

# DIVERSE CITY

**Magazine**

**New Year Edition 2025**



## **HAPPY NEW YEAR**

Looking forward to a brighter and brighter year  
All the best and success  
All the good things life brings  
Follow your passion with a New Year's Resolution  
The good times fly another year just gone by

## **DAVE MARTINS OF THE TRADEWINDS**

The passing of Guyana's superstar Dave Anthony Martins from the band 'The Tradewinds' of Portuguese ancestry passed on at age 90; he played his songs until the end

## **NEWS UPDATES ON HN51 BIRD FLU**

California declared a state of emergency



## **GUYANA - VENEZUELA BORDER DISPUTE OVER THE ESSEQUIBO REGION OF GUYANA...**

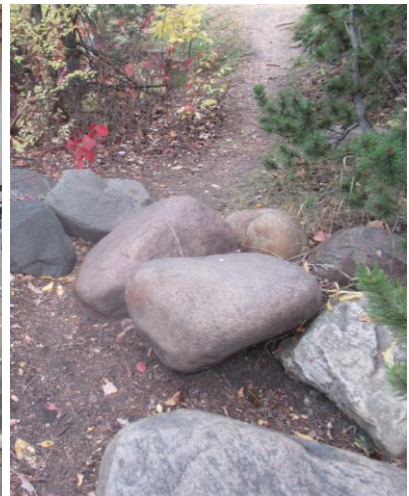
Guyanese calls the Essequibo their own, their home, where they put up their feet and say this is home, every blade of grass

## **ALLY 2025 ACOUSTIC GUITAR JAM CONTINUES...**

Posted on [www.allymedia.ca](http://www.allymedia.ca), under Music-Books

## **GROOMING, FRAUD, SCAMS**

Beware of the tricksters stealing your songs and books and then harassing you, Savitri's Garden- A discussion taking place between J, Anwar and Sarah on how people do not want to work today and wants everything given to them...p. 28



## *World Magazine*



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*Carnival photos taken and copyright by F. Ally*

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**Disclaimer:** *The opinions conveyed in this magazine are those of the writer(s) and do not reflect the opinions of the publisher, others posting information such as advertisements, pictures etc...*

*The views of the writers are his/her views and does not represent others in the magazine. The writer(s) of articles in the Diverse City Magazine has done his/her best to write on topics presented based on public available information, which may be inconsistent, incorrect or even change over time. If errors are pointed out, the writer(s) will investigate and provide updates. Faisal Ally has been video taping areas of his reports as he types as proof of his research and work, and has multiple copies of his work as his work evolves.*

*Information presented in this magazine are subject to changes. When embarking on a trip, vacation, a place of service such as a restaurant etc...you must verify and or confirm the information presented in this magazine, as information can change quickly, even immediately after this magazine is published. It's important that anything to do with health and meditation as presented in this magazine that the person seeks professional advice, for example from their doctors, researchers etc...*

-----  
Ally Production and or Faisal Ally/ Brian Ally do not do videos, write articles, books, songs for anyone, nor edit books and articles for anyone. In the past I have done some weddings videos and around 2010 completed a half an hour comedy episode and a mock up movie.

There is another company by a similar name, Ally Production that does movies; I have no connection to them. If any body tells you that I will write songs, books articles for others or gives audition, those are all made up fabricated lies and have nothing to do with me.

Anyone can have a copy or copies of my songs and books, however, if anyone tells you that you can sample my songs, books etc... for commercial use and rewrite to make it better according to your taste thinking it's better, those are again fabricated lies as part of their scam, as I have never signed a contract with anyone to sample any of my songs and books or to use any of my songs/music and books commercially. In this industry scams and tricks can be played on you and you can easily be mislead pulling you into a scam and or situations you will regret. Beware of people pulling you into their scams and having you take the blame for them! They will set you up, frame you and make you take all the blame, while they're on their beach getaway enjoying their paradise on earth, and they are well protected by a system that protects them, but scam people like myself for their gains and benefits. People on our email lists have been getting spams with the subject 'Ally Production(s)'; I never use this name in the subject line - those emails are not from me...F. Ally

# **Happy New Year 2025**

**Wishing you brighter and brighter days  
All the best and success  
All the good things life brings  
Follow your passion  
With a New Year resolution  
The good times fly  
Another year gone by**





**Editor / writer:**  
**Faisal Deen Ally**  
**(Brian Ally)**

Happy New Year and wishing everyone brighter and brighter days as through the New Year.

We're now in our 9<sup>th</sup> year of this online Diverse City Magazine which commenced in 2017. This magazine branched off from the online Cariwave Magazine that started in 2016. The original Cariwave Magazine was called 'Cariwave, The Caribbean Magazine', a 40 page printed magazine that began back in the year 2002 bringing many events from the Caribbean, Guyana, Canada and other places. The name Cariwave came from the words Caribbean waves.

I would encourage anyone that's reading or glancing over this magazine is to checkout some of our older articles concerning covid, vaccinations, the Great Reset and what's comin....

### **2025 New Year Edition**

This year, I look forward to attending the Cariwest parade and a few other events, while continuing with a Valentines and Easter edition along with many more.

As a boy in Guyana, we used to fly kites every Easter as Easter is a country wide celebration. Many Guyanese brought this tradition to Canada, America and other places. A few years ago, I had made at least five kites, and this year I plan to continue this tradition in Canada, where I will make a few more kites.

I'm planning to put out an edition every month, sometimes even bi-weekly to cover some news. Thus the magazines will be smaller, about 25 to 35 pages.

In the Christmas edition, I post two of my mom's Guyanese recipes for Chinese cake and Pine Tarts. In this edition I'm adding a cheese roll recipe which I was highly involved in putting together already knowing how my mom makes the crust already and just adding some cheese.

### **World Conflicts**

What we are witnessing taking place across the world at the end of 2024 and heading right into 2025 with shooting, wars and flu's. This is only a taste of what's to come as the Great Reset takes place. And I give you this quote again so you know who is actually in control of the world and our lives.

Henry Kissinger stated who controls the food supply controls the people, who controls energy can control whole continents, who controls money can control the whole world.

Starting off 2025 with what the FBI called a terrorist attack in New Orleans, Ukraine encountered another large-scale drone attack by Russia where 'source says Russia launched more than 100 drones overnight across 10 regions.' An airplane crashed in South Korea. 179 people died when plane crash landed on Sunday. New Year's Eve - Puerto Rico left in dark after major power grid failure...as of 2 pm on New Year's day Puerto Rico's energy provider said 99% of its customers have seen their power restored...'

*Higher and Higher*  
**HAPPY NEW YEAR**  
**2025**

**Naz & Son making Guyanese pastries**



**New Year's Day Baking – Picture by F. Ally, Jan 1, 2025**

***Guyanese traditional cooking and baking***

***This edition Naz and her son made cheese rolls***

# **TAKING CARE OF EACH OTHER ESPECIALLY IN THESE TIMES**



# REFLECT & CELEBRATE

## ANOTHER YEAR GONE BY

### Precious Holidays

*Original by F. D Ally*

The good times fly  
Another year gone by  
There's magic tonight  
Have a precious holiday  
And a Happy New Year

All the best and success  
All the good things life brings  
Follow your passion  
With a New Year Resolution  
The good times fly  
Another year gone by

I'll always remember the good times  
Those moments we share and treasure  
The things we do together

Taking rides on Santa's sleigh  
To see the lights on Candy Cane Lane  
Smile with me, Shout with glee  
Precious holidays and a happy new year

Light up my life, light up the world,  
let's celebrate  
So have a precious holiday and a happy new year

All the best and success  
All the good things life brings  
Sing a song and clap along  
You can't go wrong with a hug and kiss

Smile with me, shout with glee, the good times fly, another year gone by

Precious holidays and a happy new year



# DIVERSE NEWS



## REPORT 1

In the summer of 2024, the mainstream media updated us on Monkey Pox, and now we're hearing about the H5N1 Bird Flu in California, British Columbia and Laos. A simulation was ran in October 2022 about a fictitious contagion called SEERS 2025 which also spoke of a respiratory illness that will affect mostly children and then spread across the world; is this even a possibility that this could become reality?

According to Ref 1 'California declared a state of emergency over H5N1 bird flu' as reported by Thomson Reuters on December 18, 2024. The report states, 'The U.S. reported its first severe human case of bird flu on Wednesday in a Louisiana resident who is hospitalized in critical condition, the U.S. Centers for Disease Control and Prevention (CDC) said. And the description is Ref 1 'Agency officials didn't immediately detail the person's symptoms, but the Louisiana Department of Health said the patient is suffering severe respiratory illness. In this case 'The person is reported to have underlying medical conditions and is over the age of 65, putting the patient at higher risk, the department said.' The report further states: 'Partial viral genome data of H5N1 avian influenza virus that infected the patient in Louisiana indicates the virus belongs to a genotype related to viruses recently detected in wild birds and poultry in the U.S. and in recent human cases in British Columbia and Washington state.'

According to Ref 2, Source Global National: Jan 1, 2025 Perpetrator of deadly New Orleans ramming attack identified, at 8:10 minutes into the video, the headline states 'BC teen (a 13-year-old-girl) no longer critical with avian flu.' Dr. Bonnie Henry (British Columbia Provincial Health Officer): The teenager who developed a rapidly progressive severe respiratory illness remains in critical care, Ref 2. The Host of the news channel states: 'Host: It was called a rare event November 2024. The first human case of the avian flu in Canada detected in BC. A Fraser Valley teen had contracted H5N1. Little was known about the nation's only bird flu victim until now...On December 18, she no longer require supplemental oxygen....the girl's road to recovery will be a long one' Ref 2.

Going further back, according to Reference 3 reported on February 5, 2024 'English.news.cn/asiapacific/20240205/3defc231c1a84a7cab4acf3a4c2c8b4a/c.html

H5N1 bird flu detected in Laos,’ states ‘The bird flu virus H5N1 has been detected at a market in Xaythany district in the Lao capital Vientiane, according to a report from the Department of Livestock and Fisheries under the Lao Ministry of Agriculture and Forestry.’ The report further states, ‘Lao National Radio reported on Monday that the Ministry of Agriculture and Forestry last Friday officially confirmed an outbreak of H5N1 bird flu, after a concerning 30 out of 65 poultry samples collected from the market tested positive for the virus.

Looking back a few months ago in the summer of 2024, an Mpox outbreak was declared as an emergency on August 14, 2024 affecting children.

The fictional SEERS 2025 simulation ran in October 202w predicts that in 2025 there would be an outbreak, which affects children, where the big outbreak will start in the northern area of South America in western Venezuela and neighboring Guyana and in the northern part of Brazil and from there it will spread around the world. ‘Will the SEERS 2025 simulation that was ran in October 2022 come through where this region in South America will be affected the most with a deadly contagion and then spread? Or will this contagion start in another part of the world and then spread? Seeing that the other simulations came through, my guess is something very dangerous is coming in 2025, and that’s only the beginning of what’s to come over the next 25 years as the Great Reset takes place.

And if there’s a big contagion in 2025, will there be lockdowns, injections and martial law declared? Thus, it’s important to be prepared and stock up on can groceries for at least a week or two.

## **REPORT 2**

Guyana has 365 islands and more than 276 waterfalls. One of those islands is called Ankoko Island where Venezuela occupies the Guyana side of the island and is not withdrawing. There has been an ongoing dispute between Guyana and Venezuela over the Essequibo region which is a part of Guyana. According to Ref 4 ‘Tensions over Essequibo region resurface as Venezuela completes a ridge to a disputed border base, Bu Bert Wilkinson, December 21, 2024, states, ‘Guyana’s government Saturday formally protested to Venezuela following the completion by Venezuela’s armed forces of a bridge built on a remote river island shared by both countries. Work on the bridge, which links Venezuela’s mainland to a military base, has caused a decades-old row over border lines in the Essequibo region to flare up again.’ ‘The bridge links Venezuela’s mainland to the eastern side of Ankoko Island. The ministry claims the bridge connects the Venezuelan mainland to a small military base that Venezuela built illegally on Guyana’s side of Ankoko, a small island that is mostly inhabited by gold miners and military personnel.’

## **REPORT 3**

The demographics continue to change in the West. I often gage the changes in demographics based on when I arrived in Canada as a boy where in my classes I was the only person of color. When my parents came to Edmonton, Alberta, Canada, there were probably under 200 visible minorities. I arrived as a boy a year later and in those days I rarely saw any people of colors. England would have already had lots of visible minorities, as people from Guyana and the

Caribbean were going to England by ship since the 1950s and into the 1960s and after. No doubt the demographics of the West continues to change by the day, as seen in Edmonton and other places.

In this report that came out on December 27, 2024 ‘More than 150,000 people arrived in UK in small boats in last seven years (Ref 5), states : ‘Labour had blamed the Tories for leaving an “appalling legacy of border security” after figures showed more than 150,000 people have arrived in the UK in small boats since 2018.’ The report further states ‘On Boxing Day, 407 people made the journey in 10 boats, according to Home Office figures, while photographs suggested more people had made the crossing on Friday.’ ‘...451 people who crossed the Channel on Christmas Day...’

But there are more entering the country according to Ref 6  
‘[www.gov.uk/government/publications/migrants-detected-crossing-the-english-channel-in-small-boats/migrants-detected-crossing-the-english-channel-in-small-boats...](http://www.gov.uk/government/publications/migrants-detected-crossing-the-english-channel-in-small-boats/migrants-detected-crossing-the-english-channel-in-small-boats...)’ Reference 5

More than 150,000 people arrived in UK in small boats in last seven years

[Theguardian.com/uk-news/2024/dec/27/people-arrive-uk-boat-seven-years-channel-boxing-day](https://theguardian.com/uk-news/2024/dec/27/people-arrive-uk-boat-seven-years-channel-boxing-day)

‘Labour had blamed the Tories for leaving an “appalling legacy of border security” after figures showed more than 150,000 people have arrived in the UK in small boats since 2018.

‘On Boxing Day, 407 people made the journey in 10 boats, according to Home Office figures, while photographs suggested more people had made the crossing on Friday.’

‘...451 people who crossed the Channel on Christmas Day...’

There are more entering as the days go by

[www.gov.uk/government/publications/migrants-detected-crossing-the-english-channel-in-small-boats/migrants-detected-crossing-the-english-channel-in-small-boats...](http://www.gov.uk/government/publications/migrants-detected-crossing-the-english-channel-in-small-boats/migrants-detected-crossing-the-english-channel-in-small-boats...)

Dec 25 – 451 11 boats arrived

Dec 26 – 407 arrived 10 boats

Dec 27 - 305 arrived in 5 boats

Dec 28 322 arrived in 6 boats

Dec 29 291 arrived in 6 boats

## References

### Reference 1

California declares state of emergency over H5N1 bird flu

[Cbc/ca/news/health/h5n1-cdc-1.7413772](https://www.cbc.ca/news/health/h5n1-cdc-1.7413772)

‘Since April, total of 61 reported human cases of H5 bird flu reported in U.S.

Thomson Reuters Post: Dec 18, 2024

### Reference 2

Source Global National: Jan 1, 2025 Perpetrator of deadly New Orleans ramming attack identified; Global News

[Youtube.com/watch?v=mpQfsU2jXp8](https://www.youtube.com/watch?v=mpQfsU2jXp8)

### Reference 3

[English.news.cn/asiapacific/20240205/3defc231c1a84a7cab4acf3a4c2c8b4a/c.html](https://english.news.cn/asiapacific/20240205/3defc231c1a84a7cab4acf3a4c2c8b4a/c.html)

H5N1 bird flu detected in Laos

Source: Xinhua | 2024-02-05

Editor:huaxia

News – Asia&Pacific

#### Reference 4

Tensions over Essequibo region resurface as Venezuela completes a ridge to a disputed border base

By Bert Wilkinson

December 21, 2024

[Apnews.com/article/guyana-venezuela-border-essequibo-military-ankoko-mining](https://apnews.com/article/guyana-venezuela-border-essequibo-military-ankoko-mining)

#### Reference 5

More than 150,000 people arrived in UK in small boats in last seven years

[Theguardian.com/uk-news/2024/dec/27/people-arrive-uk-boat-seven-years-channel-boxing-day](https://theguardian.com/uk-news/2024/dec/27/people-arrive-uk-boat-seven-years-channel-boxing-day)

#### Reference 6

[www.gov.uk/government/publications/migrants-detected-crossing-the-english-channel-in-small-boats/migrants-detected-crossing-the-english-channel-in-small-boats...](https://www.gov.uk/government/publications/migrants-detected-crossing-the-english-channel-in-small-boats/migrants-detected-crossing-the-english-channel-in-small-boats...)



# REFLECTIONS LOOKING BACK AT CARNIVAL PICTURES

As we say goodbye to 2024  
And moving into 2025

Carnival photos by F. Ally during the 2024 Cariwest Parade  
in Edmonton, Alberta, Canada









**GUYANA, SOUTH AMERICA : PARADE BAND IN CARIWEST 2024**







# **HUMANITY ON THE BRINK OF DESTRUCTION**

**IF YOU WISH TO EXPERIENCE PEACE,  
PROVIDE PEACE FOR ANOTHER  
TENZIN GYATSO, THE 14th DALAI LAMA**

**GIVE PEACE A CHANCE  
JOHN LENNON**

**WE WANT A NEW CLEAR SOCIETY  
NOT A NUCLEAR SOCIETY  
F. ALLY**

# RECIPES

## Cheese Rolls

*Made by Naz (Neisha) Ally,  
and F. Ally*



■

*Safety: Use cooking gloves when handling anything hot. When using an instant pot or pressure cooker, take precaution when opening. It's important to release pressure completely before opening a pressure cooker, to avoid any kind of harm to face, eyes, etc...*



**Bake time:** Approx 30 minutes on 175 degrees celcius which is approx. 350 degrees farenheight

**Preparation time:** 1 hour

**Ingredients:** 4 cups flour which made 41 cheese rolls; 3/4 cup butter (we used unsalted butter, you may also use salted butter), approx 2 ½ Tbl shortening (we used vegetable shortening); Used shredded cheese

### **Cooking instructions**

#### **Make dough**

*Add 4 cups white flour in a bowl, add ¾ cup cold butter that's already cut into small pieces. Blend together, or Guyanese style use your hand and mix the butter with the flour. Add water slowly, approx 1 cup. Do not make sticky, make firm. Then mix in approx. 2 to 3 Tbl of shortening to give it some flakiness. You may had 3 Tbl, but if add too much, the dough will become too flaky and will be hard to work with.*

*Put in fridge for half hour to 2 hours; keep cold  
Cut dough in half. Work with first half,  
Sprinkle flour on the table so it does not stick*

*Use rolling pin to roll out down to about ¼ thick.  
Roll out to about 1/8 of an inch or a bit thicker.  
Use pizza roller to cut or non sharp knife to cut out square*

*Use a spoon or scoop to add shredded cheese to dough in middle. Do not add too much cheese,  
as the cheese melts and will pour out on the sides.  
Fold over and then use hand to bring edges together, use fork to press ends in, use for to put  
holes on top. (On the outer edges where the jam is, you may brush on egg wash (see below) to  
when fold sides in and pull sides together, it will help the sides stick.  
Fold in sides into a triangle and bring the corners together.*

***Make egg wash and brush on – this will have a bit of a yellow color from the egg yolk.***

*Use one egg, add approx 2 Tbl of water and mix  
Brush on egg wash to the top to give pastry a yellowish color.  
Place foil in pan. Place unbaked cheese rolls in pan  
Set oven to 350 degrees farenheight (approx. 175 degrees centigrade)*

*Baking time differs  
Baked at 175 degrees for 15 minutes  
Bake for approx 10 mins. Switch top to bottom and vice versa  
Bake for another 10 mins. Repeat switching  
Bake for another 5 to 10 mins. Do not burn.*

*As a t test, I noticed the inside of the cheese rolls were a bit raw.  
Thus I had to bake for another 20 minutes to half hour.  
Baked for another 15 minutes  
Test and inner layer was still a bit raw  
Lower to 155 and baked for 10 mins  
Check and then baked at 175 degrees for approx 5 minutes*



## LIFE'S JOURNEY

### HEALTH & FITNESS

by F. Ally



#### STRESSED AND YOUR MIND RAMBLING?

Often, our minds ramble on during the day and even throughout the night with stories, judging, blaming and fantasies swirling through our heads, and even when we're engaged in prayers / meditation.

*This article uses excerpts from the previous edition of the Diverse City Magazine and modified.*

I began the Life's Journey series of articles two decades ago published in the Cariwave, The Caribbean Magazine. Let's continue this journey. The following passages below are taken from different articles which I have written in the past.

The section below was taken from the article called 'Centenarians & Secrets to Long Life' by F. D. B Ally; p.22 from the 40 page printed magazine, Cariwave, The Caribbean Magazine Summer/Fall 2003 Edition

*Disclaimer: In this article, the writer is sharing his experience and knowledge with the readers. Before embarking on a meditation journey, it's important to seek professional advice in meditation, as there can be complications during your practice. These meditation steps are based on the writer's understanding of the techniques the writer had learned in a three day Primordial Sound meditation course two decades ago by Dr. Deepak Chopra and his team many, along with other methods learned.*

#### **Awareness and longevity**

"The oldest people alive today do not tend to be merely random survivors, but individuals who embody enviable attitudes and values," says Dr. Chopra. For example Ma Pampo says that she wants to see her 130<sup>th</sup> birthday, thus her attitude maybe a factor for longer and healthy living. Dr. Chopra states that "the quality of one's life depends on the quality of attention and whatever you pay attention to will grow more important in your life." He further went on to say that, "There is no limit to the kinds of changes that awareness can product" and that "we must consciously use awareness to our benefit...by increasing your inner intelligence, by enhancing your happiness and fulfillment, you can defeat aging in a lasting, meaningful way, without chemicals and their potential side effects. The responsibility for changing this awareness lies with each individual."

Dr. Chopra wrote about a man named Maurice who concluded that understanding just a few physical processes would extend our lives to 100 or 120 years. Maurice's prescription for longevity is to eat frugally, exercise and get plenty of fresh air, choose a congenial occupation, develop a placid or easygoing personality, maintain a high level of personal hygiene, drink wholesome liquids, abstain from stimulants and sedatives, get plenty of rest, have a bowel movement once a day, live in a temperate climate, enjoy a reasonable sex life and get proper medical attention in case of illness.

### **Longevity and the Good You Do In Life**

Honor Thornhill, a centenarian, encourages people to do good. According to Thornhill, "as long as God give syou life, do good all your day, so where ever you go, it will follow you. Honor says that it does not pay to do wrong, adding, "The good I have done in my young days, helped me to live longer than many of my family." In other words, Thornhill is stressing that when you do good, you will not be bogged down with an over active mind of guilt and regrets, where your thoughts and emotions could trigger off bodily reactions, leading to stress, tension and depression, resulting in quicker aging and sickness.

Source: Ageless Body Timeless Mid, Dr. Chorpa

# **New Clear Society**

*Original song by F. D Ally; all songs Copyright Protected*

**The destruction of the world was foretold  
People's greed and evils will lead us to Armageddon  
The last battle ground**

**The aids epidemic is plaguing the world  
Nostradamus predicted worldwide disasters at the turn of the century**

**Get your act together now, get your act together now  
Get your act together now, let's act together now**

**D day 1944, 1945 atomic bombs dropped on Hiroshima  
On Doms Day, The sky will be on fire**

**Is this our fate, to live in this destructive age  
It's what man has create, fantasizing he's so greate  
People likes to imitate, Politicians they dictate  
Dropping bombs and nuclear waste, Destroying the world and causing hate**

**Polluted seas, polluted skies, drug abuse is on the rise  
Open the gates, it's getting late, Join hands everybody**

**Politicians, Bureaucrats, you rule our lives Bourgeoisie  
You took our souls; you got control, divide nations with your ideologies**

**Sit relax and meditate, sip your tea and communicate  
The sky is read, I'm feeling blue, Smog clouding up my head**

**New clear Society, New clear Society, New clear Society  
Don't want a Nuclear Society**

**We're living in a destructive world, Do we really know what we're heading for  
Politicians preach, drop the nuclear bomb, The people says get rid of the bomb**

**The ocean's on fire, the sky's on fire, The world's on fire, our heart's on fire**

**Children dying from hunger and disease, People just doing what ever they please  
Drug abuse and aids are out of control, You better watch out before you loose your soul**

**Put out the fire, put out the fire, put out the fire**

**Get your act together now, get your act together now  
Get your act together now, let's act together now  
Sit relax and meditate, sip your tea and communicate  
The sky is read, I'm feeling blue, Smog clouding up my head**

**New clear Society, New clear Society, New clear Society  
Don't want a Nuclear Society**

# KEEP THE PEACE

*Music and Lyrics by Fisal (Fizal) D. Ally, Copyright Protected*

When I think of those better days  
Holding hands and singing a song  
When we listened to each other  
Reaching out across the sky

Make this Earth a better home  
For all lives under the sun  
On the land or in the sea  
And up above the earth

You say you're white, black, whatever color  
It should never be about the color of a person's  
skin  
Lend a hand and you will understand  
The meanings of Love

And if you're rich, poor or in-between  
You shouldn't judge anyone by what you see  
If you look deep down inside  
You will find peace of mind

Peace Let's keep the peace  
Keep the peace for everyone  
Every country across the seas  
Sharing love in the world

Put an end to all the wars  
Yesterday today and for tomorrow  
If you search for the answers  
You will find peace of mind

It shouldn't matter what you are  
Your religion class color or your race  
Walk together and not against each other  
Let's live in harmony

Peace, let's keep the peace  
Keep the peace for everyone  
Every nation across the land  
Sharing life on this earth

Let's forgive and learn to compromise  
Ease the pain sorrows and no more hunger  
And the children will have some peace  
In this land we call free

Can you imagine a world that is one  
There's no limit to what we can do  
Reach out for another  
And have a change in heart

Peace Let's keep the peace  
Keep the peace for every one  
Every country across the seas  
Sharing love in the world

Peace Let's keep the peace  
Keep the peace for everyone  
Every nation across the land  
Sharing life on this Earth

Peace let's the peace  
Let's keep the peace  
Keep the peace for everyone



## *Diverse*

# ENTERTAINMENT

## **DAVE ANTHONY MARTINS OF THE FAMOUS TRADE WINDS BAND HAVE PASSED AWAY AT AGE 90**

Dave Martins born and raised in Guyana, South America and who is of Portuguese ancestry was in the bands called The Latins, then the Debonaires, and then the famous Trade Wind band was created. Dave was a true Guyanese. He enjoyed the Guyanese local Creole Patois language and spoke it well. He's a Guyanese legend, a true Guyanese that brought so much to this small South American nation. Dave Anthony Martins have passed away at age 90 in Guyana on August 19, 2024

## **FISAL ALLY'S SONGWRITING JOURNEY**



### **FIZAL (FISAL) DEEN ALLY**

**AT AGE 16, PLAYING HIS COPY OF A LES PAUL, AND STILL PLAYS THIS SAME GUITAR TODAY, BUT RECENTLY SOMEONE ENTERED HIS HOME AND BROKE THE BRIDGE ON THE GUITAR WHERE 3 STRINGS WERE IN FRONT AND THE OTHER 3 STRINGS ON THE SIDE; THAT DOES NOT HELP FOR AN ANTIQUE GUITAR.**

## **All of Fisal (Fizal) Ally's songs are copyright protected.**

F. Ally have never given anyone permission to use any of his songs or books to profit off and to use commercially. Many songs and books can be downloaded from [www.allymedia.ca](http://www.allymedia.ca) for listening and reading. Over the years many recordings were handed out for people to listen to and to share with others to listen to.

## **2025 ACOUSTIC JAM**

### ***Playing and singing his original songs mainly from the 1990s***

25 to 30 original songs just playing my acoustic guitar and singing and using a small camera to record.

With my original songs such as:

A Kiss Goodnight, Candle That Burns, True Love, Estos Sentimientos / These feelings, Lisa, No Perfect Man, Gia Carangi (The Italian Super Model), New Clear Society, Reaching Out, Out of Control, They Party Till They Feel Alright, Missing You Going Crazy, Nobody Wanna Say Goodbye, Sometimes, That's Crazy Love, Christmas Day, Precious Holidays, Keep The Peace, Keep Mae Fire Burning, Blue Caribbean Sea, Wide Eye Innocent, So Crazy 4u, Insensitive and a few more...

From what I recall, songs like New Clear Society, My Home and many others were written when I was a teenager.

In the past few years, I've done about maybe 75 cover tunes

This year, I plan to do some cover tunes by Buddy Holly, Elvis, Benny E. King, more of a documentary, for example called, I am Benny E. King, I am Buddy Holly story etc...

### ***LOOKING BACK AT MY TEENAGE YEARS***

Our band used to do all cover tunes such as:

Songs such as Purple Haze (Jimmy Hendrix), Songs by Boston such as More Than a feeling and others, Dust in the Wind, Stairway to Heaven, Jumping Jack Flash, Still Rock & Roll to me, songs by Car such as My Best Friend Girl, of course Chuck Berry such as Jhonny B. Goode, Roll Over Beethoven and instrumentals... So we played some heavy songs and some soft ones.

Thus, I always enjoy doing cover tunes, and I probably have about 75 on tapes

Over the next few months probably about another 30 and I tape them.

For the 2024 & 2025 Acoustic Jam or original songs mainly from the 1990s, songs are posted on [www.allymedia.ca](http://www.allymedia.ca) under the 'Music-Book' tab.

## SOME MUSIC PROJECTS BY FISAL (FIZAL) ALLY



**Looking Back on 100 songs by Faisal Ally; Part I with 8 songs** was completed on Aug 19, 2015 (This CD included the song True Love)

**ALLY - Original home grown music (February 18, 2012);** Nine songs recorded - ALLY - All instruments played by F. Ally. Drum machine used Recorded at Ally Studio (February 18, 2012). Unauthorized use is strictly prohibited.

Songs are: All He Wanna Do, Wide Eyed Innocent, She's Off Limits, Champs, New Clear Society, In A Special Way, The World's Online, Action Speaks, Space & Time

**ALLY - 2011 RECORDINGS OF** Christmas, That's Crazy Love, No Perfect Man, The Birds Won't Come My Way, A Kiss Goodnight, Sometimes (instr), True Love, Sometimes, Happy New Year, Nobody Wanna Say Goodbye, Lisa, Happy New Year (instru). Unauthorized use is strictly prohibited.

**Archive of 22 songs (2011);** Songs written by Faisal Ally; instruments played by Faisal Ally

**Fyzal Deen, Sweet Paradise (September 1994 - on cassette)**

New Clear Society, Sweet Paradise I, The Birds Won't Come My Way, SoCrazy4U, 2CanPlay, Rain Go Away, ReggaRock, Out of Control, Wide Eye Innocent, New Clear Society (music), Sweet Paradise II

**Fyzal, Candle That Burns (June 1995 - on cassette)**

New Clear Society (music), Lisa (music), Rain Go Away, Candle That Burns, Dance Baby Dance, Only A Fool Breaks His Heart, Sometimes, Modern Day Gypsy, Moon Child (music), True Love, Wide Eye Innocent, Planet Earth, Lisa, Little Magic Wand, Reaching Out, Estos Sentimientos (These Feelings), Return To Kashmir, Moon Child (music)

**Fyzal Deen Ally (December 1995 - on cassette)**

I'm Running, Missing You Just Like Crazy, Keep Mae Fire Burning, A Kiss Goodnight, Blue Caribbean Sea, Gia, Love Is Strong, Blue Caribbean Sea (Instr. 1), Keep Mae Fire Burning (Instr), Wild Wild Wild, Love Has No Religion, On Christmas Day, Keep Mae Fire Burning (Instr.2), Hope You Never Will, Say No (Instr)

**FYZAL DEEN (1990s - on cassette)**

Christmas Day Rock, A Kiss Goodnight, We Party Till We Feel Alright, SoCrazy4u

**FYZAL DEEN, CHRISTMAS (1999)**

Songs on this CD: A Kiss Goodnight, True Love, Christmas, Keep the Peace

**LOOKING BACK ON 100 SONGS BY FISAL ALLY (Part 1 - 8 Songs)**, Original songs, Lyrics and Music written and composed by F. Ally. The songs are: *That's Crazy Love, True Love, The Birds Won't Come My Way, No Perfect Man, Sometimes, Nobody Wanna Say Goodbye, A Kiss Goodnight, Story of my life (2010), Reflect and Celebrate, Precious Holidays*

*(All songs copyright Protected by Fisal Ally. All Rights Reserved)*

**Websites:** [www.allymedia.ca](http://www.allymedia.ca) / [www.signaturewithlove.com](http://www.signaturewithlove.com)

## **FISAL (FIZAL) DEEN ALLY'S INDEPENDENT ORIGINAL MUSIC & BOOK TOUR**

A TOUR of songs and books written by songwriter/musician/writer  
Fisal (Fizal) Deen Ally who is originally from Guyana, South America  
PLEASE VISIT [www.allymedia.ca](http://www.allymedia.ca)

### **Free digital books download** Written by Fisal Ally

Copy link and paste into your URL to begin your historical journey with Fisal Ally  
**PLEASE SHARE WITH OTHERS**

\*\*\*Ebooks can be read or downloaded from: <https://allymedia.ca/fisal-ally-books>

\*\*\*Ebooks can also be read or downloaded from: [www.smashwords.com](http://www.smashwords.com); do a search for Fisal Ally

\*\*\*First 3 ebooks can also be read through the Edmonton Public library

(Links are subject to changes)

BOOK 1 PART 1 (*Historical Fiction, recreating history with a love story*)

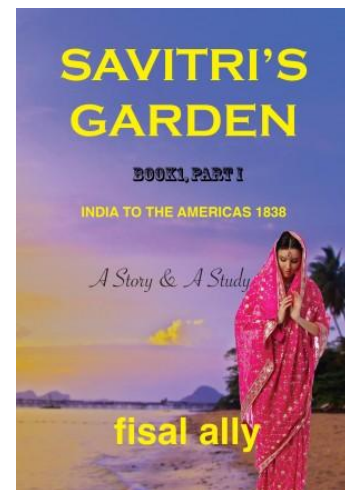
**The Trilogy of Savitri's Garden: India to the Americas 1838, (Book1, Part I) - India Rising on the Horizon of the Americas**

<https://www.smashwords.com/books/view/634521>

BOOK 1 PART II (*Historical Fiction*)

**The Trilogy of Savitri's Garden: India to the Americas 1838, (Book1, Part II) - India Rising on the Horizon of the Americas**

<https://www.smashwords.com/books/view/634522>



BOOK 2 (*Historical Fiction*)

**The Trilogy of Savitri's Garden: The Escape for True Love (Book2)**

<https://www.smashwords.com/books/view/634528>

BOOK 3 (*Historical Fiction*)

**The Trilogy of Savitri's Garden: Rebellion and Reunion (Book3)**

<https://www.smashwords.com/books/view/634530>

BOOK 4 - A SHORT STUDY GUIDE

**Debunked The Use Of The Label Coolie In Guyana**

<https://www.smashwords.com/books/view/647830>

*A true love story about Mustapha & Salima and their cats in Guyana and in New York. Copy and paste link into URL for free download*

<https://www.smashwords.com/books/view/914439>

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Second Edition – December 25, 2018



# **The Continuation of Savitri's Garden**

By Faisal Ally

## **THE GARDEN, FILLED WITH WEEDS**

*Below are brief summaries of what's taking place in the Garden World, with more details to come.*

Jack have been terrorizing his victims with the use of AI, commercials and other means, as he continues to profit from the theft of people's hard work. From the theft of their songs, books, poems, lyrics, art and more. He's know as the number one back biter, spreading false news and creating fake narratives for his victims.

Jack makes sure his victims cannot get to the police or to the news to report the theft of their work. The chief was in Jack's back pocket, and so were doctors, lawyers and many others. They all knew the power Jack possessed and many wanted a piece it. Jack had also invested in all major news outlets.

### **Jack tracks Anwar**

Anwar requests a photo over email

Jack quickly went to business to back bite Anwar to silence him forever, and they bought it believing the false narrative. He bought them off saying they will get more views, lots more. While at the same time, Jack's wife have been tracking his whereabouts.

### **His wife got back at him**

While Jack, Salman, Simon, Kaufman and some the others were getting socializing and meeting the opposite sex and discussing some music deals along with songs, Jack's wife was going through the files in his office. She tracked them. Jack was busy having a meal with a female, when his wife sent a signal and the coffee from Jack and his girlfriend's hand flew into the air and spilled all over the table and their clothes. Everyone cheered and Jack began to curse.

### **J, Anwar and Sarah were in a coffee shop**

J said when my parents arrived, they worked two jobs for years. Today grown children do not want to work. The wife just stays home now, so some of the men get into their dealings. These lazy children want everything to be given to them. Jobs. Contract. We had to go out there and bid for jobs, sometimes apply for hundreds of jobs before even getting anything. Now the children in their cults have their parents doing wicked things for them. What have this world turned into, and it's only going to get worse.

### **In Jack's meeting**

Doug: We need some construction contracts for 2025.

Jack: Are you willing to continuing your back biting and harassment.

Of course, but don't tell me, J, Anwar, Faaz...Okay okay, but you have it all wrong about them

Just do as I say if you want your daily bread. And don't forget the signs & symbols.

Never mind, just do as I say if you want the contracts.

*More to come....*



# **GLOSSARY**

**What does Islam say about the devil? See below.**

## **TRICKS OF THE SHAITAN (Satan / Devil)**

They are tricksters

He turns people against you to make you give up on your practice and work. He'll go and whisper to your cousins, to your friends, to the people around you

'...the shaitan means literally in Arabic, anyone who deludes someone from truth to falsehood and anyone who deludes someone from good to bad, from benefit to destruction.

## **HOW TO QUIET THE MIND**

You must first catch yourself in these moments of when the mind is very active or restless, else it can go on for hours, days, months, years. Once you catch yourself, you can apply tools such as meditation where you focus on a mantra (or in Islam focus on dhikr), or focus on your breathing, or spend time in prayers focusing on the words. There are many other relaxation techniques which you can use.

## **STILL CAN'T LET GO**

Letting go is not easy. How do we let go? Even during meditation and prayers it's not easy. It takes a great deal of practice.

One technique is to k

Keep a notepad and pen next you and write down whatever it is that you are trying to remember, recall or bothering you and now let go of them. Now that you know it's written down and you

## References:

# DIVERSE CITY MAGAZINE

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# **Diverse City Magazine**

## **DIVERSE CITY MAGAZINE**



**ALL THE BEST AND SUCCESS  
ALL THE GOOD THINGS LIFE BRINGS  
FOLLOW YOUR PASSION WITH A NEW YEARS RESOLUTION**