



STACKPOLE Beaches And Lakes

An undemanding tour of the clifftops, beaches and lakes at the southernmost point of the Pembrokeshire Coast National Park.

6 miles/9.7km 2hrs 30min **Ascent** 390ft/119m **▲ Difficulty** 1

Paths Easy coast path, quiet lanes and well trodden waterside walkways, no stiles

Map OS Explorer OL36 South Pembrokeshire **Grid ref** SR 976938

Parking National Trust car park above Broad Haven Beach

1 From car park, head back to National Trust building at head of lane and bear **R**, down set of steps, to beach. Cross beach and keep **L** to walk up creek to footbridge.

2 Go over this and bear **R** to walk above rocky outcrops, above beach, to gate. Follow grassy path around headland and back inland to gate above Saddle Bay. Continue around large blowhole and up to gate above deeply cloven zawn (cleft), known as Raming Hole.

3 Go through gate and hug coastline on **R** to walk around Stackpole Head. As you turn back inland, pass blowhole and then go through gate to drop down to Barafundle Bay. Cross back of beach and climb up steps on other side to archway in wall. Continue around to Stackpole Quay.

4 Turn **L**, above tiny harbour, and drop to pass the Old Boathouse Tearoom on **L** before turning sharp **R**

on to road. Follow this past buildings on **R** and up to T-junction, where you turn **L**.

5 Drop down into Stackpole village, pass Stackpole Inn on **R**, and continue around series of bends until you come to road on **L**, over bridge.

6 Cross bridge and bear **L** to follow good path along side of lake. This leads through 1 kissing gate to 2nd where you bear **R**, up short steep section. Continue easily again to bridge.

7 Don't cross bridge, but drop down on to narrow path that keeps straight ahead and follow it with lake **L**. Continue ahead to another bridge, cross it, then carry on with lake now on **R**. This path leads to footbridge that you crossed at Point **2**. Retrace your steps across beach and up steps back to car park.