

The Martin News

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August 30, 2021

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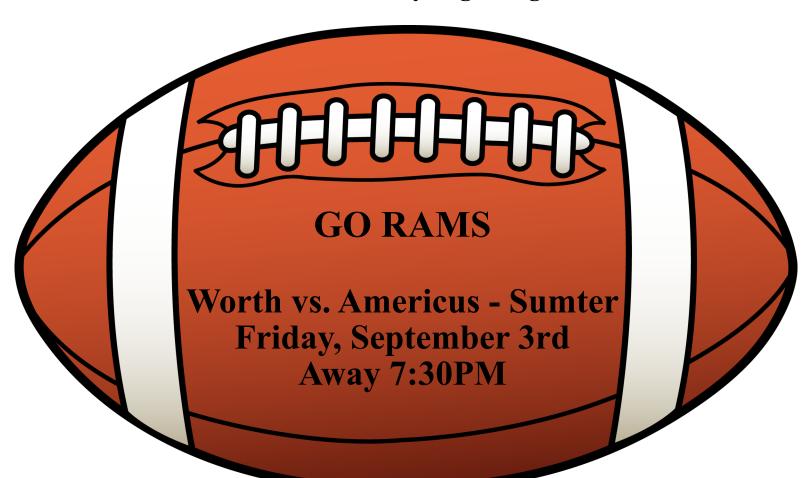
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Time For Friday Night Lights





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Then Call Junior Dees today in Tifton at 229-472-8824

WE HAVE THE HIGHEST FIXED RATES IN TIFTON!



ABAC Golf Tourney To Benefit School Of Ag Natural Resources



The 21st Annual School of Agriculture and Natural Resources (SANR) Classic golf tournament at Abraham Baldwin Agricultural College is scheduled Sept. 24 at ABAC's Forest Lakes Golf Club. There will be an 8 a.m. flight and a 1 p.m. flight. The tournament is hosted by the ABAC Agriculture and Natural Resources Alumni Council and the SANR to benefit student scholarships and professional development for faculty and staff. The four-person scramble will have a shotgun start. There is an entry fee of \$125 per person or a \$500 entry fee for each four-person team that includes lunch, drinks,

snacks, golf balls, cart and greens fee, premium embroidered golf shirt with tournament logo, and other products. Each member of the winning team will receive a custom three-dimensional printed trophy designed by students. The SANR Classic's ball drop event will be back for its eighth year on Sept. 27. Individuals may purchase numbered golf balls for a chance to win prizes. Participants may purchase individually numbered golf balls. They will be placed in the bucket of a front-end loader and dropped onto the putting green. The numbered ball that rolls closest to/or drops into a pre-selected designated hole on the green will be declared the winner. The grand prize winner in the ball drop can choose from a seven-night Panama City Beach vacation at the Edgewater Beach Resort and Golf Course; a one-half day quail hunt at Southern Woods Plantation with state Sen.Tyler Harper, R-Ocilla; or a photography session with Joy Carter Photography.

Source: Tifton Grapevine



GEORGIA'S TOP IMMIGRATION FIRM FOCUSED ON SERVING YOU

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Tifton Office - Now Open! (229) 520-8875

402 N Park Ave., Tifton, GA 31794 Atlanta Office (404) 523-3611

303 Peachtree St., NE Suite 4100 Atlanta, GA 30308



WCPS Student of the Week

These students were selected for their outstanding behavior in and out of the classroom. Keep up the great behavior!

Source: WCSD

PRE-K

KINDERGARTEN





2ND GRADE





Need a COVID-19 Test?

Your Department of Public Heath can help.

The Georgia Department of Public Health has partnered with LTS to offer Free COVID-19 testing sites across Georgia. And there's one in your community!

804 13th Avenue, Albany, Georgia Daily appointments available 7 days a week

Testing is as easy as

1-2-3

- 1 Pre-register by scanning this QR code. If you need assistance, please call 1-844-778-2455 or visit http://honumg.info/LTSGA001.
- 2 Show your Registration QR Code and booking ID number at testing site. Please allow at least 30 minutes for completion of testing process upon arrival to the testing site. Delays may occur in the event of inclement weather.
- 3 Get Swabbed! You will receive your results within 1-2 days.



How to Stay Safe.

Quarantine if Exposed

If you were exposed to someone with COVID-19, monitor your health for 14 days from your last possible exposure and quarantine at home. Individuals who are fully vaccinated are not required to quarantine.

Isolate if Sick

If you are symptomatic, you should go ahead and isolate until you receive your test results.

If you have tested positive for COVID-19 infection, ou must follow home isolation protocol. If you have questions, please call 866-PUB-HLTH. (866-782-4584)

Identify Your Contacts

Each confirmed case of COVID-19 will work with trained DPH staff to identify everyone they've been in contact with to prevent additional spread of the disease.

GA COVID-19 Hotline **888-357-0169**

This hotline is for questions about COVID-19 and COVID vaccines only, not for scheduling appointments for vaccination.

For more information, visit dph.georgia.gov



Grandparents Day is Approaching

For many years we have celebrated Grandparents Day but did you know the history behind the celebration. In 1969, nine-year-old Russell Capper sent President Nixon a letter suggesting that a day should be set aside in order to celebrate grandparents. On June 12, 1969, he received a letter back from Rose Mary Woods — Personal Secretary to the President — reading, "Dear Russell, Thank you for your letter to President Nixon. Your suggestion regarding a Grandparent's Day is appreciated, but the President ordinarily issues proclamations designating periods for special observance only when a Congressional resolution authorizes him to do so. With best wishes, Sincerely, Rose Mary Woods Personal Secretary to the President." Following this letter, Marian McQuade was recognized nationally by the U.S. Senate and by President Jimmy Carter as the founder of National Grandparents Day. McQuade wanted to educate the youth about the importance of seniors and the contributions they have made throughout history. She urged the youth to "adopt" a grandparent and learn more about their lives, challenges, and desires for the future. In 1977, Senator Randolph, with the help of other senators, introduced a joint resolution to the senate requesting the president to "issue annually a proclamation designating the first Sunday of September after Labor Day of each year as 'National Grandparents' Day'." Congress passed the legislation, proclaiming the first Sunday after Labor Day as National Grandparent's Day. On August 3, 1978, Jimmy Carter signed the proclamation, and the day was finally celebrated the following year. Be sure to recognize your grandparents on September 12th by just a simple card, message or phone call to wish them a Happy Grandparents Day and make them feel special. You can also send them a beautiful flower arrangement or drop them by a yummy meal. The Martin News wishes all the wonderful grandparents out there a very Happy Grandparents Day!

Cotton/Peanut Research Field Day set for Sept. 8, 2021 in Tifton, Georgia

PERRY/TIFTON, Ga. (Aug. 27, 2021) - The Georgia Cotton

Commission, Georgia Peanut Commission and the University

of Georgia Extension Cotton and Peanut Teams, will cosponsor a joint research field day on Wednesday, Sept. 8, 2021, in Tifton, Georgia. The field day will start at 8:00 a.m. at the Tifton Campus Conference Center (TCCC) in the North Parking Lot. After a brief welcome, field day attendees will visit the RDC Pivot and the UGA Lang Farm to tour several trials and hear from speakers. Attendees will return to the UGA Tifton Campus Conference Center for lunch and a short program. The field day is a free event, but attendees are encouraged to RSVP to Ashley Golden at ashley.golden@uga.edu or calling 229-386-3366 to provide an accurate count for lunch. The purpose of the tour is to showcase current research, which is funded by the respective commissions, in plot-side presentations by the researchers themselves. The sponsors' goal is to provide an educational environment for cotton and peanut farmers and give them the opportunity to pose questions directly to the researchers and to express opinions and concerns pertinent to the production of their crops. Chairmen of the peanut and cotton commissions, Armond Morris and Bart Davis, respectively, agree this event gives farmers the distinct opportunity to interact with the leadership of each commission, other farmers and industry representatives. It is an excellent place for farmers to observe, first-hand, the research programs funded by their checkoff investments. To view an agenda, visit www.georgiacottoncommission.org or www.gapeanuts.com

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MJPL's Book Jar



Not sure what to read next? Try a suggestion from our book jar!

Our book jar will have a wide variety of options ranging across various genres and authors

MJPL's Book Jar will be available at the front desk from August 3rd-September

3rd





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Drive Sober Or Get Pulled Over This Labor Day Weekend



In Georgia, the Governor's Office of Highway Safety launches Drive Sober or Get Pulled Over during high-travel holidays like July 4th, Labor Day and Christmas/New Year's (in addition to popular drinking occasions like the Super Bowl, St. Patrick's Day and Cinco de Mayo) to reinforce the message that we are a zero tolerance state. If you're over the limit, you'll be under arrest. In 2019 in Georgia, there were 353 traffic fatalities (out of 1,491) that involved a driver with a blood alcohol concentration (BAC) of .08 or higher. That's down from 379 alcohol-involved fatalities out of 1,540 in 2018. Those 353 alcohol-involved fatalities accounted for 24 percent of Georgia's 1,491 total traffic fatalities in 2019. Alcohol is a substance that reduces the function of the brain, impairing thinking, reasoning and muscle coordination. All these abilities are essential to operating a vehicle safely. As alcohol levels rise in a person's system, the negative effects on the central nervous system increase, too. Alcohol is absorbed directly through the walls of the stomach and small

intestine. Then it passes into the bloodstream where it accumulates until it is metabolized by the liver. Alcohol level is measured by the weight of the alcohol in a certain volume of blood. At a BAC of .08, crash risk increases exponentially. Because of this risk, it's illegal in all 50 States (with the exception of Utah where the limit is .05), the District of Columbia and Puerto Rico to drive with a BAC of .08 or higher. This is why Georgia participates in the national mobilizations of Drive Sober or Get Pulled Over every year in conjunction with the National Highway Traffic Safety Administration (NHTSA). This Labor Day, The Martin News prays for the safety of everyone and wishes you all a great Labor Day Weekend.

Source: Georgia Governor's Office of Highway Safety

MOBILE OF CONGRESSMAN AUSTIN SCOTT

WORTH COUNTY MOBILE OFFICE



Staff from Congressman Scott's office will be available to offer constituents assistance with federal issues ranging from Medicare and Social Security to Veterans' benefits.

We encourage those who have questions on various issues to come by during these hours and meet privately with staff.

Please contact Congressman Scott's Tifton office at (229) 396-5175 for more information.

Please be advised that COVID-19 precautions may be in place by our host location, including social distancing and mask wearing.

AUSTINSCOTT.HOUSE.GOV

WHAT:

Worth County
Mobile Office

WHEN:

September 15th 2:00 PM - 4:00 PM

WHERE:

Margaret Jones
Library-Worth County
205 E Pope Street
Sylvester, GA 31791



Tifton Job Fair A Success, Participants Say



Representatives of 41 local businesses and at least 100 jobseekers interacted Thursday at the first Job Fair sponsored by the Tifton-Tift County Chamber of Commerce at the Tift County Recreation Department. "It's been steady ever since they opened the doors. Nonstop. I was shocked," said Lynda Turner, area market manager for Georgia Living Senior Home Care. "I contribute the success of this event to all the advertising and promotion the Chamber did. The candidates have been

good, too," she said. "They are dressed for interviews. They are engaged and asking good questions." Turner said the shift is changing with more people who are already employed looking for better jobs. "We spoke to that. We listen to their pain points and speak to their needs," she said. As if to punctuate her comment, Stephanie Davis stepped up to the table, saying she works in Moultrie, lives in Tifton, and wants to find something closer to home. Davis' friend, Fajysien Jones, recently left a job that wasn't a good fit and wanted to get back in line with her career choice, being a certified nursing assistant. Taurus Morgan, owner of Tifton McDonald's, and his wife, Ashley, the hiring manager, were showing applicants how to use QR codes to apply for jobs. "We're telling them how much the salary is for various management positions and talking about employee benefits such as college tuition reimbursement," Morgan said. Brenda Thomson, patient care advocate with Vision Source, said, "We feel we have a good strong list of applicants." They have openings in optical sales and a clinic technician. Ashley Mobley, Tifton branch manager of Labor Finders, said, "This is the best job fair ever. ... the best turnout that I've seen in a long time. We've got some great prospects." Dion Hale, recruiter for Coca-Cola United, said his company "had a real good turnout. We've talked with over 40 people." He said he has 39 positions to be filled, including Class A CDL drivers. "This is the best job fair I've been to in the last 10 years," said Amanda Brock with Quality Employment. "I am very impressed; it's refreshing to me that people are eager to get back out. It's been nonstop." "It's been so fabulous," said Eve Copeland-Brechbiel, the Chamber of Commerce communications manager. "This was Melody's idea, and she's only been with the Chamber for four months." Melody Cowart is the recently hired Chamber president and chief executive officer. Asked why she organized and hosted the Chamber's first job fair in decades, if ever, Cowart said she "felt it was something that our community needed. I'm glad it was a success, and this is something that we'll continue to do." Lynda Floyde, Chamber membership manager, said in the 22 years she has been at the Tifton-Tift County Chamber of Commerce, there hasn't been a job fair. "All our members have called us asking for help hiring people, so this was to help our membership," she said.

Events, Dining, Shopping...

Source: Tifton Grapevine

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Think Tifton

ThinkTiftonGA

Tift Jobless Rate Drops As Labor Force Declines



Tift County's unemployment rate fell dramatically in July, dropping to 2.6% from June's 4% jobless rate, but that doesn't mean the county is nearing full employment, officials say; instead, Tift's labor force declined during the month. Local businesses continue to have difficulty filling positions, with some businesses having to curtail operations because of a lack of staff. Ashley Mobley, Tifton branch manager of Labor Finders, said that Tift's low unemployment rate is not "a reflection at all

of what we are seeing." She said more than 100 jobs are available through her client businesses. "Job retention is more of a problem," she said. "The turnover rate is 85% at some of our companies. I'm not sure why." Tift County's current unemployment rate is in line with the statewide drop of 1.3% in July, Kersha Cartwright of the Ga. Department of Labor (DOL) told the Tifton Grapevine on Thursday after releasing the preliminary statistics. "In Tift County, the labor force dropped by 205, the number of employed increased by 90, and the number of unemployed dropped by 295, so the primary reason for the drop in the unemployment rate was a decrease in the labor force," Cartwright explained. The labor force is considered to be county residents aged 16 and older. Dr. Renata Elad, dean of the Stafford School of Business at Abraham Baldwin Agricultural College, said the jobless rate is based upon how the government calculates the numbers. "Unemployment is determined by the number of people without jobs who recently had jobs and/or are actively searching for jobs. People not searching for jobs are eventually dropped from the count of unemployment after a given period. Unemployment rate equals unemployed/labor force," Elad told the Tifton Grapevine. "If a sizable number of people who were previously categorized as unemployed are no longer actively searching, it is possible for that to impact the overall calculations of the unemployment rate. This means it is possible that the recent decrease in unemployment reflects a decrease in unemployment, which itself is the result of people no longer actively searching for work," Elad said. Initial unemployment insurance claims in Tift County fell from 478 in June to 193 in July, a 60% decrease, with most of it in the accommodations and food services sector, said the DOL's Cartwright.

Source: Tifton Grapevine



Events, Dining, Shopping...

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Think Tifton ThinkTiftonGA



AUGUST 13TH
PELHAM

WORTH CO. STADIUM

AUGUST 20TH
TURNER CO.
WORTH CO. STADIUM

AUGUST 27TH

MITCHELL CO.

WORTH CO. STADIUM

SEPTEMBER 3RD

AMERICUS-SUMTER

ALTON SHELL STADIUM

SEPTEMBER 10TH

RUTLAND

WORTH CO. STADIUM

SEPTEMBER 24TH
TIFT CO.
BRODIE FIELD

OCTOBER IST COOK

COOK HIGH SCHOOL

OCTOBER 8TH
THOMASVILLE

VETERANS MEMORIAL STADIUM

OCTOBER ISTH

WORTH CO. STADIUM

OCTOBER 2200

BERRIEN

RAYMOND JONES MEMORIAL STADIUM

OCTOBER 29TH

EARLY CO. WORTH CO. STADIUM

RAISE THE STANDARD









NEW DATE

SATURDAY 10 AM to 10 PM

Fulwood Park • Tifton

BBQ Competition • Shopping • KidZone Food & Drinks • Music All Day

VENDOR & TEAM APPLICATIONS OPEN!

Shout out to Worth County Middle School Rams Football team on their win against Atkinson Thursday. The WCMS Spirit Cheerleaders did a great job also on the sidelines. The team plays again on Wednesday, September 1st in Mitchell County however schedule is subject to change.

Source: WCSD





Proud Sponsor of This Weeks' SCHOOL SNAPSHOTS!

TOMLINSON

OUTDOOR WASHING



(229) 854-1736

Daddy's Ride

Recently as we celebrated my daddy's 12th year of entering the beautiful gates of Heaven, we talked about the good ole days and memories. Memories will last you a life time and bring many, many laughs especially with my daddy. We were talking about things daddy did so nonchalantly but got his point across quickly. Mother and I were talking about how daddy helped her to get me and my sister from place to place. That got me to thinking about cars from over the years that I was carted around in by my parents. Now I loved all of my parent's cars BUT there was this one car that as a teenager I was SO embarrassed by and my daddy knew it and made it worse. I look back now and laugh and I am positively sure he laughed back then! You see daddy had a truck too but along with his truck he bought my grandmother's car from her when she could no longer drive. I don't even know the name of the car but it was booger green and she drove that car around like she was in NASCAR. Well I made the mistake when daddy bought it to say "I'm not riding in that car around my friends". I mean y'all I was in Junior High. This was HORRIBLE! Well I did learn a valuable lesson. NEVER tell your parents what you are not going to do. He took me to school in that car for the rest of the school year! I would make him drop me off a ways back where no one could see me and thought I was safe but OH NO he would gun it out of the parking lot! Everyone knew that car was driven by my daddy! I WAS SO EMBARRASSED! Those were the days.... Even though he is gone from this ole world now, his memories definitely live on with us. He was such a good man, never seeing color of a persons skin but saw the goodness that was within them. He loved my mother, me and my sister, his grand boys, his family and friends. He also loved his church and work family. He loved life and never complained about the cards he was dealt. He was a true friend to many and I am proud to have called him daddy. Boy what I would do to have a ride in that car one more time...

SRTC Recognizes Top Students During Summer Term



SOUTHERN REGIONAL List for TECHNICAL COLLEGE the summer

Southern Regional Technical College (SRTC) recently recognized exceptional students achieving the President's List and Dean's List for the summer

term, which ended July 30. In order to qualify for the President's List, students must earn a grade of "A" in all coursework attempted and be enrolled in 12 semester credit hours or

more. The President's List includes: Jaycey Reddick of Adel; Crystal Tronnes of Chula, Abigail Elrod of Doerun; Christa Stokes of Fitzgerald; Shanna Entrekin of Sumner; Amanda Miss, Jessica Fowler, and Tyler Lasseter of Sycamore; Nathan Jackson, Chris Luke, Kelly Halstead, Tonya Harp, Aubrey Hill, Anna Douglas, Sarah Leverett, Kowavie Toney, Cameron Mathis, Brittney Taylor, and Devin Wimberley of Tifton; and Charles McWilliams of Ty Ty. To qualify for Dean's List students must have completed between 9 and 11 semester credit hours and have earned an A in all coursework attempted. The summer Dean's List includes: Emily Steverson of Alapaha; Rebekah Hughes of Ashburn; Shelby Braswell and Olivia Walker of Lenox; Brooke Young and Mason Sellars of Nashville; Hunter Barnes and Alexius Holton of Norman Park; Alexandria Bennett of Omega; Brianna Roberts of Sparks; Kourtney Barfield of Sylvester; Anayali Rangel, Arturo Vicente, Rodrique Taylor, Allison Smith, Brittany Chapman, Patricia Sanderson, Julia Gil, Allyson Gaskins, Aaliyah Brantley, Agustin Olguin, Jaime Gomez Rodriguez, Sidney Lawson, Elizabeth Barber, and Gabriel Langston of Tifton; James Webb, Kole Gray, and Charles Cottle of Ty Ty.

Source: Tifton Grapevine

Dates to Remember

August

30th ~ Chamber 50/50 Raffle Tickets Sale
30th ~ WCMS Softball v Baconton Home 4pm
30th ~ American Red Cross Blood Drive at Dougherty County Community 12pm - 5pm
31st ~ Chamber 50/50 Raffle Tickets Sale
31st ~ Books & Bubbles at Margaret Jones Public Library 10:30am
31st ~ WCMS Softball v Fitzgerald Home 4:30pm
31st ~ WCHS Softball v Early County Double Header Away 4pm

September

1st ~ Chamber 50/50 Raffle Tickets Sale 1st ~ Kiwanis Meeting at Noon

1st ~ WCMS Football vs Mitchell County Away

2nd ~ Chamber 50/50 Raffle Tickets Sale

2nd ~ WCHS JV Football vs Irwin Away

3rd ~ Chamber 50/50 Raffle Tickets Sale

3rd ~ WCHS Rams vs. Americus - Sumter Away

4th ~ Chamber 50/50 Raffle Tickets Sale

4th ~ Sylvester Farmers Market Downtown

5th ~ Chamber 50/50 Raffle Tickets Sale

6th ~ Chamber 50/50 Raffle Tickets Sale

6th ~ Happy Labor Day from The Martin News

7th ~ Chamber 50/50 Raffle Tickets Sale

8th ~ Chamber 50/50 Raffle Tickets Sale 8th ~ Kiwanis Meeting at Noon

9th ~ Chamber 50/50 Raffle Tickets Sale

9th ~ Sylvester - Worth County Chamber of Commerce 40th Anniversary Celebration 6pm-9pm

10th ~ Chamber 50/50 Raffle Tickets Sale

10th ~ WCHS Rams vs. Rutland at Home for Homecoming

10th ~ Omega Pepper Festival

11th ~ Chamber 50/50 Raffle Tickets Sale

11th ~ Sylvester Farmers Market Downtown

11th ~ Omega Pepper Festival

11th ~ Toddler Time at Ag Museum in Tifton 10am-11am

11th ~ Education Appreciation Day at Ag Museum in Tifton 9am-4pm

12th ~ Chamber 50/50 Raffle Tickets Sale

12th ~ Grandparents Day

13th ~ Chamber 50/50 Raffle Tickets Sale

14th ~ Chamber 50/50 Raffle Tickets Sale

14th ~ 3G's Online Auction 6pm

14th ~ Class Ring Ceremony at WCHS 7pm

15th ~ Chamber 50/50 Raffle Tickets Sale

15th ~ Kiwanis Meeting at Noon

16th ~ Worth County Board of Education Meeting

17th ~ We Got The Beat Concert in Downtown Sylvester

18th ~ Sylvester Farmers Market Downtown

18th ~ Vets & Pets 5K Run at 7am



sponsors, organizers, officials and volunteers of the above for injury that may result directly or indirectly from my participation in this event. I further state that I am in proper condition to participate.

__ Date:___ Signature (over 18): ________Parent/Guardian (If under 18) ______

Date: ____

Proceeds from this event support the Best Friends Humane Society in Worth County Animal Shelter and American Legion Post 335

Feeding Smart Right From Start



Nutrition contents in a person's body are very essential for the proper functioning of the body and avoid deficiencies. And for this, a proper nutrition intake is in our diet is also necessary. While various awareness activities are usually conducted to educate people on the need for nutrition in our bodies, National Nutrition Week being one such important event. The National Nutrition Week is celebrated from 1st September to 7th September. National Nutrition Week was introduced in March 1973 by members of the American Dietetic Association to deliver a nu-

trition education message while promoting the profession of dietetics. In the 1980s the initiative of National Nutrition Week gained much support, and this week-long festival expanded to a month-long observance. After this, the Government of India started the National Nutrition Week commemoration in India in the year 1982. This campaign was initiated to spread awareness and encourage everyone to understand the importance of nutrition and adopt a healthy, sustainable lifestyle. Nutrition is the science of consuming and using foods. Food provides our body with energy, protein, essential fats, vitamins, and minerals to live, grow and function properly. Therefore a balanced diet is essential for good health and well-being. It is said that an unhealthy diet increases the risk of many diet-related diseases. The celebration of National Nutrition Week is based on a theme every year, and the theme for National Nutrition Week 2021 is "feeding smart right from start", which focuses on consuming the right kind of food to keep yourself fit and healthy.

Be The Difference In Someone's Life

Do you ever just hear a story about something or someone and it just speaks so loudly to you? I did that recently and I want to share it with you. So I follow a TikToker named Phil Godbey. I interviewed him some weeks back and did an article in The Martin News about him and his TikTok jurney. He is a great guy with such a sweet wife and two precious children. His little girl is the oldest and she did something recently that was amazing! She is in Kindergarten this year. There is a little boy in her class that gets in trouble often and is known as the classroom troublemaker so to speak. Well Phil's daughter noticed something different about this little boy. You see there was one day that she noticed when it was snack time this little boy didn't have a snack. Could this be why the little boy was always acting out? Could this be a way the little boy was showing his frustration? Phil's little girl asked her daddy and mama could she start taking extra snacks so she could share with her classmate? Of course Phil and his wife were fine with that and made sure she had enough for him and her. The first day that Phil's daughter shared a snack with the little boy was the day he didn't get in trouble in the class! He doesn't get in trouble anymore very often because he and Phil's daughter are now friends. What I see in this story is love! Phil's daughter shared love to a little boy that had less than she did. Way to go kiddo!





Worth County Cross Country Competed in the 6th Annual Furlow Fast Feet International



The Worth County Cross Country team traveled to Americus on August 21, 2021, to compete in the 6th Annual Furlow Fast Feet International. Evan Zupko from Worth County High School placed 1st in the meet with a time of 18:12.50. Conner Mullen placed 13th with a time of 20:40.19. The Worth County High School Lady Rams placed 4th as a team. Alexia Sokolowski placed 15th with a time of 25:29.63, followed by teammate India Williamson in 16th with a time of 25:43.97. The Worth County Middle School

boys also had a top finisher. Hunter Johnson placed 4th with a time of 14:03.90. The team traveled to Americus again on Saturday, August 28, for the Southland Raider Run. Awesome job, Rams! We are super proud of each of you! Pictured left to right is Eyan Zupko, Coach Hanson and Hunter Johnson.

Source/Photo Credit: Sabrina Zupko



Our mission is to make this a perfect day for you. Gin Creek will be the most unique and beautiful experience you have ever been a part of in your entire life.

> 251 Demott Road Hartsfield, GA 31756 229-941-2989 info@gincreek.com

What Colors Will You Be Wearing?

School colors are more than just accessories when it comes to universities. They are an extension of a school's identity and for many people to their own identity or symbol of pride. Many schools choose their colors with a significant amount of care. Whether you were in the creative arts, sports, or financing, it's likely you have a special connection to your school's colors. Founded by the College Licensing Company in 2004, College Colors Day, fans get to rep the apparel of their favorite college or university throughout the day. Who is the College Licensing Company you might ask? They are the licensing division for over 200 colleges in the United States. Famous for developing brand licensing and building the massive fan-base behind the University of Alabama with Bear Bryant in 1981, the College Licensing Company is largely responsible for providing the college branded merchandise we value so much today. From Boston College to Stanford University you can thank them for your koozies, your jerseys, and your branded hats because it's likely they licensed them! Over the last few years, the College Licensing Company has seen a huge increase in sales, more than expected from the influx of students getting degrees. Recently we've even seen celebrities sporting the attire of a university they most-certainly never attended. This shows that there is a nostalgic factor associated with fashion that goes even beyond personal attachments. College apparel has gone from an elitist group of exclusively students and alumni to a badge of honor to a place you are loyal to. Which is largely the point of the holiday, finding pride in your "home" and a community in loyalty. I am not from Florida nor did I attend the University of Florida but I am a die hard Gator Gurl! Who is your favorite team and what colors will you be sporting on September 3rd. I can't wait for the first Gator game! GO GATORS!

Proud Sponsors of the Worth County Ram Touchdown Club Football

City of Sylvester

CTSI

Griffin Chevrolet

Perry Paint & Body

Phoebe Worth Medical Center

Southland Controls

Pictures provided by Ram Mom, Shalonda Polk







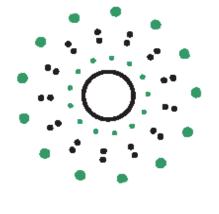


Holiday Card Contest

Design a December holiday card for the Georgia 4-H Foundation, which will be sent to 4-H supporters to express gratitude and well wishes.

Top prize is \$100! Deadline is Monday, October 4, 2021

Please see your local extension staff regarding contest rules.









Sunflowers and Smiles



Ms. Suggs' classroom garden at Worth County Middle School is blooming with beautiful sunflowers and smiling faces! How awesome is that? Did you know Sunflowers have great reason for growing them? One is they feed your pollinators. The showy large outer petals help attract many species of bees to your sunflowers including honey bees and bumble bees. The center of the sunflower houses hundreds and thousands of tiny individual florets that contain nectar and pollen, a food source for bees. Thinking of buying sunflowers as seedlings or young plants in pots? 'Bee aware' that unless they have been *raised* from organic

seed and *grown* without chemicals, they may contain toxic chemicals like neonicotinoids that can kill these important pollinators. Organic, non-GMO seeds are a safer and cheaper choice. Choose your seeds and sunflower plants carefully to create a healthy food source, rather than accidentally contribute to bee decline or affect your own health with

chemically treated seeds or plants. A second good reason for growing them is they make beautiful cut flowers. The stunning sunflower blooms are not only pretty and brighten the garden, but also make gorgeous cut flowers. According to the Micro Gardener, the best time to cut stems is early morning. Why? Firstly, bees will be out in force early in search of food and you don't want to compete. Secondly, the flower won't hold the heat from the sun, so will last longer. Get sunflower stems indoors into a cool spot quickly and plunge into clean water within 10 minutes of cutting. Why? So they don't seal over. If they do, re-cut the stem. They don't have to have long stems to look beautiful! A third good reason for growing Sunflowers is Sunflower seeds are either black or grey striped in color. Black seeds are higher in oil, so are often used to make sunflower oil. There are also striped sunflower seed varieties. Both are used for eating (without the hull) but remember to source organic and non-GMO if you can! A handful of sunflower seeds are a quick way to stave off hunger. Sunflower seeds are also a good source of vitamin E, magnesium and selenium and a number of other nutrients. Enjoy as a snack in a seed and nut mix, in pesto instead of nuts, sprinkle on salads or on your breakfast. You can also sow seeds as microgreens and enjoy sunflower sprouts. These nutritious greens are delicious and have a mild nutty flavor. Another reason is they attract birds to your garden. Birds are nature's free pest managers and help create a balance of pest insects to beneficial insects in your garden. Remember to add a bird bath so they can bathe and drink at the same time, and keep insects under control too! If you have chickens they LOVE sunflower seeds too. They make an excellent poultry forage you can grow yourself. Just throw the flower heads into their chicken coop for them to self-serve. The fifth reason that Sunflowers are good to grow is they help detox contaminated soil. If you live in an urban area or have a problem with contaminated soil, sunflowers may be one solution to help detox heavy metals. These amazing flowers are known as 'phytoremediators' (meaning 'plant remedy') and 'hyper-accumulators'. This is just a fancy way of saying sunflowers can absorb toxic heavy metal contaminants and poisonous chemicals in the soil. These include lead, arsenic, zinc, chromium, cadmium, copper and manganese. There are lots of research studies on how these flowers take up chemical contaminants and help leave the soil healthier. They generally need to be planted in masse when used in this way. Even on a smaller scale in an urban backyard, this could be an easy way for you to have healthier soil.

Source: WCSD and The Martin News



Marshmallow Roastin' Time Is A Comin'

Well it's still a little too warm in South Georgia to have a night around the fire pit roasting marshmallows but the days will be here before we know it. Are you ready? I know I am! I love the cool days of fall where we can wear sweaters and boots and enjoy outside time with friends and roast those marshmallows. Fall is on the way!

