Crave-It Nutrition School Lunch Program Wonderland School



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Dear Wonderland Families,

Welcome to your child's Lunch Café. We hope you love the selections below. We offer a ride variety of choices to accommodate everyone's favorites at a great price! Please read over the menu with your child to help them make their choice; until they get the routine down. Students will place their order in their classroom each morning. All orders will be charged to their lunch account. Please also read through the information below to learn more about our lunch service. If you have any questions, please contact Brandon Hill with Crave-It. We are so excited to be apart of Wonderland School!



Café Meal Information/Q&A

How Many Choices Are Offered Each Day?

Each day 3 meal choices will be offered. Pizza is offered everyday along with another regular choice, as well as a healthy option.

Example:

- -Hamburger/Cheeseburger (French Fries, Side Salad, Dessert)
- -Pepperoni/Cheese Pizza (Side Salad, Fruit, Dessert)
- -Grilled Chicken Sandwich (French Fries, Green Beans, Dessert)

What if your child forgets to order lunch or they are late?

If your child will not get to school by 9am please call the front office to put his/her order in. If the order is not placed and your child needs a lunch, they will receive a sack lunch (Sandwich, Chips, Fruit, Dessert)

Are the meals gluten/allergen free?

Meals are not gluten free nor is the kitchen. Main allergens we do not cook with are nuts, peanuts, & shellfish. If your child has a special allergy please contact us for specific menu options

What does a Meal Come With/Cost?

Small Meal comes with I entrée and 3 sides for \$5.00 Healthy comes with I entrée and 3 sides for \$6.00

What does the HEALTHY Meal come with & how much are they?

The Healthy Choice comes with the same sides are the regular option, but it includes a healthier entrée choice. Rather than a Cheeseburger, the healthy choice would be a Grilled Chicken Sandwich.

Premium Meal Options: What are they?

Our Premium Meal Options are healthier meals made by our company Crave-It Nutrition. They are made for kids, parents, and staff. All meals are delivered to your house Sunday before the week of school. These meals are 100% gluten free, and any allergens will be labeled on our website for you to review. We offer meals from your everyday Chipotle Bowls to specific meals to fit Weight loss Diets. These meals should be ordered a week in advance. To learn more about our Premium Options please visit our website below.

www.CraveltNutrition-Austin.com