



Established 2016

Austin | San Marcos | New Braunfels | San Antonio | Etc.

About Crave-It Nutrition

Crave-It was created 5 years ago by a small group of Texas State Students who had a passion for living a healthy lifestyle. What started off in the kitchens of their homes, turned into a successful healthy meal prep company that caters to most of Central Texas.

When COVID hit, schools needed to serve meals pre-packaged so Crave-It came in to help. We are now serving multiple schools in New Braunfels, San Marcos, and San Antonio. We stand out because we offer 3 options to all of our schools, including a healthy option that we personally create.

We provide meals kids want to eat, along with variety, and plenty of nutrition. Our school lunch menu is unique and unlike any other. We take pride in what we are putting into young students bodies.

As stated before, we offer 3 different meal options everyday. One Entrée that is different everyday, A Healthy Entrée Option, along with Pizza served everyday for those kids who might be on the pickier side. We love providing children with the decision to eat healthy, as it could possibly make for better eating habits as they get older.

All of our fresh meats and fresh veggies are locally sourced in Central Texas. And, as the seasons come and go, so will our fresh veggie and fresh fruit choices.

Serving School Lunches isn't the only thing we specialize and take pride in. We also offer premium meal services that are delivered straight to your door step. We offer premium breakfast, lunch, and dinner options that are great for parents, staff, and students! Some of our food items are even served by the pound which is great for large family dinners or friendly gatherings.

All of our premium meals are prepackaged labeled with nutrition facts and ingredients. All you have to do is pop them in the microwave, and they're ready to eat! We have meals that tailor to specific diets (Keto, Paleo, Vegetarian, Low Fat, Low Carb, Etc.), but also meals for your everyday lunch goer (WITHOUT THE PRESERVATIVES OR ADDITIVES). *Because we service your child's school, you will receive a weekly discount on all of our premium options (15% Off Discount Code: SCHOOLSAYER). Visit our website to order today!

Thank you for supporting local!

www.CraveltNutrition-Austin.com

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