



The Martin News

Covering Worth County and Surrounding Counties

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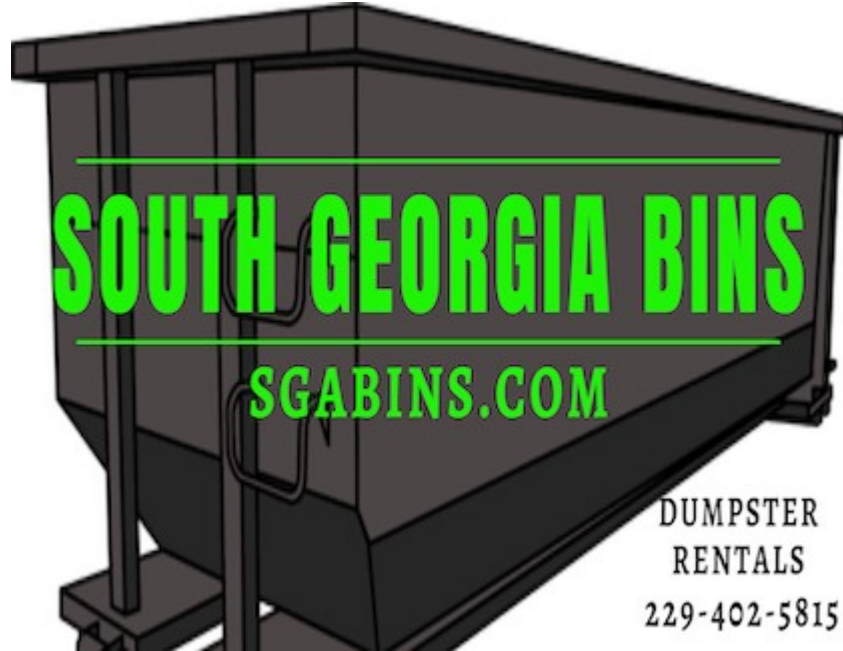
March 21, 2022

Say hello TO



(229) 338-7577

103 W. FRANKLIN ST
SYLVESTER, GA 31791



WCHS FBLA Attends The GA FBLA State Conference



Ten FBLA students from Worth County High School along with their adviser, Sonya Broome, and parent chaperone, Michelle Greer, attended the GA FBLA State Conference last weekend. Please help us congratulate senior Nakya Daniels for placing 8th in Job Interview! She was interviewed by judges in a preliminary round on Friday and advanced to a final round on Saturday where she was interviewed by a different panel of judges. Additionally, Shelby Greer, was introduced as a FBLA Region Officer for this school term, and she also presented a workshop to FBLA members from across the state that she created entitled Just Breathe. WCHS is extremely proud of their students and how they represented WCHS at this conference! Pictured in the

state group picture from left to right: Back row: Princy Patel, Abby Perrin, Anisha Patel, Mahi Patel, Christavia Jefferson, Ariadna Garcia, Mrs. Broome. Front row: JaLisa Crosby, Shelby Greer, Fatima Resendez, and Nakya Daniels.

RUTLAND FARMS FISHING TOURNAMENT 2022

Saturday, March 26th
8 a.m. - 12 p.m.



ENTRY FEE:

\$15 for Adult Anglers

\$10 for Children Anglers (ages 12 & Under)

** Children must be accompanied by an adult*

AGE GROUPS:

- Adults
- Children (12 of age & under)

** Prizes will be awarded for the top 3 winners in each age group*

HOW TO REGISTER:

You can register on Eventbrite at:

<https://rutlandbasstournament.eventbrite.com>

Or pick up a registration sheet in person at The Market at Rutland Farms or email paige@rutlandfarms.com for a PDF copy of the registration form.



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CONCERNS

U.S. Economy: High Inflation
U.S. Debt: \$30 Trillion
Education: Parental Rights
Mediocre Leadership
Unbalanced Justice
High Crime
Fomenting of Cultures
Critical Race Theory
U.S. Border Insecurity
Potential Rise of Socialism
Americans Fearing the
U.S. Government
Mental Health
False Claims: Systemic Racism
Systemic Nepotism
Disunity in the U.S./Georgia

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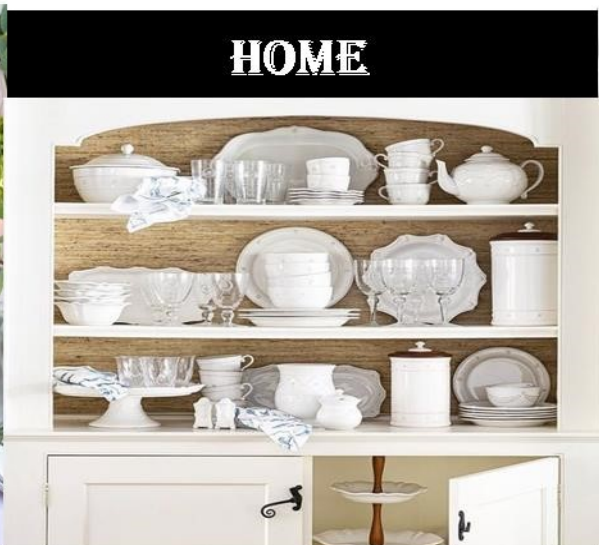
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Disclaimer: Jonathan McCColumn is a retired member of the Army. Use of his military rank, job titles, and photographs in uniform does not imply endorsement by the Department of the Army or Department of Defense.

Roberts & Co.

JEWELERS



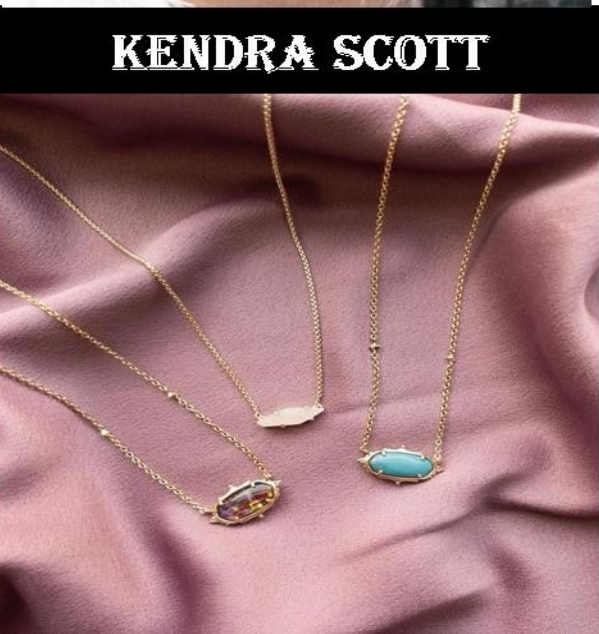
HOME



SPOIL YOUR LOVE



ENHANCEABLES
PENDANTS



KENDRA SCOTT

American Diabetes Association Alert Day

American Diabetes Association Alert Day is observed annually on the fourth Tuesday in March. This one-day “wake-up call” informs the American public about the seriousness of diabetes and encourages all to take the diabetes risk test and learn about your family’s history of diabetes.

Diabetes Facts:

- Diabetes impacts approximately 34.2 million Americans.
 - That’s about 10.5 percent of the U.S. population.
- Of those living with diabetes, 7.3 million – 1 in 7 adults – don’t know they have it.
- The risk of developing diabetes increases with age. But there are other factors, too.
 - Ethnic background may increase your risk.

An additional 1.5 million Americans are diagnosed with diabetes each year. There are two types of diabetes. While Type 1 diabetes is not as preventable, it can be managed well with insulin injections. Managing Type 1 diabetes might also require frequent blood sugar monitoring, eating healthy foods, exercising regularly, and maintaining a healthy weight. Education is key to learning how to manage symptoms of Type 1 diabetes. However, type 2 is much more preventable, and some actions can be taken.

Ways to Prevent Type 2 Diabetes:

- Eliminate sugar and refined carbs
- Work out regularly and avoiding a sedentary lifestyle
- Make water the primary beverage
 - Maintain a healthy weight
 - Quit smoking
 - Eat a high fiber diet
 - Optimize Vitamin D levels

Take natural herbs, such as curcumin and berberine, that increase insulin sensitivity. Type 2 diabetes is not preventable for everyone. However, making healthy choices provides the best chance of not getting it. In the United States, 9 out of every 10 cases of diabetes can be avoided if the above lifestyle changes are implemented. Families, schools, workplaces, communities, and healthcare providers can all work together to make healthy choices easy ones. The observance encourages you to discover if you or loved ones are at risk for type 2 diabetes. Consider taking this fast and easy Diabetes Risk Test.



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-  Are you caregiving for a loved one at home?
-  Are you living alone & have no family available to help?
-  Are you unable to be as "hands on" with your loved ones as you would like to be?
-  Are you feeling lost on where to turn for answers for your aging loved ones?
-  Do you feel like you are drowning in a sea of healthcare questions?

If yes to any of the above, we can help!
Our Services Include:

-  **Personalized plans of care**
-  **Routine wellness checks for you or your loved ones living at home or in a facility**
-  **Transitional Care Assistance** - including coordination of transportation to new location (in or out of state), assistance in cleaning/preparing home for sale
-  **Coordination of Referral & Placement Services**
-  **& MUCH MORE!**

**WE ARE YOUR ONE STOP
FOR ALL SENIOR CARE SOLUTIONS!
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A Production By Worth County High School Drama Club

The title 'ALICE IN WONDERLAND' is written in a large, dark purple, serif font. The letters are decorated with various whimsical illustrations: a green leprechaun hat on the 'A', a purple teapot pouring into a cup on the 'I', playing cards on the 'C', a blue dragon on the 'W', a red mushroom on the 'O', a white bowl on the 'N', a pink flamingo on the 'L', a white rabbit on the 'A', and a pocket watch on the 'D'.

ALICE IN WONDERLAND

Worth County High School Auditorium

Opening Night: Tea Party Edition; April 22

Tickets: Adult - \$10

Students & Teachers - \$5

3 & Younger - Free

Closing Night: Dinner Theatre Edition; April 23

Tickets: Adult - \$20

Students & Teachers - \$15

Senior Citizen - \$10

10 & Younger - \$5

(Will Include A Full Meal)



March 25th

Waffle Day!

State Farm

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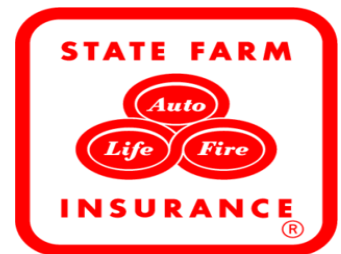
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BEST FRIENDS HUMANE SOCIETY YARD SALE!!

**Friday, April 1st &
 Saturday, April 2nd
 8 AM - 2PM**

**811 N Isabella St.
 Sylvester, Ga 31791**



**Dishes
 Toys
 Books
 Tools**

**Small Kitchen Appliances
 Pet Items
 Furniture
 Collectibles**

SALE

Yard Sale Set For BFHS

The Best Friends Humane Society (BFHS) will be hosting a yard sale on April 1st and April 2nd. The yard sale will be located at 811 North Isabella Street in Sylvester. Do you have items that you need to get rid of? They are now accepting donations. It's the best time to start cleaning out those closets. You can donate your items by dropping them off at the shelter. The shelter is located at 787 Ephesus Church Road Poulan, GA 31781. Best Friends Humane Society is asking that you do not donate clothing or shoes. They will also be selling spots for \$10 if you would like to come set up at the yard sale and sell your own stuff. Just call the shelter 229-777-7774 and ask for Leah to be put on the list for a spot. Best Friends Humane Society is a private, non-profit organization. Their goals include providing shelter for unwanted and homeless companion animals until forever homes are found. They also take the lessons of humane treatment of animals into our schools. Be sure to make plans now to visit the yard sale and help Best Friends Humane Society all while finding some treasures of your own.

Source: BFHS

All proceeds will go to the care of the animals at the Best Friends Humane Society. Please call 229) 777-7774 with an questions.



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Southwell Encourages Colonoscopies To Help Prevent Colon Cancer



SOUTHWELL GASTROENTEROLOGY

March is Colorectal Cancer Awareness Month, and gastroenterologists with Southwell Gastroenterology encourage residents to become better educated about colorectal cancer. While colon cancer is the third-leading cause of cancer in the United States, it is preventable: Colon cancer

can be detected early and prevented through regular colonoscopies. Studies show that 96% of people who develop colon cancer have an initial development of a small colon polyp, a benign tumor. "Some polyps will eventually develop into a colon cancer, but the cancer can be prevented if the polyp is removed during a screening procedure," said Dr. Eric Ward, gastroenterologist with Southwell Gastroenterology Valdosta. By removing polyps when they are small and benign, colon cancer can be prevented in a large number of patients, he said. "For years, it was recommended that people begin having colon cancer screenings at age 50, but there is newer evidence to suggest that screenings should be performed sooner. It is now recommended that all average-risk patients now start a colon screening program at age 45," said Dr. C. Allen Woods, gastroenterologist with Southwell Gastroenterology. Although only a few insurance companies cover patients to begin having screenings at age 45, Southwell gastroenterologists note a statistic that about 10% of new colon cancers and 25% of new rectal cancers occur in patients who are not yet 50. Sometimes, more advanced polyps or polyps with cancer may be present that can also be removed with a colonoscopy. "With advanced technology, we can now remove some of the larger polyps that previously would have required surgery with a procedure called endoscopic mucosal resection at selected gastroenterology centers," said Dr. George Yared, gastroenterologist with Southwell Medical Gastroenterology in Tifton.



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BRIDAL REGISTRY



*Mary Allison Dotson &
Monty Copeland
March 12, 2022*

*Karley Bryant & Hayden Bledsoe
March 26, 2022*

*Devyn Muhlhauser &
Clint Brownlee
April 2, 2022*

*Taylor Pearson & Jeffrey Wessel
April 2, 2022*

*Kelsey Jones & Tripp Morris
April 16, 2022*

*Kristen James &
John Paul Reinhardt
May 14, 2022*

*Jane Anne Veazey &
Michael Bowen
May 28, 2022*

*Meg Marshall Moore &
Blake Moore
Already Married*



WCHS iRambots STEAM Club

FEB-APRIL VIRTUAL PICKUP DATES
\$10 PER KIT

Programming: Building Websites
and Coding Bracelets

Feb. 22 5-6 PM

Weather: Snow, Tornadoes, and
Storms

Mar. 22 5-6 PM

Plants: Bean Sprouts and Tree
Identification

Apr. 14 5-6 PM

**Margaret Jones Public
Library**

For More information:

Michelle Smith

(229) 344-6869

mismith@worthschools.net

Leigh Wiley

(229) 776-2096

leigh@worthlib.org



TIFTAREA YMCA PRESENTS

TOUR DE TIFTON

12TH ANNUAL ILSE BOYETTE MEMORIAL BIKE RIDE



Grab Your Helmet & Wheels! YMCA Bike Ride On March 26

The Tiftarea YMCA's 12th Annual Tour de Tifton/Ilse Boyette Memorial Bike Ride is scheduled for Saturday, March 26. Registration on event day opens at 7 a.m., and the mass start begins at 8 a.m. The ride begins and ends at the YMCA's Hunt Park campus at 1823 Westover Road in Tifton. There will be a beginner's 11-mile course, intermediate level 24- and 45-mile loops, and 62- and 100-mile century routes for advanced riders (everyone must finish within seven hours). The routes pass through gently rolling countryside in Tift and surrounding counties. Helmets are required, and children under age 16 must be accompanied by a parent or legal-guardian rider. The entry fee is \$45 through March 21, and \$50 on the day of the event. All participants will get snacks/drinks at authorized stops along the course and will receive a post-ride meal. Participants completing either of the century courses will receive a special gift. Proceeds benefit Tiftarea YMCA missions and outreach programs and the Ilse Boyette nurses' book fund at Tift Regional Medical Center. For information, visit www.tiftareaymca.org or call 229-391-9622.

Source: Tifton Grapevine



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ThinkTiftonGA

Education Foundation's New Academic Chair For Legal Studies, Oratory



The 22nd academic chair to enrich the education of Tift County public school students has been created through the Academic Chair Endowment Program of the Tift County Foundation for Education Excellence (TCFEE). The Ellwood "Woody" Wagenhorst Legal, Oratorical, and Legal Studies Chair is endowed to support Tift public school educational endeavors relating to debate/oratory, government, and legal studies, including such activities as debate teams, mock trial teams, model United Nations teams, and forensics. The TCFEE's academic chair program, begun in 1993, is designed to enrich education in specific disciplines through creative learning experiences that are not part of the regular curriculum. Those experiences are made possible through funds generated from the academic chairs, usually established in the name of an individual closely identified with the selected area of learning. Dr. Bret

Wagenhorst of Tifton endowed the latest chair in honor of a relative, "Woody" Wagenhorst, who came from humble beginnings in a small town in Pennsylvania and went on to graduate from Princeton University and become a successful football and baseball player, college football coach, personal assistant to a congressman, and accomplished Washington, D.C., lawyer. He reportedly never forgot his humble roots and believed in giving back to his community. "He shows how a person can start out from a small town with no connections, and through verbal ability, sharp thinking, hard work and effort, can accomplish better things and get ahead," said Dr. Wagenhorst. Woody Wagenhorst was born in Gouldsboro, Pa., in 1863, and studied hard to get through Princeton, where he played both baseball and football. Upon graduation in 1888, he played major league baseball as a third baseman for the Philadelphia Quakers. Shortly thereafter, Wagenhorst accepted the position of head coach of the University of Pennsylvania football team. While at Penn, he enrolled in law school. After graduation he served as private secretary for Pennsylvania Congressman John E. Reyburn, who later was mayor of Philadelphia. As a lawyer in Washington, D.C., Wagenhorst reportedly argued cases before the U.S. Supreme Court and practiced law until his death in 1946.

Source: Tifton Grapevine



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Think Tifton



ThinkTiftonGA

Make it Your Own Holiday!

March celebrates “make up your own holiday”. What would yours be? I think that would be so cool to have our own holiday that we made up our self and it was designed and carried out just the way we wanted it. It is hard for me to think what my own holiday would be. I am thinking though it would be something around children since I love hanging out with my 18 year old. It’s hard to settle on just one made up holiday. Wouldn’t it be cool to have more than one? I enjoy celebrating all the cute holidays they have to celebrate. I follow many of the ones on brownielocks.com. When you have some time, check those out. They are so much fun to follow and learn about. We include many of the fun days in each edition of The Martin News and the Sylvester - Worth County Chamber of Commerce includes fun days in their weekly e-newsletter as well.



Ice Cream! Ice Cream! We All Scream For Ice Cream!

Worth County Primary School 2nd graders have been having a blast in art class with their teacher, Mrs. Kilcrease. The 2nd graders have made ice cream sundae sculptures inspired by artist Wayne Thiebaud. The students loved making them and seeing the sculptures made Mrs. Kilcrease want them all week.

Source: WCSD

May I Borrow A Pencil?

How many times have we all asked that question? More times than I can remember personally. Everyone always needs a pencil! March 30th is National Pencil Day. My friend Judy, from North Georgia, takes pencils to a whole new meaning. When I met her in 2001, she collected pencils. She has so many different kinds of pencils. Around 2003, my daddy built her a pencil holder that held about 250 pencils and she filled it up. It was the coolest thing he built and neat to see all of her pencils. It’s the smallest things in life that makes us smile.



Our mission is to make this a perfect day for you.
Gin Creek will be the most unique and beautiful experience you have ever
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info@gincreek.com

Mrs. Griffis's class at Worth County Primary School designed a trap to catch a leprechaun last week. The leprechaun was too quick but he did leave us some magic rocks. When students placed their rocks in the water they started to fizz and foam. To their surprise, the magic rocks turned into gold! It was so exciting!

Source: WCSD



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Georgia Peanut Farmers Donate Over 10,000 Jars of Peanut Butter to Capital Area Food Bank During USPF Washington, D.C. Fly-In

Washington, D.C. (March 18, 2022) - The United States Peanut Federation (USPF) combined advocacy with service during their Spring 2022 Washington D.C. Fly-in. The Georgia Peanut Commission in conjunction with USPF proudly partnered with Peanut Proud, the peanut industry's humanitarian relief organization, to donate 10,080 jars of peanut butter to serve the Nation's Capital and surrounding area. The delivery of this donation was made possible by SouthernAG Carriers who graciously donated their truck carrier service to transport the peanut butter. The USPF members were joined on site at the Capital Area Food Bank warehouse by U.S. Congressman Sanford Bishop of Georgia. Congressman Bishop is the Chairman of the U.S. House Appropriations Subcommittee on Agriculture, Rural Development, FDA, and Related Agencies and is a champion of the peanut industry. "Peanut butter is nutrition packed, versatile, inexpensive, easy to store and is a convenient source of protein and heart-healthy fats," said Congressman Bishop. "It helps reduce insulin resistance and is a good source of fiber. On top of that, it's good!" "The peanut butter we're donating can be used to make more than 141,000 sandwiches," said USPF chairman Joe Boddiford. "Peanut butter is one of the most requested food items at food banks due to its long shelf life. We are grateful to partner with Peanut Proud and the Capital Area Food Bank to ensure that those affected by food insecurity can have access to safe, nutritional food, and delicious peanut butter." Molly McGlinchy, senior director for procurement and direct programs at the Capital Area Food Bank, expressed appreciation to the peanut industry representatives in attendance. "We are so thankful to be able to supply this to the children and families we serve," McGlinchy said. The food bank works to address hunger today and create brighter futures tomorrow for the half a million neighbors across the region experiencing food insecurity. As the anchor in the area's hunger relief infrastructure, they provide over 45 million meals to people in need each year by supplying food to hundreds of nonprofit organizations. They also work in partnership with organizations across the region to address hunger's root causes by pairing food with other critical services. For additional information, visit the Capital Area Food Bank website at www.capitalareafoodbank.org. The United States Peanut Federation (USPF) is comprised of the Southern Peanut Farmers Federation, the American Peanut Shellers Association, and the National Peanut Buying Points Association. USPF serves as a unified voice in Washington D.C. for all sectors of the peanut industry and advocates actively for strong agricultural policy. For additional information, contact Bob Redding at (202) 543-7464 or by emailing rlredding@reddingfirm.com.

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229-776-6682**

March Meeting For Leadership Worth



Leadership Worth held its March meeting on March 8th at the Poulan Council Chamber. The facilitator of this class was Mrs. Mandy Gordon from Phoebe Worth, assisting Karen Singletary, Main Street Director, City of Sylvester. The focus of this class was group decision-making. After the class, the group

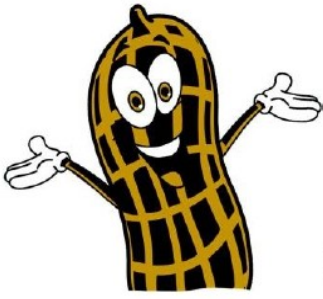
took a tour of the Poulan Council Chamber, the Poulan Police Department, Poulan's Little Library, and Scales & Systems Automation. Lunch was served by Ed's Truck Stop! Leadership Worth would like to thank their supporters of the program: The Sylvester-Worth County Chamber of Commerce, Worth County Economic Development Authority, and The City of Sylvester. Leadership Worth would also like to thank the City of Poulan for their hospitality and Scales Systems and Automation for the tour of the facility.

Source: Sylvester - Worth County Chamber of Commerce

Dates to Remember

March

- 21st ~ WCMS Golf 3:30pm Away
- 21st ~ WCMS Baseball 4pm Home
- 21st ~ WCMS Soccer Girls 4:30pm Home
- 21st ~ City of Sylvester Council Meeting 6pm-7pm
- 22nd ~ Books & Bubbles at Margaret Jones Public Library 10:30am
- 22nd ~ WCMS Baseball 4pm Away
- 22nd ~ WCHS Tennis 4pm Away
- 22nd ~ WCHS Varsity Baseball 5:30pm Away
- 22nd ~ WCHS Soccer 5:30 Away
- 22nd ~ City of Poulan Council Meeting 6:30pm-7:30pm
- 23rd ~ Kiwanis Club Meeting at Noon
- 23rd ~ WCMS Soccer
- 23rd ~ WCMS Track Home
- 23rd ~ WCHS Tennis 4:30pm Away
- 24th ~ WCMS Tennis
- 24th ~ WCMS Baseball 4pm
- 24th ~ WCHS Tennis 4pm Home
- 24th ~ WCHS Soccer 4:30pm Away
- 25th ~ WCES Spring Picture Day
- 25th ~ Chic-Fil-A Ribbon Cutting in Ashburn 10:30am
- 25th ~ WCHS Varsity Baseball 4:30pm Home
- 25th ~ WCHS Soccer 5:30 Away
- 26th ~ WCHS Track Away
- 28th ~ Lunch & Learn - Get your business online with Google Search & Maps Noon-1:30pm
- 29th ~ Books & Bubbles at Margaret Jones Public Library 10:30am
- 29th ~ Cloverleaf/Junior Club Meeting - Worth County 4H 3:30pm-5pm
- 29th ~ WCMS Baseball 4pm
- 29th ~ WCHS Soccer 5:30pm Away
- 29th ~ WCHS Varsity Baseball 5:30pm Home
- 30th ~ Kiwanis Club Meeting at Noon
- 30th ~ Worth County Schools Family Engagement Stakeholders Input Meeting 9am
- 30th ~ Senior Club Meeting - Worth County 4H 3:30pm-5pm
- 31st ~ WCMS Track Home
- 31st ~ WCMS Golf 3:30pm Away
- 31st ~ WCHS Soccer 5:30pm Home
- 31st ~ 65th Annual Banquet for Turner County - Chamber of Commerce
- 31st ~ Rumours - The Ultimate Fleetwood Mac Tribute Show - Tift Theater 7:30pm



CALLING ALL STUDENTS!

Designer needed for 58th Annual Peanut Festival T-shirt Theme!

The Peanut Festival Committee would like to invite any student to enter the contest to be the designer of this year's Peanut Festival theme! The winning theme will appear on all promotional and marketing materials including the 2022 t-shirt! So, grab your pen and paper... or crayons, markers, paints, whatever medium you prefer... and enter for your chance to be this year's artist! Winning designer will win a **cash prize of \$100.**

See full contest rules below:

2022 Peanut Festival Design Theme Contest Rules:

1. Contest is open to any student (Grades Pre-k through 12) who is a resident of Worth County.
2. Contest is open to individual students or classes.
3. You may enter as many designs as you wish.
4. Entries will be judged on the following criteria: Originality of Theme, Use of Peanut Festival Mascot, and Ease of marketing production.
5. Entries must be submitted no later than 11:59 p.m. on April 30, 2022
6. Entry must be your own original concept.
7. Designs must be submitted with artist name and contact information.
8. All entries must be submitted by uploading design to the Peanut Festival Design Contest email address info@swcountycommerce.com or submitted in person to the Sylvester-Worth County Chamber of Commerce.
9. Winning entry will receive a cash prize of \$100, be in the Georgia Peanut Festival Parade, be featured in this year's Peanut Festival Magazine and artists name will be on the T Shirt.
10. All entries may be subject to display, either in digital or original format.
11. Most importantly, have fun! It's WORTH it!

The Sylvester Computer Guy Celebrates Ten Years



Sylvester Computer Guy had a great time at their all-day 10 year anniversary celebration event on Thursday, March 17th. The Sylvester Computer Guy is owned by Josh and Melody Beckstrom.

They would like to give a special thank you to everyone who came by, whether you knew what was going on or not, and participated in the various things that were happening. A big congratulations to the door prize winners who received lotto scratch off tickets for being the first 10 customers to come in, and to the raffle prize winners at the end for winning things that the Sylvester Computer Guy collected to put in their prize pool. If you visited the celebration, you were able to enjoy many different things offered. STIX food truck was set up offering great lunches for purchase. Treats n Sweets provided fantastic desserts that were yummy! Alchemy Game Shoppe, Coffee Bar and Eatery provided a complimentary cold brew coffee station. And while celebrating 10 years with the Sylvester Computer Guy, Ladie Luxurie Designs was set up for you to shop their hand-crafted jewelry.

Source: The Sylvester Computer Guy

Chiquita Wilburn

229-881-0451



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WCMS Tennis

03.16.22

Shout Out to our tennis team who played hard against Lee County but came up short.



Boys Singles:

- Camden Stalvey
- Aiden Souter
- Ace Carter

Boys Doubles:

- Hagen Stroud, Jakari Bailey

Girls Singles:

- Davis Fitzgerald
- Lilly Reynolds
- Ari Lynn Smith

Girls Doubles:

- Chloe Carter, Olivia Cheever

WCMS Tennis Team Falls Shorts Against Lee County

Worth County Middle School Tennis Team came up short against Lee County on March 16th. WCMS is proud of their student-athletes' dedication to their sport and improvements they've made throughout the season. Go Rams!

Source: WCSD

Lunch & Learn On Understanding Alzheimer's And Dementia Was Very Educational

Thursday, March 17th was a great day to enjoy a lunch and learn and I did just that! The Alzheimer's Association and Augusta University partnered together to offer a Virtual Lunch and Learn at noon, discussing the topic "Understanding Alzheimer's and Dementia". If you missed this great educational program, please be sure to follow them on Facebook which is Alzheimer's Association, Georgia Chapter or on their website, www.alz.org/georgia. They have all the information on those pages for upcoming events and education.

Lunch and Learns are provided by organizations to help educate us on our health and being caregivers for those in need. Dr. John Morgan, Neurologist and Director along with Dana Daniel, LMSW, Community Services Educator both with the Department of Neurology at Augusta University was so gracious to take time out of their busy schedule to educate us on Understanding Alzheimer's and Dementia.

One piece of education that Dr. Morgan spoke about that grabbed my attention quickly was when he said Alzheimer's is NOT a normal part of aging. Did you know that people under the age of 65 can develop Alzheimer's disease? Alzheimer disease most commonly affects older adults, but it can also affect people in their 30s or 40s. When Alzheimer disease occurs in someone under age 65, it is known as early-onset Alzheimer disease. A very small number of people with Alzheimer disease have the early-onset form.

In 2020, the cost for taking care of a patient with Alzheimer's during their time with the disease was \$373,527. In 2021, the National cost was \$355 billion and the expected cost in 2050 is 1.1 trillion. Those numbers are astronomical. Unless you work in this field or have a family member with this disease, it's hard to wrap your head around those numbers. Georgia Memory Net is here to help. Georgia Memory Net is a statewide program dedicated to earlier diagnosis and customized care plans for those living with Alzheimer's disease and related dementias. The program is supported by the Georgia Department of Human Services, Emory Brain Health, community organizations, and healthcare organizations. They have programs in Albany, Atlanta, Columbus and Macon. If you or someone you know is facing Alzheimer's, dementia or another chronic illness, it's never too early to put financial plans in place. Join the Alzheimer's Association for Managing Money: A Caregiver's Guide to Finances, free virtual education program, on March 29th at 12pm. Learn more and register at <https://bit.ly/3ffMM0m>.

Another Lunch & Learn to make plans for will be on June 16th discussing "Healthy Living for Brain & Body".

WCMS Soccer

03.15.22

Girls

Worth-2

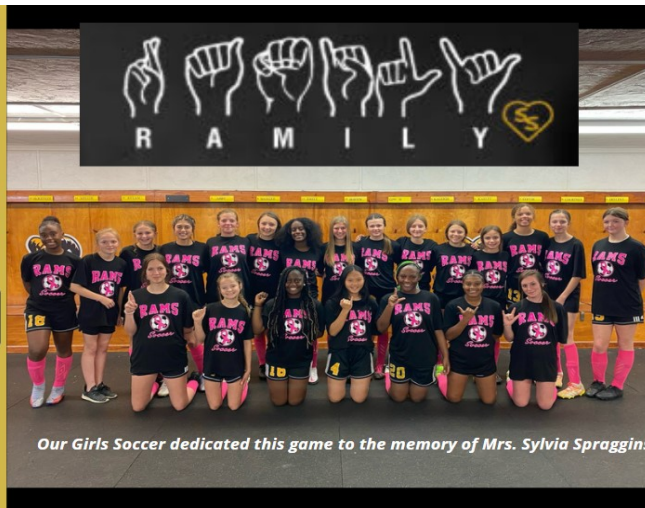
Berrien-1

Brooklyn Youngblood 1 Goal
Sher'miah Donaldson 1 Goal
Kimijah Gowdy 1 Assist

03.15.22

Boys

Berrien over Worth

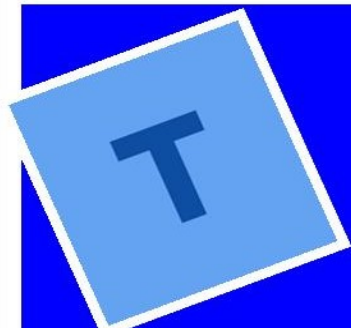


WCMS Soccer Girls Defeated Berrien To Advance To Playoffs

On March 15th, Worth County Middle School Soccer Girls defeated Berrien 2-1. Brooklyn Youngblood and Sher'miah Donaldson had one goal each. Kimijah Gowdy had one assist. Unfortunately the boys team lost to Berrien.

Source: WCSD

Making Memories: Sponsored by Tatina's Taxes



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FRC IRAMBOTS 7470 PRESENTS

STEAM MOVIE NIGHT

Join us for an evening of STEAM-Powered adventure!

APRIL 30, 2022

WCHS GYMNASIUM

WALL-E: 3-5 PM

HIDDEN FIGURES: 6-8 PM

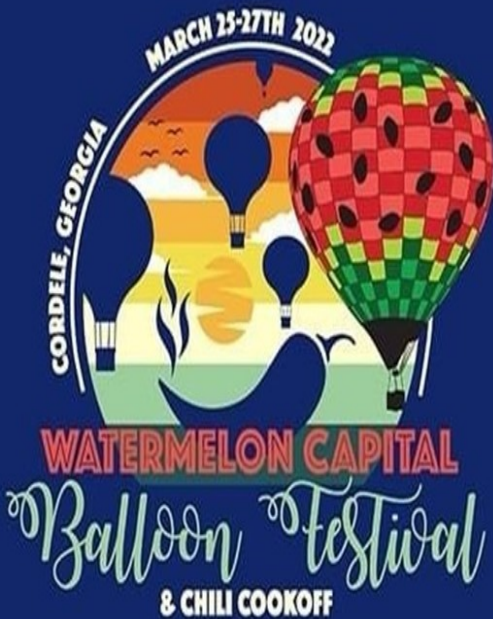
We will be honoring our sponsors during intermission!

Free admission

Concessions will be sold inside!

All proceeds go to the iRambots 7470 Robotics team!





WATERMELON CAPITAL HOT AIR BALLOON FESTIVAL & CHILI COOKOFF

ARTS & CRAFTS CHILI COOKOFF ENTERTAINMENT
FOOD TRUCKS HOT AIR BALLOONS

MARCH 25th & 26th
4:00PM-8:00PM

Lake Blackshear Resort @ GA Veterans State Park
2459 US 280 W Cordele, GA 31015

BALLOON SCHEDULE

Friday, March 25th

4:00PM-8:00PM

Tether Rides (weather permitting)
5:00PM

Launch from Georgia Vets State
Park

8:00PM

Glow at Georgia Vets State Park

Saturday, March 26th

7:30AM

Launch from Georgia Vets State Park
4:00PM-8:00PM

Tether Rides (weather permitting)
5:00PM

Launch from Georgia Vets State Park
8:00PM

Glow at Georgia Vets State Park

Sunday, March 27

7:30AM

Launch from Georgia Vets
State Park



For more information contact:
Cordele-Crisp Chamber of Commerce
229-273-1668
visitcordele.com



**UNIVERSITY OF
GEORGIA**

Small Business
Development Center

Lunch & Learn: Get Your Business Online with Google Search & Maps



Monday, March 28th
12:00 - 1:30 P.M.



122 N Main Street
Sylvester, GA 31791



Free to Chamber
Members \$15 for non-
members lunch included

This course introduces you to Google's free Business Profile that helps your business stand out on Google Search & Maps. We will also explore communicating how you may be doing business a little different right now as well as the importance of keeping your listing current with all your business details.



Learner Outcomes Include:

- Update your profile with current hours, address, and phone number.
- Post photos, offers, and news directly on your Business Profile to catch attention.
- See your followers from Google Maps.
- Respond to customer reviews to build credibility and loyalty.
- Explore Insights to see how customers find & engage with your Business Profile.



**REGISTER: Call the chamber
office at 229-776-7718**

The UGA Small Business Development Center is a Public Service and Outreach unit of the University of Georgia, funded in part through a cooperative agreement with the U.S. Small Business Administration. All programs of the UGA SBDC are open to the public on a non-discriminatory basis. Reasonable accommodations for persons with disabilities will be made if requested at least two weeks in advance.



LIHEAP COOLING

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM

Homebound and elderly households (all adults in household must be age 65 or over and/or physically homebound), may **call (229) 785-4001 beginning April 1, 2022, at 6:00pm to schedule an application appointment.**

If funding remains, all eligible individuals from the general public may call **beginning May 1, 2022, to schedule an application appointment.**

Services are provided through SWGACAC, Inc. for the following
counties:

BAKER . CALHOUN . COLQUITT . DECATUR . DOUGHERTY . EARLY . GRADY .
LEE . MILLER . MITCHELL . SEMINOLE . TERRELL . THOMAS . WORTH



WCMS Baseball Teams Playing Hard

Worth County Middle School Baseball has been pretty busy. On March 10th, the WCMS A-Team hosted Cook County and came out on top, 9-6. Luke Rogers and Hayden Short pitched a great game. Luke pitched 5-innings giving up 4 runs and Hayden came in and sealed the deal. The bats got rolling good in the 2nd inning. Luke Rogers and Avery Kilcrease had a combined 7 hits. And then on March 14th, both the A and B teams of WCMS Baseball traveled to Fitzgerald for a doubleheader. A-Team lost a heartbreaker 7-6 in extra innings. The B-Team won 3-2 with good pitching from Kaden Ware. Go Rams!

Source: WCSD
Photo Credit: Kelly Cooper

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