

The Martin News

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September 4, 2020

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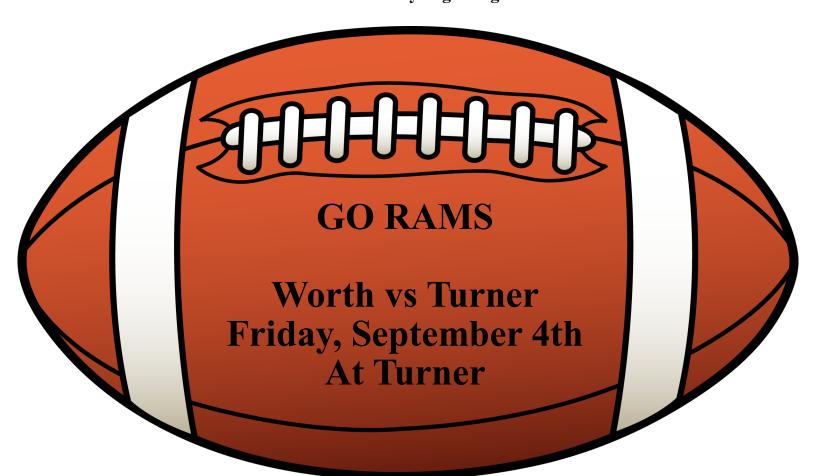
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Cíndy's Flower Shop

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Time For Friday Night Lights



September

4th - National Food Bank Day #FeedingAmerica
4th - National College Colors Day... Show your spirit
4th - Amanda's Boutique Ribbon Cutting 11am
4th - Worth County Rams Football at Turner County 7:30pm
5th - Sylvester Slam

5th - Kentucky Derby moved from May 7th – Labor Day

7th - Girls WCMS Softball at Cook County at 4:30 PM 8th – Worth County Schools Start

8th - Books & Bubbles at Margaret Jones Public Library 10:30am 8th - Red Cross Blood Drive at the Margaret Jones Public Library 3pm 8th - Worth The Read Bok Club Meeting at the Margaret Jones Library 5:30pm 9th - Kiwanis Club Meeting at Noon

9th - Girls WCMS Softball vs Fitzgerald at 4:30 PM 10th - Girls WCMS Softball vs Deerfield at 4:30 PM

10th - Boys WCMS Football vs Thomasville at 5:00 PM

10th - Girls Varsity Fastpitch Softball at Early Co. at 5:30 PM

10th - Lady Rams Softball at Early at 5:30 PM

11th – Worth County Rams Football at Mitchell County 7:30pm 13th - Grandparents Day

14th - Paint Class at the Margaret Jones Public Library

16th - Kiwanis Club Meeting at Noon

23rd - Kiwanis Club Meeting at Noon

25th - Worth County Rams Football at Rutland 7:30pm 26th - Race Tifton 5k & 1 mile 30th - Kiwanis Club Meeting at Noon



November 3, 2020

VOTE

APPROACHABLE ACCOUNTABLE COMPASSIONATE CHRISTIAN

43 YEARS OLD

- Programs I will develop programs centered around: depression, sucicde, bullying, and water safety for our youth
- Response Time- All calls involving the coroners office will be addressed in a timely manner.
- Proper handling of

 paperwork- Any death
 certificates handled through
 the coroner's ofice will be
 returned to the prospective
 funeral home promptly.

ELECT CHARLES G. MCDONALD

WORTH COUNTY
CORONER



Care Packet of unused toiletries from hotel stays to give to families that have lost homes to fire or storm damage and stuffed animal drive for kids who lose parents tragically or naturally

Daddy's Ride

Recently as we celebrated my daddy's 11th year of entering the beautiful gates of Heaven, we talked about the good ole days and memories. Memories will last you a life time and bring many, many laughs especially with my daddy. We were talking about things daddy did so nonchalantly but got his point across quickly. Mother and I were talking about how daddy helped her to get me and my sister from place to place. That got me to thinking about cars from over the years that I was carted around in by my parents. Now I loved all of my parent's cars BUT there was this one car that as a teenager I was SO embarrassed by and my daddy knew it and made it worse. I look back now and laugh and I am positively sure he laughed back then! You see daddy had a truck too but along with his truck he bought my grandmother's car from her when she could no longer drive. I don't even know the name of the car but it was booger green and she drove that car around like she was in NASCAR. Well I made the mistake when daddy bought it to say "I'm not riding in that car around my friends". I mean y'all I was in Junior High. This was HORRIBLE! Well I did learn a valuable lesson. NEVER tell your parents what you are not going to do. He took me to school in that car for the rest of the school year! I would make him drop me off a ways back where no one could see me and thought I was safe but OH NO he would gun it out of the parking lot! I WAS SO EMBARRASSED! Those were the days....

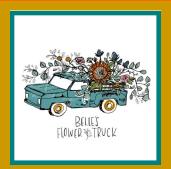
Bank Creates Leadership Academy



Colony Bank, which is headquartered in Fitzgerald, on Thursday announced the Colony Leadership Academy, designed to nurture potential young leaders and encourage students to develop leadership skills. The program is available to high school juniors during from the last half of their junior year through the first half of their senior year. The curriculum encourages students to become familiar with all aspects of their community and develop skills enabling them to take an active leadership role. Colony Leadership Academy will use professional leadership trainers through the University of Georgia's Fanning Institute. "We are very excited about this program, especially because it allows us to put into practice our mission of giving back to our communities," said T. Heath

Fountain, president and chief executive officer of Colony Bankcorp. "While students will benefit from getting to know one another and through the exchange of ideas and experiences, they will also gain knowledge and understanding about crucial issues facing their community while building solid leadership skills that they can use in their college life, careers, volunteer work and in everyday interactions within their communities." To be chosen, a student must submit an application and meet qualifications that include a minimum GPA of 3.0 or equivalent. Each student applying for the program must be nominated by a community resident, have their application approved by parents and their school's administrator, and supply two personal references. Nominations can be submitted from through Sept. 25. Applications will then be sent. In November, a total of 30 successful applicants will be announced. Classes will be quarterly from February through graduation in November 2021. Upon completion, participants will receive a \$1,000 scholarship to the college/university of their choice.

Source: Tifton Grapevine



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Visiting Chehaw

With over 700 acres of pristine, conservation land and a zoo dedicated to education, Chehaw is a unique attraction for South Georgia. Chehaw continues to be devoted to the three areas it was founded on: conservation. preservation and education. From the Zoo to the endless recreational opportunities, Chehaw has an activity for every visitor. Come see what nature's playground has to offer you. COVID-19 UPDATE: the Park and Zoo are now open! The Splash Park is closed until further notice. The Play Park is open and shelters are available to rent for groups of 50 or fewer. They will update as soon as they know more from local, state, and federal officials. Even with the different rules in place, visiting the zoo with the family will still be fun and will get everyone out and about for a little while. I always enjoyed visiting Chehaw. They have some of the most precious animals to see and interact with. When my son was little, we use to go there often. I loved taking pictures of him there. Those were the days when he would let me take pictures and when I use to scrapbook. I loved scrapbooking all of the different places we went to. It was so much fun and pictures bring memories back to life. Make plans soon to go to the zoo.

Limiting Local "Direct Exposures" Can Keep Schools Open, Says Tift School Superintendent



"The No. 1 key to us being successful in the community" in slowing the spread of COVID-19 is to maintain social distancing, the Tift County Schools' superintendent said Wednesday. Adam Hathaway, during a virtual online meeting with the Rotary Club of Tifton, noted that county schools are now under a "Green" designation, meaning schools are being run in a traditional manner with additional safety protocols and face-to-face instruction. "Please spread this message: The key to us staying Green," the superintendent said, "will be our ability to limit the number of direct exposures we have in our community." He said that health officials define direct exposure as being within six feet of another person, with or without a mask, for more than 15 minutes. Tift schools' first priority in reopening schools was to get right the social-distancing component, Hathaway said, noting that he dislikes that term. "We are physically distant, not socially distant; we're in the relationship business," he said. The superintendent acknowledged that there are "deep-seated ideas around COVID-19; it's a very emotional topic. ... My prayer every day is that everybody will slow down a minute and offer everyone a little bit of grace, a little bit of love, and a little bit of understanding." Hathaway praised the school systems' teachers, administrators and staff for success-

fully working through never-before-seen issues. Because of that, he said, "We are so far ahead of a lot of systems around the state. ... It is because of the character of our faculty and staff." Tift County schools have had a "great start" this year, he said. "It's the best start to any school year I've ever seen; it's as smooth a start as I've ever seen." He added that the "kids have done amazingly well." Approximately 70 percent of students are physically attending classes and 30 percent are taking instruction online; all are receiving the same instruction, the superintendent said. He noted that online instruction has been "different for every kid. Some of these kids have flourished; some have been a struggle. ... One of our biggest struggles is access to the Internet." Hathaway called school sports "one of our biggest challenges." The Tift County High Blue Devils football team begins its season Sept. 4 at Crisp County. He said the Tift coaches and players are doing "a phenomenal job at practices" in staying as safe as possible. But he said much depends upon how the community acts, both at games and during day-to-day activities. "If we don't handle it the right way as a community, if the community is not doing what it needs to do as a whole, we could lose some of these sports," Hathaway said.

Source: Tifton Grapevine



Think Tifton

GA Superintendent Praises TCHS For Keeping Remote Students Engaged



State Education Superintendent Richard Woods visited Tift County High School last week and praised the school for how it keeps online students engaged. "I had a great visit yesterday to Tift County High School where students started the year with a hybrid A/B model that facilitated greater social distancing," Woods posted Friday on social media. "One aspect of Tift County Schools' restart that stands out is the emphasis placed on interactions between virtuallearning students and their classmates and teachers. Students who have opted for remote learning are joining in-person class discussions through Google Classroom, and all lessons are recorded during the

day," Woods said. "Think of a student who may have younger siblings and needs to help care for them during the day – the option to come back and revisit the class in the evening has been helpful for students who need that flexibility." The state superintendent was visiting several school systems to see first-hand how school openings are proceeding during the pandemic. "There have been, and will continue to be, challenges as we adapt to this new environment," Woods said, "but I'm confident in the ability of our public schools, educators, students, and parents to meet this moment." On Monday, Tift schools moved from a "Yellow" designation to "Green," operating physical classes in a traditional manner with additional safety procedures. Tift County High Principal Chad Stone, left, discusses classroom protocols with State Education Superintendent Richard Woods, center, and Tift County Superintendent Adam Hathaway.

Source: Tifton Grapevine





Chad Dunn, PharmD Rhonda Lane, CPhT Becky Hodge, CPhT

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Grandparents Day is Approaching

For many years we have celebrated Grandparents Day but did you know the history behind the celebration. In 1969, nine-year-old Russell Capper sent President Nixon a letter suggesting that a day should be set aside in order to celebrate grandparents. On June 12, 1969, he received a letter back from Rose Mary Woods — Personal Secretary to the President — reading, "Dear Russell, Thank you for your letter to President Nixon. Your suggestion regarding a Grandparent's Day is appreciated, but the President ordinarily issues proclamations designating periods for special observance only when a Congressional resolution authorizes him to do so. With best wishes, Sincerely, Rose Mary Woods Personal Secretary to the President." Following this letter, Marian McQuade was recognized nationally by the U.S. Senate and by President Jimmy Carter as the founder of National Grandparents Day. McQuade wanted to educate the youth about the importance of seniors and the contributions they have made throughout history. She urged the youth to "adopt" a grandparent and learn more about their lives, challenges, and desires for the future. In 1977, Senator Randolph, with the help of other senators, introduced a joint resolution to the senate requesting the president to "issue annually a proclamation designating the first Sunday of September after Labor Day of each year as 'National Grandparents' Day'." Congress passed the legislation, proclaiming the first Sunday after Labor Day as National Grandparent's Day. On August 3, 1978, Jimmy Carter signed the proclamation, and the day was finally celebrated the following year. Be sure to recognize your grandparents on September 13th by just a simple card, message or phone call to wish them a Happy Grandparents Day and make them feel special. You can also send them a beautiful flower arrangement or drop them by a yummy meal. The Martin News wishes all the wonderful grandparents out there a very Happy Grandparents Day!

"If You Give A Cat A Cupcake, you will have a lot of cute smiles from adorable little artists!" Look at some of the sweet pictures from the recent paint class with Allison Kilcrease at the Margaret Jones Public Library. Be sure to join the next class too. The children will have so much fun!





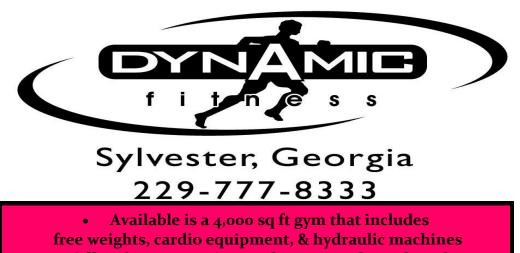
Proud Sponsor of This Weeks' SCHOOL SNAPSHOTS!

Tech Things To Think About When Preparing For Hurricane Season

It's great to be prepared at any time but Josh Beckstrom, The Sylvester Computer Guy wants you to be prepared for Hurricane Season. Below is a helpful list on how to get prepared.

- 1) Now is the time to charge up all your electronic devices! Charging can take a long time if your device is low battery already. So grab your smartphones, smartwatches, laptops, tablet, and other rechargeable device you have that can provide light, communication, or entertainment during an extended power outage and get them charged to 100%. Don't forget to check the charge status of your Uninterruptable Power Supplies (aka UPS or Battery Backups) as they can store a lot of power.
- 2) Keep charging your devices until the power goes out. You never know when an extra 1% could have made the difference, so keep those devices tethered to the wall unless absolutely necessary.
- 3) Turn your brightness to minimum to get much more use out of your batteries. On a laptop this can mean an extra hour or more before the battery runs out versus using the standard or maximum brightness levels we typically use.
- 4) Turn your smartphones to 'Low power' mode if it has it (iPhones definitely do), it will keep things like GPS and data operating only when in active use which will make the battery work even longer.
- 5) Use one device to charge another when needed. If you start running out of power on your smartphone or other important device, charge it from another device. This goes without saying with the UPS or battery backups, but don't forget that you can charge from your laptop as well as any other device where you have a cable to connect it to your primary device.
- 6) You car is a generator! This won't work for large appliances due to the current load, but you can totally use your car as a way to charge your tech devices once all other backup power sources have exhausted. Just remember that gas becomes a commodity too, so use sparingly (and probably just to keep the phones charged)
- 7) If you have satellite internet like Exede, remember that as long as you get power to your modem and router you'll be able to use the internet! This is because unlike land-based internet services, the service is not dependent on the local electrical grid like your house is, so all you need is the modem and router to power up and you'll re-establish your service connection to the satellite provider.
- 8) If it's not important, unplug it now. You don't want things that can't help you sapping up your power. Even when off, most device still use a little bit of power to keep lights blinking or things running in the background for when you turn them back on, so unplug them so you don't forget when the time comes. And although it is possible to run a satellite television service and power your tv through a battery backup, we don't recommend it because of how much power a television will use. Stick to internet sources for information and keep the tvs off (unless you are using a generator of course).

We hope these tips won't be needed, but if they are we hope it will give you a little extra peace of mind to know you've crossed these items off your preparedness list. After the storm is over, if any of your items are having any trouble, please visit The Sylvester Computer Guy and he will see what he can do to help.



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Worth County Rams Football 2020



The 2020 Football Season is upon us and the Worth County Rams are very excited for a new season. Head Football Coach, Phillip Ironside invites you out on Friday nights to support the Rams and Coaching Staff. They have worked hard this Summer and are ready for the season.

This year's Ram Edition is brought to you by The Martin News and the Worth County Ram Touchdown Club. The Martin News can be seen weekly at www.themartinnews.org. We are proud to cover all positive and exciting news in Sylvester, Worth County and surrounding counties. Thank you to everyone for your support.

The Worth County Rams Touchdown Club is ecstatic for the 2020 Football Season. We would like to say a special thank you to everyone that is a sponsor for the football season. We appreciate you all for your support!

We wish the Worth County Rams the Best of Luck during this football season.

WC Rams Touchdown Club The Martin News

0	FOOTBALL	(5)	
-	To some football is just a game		
	and as silly as it seems.		
	It captures so many imaginations		
	and fulfills so many dreams.	0	
-		0	
0	There are those who hate or ignore	100	
	this brutal game men play,		
	They just don't understand		-01-
	football fans on game day.		
			000E
N	But if you look with open mind	0	
0	behind the football scene	N	
	There are more than just big kids		
	who make up football teams.		
	71		
	There's young and old, rich and poor	0	
ယ်	and men from every race.		
0	There's those that coach and those that play	3	
	and those who just fill space.		
	Dut atched upon anom face		
	But etched upon every face		
4	you'll find the threads that bind	0	
	are heart and soul, blood and tears		
0	and a joining of their minds.	28	
	Conviction of commitment,		
	courage, ability and brains.		
	Working towards a common goal		
ហ		0	
	through the triumphs and the pains.	10000000	
0	To be your best when all seems lost		
	and never lose the flame.		
	To never waver from team goals		
	through the disappointments and the fame.		
1	mong no smappedament and me james		
	It's not just learning how to win	-	
0	but how to lose with grace		
	It's never giving up on yourself		
	in even ultimate disgrace		
(1)	So for those of you who don't understand		
0	why fans hold this game so dear	60	
0	Look at the excitement on their face		
	during that special time of year.		
	The hopes and dreams of champions		
	bring a magic to their life	0	10-1
100	A chance to share a victory		
0		N	
	over the turmoil and the strife		
	A common bond between strangers		
	who suddenly are friends		
	Riding this emotional rollercoaster	0	
	Until the very end.		
0		1	
	And when the season's over		
	and there are no more games to play		
	The bond between football fans		
0	will never go away.	(5)	
	— By William C. Scheel I		

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Go Rams...





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Wishing the Rams a Great Season!

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Good Luck Rams On A Great Season!

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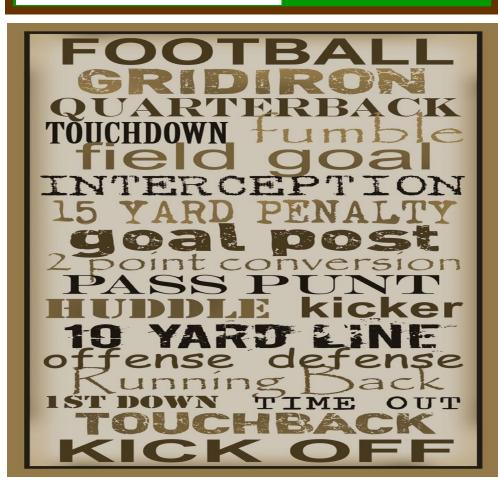


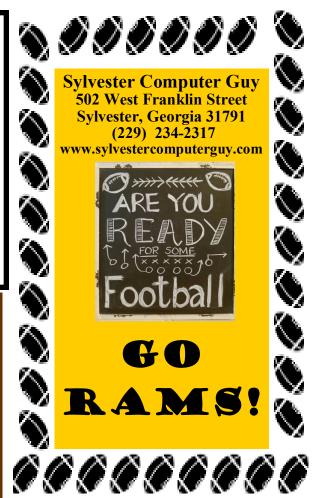
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We are pulling for you all this football season!

We are very proud of you and we believe in you as a TEAM!

~ The Worth County Ram Touchdown Club ~



101 Thompson Street Sylvester, Georgia 31791 229-776-3335 storallsylvester101@gmail.com Wishing You A Great Season!



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A Coach

A coach is like a teacher Teaching many skills Not only about the game he plays but about the way life is

A coach is like a friend, He's there right by your side, In good times and bad times, In times you laugh or cry

A coach is like a counselor, He listens everyday
He helps you solve your Problems and he Knows the words to say

A coach is like a doctor, He has to find what's wrong, He has to make it better, So the team can move along

A coach will help you deal with loss and teach you how to win

He'll take the team that once was boys

And turn them into men!



SOUTHWEST GEORGIA BANK A Division of The First, A.N.B.A.





Bennett's Worth 306 South Main Street Sylvester, GA 31791 229-776-4449

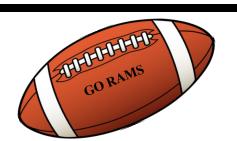
Wishing you a great 2020 Ram Football Season



Wishing you the best of luck this football season!



Dairy Queen 509 East Franklin Street Sylvester, GA 31791 (229) 776-6692

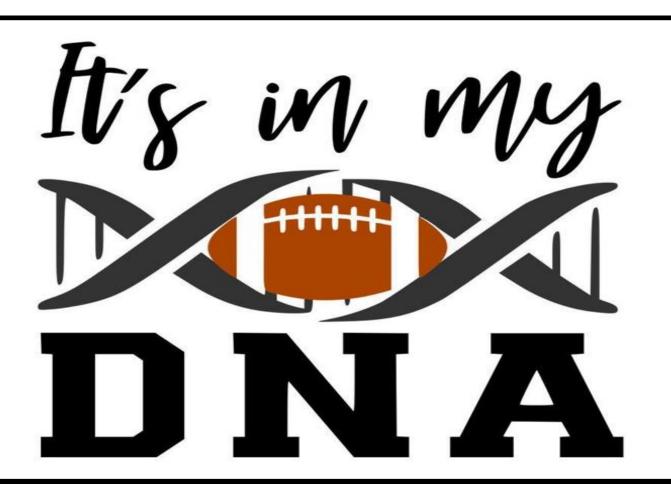


Sylvester

Supporting Our Worth County Rams



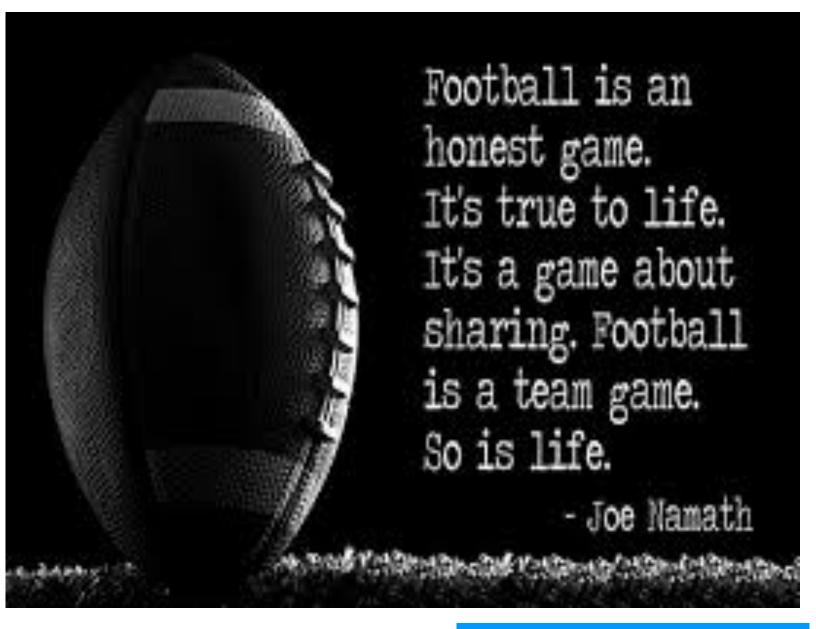
WHEN YOU ARE SCARED, WHEN YOU ARE SCARED, WHEN YOU ARE WHEN YOU ARE VICTORIOUS



Want To See A Band Parent??

If you want to see a band parent on Friday Night, you would probably have to visit them in the Concessions Stands. The Worth County Marching Ram Band Boosters handles the concession stands during Friday Night Football Games. Please show your support and get you some good ole hot dogs, nachos, candies or drinks. Thank you for all your support and thank you band boosters and parents for all you do for a Mighty Fine Marching Ram Band!





Like what you hear??

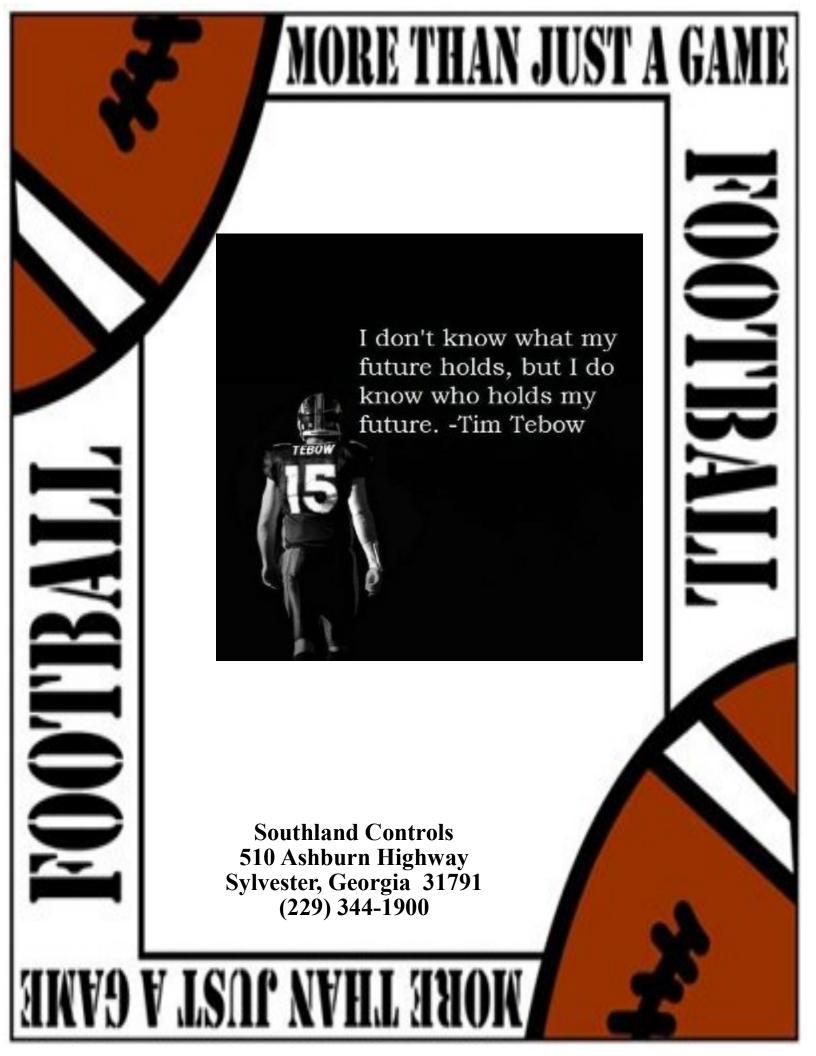
It is so much fun going to the Ram Football Games on Friday Nights in our little town of Sylvester. The players are excited to play and the fans are excited to cheer them on. The band sounds great and the food smells awesome! The Cheerleaders are cheering loud and everyone is enjoying the game. But what about the announcers in the press box? You got it, they have a hard job keeping us all entertained with the play by plays and updating us on the proud Ram moments. You never know when you may hear your child's name called from a moment that we can all be proud of our Ram students so when you see the announcers, tell them Thanks for a job well done! We love to hear our Sylvester Football Game Announcers!



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2020 Worth County Football Schedule

September 4 Turner County Away 7:30pm
September 11 Mitchell County Away 7:30pm
September 18 Dougherty County * Home 7:30pm – CANCELED
September 25 Rutland Away 7:30pm
October 2 OPEN
October 9 Tift County Home 7:30pm
October 16 Cook County** Home 7:30pm
October 23 Thomasville Home 7:30pm
October 30 Fitzgerald Away 7:30pm
November 6 Berrien County*** Home 7:30pm
November 13 Early County Away 7:30pm

*= MILITARY APPRICIATION

**= PINK OUT

***= HOMECOMING & SENIOR NIGHT

Feeding Families Today



With National Food Bank Day being observed on September 4th, now is the time to give to others. Many families across the state do not have access to nutritious food in their community or if they do, they are unable to afford it. Without the means to purchase healthy foods, food bank recipients face tough choices about where to spend their money and what foods they eat. children in Georgia don't have consistent access to

enough nutritious food. This can have long-term effects on their health and future. Kids who are food insecure are more likely to be held back a grade in elementary school, more likely to be sick and hospitalized, and more likely to have growth and developmental issues. People who live in rural Georgia face hunger at higher rates, in part because of the unique challenges living remotely presents. These challenges include an increased likelihood of food deserts with the nearest food pantry or food bank potentially hours away, job opportunities that are more concentrated in low-wage industries, and higher rates of unemployment and underemployment. For many seniors who are on tight post-retirement budgets, unexpected expenses lead to difficult financial decisions like having to choose between food, medicine and utilities. They often cut out more expensive, healthy foods to make ends meet. Unlike working age adults, seniors are less likely to recover from financial strain and are more likely to suffer negative health consequences from a poor diet. Often the families that are served have at least one working adult in the household. This means that people are trying to make ends meet but they're underemployed. Their job might pay too much for them to qualify for government benefits, but it's not enough to provide for a family. If you are able to donate to your local food pantries or food banks, please do. Thank you to everyone that is able to help others. It is very much appreciated.



