



LANGEI
EDGE



2026 HOCKEY CAMPS

*PARTNERING
WITH:*

gf parks
GRAND FORKS PARK DISTRICT



CHOICE
HEALTH & FITNESS

2026 HOCKEY CAMPS

Langei Edge LLC, is honored to offer impactful camps and private & small group lessons in the Greater Grand Forks Area. Our focus is player development on and off the ice providing you with the skills you need to optimize your performance.

POWER SKATING II

Langei Edge provides age appropriate skating clinics to help your athlete thrive on the ice. Our power skating camps help athletes gain on-ice skills and agility with a variation of on-ice training lesson plans.

SUMMER CAMP 1 // JUNE 1 - 18

GROUP	TIME	DAYS	DESCRIPTION	COST
PeeWees & 12U	4:00 - 4:45 pm	Mon. / Wed.	45 min. Power Skating	\$180
Bantam & HS Girls	5:00 - 5:45 pm	Mon. / Wed.	45 min. Power Skating	\$180
HS Boys & Post Grad	6:00 - 6:45 pm	Mon. / Wed.	45 min. Power Skating	\$180
Mites & 8U	4:00 - 4:30 pm	Tues. / Thurs.	Intro to Power Skating w/ Games & Obstacles	\$130
Squirts & 10U	4:30 - 5:15 pm	Tues. / Thurs.	30 min. Power Skating / 15 min. Games	\$180

DEADLINE MAY 25 **LOCATION** ICON Arena

SUMMER CAMP 2 // AUGUST 2 - 20

GROUP	TIME	DAYS	DESCRIPTION	COST
PeeWees & 12U	4:00 - 4:45 pm	Sun. / Wed.	45 min. Power Skating	\$180
Bantam & HS Girls	5:00 - 5:45 pm	Sun. / Wed.	45 min. Power Skating	\$180
HS Boys & Post Grad	6:00 - 6:45 pm	Sun. / Wed.	45 min. Power Skating	\$180
Mites & 8U	4:00 - 4:30 pm	Tues. / Thurs.	Intro to Power Skating w/ Games & Obstacles	\$130
Squirts & 10U	4:30 - 5:15 pm	Tues. / Thurs.	30 min. Power Skating / 15 min. Games	\$180

DEADLINE JULY 26 **LOCATION** ICON Arena

PRIVATE LESSONS

June 1 - August 6 | Individuals or Small Groups

Mondays: 6:00am - 7:00am or 1:30pm - 3:45pm

Tuesdays: 1:30pm - 3:45pm

Wednesdays: 6:00am - 7:00am or 1:30pm - 3:45pm

Thursdays: 1:30pm - 3:45pm

Private lessons can be booked for one-on-one or group training. Cost varies upon number of players per session. To schedule your session today, call #218.779.7705 or LangeiEdge@gmail.com.



CHRIS LANGEI

With over 35 years of coaching experience, founder Chris Langei has worked with players of all ages and abilities throughout the country. Chris is a seasoned national motivational speaker, powerskating coach, certified personal trainer, and sport yoga instructor. She has worked as the strength & conditioning coach for UND Hockey, Shattuck St. Mary's Summer Camp, NDAHA, Northern Plains, Selects Hockey, local youth teams, and local high school teams.

SUMMER STRENGTH & CONDITIONING TRAINING

All Summer Strength & Conditioning is offered through Choice Health & Fitness and will be held at ICON, Altru Performance Center, or Choice H&F. There are multiple age appropriate classes. If you don't find a time that works, we can set-up a private training group as well. Visit Choicehf.com or call #701.746.2790 for more information.



MAKAYLA LANGEI

As a former 1st round draft pick for the MN Whitecaps and USA U18 World Champion, Makayla has over a decade of powerskating and coaching experience. While playing on the Bemidji State University women's hockey team, she received many awards including but not limited to Rookie of the Month, Defensive Player of the Week, AHCA All American Scholar, and Student-Athlete of the Year. When not coaching with Langei Edge, Dr. Makayla Langei is a General Dentist at East Grand Forks Dental Care.

WHERE PASSION FUELS PERFORMANCE

PRE-SEASON SKATING

Dialing in on tryouts? Langei Edge and Choice Health and Fitness offers a Pre-Season Skating camp with three weeks of 2-day practices. This camp is for the players seeking to improve their athleticism on and off the ice while focusing on tryouts.

FALL CAMP // SEPT. 28 - OCT. 15

 GROUP	 TIME	 DAYS	 DESCRIPTION	 COST
Squirts & 10U	4:45 - 6:30 pm	Mon. / Wed.	30m. Dryland / 30m. Power Skate / 30m. Skills	\$290
PeeWees & 12U	5:15 - 7:00 pm	Mon. / Wed.	30m. Dryland / 30m. Power Skate / 30m. Skills	\$290
Bantam & HS Girls	6:00 - 7:45 pm	Mon. / Wed.	30m. Dryland / 30m. Power Skate / 30m. Skills	\$290
HS Boys	6:30 - 8:15 pm	Mon. / Wed.	30m. Dryland / 30m. Power Skate / 30m. Skills	\$290
Mites & 8U	4:00 - 4:30 pm	Tues. / Thurs	30 minutes of Power Skating	\$130
Squirts & 10U	4:30 - 5:15 pm	Tues. / Thurs	45 minutes of Power Skating	\$180

 **DEADLINE**
SEPT. 21

 **LOCATION**
ICON Arena



DANE MONTGOMERY

With a degree in Kinesiology and currently playing hockey professionally in Germany, Dane has many years experience as our power skating and skills coach. His past experiences include playing for UND Mens Hockey, USA U17 Five Nations team, and USHL Waterloo Blackhawks.



BROCK MONTGOMERY

Specializing in coaching skating and skills and strength and conditioning on the ice, Brock is a doctor of physical therapy. His past experiences include Former ND Mr. Hockey; NAHL; MJHL; Concordia College Hockey Team; and coaching Bantam AA hockey.



DREW MONTGOMERY

As a hockey player for Colorado College and three years in the USHL, Drew has vast knowledge in the game. His creative demeanor is one of the many reasons why he is the type of player and coach everybody loves.



DILLON JACKSON

Dillon has extensive experience in coaching skating and skills at the junior hockey level and coaching Bantam AA hockey. He is passionate about helping young hockey players reach their fullest potential.

OUR TEAM



2026 REGISTRATION

LANGEIEDGE.COM

SCAN ME
FOR MORE INFO



CONTACT INFORMATION

PLAYER First Name

PLAYER Last Name

PARENT First Name

PARENT Last Name

Address

City

State

Zip Code

Daytime Phone

E-Mail

WAIVER

I hereby acknowledge the health of my child, listed above, to be ready for vigorous activity and authorize the directors to secure any emergency treatment deemed necessary, and that I hereby release Langei Edge, Grand Forks Park District, Choice Health & Fitness, and all employees, executors, and heirs from all claims for injuries, which may be sustained by my child while attending this program. I also understand that any medical bills incurred by my child due to injuries will be my responsibility or the responsibility of my family health insurance plan.

REIMBURSEMENT POLICY: We take pride in our camps by providing quality service to our athletes. As spots are limited and ice rented, we do not pro-rate or reimburse, with the exception of medical / family emergencies.

Parent / Guardian
SIGNATURE

DATE



SELECT YOUR CAMPS(S)

SUMMER CAMP 1

June 1 - 18

- PeeWees & 12U \$180
- Bantam & HS Girls \$180
- HS Boys & Post Grad \$180
- Mites & 8U \$130
- Squirts & 10U \$180

SUMMER CAMP 2

August 2 - 20

- PeeWees & 12U \$180
- Bantam & HS Girls \$180
- HS Boys & Post Grad \$180
- Mites & 8U \$130
- Squirts & 10U \$180

FALL CAMP

Sept. 28 - Oct. 15

- Squirts & 10U \$290
- PeeWees & 12U \$290
- Bantam & HS Girls \$290
- HS Boys \$290
- Mites & 8U \$130
- Squirts & 10U \$180

Would you like information on our private sessions? No Yes - Individual Training Yes - Group Training

PAYMENT OPTIONS



CASH or CHECK | Include your signed registration form along with a cash payment or check payable to **Langei Edge** and mail to **1620 13th Ave. SE, East Grand Forks, MN 56721**



VENMO @Langei_Edge | When paying, include your Name, Age Group & Camp. Then email LangeiEdgeMgmt@gmail.com pic of the signed registration form.

LANGEIEDGE.COM // 218.779.7705 // LANGEIEDGE@GMAIL.COM