DIVERSE CITY

Magazine Summer 2022



COVID UPDATES

- PREGNANT AND BREASTFEEDING women should not be vaxed - United Kingdom Gov't
- 'UK BANS Covid Vaccines for ALL kids under 12'
- **DENMARK ENDS Vaccinations For** Most People Under 50
- -'Covid cases in Indian Uttar Pradesh drops by 97.1 percent because of Ivermectin use by News Desk; published on October 8, 2021'-'Indian state with 240 million people completely eradicated covid with ivermectin by Planet Today, Tue Sep 21, 2001'

CARIWEST PARADE



GUYANA'S OIL PRODUCTION

"Future growth in Latin America will largely depend on the success of deepwater developments in Brazil, Guyana, and Mexico"...Bojan Lepic p. 57

GARDENING

Planting for Sustainable

HERITAGE DAYS FESTIVAL ADVANCED TECHNOLOGY

Being used to imprison and destroy Humanity







World Magazine









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Contact: ALLY Media Website: www.allymedia.ca

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Disclaimer: The views of the writers are his/her views and does not represent others in the magazine. The writer(s)of articles in the Diverse City Magazine has done his/her best to write on topics presented based on public available information, which may be inconsistent, incorrect or even change over time. If errors are pointed out, the writer(s)will investigate and provide updates. Fisal Ally has been video taping areas of his reports as he types as proof of his research and work, and has multiple copies of his work as his work evolves.

Heritage Days



Cariwest Parade



Cuba

Cariwest and Heritage Days photos by Fisal Ally

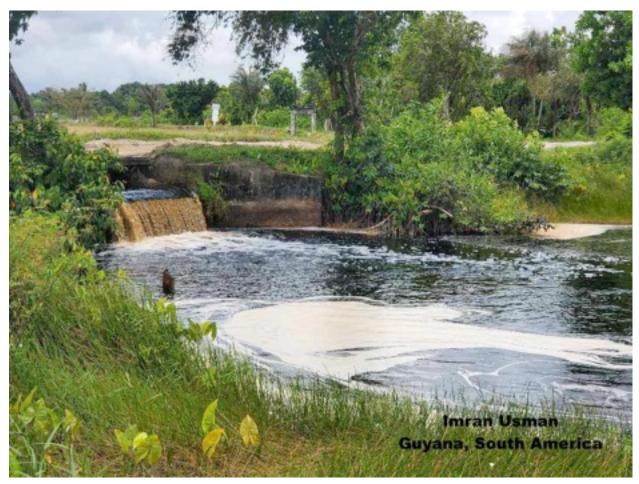
Site seeing GUYANA, SOUTH AMERICA







Guyana, South America

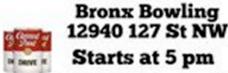




Let's bring our community together and make connections!.

Please bring a donation for the Food Bank.

Saturday, July 16th





Text 780-267-3226 for more information

On Saturday, July 16th at the Bronx Bowling, it was an evening of bowling bringing Guyanese together. In the past Guyanese came together through Alberta Friends of Guyana Association, an association that was around since the late 1970s but due to the lack of interest, about ten years ago, members of the association had decided to take a break from all of the hard work.

Guyanese spread across Edmonton would sometimes come together. Georgina Martins had put on an evening of bowling under the name 'Guyanese Association'. Georgina scored the first strike. Ian had a double strike, and in the end, it was Allan that took the game.

Purple Martins Cakes



CUSTOM CAKES

For more information or to place an order Please contact Georgina Martins georgina.r.a.martins@gmail.com

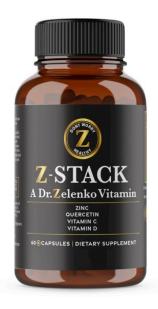




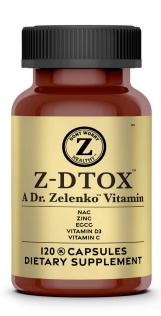
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Gobble Gummies

https://gobblegummies.ca/



Young entrepreneurs making waves

Next page for gobble gummies items and how we found our product...Safiya & Zarah

Gobble Gummies

In stores in Edmonton Please visit our website for more information and to place your order

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NEW ADDITION Cola Bottles



WildlySourWorms



Assorted mixed



SourSurfers



GobbleGummieBear



SweetPeaches



Sour-Treasure-Keys

Premium Canadian Candy Certified Halal 100% Halal Vegan Friendly

How it all started - We are 13 year old, Canadian entrepreneurs and we love candy – Especially gummy candy! Growing up in Canada many of the halal gummy candies that we ate were brought in from different countries outside of Canada. It was hard to find fresh, halal certified, Canadian made candy that we could enjoy. So, we decided to offer our very own yummy, fresh, Canadian gummy candies. We experimented, searched, and tested....finally over time, Gobble Gummies was born! Our candy gives you a soft, chewy, flavourful premium gummy that is made according to Canadian manufacturing standards. We are proudly Canadian and want to share great premium Candy with the world!



Safiya and Zahra Founders

Head Office Kandi Corporation Gobble Gummies Mississauga, Ontario Canada L5M 4Z4 hello@kandi.ca Proudly Made in Canada.

Inspired by Kids!

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WRITTEN BY FISAL ALLY

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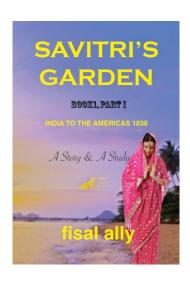
- ***Ebooks can be read or downloaded from: https://allymedia.ca/fisal-ally-books
- ***Ebooks can also be read or downloaded from: www.smashwords.com; do a search for Fisal Ally
- ***First 3 ebooks can also be read through the Edmonton Public library (Links subject to changes)

BOOK 1 PART 1 (Historical Fiction)

The Trilogy of Savitri's Garden: India to the Americas 1838, (Book1, Part II) - India Rising on the Horizon of the Americas https://www.smashwords.com/books/view/634521

BOOK 1 PART II (Historical Fiction)

The Trilogy of Savitri's Garden: India to the Americas 1838, (Book1, Part II) - India Rising on the Horizon of the Americas https://www.smashwords.com/books/view/634522



BOOK 2 (Historical Fiction)

The Trilogy of Savitri's Garden: The Escape for True Love (Book2) https://www.smashwords.com/books/view/634528

BOOK 3 (Historical Fiction)

The Trilogy of Savitri's Garden: Rebellion and Reunion (Book3) https://www.smashwords.com/books/view/634530

BOOK 4 - A SHORT STUDY GUIDE

Debunked The Use Of The Label Coolie In Guyana

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A True Love Story A book on cats and their owners by Fisal Ally

A true love story about Mustapha & Salima and their cats in Guyana and in New York Copy and paste link into URL for free download

https://www.smashwords.com/books/view/914439



MORE CAT STORIES. FURRARI

His name is Furrari as in the car Ferrari

He is a Bengal cat and has some leopard in him. He's almost 6 years old. Sometimes I hear him calling even before 6am. He's all charged up and ready to go out on the deck to catch some fresh air and to do some stretches.

Many times as soon as I get up, he will be down on the main level, 5 steps down, looking up and as soon as I see him I say morning and very often he will reply mor-nin. He even says it better than me.

At other times when he sees me, he would actually say mor-ning first, and he would run to me. I would pet him a little or I would head down the fives steps and to the backdoor. He would get there before I do. He's always leading the way. I would then open the door and he would run out onto the enclosed gazebo, which I built for him and for my mother, as I'm her care giver, so he could go outside where most of the gazebo is enclosed with clear polymer and where half of the roof is clear polymer, so he and my mom can enjoy the outdoors, trees, flowers and sky.

He calls me, and it sounds like he's calling my name, and my face always lit up with a bright smile. He's so smart, so intelligent. I figure, he heard others calling my name and he picked it up, in the same way he knows how to say morning.

I gave him a few nicknames such as Furrari D, Furrari Deen (as in my middle name), Little B, Little Bry, Little Bryan.

He talks from morning till night so sometimes he gets a bit hoarse and I would do a little play check and massage on his throat, and he likes that. It's great having a cat. We're best friends. I can now clearly see how they are just like us. When we were children, we had a talking parrot in Guyana. Her name was Laura and we loved her dearly. I had forgotten that love and understanding of other beings - animals and birds. We also had some sheep in the backyard with chickens. Having Furrari have woken me up again bringing me back close to nature and down to earth...Fisal Ally

<u>Disclaimer:</u> The opinions conveyed in this magazine are those of the writer(s) and do not reflect the opinions of the publisher, others posting information such as advertisements, pictures etc...

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Information presented in this magazine are subject to changes. When embarking on a trip, vacation, a place of service such as a restaurant etc...you must verify and or confirm the information presented in this magazine, as information can change quickly, even immediately after this magazine is published. It's important that anything to do with health and meditation as presented in this magazine that the person seeks professional advice, for example from their doctors, researchers etc...

BIRTHDAY PARTY ENTERTAINMENT

At the party some guitar background instrumental songs were played by Ashdeen and Fisal (Brian). Covid and the lockdowns have prevented us from playing at functions. We had an opportunity to play at a relative's birthday party, so we got in on the fun by playing some instrumentals during dinner while everyone enjoyed some exotic dishes, drinks and deserts...Fisal



Fisal (Brian) playing a Bollywood birthday tune on his guitar as everyone sang happy birthday





Ashdeen (above) playing Something and Get Back (The Beatles)

Fisal Brian (in blue shirt) playing some Bollywood tunes such as: Tujedekho Jana Sanam, Neele Neele Ambar Par, Oh Mere Sona, Mere saponi, Churaliya, some other songs, along with some American songs: Samba Pati (Carlos Santana), We belong together (Ritchie Valens), Sultan of Swings (Dire Straits) - just mixing it up a bit. Until next time, we'll be ready with some new songs. (Excuse the spellings on the Bollywood songs, as I do not speak nor understand Hindi, but it's fun playing Bollywood instrumental songs...F. Ally)

THE WORLD AT WAR AND ON THE BRINK OF DESTRUCTION

GIVE PEACE A CHANCE JOHN LENNON

WE WANT A NEW CLEAR SOCIETY NOT A NUCLEAR SOCIETY FISAL ALLY

PEACE IS THE ONLY BATTLE WORTH WAGING ALBERT CAMUS

THE MORE WE SWEAT IN PEACE, THE LESS WE BLEED IN WAR VIJAYA LAKSHMI PANDIT

EACH ONE HAS TO FIND HIS PEACE FROM WITHIN. AND PEACE TO BE REAL MUST BE UNAFFECTED BY OUTSIDE CIRCUMSTANCES MAHATMA GANDHI

IF YOU WISH TO EXPERIENCE PEACE, PROVIDE PEACE FOR ANOTHER TENZIN GYATSO, THE 14th DALAI LAMA

PEACE, LET'S KEEP THE PEACE, KEEP THE PEACE FOR EVERYONE FISAL ALLY



Photo: Fisal Ally (Brian Ally), August 6, 2022; Cariwest Parade - 108 St. 99 Ave Editor:

After two years of the lock down, thousands of people lined Jasper Avenue to take in the yearly Cariwest parade in downtown Edmonton, Alberta, Canada.

This Edition of the Diverse City Magazine brings a lot of pictures of the parade, and since many do not know that Guyana is a South American country, the theme for this edition is Guyana, and asking how many Guyanese flags do you see in the picture.

Many outside of the Latin American -Caribbean region, in places like as Edmonton have never heard of Guyana, nor is aware that Guyana is a country in South America. One of my friends who is of Italian heritage confirmed this, when he told me about a conversation he had with a person from Africa about a place called Guyana located in South America. The African person said something like "There's no place called Guyana in South America. It's called Ghana." Okay, so Ghana is in South America? I didn't know that (chuckle chuckle). I guess the African person explained that there's a country called Ghana and not Guyana, and that Ghana is in Africa." My friend insisted that there's such a place called Guyana and its in South America and he knows this because he has a friend from Guyana, and his friend is not from Africa and that he is from South America.



But the other person persisted that there's no place on Earth called Guyana, and that it's Ghana, and it's in Africa and not in South American.

But if you are in Toronto and you assume that people thinks that Guyana is in Africa, vou're in for a lecture. When I was working in Toronto and I was about to explain to a coworker that Guyana is in South America, I immediately heard something like "I know where Guyana is, it's in South America. I was surprise to hear that, but was very happy to hear that people in Toronto knows where my country of birth is. With the Jim Jones tragedy making headlines world wide, many still do not know that Guyana is a country in South America. Hopefully Guyana's oil production will put Guyana on the map, as today Guyana is one of the oil producing countries in the Latin American - Caribbean region.

I also had the opportunity to go down to Heritage Days to take some pictures. And with Covid, an important world news update is: The UK Gov't website was updated on August 16, 2022 stating pregnant females and breast feeding females should not be vaccinated.

Another very important world news is the UK has banned all children under 12 from being vaccinated.

GUYANESE FLAGS



(Can you spot the Guyanese flags)

Guyana did not have a float in the Cariwest parade, but the Guyanese flag was carried and also worn by many. These pictures are to remind people that Guyana is a country in South America





HOPEFULLY, THIS YEAR SETS THE PACE FOR NEXT YEAR AND YEARS TO COME, PROMOTING GUYANA IN PLACES LIKE EDMONTON

- 1 Guyanese flag, 1 Guyanese neckband,
- 1 Jamaican neckband

GUYANA, SOUTH AMERICA



3 Guyanese flags - one is hard to see



Do you see 3 Guyanese flags?



Do you see 5, 6 or 7 Guyanese flags?





4 Guyana flags and one hat with Guyana flag colors





3 Guyanese flags

1 Guyanese flag

The Cariwest Parade

It was around 11 am, August 6, 2022 as I walked down Jasper Avenue, heading west towards 108 Street to take some pictures of the Cariwest bands as people were beginning to line the avenue. On the way, I passed some of my relatives and we chat for a while. The parade route was from 108 Street and down Jasper Avenue, heading east, passing Commerce Place, Cambridge building and then turned left on 100 street, heading down and passing in front of the Westin Hotel, then the Library and City Center, and then the floats made its way into Sir Winston Churchill Square with food vendors, a stage with DJs and music playing, and a lot of sitting areas...F. Ally

Carnivals drawing big crowds in Canada

In the 1970s when immigrants came from the Caribbean, and Guyana located in South American, to places like Edmonton, there were not many Guyanese in Edmonton; they were scattered across Edmonton. They came together and form associations like 'Alberta Friends of Guyana Association' and many other associations across Canada. For about a decade now 'Alberta Friends of Guyana Association' have not been an association. For many of the immigrants that arrived in North America in the late 1960s and 1970s, their culture took wings across Canada and across the rest of North America with Caribana in Toronto becoming the largest street carnival in North America, bringing lots of business to Canada.

Carnivals in Edmonton, Calgary, Montreal and other places across North America also draw a lot of people.

Caribana in Toronto is North America's largest street carnival

We often hear of the Trinidad and Rio carnivals, but Canada has one of the biggest in the world called Caribana in Toronto, which is also North America's biggest street festival drawing lots of spectators from across the Earth.

Carnivals reminiscing of the back home carnivals and parades

This year at the Cariwest parade, there were not as many floats as seen in the past and that's probably due to COVID, however, this year in 2022, many people were out in the streets, packing Jasper Avenue from 108 Street all the way to Churchill Square, taking in the show on a nice, bright, sunny and warm day.

What surprised me is I did not expect to see so many people carrying the Guyana flag because there are not a lot of Guyanese in Edmonton. For me it was a amazing.

The parades and floats are reminiscing of many people's backhome lives, where in those countries carnivals and parades are a part of the culture. I can remember as children, my siblings and I rode on parade floats with my dad, as my dad had worked with the government and had his contacts so we got on the floats.



Back in the 1980s, my mom, siblings and many relatives would meet up in front of the Citadel Theatre waiting for the arrival of the parade, which would then made its way to Churchill Square.

While there were major renovations taking place over the past few years at the downtown library and around Churchill Square, the parade would make it's way to the Legislative Grounds, but this year Churchill Square was once again the destination for the parade and thousands of spectators to enjoy the parade, jump and wave taking in the intoxicating music, take pictures, eat some tasty dishes and enjoy some exotic drinks, shows and competitions.

I was in a hurry to leave as I had other matters to tend to, so I had ordered some cheese empanadas from a Venezuelan vendor called Avila Arepa (Urban Venezuelan Kitchen). The area was crowded, and as I was about to sit down and indulge in my snacks, I met a person from Puerto Rico who recognized the Guyana band around my neck. He said "Guyana." Of course, he knows where Guyana is because we're originally from the same Latin American - Caribbean region. We exchanged a few words, as I also noticed the Puerto Rican band around his neck. What a wonderful surprise that was. I was pleased to meet him because I've never met a Puerto Rican in Edmonton before, although I have met some in New York. Back in my teenage and university days, I knew people from places like Columbia, Chile, Venezuela, El Salvador, Jamaica, Trinidad, Guyana, but never met a Puerto Rican in Edmonton before. Edmonton has become very diverse over the past 12 years or so, where the demographics have completely changed from when I was a boy growing up and working in Edmonton...Fisal Ally

A GLANCE AT SOME COSTUMES FROM CARIWEST 2022

Photos by Fisal Ally

Members of the bands spend the year creating their costumes and waiting for this time to show the world

Like Caribana, North America's largest street festival, the Trinidad & Tobago carnival, Rio carnival and many other carnivals around the world, participators in the Cariwest parade takes their art very serious, creating their costumes, and preparing for this grand event.

PICTURES TAKEN BY F. ALLY NEAR THE LEGISLATIVE BUILDING BEFORE THE PARADE COMMENCED



AMAZING COSTUMES AT THE CARIWEST PARADE

After taking some pictures near the Legislative Building, one of my all time favorite songs 'Someone Loves You Honey', began playing and I made a video of that song with two more intoxicating songs resonating in the air. Not having done any video taping for a few years, unfortunately the video is very shaky with the camera moving all over the place, but it captured the three songs. When editing I can always remove the shaky parts and add some pictures and sceneries.







AMAZING COSTUMES AT THE CARIWEST PARADE









AMAZING COSTUMES AT THE CARIWEST PARADE



THEY CAME ALL THE WAY FROM LLOYDMINSTER, SASKATCHEWAN TO ENJOY THE PARADE

After making the video of 'Someone Loves You Honey' right across the block was a female holding a Guyanese flag standing next to a male who was holding a Trinidadian flag and I believe the other one was a St. Lucia flag. I smiled and greeted them and they also returned a friendly gesture. They were very pleasant and I asked to take a picture of them with their flags. The young man said that he came all the way down from Lloydminster to catch the Cariwest Parade; he said his mom is from Guyana and his dad is from Trinidad. We had a chat about Guyana, its oil production and political problems.



A female holding a Guyanese flag - They came all the way from Lloydminster to catch in the Cariwest parade

I knew that it was almost time for the parade to begin as some of the trucks were moving into their spot to get moving, so I headed for Jasper Avenue and waited to take some pictures. I wanted to stay ahead of the parade to take pictures, so I would then walk ahead down the Avenue and take a spot at the intersection to take more pictures, as revelers dance, sway and some gyrate their way down Jasper Avenue. A man on stilts, colorful costumes and intoxicating music was livening up downtown Edmonton once again.

There are always Jamaican and Trinidadian flags, but this year I noticed more Guyana flags than Jamaican and Trinidadian flags, so I took pictures of some of the spectators with their flags to reminisce on. For the past 20 years, I would pass by a fellow Guyanese, Anthony, who have a business downtown and today he is still a part business. Anthony was out on Jasper Avenue taking in the parade. We greeted each other and then I continued on down the parade route taking pictures. I crossed the street, around 103 St and shook hands with the road patrol, as he really reminded me of a good friend named Tony from the Gym whom I have not seen in a few years. By Commerce Place, there was an very enthusiastic young man dancing and jumping and waving a Guyanese flag. I captured this moment in a few pictures, and thus his picture is on the cover waving the Guyanese flag. I felt great seeing so many Guyanese out and even in the parade, even though there was no Guyana float in the parade.

THE PARADE WITH FLOATS TURNED ONTO JASPER AVENUE AS INTOXICATING MUSIC FILLED THE AIR AND EXCITEMENT BREW FROM THE SPECTATORS



LET'S SWAY ON
DOWN THE AVENUE
TO THE INTOXICATING BEATS
of soca, reggae and calypso

JASPER AVENUE



The first truck turned onto Jasper Avenue



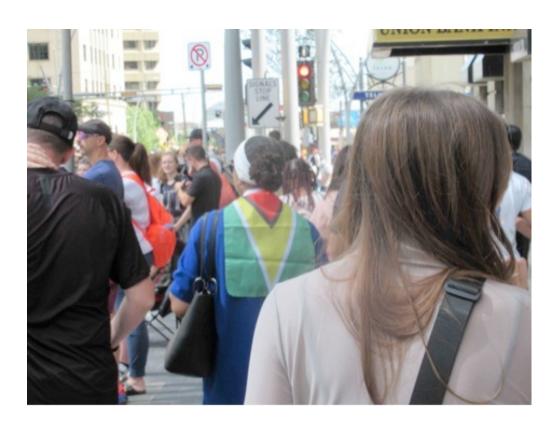
A well know person in Edmonton is on the parade route, as can be seen in front of the truck to the right



Security walking at the front, as the parade heads down the Avenue



The mayor of Edmonton, Amarjeet Sohi, on the parade route





THE MAYOR OF EDMONTON, AMARJEET SOHI ON THE PARADE ROUTE















Summer 2022





SHE'S CARRYING TWO GUYANESE FLAGS. DO YOU SEE BOTHS?













INFRONT OF THE WESTIN HOTEL, THE PUBLIC LIBRARY, CITY CENTER, HEADING TO CHURCHILL SQUARE





From Jasper Avenue, the floats turned left onto 100 A Street in front of the World Trade Centre Edmonton and danced its way down, passing Edmonton Plaza, the Edmonton Public Library, then in front of the City Centre, and then turned into Churchill Square where the

party would continue.



CARIWEST COSTUMES CHURCHILL SQUARE





Planting for Sustainable Living

By Usheda Akbar-Shanks



Usheda Akbar-Shanks Realtor at RE/MAX Excellence

Our Alberta climate is harsh and now especially with the extreme highs and lows due to climate change. How can we do our part in counteracting these changes, as well as pushing back inflation by growing some of our own foods? Wouldn't it be nice to have a healthier, sustainable lifestyle? I have been mulling over these questions for a while now...just waiting for the perfect time to start! I see so many houses with empty and barren back yards. Once the basic landscaping requirements are met, most families don't pay much attention to self-sustaining planting. It is actually cool to conserve our limited resources and maximize what nature is offering us.





In spite of all the climate challenges we now face and also the soil types in our geographical area, there are still many ways to accomplish our planting/harvesting goals. For fruit trees/shrubs like apples, pears, sour cherries, raspberries, blueberries, saskatoons and blackberries it is not a difficult choice. The toughest part is digging the hole! After planting and proper landscaping (drainage, slope, mulch, rocks, raised beds etc.) the plants are low maintenance. Occasional watering, weeding and removal of dead leaves is all that is needed.

There are so many varieties of fruit trees available in local greenhouses. Fall is a great time to get deals on plants. August and September are perfect for planting and it gives the trees a few months for roots to grow and get entrenched in the soil. For fruit trees there are combination types where one tree can produce two or three types of fruit e.g. tricolour Apples, plum varieties, pears and so on. Decorative trees like Evans Cherry trees produce bright red-coloured sour cherries, which birds love! It can also be used for jams and pies etc.





Unwanted fruit may also be donated to food banks, and other organizations which provide food for the needy. One may also advertise for free fruit giveaways on local buy/sell sites. Family and friends may also participate in the exchange of locally grown foods. The whole idea is not just planting for the sake of it, but for providing a much-needed source of local food. It will also be a source of pride in being able to practice compassion and generosity to others!

Don't forget to:

Call before you dig (Alberta 311)

There are many power and gas lines running underground.

Should you have any further questions please call/text me at 780-221-0602.

Usheda Akbar-Shanks Realtor at RE/MAX Excellence

A dog sign planted on the lawn by an unknown - for fun or mischief?



Dog stuff

This year there was hardly any dog mess on the lawn. However, this sign was placed on the lawn about 12 feet in from the sidewalk. On Aug 25, 2022 around 8pm, when I was going out, I saw an aluminum sign which is about 7 inches tall of a cartoon dog doing his thing with the world 'no'. I wasn't sure what to make of it, knowing that there hasn't been any or very little dog stuff on the lawn this year except for one spot next to the electrical box, which was already dried up. Is it funny? Is it a joke? Or it is mischief? I didn't know what to make out of it. It looks humorous and offensive at the same time and a bit mischievous?

Last year, in the summer of 2021, I had placed two signs on the lawn saying, 'No dogs allowed' due to the mess dog owners were leaving behind on the lawn. And it looks like dog owners got the message; else the signs will go back up immediately. I plan on purchasing a no dog sign. And I will keep this 7-inch sign, incase the mess starts again, this sign will quickly go up.

Original blog

 $\frac{https://blogging.godaddy.com/blog/6f52f775-520e-427e-bdde-e6b40b5ed99d/posts/07c37555-ced6-4bf9-a1b6-8b0a2ccb8045$

Backbiters

By F. Ally

Rich and famous musicians sued for using music that they did not write

It was only a few years ago, when many rich and famous mainstream musicians and singers had lawsuits against them for using music that belongs to other and for plagiarism. Millions of dollars were paid out. As a songwriter/musician/writer, I began encountering major problems around the year 2010 / 2011 when I began noticing that my songs were being sampled and used by others without any contract and without permission. Some of my songs are 'A Kiss Goodnight', 'True Love', 'Rain Go Away' which I noticed were sampled by famous musicians without my permission. And as soon as I began writing about the similarities I noticed that I was always being tracked and harassed in many ways. Why would anybody track me and harass me if it wasn't true? Are some profiting from my work? I have given a number of similarities to my songs which nobody can denied except to call me crazy and paranoid, because that's all they can do since they can't deny any of it.

Harassments

Harassment and tracking someone comes in different ways. As soon as I explained similarities to my songs and books where I first began noticing similarities to my songs in the year 2011, there is always someone there tracking me and trying to silence me by telling me I'm crazy and that I'm paranoid etc... Why would this person be so concerned about me talking about this?

And how some loves to backbite, trying to get people I know to turn against me and harass me, but I know what to look for as this has been going on for about a decade now. I have written about these similarities that are published in my books and also in reports in the Diverse City Magazines. Some examples of the similarities are on the Music page on www.allymedia.ca.

They also backbite their own

It seems like they also backbite their own team members by exposing them as if it's a part of an initiation, which they have to put up with and with confused and muddled looks on their faces when I point some things out to them. For example, one person would show up saying something that just doesn't make any sense. Another person would later show up saying the exact same thing. That's one way to be certain of who some of them are and for me to be vigilant. They cannot hide. People do all kinds of things for money, jobs, and contracts.

The world has gone to hell, and this why we're in the end times or heading there, meaning that the globalist are going after mass population reduction through their oncoming food crisis, wars, digital currency, digital ID for everyone, trans humanism and robots taking over with the dumbing down of humans.

Below is a sample from one of my books:

Vishnu focused on the boy, surrounded mainly by white faces. "It couldn't be the same boy—that would be too much of a coincidence. Impossible! Impossible, bhai!"

"You don't believe in coincidences?"

"No. Well—maybe once in a while, but some people can be so sneaky and conniving that they want us to believe that outcomes are nothing but coincidences, when they are actually plotting and scheming behind our backs."

Reference: p. 207; https://www.smashwords.com/extreader/read/634521/207/the-trilogy-of-savitris-garden-india-to-the-americas-1838-bo; The Trilogy of Savitri's Garden: India to the Americas 1838, (Book1, Part I) - Dreams of El Dorado << Re book overviewBy Fisal Ally

Some of my first harassments

I first began facing some problems in a coffee shop in St. Alberta while I was editing my books and where all of a sudden strange things began happening, even though I have already been going there for years, almost every single day to edit my books and to review some of my work reports. Even some of the people I always greeted were behaving very strange. I've abandoned that coffee shop and have not been back there in at least 10 years. Very sad because it was my favorite places that was connected to a bookstore where I purchased many books.

Many times I've written on the racism, which many and I have faced in Edmonton, where Alberta has been known as the 'redneck' province in Canada, and is probably still know as that name, but I'm not so sure of that today, as Edmonton has become very diverse. I have no doubt that this was all done by racists in Edmonton and St. Alberta to show hate towards people like myself as diversity began to engulf Edmonton with major changes in the demographics where Edmonton does not look anything like it did back in the 70s, 80s and 90s. Many accept change. It's easier for the younger generations to accept change, as compared to some from the older generation that are old school and hate all of the changes and diversity taking place. Hate always loose in the end.

OUR FUTURE

Technology used to spy on us and harass us

What will our future be like now that our government has given others the power to spy on us and to know everything about us and to track us and do as they please? What will our future look like with us connected to technology, and with robots everywhere and also replacing many of our jobs? Below are some thoughts based on some of my experiences. It's something to think about Some of it is funny but it can be annoying.

A brief explanation on errors found in my emails in the past, and the errors being found now

I went back and reviewed about 20 of my sent emails from around the year 2020, and only one email had an error where I meant to type 'lime' and I typed 'line'. An error like this makes sense because I hit the wrong key right next to the key I meant to hit, but the sentence makes no sense. And while writing those emails, I type them very fast, and I did not have to check for errors in the way I now have to check because of strange errors now showing up. In the past if I had made an error I would have corrected them right then, which means I would also do that now. I'm a very good typist and with all of the typing I've done and knowing what to look for, there's no way I could be making those strange errors in my emails, messages, and in the magazines. Those errors are very strange, and when the errors are made, the sentence makes a lot of sense in a humorous or negative way. I don't see any of those strange errors in my emails from a few years back. I believe that it's either AI or a person tracking me and making those errors just to harass me, and I believe this is where technology is heading, where people can easily be harassed and make fools of by the authorities.

While on a You Tube channel that brings alternative news, about a month ago. This channel began displaying a picture on the left in a square box with a picture, which I would never click on. Obviously it's an advertisement.

I had some problems with my legs, so I was sitting on a chair to carry out my salah (prayers and reflections). I decided that when I put my hands to my ears to indicate I'm leaving the worldly things behind, meaning to not focus on worldly matters, and that I'm tuning into the Creator, I would open my palms wide. Update: After the magazine was out and I was reviewing it, one of the lines said 'and that I'm turning into the creator. I quickly fixed it as a minor update, which should have been: 'and that I'm tuning into the creator. Does anybody believe that I would have typed I'm turning into the creator, when the word tuning is easy to type? Even if I had made an error, normally the errors do not self correct, and I would have seen the error as being underlined and I would have fixed it. I even tried making a few errors with the word tuning and it will not even auto correct. Note how the error makes sense in a hilarious way. I believe that some of us are being tracked, whether by a person or computer, and such changes are made just to annoy or harass people like self.

The next day, the same posture with my hands to my ear showed up as an image when I opened up YouTube, but I'm not 100% sure if it was on YouTube. Due to this, I decided that the next time when I raise my hands to my ears that I would close my palms a bit and place them closer to my ear. The following day, on the alternative You Tube channel I go to for alternative news, it showed a female with short blond hair doing the exact same thing with her hand. I snapped a picture of it as proof. So am I being tracked, and such changes are deliberately made to annoy or harass me? I think so? About a day or two later, I was feeling better, and I prostrated on the

floor, and the next day, the AD on the same You Tube alternative channel began sending a female in her fitness outfit doing the same exact prostration on the ground, but with her hands out in front of her (I took a picture of this). During this time, they also began sending a picture with an airplane and I think a female, and in the background was a red car. And when I looked carefully it was a Ferrari, and my cat's name is Furrari (spelled this way) but called as Ferrari after the racecar. Coincidences? Or spying using technology? Or is it a person doing this? And this was all coming from one of my favorite alternative You Tube channel. I began writing about it and they stopped sending those images.

I am certain that this is the future, such that when you are doing something, the system will already know exactly what you are doing and will be sending you pictures and all kinds of information which will annoy you, but we will now have to live with it and never dare complain. This is the future where robots and computers will be spying on us daily and will also be doing most of our thinking, as we see already with writing programs that are doing a lot of our thinking and our work, such as making suggestions and corrections for us.

The word 'Double' suddenly kept showing up first thing in the morning

The reason I mentioned this next example, is, in the future we will open up our web page only to find comments on what we were doing the day before and probably what our plans are for the present day?

It all began during bowling where Ian had a double strike. And on the weekend we spoke about Ian's double strike. The following day, where normally the first website I go to for my emails, had an article right at the top, and the article had the word Double. The next day, right at the top again, the same thing happened. It seemed a bit strange so I scrolled all the way down to look at headings of articles for the past weeks and there were no such similarities. I stopped talking about 'Double' and then there were no more article headings with the word 'double.'

The word Gypsy

This is an interesting example of how I believe robots will greet us in the future. The robot will not only greet us but it will know exactly what we were doing, such as conversations, what we are writing etc...In my songwriting article for this edition, I wrote that I was called a Gypsy, and after the word Gypsy, I placed the characters &&&&& just to indicate that I've stopped there for now. If I hear anything about Gypsy, I would read up on it because of my curiosity. Thursday, September 14, 2022 around 8:15 pm, as I was leaving the mall, the robot fortuneteller at the door of the store said something like "I'm the great Gypsy" or "You're the great Gypsy." That's what I heard. I've passed by there many times and I could clearly hear what it's saying and not once I ever heard the word 'Gypsy' else I would have already read up on it and even add this to my writing. As an update after the 1st edition was out, a few days later on Sep 24 & 25 as I passed by, I heard it said "My name is xxxxx, I'm the great Gypsy. The next few days I passed by the fortuneteller, probably six times, and not a single bleep came from his mouth. Coincidence? Then as I'm updating the magazine talking about this, I began hearing again "....I'm the great gypsy." Let's call this a coincidence, but what I'm saying is technology with advanced robots will know everything about us and will be used to talk to us and it would have already know our business.

BEWARE OF TECHNOLOGY

BEWARE OF HACKERS STEALING YOUR IDEAS, INVENTION, ORIGINAL SONGS, MUSIC, ORIGINAL LITERATURE, YOUR WEALTH etc...

Hackers at work, hacking systems, stealing, and harassing people using technology

Hackers can switch on the camera on your TV and cell phones and watch you as you watch your shows.

Connecting your TV to your home network allows hackers into your home.

There are backdoors and ports to get in. There are cameras and technology that exists which most people are not aware of. You can be tracked, get hacked, and have your wealth, whether it's money or valuable work and items, stolen. WELCOME TO THE REAL WORLD!
HACKERS CAN STEAL YOUR INVENTIONS,
MUSIC, LITERATURE AS YOU CREATE THEM
AND CLAIM THAT THEY CREATED THE
WORK AND HAVE YOU FRAMED FOR
PLAGIARISM AND THEFT

You do not have to be online or connect to any service to be tracked and you don't have to do anything wrong to be tracked, hacked and robbed by criminals.



Hackers stealing personal information

YOU DO NOT HAVE TO BE CONNECTED TO ANYTHING AND YOUR WHEREABOUTS IN THE WORLD CAN EASILY BE TRACKED

THEY DO NOT CARRY OUT CRIMES TO GET CAUGHT IT'S DONE SECRETLY AND BEHIND THE SCENES AND THEY MIGHT EVEN BE IN A THREE PIECE SUIT

The photo above licensed from www.depositphotos.com for demonstration purposes

THE NEW WORLD: ORDER OUT OF CHOAS

Part X - Humanity will be completely enslaved and imprisoned through the advancement of technology by Fisal Ally

Part of this article came from a blog by Fisal Ally; Post Sep 13, 2022 8:10pm on www.allymedia.ca. VIEWS & OPINIONS also by Fisal Ally

Disclaimer: The writer of this article does not offer any advice, but is only providing information, along with his opinions and views. This is a research paper that touches on a number of topics. While working on this report, digital copies were made during the process, along with video taping parts of the report. There will most likely be an updated version of this report and also error corrections. This research is based on public available information, where some reports may be taken down, updated, or link locations may have changed or removed.

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Introduction

Many people only believe what they hear on the Mainstream Media (MSM), and if I write about something they have not heard on the MSM, or oppose what MSM says, then I'm a conspiracy theorist. And so I was called. However, this report and my pass reports is highly based on what's now coming out on MSM as they change some of their narratives on COVID. For example p. 84 and p.86 has reports from FOX NEWS. When I write about the similarities to my songs and books, someone always attacks me through the contact message form on www.allymedia.ca, or on www.fisalally.com which is unavailable for now, calling me crazy and paranoid; or is it the person that's harassing me is the crazy and paranoid one. The truth will come out one day. I'm very patient. Look at what's happening in the world today. Is that all crazy? When it seems strange to someone all they can do is call people crazy, paranoid and a conspiracy theorist. But it's not funny when so many have lost their lives, and where many children's lives are being destroyed forever, and it's not a conspiracy, as many records are in VAERS. I continue to hear that we are in the end times because of what's taking place, which is transparent to many; many cannot see it happening. It's important to continue providing information, which will hopefully help to educate some and hopefully wake up and out of their metaverse and back to reality...Fisal Ally

As the Great Reset unfolds with its digital ID, there are ongoing wars with an upcoming food crisis. Trans humanism is also becoming a reality as we hear more and more of this. Yuval Noah Harari of the World Economic Forum (WEF) said, "We can now manipulate people because we now have surveillance under the skin" (Ref M). This statement alone tells us where we're heading. How did surveillance get under our skin? Is it just microchips for opening doors, or much more? In 2020, Harari said, "If you have enough data about me and enough computing power and biological knowledge, you can hack my body, my brain, my life." There goes our freedom, not that we had much before. We are no doubt in a new era, which is termed 'The Fourth Industrial Revolution' by the World Economic Forum (WEF).

In the video listed in reference M, the female spokes person of Rand corporation says: "there are pills now that have an electronic sensor that let health care provider know whether you have taken the medication..." She said that with the internet, there are 'cyber risk that an actor potentially hacking into the system...there's a privacy risk... national security and global security risks...she says it's up to the individual to know the risks and what's happening to the data...there are lots of unknown that we need to be careful about..." From my own personal experience with what had taken place with my songs and books, humanity is in deep trouble, all created and planned out by a few that believes that they have a right to rule the world and tell everyone how they should and must live their lives, and each person must comply, or else!

Can they read our minds? Yes, they can. The technology is here. I have no doubt that they are doing it right now, at least with selected individuals and monitoring their every move. In a video the host by Karen Kingston, a former Pfizer employee, states that "Professor James Giordano Phd. from Georgetown University said, "...that they can use lipid nanoparticle technology to control people's thoughts and emotions, they can even influence a leader to look absolutely insane or commit a crime..."

The Great Reset / The New World Order

While Anthony Fauci back in 2017 at the Georgetown University announced that there will be a surprise pandemic in 2019 with the new incoming president, Bill Gates spoke on plans to

depopulate the world as he buys up land and gives us CRICKET BURGER OR WHICH I REFER TO AS CRICKET BUGGER to eat, Klaus Schaub with his book 'The Great Reset' wants to take away everything from us where he says, we'll own nothing and we'll be happy. We continue to hear about the Great Reset. In the past George Bush Sr. and others have spoken proudly about The New World Order. Note the title on my series of reports named: THE NEW WORLD: ORDER OUT OF CHOAS, which is my way of saying 'The New World Order, Order Out of Chaos.' As David Icke always say, 'Problem, Reaction, Solution'. They create the problems, many reacts begging for help instead of researching and finding solutions, so then they provide a the solution to meet the agendas, and today we have the digital ID, never ending jabs, lockdowns and Bill Gates want population reduction as another solution for humanity. Humanity is doomed. The New World Order is all happening right before our eyes, and it's not good for us, nor for our future generations, who will have no freedom and would have to bear the burden of what this generation and the past generations have allowed to happen. In 2020, Harari said, "If you have enough data about me and enough computing power and biological knowledge, you can hack my body, my brain, my life." That's the life we want? That's the life we want for our future generations? Our future generation will one day look back and say, "Look what they've done. Why did they allow this to happen to us? Are we not humans also?" Sadly to say, we might as well start using the world 'Trans Human.' It's all unfolding, but many cannot see it because people's heads are buried in their cell phones and texting, entertainments, net flix, sports etc...

Dr. Anthony Fauci, on January 12, 2017 at Georgetown University Medical Center

Dr. Anthony Fauci, on January 12, 2017 at Georgetown University Medical Center said, "...I thought I would bring that perspective today to the topic today is the issue of pandemic preparedness, the issue of pandemic preparedness and if there's one message that I want to leave with you today based on my experience, and you will see that in a moment is that there is no question that there will be a challenge in the coming administration in the arena of infectious diseases both chronic infection diseases, in the sense of ongoing disease, and we have certainly a large burden of that but also there will be a surprise outbreak...will tell the next administration that there's no doubt in anyone's mind that they will be with the challenges that their predecessors were faced with. So for those who think that infectious diseases is gone there's so many people who have made foolhardy statements not knowing at the time that they made them. I usually show the quote from an old surgeon general or from an old pundit on infectious disease, so I thought I'd pull this one out..." "...it is not going to go away. The thing we're extraordinarily confident about is that we are going to see this in the next few years. Thank You (Ref 1d)". And who is foolhardy or the fool this time, as we look back a few years. Why did he make such a foolhardy statement?

For the past two and a half years, we've heard over and over about viruses, vaccines (jabs) and lockdowns. We've heard about the covid bat theory, and many also heard about covid being a bioweapon manufactured in labs. Some later heard about a theory where snake venom is being placed in our water. A small group of people is doing everything they possible could to bring in the **Digital ID across the entire world**, and during this time we're bombarded with lockdowns and the fear from being attacked by viruses and on going variants, and you better get your jabs or else you are a danger to everyone else!

A statement recently made in a video listed in Ref f is: 'This is the epic moment when the government's expert witness who was relied upon to justify vax mandates for travel-Director General at Transport Canada's - 'Covid Recovery Team - is stunned into silence and has to admit there was no document supporting a recommendation for vmandates (Ref f)'. Thus

many have heard that the sars-cov2 virus was never isolated, yet many of us are being told that we can't work nor travel unless we're vaccinated with vaccination after vaccination and boosters, else we're going to spread a virus and because of that we are a danger to society, yet there are claims that no virus was isolated. Is this all fear mongering? In other words we're being threatened if we do not comply to what a few wants us to do. According to The VAERS (Vaccine, Adverse Event Reports) many have died and became injured for life after being vaccinated. Recently, many Canadian doctors have also died after being vaccinated. The VAERS records are real. These are not conspiracies. These are not crazy and paranoid people making up these reports and approving and signing off on the reports. VAERS alone provides evidence that something terrible is happening to humanity, to children, to the elderly, and to many of us. VAERS is for the United States; other countries also have similar recording systems.

Dr. Anthony Fauci predicted the future and so have others

Not only did Dr. Anthony Fauci predicted the future based on his 2017 statements at the Georgetown University about a surprise pandemic. But the 'WHO warns of more 'dangerous COVID variants' in coming days (Ref O). Tedros says, 'its reasonable to expect an increase in hospitalizations and deaths in coming months' (Ref O). Can Tedros also predict the future? Are these foolhardy statements he will have to look back on and people will say that he's another the fool? Since he knows the future then we should also have the technology to do something about it, so why isn't something being done before it happens? While Bill Gates wants to reduce population, he said, "...uh first we've got population. The world today has 6.8 billion people that's headed up to about 9 billion now if we do a really great job on new vaccines health care, reproduction health service we could lower that by perhaps 10 or 15 %..." (Ref e). My view is that Bill Gates is not acting alone and that there are powers that we cannot not even begin to comprehend that is behind him - he is just a name and a face which was placed there to adore by people that love heroes, in the way The Oueen is just a name. You can bet - at least I believe that all of the big names we are hearing on TV, such as Zukerberg, Musk, Harari, Gates etc...are connected to wealthy families or have some big connections that made them heroes and are there for the agendas that are unfolding. The VAERS records are real, there's no denying that the population is being reduced.

And for the ones that worship's the Royal Family, with Queen Elizabeth recently passing away, The World Economic Forum (WEF) founder, Klaus Schawb, where there was a podcast on June 4, 2020: 'Fourth Industrial Revolution' Klaus Schwab and Prince Charles on why we need a Great Reset - listen to the podcast' June 4, 20202 (Ref N). They are all working together to bring in the Great Reset. This is just the beginning as to what's coming.

Myocarditis

In a blog posted on Aug 20, 2022 and updated on August 21, 2022 on www.allymedia.ca called 'News Pandemic / Plandemic,' I wrote 'Today many children now have myocarditis, many have had heart attacks and many also died, while many in positions are sitting back and let it happen because they are too busy making their pockets heavy AS THEY TURN A BLIND EYE - this is the destruction of humanity. How can we allow this to happen to children? Many of them are ruined forever.

Dr. Robert Malone, inventor of the mRNA speaks out

Many well know people, including the inventor of mRNA, Robert Malone, have spoken up against people being forced or coerce into taking the COVID-19 jabs.

'Inventor of mRNA technology removed from Wikipedia after he warned against taking COVID jabs - July 6, 2021 by LifeSite News. 'Dr. Robert Malone is no longer recognized by Wikipedia as being the creator of the technology used in some COVID-19 vaccines (Ref Y). There have been many people with many You Tube videos and reports that were purged from You Tube for speaking up against the covid-19 narrative; and today the covid-19 narrative is being exposed, collapsed and changed which only proves that many that were kicked off and banned from You Tube and other social medias knew what was taking place, and because they knew, they had to be silenced. It's only going to get worse from here on.

Pfizer former Vice President speaks out

Former Pfizer Vice President, Dr. Michael Yeadon, from the very beginning have been speaking out against the jab. "Academics were threatened to losing their position and getting no further research grant if they speak out against the narrative," Pfizer past CEO said (Ref Y). Why would the former Pfizer CEO speak out against these vaccines if they are good? Obviously, he saw problems with them from the very beginning, as he was condemning the vaccines from the very beginning. The information presented to the public in VAERS are not lies. The records are reviewed and signed off.

Many Canadian doctors have died recently after being vaccinated

VAERS tells us that thousands of people have died and hundreds of thousands have been injured after taking the jab. Recently, many Canadian doctors have died after taking the jab. A well known person, Steve Kirsch, who is the founder of 'The Vaccine Safety Research Foundation' and who had donated 20 million to the Democrats, on FOX news said: "...There is no question that this vaccine is the most dangerous vaccine ever created by man, a thousand times more deadly than the small pox vaccine..." "...what I found is hundreds of thousands have been killed by this vaccine...and millions have been injured..." "...you are more likely to die or injured from the vaccine, than if you were unvaccinated..."

Headlines that state (Ref N): 'Australian Health Official now admits the vaccinated are now dying from myocarditis.' Another headline states: 'Head of the Chemnitz Clinic commits Suicide: 'Covid-19 Vaccine is Genocide' (Ref N).

While many food-manufacturing plants have been burned down in the USA, Bill Gates continues to buy up land, even in Canada. In Canada, there's a cricket manufacturing food plant, which is the largest in the world, reported by Peters. Children in Australia are already being fed this (Reference 2). Soon we'll only have choices such as CRICKET BURGERS OR AS I CALL IT CRICKET BUGGERS, OR PERHAPS AN ANT BUGGER etc....

Your body, your choice

Many were told that we must take the experimental jab if we want to keep our jobs. If you don't work then how do you feed your family and pay your rent? From the very beginning, many across the entire world believe that it's their body and it's their choice and continues to refuse to take the jab, having researched on the danger of being jabbed and or are completely against vaccinations even before covid-19. You must have a choice, or else you will not have any freedom, and as we can see whatever freedoms we have left are quickly vanishing.

Section I - Humanity will be completely enslaved and imprisoned through the advancement of technology;

When I read the book '1984' which was written way back around 1948, it was all about surveillance and Big Brother watching with cameras on every street corner, and just the thought of that was scary, but now I'm see that it's much worse than that with the advancement in technology where Yuval Noah Harari said, "We can now manipulate people because we now have surveillance under the skin (Ref M)." In other words, they can manipulate our thoughts, behavior, actions etc...Now they're telling us about surveillance from under our skin, meaning things are being placed in our bodies to control us. In the book '1984' they talked about placing cameras on every street corner, but the reality is today these cameras are in our hands which most are addicted to, in our homes and everywhere we go where we can be monitored, which will be used to identify us in seconds flat. Soon we'll be just a number - that is a digital ID.

With a digital ID we will have no freedom, not that we had any or much in the past 2 3/4 years since COVID-19 began. We can easily be cut off from going into our refrigerator, driving our electric cars etc...by a signal coming from a tower or even through the equipment and technologies in our homes. This is only gong to get worse. Humanity will be completely enslaved and imprison through the advancement of technology. Enslaved without the chains and whips. They will have the means to lock us inside our homes for weeks with no food if we do not comply with what they want. Isn't this what they did with the slaves? How did we allow all of this to happen? As mentioned in one of my past reports, that if you give away control of your blood stream, you will never get it back. And that's exactly what's happening because too many people have given away their control to a system that wants to control everything we do, and tell us how to live our lives.

I saw a video from China, where people were in a train, and where everyone had a digital ID and can be identified. I don't know if I'm telling this correct, as I'm just going from memory, but you will get my point. One of the passengers in the train cell phone suddenly had a red alert, which I believe had indicated that he or she was positive for covid. And as soon as the train stopped, everyone ran to escape from being checked. The ones that didn't manage to escape will also have to isolate with the person that had the red signal.

And what else can happen with your digital ID. Here is another example as to what can happen with a digital ID: Pelham@Resist_05 - Lahore, Pakistan...Government has threatened to cut off banking with the use of Digital ID to anyone that protests against the regime...RESIST; (Post 3:04Pm - Aug 24, 2022 - Twitter for iphone) (See ref M).

In the video (see Ref M), the female spokes person of Rand corporation says: "there are pills now that have an electronic sensor that let health care provider know whether you have taken the medication..." She said that with the internet, there are 'cyber risk that an actor potentially hacking into the system...there's a privacy risk... national security and global security risks...she says it's up to the individual to know the risks and what's happening to the data..." This means they will tell us what to put into our bodies and what to be injected into our bodies and if we do not swallow that pill then they will know because no signal will be sent out. What if it injures or kills us? No doubt that humanity is on the brink of destruction because most people are asleep and cannot be awoken. We're completely being modified. This is trans humanism as part of what Schawb calls 'The Great Reset.' We will be held in bondage forever now, because of the advancement of technology and because many people love the lazy life and dependency on

technology that it will all be placed into our bodies for us to be controlled by an external forces that hates humanity and the creation of humanity. Because of people's love for technology there's No Escape, we're fenced in and the whips are everywhere, but they are now digital whips. This is going to be worse than slavery with the barbwire fence and cat o'nine tails. As we ran, even if we have many escape routes, technology which we created will track us and find us in seconds, only for them to knock us down and beat us down through this advancement of technology.

This is getting worse by the day and most cannot see two feet in front of them, blinded by their love for technology, their cells, texting, entertainment to distract them from what's taking place !...Fisal Ally

The above is a blog by Fisal Ally; Post Sep 13, 2022 8:10pm (this report has minor modifications, and a part of the original blog was omitted); https://allymedia.ca/f/humanity-will-be-enslaved-and-imprisoned-through-technology; Humanity will be completely enslaved and imprisoned through the advancement of technology; Blog by Fisal Ally; Post Sep 13, 2022 8:10pm (this blog was slightly modified for this edition)

Section II - VAERS (vaccine adverse event reporting system)

- a) About VAERS
- b) Many athletes died and many injured after vaccinated
- c) Many Canadian doctors died after vaccinated
- c) My own story after getting a throat swab, resulting in major eye ache and headaches many such reports are in VAERS, which is an American reporting system. A look into my research into treating myself.
- a) About VAERS

VAERS is a Vaccine Adverse Event Reporting System in the USA, which provides information to the public of countless records of people injured or died after taking the vaccine. According to experts and research, VAERS only reports one or under one percent of these adverse events from the vaccines. It is often said that the numbers in VAERS should be multiplied by 100.

VAERS COVID Vaccine, Adverse Event Reports 1,371,471 Reports Through July 29, 2022 Deaths: 29,981

Bell's Palsy: 15,748

VAERS COVID Vaccine, Adverse Event Reports 1,400,350 Reports Through September 2, 2022

Deaths: 30, 796; Hospitalizations: 176, 338; Urgent care: 134, 920; Doctor office visits: 204,986; Anaphylakis: 9,999; Bells Palsy: 15,998; Miscarriages: 5,009; Heart Attacks: 16, 501; Myocarditis/Pericarditis: 52,106; Permanently Disabled: 57,598

Even though tens of thousands of reports are logged into VAERS confirming that tens of thousands of people have died and became injured after being vaccinated, it's hard to believe that some people are making all kinds of excuse and do not believe that a lot of people have died and were injured after taking the vaccine, and continues to die and become injured. Some people do not even believe that after getting jabbed that some were injured for life. One person told me that until he sees this happens in his family he does not believe that the vaccine is harmful. Have you heard of VAERS? Nope! Never in my life?" And even when I try to explain what VAERS is people are not paying attention and seemed lost, so nothing gets registered in their heads. About a week ago, I was having a discussion with someone on the jabs and I said that I have seen lots of videos of people that were affected and how do you explain people just dropping and dying. The response was, it's all acting. I was a bit surprise to hear those words, but I shouldn't be as there are many deniers as to what's taking place. And still another person told me that the ones I'm seeing that are paralyzed and shaking are probably all made up and are fake.

We've seen very early on when a young teenage girl named Mattie who became paralyzed after taking the jab and now have to use a wheel chair. Her life is ruined forever. In a previous edition, I wrote about a doctor in Miami who believed in the vaccines and that took the jab to prove that the vaccines are good and then shortly after became ill and soon after died.

b) Many athletes died and many injured after vaccinated

The Tennis champ, Novax, had refused to be vaccinated and missed the Australian tournaments, missing out on lots more wealth and probably setting new records. I am certain that he is well aware that many Athletes that were vaccinated had heart attacks, died and or injured, as this trend continues. I'm well aware of these injuries and deaths, so he must also be aware. A few months ago, I had seen a video that stated about 400 athletes that were vaccinated began having health problems, heart attacks, and where some were collapsing while playing their sports. Some died. A few months ago, I've seen a list that now says close to 800 athletes with the same experiences, and only a few weeks ago, I heard that it's now over 1000 athletes.

In the past, drugs and vaccines were quickly stopped after a small number of deaths? So what's going on today? Why are people still being vaccinated after so many deaths and injuries? Why are the doctors and hospitals silent about all of these injuries and deaths? Some are waking up, but it's too late for many. Changes are also being made as to who should and shouldn't be vaccinated, yet the jabs are being pushed on people. A few sections below list some places that have updated their vaccination policies.

c) Many Canadian doctors died after vaccinated

Doctors in Ontario died soon after receiving the booster

From reports, it's stated that in recent months that at least 28 Canadian doctors had died. Another report stated 32. However, just recently, six doctors in Ontario died after taking the boosters while they were engaged in activities getting on with life, although about two of them had cancer. A report on this is a few sections below.

I have seen countless videos of people being injured after being vaccinated. Just recently on the Stew Peter's show a female named Cat Parker discussed the problems she had faced after taking the jab (See Reference 1)

Peters says, 'Slowly but surely, Big Tech is losing the battle to hide the truth about the Pfizer and Moderna shots...more and more statements undermining the official narrative are trickling through..." The problem is too many have already died and injured and many more will die and end up with long-term injuries. This is only the beginning of what's to come.

Some of what Cat parker is experiencing after jabbed

On this episode of the Stew Peters Show, the guest, Cat Parker that's sharing her experience and who had some underlying issues where the doctor dismissed those problems, and a month after taking the jab she began having all kinds of problems, which she had never had before. The shot she took was the J & J. She took the booster because she had to travel for work. Some of the problems mentioned which she's now having after taking the jab are bad short term memory, hair falling out, tremors, falling out of bed, brain fog, sores, skin flaking, narcolepsy, falling asleep, Parkinson, stuttering, blood clot. When she shared her story on Facebook she was blocked. From her experience, she has advised people not to take the shot because it's not worth it.

Section III - DENMARK ENDS Vaccinations For Most People Under 50

https://www.youtube.com/watch?v=vEdNaRi-8yY

Title: Denmark Ends Covid vaccinations for almost everyone under 50.

DENMARK ENDS Vaccinations For Most People Under 50; Sep 14, 2022; Albex Berenson. 'Remember mandatory vaccinations? This is, well, the opposite. We've come a long way in a year. Except at American colleges - which, insanely, are forcing mRNA boosters on students.'

Information below came from the YouTube video listed above:

- 'Denmark will bar almost everyone under 50 from receiving more mRNA Covid jabs, the Danish Health Authority said yesterday.
- 'Denmark had already ended Covid shots for nearly everyone under 18. The new rules go much further.'
- 'Danes under 50 will only be allowed to receive the shots if they are "higher risk of becoming severely [emphasis added] from Covid-19"

'Staff in the healthcare and elderly care sector as well as in selected parts of the social services sector who have close contact with patients or citizens who are at higher risk of becoming severely ill from covid-19 **will also be offered** booster vaccination against covd-19.

In addition, we <u>recommend</u> that relatives of persons at particularly higher risk accept the offer of the vaccination to protect their relatives who are'

Below is posted on his site:

'DANISH HEALTH AUTHORITY'

Who will be offered vaccination against covid-19?

People aged 50 years and over will be offered vaccination

People under 50 who are at a higher risk of becoming serverely ill from covid-19 will also **be offered** vaccination against covid-19.

Note: The word <u>offered</u> is used, along with the word <u>'recommend'</u> which means that THEY CANNOT FORCE YOU TO TAKE THE SHOT AND THAT YOU MUST HAVE A CHOICE. Therefore each person must understand their body and health, since each person is unique, and must make the best decision for themselves.

My view is the older people, lets say over 50 have unique conditions, therefore why would anybody want to take a jab that's experimental where they don't even know what's being injected into their bodies and that could cause more complications because of their already existing complications, not to mention the damage the spike proteins from the jabs are causing. My personal view and opinion is to boost your immune system, stay safe, and never inject anything into your body that has injured and killed so many. Do your research!

Section IV- Pregnant and breastfeeding women should not be vaxed - UK Gov't

- A) Casket bulk orders
- B) UK Gov't update on August 16, 2022
- C) Many public figures were encouraging pregnant women to get the jab. Below are two:

According to the VAERS records, which are public records for the public to review, many have been injured and there are many deaths after taking the vaccines. At the beginning of covid-19 it was stated that children have robust immune systems and do not need to be vaccinated. But after the elderly and many other age groups were vaccinated, the narrative began changing for children and before you know it, it was under 6 year old that should be vaccinated.

Based on the public information available from the sources mentioned in this report, I had recently wrote a blog (Ref b) called: Pregnant and breastfeeding women should not be vaxed - UK Gov't posted on www.allymedica.ca.

All along the vaccines were being recommended for pregnant and breastfeeding women, even when urgent reports were coming out months ago expressing that many females were having miscarriages during pregnancy and babies were also dying soon after birth.

A) Casket bulk orders

A worker from one of the funeral parlor in the UK was on the Stew Peters show a number of times talking about the increase in deaths and the increase in ordering caskets for babies. He risked his life for the truth to come out and for lives to be saved. Many others also risked their lives as they pressed on.

On the Stew Peters show (Ref q) on July 11, 2022, stated that 'Mick Haddock joins to describe his casket business's influx of bulk orders on child-size caskets.' 'Haddock says that he has sold 5 years worth of child-sized caskets in 7 months.'

On the video at Ref P, a post says: 'Casket manufacturer reports unprecedented orders of child-size coffins' (Western Standard) (Ref p)

Even after all of those reports were coming out, nothing had changed and it was still recommended that pregnant and breast feeding women take a vaccine that have shown to be dangerous to them and their babies. It's too late for many. But now, there has been an update on the UK Gov't website on August 16, 2022 as stated below:

B - UK Gov't update on August 16, 2022

Regulation 174, it is considered that sufficient reassurance of safe use of the vaccine in pregnant women cannot be provided at the present time. However, use in women of childbearing potential could be supported provided healthcare professionals are advised to rule out known or suspected pregnancy prior to vaccination. Women who are breastfeeding should also not be vaccinated. (Ref c)

Before the update of August 16, 2022, The UK Gov't website recommend that pregnant and breastfeeding women to get the jab stating: 'COVID-19 vaccination is strongly recommended for pregnant and breastfeeding women. The coronavirus (COVID-19) vaccines available in the UK have been shown to be effective and to have a good safety profile. It is important to have your COVID-19 vaccinations to protect you and your baby.'

Hugo Talks stated on September 2, 2022: The gov't have updated their recommendations for pregnant women They are now saying not to get it a year and a half later. Updated on August 16, 2022' (ref R)

Hugo Talks stated on Sep 2, 2022: 'Before the update of August 16, 2022 COVID-19 vaccination is strongly recommended for pregnant and breastfeeding women. The coronavirus (COVID-19) vaccines available in the UK have been shown to be effective and to have a good safety profile. It is important to have your COVID-19 vaccinations to protect you and your baby.' (Ref R)

C- Many public figures were encouraging pregnant women to get the jab. Below are two:

Sajid Javid on 9 Nov 2021 post 'The jab is safe for women at any stage of their pregnancy and will protect you and your baby'. 'The vaccines save lives and I urge everyone to get their jab as soon as they can' (Ref c).

Lucy Chappel on 9 Nov 2021 post 'Getting pregnant or being pregnant without being vaccinated could leave you and your baby at a much higher risk'. 'Having the vaccine is the best way to protect yourself and your baby' (Ref c).

Section V - 'UK BANS Covid Vaccines for ALL kids under 12'

It was recently reported that 'UK BANS Covid Vaccines for ALL kids under 12'. On September 6, <u>Igor Chudov</u>, Naked Emperor reported on the UK not giving Covid vaccine to under-12 children. This information can be found at the following location: https://igorchudov.substack.com/p/uk-bans-covid-vaccines-for-all-kids?utm_source=profile&utm_medium=reader2

This information was also covered by Megyn Kelly. This is a quote from the YouTube video page at Ref 1f. "Megyn Kelly is joined by Jesse Kelly, host of "I'm Right" on The First, to discuss **pushing the new Omicron vaccine booster with no testing on humans,** many European country's bans on the COVID vaccine for kids under 12, the cost of lockdowns, and more.

Section VI - Updates on percentage of people taking the jabs

Title: 'POLL: Nearly 60% of Canadians with one or two COVID vaccine doses don't want boosters'; https://www.bitchute.com/video/6FSnfB1zk3sp/; First published at 21:00 UTC on July 23rd, 2022.

From the above reference it states 'POLL: Nearly 60% of Canadians with one or two COVID vaccine doses don't want boosters'. The information continues, 'As the federal government tries to redefine 'fully vaccinated', a new poll from Angus Reid found that just under 60% of Canadians who received their first or second COVID jab are not interested in taking another.'

A Research Letter; September 8, 2021; Spontaneous Abortion Following COVID-19 Vaccination During Pregnancy where

The video above states: 'Sars cov2 never isolated.'

Christine Massey in Canada: [1] British Columbia's Provincial Health Services Authority (Canada admits (to an FOI submitter who prefers not to be names to having no record describing isolation of "SARS-COV-2" by anyone, anywhere, ever:'

Many researchers from the very beginning have stated that the sars-cov2 was never isolated, and that the PCR tests are checking for genetic information.

The video below gives: '4 Koch's Postulates: Causation Studies'

- 1. The microorganism must be found in abundance in all organisms suffering from the disease, but should not be found in healthy organisms.
- 2. The microorganism must be isolated from a diseased organism and....

...Continue on p. 80

GUYANA'S OIL PRODUCTION

Guyana's oil discoveries ruining its fishing industry and concerns about oil spills by Fisal Ally; September 8, 2022; post as a blog at 9:10pm.

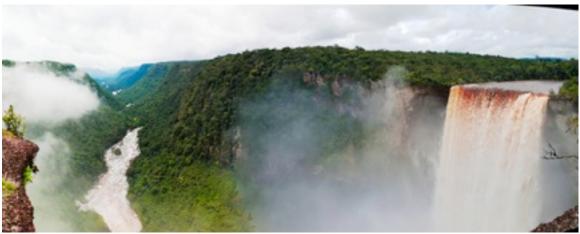


Photo of the Kaieteur Falls licensed from www.depositphotos.com

This article is a revised version of the blog posted on August 15, 2022 on Guyana oil by Fisal Ally on www.allymedia.ca

Guyana located east of Venezuela and north of Brazil continues to drive up its oil production while the fishing industry declines and there are concerns about oil spills. Many people around the world have never heard of Guyana, but hopefully Guyana will once again be put on the map, and this time not for the Jim Jones massacre, as 'recent oil discoveries in Guyana are expected to turn that country into one of Latin America's biggest oil producers over the next five years' (Ref 5). 'Guyana is undergoing a major economic transformation driven by a massive oil boom' (Ref 6). 'This drilling bonanza promises to earn Guyana roughly \$150bn over the life of the oilfields, estimated at 30 years (Ref 4).'

In a rush to get its oil deals, the Guyanese government was shafted badly by the oil giants. "Guyanese politicians have accused Exxon of fleecing the country of billions of dollars by bouncing an ill-experienced government into a contract that pays far less than other countries earn from their oil (ref4).

Following ExxonMobil's discovery of the Liza field in 2015, there has been a string of exploration successes leading to a growing backlog of FPSO projects (Ref 2).

"There has even been talk of a \$5,000 cash handout to every citizen, a small fortune for many Guyanese (Ref 4).

Guyana amounts for one third of the crude discovered in the world since Exxon first hit oil in the country in 2015, according to Rystad consultancy firm. The about 11 billion barrels of

recoverable oil discovered to date should make the country a global oil power in the coming years, Rystad says (Ref 1a).

For decades, there are Guyanese that have done very well, but there are many that barely make ends meet and many that lives in poverty. With the oil boom, some sees a great future for Guyana, while others are not holding their breath. When you think of an oil boom, you think of riches, but that's not the case for everyone. Many oil rich countries of the past still has lots of poverty. As the exploration continues, more discoveries are being made making Guyana as one of the countries with the most oil discoveries. 'Exxon has announced an average of one discovery per month this year. The two new oil discoveries - Seabob and Kiru-Kiru - take the total number of discoveries to more than 30' (Ref 1a). 'Multibillion-dollar deal promising to lift country out of poverty may be false dawn with dire impact on climate, warn campaigners' (Ref 4)

As the discoveries continues, 'in the coming years, upstream capex in Latin America will shift into deeper and deeper water with Brazil, Guyana, and Mexico likely to lead the charge for new spending. (Ref 2)

Guyana oil discoveries

Since the explorations began, 'According to Rystad reports, "Guyana has been the global leader for new discoveries since 2015, with 11.2 billion barrels of oil equivalent, which amounts to 18% of total global discoveries and 32% of discovered oil. That growth has been driven by the prolific Stabroek block, where a consortium led by ExxonMobil XOM -1.8% has announced a series of major new discoveries since that time.' (Ref 1)

"A <u>new study</u> by energy intelligence group Rystad Energy finds Guyanese oil production growing at such a rapid pace that it will surpass production levels in other big offshore basins, including the U.S., Norway and Mexico, by 2035 to become the world's 4th-largest offshore producer." (Ref 1)

Guyana has surpassed it's oil production schedule

Guyana continues to move ahead of its projection. 'The U.S. major said it is already producing more than the 340,000 barrels of oil equivalent per day (boepd) target it had originally set for itself by the end of 2022 in Guyana' (Ref 1a).

Exxon's partner Hess said in a follow up statement the group's current production has reached 360,000 boepd. The increase was possible after optimization works that expanded capacity of the consortium's first platform Liza Destiny by 20,000 boepd to 140,000 boepd, Hess said. (Ref 1a)

The second platform, Liza Unity, started in February and ramped-up to 220,000 boepd in five months (Ref 1a).

Future growth in Latin America will largely depend on the success of deepwater developments in Brazil, Guyana, and Mexico. While Brazil and Guyana provide relatively certain fiscal and regulatory regimes, Mexico has additional upside by offering the right balance of domestic and foreign project participation. (Ref 2)

Rystad estimates that deepwater investment in seismic, drilling, and facilities will exceed \$25 billion by 2025, nearing 2013's historical high of \$28 billion driven by Brazil's pre-salt fields. Three countries will lead upcoming growth — Brazil will retain its dominant position with Guyana growing on the back of recent discoveries and Mexico extending exploration from legacy shelf regions to deeper waters. (Ref 2)

Dangers to the fishing industry from the deep waterdrilling

There have been many disasters in Guyana and this fear still remains. The gold mining industry has poisoned lakes in that area. Guyana is highly involved in the fishing industry with many fishing boats and crews out at sea.

Over time, the Guyanese environmentalist Arnette Arjoon grew to suspect Exxon was indifferent to the dangers of an oil spill to the coast and rivers of one of the best preserved parts of the Amazon biome. Composite: Fidal Bassier/Guardian/Reuters (Ref 4). Arjoon do see setbacks for Guyana based on the companies drilling for oil. "She has seen firsthand what happens when the US's largest petroleum company descends on a small country bearing the promise of riches (Ref 4). 'As ExxonMobil began drilling a vast oilfield offshore two years ago, the Guyanese government called in the Amerindian marine conservationist to help monitor the environmental impact of what is expected to become the company's biggest source of petroleum by 2025, outpacing even its wells sprawled across Texas (ref 4). Referring to Exxon, she said, "They are not an honourable company."

'For some Guyanese, their first encounters with Exxon have left them skeptical of the promises. A short drive east of the capital, Georgetown, George Jagmohan used to run seven fishing boats (Ref4).

"Since the drilling started, the fish have gone. It's the blasting and vibrations," says Jagmohan, sitting on a sea wall next to a clutch of idle boats. "In another couple of years it will be finished..." A few miles further up the coast, Steve Outar says his catches are down by about 80% but he has not laid up any of his four boats because he feels a responsibility to the crews.

"The fish production in neighbouring Suriname and Venezuela is still 100%, so why is it falling here? Because the vibrations are driving the fish and shrimp away. Some of my boats spend 18 days at sea but still don't catch enough fish," he says as he cleans red snapper ready for processing as dried fish for shipment to China.

As oil production continues to increase, hopefully the Guyanese government will renegotiate and end up with a better oil deal, where the oil revenues can build the country with better sanitation, schools, hospitals, roads, jobs for everyone and to lift the poor out of poverty making Guyana a rich and prosperous nation.

References:

Reference 1

New Oil Power Guyana On Pace To Surpass U.S. Offshore By 2035; David Blackmon Senior Contributor; David Blackmon is a Texas-based public policy analyst/consultant;

https://www.forbes.com/sites/davidblackmon/2022/07/28/new-oil-power-guyana-on-pace-to-surpass-us-offshore-by-2035/?sh=2b535fd16c06Energy

Reference 1a

https://www.reuters.com/business/energy/exxon-accelerates-production-guyana-makes-two-new-discoveries-2022-07-26/; July 26, 20226:00 PM MDTLast Updated 21 days ago; Exxon accelerates production in Guyana, makes two new discoveries By Sabrina Valle

Reference 2:

https://www.rigzone.com/news/brazil_guyana_mexico_projects_to_offset_declines_in_other_are_as-22-jul-2022-169724-article/; Brazil, Guyana, Mexico Projects To Offset Declines In Other Areas by Bojan Lepic; Rigzone Staff; Friday, July 22, 2022

(Reference 4)

https://www.theguardian.com/environment/2022/may/12/exxon-oil-deal-guyana-climate; 'We can't eat a new road': Guyanese voice fears over true cost of Exxon's oil bonanza

Ref5) - If Biden really wants to lower gas prices, he should talk to Guyana, instead of Venezuela | Opinion By Andres Oppenheimer; Updated March 23, 2022 6:41 PM https://www.miamiherald.com/news/local/news-columns-blogs/andres-oppenheimer/article259702385.html

(Ref 6)

Guyana's Oil Boom Has Been Amazing For Its Economy By Matthew Smith - Feb 08, 2022, 4:00 PM CST https://oilprice.com/Energy/Crude-Oil/Guyanas-Oil-Boom-Has-Been-Amazing-For-Its-Economy.html

A racist Mexican American woman hurls racist remarks at three Indian American women

September 1, 2022|Culture, Racism

A Mexican American racist attacks against three Indian American females Blog by F. Ally; September 1, 2022 7am

A Mexican American woman, Esmeralda Upton, 58, of Plano, Texan was harassing, assaulting and making racial comments to four Indian America females in a parking lot outside a Plano restaurant after dinner. 'According to the police officers in Texas, the incident took place on Wednesday outside a Plano restaurant, where Upton can be seen yelling at the women and challenging their presence in the US. She reportedly threatened to shoot them and physically harm the woman who shot the viral video.' (Ref 2)

The disgruntled Mexican American woman walked up to the four Indian females that were minding their own business and began to hurl hateful racist comments at them.

One of the Indian female asked her, "Why did you walk up to talk to us?" as heard on camera. Esmeralda responded with "Because I hate you f***** Indians. That's why. All these f***** Indians, they come to America because they want a better life." (Ref 3). Is something wrong with wanting a better life. Why did Esmeralda's family migrated to America?

On the video you can hear one of the Indian females bellowed, "Guys record, she's hitting me, she's hitting me." Some of the racist slurs hurled were: "Curry ass bitches...Go back to India we don't want you here." While on the phone to the police, one of the Indian female referred to the racist as a white woman, but was quickly corrected when the racist woman walked up to her and said, "No I'm not white, I'm Mexica, I'm Mexica – hit one the female in her face – and I paid my way here." Then she hit another female... (Ref 1).

The woman's attack continued, "I am an Mexican American, I was born here... were you born here.." ...because of the way I speak...because I'm a Mexican America. I speak English..." Does all of her family members speak perfect American English?

"If life is so great in India, why the f...are you all here?" (Ref 2). This is an interesting comment made by the Mexican American woman. She is stating that these females had great lives in India. That could be true, but that could also be false. How would she know that they had great lives in India, unless she knew them or maybe she was in the same restaurant eavesdropping on their conversations? Is she also stating that all Indians had great lives in India? The fact is many from across the earth migrated to America as refugees, because of persecution, and other problems. But that's not always the case. Some did have great lives in their country of origin, but that doesn't mean that they don't want to move somewhere else for other reasons. Everyone has their reasons for migrating, and it was not always for bad reasons in their country of origin. Some or many came to get a better education, a suitable job for their skills, to have a better salary, to be in a place where the sanitation is better, have better medical care etc... There's nothing wrong with that. Some foresee that in the future that their country of origin may not be that great for their children due to a new political party taking over etc. There are many reasons for migrating and its not always because the person's life was bad; some had great lives in their country of origin. It's a free world, as we hope or think, and we have choices, again as we hope or think, at lease

some do. Perhaps this racist is jealous of their success, as many Indians have done very well in America. Perhaps the racist hated them because of that. There could be many reasons. Racism is never the way to go as it will destroy everyone.

On social media, Joyce Karam tweeted on Aug 25, 2022: This happens more than we think it does. I've seen it first hand against Muslim & Asian Americans. Difference this time is it's caught on camera..." (Ref 2).

Racism is worldwide and it's rampant, and it's one of the main cause for the destruction of humanity, as we can clearly see it happening right now, in this day and age, and in our time, as humanity and the whole world is under destruction as we have never seen before in history. But you would expect it to be much less that places that's considered to be the best countries in the world. Racism is no doubt rampant worldwide

Reference 1:

https://www.youtube.com/watch?v=GAZ3ouWALgI; Texas Woman Arrested For Racist Rant And Attack Against Indian-American Women; Aug 26, 2022

Reference 2

https://www.businesstoday.in/latest/trends/story/watch-shocking-video-of-mexican-american-womans-racist-rant-on-indian-americans-in-dallas-goes-viral-345621-2022-08-26; Watch: Shocking video of Mexican-American woman's racist rant on Indian Americans in Dallas goes viral

Reference 3

'I hate you f***** Indians': Texas woman arrested after racist rant and assault in Plano; The Independent; Sravasti Dasgupta; Fri, August 26, 2022 at 4:12 a.m.

Reference 4

This report was first written as a blog by F. Ally and can be found at the following link (The report was modified for this magazine)

https://allymedia.ca/f/a-mexican-american-racist-attacks-against-three-indian-americans

HERITAGE DAYS FESTIVAL



Heritage Days is always held on the first long weekend in August, where many ethnicities across Edmonton have food tents, selling dishes, drinks and arts. In an upcoming edition, more pictures will be posted for 2022.

TASTES



Zucchini served

Zucchini baked with ground beef by Neisha (Naz)Serves 8

Ingredients:

2 big fresh zucchini from the garden; used approx. 12 small tomatoes cut in halves, 1 onion sliced, 5 cloves of garlic sliced; oil, salt, black pepper, paprika; thread used for tying two halves of zucchini so it does not fall apart; ground beef

Preparation time: 40 minutes

Baking time: 1 hour

Instructions:

Add onion, garlic, salt to taste, black pepper, a tinge of paprika to the ground beef and mix. Peel 2 zucchini, then slice down the middle into two halves and use a spoon to remove the seeds from the middle.

Add mixed ground beef to the middle of a sliced half of the zucchini, then add the other half on top. Wrap thread around one end, the middle and the other end to stop the beef from falling out.

Add a thin layer of oil to a pan used for baking

Set oven to 175 degrees Celsius Add zucchini to the pan Cover zucchini with foil

Bake for approx. 1 hr until zucchini is tender and the ground beef cooked.



HEALTH TECHNIQUES



Growing up in Canada, I was never a religious person; many of us were more agnostic or atheist, more or less lost or confused when it comes to spirituality and what a religion actually is. I began doing some form of meditation in my twenties when I learned some Tai Chi. Down the road, I took more tai chi, and then took an Ayurvedic 3-day meditation seminar from Dr. Deepak Chopra and his team. It was a new beginning, a new path and a new journey for me, which led me on a journey of spirituality and searching for the best practice for myself. I began to read more books on the mind-body, along with some books on Buddhism, which all led me to the practice of Islam (submission to the creator), a way of life, which I've been practicing religiously, a way of life without rituals, where each salah (prayer/reflection) rejuvenates me and prepares me as my day continues. It's not something you do once a week, but daily.

A physical and spiritual cleanse in Islam

Before salah (prayers and reflections), a Muslim (a person who submits to the creator of the heavens and the earth) must wash and be clean; as part of this, I stop the rumbling in my mind and keep my mind silence and also purify my thoughts, which I would say is a spiritual practice which I do 5 times a day.

Below is a blog I wrote on Aug 22, 2022, which I modified for this short report.

During the washing (wudu) before each prayer, which is much more than washing the body. I'm also washing my thoughts and mind, and remind myself to stop the rambling thoughts in my mind, a practice which I have been doing for about 25 years now through meditation, and this helps to purify my thoughts, mind, body and soul. It's not only a physical cleanse, but also a spiritual cleanse. There is an order of washing during wudu; you can look this up on YouTube. I just want to make this simple. For example, when I gargle water to wash my mouth, I also remind myself to rid myself of bad thoughts and words, so I mediate on this during that part. When it comes to washing the face, as I swipe my hand over my eyes, I remind myself to watch where I'm looking, seeing at and what's going through my mind - in other words be careful of staring and what I'm looking at. When it comes to washing my head, I remind myself to rid myself of bad thoughts and even cleanse my brain of toxins. When it comes to washing the ears, I remind myself to be careful of what I hear and what I repeat. When it comes to washing my hands, I remind myself to be careful of shaking the shaitan and his follower's hands and not to keep company with them. When it comes to washing my feet, I remind myself to know where I'm going because the devil is on the straight path right there waiting to shake your hands and then to trick you and then to do bad things to you such as giving you poison, and the devil can be a person you know who betrays for wealth etc... Know the ones you keep company with. So this is a meditation in itself before salah, not only to wash the body, but to purify the mind and soul and the more you do it the better. By doing this many times a day, it's a reminder and a training to make you a better person.

During my salah (prayers/reflections) some of the postures help me physically by removing tensions and pains, such as doing sijud (prostrating) as it stretches my back, and then sitting that stretches my thighs, legs and ankles, and especially sitting cross-legged is very beneficial for a good leg stretch. However, what I just mentioned about the stretches comes automatically and is not a part of salah. Just enjoy the benefits; all the benefits. (Blog: Prayers

rejuvenates, makes you more spiritual, and it can also relieve lots of pain....Fisal Ally, August 22, 2022, 6:56pm...) Original Blog on this spiritual practice posted at: https://blogging.godaddy.com/blog/6f52f775-520e-427e-bdde-e6b40b5ed99d/posts/c5282266-aded-430e-a0bb-4b635824b72f

TECHNOLOGY USED FOR TRACKING, ATTACKING AND HARASSING PEOPLE BY Fisal Ally

Introduction

Section I - Some messages received

Section II - Racist attacks on my faith

Section III - Spelling changes to words that make the changes look hilarious

Section IV - A spam with nudity, which a good friend informed me of

Introduction

Unfolding before our very eyes are what many have never imagined could ever happen to humanity. Very often we hear that if there's an alien invasion that people would unite. Humanity is being invaded and people are more divided than ever and do not know how to unite. One of the worse things our government is allowing to do to its citizens is spying on them. I have been writing about this for years as I witness the unfolding of new technology where I felt some of its effects. **And don't forget that Jim Jones had poisoned most of his followers,** taking their lives, and this is not a conspiracy theory - these are all facts. Go ahead and call me crazy, paranoid and a conspiracy theorist, but the reality is everything I've said is true as more people are waking up from their deep sleep to face reality, shocked at what they've missed out on.

Technology is being used in very bad ways, such as to scam many stealing their life savings. Below I have provided some of my personal experiences of what I have experienced through some of the messages and emails, which I have received. I have many, but a few will get the message across as to how technology is being used in an evil way by wicked people to attack others.

People love their comfort and wants more technology. More of everything that brings joy and comfort can become very bad for us after reaching a certain point. Many want the bigger house, fast cars, all of the latest and greatest technology in our homes, cars, and on us. Humanity have been enslaved for thousands of years, but most cannot see that there's a group of people that's driving us and taking our hard work, and in the past few decades have been controlling us by providing us more of these comforts, but the way they see fit to meet their agendas. **They get people addicted, and keep upgrading them so people cannot live without them, just like they did with cigarettes, alcohol, drugs, entertainment and all kind of toys.** In some of my past work places, I always wondered why management kept upgrading good working systems where the upgrades would then create all kinds of problems. I guess they had no choice if they wanted to keep getting their contracts then they must abide.

Some also see how technology is being used in a very bad way as many crimes take place using technology and social media, such as robbing people of their wealth, tracking them and even committing physical crimes against them, such as stealing their inventions, ideas, books and music and some are well protected by the system. And today, many are beginning to see how bad the system is.

Music lawsuits against mainstream musicians

About four years ago, many lawsuits were brought against some of the biggest names in the music business. For years now I have been writing and telling people about the problems I've been facing since around the year 2011 starting with my original songs, but nobody really cares. Nobody believes what I'm saying. It's similar to where many do not believe that children are getting myocarditis after receiving the vaccine or lots of people are dying after being jabbed. I had also contacted one of the most popular law companies in the US dealing with the theft of music to look into my songs, 'A Kiss Goodnight' and 'True Love' but I did not get anywhere with this firm. My opinion is that these businesses are well organized so I can never be heard, unless they decide that I should be heard, and only if it benefits their countless man made agendas. Also from what I was told, when it comes to filing lawsuits, you should be in that country, therefore I could not pursue anything, nor had any help or connections. It was back around the year 2011, when I first began hearing what look like parts of my song being stolen and used. If someone is using my work to profit from and is making tons of money, they obviously have to track me for the rest of my life so they can do everything possibly to cover up their crimes, and it seems like such people are well established and protected by a very corrupted system, so these crimes continues. I have shown other people some of the similarities, and the fact is nobody can ever deny the similarities to my original work which all began showing up around the year 2011 in mainstream music. I would like people to come to me face to face and prove to me that there are no similarities. Nobody can challenge me on any of it, except to say you are crazy, paranoid and conspiracy theorist, of course to hide their crimes. I will also show how my work unfolds as I have many versions of my work. I have many of these similarities published on the websites, in magazines and in books. The similarities speak for themselves, and none of the similarities I've listed can be disputed by anybody. No one has contacted me in a legal way concerning my claims, but one person is always trying to harass me, calling me crazy and paranoid. What does that tell you? Doesn't that sound very fishy? Doesn't this person sound guilty and that's something is haunting him or them.

Technology continues to be used in negative ways. Below are some messages, which I continue to receive from whom I believe is the same person that's tracking me as soon as I post something to do with my music or book.

Whenever I post a similarity - someone would suddenly appear and try to harass me through messages by calling me crazy and telling me that I'm paranoid.

NOTE: The www.allymedia,ca website which is still active is not known to many and the same goes for the www.fisalally.com website which is not active anymore, so how does this person always seem know when to strike.

A glance at some emails and messages which I continue to receive mainly only when I write on similarities or something to do with my books and songs, which would be a few times a year, and immediately someone who I believe is the same person, would attack me with NASTY messages through the website contact form. Why is that person so paranoid? What is that person so afraid of? This person must be tracking me daily to know when I post such a message, which might only be 3 or 4 times a year, if any; or this may be a very complex operation and set up, where as soon as I post the message, this person would be informed. What is informing this person? And why?

I'm posting a few messages, which I received, and providing my feedback, since the person is always creating a fake email address, which I cannot reply to.

Just recently I received a message as soon as I post a message that I'm giving away ebooks, which I do about every year just as a way to promote my books. As soon as I post this message, I received one annoying email. I knew this person would strike as soon as I made the post because he is predictable, and so he did. Why is this person so concerned that I'm giving away my books, the whole book? He shouldn't be concerned because it's none of his business. I give away digital books all the time. It does not cost me a penny. It's a benefit as some may let others know about my books. In fact, you can read (or borrow) 3 novels through the Edmonton's Public library anytime. NOTE: This person assumes all kinds of weird email addresses, often use Muslim names, but never Hispanic, Chinese, African names etc... and sometimes also pretends that he is Guyanese, my background being originally from Guyana. Whenever I try to respond to the messages, my reply would fail. He has the ability to block all my replies. He's no doubt a very technical person and will one day find himself in great trouble with the authorities.

NOTE: In Guyana everyone writes correct English because correct English is taught in school, used in the media and in books etc... although many speaks a form of Creole Patois in their city, town, and villages. For example, a person from Canada may have a hard time understanding the spoken dialects in some villages, but many people can switch it up to speak almost good or okay English or at least for that person to understand. I'm writing in English, so why is this person sending me messages trying to write in Guyanese Creole, when I never do, unless I'm expressing how some people speak in Guyana in dialects, which I rarely ever do? Obviously he does not know much about the Guyanese culture and he is a fake and may just most likely know someone from Guyana, Trinidad, Jamaica etc...where he may pick up some Creole.

Section I - Some messages received

MESSAGES RECEIVED FROM WWW.ALLYMEDIA.CA

August 27, 2022|Corruption & crimes

https://allymedia.ca/f/messages-received-from-wwwallymediaca

ALLY MEDIA

The message below came in on:

Sat 8/27/2022 5:28am

maffie@hotmail.com (maffie@hotmail.com)

A communication failure occurred during the delivery of this message. Please try to resend the message later. If the problem continues, contact your email admin.

ALLY MEDIAhas received a new message.

Name

maggie

Email

maffie@hotmail.com

Message

bai who thief now or same old story repeated over and over somebody thief yo hole navel lol

Device

desktop

Language

en-CA

Submitted from

Homepage

Reply to this email to respond.

This person is trying to speak Guyanese Creole, but he is a fraud. He's trying to say:

Bhai who stole now, same old story repeated over and over, somebody stole your whole novel (lol). In Guyana everyone writes perfect English, because English is used in school, books and in the media. Most Guyanese would write English and not in Guyanese Creole Patois which is how people speak in the streets, city, towns and villages. So if I'm writing perfect English, this person should write in perfect English.

I cannot reply to. Why doesn't he want me to reply to him, so I could present him with lots of evidence and so we can have a full discussion for me to publish?

First of all I'm writing English, but he is pretending to write in Guyanese Creole which is rarely ever done. The way a Guyanese person that wants to post in Guyanese Creole (which is rare) would have wrote this is as follows: Bhai, who tief yuh ting now - same old story yuh a repeat ova an ova, somebody tief yuh whole book? If trying to speak like a Guyanese, you will always write 'tief' and never 'thief.' Bhai is the short form for Bhaiya meaning brother; it's not spelled as bai or baiya. He is also using 'yo' which sounds like when some one says 'yo bro what's up' but it should be 'yuh' as in you. He uses the word navel for novel, but in Guyana a person would just say book. You can tell that this person is a fraud and probably knows some people from Guyana, Trinidad and even Jamaica trying to speak Creole.

I respond with this message below and I got this response below:

Delivery has failed to these recipients or groups:

maffie@hotmail.com

(maffie@hotmail.com)

A communication failure occurred during the delivery of this message. Please try to resend the message later. If the problem continues, contact your email admin.

Below is another post from the same person on August 30, 2022, where he now assumes a new name and new email address. Why is this same person tracking me and sending me annoying emails. The person's voice is the same, trying to speak Guyanese Creole again using the same kind of incorrect words. In the above example, his name was 'maffie' and below his name is 'bai'. He has the ability to create many emails. I'm guessing 'maffie' stems from the word 'mafia.'

ALLY MEDIA

has received a new message.

Tue 8/30/2022; 11:27pm

Name

bai

Email

bai@bai.bai

Message

bai wha yo na fin a gal yo need it yo stress out.

Device

desktop

Language

en-CA

Submitted from

Homepage

Reply to this email to respond.

This person is trying to say is :Brother, why don't you find a girl, you need it, you stress out. In Guyanese creole you would write something like: Bhai, why yuh nah a find wan gal, yuh need it bhai, why yuh suh stress out bhai. Again, most Guyanese would write English and not Patois, because everyone in Guyana writes proper English.

How does he know my personal life and business, if he's not tracking my every move. First of all, how does this person know I'm stressed out? And he knows that I'm not married or have a girl friend. He seems to know my business. How is that? And why?

...Continue on P. 96

A SONGWRITING AND MUSIC JOURNEY

by Fisal Ally



The original blog was posted on August 29, 2022; 2:25pm. I'm updating this blog with some information and modifications on Aug 30, 2022 where I began making the changes at 12:05pm....Fisal Ally.

Ally The Ally Band Ally House Band

FISAL ALLY SONG BOOK WITH MANY ORIGINAL SONGS

https://img1.wsimg.com/blobby/go/ba8ecdfe-4f69-4d63-a922-006bae89a273/downloads/fisal-ally-song-book-original-songs-original-m.pdf?ver=1661110961843

Section I - Living in Toronto where I became interested in playing the guitar

Section II - Working at age 15 and going to school in Edmonton

Section III - The clubs after work

Section IV - Working as a 16 year old was better than going to school

Section V - Grew up working in the hotel

Section VI - High school band and our memorable moment playing

Section VII - Back home in Cotton Field

Section VIII - My songwriting journey

Section IX - Still playing the guitar entertaining

Section I - Living in Toronto where I became interested in playing the guitar

We were living on Weston Road in Toronto, when I first learned a few things on the guitar. This was the beginning of my journey into music. I was twelve years old and a fellow Guyanese of Portuguese descendant who had lived on the lower level at the time named Tony had a red wooden guitar and used to play it so I was always downstairs at his place. He saw that I was curious about the guitar and that I wanted to learn how to play and he began showing me how to play the guitar. I remember him showing me chords like the C, G, Am and some melodies. I have already written about this in other articles so I won't go into it in this write up. However, I ended up with his old red wooden guitar, after he had purchased and electric guitar, and brought the guitar to Edmonton.

Unfortunately, and I mean that it was very unfortunate that we had to leave Toronto for Edmonton, for more than one reason, a place where I would face a lot of racism throughout my entire life, like many people I know that also left Edmonton. I'm not saying that racism does not

exist in Toronto because it exists everywhere in the world. We had left Edmonton for Toronto where we wanted to live, but unfortunately we had to move back to Edmonton because my dad could not find a job right away and we were low on funds, so when my dad called back his old work place in Edmonton for a job, they were happy to have him back. I guess its destiny, but unfortunate for me and a few other (s). I remember that day when we were told that we had to move back to Edmonton. Something just did not feel right about moving back to Edmonton. Maybe my inner being already knew what the future in Edmonton held for me, and it would not be good. It was like "Oh my God, why do we have to leave Toronto and move back to Edmonton. There are lots of nice and amazing people in Edmonton, but there are also some very nasty, disgusting and racist people - no different from the rest of the world, as the world is filled with racism and hatred, but we all expected better in Canada being labeled as one of the best countries in the world to live in. I always wondered if we had remained in Toronto, that if I would have gone far in playing the guitar at age 12 and if I would have continued on. My intuition tells me that I would have continued and gone far if I was in Toronto because of my interest. Toronto was already very diverse, whereas Edmonton - to me - didn't have much diversity back in those days. In a way I am related to Tony, who also has a brother in Edmonton, and where Tony had visited us in Edmonton a few years later. In Edmonton, I would always pick up the wooden red guitar and play around with it, trying to make up tunes. I was about thirteen or fourteen when both my brother and I had gotten electric guitars with an amp, which we had asked our parents to purchase it for us. We didn't know how to play the guitar, but we used to make up small tunes and try to imitate something we've heard. We also had a harmonica, which my dad had brought back from one of his trip from Bartica in Essequibo, and which we had brought from Guyana; I still have it today and its still in good shape.

Section II - Working from age 15 and going to school in Edmonton

While in grade 10, at the bus stop a block from our home, I met a guy who also went to the same high school, and sometimes we would take the bus together. We began talking at the bus stop and he told me that he came from British Columbia with his parents. He told me that he played the guitar and I told him I have a guitar. One day, he invited me over to his place, which was across the road from the bus stop and he showed me a few things on the guitar. It was cool to see him play the guitar the way he did at age 15. It motivated me to get better on the guitar and to look into taking a few lessons. Unfortunately not long after he moved from the area. I don't know if he moved to a different province or school. I'm glad to have known him as he had pointed me in the right direction for moving forward on learning to play the guitar. Today, I wonder if he is still playing the guitar and if he became a musician.

I began working after school at age 15

While in grade 10, one of my uncles had asked me if I wanted a part time job from 5 to 9pm where I would fill in for a Portuguese person, whom I believe went back to Portugal on vacation for a while. I don't remember if I had worked there for about 6 months or a more. After school I would get on the bus and head downtown, and after work I would take the bus home. At the work place, I would go from office to office emptying the garbage bins in the offices. I took the opportunity to work and save up some money to buy a car, where I would purchase a second hand car the following year. I have some fond memories working at this place, as one of the workers - a white guy - who had an old light blue pick up truck, and where before the end of the shift I would help him for about 15 minutes where I would sit in the passenger seat as we drive

from floor to floor through the parking lot collecting all of the garbage; that was fun because he used to step on the gas, booting it through the parkade going from floor to floor.

I got my second job at age 16

At age 16, I became more serious in playing the guitar. I purchased a new guitar, which was a copy of a Les Paul, and I still have it today. I had already made up a few songs around age 13 and 14. And at age 15, I remember always writing lyrics and trying to make up a few things. Song writing is a lot of work, and thus below, I wrote a section on songwriting. It's been lots of work throughout my entire life and I thought that someday it would pay off along with writing books, in the way an artist paints paintings hoping that one day it would pay off. At the time I didn't realize that the music and publishing business could be a very dirty and wicked business. Even later in life, working full time and putting in a lot of extra time after work and on weekends where I would always be in coffee shops editing my books, where most people where chatting and socializing. It was very time consuming, but I had to keep at it. I thought that one day I would make a living from my hard work, instead of being attacked and harassed by racists in high positions. The system is set up so you will never be heard.

In grade 11, a friend, originally from Lebanon had a job at a hotel and he told me that one of the departments called Stewart was hiring, so I asked him to get me in and he did. I was surprised when they asked me to cut my long hair, as I had to get my hair cut short to work in that area where I would also be handling food. I wasn't happy about cutting my long hair short, but I did since I wanted to work. Even a year or more later, some people still remembered that when I first arrived that I had long hair. A few days later, as I was having lunch in the cafeteria and as I as talking, I heard a voice saying something like "Oh ya ya. Sure, sure," as if to tease me. The person called my name a few times. I turned and I didn't recognize the person because of his long hair passed his shoulders. He told me his name a few times, and I didn't believe him and that's because he looked very different with his long hair, whereas he has always had short army haircut as he was from an army family. He was working in maintenance, so he didn't have to cut his hair. I didn't recognize him at first because of his long hair, but I knew him from junior high and in grade 10. I was now in grade 11 and I hadn't seen him in a while, as I knew him also in grade 10. His name was Rob and his best friend in junior high was Andrew, who I also knew in Junior high. Well, well, those were the days and Rob was already working in the hotel, even before me. I think he had guit school, but I do not know that for sure. In high school, I hung around a bit with Andrew, and two friends that just arrived from Columbia. Andrew had invited me and our two Columbian friends to dinner at his place to meet his parents; they were living in the army base area called Griesbach. I still have fond memories of that dinner and meeting Andrew's parents.

At work, one of the first things I heard from some of the waiters and busboys in another department was that there's a girl from Guyana working as a waitress. I met her by the coffee machine. She had short blond hair and she was white. It was a pleasure meeting her. She was probably in her 20s. And we would chat a bit and sometimes talk about Guyana. I'm sure some wondered why she was 'white' and why I was of dark complexion. For one, Guyana was built by many ethnicities, and this is why I've always liked diverse cultures, meeting people of all backgrounds, religions and colors. In Guyana you will find name of places from Dutch, French, English and Spanish. For example, in New Amsterdam in Guyana where I had lived for a few years, my neighbor on my right were two nuns probably of Portuguese background, and my neighbor on my left were 'white' British. And in Cotton Field in Essequibo, my neighbor were mixed but looked 'white.' So it depends on where you live in Guyana you may see a lot of diversity, but some places you will see mainly one ethnicity or a bit of a mixture.

My duties in the Stewart department vary. On the second floor when there were banquet functions, such as weddings, dances and other parties, we would assist by getting the meals ready into the plates and then the waitresses and waiters would take them out for the guests. You could always hear a small part of loud music when the doors to the banquet opened and then closed. After dinner, the dishes were brought in, and a few of us would place the dishes through a huge dish washing machine and as they come out on the other side the dishes would be removed and stacked. It was fun working up on the second floor.

Sometimes we worked late, passed midnight, and the busses to my home were not running late at the time, and I didn't have a car. I remember Joe very well, a Portuguese guy, who was a few years older than me and had a car, and he used to give me a ride home and never once asked me for a penny. We got along very well. He had lived around 127 St and round 118 Ave, and I lived on 132 Ave and 118 Street. We had lots of fun working as youngsters, respected each other and looked out for each other, and stayed away from trouble. That was the main thing. We made sure we stayed away from trouble. Those were the days. I actually grew up working. And even before this, I can remember when I was about 13 years old, my mom and dad had full time jobs and after that they did a part time job, where on weekends, my siblings and I would take turns going with my mom and where we would do some work and my mom always made sure we got paid, as she taught us to work and that we should be paid. So making some money at an early age was great; it was great having that extra money.

At work, I also did some sweeping and mopping, and sometimes also worked on the first floor, where there was also a huge machine for washing the dishes, and where we would put the dishes in at one end, and when it comes out on the other end one or two workers were there to remove the dishes and stack them up - similar duties as upstairs, but working upstairs were more enjoyable, probably because of all of the banquet waitresses working up there. Sometimes we had some fun with the dishes, where we would toss some of small saucers as they came out, catch them and stack them; once in a while one would fall and break. It was fun and on the first floor where I met a lot of band members passing through, I remember tossing some coffee milk containers back and forth at each other and sometimes they would break. On the main level there was a club in the hotel where bands played. I remember some of the bands like The Mob, Sidro Armada and others playing at the hotel, and they would come through the hallway and we would talk to them, as they head to our staff cafeteria to grab a coffee or something to eat. It was amazing meeting the band members. They were really nice. I told some of them that I played the guitar and that I was writing songs, and they thought that that was really cool for me to be doing. I remember hurling a milk container and hitting one of the band members who may have been the leader of The Mob. I still remember his face. I think he dodged, caught it and laughed, and had probably tossed it back at me. But I believe I may have had hit him with it, probably on the head. It was all fun. I had even bought a t-shirt that said 'The MOB.' The chef, who was German, caught me once tossing something, and he gave me one of those hissing sound, like he wasn't took please about it, as I was one of his favorites, where we always used to greet each other. This is where, I first began seeing actual bands and actually talking to some of the band members, as I was already serious about playing the guitar.

Section III - The clubs after work

It seemed like I had spent more time working than going to school. I remember the first time I entered a club in the downtown area after work. I was 16. And I was worried about going home late. I didn't know that I could have entered one of those clubs at age 16. I went along with some

of the workers who must have been older, so that's probably why I had no problems getting in. And the very first time in a club, I bumped into my cousin who was two years older. I got scared and I told him not to tell anybody that I was here. He told me not to worry. My cousin would soon become a dance instructor for ballroom dancing or he probably already was, and he was really good at it; it was his niche. He was well liked and got along very well with people. Some of my other relatives and friends of Guyanese background were in the nightclub scene and socializing.

I probably just went to the club in the downtown area a few times. Clubbing was not for me, not as a 16 year old, not as an 18 years old, as I had other things to do in life, like working and trying to get to school, and writing songs and playing a guitar and that alone was time consuming and also very boring at times, but I chose to do it, so I had to live with it.

Time to make more money - tips

At work, I soon learned that the busboys were making some good tips, and I thought that I should get in on making that extra money, so a few months later I became a busboy where I also made tips. I really didn't want to leave the Stewart department as the manager and the workers were just amazing, and I really enjoyed working with them and upstairs. But, making some tips would surely help to pay for my gas.

Some of the people I met that had some interest in music

A few months after, while working as a busboy at age 16, I met Steve who had just moved from Kelowna, British Columbia and was just hired. We got along very well. He was about a year older than me. He had blond hair and would tell us about his Hungarian heritage. I had met his father who had moved from British Columbia to work in Edmonton and who had a strong Hungarian accent and had a brown pick-up truck. A few months later, another busboy was hired named Darryl, who also came from British Columbia, so he and Steve became good friends, both being from British Columbia, and probably helped each other out, as Darryl was living on his own at such a young age of around age 15 or 16. Steve was also young. And a few months later, Steve and Darryl would share an apartment.

We liked music and always talked about forming a band and in a way we did, but nothing became of it. I would be the lead guitarist, Steve the rhythm guitarist, Daryl the bass player. I do not recall who the drummer would have been, but I believe it would have been Frank as he used to do some drum playing with this mouth which he was really good at. They came to my place a few times and checked out my guitar and we played a bit and sang a bit. But we were all very busy working and going to school at the same time, so the band took a back seat.

Steve used to drive his dad's brown Ford pickup truck all the time. We would sing for fun while driving. One of Steve's favorite songs was Country Road, probably reminiscing about life back in British Columbia. I remember us singing this song a lot when driving, along with some other songs. I also liked singing Country Road, and I would strum and play it on my guitar, as it made me reminisce a lot on backhome Cotton Field. I think we had a name for the band, but I don't remember the name. Nothing became of the band as we were too busy working and trying to get to school, all at the same time, and already paying bills and have taken on a lot of responsibilities, in my case, paying for gas and car insurance. We had some good times.

Steve wanted to buy a pick up truck and I went with him to a place on 97 Street. He spoke to the salesman who allowed us to take the truck for a drive. Steve was seventeen and I was sixteen.

Steve drove the truck and he began to rev the motor and I believe it began to smoke and it stalled. He probably blew the motor. We were only blocks from the parking lot when the truck conked out, not ever expecting something like that would happened. We walked back and told the salesman what had happened. The salesman was not happy with us. He didn't try to make us pay for anything. We then headed to Steve place, which was a few blocks away, where Steve lived with his dad, as the salesman went to get the truck. Hope we didn't blow the engine. We had some good times. I certainly remember when Steve and I were leaving work, probably late in the evening, when Steve saw a helmet on a motorbike. He laughed and said, "I want that helmet." I said, "No". He said, "Oh ya." We headed towards the motorbike and Steve began to undo the helmet. I don't believe it was locked. Steve took the black one and I took the red one. I always felt bad about it, but it was too late to return it, as the bike was never there again. One day some of the staff lifted Fred's mini car from one floor of the indoor parking lot to another floor.

I got my brother a job as a busboy when he was old enough to work and was in grade 10. I remember one of the managers very well. I believe his name was Jeff and I believe he was originally from Malaysia. He was one of the best managers I've ever had in my life and as I write, I think very highly of him and I still remember him as if today was yesterday. I would say that he was my best manager ever. I also remember a cook, whom I believe was Chinese, and he always called me gypsy. I guess I reminded him of a gypsy. And I wonder why? Hmmmm! If you know history, you'll know the gypsies came out of India.

A new busboy was hired; his name was Brett. He was fifteen and at the time I was sixteen. He always use to sing in quiet voice and he would tell me to listen to him sing this and that song, and he would belt it out in a low voice. He always sang. All the time. Unfortunately and sadly, one day when I showed up for work, I got the news that Brett was stabbed and passed away, I believe he was still age 15. I got the news when I arrived at work and that had really shocked me. I couldn't believe that had happened in Edmonton. In those days, sometimes we didn't even lock to doors to our homes and cars and nothing would happen. There was another busboy who reminded me of the Rolling Stones, Keith Richards, and he certainly did some of the things Keith Richards did - not good, like getting stoned.

But those were the days. I used to - just for fun - take a tea bag and touch the coffee burner and that area would then give off a smell as if someone was smoking hash and I would tell Lillian, one of the more senior waitresses that Brian who was another busboy around fifteen years old, was smoking hash and she would believe me and give Brian a good lecture and I would watch and laugh. She really liked me, the way I worked as a busboy. I was probably her favorite. It was all fun, some of the best days of my life. Work was more enjoyable than going to school. So I began missing a lot of my classes so I could work more and of course bought my car at age sixteen.

...Continue on P. 105

...Continue from p. 57

THE NEW WORLD: ORDER OUT OF CHOAS

Part X - Humanity will be completely enslaved and imprisoned through the advancement of technology by Fisal Ally

Section VII - COURT CASES Against Bill Gates and Others

"Josh Sigurdson reports on the recent news of the High Court in Bombay agreeing to seek justice for the parents of dead vaccine victims as it **puts Bill Gates and the Indian government on notice**. (Ref s)

Sigurdson reports: 'As governments around the world get sued over vaccine discrimination and vaccine injury and death, the big pharma corporations are still immune from lawsuits despite fraudulently claiming the jabs were safe and attempting to cover up any trial information. Will justice really make better than millions dead?' (Ref s)

Another headline is from GATEWAY PUNDIT: Legal Challenges Begin in India: Bombay High Court Issues Notice to Indian Government, Bill Gates and Others in Connection to Vaccine Death by Jim Hoft; Published September 4, 2022 at 11:41am (Ref s)

Sigurdson reports: 'The Bombay High Court recently sent a notice to the Indian government (Maharashtra and Union government, the Serum of India (SII), and Bill Gates because of a petition from a father who said the COVID-19 vaccine killed daughter, the Hindustan Times reported (Ref s)

British Columbia's Provincial Health Officer, Dr. Bonnie Henry, has been ordered to stand trail by the court starting 17 April 2023.

JACINDA ARDERN EXPOSED! - NZ High Court Finds PM Violated Rights During Lockdown!...'; https://www.brighteon.com/e2b77593-1f83-45ad-bd63-628850a29dc1 (Reference 1c)

Section VIII - Ribbons in masks and found on swabs

Stew Peters Show; Exclusive Report Shows Live "Ribbons" Found On PCR Test Swabs From China – Stew Peters; The Stew Peters Show; By Stew Peters Show; August 3, 2022; https://www.redvoicemedia.com/2022/08/exclusive-report-shows-live-ribbons-found-on-pcr-test-swabs-from-china-stew-peters/ (Ref T)

Highlight says: Moving "Ribbons" on face masks, swabs'

^{&#}x27;Moving objects found on bristle, foam swabs and face masks'

'A study of 301 teens in Thailand found mild and temporary heart rhythm changes after a second dose of the Pfizer COVID-19 vaccine among one in six teenagers, not one-third as social media posts claim...' (Ref X)

BORIS Johnson: "Families up and down this country are going to face a very tough winter and we just have to accept that."

Martyupnorth's fact-checking twin brothers@Martyupnorth 2 (Ref X)

Based on ribbons found in masks, my personal experience after being swabbed

Before the throat swab I came down with something, which had taken me a few weeks to recover from. I was told that I had to get tested for covid else I could not see a doctor and that meant that I would not get any medication. Isn't that ridiculous? After the swab I began to have eye aches and headaches. The test came back negative meaning that I did not have covid. If I did not have covid, then what happened during the test that immediately after I began having eye aches and headaches.

In the last edition, I briefly mentioned that I came down with something very bad back in October 2021 where for about 5 days, I was very weak, and then the next 5 days or more I was still weak but not as weak. Just prior to this illness, I had gone bike riding near the river valley area and then to downtown and then stop to get a donair with fries, and then rode to Churchill Square to have my lunch. It was very quiet, but there were always a few people playing pingpong. While having my lunch I looked up at what looks like some big satellite dishes on a building, and I felt a chill ran up my spine. I felt that something bad was going to happen. I continued my lunch and feeding the birds and then left. I was at home that evening when I felt something from my lungs shot up. And I believe that it was the following day when I began feeling weak and drained of energy. During that time, about a week or so later, I had contacted my doctor a number of times over the phone, but since I do not have a cell phone, I kept missing all of the doctor's return calls. I called the doctor a few times to see if the doctor can prescribed something where I could just go down to the nearby pharmacy and pick up a prescription. I began feeling much better but I still wanted to see if I could get some kind of medication just incase I'm not fully recovered or incase I come down with something again then I would at least have something on hand, because back in December 2019 some of us came down with something that affected our lungs and we had nothing to use; I made lime drinks, used Buckley's. We recovered. One of my aunts continued to have some kind of mucus built up in her lungs and it would take her a long time to get rid of it. This time, in October 2021, it was much worse, yet nothing to do with the lungs; nobody in the family had this one.

Since I could not make contact with my doctor, I went down to the doctor's office to see if the doctor can prescribed something just incase I'm not fully recovered or I come down with something else. Upon my arrival, I was asked some questions and because I said that I coughed once and had a slight heaviness around my left eye, I was told by a woman at the front desk that I cannot see any doctor and that I had to get tested. I thought that was ridiculous. What kind of restrictions are those? I still wanted to see if I could get some medication just incase something prolonged or I come down with something else. Who knows what's going to happen nowadays. I contacted health services and spoke to someone. I asked to do a spit test and the person said it was not available. Then I agree to do the throat test because I did not feel comfortable about sticking something up my nose and right were the brain barrier as I've heard a few bad stories about this and saw videos of people with their nose bleeding from the swab. I went to get tested

because I was told that I couldn't see my doctor unless I get tested. I asked about the swab being sterile and they told me it was. I asked if it was like one of those cotton swab used for the ear. And I was told yes. The person guaranteed it was safe. I trusted the doctor and health services because they have to know what they are doing, and they are representing the people and they have to be truthful at all times.

When the nurse began swabbing my tonsil by rolling around the swab from one side of my tonsil to the next, immediately I knew something wasn't right about the swab. There was a built up of some kind of syrup in my mouth and I told the nurse that I have to spit it out. The nurse told me that I couldn't spit in here, meaning in the garbage can. I then said can I spit in a tissue and she said okay. I quickly got the hell out of there knowing that this was not right, and immediately went to the washroom and gargle and spat many times doing my best to get out whatever was in my mouth.

The test came back as negative, meaning that I did not have covid. Then what is it that made me so sick like I was never sick before? If it wasn't covid then could it be some kind of a bioweapon? It has to be something.

I began having major eve aches and headaches and felt things moving in my head

After the swab, I began having some major eye aches and headaches, it seems like something was moving around in my head, from one side to the next. This is not a joke, and I'm not crazy, paranoid or a conspiracy theorist. This is 100% real. These symptoms were completely different from before receiving the throat swab. The symptoms before the swab test had drained of all energy and made me extremely weak and tired that it was almost impossible to work, but after the swab test I began having eye aches and headaches. I went to see my doctor to get some medication to use, and I was referred to an eye doctor. No medication was prescribed. I wanted to resolve the headaches, and this was when my research on cures began. I take this in a positive light, as my research will hopefully benefit some. Try writing 100 songs and 15 books and being from my faith and skin tone see what will happen to you in Edmonton? You will soon learn that there's another system that's very wicked and corrupted and hidden from the public, but today we're seeing it unfold everywhere in front of the whole world today.

My research for supplements began

I began researching to see what I could find. What was very interesting, is that on one of the alternative You Tube channel I have been going to regularly posted a link leading to VAERS records describing the same problems I was having, where the host was going through many records reviewing people's reports after taking the jab (s) of how they lost their vision or had problems with their vision, and began having major headaches, and some of the solutions they were using. Was it just a coincidence that these VAERS records were being shown where many had similar problems to what I was experiencing? What a coincidence. Why didn't they have a link to other problems or links to many other problems, such as heart problems or seizures? Why the same problem as I was having? One person spoke of a bypass in the brain to stop the headaches. It makes me wonder what would have really happened if I did not immediately spat out that syrup from the swab and if I didn't immediately go to the washroom to wash my mouth over and over. What would have happened if I had swallowed that syrup? Would it have been much worse? On the YouTube site where the host was going through the VAERS reports, there were all kinds of comments on what people were doing to resolve the problems. Most of them could not resolve their problems, and their problems persisted with eye aches, major headaches and even blindness for some. I had already done some research and began using green tea, dark chocolate and grapes, which may have helped a little, but I needed a supplement.

Dr. Zelenko's protocol

Having viewed some of Dr. Mobeen's videos, a doctor in NY, this is where I learned that most doctors did not know how to resolve these problems because many doctors wanted to use Ivermectin and hydrochloroquin, but they were banned or stopped from using these productions in the United States, and thus had to find other solutions. Dr. Mobeen was giving a You Tube seminar on Dr. Zelenko's protocol, which used quercetin, vitamin C, vitamin D3 and Zinc as one method. I had already heard about Dr. Zelenko and his Z-STACK formula from the Stew Peter's show, so I went to his website to have a look at his protocol at: https://zstacklife.com/?ref=BestProtocol

I needed a solution ASAP without waiting for shipping, so based on the components listed on the label, I had gone down to the pharmacy and purchased each vitamins and used them and immediately I began feeling some relief. After a few months, I switched and began using NAC with the other vitamins. During this time I had gotten hold of some ivermectin and did a detox. I felt some more improvement with ivermectin. I continued with the quercetin and switching with NAC.

Just over a month ago, I purchased a bottle of Dr. Zelenko's Z-DTOX which includes NAC, Zinc, Eccg, Vitamin D3, Vitamin C. Immediately, I felt some relief with this product. I have been using this product for over a month now as a detox. As an update, based on my own positive experience using Dr. Zelenko's protocol.

Some of the researchers and doctors said that if a person comes down with something during covid-19, that the person should start on such supplements immediately to help boost their immune system, even before getting to a doctor.

'Moving objects found on bristle, foam swabs and face masks'

The statement made that 'Moving objects found on bristle, foam swabs and face masks' and 'Exclusive Report Shows Live "Ribbons" Found On PCR Test Swabs From China (ref T), from my experience, I will always believe this to be true based on my own personal experience as I've discussed in this edition.

Section IX - Deaths of many Canadian Doctors after taking the jab

Recently in September 2022, when I woke up and went to my computer, there were news on a 34 year old Canadian Martial Arts Expert that died from cancer. Immediately, I wondered if he was jabbed, and when did he get the cancer, since he's been so active?

In a past edition, I provided some information of Athletes that died, got heart attacks and other problems after being jabbed. On the video of Ref N shows a 'PolitiFact: 'According to International Olympic Committee data, "an average of 29 athletes under the age of 35 suffered sudden death per year from 1966 to 2004. From March 2021 to march 2022, 769 athletes have died or suffered cardiac arrest." (Ref N)

Canadian doctors that died after taking the jab

Different numbers of deaths are reported at different times. Ref N states: 'NEWS: 32 young Canadian doctors "died suddenly" in the past 16 months while fully COVID-19 vaccinated. I heard about the recent 6 deaths, then 18, and then 28 as Dr. William Makis MD came forward with his information exposing these awful vaccine mandates.

Stew Peters: They Can't Hide MASS GENOCIDE: 17 Doctors DROP DEAD, Post Vax Clots "Not From This World" (FULL SHOW); ByStew Peters Show; August 22, 2022; https://www.redvoicemedia.com/video/2022/08/they-cant-hide-mass-genocide-17-doctors-drop-dead-post-vax-clots-not-from-this-world/ (Ref U)

On the Stew Peters Show, there was a video from FOX NEWS, where Fox News had a guest named Steve kirsch that discussed the danger of the vaccine. The headline on Fox News was 'FOX NEWS 'Steve Kirsch | Dem (Democrat) Megadonor - 'Entrepreneur Steve Kirsch has give \$20 million to Dems (Democrats) over the years but now he's had enough.' But why is FOX News suddenly bringing out this kind of information? Is it because the globalists told them to do so? Is this a part of the plan? Why not before? Why now? Are they going to surprise us with something else?

I had already seen Steve Kirsch on the Stew Peters Show a few times before, and the information he had provided was very important as to what's taking place. He also has his own News Letter. Below are some of the points Kirsch spoke about.

Kirsch on FOX NEWS said: "...There is no question that this vaccine is the most dangerous vaccine ever created by man, a thousand times more deadly than the small pox vaccine..."

...what I found is hundreds of thousands have been killed by this vaccine...and millions have been injured...

"...you are more likely to die or injured from the vaccine, than if you were unvaccinated..."

Steve Kirsch - Aug 7, 2022 (Quote for the Steve Peters Show): Executive summary: 'A doctor friend of mine in Canada heard about 15 deaths of Canadian doctors over the last 9 months. He's been in practice for 30 years. He's never heard of any such unusual deaths before of doctors. Zero in 30 years. Why is he now, all of a sudden, hearing of many deaths, and why are these deaths all happening very soon after vaccination?' 'From July 13 to July 28, 7 doctors died...an average of one doctor every other day for 2 weeks straight. And the causes of death were statistically unusual: two died swimming (which is very rare), one died in her sleep (very rare), etc.

Steve Kirsch's newsletter states: 'Fourteen young Canadian docs die after getting the shot. Normally would be \sim 0 over 30 years.'

"...they are dying right after getting their fourth shot..."

"...most people who died from covid actually died from the hospital programs to treat covid rather than the virus itself, so we have a complete man made pandemic..." Steve Kirschr's newsletter (August 20, 2022)

'Podiatrist: Death and devastating injuries linked to the COVID-19 Vaccine in 80% elderly patients'

Steve Kirsch: Vaccine safety research foundation | stevekirsch.substack.com

ON FOX (From the Stew Peters Show) - 'Vaccine's Suppression of Immune System - "Have a wide range of consequences, not the least of which include the reactivation of latent viral infections and the reduced ability to effectively combat future infections."

'Vaccine's impact on immune system' - "The study showed that immune function among vaccinated individuals 8 months after the administration of two doses of COVID-19 vaccine was lower than that among the unvaccinated individuals."

Below is a list of some of the doctors that died.

Below is information from Ref V and Ref W. Doctors that died within 2 weeks of each other

Dr. Paul Hannam, July 16, 2022; Olympic sailor; died running

Dr. Lorne Segall, July 17, 2022; Age 49; Mississauga, ON; Had lung ca, Stage 4, 1 yr

Dr. Stephen McKenzie, Died July 18, 2022; Age 60s; Mississauga, ON; Had "unspecified illness

Dr. Jakub Sawicki, Died July 19, 2022; Age 40s; Mississauga, ON; Had gastric ca, Stage 4, 11 mo

Dr. Shariar Jalali Mazlouman, Died July 23, 2022; Age 44; Melville, DK; Died while swimming

Dr. Candance Nayman, Died July 28, 2022; Age 27; Hamilton, ON; triathlete, died swimming Hollywoodlanews

Below are information from Ref w

Odessa: "as of 18 we thought it was as of yesterday, only a couple of them had cancer, the other 16, no reason, suddenly passed away while sleeping or exercising..." Referring to a doctor, he said it's actually 28 now..."

Some other doctors that died:

Wilson Idami; Age 54; Aurora, ON; Died May 19, 2022; ON; died unexpectedly

Dr. Oliver Seifert; Died Feb 3, 2022; Age 58; Edmonton, AB; Died unexpectedly, heart

Dr. Jonathan Burns; Died: Jan 06, 2022; Age 56; Abbotsford, BC; Died after"brief illness"

Dr. Neil Singh Dhalla; Died Dec 24, 2021; Age 48; Toronto, ON; Died in sleep 4 days post 3rd jab

Dr. Sohrab Lutchmedial; Age 53; Died Nov 8, 2021; Saint John, NB

Stew: These are not old doctors, these are healthy doctors in the prime of their lives and they are dropping dead because they have been forced to take this fourth shot. **Everybody who takes these shots are going to die an early death.**

Odessa: They are mainly all from Ontario, there are a couple from Alberta...numerous doctors from the same hospital have died within a week or two.

Odessa: The highest 'unknown' cause death rate is in Alberta.

'More Canadians died in the first quarter of 2022 than in any other quarter in the last decade. What's killing so many people? Draw your own conclusions.'

Some very important information finally came out on FOX News. Why now? Why not before? Is this a part of their plan?

FOX NEWS: FOX: TUCKER CARLSONHEADLINE 'Alarming Research About the vaccine coming out' - Tucker Carlson - Tonight (Ref H)

"We identify potential profound disturbances in regulatory control of protein synthesis and cancer surveillance. These disturbances potentially have a causal link to neurodegenerative disease, myocarditis..." (Ref H)

FOX: TUCKER CARLSON.... HEADLINE "Diverse Adverse Consequences" (Ref H)

"...Bell's palsy, liver disease, impaired adaptive immunity, impaired DNA damage response and tumorigenesis." (Ref H)

FOX: TUCKER CARLSON.... HEADLINE: 'Vaccine's suppression of immune system' (Ref H)

"Have a wide range of consequences, not the least of which include the reactivation of latent viral infections and the reduced ability to effectively combat future infections." (Ref H)

FOX: TUCKER CARLSON...HEADLINE: Investigating the vaccine (The Lancet) (Ref H)

"Risk of infection, hospitalization, and death up to 9 months after a second dose of COVID-19 vaccine." (Ref H)

"The study showed that immune function among vaccinated individuals 8 months after he administration of two doses of COVID-19 vaccine was lower than that amongst the unvaccinated individuals." (Ref H)

'Nigerian player Chris Edoghogho collapses on-field and dies during Federation Cup match'. (Ref f)

Thread: Lion Advocacy@LionAdvocacy: 'This is the epic moment when the government's expert witness who was relied upon to justify vax mandates for travel-Director General at Transport Canada's "Covid Recovery Team" - is stunned into silence and has to admit there was no document supporting a recommendation for vmandates. (Ref f)

The Expose; Wednesday, August 24, 2022; 'Covid Injection Aftermath: Study finds 94% of "Vaccine" Recipients have Pre-Blood Clot Formations and Foreign Particles' by Rhoda Wilson on August 24, 2022. (Ref G)

'The study reported on 1006 participants and is one of the most groundbreaking studies of its kind thus far.' (Ref G)

Another headline is: 'Scientists discover "Strange Crystalline Formations" in the blood of the COVID Vaccinated' by The Expose on August 24, 2022' (Ref G)

'As the federal government tries to redefine 'fully vaccinated', a new poll from Angus Reid found that just under 60% of Canadians who received their first or second COVID jab are not interested in taking another.' (Ref I)

Research Letter; September 8, 2021

Spontaneous Abortion Following COVID-19 Vaccination During Pregnancy

Section - XI - Contaminated rainwater, water, lettuce, Snake venom

I planted lettuce this year, and I had second thoughts about picking it because of all of the pollution in the rain. Years ago, my intuition had already told be not to drink any rainwater for the same reason, and also not to get soaked with rainwater. I had thought of acid rain and also about the snake venom theory where snake venom is found in our water. One of my relatives told me not to pick the lettuce, worried that it may be contaminated. This person only confirmed what I had already felt. I didn't pick the lettuce. It all went to waste. I picked the apples, zucchini, jalapeno peppers and tomatoes and soaked and washed them in vinegar.

A passage by Rosie Frost caught my attention. She wrote: 'Rainwater almost everywhere on Earth has unsafe levels of 'forever chemicals', according to new research. Per - and polyflouroalkyl substances (PFAS) are a large family of human-made chemicals that don't occur in nature.' 'They are known as 'forever chemicals' because they don't break down in environment.' 'But now researchers at the University of Stockholm have found them in rainwater in most locations on the planet - including Antarctica. There is no safe space to escape them. (Ref K)

What confirmed my thoughts about the lettuce in the garden is this statement: 'The future of vaccines may look more like eating a salad than getting a shot in the arm. UC Riverside scientists are studying whether they can turn edible plants like lettuce into mRNA vaccine factories..." (Ref L).

Can you imagine spending so much time planting your vegetables and being afraid to eat it?

Section XII - Ivermectin miracle treatment

We continue to hear that some third world countries in Africa have very low covid infection rate. And we wonder why. Then we hear that these countries are low on vaccination. Thus if your country is not affected, why do they need to be vaccinated especially when the vaccines are experimental and we continue to hear about spike proteins from the vaccine clogging up people's heart, brain, and other areas in the bodies. We continue to hear about many being injured after being vaccinated and that there are many deaths after being vaccinated. The UK Gov't new update says pregnant females and breast-feeding females should not be vaccinated. This says a lot. A whole lot. It **tells us that the vaccine can be very harmful**. Common sense will tell you that the countries that refused the vaccine and ends up with low covid and low deaths and injuries, means that they did not get injured from taking an experimental vaccine.

India has been successful in treating covid through the use of ivermetin. There have been many reports on this. Below are some headlines from reports.

India use of ivermetin was very successful in treating COVID. 'The undeniable Ivermectin Miracle in India's 240 m (million) Populated Largest State Uttar Pradesh - Horowitz by NewsRescue . September 15, 2021 (Ref Y)

During Covid-19, many doctors around the world have used ivermectin for treating covid. In places like the US and Canada, Ivermetic is banned, however some doctors continued to use it to treat their patients claiming that the results are good. The mainstream media gave ivermectin a bad name and refers to it with such names as 'horsepaste.' If ivermectin works, we must ask why our government and healthcare have stopped its use?

Wikpedia's statements about Ivermetin, Note: the definition may have changed by now.

Wikipedia states: Ivermectin is an antiparasitic drug. After its discovery in 1975, its first uses were in veterinary medicine to prevent and treat heartworn and acariasis. Approved for human use in 1987, today it is used to treat infestations including head lice, scabies, blindness (onchocerciasis), strongyloidiasis, trichuriasis, ascariasis and lymphatic filariasis. It works through many mechanisms to kill the targeted parasies, and can be taken orally, or applied to the skin for external. (Ref y - some words were omitted in this report)

The undeniable Ivermectin Miracle in India's 240 m (million) Populated Largest State Uttar Pradesh - Horowitz by NewsRescue . September 15, 2021; INDIA WITH IVERMETIC; NEWS + RESCUE

'Posted Aug 21, 2021; SSRN Product & Services - This report stated that in Peru there was a 'Sharp Reduction in Covid-19 Cases' through Ivermectin Treatment.

'Covid cases in Indian Uttar Pradesh drops by 97.1 percent because of Ivermectin use by News Desk; published on October 8, 2021

'Indian state with 240 million people completely eradicated covid with ivermecrtin by Planet Today, Tue Sep 21, 2021

During COVID, 'Coronavirus deaths in the United States' where there were '93,913,887 confirmed cases in US ' with '1, 043,746 Deaths in US'. That's a lot of deaths in the US as compared to Uttar Pradesh which is a heavy populated state in India with approximately 240 million people where the use of ivermetin was provided and was very successful.

The New England Journal of Medicine

'Effect of Early Treatment with Ivermectin Patients amongst Patients with with Covid-19;

'Japan drops vax rollout, goes to End COVID OVERNIGHT'

https://www.redvoicemedia.com/video/2022/09/best-of-summer-2022-canadian-doctors-dropping-dead-biden-is-confirmed-a-pedo/

AFRICA'S LOW DEATH RATE

Headline: 'Trying to Solve a Covid Mystery: Africa's Low Death Rates'

'The coronavirus was expected to devastate the continent, but higher-income and better-prepared countries appear to have fared far worse.' (Ref 4) (Ref J)

Less than 10% of Africa is vaccinated.

Section XIII - Israel covered up the truth about the vaccine

According to a leaked video, Isreal had covered up the truth about the vaccine. The video at this link says: "The Israeli health authority knew that vaccines were harming people, and they deliberately covered up the report, as has been revealed in a leaked video" (Ref 1b).

Below is taken from Ref 1a

In the video of Ref 1a, Dan Dicks of Press For Truth covers this exclusive bombshell report that proves the Covid-19(84) vaccines are not safe and also why we need to pay close attention to what's happening right now in China, a country that is often used by the powers that ought not to be, as a blueprint for the west" (Ref 1a).

Exclusive: Proof that Israel found serious safety problems with the COVID vaccines then deliberately covered it up' 'Israel didn't start to gather safety data until a year into the vaccine program. They gathered 6 months worth of data and found that the vaccines weren't safe so they lied to the world about it' (Ref 1a)

HEADLINE: FDA expected to authorize new Covid boosters without data from tests in people' 'The lack of human data means officials likely won't know how much better the now shots are if at all - until the fall booster campaign is well underway' (Ref 1a).

Below are some points from Ref 1a: 'The key facts in a nutshell:'

- 1) The Israeli health authority knew the vaccines were harming people: the side effects of the vaccine are neither mild nor short term. In fact, in 65% of the neurological cases that mentioned duration, the symptoms are all on-going.
- 7) The Israeli people themselves have figured out the vaccines are "unsafe and ineffective" (the new tagline for the vaccines) and are no longer complying with government directives to be vaccinated (just 2.4% of the Israeli population is "in compliance" as of Sept 2, 2022.

A chart in the video states: Friday 12.09.22; 2.4% Vaccinated; 68.19% Expired; 29.4% Unvaccinated.

Under 'Specifically':

4. The panel present their findings to MoH personnel on or about Jun 6, 2022 in a Zoom call that was secretly recorded. They found that the COVID vaccines were much more dangerous to people than the world authorities admitted. They found serious adverse events that were never disclosed by Pfizer or any world government. These adverse events were also not found to be short term as the public was told.

Under Executive Summary'

The Israeli Ministry of Health (MoH) was informed by their own hand-selected outside expert group headed by Prof. Mati Berkowitz that the COVID vaccines are not as safe as the MoH had been claiming to the Israeli people. It was just the opposite: instead of mild, short term events, the events were serious and long-lasting. For neurological side effects, in 65% of the cases, these did not go away at all (start watching this video at 2:30; the 65% is at 3:09) and researchers admitted they had no clue if they would every go away.'

'Instead of admitting their mistake, the MoH covered it up by issuing a report that distorted the expert report.'

'Two Israeli researchers found that the vacciens kill 40 times more old people than they save'

'Using Israel MoH datea, Haim Yative and Dr. Seligmann, Israeli researchers, found that the COVID-19 vaccines killed 40 times (40x) the amount of elderly people than the disease would have and 260 times more younger people than would have died from the virus in a 3 week period shortly after the shots.'

NBC NEWS EXCLUSIVE

- 'PFIZER READIES NEW BOOSTER ROLLOUT
- 'FDA expected to authorize new Covid boosters without data from tests in people'
- 'The lack of human data means officials likely won't know how much better the new shots are if at all- until the fall booster campaign is well underway'

ISRAEL NOW SAYS ONLY 7.3 % fully vaccinated...(Ref V)

Section XVI - Sudden Adult Death Syndrome (SADS)

The information in this section are quotes from Mail Online (see Ref z).

Healthy young people are dying suddenly and unexpectedly form a mysterious syndrome - as doctors seek answers through a new national register.

- People aged under the age of 40 being urged to go and get their hearts checked
- -May potentially be at risk of having Sudden Adult Death Syndrome (SADS)
- -SADS is an 'umbrella term to describe unexpected deaths in young people'
- -A 31 year-old-woman who died in her sleep last year may have had SADS

Naturalnes.com 2022-05-25-triple-vaccinated-child

Headline states Tuesday, May 24, 2022: 'Triple vaccinated children 303 more likely to die of covid-19 than unvaccinated children.

On 2022/08/27: Medicine Regulators admitted in October 2020 that they knew the COVID Vaccine would cause Heart Damage, Blood Clots, harm to Children & Death by The Expose on, August 27, 2022. 'Every serious adverse reaction to the Covid-19 vaccines that medicine regulators in both the USA and United Kingdom have been forced to admit is occurring was predicted by the very same medicine regulators to occur before the Covid-19 vaccines were even rolled out.

Natural News

Thurs, July 07, 2022 by Ethan Huff: **Israeli government hid childhood vaccine injuries** during covid jab approval process.

COVID BLAMED FOR CHILD'S KIDNEY FAILURE! - Was It The Jab? - Brain Swelling & MORE! World Alternative Media asked: Was it the jab that caused this?

Section XVII - I've had a rash on my had for 5 years now, and it has nothing to do with covid

From the vaccine will save you, to children do not need the vaccine, the narratives continues to change. Now we're hearing about sores and rashes.



This rash between my thumb and index figure have nothing to do with covid-19 or a virus

I've had a rash on my hand for years now, but today some might think that this has something to do with covid. It has nothing to do with covid. I began developing rashes on my hand about five or more years ago, from wearing gloves and dealing with chemicals on one of my work contracts. Even before covid, the skin on my neck became sensitive over time and would start peeling during the summer; this year nothing happened to my neck. And as a youngster, when I ate chocolate, I would end up with a cold and even zits on my face as I believe my body was purging all that extra stuff or toxins

I've had a rash on my left hand near my thumb for over 5 years now. Infact it was much worse on both hands, where the rash went all the way to the inside of my palm under my thumb, but a few years ago most of it had suddenly cleared up, except for this area on my left hand. It's called eczema. I got this from a job where I wore rubber gloves for a few hours a week dealing with different chemicals and cleaning. I have very sensitive skin, so do family members. In the past few years before covid was announced, I've had peeling on my neck down to my back. This rash has nothing to do with covid, small pox, monkey pox. Yet fear is being instilled in many as some are suddenly now asking about that spot on my hand and never asked about it before when it was much worse and was on both hands. I have a few family members that also have sensitive sink that have something similar. I've seen my doctor and dermatologist and the prescribed steroid cream did not work. Later they prescribed a very expensive cream, which I could not afford so I never got it.

REFERENCES:

Reference a

Below is a blog written on August 21, 2022 and modified on August 22, 2022 THE DESTRUCTION OF HUMANITY

https://allymedia.ca/f/news-pandemic-plandemic

BLOG

https://allymedia.ca/f/pregnant-and-breastfeeding-women-should-not-be-vaxed---uk-govt

September 2, 2022|Coronavirus, coronavirus, cold, flu, COVID

Reference c:

UK Govt NOW DON'T Recommend Jabs For Pregnant Women / Hugo Talks https://www.bitchute.com/video/kYIyzCRpyxAW/

First published at 09:01 UTC on September 2nd, 2022.

The gov't have updated their recommendations for pregnant women

They are now saying not to get it a year and a half later

Updated on August 16, 2022

Blog created and post by Fisal Ally on Sep 2, 2022; 8:45pm

(Ref z)

https://www.brighteon.com/3a9df707-ae45-4be2-9028-ba93fa4bc5ca

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Steve Eyes

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From previous edition

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'You will own nothing, and you will be happy': Warnings of 'Orwellian' Great Reset; Sky News Australia; Dec 12, 2020

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TECHNOLOGY USED FOR TRACKING, ATTACKING AND HARASSING PEOPLE by Fisal Ally

...Continue from p. 73

HOW TECHNOLOGY IS BEING USED IN A WICKED WAY AND TO DESTROY HUMANITY

HERE IS ANOTHER EXAMPLE

Note: That's a Muslim name below.

ALLY MEDIA has received a new message.

Name:

ejaz

Email:

ejaz@amir.torn

Message:

Sir,

your police stories are ridiculous. you seem to be a upstanding citizen and eps will never do what you are accusing them of. all in your head. you are trying hard to give the EPS a bad name.

Device:

desktop

Language:

en-CA

Submitted from:

Homepage

Reply to this email to respond.

My reply failed. Why would I get a failure message? I'm willing to discuss this. Is this person afraid of a discussion? Why would I lie and make up anything. If I did, I'd be in trouble. Nobody had once contact me or tried to challenge me on anything I've said, because I make sure that everything I say is 100% accurate and I'll be waiting for the challenge.

I did a search on Ejaz Amir. This person seems to be using the name of others. He stated: "...you seem to be a upstanding citizen..." This statement tells you that I'm honest, respectable and believe in justice. I have nothing to hide and nothing to lie about. He proved this in his message.

LETS LOOK AT THE NEXT MESSAGE

ALLY MEDIAhas received a new message.

Name

talkman

Email

talkman@ntof.ca

Message

yes u speaking up good job however a little problem to who u speaking to buddy keep walking the mall and stoP making nancy story .

Device

desktop

Language

en-CA

Submitted from

Homepage

Reply to this email to respond.

My reply failed.

You just have to look at the person's email address 'talkman' which says he's nothing but talk and no action, and this is why he would not allow me to reply to him. Why not provide a proper email address so we can have a discussion on all of the messages I'm receiving.

How does this person know I'm walking the mall? And why should this person be so concerned with what I'm saying. Sounds like the same person writing all of these emails. Why didn't he put his real name, real email address and allow me to respond.

The message came in on Saturday 3/12/2022 at 5:16am

He asks 'to who u speaking to buddy'... He responded so he believes I'm speaking to him? How does this person know that I'm walking in the mall? Why should this person be so concerned about me talking about my work being sampled?

LETS LOOK AT THE FOLLOWING MESSAGE

The message below is from Thurs 1/27/2022; 10:53pm ALLY MEDIAhas received a new message.

Name

straitner

Email

accountabilty@accountabilty.ca

Message

accusation to so many must be held accountable.

Device

desktop

Language

en-CA

Submitted

Homepage

Reply to this email to respond

When I replied, this message failed.

I remember when this message came in. I had written a similarity to one of my songs. And from what I recall it's a new similarity. Why is this person so worried about me reporting a similarity? Why only one person responding and is worried? Why not 20 people responding to

this? Must be the same person again. Then he came back with the name 'thruthteller'. See below. So why doesn't he get the truth out?

ALLY MEDIA

has received a new message.

Name

thruthteller

Email

thruthteller@thruthteller.com

Message

accusation accusatuion needs accountabilty.

Device desktop

Language

en-CA

Submitted

Homepage

ANOTHER EXAMPLE BELOW

No doubt it's the same person, assuming a Muslim name.

Name:

abdool

Email:

abdool.kd@mail.com

Message:

since 2010 this is 2020 and you are still writing and who is listening and what is your goal. This is why paranoia is rampant in your writing.

Obviously this person is listening. So why is he listening? What's he afraid of that he is tracking me? How did he know I wrote a message? He meant that paranoia is rampant within him and he's probably obsessed with my books and songs and maybe he's making money of my work? Why is he so concerned about what my goal is?

These messages only prove that everything I have stated about my songs and books being used in the music industry and on TV are true, thus have to keep attacking me and harassing me, hoping that I will never say a word about it. Perhaps they want me Gone! Disappear, so they can enjoy the monetary gains of 100 songs and 15 books.

from

Every time I mentioned something about similarities to my songs and books, this person would appear, obviously tracking my every move. How is that? Did someone put this person up to doing this? Is he getting paid to do this?

Section II - Racist attacks on my faith

See below for racist attacks on my faith

About 5 years ago, someone began sending me nasty emails, insulting my faith, as seen from the messages below. This time it was two people. One of them cannot speak proper English, but was trying. I'm sure it's the same person sending me all of the annoying and harassing messages. There were many disgusting emails. I'm posting a few to get the message across on how technology is being used in a wicked, evil and dangerous way, which is the same technology that's being used to enslave, imprison and destroy humanity.

Kabib is also a Muslim name. Note: From the messages below the two people sending the messages are communists, and worships the communist, Karl Marx, and communists believes that 'you will own nothing and you will be happy' (words of Klaus Schwab).

THE MESSAGES BELOW CAME IN FROM THE <u>www.fisalally.com</u> website 4 years ago. Many were disgusting and nasty - I selected a few -

F ISAL ALLY <donotreply@godaddy.com>To:

• info signature with love.com

Sun 10/28/2018 11:04 AM

Name:
Kabib
Email:
Kabib@hotmail.com

Business URL:

So what did allah tell u about your journey

WOULD YOU LIKE TO RECEIVE INFORMATION ON BOOKS, AND THE DIVERSE CITY MAGAZINE? PLEASE SEND US YOUR NAME AND EMAIL ADDRESS:

From: FISAL ALLY <<u>donotreply@godaddy.com</u>> Sent: Thursday, October 25, 2018 9:02 AM

To: info signature with love.com < info@signature with love.com >

Subject: New message - fisalally.com

Name: Kabib Email:

Kabib@hotmail.com

Business URL:

Go read Karl Marx take on religion/god there u will find the answer so what will u be doing in paradise for eternity if this is your goal u have no clue u just keep quoting from books oh u will sit by allah feet singing hymns fog eternity lol

WOULD YOU LIKE TO RECEIVE INFORMATION ON BOOKS, AND THE DIVERSE CITY MAGAZINE? PLEASE SEND US YOUR NAME AND EMAIL ADDRESS:

FISAL ALLY <donotreply@godaddy.com>To:

• info signature with love.com

Thu 10/25/2018 9:08 AM

Name:

Kabib

Email:

Kabib@hotmail.com

Business URL:

Allah help those that help themselves what a mysterious phrase lol bunch a garbage

WOULD YOU LIKE TO RECEIVE INFORMATION ON BOOKS, AND THE DIVERSE CITY MAGAZINE? PLEASE SEND US YOUR NAME AND EMAIL ADDRESS:

Name:

Kabib

Email:

Kabib@hotmail.com

Business URL:

Do not question the will of allah this is your submission why would god not want to be question that is allah because man wrote all the brainwashing in the Quran bible etc

WOULD YOU LIKE TO RECEIVE INFORMATION ON BOOKS, AND THE DIVERSE CITY MAGAZINE? PLEASE SEND US YOUR NAME AND EMAIL ADDRESS:

Section III - Spelling changes to words that make the changes look hilarious

I'm posting a few to get the message across on how technology is being used in a wicked, evil and dangerous way, which is the same technology that's being used to enslave, imprison and destroy humanity.

Below are some of my recent emails. I believe someone is in my emails, making changes just before I hit the send email button. I'm a very good typist and have done tons of typing, so I do my best to catch errors immediately and also my eyes automatically checks for errors.

It seems like someone's in my email and tracking my every movement on my website. This section is also used in other places to explain the errors showing up in my emails, messages and writing. I went back and reviewed about 20 of my sent emails from around the year 2020, and only one email had an error where I meant to type 'lime' and I typed 'line'. An error like this makes sense because I hit the wrong key right next to the key I meant to hit, but the sentence

makes no sense. And while writing those emails, I type them very fast, and I did not have to check for errors in the way I now have to check because of strange errors now showing up. In the past if I had made an error I would have corrected them right then, which means I would also do that now. I'm a very good typist and with all of the typing I've done and knowing what to look for, there's no way I could be making those strange errors in my emails, messages, and in the magazines. Those errors are very strange, and when the errors are made, the sentence makes a lot of sense in a humorous or negative way. I don't see any of those strange errors in my emails from a few years back. I believe that it's either AI or a person tracking me and making those errors just to harass me, and I believe this is where technology is heading, where people can easily be harassed and make fools of by the authorities.

This short passage below is an update for this second edition. See p. 43

After publishing this Summer 2022 edition, as I was going over this edition for errors, I caught an error and fixed it immediately and re-upload.

What I read was 'and that I'm turning into the creator. I quickly fixed it as a minor update and re-upload the magazine. Does anybody believe that I would have typed I'm turning into the creator, when the word tuning is easy to type? I tried making a few errors with the word tuning and it will not even auto correct. Note how the error makes sense in a hilarious way. The statement should have been: I'm tuning into the creator. There's no way in the world I could be making so many errors and such errors.

Below are some of the errors I found in my emails, immediately after sending them.

In a number of emails the word 'money' was changed to 'monkey.' In May 2022, some how my two emails now had my password stored, and there were updates to that area where my password is. Could be that the system itself that does this? I doubt it! I'm also a very good typist and rarely make errors, and if I do, I catch them and fix them immediately. I am aware of what I am typing, so if I make a error I will fix it. Why would I keep typing the word monkey in my emails? Or even making errors when typing the word money so it autocorrects to monkey? It makes no sense.

The changes to the words turn those sentences into humorous sentences. I sure wasn't making these statements humorous but I believe that someone else could be doing it because there are so many.

Below are some errors found after sending off some of my recent emails.

EXAMPLE 1

On this one below, I'm definitely talking about my 'skin' and not a 'sink'. Note how all of these errors are actual words and make sense AND ARE ALSO VERY HUMOROUS. WHY AREN'T THERE ERRORS THAT ARE ACTUAL WORDS THAT MAKES NO SENSE? THE PASSAGE BELOW IS VERY HUMOUROUS WHEN THE WORD 'SINK' APPEAR IN MY EMAIL MESSAGE. I'm suppose to be an amazing typist, so I'm aware of when I make errors, and when I'm hitting the wrong key. Let's say I did make an error typing the word 'skin' then

maybe the error world should be skip, skid etc...Why would I type the letter 'k' at the end of the word for it to change to 'sink'?

On Aug 18, 2022, at 10:34 AM, Ally Productions allyproduction@yahoo.com> wrote:

You're welcome, Sue. I know what you mean by the sugar. I also don't use much sugar. I never use sugar in my tea. However, when there's cake around I will finish it off in one day, and then after that I will feel sick, and then my **sink** will break out with some zits and even some rash, as my immune system gets rid of the sugar and maybe some other chemicals in the cakes and chocolate bars.

Resend on August 19, 2022

Hi Sue

I'm resending the part of my last email below. The word SINK SHOULD BE SKIN. my **SKIN** that would break out with zits....People's skin usually break out with boils and rashes etc...as their immune system gets rid of toxins, in my case lots of sugar and chocolate.

...

Maybe someone didn't want me to say that naturally our skin just breaks out with sores and zits from getting rid of toxins, even from sweets, instead of saying I got a virus and look what the virus did.

Why would I spell skin with the letter 'k' at the end of the word?

EXAMPLE 2

On Tuesday, August 16, 2022 at 09:15:32 p.m. MDT, yyyyyy wrote:

Hi Brian,

Thank you. I will **consult** a siding company for that.

Thanks again.

I had replied stating that you do not have to contact a 'consulting firm' that I will try to assist. When I looked my sent email the words consulting firm was now 'consulting family'. This is logical AND HUMOROUS BECAUSE MANY CONSULTING FIRMS ARE RAN BY FAMILIES. Someone's trying to be a comedian.

EXAMPLE 3

On Tuesday, July 19, 2022 at 10:44:32 p.m. MDT, Ally Productions <allyproduction@yahoo.com> wrote: Tue, Jul 19 at 10:44 p.m.

When I checked my sent email, this is what shows up. Once again it's HILARIOUS READING THE COMMENTS.

Hi G,

It was nice chatting on you over the phone Please see attachment of 3 pics from the event.

I resent the email fixing the errors

Hi G,

I had to resend, as someone's always monitoring and changing words in my msg.

It was nice chatting with you over the phone. Please see attachment of 3 pics from the event.

After these kind of errors kept showing up, I was being very careful and I would scroll back up and down and reread my emails and check for errors, but then a different kind of error began showing up quite a bit.

So I began reviewing my emails a few times by scrolling up and down. From then on, I didn't see any 'funny' kind of errors, but now almost each email had a letter misspelled on the last letter or the word, where that key hit was not even next to the key I meant to hit. For example if the last key should have been 'R', the error may have been a letter on the other side of the keyboard such as with the letter 'P'. You would think that if I meant to press R, and I missed, that I would hit one of the nearby key such as 'E', 'T', 'D', 'F' etc... but that was not the case, and the error word was not autocorrect to a correct word.

Section IV - A spam with nudity, which a good friend informed me of

A friend received a spam and informed me that the spam came from my email address, which turns out to be false

IT'S IMPORTANT TO NOTE THAT I do not have any email programs on my computer, where if I send off a message it would come from my computer, and if my computer has a virus, then the virus would get attached to the message and is also sent off. I use yahoo server to do my emails. All of my emails are only comes from a server that host my emails. Again I do not send emails from my computer. They are sent from a server such as yahoo, gmail or the one that comes with web builder. The emails are not coming from my computer. I do not download emails to my computer for example through outlook express. Therefore I cannot send out a virus that's let's say is on my computer, if a virus someone gets on my computer. Let's say I attached something from my computer and it has a virus, this should all get checked on the server I upload to, and anything sent from for example the yahoo server, they are supposed to check for viruses before an email is sent off.

(As an update, as I was reviewing my corrections this is what I found: 'Let's say I <u>attacked</u> something from my computer and it has a virus...' The statement is hilarious and is a perfect sentence. The correct statement should have been: 'Let's say I <u>attached</u> something from my computer and it has a virus.' I find these errors to be hilarious, although the k and h keys are just one key apart. Below I even typed the word attach a number of times instead of typing attack.

A good friend emailed me and told me about a spam, which had my email address, and contained nudity. I've known this person since I was a teenager. He took a snap shot of the names and email addresses that were on the spam email. I recognized the names, but many of those email addresses and names were old and are from many years ago, where many of those email addresses are not on my email list anymore.

Once in a while I would attach for example some carnival pictures to an email and send it off. But all of my emails are done from the web server and not from my computer. I do not save emails on my computer, nor do I download emails to my computer. They are saved on the server, for example on yahoo server. So if I attached a picture to an email, that picture goes from my computer to for example the server, and the server - I would think - would check for viruses and then send off my email. Then if for some reason my computer has a virus, when that picture gets attached to my email which are written for example on the yahoo server, then as far as I know the yahoo server check for viruses and other problems before sending off the email.

Therefore, if my friend received some nude pictures, it seems like someone is sending out nudity, and it looks like it's coming from me. THOSE ARE CALLED SPAMS. Could someone have done this to frame me for speaking up about my songs and books? Or could it be that many computers around the world just spams once in a while and this time my email address came up. Maybe they are doing lots more that I'm not aware of. First of all I do not go to porn websites, nor have any of that in my home or on my computer, unless someone puts them there. I have better things to do with my life and time, like researching and writing such a magazine that's over 100 pages which is more like a book and is very time consuming.

Below is a sample of my email.

On Sep 30, 2021, at 10:26 AM, Ally Productions allyproduction@yahoo.com wrote:

Hi J,

I'm now back in my email. Thanks for sending the picture. (Note: My friend took a picture of the email list with my email address and other email addresses and sends it to me). I just went over the picture. I do recognize the two names in the email, however they do not exist anymore. On Sep 21, I did not send out anything. That's very strange. I will try to find out from other ppl if they received anything from me on Sept 21. I'm curious about this because someone can be sending nasty stuff in my name. I know that's how spam works, where someone I know may have me in their email list, and then something will trigger that email.

Thanks again brother. I will let you know if I find out anything. Brian

On Wednesday, September 29, 2021, 9:00:57 p.m. MDT, JJJJJ<<u>j@icloud.com</u>> wrote:

I'm thankful for having a good friend who I've known since I was a teenager, meaning for most of my life that he would let me know what had taken place. Now that I mentioned this will my attackers backbite and spread lies to this friend also. A genuine friend will always know better. So I still have one genuine friend that I've kept in touched for most of my life and I'm thankful for that. Let's see if the backbiters go to work on this - they have all of the connections in the world through people in so-called high places trying to play God.

Can a person be set up and frame by someone being mischievous or trying to cover up their crimes? That is the question, and I'm sure this is done all of the time. When people are committing crimes and fraud they have to keep committing those crimes and fraud to cover up the other ones. And this is why we are in the end times, meaning a global reset is taking place while humanity is under destruction through the use of technology and with mass population reduction, the Great Reset is taking place in front of our eyes. How can we stop this? How can we stop the destruction of humanity? Everybody has to be awaken to make a difference...Fisal Ally

A SONGWRITING AND MUSIC JOURNEY

by Fisal Ally

....Continue from P. 79

Section IV - Working as a 16 year old was better than going to school

I was working fulltime after school, and trying to get to classes was not easy. I enjoyed working because like others I know, I was also tired of the discrimination I faced in the bus, in high school and on the streets of Edmonton. The work force was diverse and people at work were very accepting and treated you well. As I was getting off at midnight, the night janitor was arrive around 11pm and commenced his duties, where he would work through the night. I got to know the night janitor, as we would always greet each other. And when he needed a day off, he would ask me to do this duties, which I would start immediately after I got off at midnight. He knew I worked hard and he would only ask me to fill in for him and never anyone else. He trusted that I would get his work duties completely and that he could trust me. He paid very well. I couldn't believe that he would pay that well. I never refused, and thus I would work through the entire night till around 7 am the next day, as a 16 year old, and then I would go home, shower and try to get to school. That's how it was. I enjoyed working more because of the people I was amongst; they were respectable. Since I was a boy in grade 6, I faced racism in Edmonton, not from the children, but from a teacher - that's another story, which I already wrote about. We know racism is every where around the world, that continues to break down society, but this never happened when I was a 12 year old in Toronto, and where I used to take two busses by myself to school and then back home, and I do not ever remember facing racism in the buses or in school in Toronto. And yes, we all faced racism in the buss and streets in Edmonton. Many I knew left Edmonton for places like Toronto and the US. While working in Toronto as a

Many I knew left Edmonton for places like Toronto and the US. While working in Toronto as a young adult, I had even bumped into a Korean guy a few times that I knew in grade 12 in Edmonton. He and his friend, who was also Korean, had won a singing completion in school. And while I had worked in Toronto as a young adult, many people I knew were coming down to Toronto to look for work and to even make Toronto their new home where they would feel more at home.

It was time to see some of the bands playing in the club

At the time I was 16, and I wanted to enter the club in the hotel to see bands like Sidro Armada play. They used to come through the hotel, so I always saw them in their cool band attires. Some of the guys were going to the club and asked me if I wanted to go. I told them I was only 16. I believe someone probably said "you'll pass for eighteen." And I said, "Okay." From what I recall, is when entering the club at the door, I was asked my age and I told them I was 18. They believed me. The doorman may have seen me many times around and probably didn't want to say no. To be on the safe side, after than I made up a phony ID card just incase. Another time we were going to the club and Brian who was only I think 15 or 16 came with us. The doorman looked asked me and asked if I was 18 and I said yes, and he said, "I believe you. You can enter." The doorman looked at Brian with an 'aha I got ya' kind of look and looked him in the face and said something like, "If you are 18 look me in my face and tell me you're 18." Brian

stuttered and said something like "ah ah I'm 15." From what I recall, everyone because upset at Brian for not trying to fake his age. We all left and went somewhere else. Brian turned 16 and bought a car. I can clearly remember one day we were driving in Brian's car. Frank was in the front passenger seat, and I was at the back long with someone else. Brian was booting it down on 100 A St and just crossed Jasper Avenue and going down the road in front of the McDonalds Hotel, and it looked like Brian was going so fast that as the road curved that he didn't noticed the road was curving and that he was going straight. Everyone got scared. I believe Frank shouted, "You idiot!" or something like that and grabbed the steering wheel and maneuvered the car in the right direction. I have good memories working back in those days. Frank, Carlos, a few others and myself would go horseback riding outside of the city. Frank wanted to watch the airplanes take off and we went to the airport and up to the second floor and watched from there.

Section V - Grew up working in the hotel

We kind of grew up in the hotel working as we went school

Looking back, I could have stayed in the hotel business, having worked in five areas, take some courses and work my way up and travel around in that line of hotel, instead of spending years at University and NAIT.

I began to work more than I went to school, but I continued playing my guitar and continued to develop my song writing skills. It took a lot of dedication and work to write songs - it's not for everyone. Yes, it's true that anybody can write a song, even a baby. And that one song can even be a hit song. But after that one song, try writing ten songs, and they will probably all sound alike which you do not want. Songwriting is not for dreamers, or the ones who wanted to party all the time and live in the nightclubs, or the ones that does drugs and get stoned. If you plan on writing lots of songs, then songwriting is really for the ones that worked hard and who are dedicated to thinking about it all the time and making changes and trying this and that to see what works best. It's not for the ones that steal your songs and books and then change a few words and melodies and take credit for all of your work, and gets away with it because they are well protected by their associates in their so-called high places.

I remember most of the staff I had worked with. I remember Desi, a waiter of Portuguese background and who was very humorous that he always had something funny to say and laughed a lot. Once I made a joke about why two waitresses were always referred to by their first name with last name initial and Desi burst out laughing and could not stop laughing about what I had said, and of course it got back to the waitresses and they began giving me some nasty looks, not too pleased with me, at least for a short while. But I never heard the end of it as some found it to be humorous. It probably became well known amongst staff and they probably passed it on. If Desi were to read this article today he'd burst out with laughter. Those were the days.

I don't remember how this began, if it was a bet, but I got a kiss on my face from one of the waitresses of Venezuelan background and it was of red lipstick so I could show off a bit. Maybe someone dared me. I don't quite remember what it was all about, but I got a kiss on my cheek that I surprised the others when they saw the lipstick on my cheek. Of course I kept it on my face so I could brag a little to the others, and to see if they could get a kiss also, which they never got. It was all a part of the fun, as there was lots of fun, but when there was work, there was no slacking off, and we worked our butts off to make sure the waitresses and waiters were pleased with us.

As time went by, I also worked as a busboy in the classier restaurant in the hotel, so I was working as a busboy in two places. I remember the time when I was carry a heavy loaded tray with dishes balanced on my palm at shoulder height in the classy restaurant and when I went to push the door open with one of my leg to enter the area for dropping off the trays, I had lost my balance, went backwards and the tray went backwards and all of the dishes crashed onto the floor. Those were good times, because everybody would rush over to celebrate and even clap and gave me a few pats on the back. And after that everybody goes back to work until another crash, even a small one. Those were the days. It has happened to many before, where you would hear a loud crash and we automatically knew that someone dropped a tray of dishes inside the restaurant, as I had done. The bigger the crash, the bigger the crowd, the bigger the celebration. I was a hardworking busboy, clearing the tables quick and wiping them and loading up the trays as if they were bending. Ya, we worked for our money. I also ended up working in the lobby as a bar-boy, and also as a buffet attendant. I wanted to get lots of experience as a teenager in the hotel business since I was working there, and so I did. I could have stayed working in the hotel business and work my way up. Looking back that's what I should have done because of the diverse work place and people. Not long after turning seventeen, I injured my vocal chords and from there on faced with speech problems - it was more like an injury to my speech center, that is, my brain that controls certain areas. I kept all of these things quiet and didn't say much about it and worked towards getting better. I call it destiny, as this would become my biggest setback and challenges in life, which I will more or less conquer later in life, surprising myself and I am very satisfied to have accomplished that where I have developed lots of techniques, trying this and trying that, until I would say a miracle happened, but a lot of work was still required - I have certainly amazed myself, not only in songwriting and writing books but believing that I could resolve my speech problems and with perseverance, dedication and never giving up, I resolved most of my speech problems, which is a great feeling and accomplishment for me, in the same way I've felt with all of my songs and books.

Section VI - High school band and our memorable moment playing

I was thinking about becoming a studio musician and I was told to go to a different school, which had an arts program, and this is where I met Dave and James who were good friends. Sometimes the three of us went bike riding. One day we were playing our instruments in the music room and people began entering the music room to enter to listen to us. It was exciting as the three of us played, and a drummer got on the drums and began playing. He was good, and soon the whole music room and into the hallway was jam-packed. It was an amazing moment.

We were noticed for our playing and drawing a crowd that day, and I think that it was the following day when a female walked up to me and began talking to me. She was an excellent singer and asked me to join our band. We chat for a bit and I told her that I would get back to her. She spoke to me a few times in the hall. We continued practicing after school. Sometimes it sound good and some will come by to listen, and probably sound bad a few times, as we were trying out a new song, and sometimes our guitars may have even been out of tune. And you know what happens when a guitar loses it's tune - the music sounds bad. I was also working full time and being very busy that I really never got back to her. I believe at the time, we wanted the band to have more songs ready to probably impress her or in general to be ready for playing out. We were also planning to ask the blond hair drummer to join us. He was good. I was just too busy with work, schoolwork and playing the guitar that the days just slipped away and I never got back to her. The three of us continued playing, where I played lead, rhythm and some bass, Dave played lead, rhythm and bass, and James was our rhythm guitar guy, but I remember James playing around on the bass a bit also. I would say that we were good at what we did - good guitar

players, and as time went on we could have been the best at what we do or at least from our own perspective. James had picked out a few names for the band and we decided on a name, but it's been so long that I don't even remember the name, but I have an idea. Sometimes we went bike riding down 135 Avenue, 97 street and other roads. We played a bit in front of some friends. We also used to practice in an abandoned building on 97 Street. We also played with another drummer for a short time, and a few other guitar players. We taped ourselves a few times on a cheap tape recorder and the recording was low, distorted and bad because we didn't have any recording equipment, mics or anything, and we probably didn't rehearse and just did it for fun as a test.

I had also pursued becoming a studio musician for a few months but dropped out when I felt that being a studio musician was not for me, especially with my struggles to do voice scales and music theory and reading music, which I did not enjoy. I preferred to play by ear and create my own tunes. Due to the problems I faced with singing and my speech, I decided that it would be best to continue with my education where music would take a backseat. I upgraded and entered University in the sciences, but I continued writing songs as ideas popped into my head. Although I often say that I've written about 100 songs, it's probably way more than 200 or even a few hundreds more, where many were not developed and many were just ideas which I could quickly develop as I always enjoy coming up initially with all of the music arrangements such as lead guitar, rhythm guitar, bass and keyboard parts and that takes a lot of time and dedication.

Section VII - Back home in Cotton Field

Reflecting back on when we were children living in Cotton Field in Essequibo, Guyana, South America, as I always say backhome. As children, we had an interest in music. It came naturally, probably because my mom always used to sing songs like Sad Movies, Little Red River Valley, On the railway and many more to us. I had no doubt that my interest in music stems from my mom always singing to us. We also had a toy piano, which we used to play around on making up small tunes. In Cottonfield, sometimes, my siblings and I would stop in at the church near the main road when there was no one inside and we would spend some time playing around on the piano. In another town in Guyana called New Amsterdam where I had also lived in, we used to make flutes out of papaya stems, as there were papayas trees at the side of the house where there was a Dentist office.

Section VIII - My songwriting journey

When I became serious about learning to play the guitar around age 15 and 16, I learned lots, but I also learned two chord progression patterns on the guitar that was commonly used in songs in the 1950s, but many of the songs were unique in it's own way and had its own variations. One pattern I learned that was used back in the 1950's and probably before, if playing in the key of C, the chords in the chord progression are C, Am, F, G, where one bar of each chord is played. Two bars of each chord is played in the song 'Stand by me.' I also wrote one or more songs using this chord progression as a teenager. This chord progression can be played in different keys. Most songs that use this chord progression, let's say in the verses, will also have other parts or progressions in the song, such as an introduction, bridge and chorus, so the song becomes unique, as I did with my song using this chord progression for a part of the song. For example, let's say the verse uses this progression, then for many songs you have to be creative enough to

come up with an introduction, a bridge to take you into the chorus, which will most likely have a unique chord progression.

When it comes to songwriting, there's really no formula and you have to be creative by trying different variations, melodies etc...and it can take a lot of time and it can become very tedious and very boring. Thus songwriting is just not for everyone or anybody. It's definitely not for the drug addicts and people that steal people's songs and change a few things and say they wrote it and then start harassing the original writer with their partners in crimes. It's for hard working people like myself that are willing to make great sacrifices in life by giving up lots because it can be very time consuming, like getting up every night a few times a night just to write down some things that pops into your head, or to turn on the tape recorder and record the tune that popped into your head. No, it's not for the people that steals hardworking people's songs and books and take credit for the work they had no part of. And it's not for the person that says you are crazy, paranoid and a conspiracy theorist.

As I was working on this article, someone visiting, out of the blues began talking about songwriting. I wanted to hear what he had to say because I've written a few articles on songwriting. As part of my write up, I decided to include some of what he said because what he said make sense in a way, because as we head into the future with music, what he said may be the way songs will be written, perhaps by machine and not by people, and even with formulas, as all of our rights are being stripped away, and robots will play an important role in people's lives. From what I recall, he said that back in the 1950s, all of the songs used the same 4 chords in songwriting and today the songs also uses four chords. I immediately thought of the C, Am, F, G chord progression, which was a common chord progression used in the 1950s and probably before and even in the 1960s. I believe he said he saw it on TV. He asked me if I wanted to hear the pattern and I said okay. He did a voice run giving the pattern with 4 notes for the 1950s, where I'm assuming one note represented the sound of a chord, and then he sang 4 notes, which represented the chords used in today's song, where the voice pattern was different. From what I recall, he said that if he knew that only 4 chords were used in writing songs in the 1950s and if he could go back in time that he would have been a songwriter. I chucked to myself because "oh ya, oh ya" it's not that easy. There's no formula to songwriting, unless you use a computer and keyboard and you sample this and that and try this and that. That's not songwriting. That's sampling. Songwriting is unique, and usually you have to sit down with a pen and paper to do lots of scribbling and make lots of changes as your song unfolds in its own unique way. And it can become so tedious, boring, time consuming that you might just put it down and never look at it again. For example you can write pages of lyrics and only use a half of a page. You can have many intros but have to choose one. And it all depends on what you are hearing and what you are feeling. For most of my songs, I have lots of extra lyrics, that sometimes when record songs, in some parts I may actually use some different lyrics, and even different chords and even different parts that were omitted from the recordings.

The person mentioned Elvis's songs, so I assume he was talking about popular music, as there are many kinds of music out there. For one Elvis was not a songwriter, although I believe he has shared writing credits for the song 'Love Me Tender.' Elvis was an entertainer and had an amazing voice. The songs he sang were written by other people who knew how to write songs and probably had to only supply certain type of songs for him. And each song is different even if the chord progression I mentioned above was used in part of the song. Another common pattern used in a number of song's Elvis sang such as 'Hound Dog', 'Blue Suede Shoes' and others is called the 12 Bar Blues, where basically 3 chords are used and not 4, and those were all hit songs. Lets say A, D, E, and the last bar which is the 12th bar often the E will be played as E seventh. That's 3 chords, not 4 chords. For example, the 12 bar blues is played as 4 bars of A,

then 2 bars of D, then 2 bars of A, then 1 bar of E, then 1 bar of D, then 1 bar of A, and then the turn around which is the 12th bar, where you can play one bar of E or turn that into E seventh, or play a variation of chords for that one bar.

Songwriting can take up a lot of time, it can also be tedious and boring, and although a song can be written in a hour, it can take months to produce the song, or even years for some songs, and some songs can take months or even years to write. Songwriting is not easy, but dream on, as anybody can write a song in the sense that humming some word and making up a melody - even a baby can do that. But to write songs all the time is not for anybody.

Some may believe in coming up with a formula for writing songs, but there's really no formula to songwriting. You can most likely get a computer to sample this and that etc...and put together a song, but that's not song writing. Someone can just start humming a few words and with some instruments, it can become a hit song. A person can just pick up a guitar and accidentally create an interesting riff, which can become a hit song.

I began writing songs when I was about 13 or 14 years old, and my first song is still one of my favorites. It was a simple tune but I like it. There's no formula to songwriting, although some songwriters may have their own method or what they may even call their own formula. But really, there's no formula to songwriting, as good songwriters will have many different ways of writing a song. A simple way is to just start strumming on a chord and then start singing some lyrics to see what you come up with and it may just evolve. And then you have to try this and try that and see what sound you like and how the melody should go. So that's not a formula. Normally, each song is unique. If you depend on a formula or a computer, then your songs may all sound alike in some ways. The problem with trying to come up with a formula and using the same chord progression or trying to copy Elvis's song that uses the 12 bar blues is that all of the songs will sound alike and have no zest.

What makes a song very catchy or could make someone like a song, even if the song was badly written is for example a catchy guitar riff. Sometimes that's all it takes. For example the song 'Satisfaction' by the Rolling Stones have a catchy guitar riff, which immediately draws people to the song as soon as you hear the riff. You don't even have to hear the rest of the song or like the rest of the song. But because the riff alone is catchy, sometimes that's all it takes to make a big hit song. And this is why many that cannot write songs, samples the catchy parts of people's songs, or some dishonest people would steal those catchy parts and say they wrote it to feed their big egos and even try to make changes to hide their criminal activities and then spend their life time trying to frame the original writer for something. The song 'Pretty Woman' by Roy Obison has a catchy guitar riff that immediately draws people to the song. Not anybody can come up with such guitar riffs. Most people would rather go out and meet friends, have dinners, go to movies, go to garage sales, visit with relatives, attend all family functions than to spend a lot of time coming up with guitar riffs to see if one will be catchy. And you can call me crazy, paranoid and conspiracy theorist, but many of my songs were broken to pieces to add into many mainstream songs because everything about my songs are catchy, and that's what people wants to hear, and those parts came directly out of my songs because that's what's going to sell because not everyone can come up with these catchy parts. At least they thought my songs are all catchy, that's why they are using them and claiming that they wrote it to feed their big egos, when they can hardly write anything. I have provided and written about these similarities many times and nobody has ever come forward to prove me wrong, except to call me crazy and paranoid to cover up their crimes. Some examples of similarities are on the website, www.allymedia.ca.

If you want to write lots of songs, be ready to give up most of those joys, especially if you already have a full time job like I did when I was writing most of my songs and books. Do you believe that if you have a family, wife and children than you can spend all of your extra time writing songs and playing and instrument - if yes, then good luck and dream on as anything is possible.

And even today, it's not just one pattern with 4 chords. A person has to be creative and come up with all kinds of ideas, lyrics, riffs, music etc... When I write a song, many times I start with humming some lyrics and then try to fit some chords to it and let it go on its own journey and creating its own chord progression. For example, I've written two songs that has 1950s style. I didn't plan on writing them, but they just happened.

If I'm trying to write a blues song then I will use the 12 bar blues, and you have to make sure it has it's own tune and sound and lyrics, and you can also deviate in some places. So it's not that easy.

Looping using a keyboard or drum machine

You might have heard that the Rolling Stones have used some loops. But all they were doing is coming up with for example a bar of a drum pattern and then looping it over and over, already have written their songs on a guitar and now coming up with the drum arrangement. You can create a pattern and keep looping it, and that's okay. It's not the whole song. Then you might hear of groups using keyboards and a lot of loops. You can create a pattern and keep looping and changing pitch etc...

It's the year 2022

We are here today in the year 2022, so if anybody think they could have written songs in the 1950s because only 4 chords are used, then you can do that now, instead of going back to the 1950s, and you will make way more money than they made back in the 1950s because the songs today are played all across the world. However, what the person said about the 4 chords got me thinking that a lot of songwriting in the future will be done by machine and may just use formulas and humans may just become obsolete in about everything. So dream on, in your fantasies and metaverse.

Section XI - Still playing the guitar and entertaining

I don't know what the other guys are doing, but I have continued on a music journey throughout my life in mostly songwriting and writing books while working full time. I still have the copy of my Les Paul purchased at age 16. I'm still playing my guitar but not as dedicated as I used to be, as I have written enough songs and books for my lifetime, and with covid and seeing how many are becoming sick and dying, I would like to be more spiritual like I was about 25 years ago.

Instead of learning lots of songs and having to keep up with practicing them, I've decided to just stick to some standard songs because I can only spend an hour or two a week, whereas as a 17 year old I could have spent 5 or 8 hours a day practicing.

Try writing 100 songs with lyrics and music and 15 unique and original books and see what will happen to you in Edmonton and St. Albert, Alberta, Canada and having a name, faith, skin tone like mine. Hatred by some can follow you everywhere you go. In the end my journey in songwriting/music and writing books did not do me any good because I was very dedicated to what I was doing and some racists that hated me because of my faith began to harass me starting around the year 2010, and soon I began noticing my songs being sampled by many, and I was

never paid a penny for any of my work. And when I went to file reports on anything to do with my songs and books, the system - meaning some people in high places - made sure I was blocked to ensure I couldn't get anywhere. My experiences exposed to me that the world we live is built on wickedness, deceptions, fraud, hate and racism, as the world always see how Americans are divided through racism, and there's so much of these problems at every level of the pyramid - see pyramid on the American dollar bill; many levels on the pyramid with a network of people collecting a lot of money, gifts and perks to get things done even if those things will destroy humanity and their own future generations as we see happening today.

My parents wanted us to live in Toronto because of the diverse way of life where there would have been opportunities to grow through hard work. All I can say that it's very unfortunate to see what some reckless and hateful individuals have done to my lifetime of work. I pray that one day that each one of them will be exposed and get caught, but unfortunately many of these reckless individuals are in high places and are well protected by their partners in crime.

Blog: SONGWRITING was modified for this article.

https://allymedia.ca/f/song-writing



PEPPERPOT CLUB

(LOCATION: EDMONTON, ALBERTA, CANADA)

Summer of 2022: Some of us enjoyed some games of dominoes playing late into the night with one of our relatives visiting from Florida.

The Guyana Canadian Pepperpot Club, The Pepperpot Book Club The Pepperpot Domino Club The Pepperpot Arts and Sowing Club

DIVERSE CITY MAGAZINE

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