“Satlyunicorn’s Extra Facebook Page:

https://www.facebook.com/groups/349369911227633/permalink/516422361189053/?mibextid=K35XfP&rdid=7fJqhLDZSpl01LuD&share\_url=https%3A%2F%2Fwww.facebook.com%2Fshare%2Fp%2FYaUNi4GN6Y3Y4Wh6%2F%3Fmibextid%3DK35XfP

Jodi Baxter’s Extra Facebook Page:

https://www.facebook.com/profile.php?id=100064682589856

Everyone should know.

What is one thing you believe everyone should know? The one thing everyone should know is to stop and pause and be kind to other people and not just take them at face value. You cannot judge a book by its cover. There is more content to an individual than that of which you see, so please be gentle and kind and be humble; I think these are the things that people should know.

My feelings are along that same line:

\*\*The way people treat others will boomerang back to them in the form of whatever karma they create, either in this life or previous lives. If you ever wondered why some people are born into good circumstances in life and some are born into bad circumstances, karma is a very good explanation for this. I don’t think it’s too hard to believe that you can live multiple lives, and the karma you create in these lives follows you to the next one. The nice thing about living is that you can work to better your karma. I believe we are all here to work for our salvation. Sitting on your ass and praying will never get you anywhere in life.\*\*

In other words, it’s important to make sure you feed the white wolf and not the black wolf, meaning the more good things you do the more you’re capability of doing good things will grow, the more bad things you do more capability you will be of being bad and the less your conscience will come into play.

Oh, to be a kid.

What does it mean to be a kid at heart?

I think being a kid at heart means always having fun and always seeing the magic in everything. Do not take life so seriously and to remember what happened and just enjoy the day. Appreciate even the smallest of things and never stop laughing. Be silly, be goofy, let your weird little light shine. Always remember to make new friends and to include old ones.

To me being a kid is like being energetically pure there’s nothing holding you back from what you wanna do. You’re free, you’re flowing, a vessel of the spirit . And you’re right, you can be goofy. You can laugh, and laugh, but the way you’re not a kid is that you’re impeccable and everything — you do do your best. You’re a warrior and that never changes. You may not need to constantly work at Intent quite as hard as when working at it in the beginning, as it comes naturally, but you never let up.

Mental health and well-being.

Mental health and illness is a serious issue in today’s society. Many struggle with different forms of mental illness, from depression, anxiety, and other forms of personality disorders. Depression is at an all-time high and so unfortunately is suicidal ideation and attempts, addiction is more prevalent than in the past…

Well, this warrior, healing path is a great way to heal the mind, body and soul. It’s a clearing meadow. I can really relate to this topic because I have bipolar disorder myself. I’ve had it for 21 years, but I’ve gotten so much better with the healing that I truly recommend it for anyone like this who wants to heal from any of the many kinds of mental illnesses. I’ve also found the proper diet that limits the amount of medication that I need to take in to stay sane. Furthermore, with my energetic healing, I feel my psychosis is completely gone.

Secrets of mine.

What is something most people don’t know about you? There are so many things that people don’t know about me. I’m a survivor. I have experienced immense pain and trauma. Most people see me I think my life is perfect and without difficulty, but they can’t see the experiences that shaped who I am. I have utilized my life experiences as a positive tool.

I’m not sure people totally realize that I have been an energetic warrior for the last 17 years. It took years and years of work dealing with stored pain to get where I am now. You need to be utterly impeccable in everything you do, that means do the best you can, work as hard as you can, as much as you can, as long as you can. Do whatever it takes. When you’ve done as much as you could do that’s when the Great Spirit takes over guides your life and makes it magic.

You grow you get stronger; you evolve; you become the best version of yourself. You get your life back; you get YOU back and you get rid of everything else from everyone else. That’s the name of the game, my friends until next time….

Poem by saltyunicorn, our very interesting interviewer posted on her website:

Life’s struggle . (Life can be hard, but we are too.)

I sit in the evening fading in

I am a mess inside, I feel I can’t win

I feel calm from the medication’s that have been given to me

Yet I am overwhelmed, my heart flooded with pain

Small cracks of light give me hope in this lasting game

I have loved and been in love with a heart so full it should’ve burst

Then the pain comes that hurts so much worse

I am an empath and believe me I feel

I try to treat others with kindness and without ill will

I tell myself daily what goes around comes around

I’m still waiting. I tried to take each and every day as a lesson in God’s plan.

We never know where he is leading us, the things he is calling us for, or maybe the blessing that is here to come.

Why is it so fucking hard when there is no action to take?

Bitter, I am not though I wish I could be

Summer night air brings me to life

Unravel, life’s snake, choking out my life

Give me breath, give me reprieve

On this night, give me anything but poisonous greed

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That which we can’t see with our eyes, but can only be felt with our hearts.

Every day we come into contact with many different people. We make assumptions based off of what we see, and have no idea what the picture is behind that. We have no idea the circumstance is that that person has had to walk through. We you don’t know the ins and the outs of their life; how they grew…

Get rid of your judgments, your name calling, until your mind and energy is clear and you can see their energy. You can see their karma; you can feel their intentions. Saltyunicorn is right. You don’t know what kind of fire this person went through to purify them to get them to where they are now, the karma they had to pay off, what the circumstances are that now they may have good karma. Life is so mysterious, let’s not put ourselves above it and try to make judgments about what it is going on…

…unless we really consider all the angles, are curious and ask questions. And even then, realizing that there’s no hope of ever being able to truly understand it. Life is an unfathomable mystery. We must do our best to unravel it without the hope of ever being able to accomplish this... Thank you very much.”