## Stackpole and Bosherton, Pembrokeshire How hard is it? 6 miles; moderate; coast and foot paths, a few steep slopes

Bosherston's water lilies bloom in July, covering the ponds with flowers. Dragonflies and damselflies skim the surface while pikes lurk amid rare green stonewort below. The coast path visits Stackpole Head and the beautiful beaches at Barafundle and Broad Haven. Map OS Explorer OL36
Start Stackpole Quay car park, SA71 5LS (SR991957)

Getting there Train to Pembroke then 387 Coastal Cruiser bus from Pembroke to Stackpole Quay. Road — B4319 from Pembroke, follow brown signs to Stackpole Quay Walk Follow Wales Coast Path (WCP) south to Barafundle Bay. Cross beach and continue on WCP around Stackpole Head and Saddle Point, Cross stone footbridge over Bosherston Lily Ponds outflow (977943). Cross bridge, turn right, follow footpath (FP) alongside pond and over Bosherston Causeway. Right, follow FP beside pond and across central causeway. Turn right but don't cross Grassy Bridge, continue on FP over Eight Arch Bridge then track across Stackpole Park back to Stackpole Quay. Lunch The Stackpole Inn (01646 672324, stackpoleinn.co.uk) **More information** Visit Pembrokeshire (visitpembrokeshire.com), Pembrokeshire Coast National Park (pembrokeshirecoast.wales)

