



2026 Western Zone Age Group Championships

Idaho Central Aquatic Center
August 5 – August 8, 2026

Warm-Up Assignments

Wednesday Preliminary Session

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
6:00am – 6:30am	Open	Open	Open	Open	Open	Open	Open	Open
6:30am – 7:25am	PAC	PAC/OR	OR	CO	CO	PNS	PNS	AK/SRS
7:25am – 8:20am	MT/IES	SDI	SNS	HI	CCS/WY	AZ	UT	NM

Thursday Preliminary Session

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
6:00am – 6:30am	Open	Open	Open	Open	Open	Open	Open	Open
6:30am – 7:25am	MT/IES	SDI	SNS	HI	CCS/WY	AZ	UT	NM
7:25am – 8:20am	PAC	PAC/OR	OR	CO	CO	PNS	PNS	AK/SRS

Friday Preliminary Session

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
6:00am – 6:30am	Open	Open	Open	Open	Open	Open	Open	Open
6:30am – 7:25am	PAC	PAC/OR	OR	CO	CO	PNS	PNS	AK/SRS
7:25am – 8:20am	MT/IES	SDI	SNS	HI	CCS/WY	AZ	UT	NM

Saturday Preliminary Session

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
6:00am – 6:30am	Open	Open	Open	Open	Open	Open	Open	Open
6:30am – 7:25am	MT/IES	SDI	SNS	HI	CCS/WY	AZ	UT	NM
7:25am – 8:20am	PAC	PAC/OR	OR	CO	CO	PNS	PNS	AK/SRS

ALL Finals Sessions

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
3:50pm – 4:20pm	Open	Open	Open	Open	Open	Open	Open	Open
4:20pm – 4:50pm	Pace	Start	Ledge*	Open	Open	Open	Start	Pace