! The next session will be a virtual meeting at noon on March 11. Reserve your complimentary spot here: <https://southernregional.edu/starter-pack-sessions>. Offering more than 155 degree, diploma and certificate programs! At Southern Regional Technical College (SRTC) we understand that life moves quickly - circumstances change, new opportunities evolve, and career goals emerge. One of the most important decisions that one makes is which college to attend while continuing their education and creating a career. With expert faculty members, state-of-the-art equipment and technology, and hands-on training opportunities, SRTC has exactly what you need to put you on the path to career success. SRTC offers over 155 degree, diploma and certificate programs. SRTC's main campus is located in Thomasville, Georgia; we also have locations in Colquitt, Decatur, Early, Grady, Miller, Mitchell, Seminole, Thomas, Tift, Turner, and Worth counties for the convenience of our stu-

students (More Location Information). SRTC is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC). If you are a recent high school graduate, SRTC will offer you a personal college experience close to home. We also offer the guidance and assistance to help you make informed choices about your studies and future career decisions. Parents will appreciate the affordability of SRTC, with lower tuition and financial aid opportunities. Individuals with changing career goals will also find exactly what they need at SRTC. Our programs and classes serve our students well as they make plans to further their career ambitions. Whether you are just starting the job path you've always dreamed of or furthering your education with enhanced skills for future advancement, we've got you covered. SRTC invites you to browse our website at www.southernregional.edu. Information on our many degree, diploma, and certificate programs, as well as class schedules is available for your convenience.

Source: SRTC

ELECT JUSTIN .M.

LUCAS
CITY COUNCIL
WARD 4

MARCH 16th, 2021

"Continuing The Fight"



Worth The Read Book Club

Recently Worth the Read Book Club at Margaret Jones Public Library held their February meeting. If you are interested in joining their book club, a book can be picked up at the front desk. A book club is a group of people who meet to discuss a book or books that they have read and express their opinions, likes, dislikes, etc. Worth The Read Book Club would love for you to join them!

Source: MJPL

WORTH COUNTY HEALTH DEPARTMENT

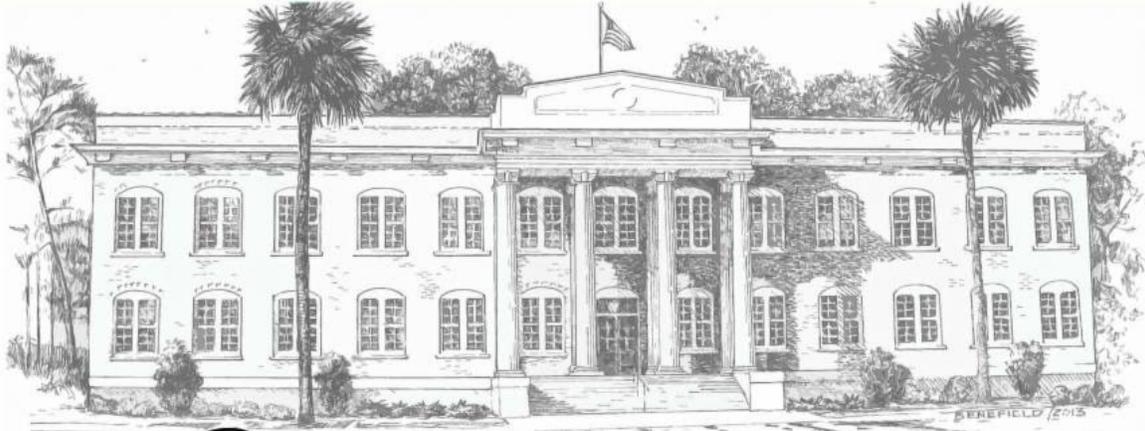
COVID-19 VACCINES

APPOINTMENTS REQUIRED

**Call to schedule an appointment:
(229) 777-2150 or (229) 352-6567**

NOW VACCINATING PHASE 1A+

- Healthcare workers (physicians, nurses, laboratory technicians, EMS personnel, environmental services in healthcare settings, etc.)
- Residents and staff of long-term care facilities
- Adults aged 65+ and their caregivers
- Law enforcement
- Firefighters
- 911 operators and dispatchers



A Week for ABAC

**Silent Auction and Virtual Celebration
February 18-25, 2021
www.abac.edu/weekforabac**

Our annual *An Evening for ABAC* gala has been reimaged for 2021 as a virtual event. As we celebrate ABAC's 113th Birthday, *A Week for ABAC* will directly benefit student scholarships.

Join us daily on the ABAC Facebook page, facebook.com/1908abac, for videos, pictures, and two livestream events. The first livestream will be an auction preview on Friday, February 19 at 10 a.m. The second will be a celebration in review on Thursday, February 25 at 10 a.m.



Our silent auction features nearly 100 items. Visit the website to view them now.



Pictured (l-r):
“Gallery at the Masters’
Nonami” Oil Painting,
Georgia Museum of
Agriculture Family Pass
and Artisan Basket,
Paulk Vineyards Gift
Basket, 7-Night Panama
City Beach Getaway.





Perry

PAINT & BODY SHOP

**"We're committed to bringing your car
back to pre-collision condition."**

229-436-8011

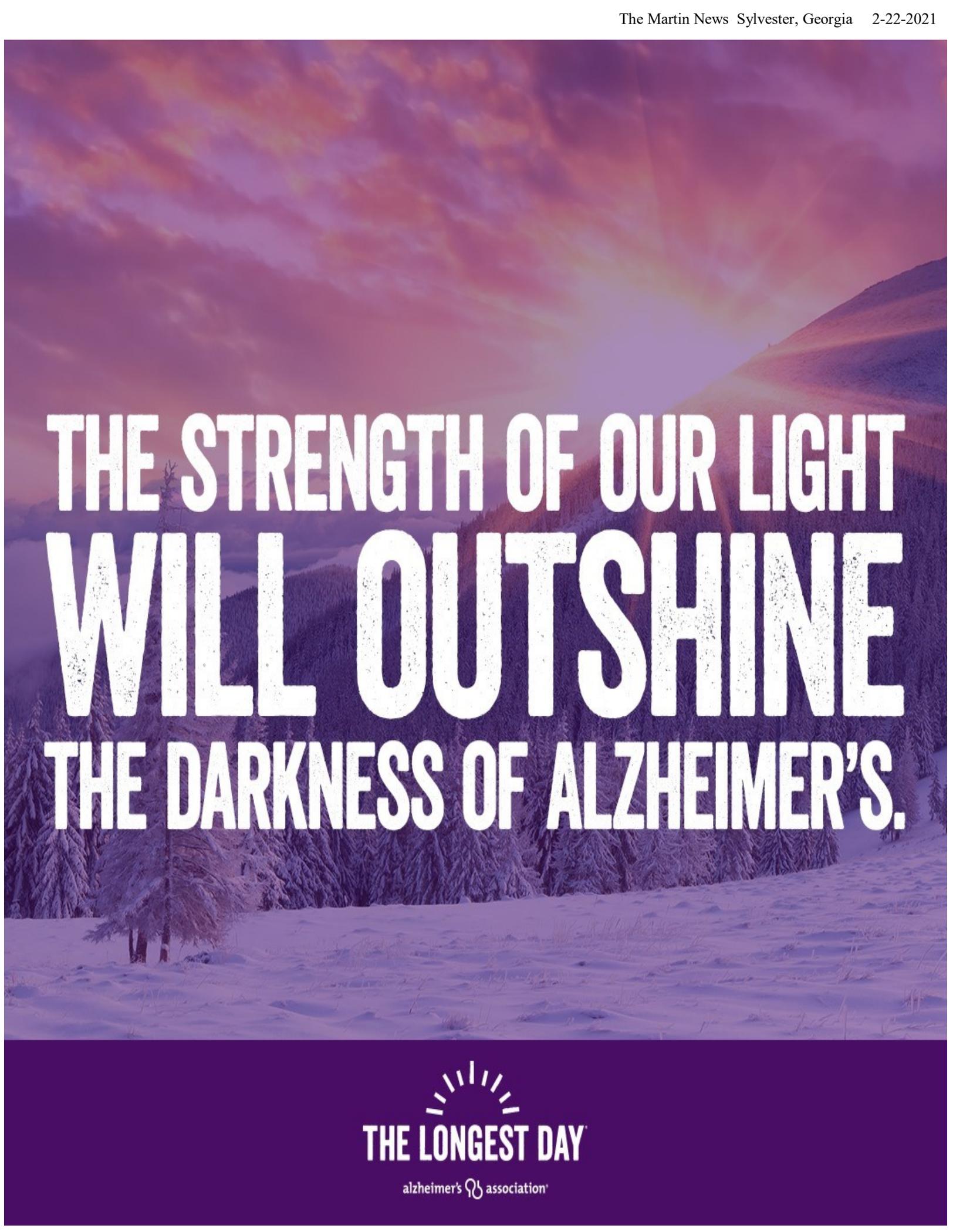
COLLISION REPAIR • COMPLETE BODY REPAIRS • REFINISHING

Know Your Risk Factors for Heart Disease

Heart disease is the leading cause of death for both men and women, according to the National Centers for Disease Control. February is American Heart Month. "In the United States, someone has a heart attack every 40 seconds. Knowing your risk factors for heart disease is vital," said Southwest Health District Health Director Dr. Charles Ruis. Tobacco use, high blood pressure, high LDL cholesterol, lack of physical activity and diabetes are key heart disease risk factors that individuals can do something about, he said. Smoking is known to cause disease in the coronary arteries (the vessels that supply the heart muscle with oxygenated blood, Ruis noted. "When these vessels become obstructed, a portion of the heart or the entire heart may cease to function – in layman's terms, a heart attack," he said. Tobacco should not be used by people who want to optimize their health, Ruis said. High blood pressure usually has no symptoms, so he recommended having it checked on a regular basis. "Your healthcare provider should measure your blood pressure at least once every two years if you have never had it or other risk factors for heart disease," he said. "If you have been diagnosed with high blood pressure – also called hypertension – your healthcare provider will check your blood pressure more frequently to ensure you have the condition under control." He noted that patients who have high blood pressure might be advised by their healthcare provider to make some lifestyle changes or to take medication. High cholesterol is another area of concern when it comes to heart disease, Dr. Ruis said. "Your healthcare provider should check your blood levels of cholesterol periodically," he said. Those who have already been diagnosed with high cholesterol or who have a family history of the condition may have it checked more frequently. "If you have high cholesterol, medications and lifestyle changes can help lower the levels, thereby reducing your risk for heart disease," Ruis said. "Another factor that can affect your risk of heart disease is diabetes," he said. "If your healthcare providers thinks you have symptoms of diabetes, they may recommend you get tested. If you do have the condition, monitor blood sugar levels carefully and talk with your healthcare team about treatment options." The healthcare team may recommend changes in lifestyle to help keep blood sugar under control and reduce the risk for heart disease, Ruis said. "If you have one of these high cholesterol, high blood pressure or diabetes and take medication, always follow your doctor's instructions carefully," Ruis said. "Never stop taking your medication without talking to your healthcare provider." Exercise is important to the health of the heart, he continued. "The human heart is about the size of a person's clenched fist and it never takes a vacation," Ruis said. "It pumps blood 24 hours a day," he said. "Regular exercise can help keep the muscle of the heart strong and help keep the coronary arteries from becoming obstructed. Many experts recommend two and a half hours of exercise per week." Ruis said along with regular exercise, a heart-healthy lifestyle includes:

- Eating a heart-healthy diet (limiting salt and excess calories)
- Avoiding tobacco products
- Maintaining a healthy weight
- Limiting alcohol use

For more information about cardiovascular disease, go to <https://www.cdc.gov/>. For more information like this, please follow "Southwest Georgia Public Health District" on Facebook & Twitter!



**THE STRENGTH OF OUR LIGHT
WILL OUTSHINE
THE DARKNESS OF ALZHEIMER'S.**



THE LONGEST DAY

alzheimer's  association

L is for Lemon

Ms. Hannah and Ms. Taylor's Class at Backyard Buddies has been very busy learning their alphabet and this week was the letter L. Look at how great they all did with their L for lemons.

Source: Backyard Buddies



Proud Sponsor
of This Weeks'
SCHOOL
SNAPSHOTS!



the Exchange
at
WCHS

Hello! My name is Nancy Burrell and I'm excited to announce an amazing community service opportunity for you and your organization. We are setting up "the Exchange" at Worth County High School. The Exchange will be a clothing and personal hygiene item closet open to all students of WCHS. We are asking for the entire Worth County community to get involved in this exciting venture. We will be accepting new and gently used clothing as well as new personal hygiene products. We would love for you and your organization to get involved. Below is a list of items we hope to be able to stock in the Exchange.

If you would like to donate or have any further questions please contact me at nburrell@worthschools.net or 229-344-1389.

Personal Hygiene Items

Soap
Deodorant
Shampoo
Conditioner
Toothbrush
Toothpaste
Brush
Comb
Pick
Tampons
Maxi Pads

Suggested Clothing Items

Blue Jeans (male & female)
t-shirts (male & female)
sweaters
polo style shirts
button up shirts
skirts
underwear (new)
socks (new)

**RHYTHM
& RIBS
BBQ FESTIVAL
TIFTON, GA**



NEW DATE

SATURDAY
OCT. 9 | **10 AM**
to 10 PM

Fulwood Park • Tifton

BBQ Competition • Shopping • KidZone
Food & Drinks • Music All Day

← VENDOR & TEAM APPLICATIONS OPEN! →

www.tiftonribsfest.com • 386.0216



100th Day Of School

Granny Thelma, the 100 Year Old Teacher, visited Mrs. Rowland's pre-k class today at Worth County Primary School in celebration of the 100th day of school. Students made pictures showing how they will look at 100 years old. The 100th Day of School is a monumental celebration in most all early grades, but especially in Kindergarten, 1st and 2nd Grade! It's a day filled with counting, building number sense, reading, exercising and practicing fine motor skills. Please visit the Facebook page for Worth County Primary School for many pictures of the school celebrating 100 Days of School.

Source: WCSD



FREE DRIVE-THRU

COVID-19 Testing **in Dougherty County**

PRE-REGISTRATION IS STRONGLY ENCOURAGED

Exchange Club Fairgrounds

**810 S. Westover Blvd.
Albany, GA 31707**

Monday-Friday: 9am-4pm

Saturday: 9am-1pm

Pre-register online:

<https://mako.exchange/splash/GAmakotesting/>

or scan the QR code:



Looking for COVID-19 testing outside of Dougherty County?

Visit: covid19.dph.ga.gov

Call: (229) 352-6567



Roberts & Co Jewelers located in Tifton has just received these three beautiful Pair of Diamond Earrings in 14 karat yellow gold. You will want to make sure to take a trip to see them for these beauties!

Jones Antique Company in Sylvester located on Kelly Street has the most unique items for your home. If you love to decorate you will want to go see Chris and Lisa. They will help you find just the right items for your house both inside and outside. They have things you won't necessarily find anywhere else so stop by there today!

Need some hand sanitizer? Just in at Fletcher Yearta Jewelers on Main Street is Capri Blue - Volcano hand sanitizer. Stop by and pick you some up today and browse around while you are there. They have jewelry and so much more!



Do you like a sale? Who doesn't? Well you don't want to miss this sale! Amanda's Clothing Boutique located on Isabella Street is having a Winter Clearance Sale. Prices have been slashed and you will get many great deals! And right now is a great time to get winter clothes on sale to use now and next winter. Mr. Groundhog gave us six more weeks of winter so you will need them warm clothes and Amanda's Clothing Boutique wants to help. Stop by there and see them this week!



If you are like me, you love to decorate your house for the different holiday's. I just finished decorating mine for St. Patrick's Day and Easter is next so what better time than now to go to Daughtry's "Empire" Market on Isabella Street and get you some of these beautiful Easter villages. There is more to look at while you are there so plan to visit for a little while and stock up for the home.

Kicking Off National Nutrition Month

March will be National Nutrition Month and part of leading a healthy life means eating a healthy diet and being physically active. A recent CDC study highlights when, where, and how U.S. adults and children are eating a healthy diet. Those who are not getting enough fruits and veggies can take small steps towards meeting recommended amounts, including adding more fruit to your usual breakfast routine or adding vegetables to your meals. Eating a diet rich in fruits and vegetables can help reduce the risk of many leading causes of illness and death, add important nutrients to your diet, and help with weight control. The recent study shows that adults get most of their fruit during breakfast and snacking whether they eat recommended amounts or not. Those who are not getting enough could aim to add more at breakfast or through snacks such as eating a small apple or banana. On the other hand, children tend to eat fruit throughout the day. Children who need more could add extra fruit to their breakfast, lunch, or snack routines. Dinnertime tends to be when adults and children eat most of their vegetables. However, for those who are not eating enough vegetables, try adding vegetables to your lunchtime salad or sandwich (e.g., tomato slices or baby carrots) or mixing them into what you are having for dinner (e.g., adding broccoli into your pasta).

Zumba Anyone?

Are y'all ready for Zumba? Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training alternating fast and slow rhythms to help improve cardiovascular fitness. Starting Monday, February 22nd, Destiny Fitness will officially start Zumba classes! The schedule for the week will be Monday and Wednesday at 6pm. The cost will be \$5.00 per class for anyone who would like to attend that is for members and non-members. If you are a member and wish to add group fit to your plan it is only \$10.00 a month! See the front desk for any more details. More classes coming soon!!

Whether near or far, here or departed, it is never to late to shower one another with tokens of love and gratitude!

So, Here is our token of love to you.

The Entire Month of February!!

\$125.00 Blankets

\$400.00 Concrete Headstones & Slabs



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State Farm

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**Thank you for your loyalty.
 We appreciate you.**



GAHRA

GEORGIA ASSOCIATION OF HOUSING AND REDEVELOPMENT AUTHORITIES

2021 ADULT SCHOLARSHIP PROGRAM

THREE ACADEMIC AWARDS

\$2,500.00 \$2,000.00 \$1,500.00

FOUR TECHNICAL/VOCATIONAL AWARDS

\$2,500.00 \$1,500.00 \$1,000.00 \$1,000.00

WHO CAN APPLY?

1. Current residents with at least 2 years of residency in Federally assisted housing (public housing, RAD, or Section 8) or as a recipient of residence through the Community Development Block Grant Program.
2. In good standing (no lease violations) with their Housing Authority or Community Development Agency.
3. Must have earned high school diploma or GED at least **1 year ago**.
4. Must **currently** be enrolled in a full or part time undergraduate course of study at an accredited two or four Year College, university or vocational/technical school.
5. Must "NOT" have previously been awarded a GAHRA scholarship.
6. Please have your housing authority e-mail and mail hard copy to:

dhousing@bellsouth.net - Dublin Housing Authority
c/o Brenda Smith
500 W. Mary Street
Dublin, GA 31021

Applications are due March 19, 2021.

Looking for things to do? Look no further! Downtown Sylvester has many things planned for you and your family in the upcoming months. Mrs. Karen Singletary, Sylvester Main Street Director works endlessly to plan things for Downtown Sylvester. Mark your calendars now and stay tuned to Sylvester Main Streets Facebook page.

March 12th Shop and Stroll

April 9th Concert: Mac Arnold & Plate Full O' Blues

May 14th Concert: The Grapevine Band

June 11th Concert: Liquid Pleasure (back by popular demand)

July 2nd Fireworks and Concert at the Woolard Center, Band is The Voltage Brothers

August 13th concert: The Swingin' Medallions

September 10th concert: We Got the Beat

October 8th concert: Color the Night

November 19th concert: The Maxx Rider (also Christmas open house)

Please mark your calendars and share with your friends. We hope to see you all there!

Georgia Peanut Commission Seeks National Peanut Board Nominees

TIFTON, Ga. (Feb. 15, 2021) - The Georgia Peanut Commission seeks eligible peanut producers who are interested in serving on the National Peanut Board. GPC will hold a nominations election to select two nominees each for member and alternate to the National Peanut Board during a meeting on Thursday, March 11, 2021, at 1:00 p.m. EST at the commission headquarters in Tifton, Georgia. All eligible peanut producers are encouraged to participate. Eligible producers are those who are engaged in the production and sale of peanuts and who own or share the ownership and risk of loss of the crop. Andy Bell of Climax is the current Georgia National Peanut Board member and Casey Cox of Camilla serves as the alternate. The terms for the current Georgia board member and alternate expire Dec. 31, 2021. The United States Department of Agriculture requires two nominees from each state for each position of member and alternate. The National Peanut Board will submit Georgia's slate of nominees to the United States Secretary of Agriculture, who makes the appointments. The National Peanut Board encourages inclusion of persons of any race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation and marital or family status. NPB encourages all persons who qualify as peanut producers to attend the meeting and run for nomination. It is USDA's policy that membership on industry-government boards and committees accurately reflect the diversity of individuals served by the programs. The Georgia Peanut Commission has been working on the behalf of Georgia's peanut farmers since 1961 in the areas of promotion, research and education. The National Peanut Board represents all USA peanut farmers and their families. As farmers and stewards of the land, our mission is to improve the economic condition of USA peanut farmers and their families through compelling promotion and groundbreaking research.



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GROUP
FITNESS, AND
TANNING**

204 E Kelley Street.
Sylvester, GA 31791



www.destinyfitness.com

Johnson Tax & Bookkeeping Service, LLC



We are a locally owned hometown business, serving this area for over 55 years. Their commitment to excellence is their highest priority.

Services Offered: Consultations, Bookkeeping, Payroll, Notary Services, Tax Preparation and E-file

**115 Front Street
Sylvester, Georgia 31791
229-776-6682**

GISA State Wrestling Meet With Tiftarea Wrestlers



Join us in congratulating John O'Quinn (left) and Ches Mangham (right) of Tiftarea Academy for their performance at the GISA State Wrestling meet this weekend. John placed 5th in his weight class and Ches placed 6th in his. They are pictured here with head

wrestling coach, Mikel Soliday. Great job, guys! We're proud of your hard work!

Source: Tiftarea Academy

Just A Thought I Had

Have you ever just stopped recently and thought about everyday life? Have you thought about how much it has changed in a year? I mean I know that we have been through wearing masks, no gatherings to small gatherings and so many more things but I mean have you thought about things we have missed or that have been put on hold indefinitely? I was sitting on my couch recently watching The Golden Girls, yes I know The Golden Girls is an old show but I love to watch it. Anyway while a commercial was on I was checking Facebook and I just realized so many festivals that we all love is either being postponed, rescheduled until the end of the year or canceled until 2022. The weekends that we all once lived for is just another day now. Many people stay home for the most part instead of going to the movies, shopping, out to eat or other things. There are some people that still do it but it is definitely not like it was prior to March 2020. Will things get back to normal soon? Aren't you ready for concerts, football games, festivals and more where we maybe won't have to wear a mask, we can hug our friends and family and not have to fear a virus? I know I am ready to no longer feel trapped in a virus bubble!

TOMLINSON

OUTDOOR WASHING

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alzheimer's 
association®

2021 | GEORGIA

ALZ AWARENESS WEEK

MARCH 1-5, 2021

A WEEK OF ACTION FROM HOME



Dates to Remember

February

- 22nd ~ WCMS Baseball VS Thomasville at Home
- 22nd ~ WCMS Soccer Girls/Boys VS Tift Co at Home
- 22nd ~ WCHS Varsity Baseball Away
- 22nd ~ Early Voting for Sylvester City Council Ward 4
- 22nd ~ Valentine Paint Party at the Margaret Jones Public Library 6pm
- 22nd ~ Food Drive at South Georgia Banking Company
- 23rd ~ Food Drive at South Georgia Banking Company
- 23rd ~ WCMS Soccer Girls/Boys VS Irwin Co Away
- 23rd ~ Sylvester - Worth County Family Connections Meeting Noon
- 23rd ~ Books & Bubbles at Margaret Jones Public Library 10:30am
- 23rd ~ 4H Meeting for High School Students at the 4H Office 3:30pm-5pm
- 23rd ~ WCHS Tennis Home
- 23rd ~ WCMS Tennis Away
- 23rd ~ WCHS Soccer Away
- 23rd ~ GriefShare Grief Recovery Support Group First Baptist Church of Albany 6pm-7:45pm
- 23rd ~ Early Voting for Sylvester City Council Ward 4
- 24th ~ Early Voting for Sylvester City Council Ward 4
- 24th ~ WCMS Baseball VS Fitzgerald Away
- 24th ~ Kiwanis Meeting at Noon
- 24th ~ Wonderful Wednesday's at Fun Park in Albany 1pm-9pm
- 24th ~ Brews & Bingo at Pretoria Fields 6pm-8pm
- 24th ~ 4H Meeting for 4th-8th Grade at the 4H Office 3:30pm-5pm
- 24th ~ The Staffing People Job Fair at Goodwill Southern Rivers 9am - 12:30pm
- 24th ~ Food Drive at South Georgia Banking Company
- 24th ~ WCHS JV Baseball Home
- 24th ~ WCMS Girls/Boys Soccer Away
- 24th ~ WCHS Varsity Baseball Home
- 25th ~ Food Drive at South Georgia Banking Company
- 25th ~ Intro to Drawing 6:30pm Tifton Museum of Arts & Heritage
- 25th ~ WCHS Tennis Home
- 25th ~ WCMS Tennis Home
- 25th ~ Early Voting for Sylvester City Council Ward 4
- 26th ~ Early Voting for Sylvester City Council Ward 4
- 26th ~ WCHS Soccer Home
- 26th ~ WCHS Varsity Baseball Home
- 26th ~ Armband Special at Fun Park in Albany 6pm-10pm
- 26th ~ Food Drive at South Georgia Banking Company
- 27th ~ Armband Special at Fun Park in Albany 11am-10pm
- 27th ~ Monthly Fortnite at The Cool Place 6pm-11pm
- 27th ~ Science Saturday at Thronateeska Heritage Center
- 28th ~ Armband Special at Fun Park in Albany 1pm-8pm

2nd Annual "Snow Better Time to Read" Adult Reading Challenge

**Read 10 books between January 11
and March 16 to be entered into a
drawing for a prize .**

**Bookmarks/reading lists can be
picked up at the library's front desk.**

**All bookmarks must be returned to
the Margaret Jones Public Library by
March 16th.**



DAR Chapter Observes "Georgia Day" At G.O. Bailey Elementary School



The Tallassee Chapter of the Daughters of the American Revolution celebrated Georgia Day, Feb. 12, by presenting a Georgia flag last week to G.O. Bailey Elementary School. Suzanne Click gave a brief presentation on the founding of Georgia and what the emblems on the flag signify. A small Georgia flag was given to the students, and the pledge to the Georgia flag was spoken. The students pictured are known as the school's flag team and are responsible for raising and lowering the flags each day. Members of the DAR pictured behind the students are, from left, Suzanne Click,

Bobby Fresh, Loraine Sullivan, and Holly Hall; at far right is Dr. Jamie Dawson, school principal.

Source: Tifton Grapevine

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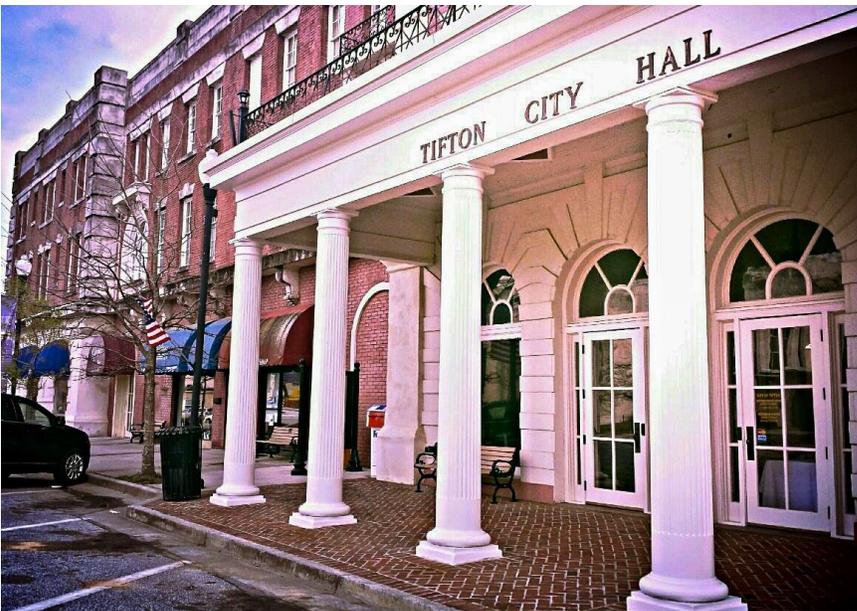
Think Tifton



ThinkTiftonGA



City Council Delays Action On False Alarms, Lets Mask Mandate Expire



Tifton City Council on Monday delayed making a decision on imposing new fines for repeated false fire and police alarms, and decided to allow the city's face-mask ordinance to expire this weekend. Council postponed a decision until next month on false alarms. Officials said they don't want to penalize businesses but need to place on a deterrent on those who have faulty alarms that keep going off and are not repaired. The city is looking at imposing a \$250 fine on businesses on their fourth false fire alarm, and a \$1,000 fine each time thereafter. Officials said some businesses have repeated false alarms, usually late at night, which cost the fire department more than \$15,000 in overtime last

year. False alarms also potentially put fire department personnel and motorists at risk as the department treats each alarm as a real emergency and responds accordingly. City Manager Pete Pyrzenski said a six-month review showed 166 calls for false alarms with 88 of them after hours. He said the fire chief will work with businesses and use his discretion regarding whether or not they should be fined. "The fire inspector will go to the businesses after every false alarm to see what it is," said Fire Chief Bobby Bennett. "I hope we don't write one ticket. ... This is about fixing fire alarms." Mayor Julie B. Smith said she is OK with the \$250 fine but subsequent \$1,000 fines on businesses with faulty alarms are "too excessive." Councilman Jack Folk responded: "Are we trying to get some action on this? Are we trying to get them to do something about it?" The city proposal would also place a \$250 fine each time on businesses for repeated false police alarms beginning with the fourth time. Officials said that costs involved with a police car responding to alarms is much less than with a fire truck responding. Police Chief Steve Hyman said his department also has issues with repeated false alarms from some businesses, noting that one business has had 66 false police alarms in the past year before repairs were finally made this week. At Monday's meeting, council decided to let the city's 30-day face-mask mandate expire Feb. 20 as cases of COVID-19 continue to decline in Tifton. Under state guidelines, a mask ordinance cannot be enforced if the number of cases falls below 100 per 100,000 population. For the past two weeks in Tift County, there were 83 cases per 100,000 population, according to state health officials.

Source: Tifton Grapevine



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Think Tifton



ThinkTiftonGA

Co-Hosted by American Legion Post 335 and The Sons of the American Legion Squadron 335

YOU ARE NOT ALONE



Sylvester's 1st Annual Veteran Suicide Awareness Event

Where:

Worth County Ag Pavillion
102 Rebecca Dr, Sylvester, GA 31791

When: June 5, 2021

Event will begin at 10am with presentation of colors, live national anthem, dual taps, and a prayer.



Big Ticket Raffle Items \$1 per ticket

Several Food Vendors Will be Present as well as Veteran owned Valdosta Kettle Works LLC



Classic Car/Truck show

- Oldest Around
- Overall Favorite
- Farthest Traveled
- Abi's Choice

Pre-Registration \$15
Late Registration \$20



There will also be live music from local artist and bands



Patriotic Art Silent Auction
Any local or South Georgia artist are invited to donate a patriotic piece to be silent auctioned at the event!
Any ages are welcome!

Surprise Guest Speakers and special guest on Veteran Suicide Awareness



SAVE 22

AWARENESS IS THE ANSWER



All profit from this event will go directly to a well researched veteran focused local charity

If you would like to sign up for any of these events or sponsor it please contact:

Cody Humphrey (229)376-4426

Emma Lynn (229)603-8859

Adam Ivey (229)206-1427

TRMC, Other Rural Hospitals Receive “Georgia Heart” Funds

GEORGIA HEART HOSPITAL PROGRAM

*Helping Enhance Access
to Rural Treatment*

Georgia's rural hospital tax credit program Georgia HEART – “Helping Enhance Access to Rural Treatment” – recently awarded donations to 14 hospitals, including Tift Regional Medical Center. The total \$140,000 in donations were made from Windham Brannon, a CPA firm based in Atlanta. The funds are designated to specifically help rural hospital facilities across the state. Georgia allows income tax credits to individual and corporate taxpayers who contribute to qualified rural hospital organizations. Besides Tift Regional, other hospitals receiving the funds are: Colquitt Regional Medical Center, John D. Archbold Memorial Hospital, Monroe County Hospital, AdventHealth Murray (Murray Medical Center), Polk Medical Center, Upson Regional Medical Center, Union General Hospital, Stephens County Hospital, Jefferson Hospital, Burke Medical Center, Piedmont Mountain-

side Hospital, Wayne Memorial Hospital and Washington County Regional Medical Center. “Today more than ever, rural hospitals are strongholds in their communities,” said Danielle Epps, healthcare practice co-leader at Windham Brannon. “They conveniently provide much-needed care, yet, too many struggle financially,” especially during the pandemic. “There are nearly 2,000 rural hospitals in the U.S., including about 60 here in Georgia, that serve large parts of our population,” Epps said. “It’s vital that they remain profitable so they can continue to provide much-needed services to those in their respective communities.” Nine Georgia rural hospitals have closed since 2008, and two of them closed at the end of 2020, according to Becker’s Hospital Review. A 2017 Georgia Board for Physician Workforce report, the most recent available, showed that: 75 counties didn’t have an OB/GYN, 63 counties did not have a pediatrician, 54 counties did not have an emergency medicine physician and eight counties had no physicians at all.

Source: Tifton Grapevine

WCPS Will Hold Jump Off Contest This Week

Worth County Primary School will be holding their jump off contest for their annual Jump Rope for Heart program on February 24th. That is also the deadline for donations to be turned in as well. Established in 1983, Jump Rope for Heart is the fundraising program ran in schools to help the heart association. It encourages kids to have a positive attitude towards exercise, healthy eating and heart health while raising vital funds to fight heart disease.

Source: WCSD

Words From WCHS

Attention Senior Class: We will be taking the 2021 picture of the senior class outside on the practice field on Tuesday, March 9th at 10:45! Please be on time and make plans to attend. Masks are strongly encouraged!

Source: WCSD



**National Tootsie Roll
Day is February
23rd. Enjoy!**



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**Be sure to like our
Facebook page:
Sugar Hills Charms
Boutique**

Celebrating Dr. Seuss Day

Theodor Seuss Geisel was born March 2, 1904. He was an American author, political cartoonist, poet, animator, book publisher, and artist, best known for authoring more than 60 children's books under the pen name Doctor Seuss, abbreviated as Dr. Seuss. His work includes several of the most popular children's books of all time, selling over 600 million copies and being translated into more than 20 languages by the time of his death, September 24, 1991. Geisel adopted the name "Dr. Seuss" as an undergraduate at Dartmouth College and a graduate student at the University of Oxford. He left Oxford in 1927 to begin his career as an illustrator and cartoonist for *Vanity Fair*, *Life*, and various other publications. He also worked as an illustrator for advertising campaigns, most notably for FLIT and Standard Oil, and as a political cartoonist for the New York newspaper *PM*. He published his first children's book "And to Think That I Saw It on Mulberry Street" in 1937. During World War II, he took a brief hiatus from children's literature and worked in an animation department of the United States Army where he produced several short films, including *Design for Death*, which later won the 1947 Academy Award for Best Documentary Feature. After the war, Geisel focused on children's books once again, writing classics like *If I Ran the Zoo* (1950), *Horton Hears a Who!* (1955), *If I Ran the Circus* (1956), *The Cat in the Hat* (1957), *How the Grinch Stole Christmas!* (1957), and *Green Eggs and Ham* (1960). He published over 60 books during his career, which have spawned numerous adaptations, including 11 television specials, four feature films, a Broadway musical, and four television series. Geisel won the Lewis Carroll Shelf Award in 1958 for *Horton Hatches the Egg* and again in 1961 for *And to Think That I Saw It on Mulberry Street*. Geisel's birthday, March 2, has been adopted as the annual date for National Read Across America Day, an initiative on reading created by the National Education Association.

\$1,000 Scholarship

for STEM Students

A minimum of five \$1000 scholarships are available to be awarded.

Apply Today

Application deadline:
5 p.m. on March 14, 2021

geicc.org/scholarship



Field Trips Return To Wild Adventures

VALDOSTA, Ga. – Wild Adventures Theme Park in Valdosta, Ga. has resumed booking in-person school field trips for the 2021 Season and has reintroduced its Virtual Field Trip program as an educational resource for teachers and parents. “We’ve experienced a significant increase in inquiries and bookings as we are getting ready for our new season,” said Adam Floyd, marketing communications manager. “We think it’s a good sign that schools are getting more comfortable taking their students out of the classroom to engage in immersive, hands-on educational experiences, which are incredibly important.” School field trips have been an integral part of the Wild Adventures experience since the park opened in 1996. Students can meet and learn about native and exotic animals, including American alligators, giraffes, tigers, lions and more. “Welcoming students back is going to be one of the many reasons celebrating our 25th Anniversary will be so special this year,” said Floyd. “We are a giant outdoor classroom that students have been attending for over two decades. It will be great to see those groups return.” To help students prepare for their visits, Wild Adventures has re-introduced its online Virtual Field Trip program which provides lesson plans and activities aligned to both Georgia and Florida state standards. Teachers and homeschooling parents can use these materials to supplement their own plans and design new lessons. “We are also offering opportunities for students to participate in live video question and answer sessions with one of our zookeepers and an animal ambassador,” said Floyd. “The whole program is designed to reinforce the instruction that will take place in the classrooms that participate in the program. Students will learn in the classroom, learn from a zookeeper and then learn in-person.” Teachers interested in school field trips to Wild Adventures can visit <https://www.wildadventures.com/Groups>. Wild Adventures opens for the 2021 Season on April 3. For more information about Season Pass and daily ticket sales, visit WildAdventures.com. Wild Adventures Theme Park is located at the halfway point between Atlanta, Ga. and Orlando, Fla. off Interstate 75 and is home to more than 40 family and thrill rides, hundreds of exotic animals, dozens of concerts and special events each year and Splash Island Waterpark, named as one of the “Top 30 Waterparks” in the country by U.S. News and World Report. Wild Adventures is ranked as the Fifth Most Affordable Theme Park in America in the Theme Park Price Index published by HomeToGo and the Top Theme Park Deal in Georgia by Yahoo! Finance.



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