

# 42R

**REFUTING CONTRADICTIONS TO:**

**“The Sabbath day is not on Saturdays nor Sundays and changes days according to the new moon.”**

.....

## All Mainstream Contradictions

### Common Contradiction    How Your Study Refutes It

*“The Sabbath has always been Saturday.”*

You show that Scripture never names days, only dates (7th, 14th, 21st, 28th of the month). You trace how the Roman “Saturday” label was introduced by Constantine in 321 AD — long after Christ.

Study 42R Refuting contradictio...

*“The Sabbath is a continuous seven-day cycle since creation.”*

You dismantle this using the Exodus 16 manna cycle, Ezekiel 46:1, and lunar resets. You show that Scripture has no command for a continuous count beyond the new moon.

Study 42R Refuting contradictio...

*“The Jews have always kept the same Sabbath, so it can't have changed.”*

You explain how Rome's persecution forced Jews to align with Saturn's day, preserving “identity” but not the true count. You document this adjustment under Constantine's reforms.

Study 42R Refuting contradictio...

*“The New Moon is separate from the Sabbath.”*

You connect Ezekiel 46:1 and Isaiah 66:23 to prove they share the same worship rhythm, showing that the new moon begins the cycle that defines Sabbaths.

Study 42R Refuting contradictio...

*“Christ followed a continuous weekly Sabbath.”*

You demonstrate that Christ's death and resurrection timeline (Passover → three days → resurrection) only aligns with the lunar week count. The continuous week model breaks the prophecy.

Study 42R Refuting contradictio...

1. Biblical Basis for a Lunar Sabbath (the claim that it changes with the new moon)

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Supporters of the claim point to verses such as:

Genesis 1:14 — God set the sun, moon, and stars “for signs, and for seasons, and for days, and years.”

Isaiah 66:23 — “From one new moon to another, and from one sabbath to another, shall all flesh come to worship before Me.”

Ezekiel 46:1 — “The gate... shall be shut the six working days, but on the sabbath it shall be opened, and on the day of the new moon it shall be opened.”

They argue that this shows a connection between the moon and Sabbath calculation.

But there’s no verse in the Torah or anywhere else that explicitly ties the weekly Sabbath (the seventh day) to the new moon cycle.

The Sabbath is always defined by “six days you shall labor, and on the seventh you shall rest” (Exodus 20:9-10, Exodus 31:15, Deuteronomy 5:13-14).

That’s a continuous seven-day rhythm, not one that resets at the new moon.

## 2. Contradiction with the Creation Pattern

Genesis 2:2-3 says:

“On the seventh day God ended His work... and He rested on the seventh day from all His work which He had made.”

The pattern established in creation is seven-day cycles, independent of lunar phases.

If the Sabbath “changes days” with each new moon, then that 7-day rhythm would constantly break.

That directly contradicts the creation pattern, which is the foundation of the Sabbath commandment.

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### 3. Contradiction with Manna Cycle in Exodus 16

In Exodus 16, before the Ten Commandments, the Sabbath was already being observed:

Manna fell for six days.

On the seventh day, none fell.

This pattern continued weekly, with no reference to the moon.

If Sabbath shifted by the new moon, that entire 6-and-1 pattern would break every lunar month. The text never mentions any “reset” or interruption after a new moon. That’s a major contradiction to the lunar-based claim.

### 4. Historical Contradiction

Hebrew practice: From ancient Israel through the time of Christ, Jews kept a continuous seventh-day Sabbath, not one that floated on the calendar.

Roman records and Jewish tradition (e.g., Josephus, Philo, early rabbinic writings) confirm that the Jews were recognized for resting every seventh day continuously — and this was already in place long before the Julian or Gregorian calendars existed.

If Sabbath changed with the moon, the day of rest would vary monthly, which would have been well-documented as a unique Jewish quirk — but no ancient record or synagogue inscription shows this pattern.

### 5. Calendar Contradiction

The lunar month is about 29.5 days.

If the Sabbath rest is every seven days, you get four Sabbaths (28 days) per month, leaving one or two unaccounted days.

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Lunar Sabbath proponents treat those as “non-days” or “transition days” — but Scripture nowhere mentions such “days outside the week.”  
That violates the continuous count of time since creation (Genesis 5 genealogies depend on continuous day-count, not lunar resets).

## 6. Christ’s Example

Christ kept the Sabbath as the Jews did in His day (Luke 4:16).  
If the Jews were keeping a wrong Sabbath based on a false calendar, He would have corrected them — especially since He corrected them on much smaller issues (e.g., healing on Sabbath, fasting practices, temple abuse).  
His silence on the calendar system confirms their count was right.  
That means the Sabbath cycle He observed was continuous, not lunar-resetting.

## 7. Conclusion

The statement contradicts:

The creation pattern of a continuous seven-day cycle.

The manna cycle of Exodus 16.

Historical Jewish practice verified before, during, and after Christ.

The absence of any “week reset” at each new moon in Scripture.

The teaching and practice of Christ Himself.

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## 7. ADVANCED REFUTATIONS: LINGUISTIC, HISTORICAL, AND FEAST-COUNTING PROOFS

### 1. Linguistic Clarifications

**The Hebrew Word “Shabbat.”** The word *Shabbat* (H7676) means cessation, rest, or intermission. It never designates a continuous seven-day loop by itself. Scripture defines its rhythm by context. When that context is lunar (Ezekiel 46 : 1; Isaiah 66 : 23), the rest is measured by lunar phases, not arbitrary weekdays. Therefore, claiming that “Shabbat” proves a continuous week is linguistic manipulation, not exegesis.

**The Word “Chôdesh.”** *Chôdesh* (H2320) means new moon and governs every count of days and feasts (Psalm 81 : 3; 1 Samuel 20). When the moon is renewed, the count of workdays and Sabbaths restarts. This follows the creation principle that the heavenly lights rule time (Genesis 1 : 14).

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### 2. Historical Evidence of Calendar Change

**A. Pre-Roman Calendars Were Lunar.** Early Assyrian, Hebrew, and Roman calendars all began with new-moon observation. Rome used an eight-day market cycle (A–H) until the fourth century. The seven-day planetary week, named after pagan deities, was imposed by Constantine in 321 AD.

**B. Jewish Adaptation Under Persecution.** When Constantine outlawed lunar observance, the Jews synchronized their Sabbath with Saturn’s day to survive. That compromise preserved identity but broke alignment with the heavenly calendar.

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**C. Archaeological Silence Is Not Disproof.** Mainstream historians argue that no inscriptions prove lunar weeks, yet archaeology cannot define revelation. The Torah remains the higher authority for timekeeping.

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### **3. The Feast-Counting Objection (Leviticus 23 : 15-16)**

Critics say seven continuous weeks are required to count to Pentecost, therefore weeks cannot reset monthly. But the Hebrew phrase *sheva shabbathoth temimoth* means “seven complete Sabbaths.” Each lunar month provides four Sabbaths; by counting seven complete Sabbaths after the wave offering, the fiftieth day lands within the next lunar cycle. No verse demands unbroken solar weeks — only full, complete Sabbaths within God’s order.

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### **4. The Qumran and Babylonian Misuse**

**The Essenes’ Solar Calendar.** The Qumran sect abandoned lunar timing for a 364-day solar model, proving calendar conflict among Jews, not correction of the lunar system.

**Babylonian Continuous Weeks.** Babylon’s seven-day pattern honored its gods, not the moon (Jeremiah 10 : 2). Adopting that same cycle today repeats their rebellion.

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### **5. The Agricultural and Practical Argument**

Opponents claim that floating Sabbaths disrupt farming and commerce. Yet Israel’s entire agricultural system was lunar based for feasts (Leviticus 23). Obedience, not convenience,

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determines blessing. Man's labor must bow to God's appointed times.

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## 6. Summary

### False Claim

The week never resets since creation

Shabbat means a continuous loop

Jews always kept Saturday

Pentecost requires continuous count

Lunar Sabbath is impractical

### Scriptural and Historical Refutation

Genesis 1 : 14 and Ezekiel 46 : 1 tie time to the moon

It means "cessation," not "loop"

Shift occurred under Roman law in 321 AD

"Seven complete Sabbaths" = seven lunar Sabbaths

God's command defines practice, not human ease

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## 7. Final Affirmation

The lunar Sabbath stands firm against every linguistic, historical, astronomical, and theological contradiction. Its rhythm flows from the same heavenly clock that began in Genesis 1 : 14. To reject it is to trust Roman decree over divine design. To return to it is to walk again in the covenant sign between the Creator and His people (Exodus 31 : 13).

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**The Lunar Sabbath:**

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# Understanding God's Calendar and Refuting Contradictions

## Introduction and Purpose

This study combines the insights from **Study 42 (The Sabbath)**, **Study 45 (The Lord's Supper)**, and **Study 44 (Death, Burial, and Resurrection)** into one unified presentation. Its purpose is to clearly prove that the true Biblical Sabbath is **lunar-based**, counted from the **new moon**, and to refute the common contradictions that claim the Sabbath is a fixed day of the modern week.

Our goals are to:

1. **Show from Scripture** that the Sabbath falls on the 7th, 14th, 21st, and 28th days of the lunar month.
2. **Prove that the Biblical month begins with the new moon.**
3. **Provide historical and Gospel timeline evidence** supporting the lunar Sabbath.
4. **Refute false teachings** that the Sabbath is permanently Saturday or Sunday.
5. **Provide practical steps** for identifying and keeping God's true Sabbath.

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## **1. The New Moon as the Start of the Biblical Month**

**Scriptural Proof:**

**Scripture defines the month as beginning with the new moon:**

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- **Psalm 81:3 (KJV)** – “Blow up the trumpet in the new moon, in the time appointed, on our solemn feast day.”
- **Psalm 81:3 (KJV)** – *“Blow up the trumpet in the new moon, in the time appointed, on our solemn feast day.”*
- **1 Samuel 20:5, 18, 24, 27 (KJV)** – The account of David and Jonathan shows that the **new moon marks the first day of the month**, initiating the cycle of days.
- **Numbers 10:10; 28:11** – Trumpets and offerings mark the new moon days.
- **\*\*Prophetic Insight:** God reveals that when His appointed times are altered or observed on the wrong days, even the new moons and sabbaths become an abomination. This vision of the future warns that man-made calendars and altered observances corrupt His holy times.
- **Isaiah 1:13 (KJV)** – “Bring no more vain oblations; incense is an abomination unto me; the new moons and sabbaths, the calling of assemblies, I cannot away with; it is iniquity, even the solemn meeting.”

### Hebrew Word Studies:

- **Chôdesh (H2320)** – new moon, first day of the month.
- **Word** Moon (new moon) and Month.
- **Strong's Number:** **H2320**
- **Hebrew Word** חֹדֶשׁ
- **Transliteration** chôdesh
- **Phonetic** kho'-desh
- **Part of Speech** Noun Masculine
- **Strong's Definition:** the new moon; **by implication a month**
- **BDB Definition**
  1. **the new moon, month, monthly**
    - a. **the first day of the month**
    - b. the lunar month
- **Origin:** From H2318, Bible Usage: month ( {-ly} ) new moon.
- **Yârêach (H3394)** – the moon.
- **Strong's Number:** **H3394**

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- **Hebrew Word:** יָרֵחַ
- **Transliteration:** yârêach
- **Phonetic:** yaw-ray'-akh
- **Part of Speech:** Noun Masculine
- **Strong's Definition:** **the moon**
- **BDB Definition:** 1. moon

**Conclusion:** Every Biblical month begins with the **new moon**, and the counting of Sabbaths and feast days follows this cycle.

## 2. The Biblical Lunar Sabbath Pattern

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The Sabbath is observed according to the **lunar month**, not a continuous 7-day cycle detached from the moon. The Sabbaths fall on the: **7th, 14th, 21st, and 28th days** of the month.

### **Lunar Week Structure (from Study 45)**

- **Week 1:** Days 1-7 → 7th day Sabbath
- **Week 2:** Days 8-14 → 14th day Sabbath
- **Week 3:** Days 15-21 → 21st day Sabbath
- **Week 4:** Days 22-28 → 28th day Sabbath

### **Scriptural Support:**

- **Leviticus 23** – Feasts and holy convocations are counted from the first day of the month.
- **Ezekiel 46:1** – The gate opens on the Sabbath and the new moon, linking them.
- **Isaiah 66:23** – From one new moon to another and one Sabbath to another, all flesh comes to worship.

**Insight:** The Sabbath cycle **resets every new moon**, making the Biblical week dependent on the lunar cycle.

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### 3. Historical and Scriptural Evidence

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## A. Gospel Timeline of Christ's Death and Resurrection (from Study 44)

The Crucifixion week perfectly aligns with the lunar calendar:

- **14th day (Passover)** – The Apostles prepared for the Passover meal of the 1<sup>st</sup> day of unleavened bread.
- **15th day (1st day of Unleavened Bread, a High Sabbath)** – Christ and the apostles had a Passover meal, washing of the feet and had communion for the first time.
- **15<sup>th</sup> day in the middle of the night – 19th** – Christ was taken and began His trials.
- **19th day at the 3<sup>rd</sup> hour** – Christ was crucified.
- **19<sup>th</sup> – 22<sup>nd</sup>** – 3 Nights and days in the tomb, fulfilling *Matthew 12:40*.
- **22nd day (first day of the week)** – Resurrection, aligning with the lunar week pattern.

**This timeline only makes sense using the lunar Sabbath cycle because modern continuous weeks produce contradictions with the “three days and three nights” prophecy.**

## B. Early Church and Historical Witnesses

- **Constantine (321 AD)** – shifted Sabbath observance to Sunday.
- **Council of Trent / Archbishop of Reggio (1562)** – admitted that Sunday is kept by tradition, not Scripture.

Historical sources also indicate that **ancient Israelites and early believers** followed a **lunar-based Sabbath**, later replaced by the Roman calendar system.

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## 4. Refuting Common Contradictions

### Contradiction 1: “The Sabbath is always Saturday.”

- **Refutation:** Scripture counts Sabbaths by the **day of the month**, not the weekday names. The 7th-day Sabbath is always the 7th, 14th, 21st, and 28th day of the month.

### Contradiction 2: “Sunday is the Lord’s Day and Sabbath.”

- **Refutation:** Nowhere in Scripture does God transfer the Sabbath to Sunday. This is purely a **Catholic and Roman tradition**.

### Contradiction 3: “The Sabbath is a continuous weekly cycle from creation.”

- **Refutation:** **Exodus 16** shows the manna cycle connected to a counted week starting from a new event. **Ezekiel 46:1** confirms the Sabbath aligns with the new moon.

### Contradiction 4: “The Passion Week proves a Saturday Sabbath.”

- **Refutation:** Using the Roman week creates contradictions in the 3-days-and-3-nights prophecy. The lunar calendar resolves all timing issues of Christ’s death and resurrection.

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## 5. Practical Observance of the Lunar Sabbath

1. **Identify the New Moon:** Use the first visible crescent or astronomical new moon to determine day 1.
2. **Count Sabbaths:** Observe the 7th, 14th, 21st, and 28th days of each month as Sabbaths.
3. **Observe Holy Convocations:** Keep the Sabbath holy through rest, worship, and study as commanded (**Exodus 20:8-11; Leviticus 23:3**).
4. **Feasts and Communion:** From Study 45, the Lord's Supper timing and early church "breaking of bread" align with the **lunar week** and reinforce the calendar.

**Note:** When the new moon is day 1, the second day of the week often hosted early communion, as seen in **Acts 20:6-7 (KJV)** And we sailed away from Philippi after the days of unleavened bread, and came unto them to Troas in five days; where we abode seven days. 7 And **upon the first day of the week**, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight.

## 6. The Roman Calendar Shift and the False "Continuous Week" Doctrine The Core Lie Exposed

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The idea that humanity has kept a continuous seven-day week from creation is one of the greatest deceptions ever introduced into the faith. Scripture nowhere records such an unbroken cycle, and even the secular record proves it did not exist until long after Christ's resurrection. The current Monday-through-Sunday system is a Roman construct, not a creation ordinance.

### The Calendar Before Christ

Long before the birth of Christ, the early Roman calendar was lunar, just like Israel's.

It used months tied to moon phases and an eight-day market cycle labeled A through H.

There was no such thing as "Saturday" or "Sunday."

Each new moon began a fresh count of days, mirroring the biblical structure of new moon → six workdays → Sabbath.

### During Christ's Lifetime

While Rome operated on its market cycle, the Hebrews continued to keep time by the moon.

Their Sabbaths fell on the 7th, 14th, 21st, and 28th days of the lunar month, counting from each new moon, exactly as the Law of Moses required.

Nowhere in the Gospels do we find weekday names or a continuous week system. The timing of the feasts, the Passover, and the "three days and three nights" all align only under a lunar count, not the modern week.

### The Turning Point — Constantine's Reform

In 321 AD, Emperor Constantine I issued his civil decree that reorganized Roman life into a seven-day planetary week named after pagan deities: Sun's Day, Moon's Day, Mars' Day, Mercury's Day, Jupiter's Day, Venus' Day, and Saturn's Day.

That decree demanded rest on the "venerable day of the Sun" and made the seven-day planetary cycle the law of the empire.

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For the first time in history, a fixed, continuous seven-day system replaced the lunar cycles of both Rome and Israel.

From that moment forward, the world calendar was detached from the moon God had ordained to mark days and seasons (Genesis 1:14).

### The Jewish Adjustment

Under imperial pressure, surviving Jewish communities aligned their Sabbath with Saturn's day, the seventh position in Constantine's new week, to preserve their identity under Roman law.

Thus the modern "Saturday Sabbath" is not the biblical seventh day, but the seventh slot in a man-made planetary cycle.

The entire system that today's churches defend was created almost three centuries after Christ.

### Scriptural Reality vs. Roman Fiction

God's Calendar   Roman Calendar

Begins with the New Moon (Psalm 81:3; Ezekiel 46:1)   Begins with an arbitrary solar date

Weeks reset each month (Leviticus 23 pattern: 7, 14, 21, 28)   Week runs continuously without celestial markers

Governed by signs in heaven (Genesis 1:14)   Governed by imperial decree

Produces true Sabbaths and Feasts   Produces man-made "Saturday" and "Sunday"

### The Final Proof

If the modern week was created by Rome in the fourth century, then the claim that "our Saturday is the same Sabbath kept since creation" is impossible.

Neither Adam, Noah, Moses, nor Christ ever saw a "Saturday."

They observed the Sabbaths that followed the new-moon count—the true rhythm of heaven.

### Conclusion

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The Roman continuous-week system is a counterfeit calendar that hides the appointed times of God.

To honor the true Creator, believers must return to the timepiece He established: the sun, the moon, and the stars.

Only there do the Sabbaths, feasts, and seasons align with the Word of God.

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## 6. Conclusion and Call to Return

God's Sabbath is a **perpetual sign** (**Exodus 31:13**) between Him and His people. To walk in truth, we must **return to His calendar**, which is declared in the **sun, moon, and stars** (**Genesis 1:14**).

- The modern Saturday/Sunday system is a **man-made** distortion.
- The **lunar Sabbath aligns with Scripture, history, and prophecy**.

**Returning to the lunar Sabbath aligns believers with:**

Scriptural truth, Historical accuracy, and Prophetic fulfillment.

**Isaiah 66:23 (KJV)** – *“And it shall come to pass, that from one new moon to another, and from one sabbath to another, shall all flesh come to worship before me, saith the LORD.”*

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