The Martín News

Covering Worth County and Surrounding Counties

FESTIVAL

PO Box 5003 Sylvester, GA 31791 lmanley1210@gmail.com www.themartinnews.org (229) 272-4356

April 11, 2022

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Another Year Of The Grits Festival In The Books

What a beautiful Saturday it was despite the very windy weather at this year's National Grits Festival in Warwick. Everyone bundled up and headed on out to enjoy the great festival. So many great things were happening for the family to enjoy. Many gathered around to watch some of the contests. One of the contests was having a short amount of time to stuff grits in your clothes. They weighed you before you entered the tub of grits and then weighed you after. The one that collected the most in weight of grits was the winner. They had it broken down in age groups. So much fun and laughter shared at the festival! While you were there, you could enjoy walking around and looking at the arts and crafts such as candles, Mary Kay items, hand made items, tumblers, clothes, jewelry, sunglasses and so much more. And who can go to a festival without munching on some great food? There was Alligator Ka-bobs, Pork Skins, Fresh Squeezed Lemonade and some good ole Southern Sweet Tea!

Photo Source: Facebook





FEATURING Charlie Wilson

SATURDAY APRIL 23, 2022

ALBANY CIVIC CENTER

DOORS OPEN AT 7 PM EVENT STARTS AT 8 PM

Tickets available at Cafe 5.0, Odyssey Records, and Ticketmaster.com





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U.S. Economy: High Inflation U.S. Debt: \$30 Trillion Education: Parental Rights Mediocre Leadership Unbalanced Justice **High Crime** Fomenting of Cultures Critical Race Theory U.S. Border Insecurity Potential Rise of Socialism Americans Fearing the U.S. Government Mental Health False Claims: Systemic Racism Systemic Nepotism Disunity in the U.S/Georgia

CONVICTIONS

God - Family - Country Empowerment of all Citizens Pro - Life Energy Independence Control National Spending Minimize Tax Burden Healthcare Availability Existential Threat to U.S.: China Cybersecurity U.S. Debt Government Deception Rogue Nations



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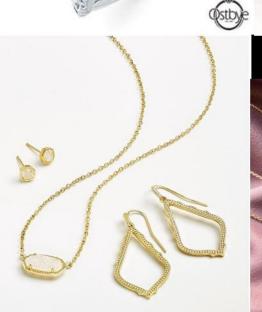
HOME















estby



Ribbon Cutting and Grand Opening Held For Spirit Delight on Saturday, April 9th

Saturday brought in a beautiful day but a rather windy and chilly day however that did not stop the celebration at Spirit Delight located at 107 East Willingham Street in Sylvester. Spirit Delight held their Grand Opening and Ribbon Cutting at 11am on Saturday, April 9th with giveaways, cookout and draft beer on special all day. Congratulations to Nick and his staff. Be sure to stop by there and welcome them and their new business to our awesome community!

> Photo Credit: Sylvester - Worth County Chamber of Commerce

The Martin News Sylvester, Georgia 4-11-2022

May I Borrow Your Straw Hat?

Isn't it funny how a word or phrase, a holiday or a day to celebrate can remind you of a simple memory? I was reading just the other day about April being the month to celebrate different hats and I saw where they mentioned a straw hat. It took me back to Gordy. My daddy loved to do yard work and always wore a ball cap but as he got a little older, he bought him a straw hat. He was the cutest thing ever with his straw hat on. He would wear it when he was picking up pecans out at our home in Gordy. He loved picking up pecans but wanted to make sure he kept the sun off his head and neck. When Larry was about three months old, he loved to hold that straw hat and my daddy thought he was so sweet wanting to hold the hat that was about the size of him. After daddy passed away, we now have the straw hat that hangs on an old straight back chair of my grandmother's. Both hold such great memories. We love to look at that hat everyday. Who knew a simple hat would bring so much joy.



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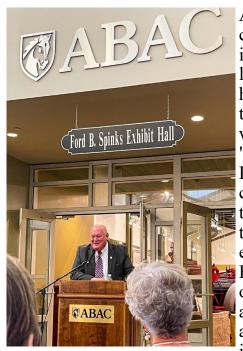
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ABAC Says Goodbye To President David Bridges Retiring After 16 Years At HELM



A large crowd of friends, alumni, staff, students, family, and state officials came together Thursday night to honor Dr. David Bridges, who is retiring as president of Abraham Baldwin Agricultural College after 16 years. Bridges, 63, is the longest-serving president in ABAC history, the longest-serving president among the 26 colleges and universities in the University System of Georgia, and the only ABAC president who was once a student at the Tifton college. Bridges at ABAC "has changed lives, which is really what education is all about," said Sonny Perdue, the former governor, former U.S. agriculture secretary, and now chancellor of the University System of Georgia. "This is a unique educational institution with the bonds it has with students and the community," Perdue told the audience. He noted that it will be difficult to fill Bridges position but pledged that the best possible candidate will be chosen. Bridges son, Rees Bridges, said his father exemplifies four qualities, which other speakers had touched upon: A work ethic, dedication, sacrifice, and principles. When David Bridges took the lectern, he said that "We and I say 'we' - have achieved a great deal in the past 16 years. ... The getit-done attitude of this institution has got it done." During Bridges' tenure,

ABAC transitioned from a two-year to a four-year college, has seen \$100 million in state funding for campus improvements and new facilities, the ABAC Foundation has seen its assets more than double, and \$1 million in student scholarships will now be offered, among other accomplishments. "We stayed focused," Bridges said, to "serve students in a way that they could not get served somewhere else," and at as low a cost as possible. "We have increased the value of an ABAC diploma." His mission, he said, has been to prepare ABAC for future success. Bridges issued a challenge to those who come along next to always consider what is best for students, to always strive for excellence, and to remain focused and not be swayed by temporary sentiments of the moment: "Just because everybody is doing it doesn't make it right," he said. Regarding his own future, Bridges noted, "I may be gone, but I sure ain't done."

Source: Tifton Grapevine



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APRIL 2nd, 9th, 16th, 23rd & 30th



You are invited to join The American Legion and The City of Sylvester for the Annual Memorial Day Parade on Monday, May 30th at 10am in Downtown Sylvester

~ Parade Route is the same as the Peanut Parade ~

ROBERTS & CO BRIDAL REGISTRY

€ • ♥ •

Kelsey Jones & Tripp Morris April 16, 2022

> Kiisten James & John Paul Reinhardt May 14, 2022

Jane Anne Veazey & Michael Bowen May 28, 2022

Sarah Beth Bennett & Kyle Rhodes November 12, 2022

> Meg Marshall Moore & Blake Moore Already Married



Downtown Tifton

The Martin News Sylvester, Georgia 4-11-2022



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ABAC Alumni Group Presents Master Agriculturalist Award



Walter Louis Stephens of Tifton received the Master Agriculturalist Award from the ABAC Alumni Association at the Homecoming awards luncheon last week at Abraham Baldwin Agricultural College. Stephens attended ABAC in 1959. He now works with Rancho San Antonio, which is involved in timber, pine straw, and perennial peanut hay, and in wetland mitigation banking. Stephens gives back to ABAC by financially supporting several scholarships; he is a member of the ABAC President's Club. He has sup-

ported the Jessie Lee Stephens Scholarship and the Patricia M. Hunt Stephens & Pamela Hunt Scholarship. "One of the highlights of Homecoming every year is the opportunity to celebrate outstanding ABAC alumni," said Dr. Deidre Martin, chief advancement officer. After attending ABAC, Stephens graduated from the University of Georgia with a bachelor of science and arts degree in animal sciences, and a master of arts in journalism. Stephens has been involved in numerous organizations throughout the years. He was a member of the Georgia Cattlemen's Association, the Rotary Club, and a member of the Sun Trust Bank Board of Directors. He is the author of the book, "Of Trees, Cows, and Other Nonsense." Stephens and his wife, Patricia, have raised a family, cattle, and trees, and have lived on farms in Georgia, Oregon, and New Zealand. Pictured above is Provost Jerry Baker, left, and School of Agriculture Dean Mark Kistler, right, present Walter Louis Stephens with the Master Agriculturalist Award at ABAC's Homecoming Awards Luncheon.

Source: Tifton Grapevine

WCHS iRambots STEAM Club

FEB-APRIL VIRTUAL PICKUP DATES \$10 PER KIT

Programming: Building Websites and Coding Bracelets Feb. 22 5-6 PM

Weather: Snow, Tornadoes, and Storms Mar. 22 5-6 PM Plants: Bean Sprouts and Tree Identification Apr. 14 5-6 PM

Margaret Jones Public Library

For More information: Michelle Smith (229) 344-6869 mismith@worthschools.net

Leigh Wiley (229) 776-2096 leigh@<u>wor</u>thlib.org

FRC IRAMBOTS 7470 PRESENTS

STEAM MOVIE NIGHT

Join us for an evening of STEAM-Powered adventure!

APRIL 30, 2022 WCHS GYMNATORIUM WALL-E: 3-5 PM HIDDEN FIGURES: 6-8 PM

We will be honoring our sponsors during intermission! Free admission Concessions will be sold inside! All proceeds go to the iRambots 7470 Robotics team!

Think Tifton

Rotarians Get Preview Of TCHS Production Of "Cinderella"



min

Tift County High School Blue Devil Players will present Rodgers & Hammerstein's "Cinderella," complete with a full, authentic Cinderella carriage, in four performances April 21-24, at the TCHS Performing Arts Center. Drama student Joshua Boyer Jr., co-director of the production with drama teacher Jake Alley, told the Tifton Rotary Club on Wednesday that a cast of more than 40 students will be waltzing, singing, and performing during the production. Even more students will be behind the scenes, he said, doing sound, lighting, and moving props. The Career and Technical Education department is building the carriage with metal and wood to "look nice" on the stage. "We have put so much work into this," Boyer said. "How many props we've built, how many dances we've learned, how many songs we've practiced. We are doing a lot of things we've never done before." The students are part of one of the most professional theater programs in the South, Alley said. Students Michal Gregus, who plays Prince Topher, and Madeline Perrin, who plays Cinderella, sang "Ten Minutes Ago," giving Rotary Club members a taste of the music in the production. Holly Dunston, who won first place in female solo in the state literary competition, will be the fairy godmother in "Cinderella." She sang "Think of Me" from "Phantom of the Opera" for the Rotarians.

Alley had contacted the Broadway cast designer for Cinderella about using an original carriage from the Broadway production. Instead, she sent him the designs for the carriage, and the head of the CTAE department agreed to lead students in building it. The performances will be at 6 p.m. nightly. Tickets may be purchased at the door, cash or check only. Adults are \$10, and students, \$5. For more information, email tchs drama@tiftschools.com

Source: Tifton Grapevine

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Think Tifton

ThinkTiftonGA



"Wiregrass Ball" To Spotlight Local Agricultural Offerings

As part of Tifton's 150th anniversary, a "Wiregrass Ball" – a farm-to-table dinner – is scheduled Saturday, May 14, at ABAC's Georgia Museum of Agriculture's Peanut Museum & Pole Barn. The ticketed event will highlight agriculture's impact in Tifton during the past 150 years. A cocktail hour and live music begins at 6:30 p.m., with dinner at 7:30 p.m. The menu, which will include locally grown products, will be overseen by Chef Jay Johnson, head chef at the Abraham Baldwin Agricultural College. Homegrown entertainment will include live music and square-dance calling by Tifton-Tift County Tourism Executive Director Tyron Spearman. "We are so excited about celebrating our rich heritage in agriculture with this unique event," said Angela Elder, assistant tourism coordinator. "Dust off your boots and join us to fellowship around the table of locally grown goods." Attire is semi-formal, and boots are recommended. Tickets at \$55 each are available at wiregrassballtifton.eventbrite.com. For information, call 229-382 -8700. The Peanut Museum at the Georgia Museum of Agriculture will be the site of the semi-formal Wiregrass Ball, celebrating Tifton's sesquicentennial.

Source: Tifton Grapevine



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All WCES families are invited to

Family Math Game Night and Georgia Milestones Review Night

> April 12, 2022 6 p.m. - 8 p.m.



WCES teachers will present important information and provide parents with materials to help improve student achievement on the Georgia Milestones Assessment.

Hot dogs, chips, and a drink will be served FREE of charge.

We hope to see you there!



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Take Your Bicycle For A Spin

Thursday is National Bike Day and I couldn't help but get tickled about this day to celebrate! I love to ride bikes...well I love the thought of riding bikes. I have such bad equilibrium problems that I can not stay on the bicycle. I start going and I guess I get dizzy and bam over I go. It's actually a funny sight to see they tell me. I don't even try anymore. At the age of almost 45, I am afraid if I try and fall as I usually do, I might break something and I can not afford to break anything, not even a pinky finger! But on Thursday all you bike riders get out and enjoy your day on your bicycle.

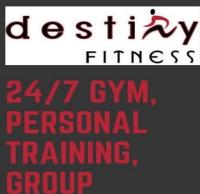
Look at all the fun that was had at Books & Bubbles this past week at the Margaret Jones Public Library! They painted Easter eggs and hopped like bunnies with their friends. Check out their colorful eggs.

Source: MJPL





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Hangin' Tough

Guess what day is celebrated in April? Oh yeah it's New Kids on the Block! I use to LOVE New Kids on the Block. I had a room full of their stuff. I could sing every song without skipping a beat but couldn't remember spelling words. My daddy and mama would always say that didn't make a lick of sense to them. How funny was that? I can remember having a birthday cake that was New Kids on the Block too. I thought I was something! I went to one of their concerts and then I had tickets to go to another and they cancelled. I was heartbroken! I cried! Now to see them as they have gotten older, I just laugh but they are still handsome! I still love them. They are great to listen to and see where they have come since their career days of the young group known as The New Kids on the Block!

A Day at the Playground

Did you know that with active supervision and some basic safety tips, every day at the playground can be a walk in the park. Playgrounds are so much fun and children love to play on them but as parents we don't think about the dangers until something happens. Falls are the most common type of playground injury, accounting for more than 75 percent of all playground -related injuries. Lack of or improper supervision is associated with approximately 45 percent of playgroundrelated injuries. Simple tips can prevent these injuries or less of them. Be sure to actively supervise your children on playgrounds. It won't be hard - they'll probably be calling for you to watch them climb, jump and swing. That is for sure. When I use to take Larry and his friends to the park in Sylvester I would hear many times "Watch me do this". I loved those days! Another simple tip is take your kids to playgrounds with shockabsorbing surfaces such as rubber, synthetic turf, sand, pea gravel, wood chips or mulch. If your child falls, the landing will be more cushioned than on asphalt, concrete, grass or dirt. Always dress appropriately for the playground. Remove necklaces, purses, scarves or clothing with drawstrings that can get caught on equipment and pose a strangulation hazard. Even helmets can be dangerous on a playground, so save those for bikes. And one of the most important tips is to teach children that pushing, shoving or crowding while on the playground can be dangerous. These are simple tips and some that we mostly go by already but if we don't we need to definitely start. Have fun at any playground but stay safe while playing. You can find more information like this at playgrundsafety.org. Stay safe and enjoy these Spring and Summer days at the park... A place where everyone has fun, children and adults!

Project Appleseed 2022 Tour

is coming to

Martin, GA

Red Hill Range 2208 Toms Creek Rd

Marksmanship and History Events

April 2-3, April 16, May 14, May 15, June 12, September 10-11, November 5, November 6 Events start at 08:30. Please arrive early to allow time for setup and sign in.

&

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- · The Debt We Owe To Our Forefathers
- The Duty We Owe To Our Posterity
- The Story Of Our Nation's Birth
- The Lessons Of April 19, 1775.

Marksmanship

- New Shooters Learn fundamentals and make quick progress
- Experienced Shooters learn new techniques
- Experts polish skills and become an RWVA
 Instructor in Training
- Master the Riflemans Quarter Mile

Project Appleseed is a nationwide program that teaches rifle marksmanship skills that have been passed down from generation to generation and reconnects Americans with the people and events of colonial America. Participants are taught skills that allow a Rifleman to be accurate out to 500 yards using a standard rifle with iron sights. This ability is traditionally known as mastering the 'Rifleman's Quarter Mile' and is an American tradition that has been part of this nation from its very first days. So join us and hear some little-known Revolutionary War history, reaffirm your heritage, and make America a better place.

Learn More, Find Directions and Register at: www.appleseedinfo.org/search-states-location.php?locationid=755

For more information contact: GA State Coordinator GA@appleseedinfo.org

Attendees are responsible for determining applicable firearms laws.

Sponsored by the Revolutionary War Veterans Association, a 501(c)(3) organization



https://appleseedinfo.org/

For Immediate Release

Project Appleseed Pistol Marksmanship Clinic Offered at Red Hill Range in Martin, Georgia – April 16th (One Day Event)

In today's world of 24-hour news cycles, changing technologies and push-button gratification it is a challenge to stay connected to the values that our great country was built on. Ideals such as integrity, commitment and personal responsibility are what founding fathers relied on to win our independence and to then make America a great nation. At Project Appleseed[™], we are dedicated to keeping these timeless values alive. We promote civic responsibility through the teaching of colonial history and the American traditions of rifle marksmanship. Even after all of these years, there is much to be learned from our forefathers' examples of perseverance, commitment and civic virtue. With a full calendar of shooting clinics and events Project Appleseed[™] is here to make sure these timeless principles live on for generations to come.

The cost for our one day pistol clinics is \$75 for adults. No youth allowed. There are discounts for law enforcement, active and retired military and guard and more*. And just a \$10 range fee per day.

Project Appleseed[™] is a fast-growing, 501(c) (3) non-profit educational community of dedicated volunteers.

The Project Appleseed pistol marksmanship clinic will be held on April 16th at Red Hill Range, at 2208 Toms Creek Rd, Martin, GA 30557.

Registration begins at 8am. The clinic starts at 8:30 a.m. and will continue until 5:00 p.m.

We are pleased to offer Appleseed Pistol Clinics. Our pistol clinic is a fun challenge for everyone, even those who have qualified with pistols in other programs. The program is beneficial for folks who have no pistol experience or have some experience shooting pistols but want more instruction on use for personal defense. It can be offered on either indoor or outdoor ranges depending on location. This class focuses on defensive techniques such as rapid target acquisition and engaging multiple targets but stops short of teaching drawing from the holster and firing. It's a challenging course of fire and we think it's a lot of fun. Although most locations permit pistols of any caliber, many shooters choose to bring a .22 caliber pistol for initial instruction and for practice. Of course, an Appleseed Pistol Clinic includes history. The history shared will include stories you won't hear at traditional 25m and KD events.

Please bring your own ear/eye protection, a rifle with sling, ammunition, rifle mat, bug repellent, hat, sunscreen, a packed lunch, snacks, drinks, and plenty of water to stay hydrated.

To register online, go to <u>www.appleseedinfo.org</u>. Or for more information, contact the Georgia State Coordinator, <u>GA@appleseedinfo.org</u>.

Dates to Remember

Apríl

11th ~ Worth County High School Spirit and Competition Cheer Tryouts 11th ~ WCHS Golf 3:30pm at Home 11th ~ Town of Sumner Mayor & Council Meeting 7pm 12th ~ Worth County High School Spirit and Competition Cheer Tryouts 12th ~ WCHS Varsity Baseball 5:30pm at Home 12th ~ Best Friends Humane Society Bingo Night at Ed's 6pm 12th ~ Family Math Game Night at WCES 6pm-8pm 12th ~ City of Poulan Mayor & Council Meeting 6:30pm 13th ~ Worth County High School Spirit and Competition Cheer Tryouts 13th ~ Kiwanis Meeting at Noon 13th ~ WCHS Track 4:30pm Home 14th ~ Worth County High School Spirit and Competition Cheer Tryouts 14th ~ WCHS Golf 3:30pm Away 14th ~ WCHS iRambots Steam Club at Margaret Jones Public Library 5pm 14th ~ BFHS Monthly Meeting 6:30pm 14th ~ Board of Education Meeting 7pm 15th ~ Worth County High School Spirit and Competition Cheer Tryouts 15th ~ WCHS Varsity Baseball 4:30pm Away 15th ~ 2nd Annual Easter Egg Hunt 6pm 16th ~ Easter Egg-Stravaganza at Pinson United Methodist Church 9am-11am 16th ~ Strawberry Jubilee at Rutland Farms in Tifton 18th ~ Worth County Middle School Spirit and Competition Cheer Tryouts 18th ~ GA Milestone Assessments at WCMS 18th ~ City of Sylvester Mayor and Council Meeting 6pm 19th ~ Worth County Middle School Spirit and Competition Cheer Tryouts 19th ~ GA Milestone Assessments at WCMS 19th ~ WCHS Varsity Baseball 6pm Away 19th ~ City of Warwick Mayor and Council Meeting 7pm 20th ~ Worth County Middle School Spirit and Competition Cheer Tryouts 20th ~ GA Milestone Assessments at WCMS 20th ~ Kiwanis Club Meeting at Noon 21st ~ Worth County Middle School Spirit and Competition Cheer Tryouts 21st ~ GA Milestone Assessments at WCMS 21st ~ 2022 Business Expo/Job Fair 5pm-7pm 22nd ~ Worth County Middle School Spirit and Competition Cheer Tryouts 22nd ~ GA Milestone Assessments at WCMS 22nd ~ Alice in Wonderland at WCHS 22nd ~ WCHS Vaaristy Baseball 4:30pm Home 22nd ~ Kollective Performing at Lumbre Cocina 8pm 23rd ~ 1st Annual Sylvester Car Show 8am-4pm 23rd ~ Alice in Wonderland at WCHS 23rd ~ Strawberry Jubilee at Rutland Farms in Tifton 23rd ~ Community Concert Featuring Charlie Wilson 8pm **26th ~ WCHS Track Region Meet at Home** 26th ~ City of Poulan Mayor and Council Meeting 6:30pm 27th ~ Kiwanis Club Meeting at Noon **30th ~ Strawberry Jubilee at Rutland Farms in Tifton** 30th ~ Steam Movie Night at WCHS 3pm-5pm and 6pm-8pm



Designer needed for 58th Annual Peanut Festival T-shirt Theme!

The Peanut Festival Committee would like to invite any student to enter the contest to be the designer of this year's Peanut Festival theme! The winning theme will appear on all promotional and marketing materials including the 2022 t-shirt! So, grab your pen and paper... or crayons, markers, paints, whatever medium you prefer... and enter for your chance to be this year's artist! Winning designer will win a **cash prize of \$100**.

See full contest rules below:

2022 Peanut Festival Design Theme Contest Rules:

- 1. Contest is open to any student (Grades Pre-k through 12) who is a resident of Worth County.
- 2. Contest is open to individual students or classes.
- 3. You may enter as many designs as you wish.
- 4. Entries will be judged on the following criteria: Originality of Theme,

Use of Peanut Festival Mascot, and Ease of marketing production.

- 5. Entries must be submitted no later than 11:59 p.m. on April 30, 2022
- 6. Entry must be your own original concept.
- 7. Designs must be submitted with artist name and contact information.
- All entries must be submitted by uploading design to the Peanut Festival Design Contest email address info@swcountychamber.com or submitted in person to the Sylvester-Worth County Chamber of Commerce.
- 9. Winning entry will receive a cash prize of \$100, be in the Georgia Peanut Festival Parade, be featured in this year's Peanut Festival Magazine and artists name will be on the T Shirt.
- 10. All entries may be subject to display, either in digital or original format.
- 11. Most importantly, have fun! It's WORTH it!

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Are You Smart With Your Money?

Being smart with your money is more than just opening a savings account. Money smarts include smaller things you wouldn't think are important, but in the long run these tips can end up saving you hundreds of dollars! You need to know every way to be smart with your money in this day and age. With prices increasing, debts rising, and demanding needs, this article with 7 ways to be smart with money is just for you! You would probably be very surprised if you realized the amount of money you spend per week just by going out. A movie here, bowling there, coffee every now and then, or an occasional shopping spree can really add up. Remedy this problem by limiting yourself to going out once a week. The rest of the time, get creative with your friends and think of free entertainment options. This is one great way to be smart with your money! Try and cut out unnecessary bills. Take a look at the bills you have. Are there any unnecessary bills you are paying? Do you really need the expensive phone plan you have, or a landline in addition to your cell phone? Cable and Netflix are awesome, but if you are never home to watch them, it's pointless. And with so many places now offering free Wi-Fi, there's another bill you can drop. This technique can really help you to be smart with your money. Another great idea is to open a Savings Account. One of the best ways to be smart with your money is to open a savings account. Then, make it a priority to put a little money in it with each paycheck. You may only be able to afford to put \$20 or less in there, but in time that small amount of money will add up. You never know when you will need emergency funds or when something may come up, so it's always nice to have a little money put back. Have you ever thought to avoid small purchases? Avoiding small purchases on a whim is one way to be smart with your money. Do you really need a snack or drink every time you stop for gas? Do you have to buy a coffee every morning? Is the latest issue of Cosmo that important? Try cutting out small purchases like these and see where your account stands. It may be hard at first, but just be patient, and give some time for this new habit to kick in. You'll find yourself saying no to bigger items after you kick the smaller ones! It is always good to think before you buy! One thing to really watch out for when you shop is telling yourself you HAVE to have it. Ask yourself these two questions: "Do I really need it?" "Can I afford it right now?" If you can answer both of these questions with a yes, then go for it. Be proud of yourself, knowing you are being smart with your money! A great way to save money is leave the credit cards at home. If you have a credit card, it's a wise choice to leave it at home in a safe place. Only carry it when you know you will absolutely need it. Credit cards encourage splurging, so it's better to limit yourself to cash and what you can afford. This makes a great way to be smart with your money! One way that everyone can save whether it is for personal use or business is watch for sales. Why pay full price for something when you can get it for a better rate? A final tip for being smart with your money is to always look for bargains. If you know there is something you are going to need soon, be on the lookout for sales, or a used, less expensive version. When you are grocery shopping, keep your eyes peeled for markdowns, and print out coupons online. And this same tip applies to shopping for clothing and accessories! These ways to save money will add up and really help you save a buck! If you put these tips into practice, you won't be disappointed. Being smart with your money is rewarding because when you stop buying unnecessary items, you have enough money left over to buy things you really want or need. Who knew that cutting out your morning coffee could pay for a new digital camera? These great tips came from online money matters site. However these tips are so true. I have stopped and thought about ways to save and even used some of these tips before reading them on here which makes me feel great! Now let's start saving them pennies!

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A Production By Worth County High School Drama Club





LIHEAP COOLING LOW INCOME HOME ENERGY ASSISTANCE PROGRAM

Homebound and elderly households (all adults in household must be age 65 or over and/or physically homebound), may call (229) 785-4001 beginning April 1, 2022, at <u>6:00pm</u> to schedule an application appointment.

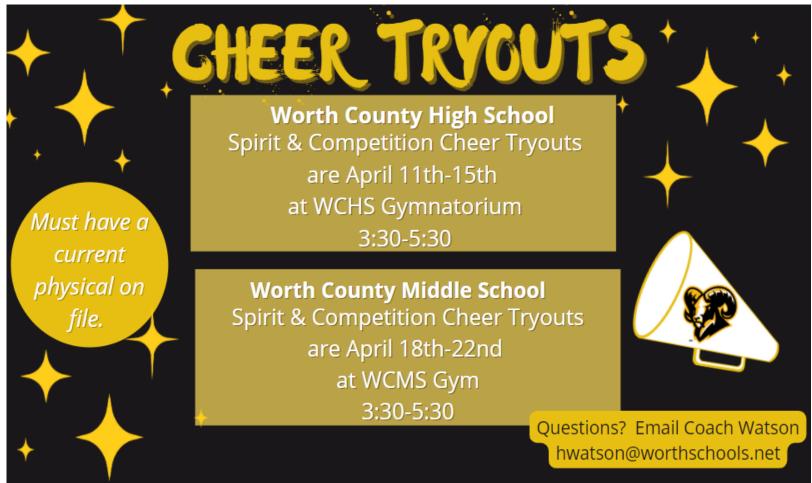
If funding remains, all eligible individuals from the general public may call **beginning** May 1, 2022, to schedule an application appointment.

Services are provided through SWGACAC, Inc. for the following counties:

BAKER . CALHOUN . COLQUITT . DECATUR . DOUGHERTY. EARLY. GRADY . LEE . MILLER . MITCHELL . SEMINOLE . TERRELL . THOMAS . WORTH



The Martin News Sylvester, Georgia 4-11-2022



Skin Cancer Awareness: Protect Yourself!

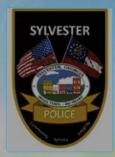
Spring has sprung! Birds are chirping and flowers are blooming. The warmer weather welcomes fun in the sun. The seasonal shift also is a great time to shed light on skin cancer. Skin cancer is the most common cancer impacting Georgians. In most cases, skin cancer is caused by ultraviolet (UV) rays, an invisible type of radiation that comes from the sun, tanning beds, and sun lamps. Basal cell and squamous cell carcinomas are the most commonly diagnosed skin cancers. Melanoma is the third most common, and deadliest, form of skin cancer. Anyone can develop skin cancer! People with lighter skin face a higher risk of developing skin cancer; however people with darker skin tones may often be diagnosed with skin cancer at a later stage, making it more difficult to treat. In fact, legendary reggae musician Bob Marley died at 36 years old from melanoma that had started under one of his toenails. The following tips may help to reduce your chances of developing skin cancer:

- 1. Wear sunscreen. It is important that sunscreen be worn year round. Be sure to select sunscreen with
- a Sun Protection Factor (SPF) of 15 or higher and both UVA and UVB protection.
- 2. Cover up. Wear clothing that covers your arms and legs, sunglasses, and wide brimmed hats.
- 3. Avoid tanning. Stay away from tanning salons! Tanning bed use can lead to skin cancer.
- 4. Stay in the shade. This is extremely important during midday hours.

There are currently no routine preventive screenings available to check for skin cancer. Follow the tips shared above to reduce your risk. Also, regularly observe your body – all over - for changes! Remember: If you notice any changes to your skin, see a dermatologist (doctor who specializes in skin diseases). When caught early, skin cancer is treatable.

Sylvester PD Easter Egg Hunt

Date: Friday April 15 Time: 6-8pm Place: Jeffords Park



Parents bring your kids out and enjoy an easte egg hunt. Food and drinks will be provided ctivities for the kids w include face painting

e Easter Bunny I be present so Thank you to our Spondon't forget to take Dairy Queen Cham

e with him!! Coca Cola American Legion Men United Sylvester Family Connections

COVID guidelines will be followed and face masks are recommended



Access Medical Ribbon Cutting Held on Thursday, April 7th

Thursday, April 7th, the rain had moved out and the crowd gathered for the Ribbon Cutting at Access Medical. Access Medical is located at 304 North Westberry Street in Sylvester. They are excited to welcome Cori Beth Brown as their Family Nurse Practitioner. Cori Beth was born and raised right here in Worth County. She graduated from Worth County High School, obtained her BSN from Valdosta State University and completed her Masters of Science in Nursing this past May. Cori Beth is so excited to give back to the community who has given so much to her. Make an appointment with them today by calling 229-463-7071.

> Photo Credit: Sylvester - Worth County Chamber of Commerce



Strawberry Jubilee At Rutland Farms

Every Saturday in April, Rutland Farms is hosting their Strawberry Jubilee. There's fun for the whole family. From strawberry picking, wagon rides and live music to games, bounce house and petting zoo for the children, you definitely don't want to miss Saturday's in April at Rutland Farms. This past weekend they had a member of the Georgia Country Music Hall of Fame bluegrass band, the Lost Dogs Found performing.

Photo Credit: Rutland Farms



You are invited to the Sylvester-Worth County Chamber's

BUSINESS EXPO

2022

21st April 2022 5pm-7pm The Pedestrian Mall @ 102 N. Main St. For more info call: 229-776-7718



Go to the link to learn more information about and register for our upcoming Business After Hours/ Job Fair!



Suicide Awareness Event

Where:

Worth County Ag Pavillion When:

June 11, 2022 Gates open at 10am Event will begin with presentation of colors, live national anthem, dual taps, and a prayer.

We will also have a special guest performing at the event! Details to come!

Classics, Jeeps & Bike Show Entry Fee: Early \$20 Late \$25

There will be several entry categories including Oldest & Overall Favorite

For more info. contact Emma Lynn (229)449-4568 or Cody Humphrey (229)376-4426 Big ticket

raffle items

TICKET

All proceeds will be donated to Jon's Mission for

22



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Are Joining Together For A

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Thursday, April 14th

10% of All Sales Will Be Given to Support Easter Seals for Autism Awareness



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FREE TO ALL! PEANUT SAMPLES, GAMES, TRACTORS AND MORE.

APRIL 23, 2022 | 10:00 A.M. - 2:00 P.M. 445 FULWOOD BLVD, TIFTON, GA







The Martin News Sylvester, Georgia 4-11-2022

CancerAwareness365 Delivers Bags To Those In Need

Ms. Sharon Lyles with CancerAwareness365 has been super busy this past week. After the Covered and Cured Blanket Drive ended and all the items had been gathered, she packed the bags and made a plan to start delivering them to those in need. Her first stop was to the Anita Stewart Oncology Center at Tift Regional Medical Center. Ms. Sharon visited with Ms. Kristen and her awesome staff while dropping off the bags that included a blanket, lotion chap stick and a hat for Cancer patients. Those items are useful to cancer patients especially while going through their treatment. Her next stop was the Oncology Department at Phoebe. She was able to support one of her friend's, Ms. Annette Brazier "I was able to support my friend as she receives her Chemo treatment for this awful disease, Breast Cancer" explained Ms. Sharon "all while delivering goody bags to Cancer patients at Phoebe". The "Covered and Cured" Cancer Blanket Drive was a huge success and Ms. Sharon stated that it would not have been possible without everyone that donated along with the help and support from CancerAwareness365, American Legion Sylvester Post 335, CLC Construction and The Martin News. A special thank you to Sunbelt Ford for providing transportation to Ms. Sharon and CancerAareness365 for delivering of the bags. If you know of anyone that is in need of a bag of the goodies, please let Ms. Sharon Lyles, Mr. Ray Humphrey or Lynn Meeks Manley know and they will be delivered to them.

