

Sparkman High School Wrestling

WHO CAN PARTICIPATE?

- Sparkman Wrestling is open to all students in grades 7 through 12 at Sparkman Middle School, Monrovia Middle School, Sparkman Ninth Grade School, and Sparkman High School.
- High school wrestlers can compete at 14 different weight classes, ranging from 106 lb to the Heavyweight division of up to 285 lb.
- Middle school wrestlers can compete at 16 different weight classes, ranging from 75 lb to the Heavyweight division of up to 275 lb.

WHEN ARE PRACTICES AND MATCHES?

- The Wrestling Season starts in late October and ends in mid-February with the Alabama State Wrestling Tournament.
- Practices are held after school on the Sparkman 9th Grade School Campus.

WHAT EQUIPMENT IS NEEDED AND HOW MUCH DOES IT COST?

- The uniform and basic equipment is provided for all wrestlers, with exception of shoes and orthodontic mouth guard (required for braces).
- The warm-up jacket, pants, practice shorts and practice t-shirt are required items and are purchased separately online.
- Fees are \$200 per wrestler, \$150 each additional wrestler in same family

WHO DO I CONTACT?

- Head Wrestling Coach Ronnie Watson - rwatson@mcssk12.org

Important Dates

| | |
|---------------|---|
| Oct. 15, 2019 | MANDATORY Parent/Wrestler Meeting, S9 Auditorium at 6:30 |
| Oct. 21, 2019 | 1 st Day Middle School Practice (7 th -9 th), S9 Gym, 4-6pm |
| Oct. 29, 2019 | 1 st Day of Varsity Practice, S9 Gym, 4-6pm |
| Nov. 2, 2019 | 1 st Hydration Test, Bob Jones High School, Time TBD |
| Nov. 4, 2019 | Takedown Club Meeting, S9 Auditorium, 6:30pm |
| Nov. 9, 2019 | 2 nd Hydration Test, Decatur High School, Time TBD |
| TBD | 1 st Middle School Competition |
| TBD | 1 st Varsity Competition |

Sparkman Wrestling Takedown Club

WHAT IS THE TAKEDOWN CLUB?

- We are a non-profit, all volunteer organization committed to supporting the Sparkman High School Wrestling athletes and coaching staff.
- We provide monetary support to the Sparkman High Wrestling Program through fundraising and donations.
- We promote parent involvement – Parent involvement is key to having a successful club and wrestling program.

HOW CAN YOU GET INVOLVED?

- Attend Takedown Club Meetings, typically held on the 1st Monday of each month, starting at 6:30pm, in the S9 Auditorium
- Support Fundraisers
- Volunteer

HOW TO CONTACT US

- **President** –Amber Bacon bacon.amber@ymail.com
- **1st Vice President (Fundraising)** - Vanessa Schulte-Smallwood vrschulte@yahoo.com
- **2nd Vice President (Events)** - **VACANT**
- **Secretary** – Kendra Hall kentwash3@aol.com
- **Treasurer** – Stephanie Madewell smadewell81@gmail.com

Ways to Stay Connected with Sparkman Wrestling



<http://www.sparkmanwrestling.com>



<https://www.facebook.com/SparkmanHsWrestling>



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