

Carew

Start Car park and picnic area $\frac{1}{4}$ mile (400m)
north-west of Carew village

Distance 2½ miles (4km)

Approximate time 1½ hours


Parking Mill Pond car park

Refreshments Pub at Milton, pub and restaurant at Carew

Ordnance Survey maps Landranger 158 (Tenby & Pembroke),
Explorer OL36 (South Pembrokeshire)

A remarkable variety of historic interest is crammed into this short and easy stroll, mostly across flat meadowland, in the low-lying country of the Daugleddau, the upper reaches of Milford Haven. The attractions include a mainly medieval castle, an 18th-century mill, a 14th-century church and an 11th-century cross.

From the starting point there is a superb view across the waters of the Mill Pond to the ruins of Carew Castle. This dates mainly from the 13th and 14th centuries, but in the late 16th century Sir John Perrot, Lord Deputy of Ireland, who was granted the castle by Elizabeth I, built the impressive north gallery, transforming Carew into a harmonious combination of medieval fortress and Elizabethan manor-house.

 Begin by taking the path at the far end of the picnic area, between the Mill Pond on the left and a wire fence on the right. Turn left at the end of the Mill Pond

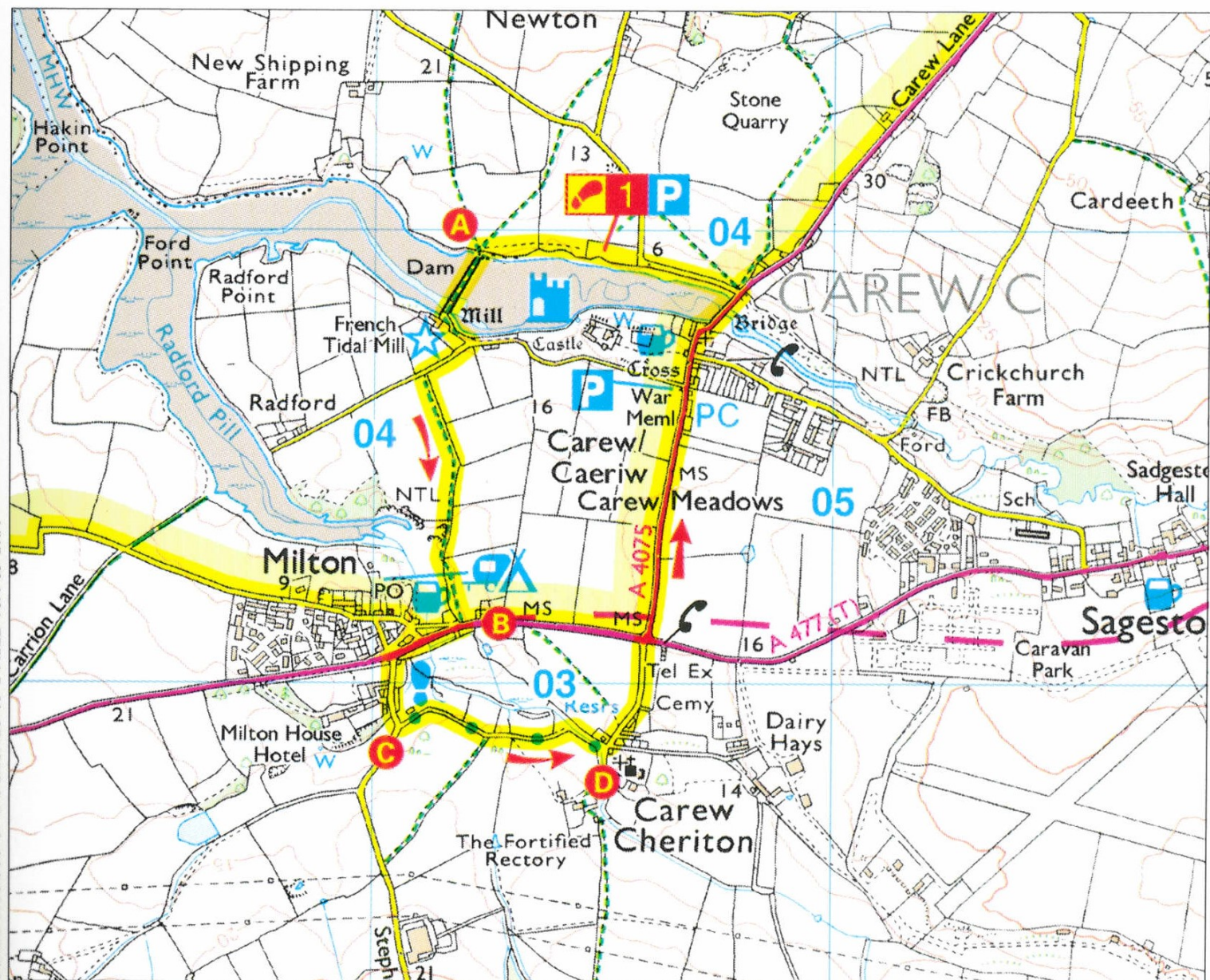
 to walk across the dam to the French Mill, so called because its millstones came from France. Although there has been a mill here since at least the 16th century, the present building dates from the late 18th century with 19th-century

additions and has recently been restored. It used the energy of the tides to drive the machinery and is the only remaining example of a tidal mill left in Wales.

On the other side of the dam, turn left in front of the mill along a lane to a junction and turn sharp right along a hedge-lined tarmac track. At a public footpath sign, turn left over a stone stile and walk along the left-hand edge of meadowland, by a wire fence and hedge

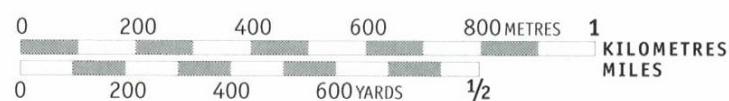
Carew Castle across the waters of the Mill Pond





on the left. To the left are pleasant views across Carew Meadows to the castle, and later the tower of Carew Cheriton church can be seen. Climb a stile and continue above a disused and now grassed-over limestone quarry on the right, beyond which is Radford Pill, one of the numerous small creeks and inlets that are such a feature of the Daugleddau. Bear slightly left, following the field edge, to turn left over a stone stile, at a footpath post, turn right and continue along the right-hand edge of the next field, following the field edge as it curves left to a stile.

Climb the stile and turn right **B** along the path that crosses the old bridge into Milton village. At the crossroads keep ahead and bear left to the main road. Cross over and continue along the lane opposite, signposted to Lamphey and Manorbier. Take the first turning on the left **C**, by a 19th-century waterworks building, to walk along a tarmac track, soon bearing right along a pleasant tree-lined track. On meeting a stream the track narrows to a



path which continues between a wall on the right and the stream on the left, crossing the stream onto a lane in front of Carew Cheriton church **D**. This is a fine late 14th- and early 15th-century building with an impressive aisled nave and a tower that is more reminiscent of Somerset than Pembrokeshire.

Turn left along the lane, cross the busy A477 road and continue along the road ahead – there is no verge or footpath – into Carew, passing to the right of the 11th-century cross. This commemorates Maredudd ap Edwin, joint ruler of Deheubarth, a kingdom which covered south-west Wales, who was killed in battle in 1035. The elaborate patterns carved on this 13ft- (4m) high monument are chiefly Celtic but have some Viking influence.

From the cross continue over Carew bridge and turn left along the lane signposted to West Williamston to return to the car park and picnic area.