



UNLOCKING  
Your Journey

Unleashing your potential • Nurturing your well-being

WELCOME TO OUR  
CAREER COACHING  
PROGRAM

[www.unlockingyourjourney.com](http://www.unlockingyourjourney.com)



## UNLOCKING Your Journey

This *Career Coaching* program is designed to assist you in identifying and deciding what you want to do, exploring professional growth opportunities, and supporting you in the challenges or setbacks that may arise during your job search or the creation of a sustainable entrepreneurship.

*Unlocking your Career* will tailor itself to your specific goals and needs, addressing them through Coaching methodology, which is based on dialogue and powerful questioning. In this unique, reflective, and creative support process, you will maximize your professional potential and set stimulating objectives.

Remember that this program can be modified and adjusted according to your professional needs and the results that emerge during the process.







## What will you achieve?

- **Creating a space for self-reflection, self-discovery, and accountability:** You are the owner of this process. Identify your strengths and assess which aspects you need to enhance.
- **Learning to manage your emotions** and understanding their impact on your professional and interpersonal relationships.
- **Defining your professional value proposition:** Establish a sustainable action plan and measure your results.
- **Boosting your personal brand:** Cultivate and define your path towards change, progress, and professional fulfillment.
- **Nurturing well-being and balance:** Gain awareness and seek harmony and satisfaction in what you do.

## This program is for you if...

- If you want to advance in your career but are unsure how to achieve it or where to start.
- If you don't know what you want to do or what career path to pursue.
- If you've been interviewing extensively but haven't landed a job.
- If you want to improve your leadership and communication skills.
- If you can't get over your previous job.
- If you're going through a period of burnout and don't know how to recover from it.

If you are genuinely committed and boosting your career is a priority, we want to support you every step of the way as you work toward your goals.

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## Why choosing the *Career Coaching* program?

### **Personalized Approach**

A minimum 5-session cycle with a professional coach, tailored to your needs, where you'll explore a space for self-expression and self-understanding while respecting your values, beliefs, and resources, always prioritizing your well-being. Your coach will accompany you without judgment and challenge you through reflection and discovery.

### **Sustainable transformation and development**

Our coaching model is committed to change and action. Through this program, you will find tools that allow us to reach a common goal: to create a more sustainable, ethical, and conscious society.

### **Innovative tools and techniques**

Resources to confront challenges and seek alternatives and solutions in the workplace. Unlocking the mind, facilitating active listening, and sharpening reasoning skills to promote and strengthen successful relationships.

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## Coaches

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### **Johana Copete**

Coach

Career Matchmaker - Top Talent Hunter

Master in Coaching & Personal Leadership

Postgraduate Degree in Emotional Intelligence.

Neuroscience Applied to People's Management.



### **Júlia Peris**

Psychologist & Coach

Master in Cognitive Science and Language.

Master in Emotional Intelligence & Organizational Coaching.

Master in HR Management.

Neurolinguistic Programming Practitioner.

Narrative Therapy.



### **Carolina Puente**

Coach

Master in Coaching & Personal Leadership

Postgraduate Degree in Emotional Intelligence.

Course in The Science of Well-being

Bachelor degree in business creation and development





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## Terms and conditions

- **Duration of sessions:** Each coaching session has a duration of 60 minutes.
- **Session scheduling:** Sessions will be held at predetermined times agreed upon between the coach and the participant, aiming for process continuity.
  - The 5-session programs must be completed within a maximum period of 3 months from the start date, while the 8-session programs must be completed within a maximum of 5 months for the sake of process effectiveness.
  - Once you purchase the program, your coach will contact you to initiate the process.
- **Absence policy:** In the case of being unable to attend a scheduled session, advance notice of at least 48 hours is required. If the *coachee* doesn't come or connect to the session on the agreed day and time, without prior notice and justification, the session will be considered completed and as such will be charged
- **Session mode:** Sessions can be conducted either in-person or online, according to the coachee's preference.
- **Prices:** The price of the 5-session program is €280, and the price of the 8-session program is €450.




Do you want to know more? Get in touch!


If you're ready to embark on this career coaching journey, please contact us to obtain more information and begin your personal transformation and your path towards achieving your goals.


We look forward to working with you! 

*Johana & Julia*

Co-founders

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