

Recuro Complete Care

A comprehensive and integrated preventative care model with primary care, behavioral health, and virtual urgent care to enable precision medicine. Recuro Complete Care is a population health care model designed to improve health outcomes, reduce medical spend, and deliver top-tier member satisfaction.

What's Included

- Dedicated Physician
- Primary Care Services
- At-Home Labs
- Integrated Behavioral Health
- Chronic Care Management
- Health Risk Assessment
- Virtual Urgent Care

Example Conditions Treated

- Prediabetes / Diabetes
- Hypertension
- High Cholesterol
- Obesity Management
- GI Tract Issues
- Respiratory Illness
- Depression
- Anxiety



Service Highlights

- **Dedicated Physician:** Integrated, team-based care model with a Primary Care Physician 'quarterbacking' patient needs
- **Primary Care Services:** Annual wellness exam, health risk assessment review, screening and genomics lab review and recommendations, follow-up visits, care plan development and ongoing support, chronic condition management, post-visit lab ordering and review, and specialist coordination
- **At-Home Labs:** Lab tests are delivered to patients' doorsteps, easily returned to the lab in prepaid packages
- **Integrated Behavioral Health:** Coordinated behavioral health model, with therapy, psychiatry, and coaching
- **Chronic Care Management:** Care teams identify and manage chronic conditions on an ongoing basis
- **Health Risk Assessment:** A comprehensive risk assessment covers physical and behavioral health, lifestyle, and other areas
- **Virtual Urgent Care:** 24/7 urgent care access included



SOLUTION

Pricing



CONSULT INCLUDED MODEL

TOTAL

PEPM

PLAN DESIGN

- Dedicated physician relationship
- Holistic care model: Inclusive of physical health, behavioral health, and genomics
- Annual wellness visits and follow-up care
- Integrated Mobile Application
- Comprehensive health risk assessment and stratification
- Chronic care management and maintenance medications
- Integrated urgent care 24/7/365
- Access to on demand pediatric urgent care for minor dependents
- One Included lab (lipid panel and A1C screening test)
- DNAware genomics panel: Targeting hereditary disease & PGx
- Integrated behavioral health (ages 14 & up): Inclusive of counseling, and psychiatry. Includes 3 annual visits at no cost to the member, then applicable consult fees apply. Psychiatrist initial visit \$250, then \$135 thereafter. Licensed therapist \$85 per visit.
- Dependents: Adult dependents have full access; minors have access to urgent care only

Pricing

Recuro Complete Care

Questions about pricing?
 Contact Recruo Health's
 Sales Department at
info@recurohealth.com,
 or call 844.979.0313