Broad Haven and Haroldston Wood

Start Broad Haven

Distance 4 miles (6.4km)

Approximate time 2 hours

Parking National park car park at Broad Haven

Refreshments Pubs and café at Broad Haven

Ordnance Survey maps Landranger 157 (St David's & Haverfordwest), Explorer OL36 (South Pembrokeshire)

The first half of the walk is mostly through lovely woodland and the second half is along the coast, descending into Broad Haven above the wide, sandy beach. This is an easy walk; the only steep climb is for those who opt for the higher of the two alternative paths through Haroldston Wood.

Start by taking the path signed 'Woodland Walk' that leads off from the car park. Pass to the right of the Coastguard Station, go through a kissing-gate and cross a footbridge over a stream. Cross a track and continue along the track opposite, going through another kissing-gate, to enter this beautiful area of woodland. At first the path keeps to the right of a stream but it soon crosses it via a footbridge and continues winding through this long, thin, secluded wood, confined within the sides of a narrow valley. There are plenty of boardwalks over the muddy sections.

At a footpath sign there is a choice between a high-level or low-level route . To take the higher path, keep ahead up a flight of steps; the path is quite steep and narrow in places and winds along the top left-hand edge of the wood to a T-junction where you turn right to join the lower path coming in from the right a few yards ahead. To

take the lower path, turn right along the route signposted to Haroldston West; this is an easier walk along a wider path to where it joins the higher path at a T-junction.

At this junction (B) keep ahead if on the higher path or turn right if on the lower path and continue along an undulating path through the wood, eventually heading up to a footpath sign in front of St Madoc of Ferns' Church, the parish church for Haroldston West. Although on an ancient site, the present church was largely restored from ruins in 1883.

Ignore the direction of the footpath sign to the right and instead bear left and head up to climb a stile and keep ahead to a road . Bear right along the road, passing to the left of the church and keeping ahead at a junction in the direction of Nolton. After 1/4 mile (400m) turn left along a lane sign-posted to Druidston Haven and about 1/4 mile (400m) after a sharp right-hand

bend turn left (a) at a coast path sign and walk along the right-hand edge of a field, by a wire fence on the right.

At the next coast path sign turn left onto the coast path and follow it along the top of cliffs back to Broad



Haven. This is an open and relatively easy section of the path which passes above some impressive cliffs before descending above the wide, flat sands of Broad Haven to a road. Turn right along the road and after crossing a bridge over a narrow stream turn left along a tarmac path to return to the car park.

