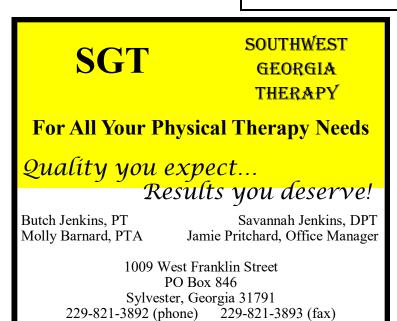


The Martín News

PO Box 5003 Sylvester, GA 31791 info@themartinnews.com www.themartinnews.org (229) 272-4356 or (229) 776-6269

August 10, 2020





ABAC Recognizes Top Summer Students

Students who achieved academic excellence in their course work during the summer term were recently recognized at Abraham Baldwin Agricultural College. ABAC cites its top academic students each semester on the President's List, the Dean's List, and the Distinguished Achievement List. The President's List is the highest academic honor with each student attaining an "A" in every subject, resulting in a perfect 4.0 grade point average. For the Dean's List, students attain a minimum grade point average of 3.5 in at least 12 hours of academic work.; the Distinguished Achievement List is composed of students with a grade point average of 3.5 or higher during between six and 11 hours of academic work. Among students recognized are: Adel – Distinguished Achievement: Jaylee Bass, Hunter Folsom, Christopher Gibbs, Hannah McDaniel, Alex Moore, Ansley Paulk, James Peacock, Ethan Ray, Rachel Ray, and Jesse Tucker. Alapaha – Dean's List: Rebecca Boyd; Distinguished Achievement: Marlee Morris. Brookfield- Distinguished Achievement: Taylor Horton; Chula – Distinguished Achievement: Rebecca Bryan, Scarlett Hogan. Enigma – Distinguished Achievement: Emily Dillard, Reese Hilton. Fitzgerald – President's List: John Miller, Evan Newell; Distinguished Achievement: Austin Futch, Rebecca Lindsey, Jasmine Lundy, Samantha Munroe, Shannon Smith, Brittany Veal. Lenox -Distinguished Achievement: Daniel Morris, Annah Williams. Nashville - Distinguished Achievement: Bonnie Exum, Michaela Hendley, Hannah Ritter. Ocilla – Distinguished Achievement: Madison Dill, Alexander Eason, Dustin Reliford. Omega - Distinguished Achievement: Carrie Dunn, Jesus Garcia, Morgan Harrison, Kelsey Robinson. Poulan -Distinguished Achievement: Ansley Busbee. Ray City - Distinguished Achievement: Kayla Sneed. Sparks -Distinguished Achievement: Justin Beach, William Garcia. Sycamore - Distinguished Achievement: Christopher Termunde. Sylvester - Distinguished Achievement: Jacob Jones, Angelina Martinez, Elizabeth Montgomery, Seth Newell, Georgia Pritchard, Andrew Spainhour, Kelly Young. Tifton - Dean's List: Fanxu Lin, Alyssa McDaniel. Distinguished Achievement: Erynn Allison, Ja'Mi Barnes, Sawyer Bass, Jarod Beeman, Dontavious Bell, Andi Branch, Dylan Brooks, Jacob Brooks, Johnny Cabanas, Tori-Anne Chambers, Hannah Chance, Casey Cheshire, William Cox, Yulissa De La Paz, Caleb Dela Cerna, Chloe Dela Cerna, Emily Dicks, Sue Dunkel, Nina Dykes, Leilani Fonsah, Bailey Gebhart, Rebecca Golden, Lyndsae Griffin, Pedro Guevara, Cassie Hogan, Chrys Kirby, Janet Koposko, Meredith Lowery, Maritza Martinez, Emmalee Milner, Beyonce' Parker, Lewis Prewitt, Walker Sanders, Cristal Silva Padilla, Melanie Smith, Nicholas Spader, Mary Spikes, Daniel Stout, Haley Walker, Breanna Walls, Kayland Winter. Ty Ty-Distinguished Achievement: Lindy Busbin, Sean Collins, George Patterson.

Worth County School Nutrition

Dr. Shannon Norfleet, Superintendent

Cynthia Thomas, SNP Director

103 Eldridge Street • Sylvester, GA 31791

Phone 229-776-8600 • Fax: 229-776-8603



Worth County School Nutrition Program will provide a weekly meal box for WCSD students to pick up during the month of August. The box will contain breakfast and lunch for 1 week. Parents are allowed to pick up a box for each student in their household.

Meal Pick Up Box dates are:

Wednesday, 08/12/20 Wednesday, 08/19/20 Wednesday, 08/26/20

WCSD will have 12 pickup sites throughout the county. The refrigerated truck will remain at each site for 30 minutes. The two delivery routes and their schedule is listed below:

ROUTE 1

Henry Hall Woolard Center	709 W. Wallace Street, Sylvester, GA	10:50 - 11:20
Boulder Trail Trailer Park	Moen Drive & Calvin Street Sylvester, GA	11:30 - 12:00
Pope Park	Pope Park Sylvester, GA	12:10 - 12:40
Hamilton & Jackson Circle	Seabrook Drive @ Entrance	12:50 - 1:20
Poulan Post Office	120 Broad Street, Poulan, GA	1:30 - 2:00
Sumner Post Office	501 Main Street, Sumner, GA	2:15 - 2:45

ROUTE 2

Football Stadium	Parking lot by Home Side	10:50 - 11:20
GA 112/GA 133 Intersection	GA 112/GA133 Behind Store	11:40 - 12:10
First Baptist Acree	County Line Road US 82	12:25 - 12:55
Worthy Manor	Hass & Worthy Street	1:05 - 1:35
Oakfield	408 Whitehall St, Oakfield, GA	1:55 - 2:25
Warwick Post Office	121 Dogwood St. SW, Warwick, GA	2:35 - 3:05

Cynthia Thomas SNP Director Worth County BOE cthomas@worthschools.net

Southeastern Farmer Of Year Event Delayed Until Next Year's Sunbelt Expo



Because of the cancellation of this year's Sunbelt Ag Expo, organizers have decided to delay the Southeastern Farmer of the Year event until next year's show. "Originally, this year's judging tour was planned for Aug. 10-14. Due to current health concerns, the tour has been postponed indefinite-

ly. 2020 state winners will be recognized, and an overall winner will be announced at the 2021 Sunbelt Ag Expo. A new class of state winners will not be selected in 2021, Expo officials announced in a press release. "We have considered virtual options for the judging tour and the awards ceremony, but the Farmer of the Year program is not a virtual event. The program is about so much more – the interaction amongst our 10 state winners and the 265 winners that have been awarded over the last 30 years cannot be replaced. To have a Farmer of the Year class not be able to experience the in-person judging tour, the trip to South Georgia and the Sunbelt Ag Expo is not an option in our book," said Chip Blalock, the Expo's executive director. The Sunbelt Ag Expo is considered North America's Premier Farm Show and has provided a venue for the agricultural industry to conduct business for 42 years. The 2020 show had been scheduled this October in Moultrie. The next show is scheduled for Oct. 19-21, 2021.

Source: Tifton Grapevine

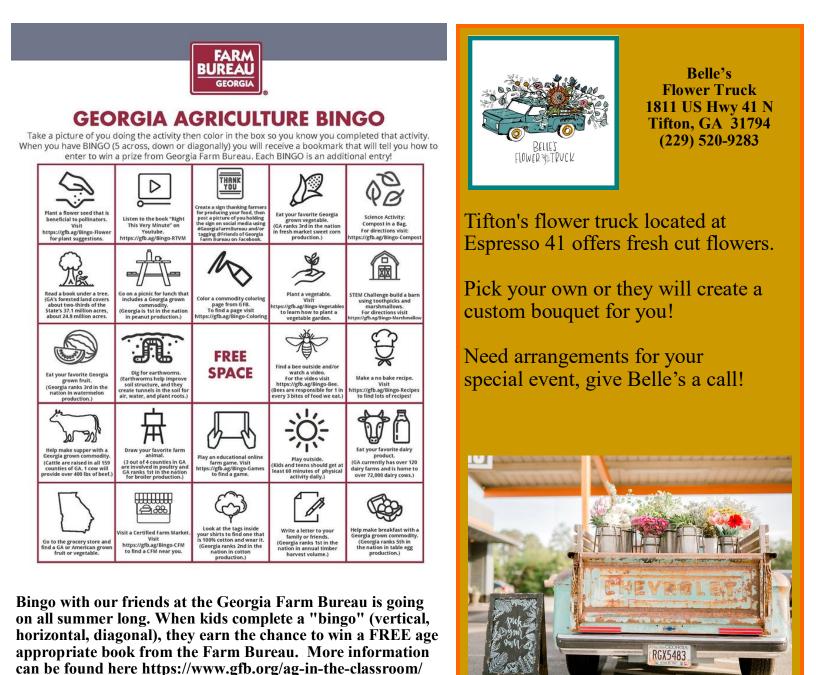
INTEGRITY - COMPASSION - RESPECT 2020 2020 COMPASSION - RESPECT 2020 COMPASSION - RESPECT 2020 COMPASSION - RESPECT 2020 COMPASSION - RESPECT

National S'Mores Day



National S'mores Day on August 10th recognizes the most popular campfire treat! Millions of people of all ages love this gooey, toasted treat. S'mores consists of a roasted marshmallow with a layer of chocolate bar sandwiched between two pieces of graham cracker. The origin of this tasty snack is credited to the entrepreneur Alec Barnum. However, the first recorded version of the recipe can be found in the 1927 publication of Tramping and Trailing with the Girl Scouts. Even though the Girl

Scouts were not the first ones to make s'mores, Girl Scout groups describe them in their reports as early as 1925. Earlier recipes used the name "Some Mores." It is unclear when the word "S'mores" became the more common name.



Source: Margaret Jones Public Library

other contests.cms.

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WARNING: Microsoft will stop supporting Windows 7 after Jan 14th.

But don't throw your current computer out just yet! Windows 10 will probably work on it just fine as-is or with a couple easy upgrades.

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Positive Parenting Tips: Infants

During the first year of life, babies learn to focus their vision, reach out, explore, and learn about the things that are around them. Cognitive development means the learning process of memory, language, thinking, and reasoning. Learning language is more than just making sounds or saying "ma-ma" and "da-da". Listening, understanding, and knowing the names of people and things are all a part of language development. During this stage, babies also are developing bonds of love and trust with their parents and others as part of social and emotional development. The way you cuddle, hold, and play with your baby will set the stage for how he will interact with you and others. Following are some things you, as a parent, can do to help your baby during this time: Talk to your baby. She will find your voice calming. Answer when your baby makes sounds by repeating the sounds and adding words. This will help him learn to use language. Read to your baby. This will help her develop and understand language and sounds. Sing to your baby and play music. This will help your baby develop a love for music and will help his brain development. Praise your baby and give her lots of loving attention. Spend time cuddling and holding your baby. This will help him feel cared for and secure. Play with your baby when she's alert and relaxed. Watch your baby closely for signs of being tired or fussy so that she can take a break from playing. Distract your baby with toys and move him to safe areas when he starts moving and touching things that he shouldn't touch. Take care of yourself physically, mentally, and emotionally. It is easier to enjoy your new baby and be a positive, loving parent when you are feeling good yourself. Parenting can be hard but rewarding work! For more information on child development, visit www.cdc.gov.

Tift County Now Home To Miss Georgia Forestry Queen County Has 3 Other Queens In Younger Divisions



For only the second time in the 81-year history of the Miss Georgia Forestry Scholarship Pageant, a Tift County contestant has been crowned Miss Georgia Forestry Queen. Abigail Zerwig, daughter of Randy and Holly Zerwig, received the title recently at the Miss Georgia Forestry Scholarship Pageant at the Grand Theatre in Fitzgerald. She won a \$2,500 cash scholarship award and a \$16,000 scholarship to Wesleyan College. Zerwig, an ABAC student, competed in a private interview with the judges, in fun fashion and evening gown competitions, and in an onstage interview. She was one of four Tift County contestants to win titles at this year's 81st annual event involving girls from across the state. Also bringing titles to Tift County were "Teeny Miss" Kloe Harrelson, daughter of Shane and Courtney Harrelson; "Tiny Miss" Allie Grace Exum, daughter of John and Angela Exum; and "Little Miss" Bentley Rowland, daughter of Benjie and Britni Rowland. The three younger queens each won \$300 along with luggage, a monogrammed director's chair, a bicycle, custom crown, rhinestone sash, silver-engraved tray, flowers and a large gift basket. The Tift County queens will represent the state's forestry industry in the upcoming year and will also represent Georgia at the U.S. National Forestry Pageant. The Miss Georgia Forestry Scholarship Pageant is the oldest and largest scholarship pageant in Georgia. It began in 1940 to promote educational opportunities for young women and girls while also promoting the state's large forestry industry.



Tiny Miss Allie Grace Exum



Teeny Miss Kloe Harrelson



Little Miss Bentley Rowland



Tifton's Rashod Bateman Opts For NFL Draft Over Playing This Year



Rashod Bateman, University of Minnesota All-American wide receiver – and former Tift County High football star – has opted out of the 2020 college football season amid concerns about COVID-19. Bateman will forgo his remaining two years of college eligibility to enter the 2021 National Football League draft. He said it was "the hardest decision that I've ever had to make in my life." Bateman was a third-

team All-American and was the Big Ten Conference's Receiver of the Year. As a Minnesota Gopher, the Tifton native had 111 receptions (tied for 12th in school history), 1,923 total yards (tied for 8th) and scored 17 touchdowns (tied for 5th) in two seasons. "Rashod played a pivotal role in helping mold the University of Minnesota into an elite Big Ten program," tweeted Coach P.J. Fleck. "He was a joy to coach and has developed into an NFL caliber of player. We could not be more proud of Rashod's historic and All-American career at Minnesota." A writer for the Minneapolis Star-Tribune wrote that "Bateman was the talent who made the Gophers look like they belonged in the same athletic stratosphere as Penn State and Auburn." Minnesota Gophers Athletic Director Mark Coyle added, "He believed in something bigger than himself and wanted to forge his own path. Rashod is a tremendous football player and an exceptional young man. ... He helped change our program forever." The University of Minnesota football team's website offers thanks to Tifton's Rashod Bateman for igniting the team into a Big Ten powerhouse.





Chad Dunn, PharmD Rhonda Lane, CPhT Becky Hodge, CPhT

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Thank you for your loyalty. We appreciate

Ribbon Cutting for Alchemy Games and Coffee Shoppe

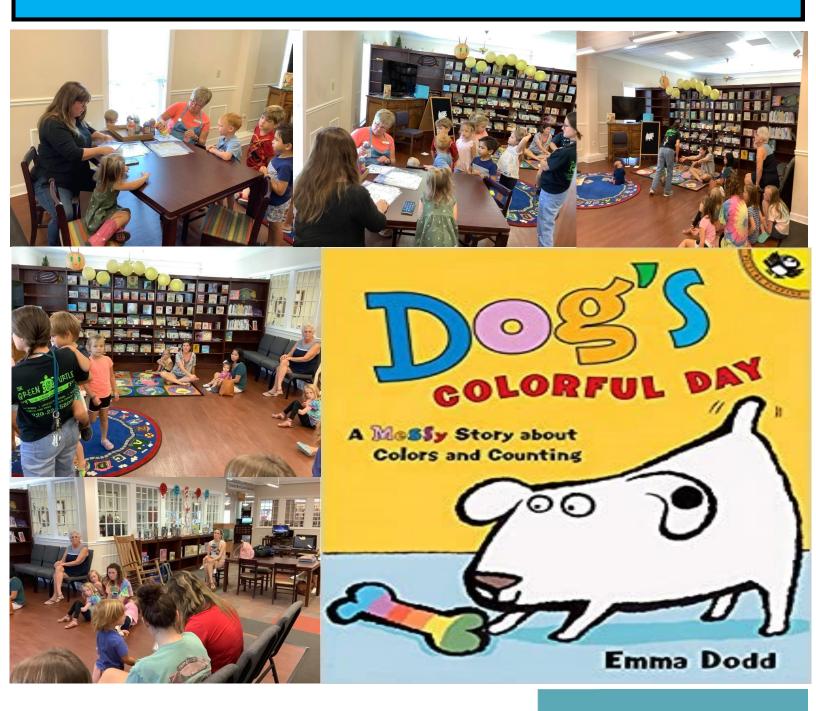
The Sylvester - Worth County Chamber of Commerce would like to invite you to join them for a Ribbon Cutting with Alchemy Games and Coffee Shoppe. The event is schooled for Friday, August 28th at 11am. You are also invited to stay for lunch and receive a 10% discount on your order. You may RSVP your attendance by calling 229 -776-7718 or email info@swcountychamber.com. The event will be following guidelines from the CDC and the Governor. If you plan on attending, they recommend that you wear a mask. They will also be practicing social distancing. They look forward to seeing you there. Hours of Operation M, Tu, Th, F 9am-6pm W 9am-4pm Sat 9am-1pm

Making the Best out of Strange Times

2020 is not what any of us expected. Since schools closed down in March, Georgia 4-H has looked for ways to continue to serve youth virtually. In April, Worth County had six 4th & 5th graders compete in a virtual Cloverleaf Project Achievement. These 4-H'ers recorded speeches and competed against other 4-H'ers from south Georgia. They did a great job adjusting to the virtual format. We had many winners! During these virtual times, many 4-H Agents and Educators in Southwest Georgia taught STEM and Healthy Living lessons through the 4-H New Adventures in Learning Distantly Series on Zoom. Mrs. Kristen taught a lesson on insect mouth parts and careers involving insects. We have also participated in multiple virtual spirit weeks to keep spirits high as we have spent many months apart. When the call was made to cancel Georgia 4-H Summer Camps, hearts were heavy across the state, but it was the right decision for everyone's health and safety. We are lucky to have something to miss as we think about a week making new friends, exploring Jekyll Island, hiking around Rock Eagle, or competing for the Fortson Cup. It is our hope that the 2021 camping season will be the best one yet. As we continue in these challenging times, Worth County 4-H is here to help.

Source: Kristen Ford, Worth County 4-H Agent

Learning colors is so much fun but it's way more fun when you can do it with friends and that's exactly what the friends at the Margaret Jones Public Library did. Recently they got together and learned colors with the book, Dog's Colorful Day.





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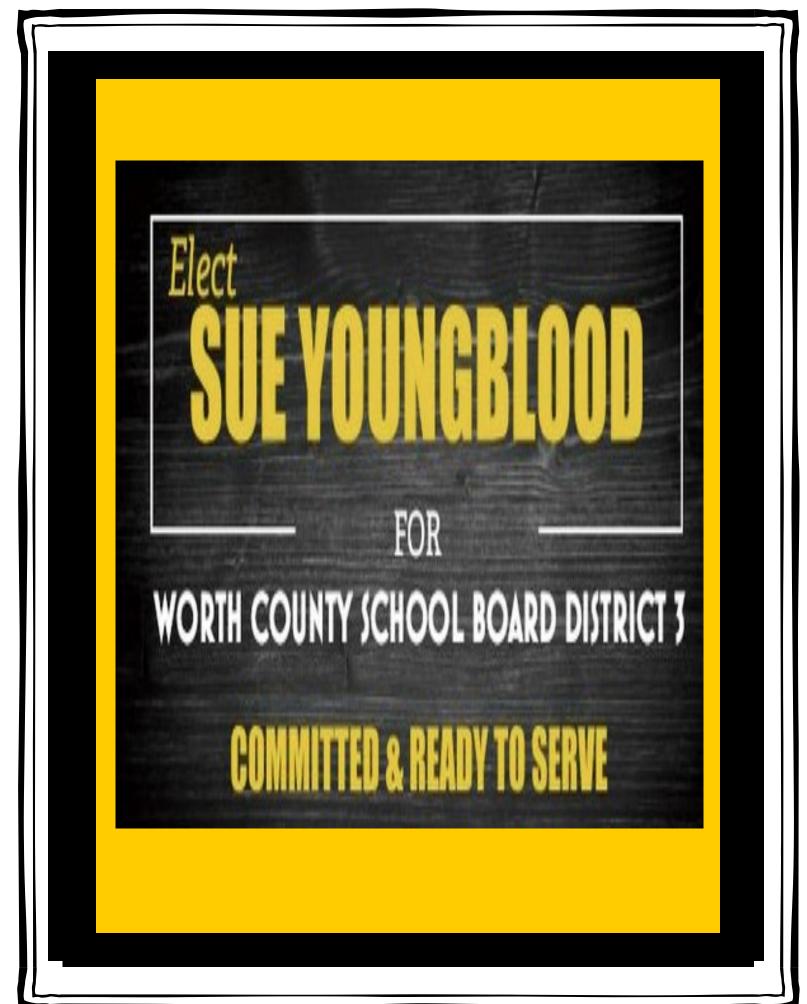
Protecting Their Eye Sight

Annual Eye Exams is the best way to make sure your child's eyes are allowing them to do their best in school. August has arrived and that means that many parents are preparing their children for another school year. August has been declared Children's Eye Health and Safety Month by Prevent Blindness America. When 80% of learning occurs through the eyes, healthy vision is essential to a child's success in the classroom. Having a child's vision tested by an eye-care professional can lead to greater success in the classroom because much of a child's learning occurs visually. Studies have shown that some students where learning disabilities have been diagnosed actually have undiagnosed vision problems instead. Although an eye exam is the ideal way for parents to know whether their children have vision problems, there are some signs and behaviors parents can watch for that may indicate a child is struggling with his or her vision. Do you know what your child's eyes look like? Eyes don't line up, one eye may appear to cross or look inwards or outwards, Eyes are red, crusty or swollen, Eyes seem to be red or watery and Eye rubbing can be a sign that your child is having eye problems. How your child acts matter as well. Does your child rub their eyes frequently? Close or cover an eye? Thrust head forward, hold in an unusual position or tilt their head especially when reading or looking at small objects far away? Has any trouble or delays in reading, trouble doing close work, or pulls objects in very close to see? Avoids up close work? Blinks more than usual? Tends to squint or frown? Get headaches? Feel sick or nauseous? Listening to your child is very important too. Does your child ever make comments like My eyes are blurry?, My eyes feel scratchy? My eyes are burning? I can't see very well? Things look double? If you notice these symptoms, make sure you schedule an appointment with an eye care professional. Amblyopia, strabismus, color blindness and refractive errors are the most common conditions that affect children's vision. Eye safety is also another important part of your child's eye health. Each year thousands of kids sustain some form of eye injury. Taking proper precautions such as wearing protective eyewear can prevent about 90% of those injuries. From sports to toys and fireworks, eye injuries can happen any time anywhere. Of course accidents do happen, so if your child does experience an eye injury, make sure they do not rub or touch their eye and seek medical attention from a trusted eye care professional as soon as possible.



FOR ALL THESE GREAT STORIES AND MORE, PLEASE BE SURE TO LIKE AND FOLLOW US ON FA-CEBOOK AT THE MARTIN NEWS! WE APPRECIATE YOUR SUPPORT!





The Martin News Sylvester, Georgia 8-10-2020

Vote Russ Beard Tuesday August 11

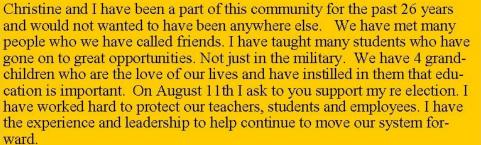
Experience leader/educator: 22 years US Army 20 Years classroom teacher Worth County High School Athletic Director Worth County Schools 20 Years Coach Rifle Team 10 years Softball Coach 3 years Board of Education 2 years Vice Chairman

Personal Accomplishments:

Coach of the Year four times Teacher of the Year Worth County School Star Teacher Voted Most Respected Teacher Golden Apple Recipient numerous times (selected by the Honor Graduates) 16 time state champion color guard coach

System Accomplishments:

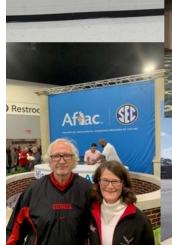
Work to make sure all employees were paid during school shutdown Improved security at all facilities Purchased New Buses Pay raises for teachers and all employees Built New High School Building Track and Concession Stand Established College and Career Academy in 2017 Worked to establish a Virtual Academy for K-5











COLOR GUARD

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Tifton Hometown Holidays Canceled This Year

The festival committee of Tifton's Hometown Holiday Christmas Celebration announced Thursday that, "with great disappointment" the city's annual Christmas festival and parade, scheduled for Dec. 5, in Downtown Tifton, has been canceled because of "the uncertainties of the coronavirus pandemic." The decision to cancel the festival and parade came after "careful thought and consideration of the safety of attendees, staff, vendors, sponsors, and entertainers," the festival committee said in a press release. "We recognize that Hometown Holidays is a beloved holiday tradition in Downtown Tifton, and while this was not an easy decision to make, we believe it is the right one," said Abbey McLaren, Downtown Development Authority director. "Hometown Holiday Christmas Celebration will return next year on Dec. 4, 2021, with gusto, so please mark your calendars," McLaren said. The festival requires months of planning and negotiations with vendors and entertainment acts. This year's event would have marked the 22nd anniversary; the festival usually takes place annually on the first Saturday of each December.

