



PRESELI HILLS Romancing The Stones

A walk to find some of the planet's most mystical rocks.

5.5 miles/8.8km 2hrs 30min **Ascent** 560ft/170m **Difficulty** 2

Paths Mainly clear paths across open moorland, no stiles

Map OS Explorer OL35 North Pembrokeshire **Grid ref** SO 165331

Parking Small lay-by on lane beneath Foeldrygarn

NOTE Navigation very difficult in poor visibility

1 Walk to **L** out of lay-by on lane from Crymych, then turn **R** up stony track. When you reach gate, keep going ahead for another 100yds (91m) or so, and then fork **L** on to grassy track, which soon becomes clearer as it winds up hillside. Follow this all the way to rocky cairns and trig point on Foeldrygarn.

2 Bear **L** at summit and locate grassy track that drops steeply south. Cross heather-clad plateau beneath, aiming for **L-H** corner of wood. When you meet main track, turn **R** to walk with edge of wood on **L**.

3 Leaving wood, path climbs slightly to some rocky tors. 2nd of these, closest to track, has sheepfold at its base. Shortly after this, path forks and you follow **L-H** track down to nearest of group of outcrops to **L**.

4 This is Carn Gyfrwy. Continue on faint paths to larger outcrops ahead, then curve **R** away from stones and drop slightly to Carn Menyn, the lowest, perched precariously on edge of escarpment. Path becomes

clearer here and drops slightly into marshy saddle that can be seen ahead.

5 In saddle you'll meet main track. Turn **L** and follow it steadily up towards Carn Bica, which is visible on hillside ahead. Just before this, you cross circle made by stones of Beddarthur.

6 Turn around and retrace steps back to saddle. Climb slightly to pass tor with sheepfold and stay on this main path to walk beside plantation once more, now on **R**. At end of this, drop on grassy track, down to gate. Turn **R** on to lane and continue back to car park.

