

# naman

靈氣

Do you feel a connect with REIKI?

Complementary therapy that promotes  
wellbeing and relaxation

Learn about the natural wellbeing system

Learn self-treatment and treatment of others



Location: Bexley, Kent

First level of Reiki classes now available  
Intensive two-hour sessions each day- over four days.

Choose from any of the below dates

26<sup>th</sup> to 29<sup>th</sup> January 2024

23<sup>rd</sup> to 26<sup>th</sup> February 2024

22<sup>nd</sup> to 25<sup>th</sup> March 2024

12<sup>th</sup> to 15<sup>th</sup> April 2024

Please note: Limited spaces available

[www.naman-wellbeing.com](http://www.naman-wellbeing.com)

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