

naman

**NEED A BREAK FROM
YOUR USUAL ROUTINE?**



**Time To Relax
For Self Care
Space To Recharge**

JOIN WELL BEING RETREAT

For More Details

www.naman-wellbeing.com
Email-support@naman-wellbeing.com

***BOOK ONE OF
THE DAY
OR WEEKEND
WELLBEING
RETREATS
TODAY***

20th July 2024: 9.00am to 5.30pm

24th August 9.00am to 25th August 5.30pm

21st September 2024: 9.00am to 5.30pm

26th October 2024: 9.00am to 5.30pm

At

A fabulous lake side location in Kent

Limited spaces

Book today - support@naman-wellbeing.com