



The Martin News

Covering Worth County and Surrounding Counties

PO Box 5003 Sylvester, GA 31791
lmanley1210@gmail.com
www.themartinnews.org
(229) 272-4356

June 6, 2022

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CONTACT
LYNN MEEKS-MANLEY
229.272.4356



DUMPSTER RENTALS
229-402-5815

Adult Prom Night Set For July 30th In Sylvester

L & H COMMUNITY OUTREACH PRESENTS
ADULT

PROM NIGHT

2K22
21 AND UP

SATURDAY JULY 30

LOCATION TBA

LIVE DJ PERFORMANCE: DJ SS TICKETS: SINGLES \$35 DOORS OPEN AT: 6PM
COUPLES \$50

DJ SS

6PM

FOR MORE INFORMATION:

CONTACT JUSTIN M. LUCAS OR
NYKEMIUS J. HAMILTON SR.

L&H Community Outreach is proud to announce that an adult prom is set for July 30th. It will be held at the Worth County Community Center located at 1310 North Monroe Street in Sylvester. This is for everyone

Tickets are now on sale and can be purchased via cashapp - \$lynnmanley; Venmo - @lynn-manley-5; PayPal - lmanley1210@gmail.com. L&H Community Outreach is placing a limit on the number of people, so please get your tickets in advance. Advance tickets are \$50 for a couple and \$35 for singles. There will be tickets sold at the door if they are still available. The cost at the door will be \$65 for a couple and \$45 for singles. After you've made payment, your name will be added to the guest list.

There will be a photographer on site to capture this special night for you. If you would like to rent a limo or SUV, please contact Lynn Meeks Manley at 229-272-4356 and she will get you registered. This will be a night to remember! Thank you in advance for your support to L&H Community Outreach. If you have any questions, please feel free to contact Justin Lucas, Nykemius Hamilton or Lynn Meeks Manley.

Get off the couch and on the road!

Worth County Residents

FREE COOKIE

Just let us know you're from Worth Conty and enjoy one of our fresh-baked cookies on us!

BUNDT CAKES
Coffee Bar
CORN HOLE
Bird-Watching
General Store
Bakery
Food Truck
Dog friendly
PLANTS IN BLOOM
The Blue Goose
Visit the Historic Union Church
Ice Cream
Red Velvet Brownies
BANANA PUDDING
CHICKEN SALAD

SCAN ME!



Donation Made To Margaret Jones Public Library From WCMS

The Worth County Middle School Staff fundraiser for this school year was proudly donated to the Margaret Jones Public Library. Pictured is WCMS Principal Cornellius Frazier presenting the \$1405 check to Leigh Wiley, director of the Margaret Jones Public Library in Sylvester. "Worth County Middle School surprised us with a \$1,405 donation exclaimed Leigh "We are so grateful to the WCMS staff. These funds will put lots of new books on our shelves!"

Source: WCSD

How far would you go for a free cookie?

The Blue Goose is waiting for you!

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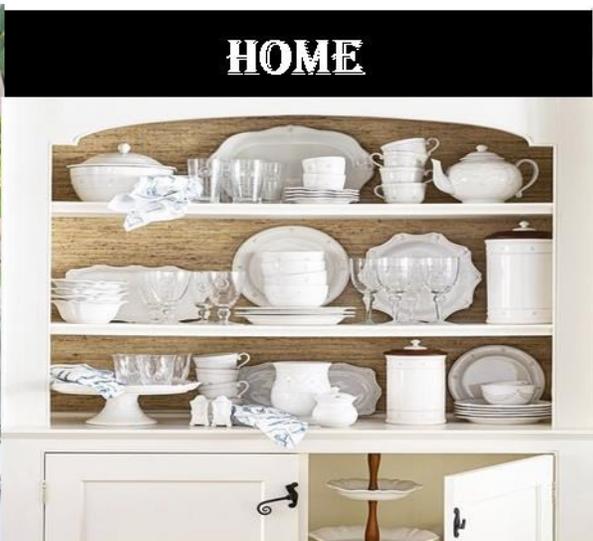
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PENDANTS



KENDRA SCOTT

ROBERTS & CO BRIDAL REGISTRY



*Carly Patterson &
John Michael Brooks
September 10, 2022*

*Andi Branch & Avery Mathis
September 10, 2022*

*Amy Bartley & Jeremy Doss
October 22, 2022*

*Sarah Beth Bennett & Kyle Rhodes
November 12, 2022*

*Avery Barber & Denzell Gowdy
December 17, 2022*

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Downtown Tifton

Mac's Entertainment Now Offering

KARAOKE

PARTIES

Contact Lynn : 229.272.4356



Our mission is to make this a perfect day for you.
Gin Creek will be the most unique and beautiful experience you have ever
been a part of in your entire life.

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National Egg Roll Day

June 10



National Corn on the Cob Day

JUNE 11TH

It sounds scary: A child can seem fine after getting out of a pool or body of water but then start to have trouble breathing an hour -- or up to 24 hours -- later. You'll worry a whole lot less once you know the signs of submersion injuries, and how to prevent them. Chances are you've read scary warning stories about "dry drowning" or "secondary drowning" -- terms you probably never even knew existed before you became a parent -- on social media. The idea that your child could "drown" on dry land is admittedly terrifying, and makes many parents feel helpless. But these rare incidents can be prevented. Get the facts you need to help keep your kids as safe as possible in and out of the water. The terms "dry drowning" and "secondary drowning" (also called submersion injuries) are often used interchangeably -- even by some experts -- but they're actually different conditions. In dry drowning, someone takes in a small amount of water through his or her nose and/or mouth, and it causes a spasm in the airway, causing it to close up. In secondary drowning, the little bit of water gets into the lungs and causes inflammation or swelling that makes it difficult or impossible for the body to transfer oxygen to carbon dioxide and vice versa. Dry drowning usually happens soon after exiting the water, but with secondary drowning, there can be a delay of up to 24 hours before the person shows signs of distress. Both can cause trouble breathing and, in worst-case scenarios, death. Rest assured: Dry drowning and secondary drowning incidents, while incredibly scary, are rare and account for only about 1 to 2 percent of drowning incidents. There are no specific stats on how many kids die each year from these types of submersion injuries, but it's very few in reports noted. The good news is, dry drowning or secondary drowning (submersion injury) doesn't happen out of nowhere. No matter your child's age, be on the lookout for: Water rescue. Any child pulled from the pool needs medical attention at the very least, call your pediatrician. Coughing. Persistent coughing or coughing associated with increased work of breathing needs to be evaluated. Increased "work of breathing." Rapid shallow breathing, nostril flaring, or where you can see between the child's ribs or the gap above their collarbone when they breathe, means they're working harder to breathe than normal. This is a sign that you should seek medical help immediately. Sleepiness. Your kid was just excitedly playing in the pool, and now she's fatigued? It could mean not enough oxygen is getting into to her blood. Don't put her to bed until her doctor gives you the go-ahead. Forgetfulness or change in behavior. Similarly, a dip in oxygen level could cause your child to feel sick or woozy. Throwing up. Vomiting is a sign of stress from the body as a result of the inflammation and sometimes a lack of oxygen, also from persistent coughing and gagging. Any time you're concerned about your child and think he could have symptoms of dry or secondary drowning, whether you're in your backyard pool or on a beach vacation, call the pediatrician right away for advice. Your child's doctor should be able to talk you through it and might advise you to go to the ER, a primary care doctor, or a national urgent care center. But if your child is really struggling to breathe, call 911 and/or head to the emergency room right away. Necessary treatment may not be available in settings other than the ER. Treatment for submersion injury depends on the severity of the patient's symptoms. The doctor will check the child's vital signs, oxygen level, and work of breathing. Patients with more mild symptoms just need careful observation, in more serious cases, the doctor may also do a chest x-ray or give him oxygen. In cases of respiratory failure, or when a child can no longer breathe on their own, extra support is needed -- such as intubating or putting the child on a ventilator -- but that's very rare. The goal will be to increase blood flow in the lungs and get the child breathing well again. Prevention is the same for dry drowning and secondary drowning as it is for any other kind of drowning: Swim lessons. Kids who are comfortable and skilled at moving around in the water are less likely to go under and take in water. Around age 4 is a good time to start. Supervision. Monitor kids closely in and around the water, and enforce pool safety rules. Water safety measures. Children should wear floatation devices on boats; pools should have four-sided fencing around them; and you should never leave standing water where a child could get into it. As long as you practice water safety, pay close attention to your kids after swimming, and get them checked out if you notice any signs of trouble breathing, you shouldn't have to constantly stress about dry drowning or secondary drowning.

Source: Parents.com



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WORTH COUNTY
MIDDLE SCHOOL

SUMMER CHEER CLINIC

June 18, 2022
9AM-2PM*
***1:30PM Participants**
Show their Skills

Cheers, Dance, Jumps,
Tumbling, and more...
taught by our
WCMS Spirit
Cheerleaders & Coach

Grades PreK - 8th
Registration begins at 8:30am on day of event
Location: WCMS Gym
Wear white top, black bottoms, & sneakers
\$20 per participant
Snack & Certificate provided
Questions? Email Coach Bodiford: kbodiford@worthschools.net



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South Georgia Produce Going Worldwide

South Georgia watermelons are heading to Dubai and muscadines to Taiwan thanks to the marketing efforts of the Georgia Department of Agriculture, its domestic trade director told the Tifton Rotary Club on Wednesday. Sarah Cook told Rotarians that she traveled to Dubai in February to visit the world's largest food trade show. "Dubai is a city in a desert where they cannot grow enough food to supply their population," she said. "They are happy to pay \$7 a pound for watermelons that are flown over to the Gulf area." They will pay top dollars for premium watermelons, she said. "The commissioner always says, 'Agriculture makes Georgians' lives better,'" she said, referring to state Agriculture Commissioner Gary Black. "Whether you're a farmer or not, you benefit from agriculture, and it's our state's No. 1 industry. "We have a \$69 billion economic impact on the state. Everyone is eating, everyone is clothed, everyone is sheltered, everyone is fueled; that is due, in large part, to our farmers here in Georgia." Cook said that in "two-thirds of Georgia counties, agriculture is the first- or second-largest employer. There's a great chance if you're not in agriculture that a family member is or benefits from that commerce." Tift County is the 10th-largest vegetable producing county in the state. "We have \$200 million worth of produce grown here in Tift County. It's in the top 10% of all ag production in the state." Cook works in the agriculture department's marketing division, whose job is to promote Georgia agriculture to consumers in the state, country, and around the world. One of those ways is the Georgia Grown program, she said. Cook has been involved with the Georgia Grown initiative since its inception about 12 years ago. For the first eight years, the initiative's purpose was to encourage Georgia residents to buy Georgia-grown products to support local producers. "We encourage every Georgian who makes \$75,000 to spend \$10 a week on Georgia Grown products. If we did that, we'd have a \$5.5 million economic impact in our state," she said. Even if Georgians only purchased Georgia-grown products, there is still a surplus, so the marketing focus is extending throughout the nation and globe. Through the domestic marketing program, Cook attends 13 trade shows across the U.S. to get producers in front of key buyers, such as supermarkets. "We've had a lot of success in the past four years getting on the shelves of Publix, Whole Foods, Kroger and others. "Even still, we have an abundance of production," Cook said. "Georgia is very positively located internationally. We have access to two international ports." For the past two and a half years, Cook has been working to get Georgia products to international buyers. "We have been able to host international virtual trade shows in my home office upstairs," Cook said. From her home in Coverdell, she has been able to connect a farmer in Wray with buyers in Taiwan for his muscadines. She is also working to bring international buyers to South Georgia. Recently, she brought Canadian buyers to Tifton, and next week Indian and Taiwanese buyers are coming to see South Georgia produce. She said GeorgiaGrown.com has a product locator to see where people can buy specific local products, such as crooked-neck squash.

Source: Tifton Grapevine

Project Appleseed 2022 Tour

is coming to

Martin, GA

Red Hill Range
2208 Toms Creek Rd

Marksmanship and History Events

April 2-3, April 16, May 14, May 15, June 12, September 10-11, November 5, November 6

Events start at 08:30. Please arrive early to allow time for setup and sign in.

Heritage

&

Marksmanship

- The Debt We Owe To Our Forefathers
- The Duty We Owe To Our Posterity
- The Story Of Our Nation`s Birth
- The Lessons Of April 19, 1775.
- New Shooters - Learn fundamentals and make quick progress
- Experienced Shooters - learn new techniques
- Experts - polish skills and become an RWVA Instructor in Training
- Master the Riflemans Quarter Mile

Project Appleseed is a nationwide program that teaches rifle marksmanship skills that have been passed down from generation to generation and reconnects Americans with the people and events of colonial America. Participants are taught skills that allow a Rifleman to be accurate out to 500 yards using a standard rifle with iron sights. This ability is traditionally known as mastering the 'Rifleman's Quarter Mile' and is an American tradition that has been part of this nation from its very first days. So join us and hear some little-known Revolutionary War history, reaffirm your heritage, and make America a better place.

Learn More, Find Directions and Register at:
www.appleseedinfo.org/search-states-location.php?locationid=755

For more information contact:
GA State Coordinator GA@appleseedinfo.org

Attendees are responsible for determining applicable firearms laws.

Sponsored by the Revolutionary War Veterans Association, a 501(c)(3) organization



Project Appleseed™

<https://appleseedinfo.org/>

For Immediate Release

Project Appleseed Rimfire Pistol Clinic Offered at Red Hill Range in Martin, Georgia – June 12th (One Day Event)

In today's world of 24-hour news cycles, changing technologies and push-button gratification it is a challenge to stay connected to the values that our great country was built on. Ideals such as integrity, commitment and personal responsibility are what founding fathers relied on to win our independence and to then make America a great nation. At Project Appleseed™, we are dedicated to keeping these timeless values alive. We promote civic responsibility through the teaching of colonial history and the American traditions of rifle marksmanship. Even after all of these years, there is much to be learned from our forefathers' examples of perseverance, commitment and civic virtue. With a full calendar of shooting clinics and events Project Appleseed™ is here to make sure these timeless principles live on for generations to come.

The cost for our one day pistol clinics is \$75 for adults. No youth allowed. There are discounts for law enforcement, active and retired military and guard and more*. And just a \$10 range fee per day.

Project Appleseed™ is a fast-growing, 501(c) (3) non-profit educational community of dedicated volunteers.

The Project Appleseed pistol marksmanship clinic will be held on June 12th at Red Hill Range, at 2208 Toms Creek Rd, Martin, GA 30557.

Registration begins at 8am. The clinic starts at 8:30 a.m. and will continue until 5:00 p.m.

We are pleased to offer Appleseed Pistol Clinics. Our pistol clinic is a fun challenge for everyone, even those who have qualified with pistols in other programs. The program is beneficial for folks who have no pistol experience or have some experience shooting pistols but want more instruction on use for personal defense. It can be offered on either indoor or outdoor ranges depending on location. This class focuses on defensive techniques such as rapid target acquisition and engaging multiple targets but stops short of teaching drawing from the holster and firing. It's a challenging course of fire and we think it's a lot of fun. Although most locations permit pistols of any caliber, many shooters choose to bring a .22 caliber pistol for initial instruction and for practice. Of course, an Appleseed Pistol Clinic includes history. The history shared will include stories you won't hear at traditional 25m and KD events.

Please bring your own ear/eye protection, a rifle with sling, ammunition, rifle mat, bug repellent, hat, sunscreen, a packed lunch, snacks, drinks, and plenty of water to stay hydrated.

To register online, go to www.appleseedinfo.org. Or for more information, contact the Georgia State Coordinator, GA@appleseedinfo.org.

TRMC Opens Chest Pain Unit



On Wednesday, June 1, a new Chest Pain Unit (CPU) opens at Tift Regional Medical Center (TRMC) on the first floor of the recently opened patient tower. The new unit is a seven-bed observational unit specializing in evaluating and caring for patients who come to the ER with acute chest pain and are considered at a low-to-intermediate risk of a heart attack. While in the CPU, patients will receive ECG monitoring, cardiac biomarker testing, and other diagnostic tests. The unit will work closely with the Emergency Department and the Heart and Vascular Center to provide streamlined care to reduce inpatient admissions, decrease length of stay, decrease healthcare cost, and improve patient satisfaction, TRMC said. “We are excited about this new unit and the possibilities it offers for an improved patient experience,” said CPU Nurse Manager Eric Morris. “This will help take some of the burden off our Emergency Department and may improve ER wait times. This can also help lower the amount of people we have to admit as inpatients, which will, in turn, decrease length of stay.”

Source: Tifton Grapevine



Events, Dining, Shopping...
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SOUTHERN HOSPITALITY

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Think Tifton



ThinkTiftonGA

Tifton To Honor Col. Ralph Puckett, Mark City's 150th



Colonel Ralph Puckett, Jr.
MEDAL OF HONOR
 KOREAN WAR

Friday, July 1, will be a big day of celebration in Tifton. Not only will the city be celebrating the 150th anniversary of its founding with a birthday cake and fireworks that evening, but the day will also be Col. Ralph Puckett Jr. Day honoring Tifton's recent recipient of the Congressional Medal of Honor. Puckett, 95, a Tifton native who resides in Columbus, is scheduled to be present as he is honored at 11 a.m. with a city proclamation, a key to the city, and a Tifton street named in his honor. The public is invited to attend the ceremony at Tifton's First United Methodist Church. As he arrives in town from the Henry Tift Myers Airport, local folks are encouraged to line Main Street waving flags and signs. Puckett, an Army Ranger legend, was honored with the Medal of Honor by the president at the White House last year for heroics during the Korean War, fighting alongside his soldiers as they were severely outnumbered 10 to one during six assaults by enemy troops. Puckett was injured multiple times but refused to leave his men. While the Puckett observance will be in the morning of July 1, Tifton will continue celebrating that evening with a "Rock the Block" event from 6-10 p.m. with live music, food, drinks, a water slide, a city birthday cake, and fireworks. Other sesquicentennial events are being planned for later in the year.

Source: Tifton Grapevine



Events, Dining, Shopping...
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SOUTHERN HOSPITALITY

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Think Tifton



ThinkTiftonGA

Sylvester's 2nd Annual Veteran Suicide Awareness Event

Where:

Worth County Ag Pavillion

When:

June 11, 2022 Gates open at 10am

Event will begin with presentation of colors, live national anthem, dual taps, and a prayer.

YOU ARE NOT ALONE

We will also have a special guest performing at the event! Details to come!

Classics, Jeeps & Bike Show

Entry Fee:

Early \$20 Late \$25

There will be several entry categories including Oldest & Overall Favorite



For more info. contact

Emma Lynn (229)449-4568 or

Cody Humphrey (229)376-4426

Big ticket raffle items

All proceeds will be donated to Jon's Mission for



22

50/50 Raffle

Thursday the Ken Scott Comedy Magic Show was held at the Margaret Jones Public Library and they had a full house. They had 254 come out for the magic show! How amazing is that? They all enjoyed Ken Scott and Croco The Ken Scott Comedy Magic Show was part of the Summer program at the Margaret Jones Public Library. Be sure to check out the Margaret Jones Public Library Facebook page for all the events planned this summer.

Photo Credit: MJPL



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DIXON FLUELLEN COOPER FULTON POWELL

Rams

MILT MILLER FIELD
HOME OF THE RAMS



RAISE THE STANDARD
WORTH COUNTY



8/19

8/26

9/2

9/9

9/23

9/30

10/7

10/21

10/28

11/4

2022 SCHEDULE



Dates to Remember

June

- 6th ~ American Red Cross Blood Drive at Tifton Day Reporting Center 11am-4pm
- 6th ~ City of Sylvester Council Meeting 6pm
- 6th ~ Sail Away Paint Party at Margaret Jones Public Library 6pm
- 7th ~ American Red Cross Blood Drive at Albany Technical College 10:30am-3:30pm
- 7th ~ American Red Cross Blood Drive at US 19 Church of Christ in Albany 1pm-6pm
- 7th ~ Summer Stem Camp 9am-3:30pm
- 7th ~ Self Defense Class 6pm
- 7th ~ Worth County Commissioners Meeting 7pm
- 7th ~ Trivia Tuesday's at Pretoria Fields 7pm - 9pm
- 8th ~ Summer Stem Camp 9am-3:30pm
- 8th ~ Kiwanis Meeting at Noon
- 8th ~ Brews & Bingo at Pretoria Fields 7pm-9pm
- 9th ~ Animal Bingo at Margaret Jones Public Library 2pm
- 9th ~ American Red Cross Blood Drive at Byne Memorial Baptist Church 2pm-7pm
- 9th ~ Summer Stem Camp 9am-3:30pm
- 9th ~ BFHS Monthly Meeting 6:30pm
- 9th ~ Board of Education Meeting 7pm
- 10th ~ American Red Cross Blood Drive at Tift Area Conference Center 2pm - 7pm
- 10th ~ Sip & Stroll in Downtown Sylvester 5pm-7pm
- 10th ~ The Tams in Concert in Downtown Sylvester 7pm
- 11th ~ Sylvester 2nd Annual Veteran Suicide Awareness Event
- 11th ~ American Red Cross Blood Drive at St. Teresa's Catholic Church 9am-2pm
- 13th ~ American Red Cross Blood Drive at Porterfield UMC - Albany Noon - 5pm
- 13th ~ Doc Magic Fun Time Variety Show at Margaret Jones Public Library 2pm
- 13th ~ Town of Sumner Council Meeting 7pm
- 14th ~ BFHS Bingo Night at Ed's 6pm-8pm
- 14th ~ Poulan Council Meeting 6:30pm
- 14th ~ Trivia Tuesday's at Pretoria Fields 7pm - 9pm
- 15th ~ Kiwanis Meeting at Noon
- 15th ~ Brews & Bingo at Pretoria Fields 7pm-9pm
- 16th ~ Books & Brushes at Margaret Jones Public Library 2pm
- 20th ~ City of Sylvester Council Meeting 6pm
- 21st ~ 4-H2O Camp
- 21st ~ Margaret Jones Public Library June Book Club Meeting 5:30pm
- 21st ~ Warwick Meeting 7pm
- 21st ~ Trivia Tuesday's at Pretoria Fields 7pm - 9pm
- 22nd ~ 4H2O Camp
- 22nd ~ Kiwanis Meeting at Noon
- 22nd ~ Animal Tales at Margaret Jones Public Library 2pm
- 22nd ~ Brews & Bingo at Pretoria Fields 7pm-9pm
- 23rd ~ 4H2O Camp
- 23rd ~ AARP Safe Driver Course 9am - 4pm
- 23rd ~ Travis Tritt at Albany Civic Center
- 28th ~ Sea Mobile at Margaret Jones Public Library 10am
- 28th ~ Poulan Council Meeting 6:30pm
- 28th ~ Trivia Tuesday's at Pretoria Fields 7pm - 9pm
- 29th ~ Kiwanis Meeting at Noon
- 29th ~ Brews & Bingo at Pretoria Fields 7pm-9pm
- 30th ~ Ocean in a Jar at Margaret Jones Public Library 2pm

2022 Summer Reading Challenge at Margaret Jones Public Library



Starts May 2 and runs through July 14

Summer reading through your library can prevent the summer learning slide and help your kids be ready for school in the fall. Reading just 15 minutes per day is all it takes.

Pick up a book tracker to record your books read this summer and earn great prizes.

Earn prizes for books read

Picture Book Readers

- Read 10 books = Pencil
- Read 20 books = Paint Sheet
- Read 30 books = Bubbles
- Read 40 books = Clownfish Launcher
- Read 50 books = Submarine & Luau Party Ticket

Chapter Book Readers

- Read 5 books = Magnetic Bookmark
- Read 10 books = Cup
- Read 15 books = Hi-Bounce Ball
- Read 20 books = Clownfish Launcher
- Read 25 books = Ocean Animal Squish & Luau Party Ticket

Teen Readers

- Read 10 books = Canvas Bag & Luau Party Ticket.
- Every 10 books read earns a chance in the grand prize drawing

Adult Readers

- Read 10 books = Canvas Bag
- Every 10 books read earns a chance in the grand prize drawing

Join us at our Finale Luau Party at the Sylvester Splash Pad on July 14 at 2 pm
By ticket only



Attend Fun Programs for the Whole Family

- May 20 - June 2: Scholastic Book Fair
- Books & Bubbles on Tuesdays at 10 am
- June 2: Ken Scott Magic Show at 2 pm
- June 9: Stuffed Animal Bingo at 2 pm
- June 13: Doc Magic Fun Time Show at 2 pm
- June 16: Books & Brushes - Mermaid at 2 pm

- June 22: Animal Tales at 2 pm
- June 28: SeaMobile 10 am - 4 pm
- June 30: Ocean in a Jar at 2 pm
- July 7: Books & Brushes - Mister Seahorse at 2 pm
- July 11: Sand Art & Storytime at 2 pm
- July 14: Luau Party at 2 pm - ticket required!

Check out *free* eBooks and audiobooks from our digital library with your library card!



Anything you read counts toward your reading goal.

Print books, audio books, magazines, eBooks, or comic books.

Just read whatever you like to earn a prize.

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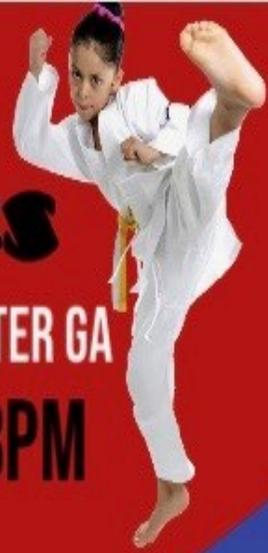
Libby.

The library reading app

Titles for 5th grade to adults

Titles for pre-k to 4th grade

SELF DEFENSE



Community Safety Class

JOHN TIPPER- TAEKWONDO INSTRUCTOR~ TIPPER MARTIAL ARTS SYLVESTER GA

PART 1 -SELF DEFENSE-JUNE 7TH TUESDAY 6-8PM

- ✓ FREE CLASS
- ✓ FREE CHILD CARE
- ✓ FREE FOOD
- ✓ DOOR PRIZES

H. H. Woolard Community Center **709 W. Wallace St. Sylvester Ga**

TO SIGN UP OR QUESTIONS EMAIL: CancerAwareness365@yahoo.com

Name & Phone Number

ADVANTAGES

- ✓ Proper Techniques To Defend Youself/Family
- ✓ Sharper Focus
- ✓ Improve Self Confidence
- ✓ practical Self Defense

Organized By:

Sharon Lyles & Don Whitaker
 CancerAwareness365 Worth Co. Sherriff

Sponsors

Family Connections **The Martin News**
 Lisa Dylinski Lynn Meeks Manley



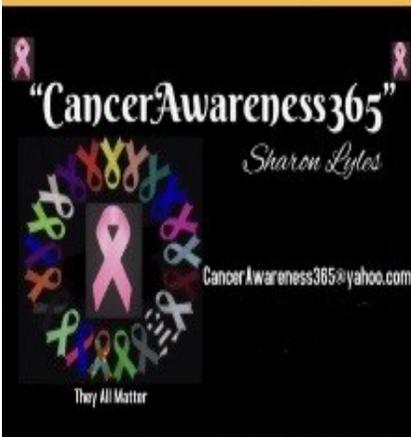
Alternative Actions

George & Nicole Phillips

Will have self-defense items for sale

Pepper Spray Tasers Stun Guns

Personal Alarms key Chains



Part 2-Gun Safety Class (TBA)- Participants Of Part 1 will be given priority slots.



AARP Smart Driver Safety Course

AARP Smart Drivers Class will be offered

Thursday, June 23, 2022

9 am to 4 pm with lunch on your own

at Margaret Jones Public Library

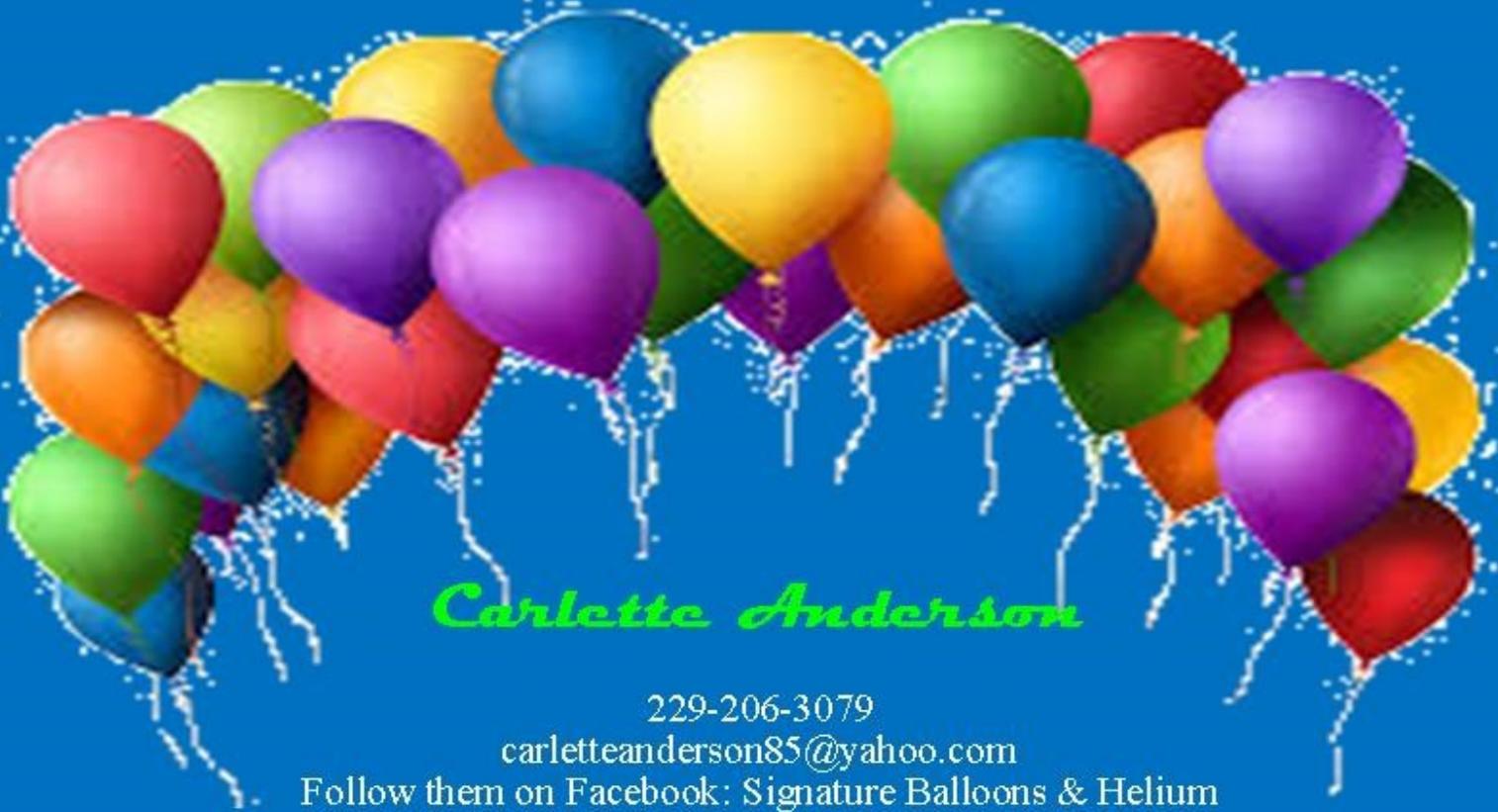
205 East Pope Street, Sylvester, GA

Cost \$25 for non-members

\$20 for AARP members

Register by calling 229-776-2096

- Approved for drivers beginning at 16 years of age with valid driver's license, if accompanied by adult. Younger drivers should check with their insurance company to confirm whether the discount will apply before taking the class.
- Each class provides 6 hours of instruction.
- Automobile insurance discount is available for drivers who have had no moving violations or at fault claims for the past three years.
- Certificate for three years is provided when class has been completed. You must turn your certificate into your automobile insurance company for discount to apply.



Carlette Anderson

229-206-3079

carletteanderson85@yahoo.com

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SIGNATURE BALLOONS & HELIUM

Rock *the* Block

FRIDAY
JULY 1ST
6-10 PM
DOWNTOWN
TIFTON

**FOOD &
DRINKS**
**WATER SLIDES
& GAMES**

CAR SHOW

**LIVE
MUSIC**



FIREWORKS!

Birthday Cake

TO CELEBRATE 150 YEARS OF TIFTON

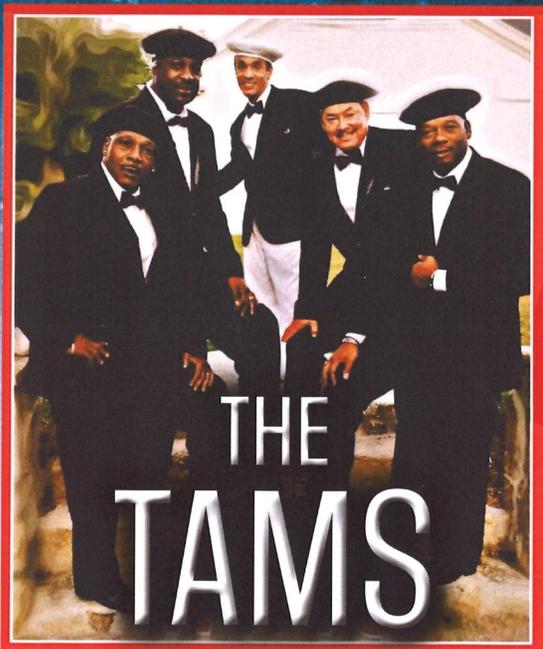
FREE!



Rock the Block or
Think Tifton



CONCERT at the DEPOT featuring JUNE 10TH 7 PM



TABLES are available to reserve for \$40 (seats 8) or bring your chairs.

Sip and Stroll 5-7 PM

The TAMS have performed with well-known entertainers including Stevie Wonder, The Temptations, Four Tops, Pattie LaBelle, Gladys Knight and The Pips just to name a few.

Concert Scheduled To Follow The Sip & Stroll

It's the moment we've all been waiting for... Sip & Stroll time! Many of us love the Sip & Strolls in Sylvester. Sip & Stroll is held in Downtown Sylvester on Friday, June 10th starting at 5pm and will last until 7pm. After you are finished there just hop right on over to the Downtown Concert that will be held at the Depot from 7pm until 10pm. If you have not been to a Sip & Stroll, it is so much fun. Many of the stores will be open late and will serve snacks and drinks for you to enjoy! Be sure to follow the Sylvester Main Street Facebook Page where Mrs. Karen Singletary will update during the week of which businesses are participating and the different things they are offering. Be sure to visit one of the restaurants downtown for dinner as well. Hope to see you all on Friday!

Reading Over The Summer Break

Help your child stay engaged and learning during summer break! Join the Margaret Jones Public Library for Books and Bubbles every Tuesday morning at 10:30 am. Reading over summer vacation may not be a priority for children, but parents and teachers should make it one. Why? Summer reading is critical to a child's ability to not only retain information learned the previous year, but also to grow in knowledge and critical thinking skills for the coming year. Literacy experts believe that it is necessary for children to read on a daily basis in order to maintain literacy skills learned in the previous school year. Be sure to follow the Margaret Jones Public Library Facebook page for all of their events this Summer and during the school year. They will be glad to help you and to see your family this Summer.

Photo Credit: MJPL

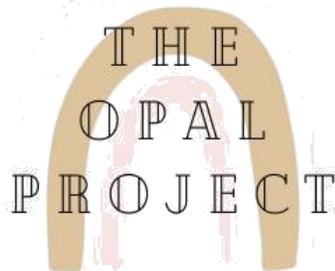




**FRIDAY NIGHTS
IN JUNE & JULY**

WILD ADVENTURES
THEME PARK

The OPAL Project Plans To Serve Those With Special Needs in Sylvester and Worth County



Opportunity. Purpose. Abundant Living.

We are always excited when new organizations become a part of the Worth County Community! The OPAL Project is now a part of our community, and we welcome them and want to tell you a little more about them. The OPAL Project is a nonprofit organization to help those with special needs.

The OPAL Project was started by Mrs. Jakin Tillery and Ms. Nicole Braswell. They wanted the words “opportunity” and “purpose” to be in the name since this is the big focus for their participants. Ms. Braswell stated she was driving home one day, and the word opal came to mind. “I started to think about how the opal is such a unique gemstone just like many of our individuals with special needs; different but beautiful” explained Ms. Braswell “From there we created the acronym for OPAL-Opportunity, Purpose, Abundant Living.” They felt that this embodies their whole mission statement. Helping individuals with special needs discover their purpose through opportunities that lead to an abundant life is the goals that Mrs. Tillery and Ms. Braswell have set.

The ladies have both taught special education for several years. Ms. Braswell has taught school for eight years and Mrs. Tillery has taught school for six years. Over the years they have noticed a need for re-

sources for their students after they exited high school. Many of their students were graduating and just going home because there was nowhere for them to transition to. Many times, this results in loss of valuable skills and a lack of socialization. The closest day centers are in Albany and Moultrie. Many of them have waiting lists and some are not able to manage specific behavioral needs that the individuals with special needs may exhibit. The more Ms. Braswell and Mrs. Tillery talked about these needs in their community the more we felt led to do something about it.

The OPAL Project will be located at the Shipp Senior Center building in Sylvester. They plan to begin their summer camp, Camp OPAL, on June 20th. It will run through July 15th, Monday – Friday from 8am to 3pm. Their day program is expected to begin in August and will be Monday through Friday, 8am to 3pm. Camp OPAL, which will run much like their day program for their adults with special needs, will include a variety of activities that focus on providing the participants with opportunities to socialize with their peers, be a part of the community, and learn independent living skills. If you visit the center, you may see participants doing crafts, exercising, participating in cooking activities, practicing cleaning skills, enjoying their individual hobbies, practicing how to make a grocery list, learning to budget for their monthly expenses, or even enjoying a Zumba lesson. If the group is not at the center, it is because they are participating in a community outing. They plan to volunteer at Best Friends Humane Society, local churches and the community garden, eat lunch at local restaurants, practice washing clothes at the laundromat, and learn how to appropriately utilize community resources such as grocery stores, pharmacies, banks, the courthouse, etc. Mrs. Tillery and Ms. Braswell also wants to educate individuals with special needs and their caregivers about resources such as the state funded Medicaid Waiver, Vocational Rehabilitation services, and supported living opportunities. The ladies also have a few special visitors scheduled to lead an activity with their campers. If someone is interested in leading an educational presentation or activity with their participants they can email them to find out more information. They also have plans to host support groups for parents and caregivers to discuss a variety of topics and concerns. There will more info on how to sign up for a group coming soon and it will be available on their Facebook Page, The OPAL Project. Mrs. Tillery and Ms. Braswell would also like to host informational sessions with some of our local first responders. Their hope is to provide our police officers, paramedics, and firefighters with helpful tools to build relationships with individuals with special needs as well as with their families and caregivers. Camp OPAL is for individuals with disabilities 16 and up. The Day Center is for adults with disabilities ages 18 and older. The Respite Events are for individuals with special needs of all ages and their siblings.

As a community, we all want to help when and where we can. When asked, the ladies explained that the most important thing the community can do for the OPAL Project right now is spread the word about what they are doing. There are individuals throughout our community that may benefit from their services and the best way Mrs. Tillery and Ms. Braswell can reach them is through word of mouth from our community members. As a 501c3 non-profit organization, most of their funding will come through donations and grants. If anyone would like more information on how to donate or become an OPAL Sponsor, they can reach out to the ladies via email at theopalproject.ga@gmail.com. Mrs. Tillery and Ms. Braswell would love to talk to you more about their organization.

L&H COMMUNITY OUTREACH PRESENTS

FAMILY FIELD DAY

FREE ENTRY

@SUMNER CITY PARKS
SUMNER GA. 706 WALNUT ST.

- >BOUNCY HOUSES
- >WATER SLIDES
- >FACE PAINTING
- >SACK RACING
- >LIVE DJ
- >KICKBALL TOURNAMENT
- >FIREWORK SHOW AT THE END

SATURDAY
JULY 9TH
@4PM UNTIL

FOR MORE INFORMATION CALL
(229) 272. 4356 (MS. LYNN)



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