

WONDERLAND

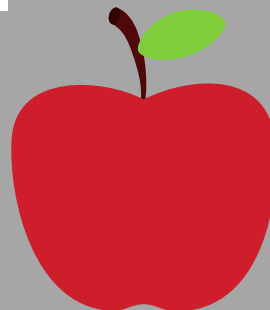
AUGUST 2021 LUNCH MENU

Welcome Back!

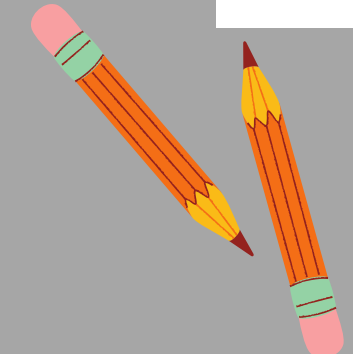
Option 1 or 2: \$5.00
Healthy: \$6.00

Second Daily Option:
Cheese/Pepperoni
Pizza with Veggies &
Ranch & Fresh Fruit

***All Meals Include a**
Dessert



MON	TUE	WED	THU	FRI
	3	4	5	6
9	10	11	12	13
16	17	18	19	20
NO SCHOOL	NO SCHOOL	NO SCHOOL	-Mini Corn Dogs w/ Mac n' Cheese & Green Beans Healthy Options -Chicken Cesar Salad (Salad Greens, Croutons, Tomatoes, Cucumber, Carrots, Parmesan, Cesar Dressing)	-French Toast Sticks w/ Hashbrowns & Fruit Healthy Option -Sausage, Egg, and Cheese Breakfast Sandwich w/ Hashbrowns & Fruit
-Steak Fingers w/Mashed Potatoes & Gravy & Green Beans Healthy Option -Country Grilled Chicken w/Mashed Potatoes & Gravy & Green Beans	24 -Cheese Enchiladas w/Roasted Corn & Mexican Rice Healthy Option - Chipotle Chicken Bowl (Chicken, Lettuce, Rice, Beans, Corn, Salsa, & Cheese)	25 -Hamburger/Cheeseburger w/French Fries & a Side Salad Healthy Option -Grilled Chicken Sandwich w/French Fries & a Side Salad	26 -Chicken Nuggets w/Mac n' Cheese & Fruit Healthy Option: -Chicken Cesar Salad (Chicken, Salad Greens, Croutons, Tomatoes, Cucumber, Carrots, Parmesan, Cesar Dressing)	27 -Grilled Cheese Sandwich w/Chips & Yogurt Healthy Option: -Grilled Chicken Sandwich w/Chips & Yogurt
Beef Street Tacos w/Roasted Corn & Mexican Rice Healthy Option: -Taco Salad (Ground Beef, Salad Greens, Corn, Cucumber, Tomatoes, Tortilla Chips, Cheese, Ranch Dressing)	31 -Chili Cheese Hot Dogs w/ Tater Tots, & Fruit Healthy Options: -Taco Salad (Ground Beef, Salad Greens, Corn, Cucumber, Tomatoes, Tortilla Chips, Cheese, & Ranch Dressing)			



WONDERLAND

SEPTEMBER 2021 LUNCH MENU

Option 1 or 2: \$5.00
Healthy: \$6.00

Second Daily Option:
Cheese/Pepperoni Pizza
with Veggies & Ranch &
Fresh Fruit

***All Meals Include a**
Dessert



MON

TUE

WED

THU

FRI

1
-Hamburger/Cheeseburger
w/French Fries & a Side
Salad

Healthy Option
-Grilled Chicken Sandwich
w/French Fries & a Side
Salad

2
-Spaghetti & Meat Sauce
w/Garlic Bread & Fresh Fruit

Healthy Option:
-Spaghetti Squash & Meat
Sauce, Garlic Bread & Fresh
Fruit

3
Pancakes w/Hashbrowns &
Fruit

Healthy Option:
Protein Pancakes
w/Hashbrowns and Fruit

6

NO SCHOOL

7
Frio Pie w/Tater Tots, & Fruit

Healthy Option:
Grilled Chicken Salad
(Chicken, Salad Greens,
Tomatoes, Corn, Cucumber,
Carrots, Cheese, & Ranch
Dressing)

8
-Hamburger/Cheeseburger
w/French Fries & a Side
Salad

Healthy Option
-Grilled Chicken Sandwich
w/French Fries & a Side
Salad

9
-Chicken Fries w/Mashed
Potatoes & Roasted Corn

Healthy Option
-Crispy Chicken Salad
(Cucumbers, Tomatoes,
Corn, Cucumbers, Carrots,
Cheese & Ranch Dressing)

10
Cheese Quesadillas w/Roasted
Corn & Mexican Rice

Healthy Option:
Chipotle Chicken Bowl
(Chicken, Lettuce, Rice, Beans,
Corn, Salsa, & Cheese

13
Saulsberry Steak
w/Mashed Potatoes &
Green Beans,
Cheese/Pepperoni Pizza
w/ Veggies & Ranch &
Fruit, or Grilled Chicken
Plate w/Mashed Potatoes
& Green Beans

14
Cheese Enchiladas
w/Roasted Corn & Mexican
Rice

Healthy Option:
Chipotle Chicken Bowl
(Chicken, Lettuce, Rice,
Beans, Corn, Salsa, &
Cheese)

15
-Hamburger/Cheeseburger
w/French Fries & a Side
Salad

Healthy Option
-Grilled Chicken Sandwich
w/French Fries & a Side
Salad

16
-Crispy Chicken Sandwich
w/Tater Tots & Fruit

Healthy Option:
-Chicken Cesar Salad
(Chicken, Greens, Croutons,
Cucumber, Tomatoes,
Carrots, Parmesan, & Cesar
Dressing

17
-French Toast Sticks w/
Hashbrowns & Fruit

Healthy Option
-Sausage, Egg, and Cheese
Breakfast Sandwich w/
Hashbrowns & Fruit

20
Steak Fingers w/Mashed
Potatoes & Gravy & Green
Beans

Healthy Option:
-Country Grilled Chicken
w/Mashed Potatoes & Gravy
& Green Beans

21
Beef Street Tacos w/Roasted
Corn & Mexican Rice

Healthy Option:
-Taco Salad (Ground Beef, Salad
Greens, Corn, Cucumber,
Tomatoes, Tortilla Chips, Cheese,
Ranch Dressing

22
-Hamburger/Cheeseburger
w/French Fries & a Side
Salad

Healthy Option
-Grilled Chicken Sandwich
w/French Fries & a Side
Salad

23
-Chicken Nuggets w/Mac n'
Cheese & Fruit

Healthy Option:
-Chicken Cesar Salad (Chicken,
Salad Greens, Croutons,
Tomatoes, Cucumber, Carrots,
Parmesan, Cesar Dressing)

24
-Grilled Cheese Sandwich
w/Chips & Yogurt

Healthy Option:
-Grilled Chicken Sandwich
w/Chips & Yogurt

27
-Mini Corn Dogs w/ Mac n'
Cheese & Green Beans

Healthy Options
-BBQ Chicken Breast w/Mac n'
Cheese & Green Beans

28
-Spaghetti & Meat Sauce
w/Garlic Bread & Fresh Fruit

Healthy Option:
-Spaghetti Squash & Meat
Sauce, Garlic Bread & Fresh
Fruit

29
-Hamburger/Cheeseburger
w/French Fries & a Side
Salad

Healthy Option
-Grilled Chicken Sandwich
w/French Fries & a Side
Salad

30
-Crispy Chicken Sandwich
w/Tater Tots & Fruit

Healthy Option:
-Chicken Cesar Salad
(Chicken, Greens, Croutons,
Cucumber, Tomatoes,
Carrots, Parmesan, & Cesar
Dressing