DIVERSE CITY

Magazine

Spring 2019



U.S COLLEGE ADMISSION FRAUD

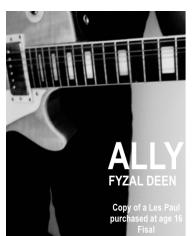
SOME OF THE WEALTHIEST, USING THE 'SIDE DOOR'
FOR GUARANTEED ADMISSION TO PRESTIGIOUS
COLLEGES IN THE U.S FOR THEIR CHILDREN, WERE
CHARGED - NEW CHARGES FOR MONEY LAUNDERING

NEW ZEALAND 2019 MASSACRE

Children, elderly, women and men gunned down while worshipping. The terrorist who is an immigrant says immigration is a problem, and also attacked 'whites' worshipping. Islamophobia is out of control

LATIN AMERICAN CRISIS

Venezuela's mass migration - food shortage, high inflation, low oil production, as neighboring Guyana offshore oil will be a 'powerhouse' for Latin America



BENDING STRINGS ALLY'S 1990s RECORDINGS

SESSION AT BETA RECORDERS

Ally's project with producer/ guitarist Gary Koliger Session drummer Tim Lent

Recording songs such as: SoCrazy4u, Lisa, 2 Can Play (Party Till We Feel Alright)

SPRING CELEBRATIONS

Chinese New Year, Holi, Passover Jewish celebration, Rio and Trinidad Carnivals, Rodeo (Guyana), Easter, Eid



SPIRITUAL HEALING by Usheda

Shamanic Practitioner, Psychic Tarot Card Reader

TASTES & FLAVORS FROM

NEISHA, ASHAR, BROOKLYN'S KITCHEN

Cost Economics for some quick home made meals Chowmein, Channa Masala, Pasta, Fried Tilapia Fish

STARTING YOUR GARDEN

Some seeds, soil, egg trays, water and sunlight

HEALTH - Meditation steps

DIVERSE CITY

World Magazine





Many accepts that we're living in a world that's always changing and that we must work together, but some do not get it

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Spring Edition (Second Edition)Published April 14, 2019

Spring Edition (First Edition)
Published March 28, 2019



SPRING FESTIVALS CELEBRATIONS



Singing engine kite from Easter 2018



Lent and Easter celebration



Singing engine kite from Easter 2018



Ramadan and Eid celebration

TOGETHER WE CAN RISE ABOVE ALL OBSTACLES

'SERVE TODAY FOR TOMORROW'

...Solomon Singh

CELEBRATING

Diverse City Magazine's Second anniversary



We're celebrating our second anniversary of the Diverse City Magazine, launched back on March 5, 2017. As we're witnessing today our world is becoming more global and diverse by the day. This magazine will continue to bring diverse tastes, flavors, music and arts from around the world. A special thanks to our readers and the ones that have contributed articles, pictures and assisted in other ways with the Diverse City Magazine and the Cariwave Magazine...Fisal Ally









Heritage days festival, Edmonton AB Canada

Anil chilling out

Heritage Days, Edmonton

Promoting our art in this magazine

Diverse City Magazine is still growing and developing, and over the months there have been some interesting write-ups by some amazing writers, poets and authors. A few months ago while shopping. I met two friends from one of my past workplaces and they said that this magazine keeps growing big. At that time I thought that the 97 pages one-year anniversary magazine would be the biggest and the others will be around 40 pages. And here again our second year anniversary magazine was over 100 pages, but I brought it down to 92 pages including the covers. My plan is to keep the upcoming editions for the year much smaller to around 30 pages.









China

Pepperpot

Fisal Ally in a café working on the magazines or on a book



'SINGING ENGINE' KITE DESIGNED WITH A GUYANA FLAG IN 2018

Last year I wanted to celebrate the Guyana Easter Kite Flying Festival even though I'm living in Canada. About a month before Easter, I began to build my kites to coincide with the Guyanese celebration and was planning to do some kite building seminars. Arooka who is a writer, joined in and also built some kites. Here I am, having lived in Canada for decades and I'm reminiscing on Guyana's Spring Easter kite flying, and in 2018 I designed the 'singing engine' with the Guyana flag. I could have created the design a few different ways, but one was enough. I have never seen a 'signing engine' designed with the Guyana flag, nor have any of my relatives when I asked them. On the Internet, this year I found a massive kite designed with the Guyana flag in one of the island back in 2016 for Guyana's 50year independent celebration. No doubt Guyanese outside of Guyana reminisces on Guyana a lot and thus the flag designs for the kites. Our kites from our last year kite festival were posted in the Diverse City Magazine last year.

The Diverse City Magazine also goes out to many Guyanese in Canada, America, Guyana and other places around the world. In 2018 we also had a kite-building seminar. Being in Edmonton, Alberta, Canada it's very difficult to create the kind of kite flying environment that's in Guyana for Easter. The cold and snow stopped us from flying our kites for Easter. But our main goal is to continue this Spring Guyanese Easter Kite Flying Tradition in places like Edmonton, across Canada, America and the world, more so because of the unity it brings.

A KITE IN GUYANA DESIGNED WITH THE GUYANA FLAG FOR 2019

I was checking to see where the kite flying competitions would be this year in Guyana and I saw a family in Guyana hold a 'singing engine' designed with a Guyana flag for the first time. Are we trendsetters. I don't know, but I have a feeling that the Guyana flag design will become very popular for kites in Guyana. See some typical kite design links on the p. 87 reference page.

CHINESE AND PERHAPS SYRIAN/LEBENESE KITE FLYING IN GUYANA

I posted some links on p. 87 of typical Guyana kite designs. And on p. 60, in the article called 'Kite flying at Easter, a Guyana invention with a glance at Chinese and Syrian/Lebanese kite flying', many believe that the Guyana Easter Kite Flying Festival in spring came about by the Chinese indentured laborers in Guyana back in the 1800s. I'm not sure, but the Syrians/Lebanese merchants that arrived in Guyana back in the 1800s may have had something to do with the 'singing engine' kite design. Read about this on p.60. Cheers! Let's celebrate. Fly a kite!

Having a voice is important especially when we are being defraud by others

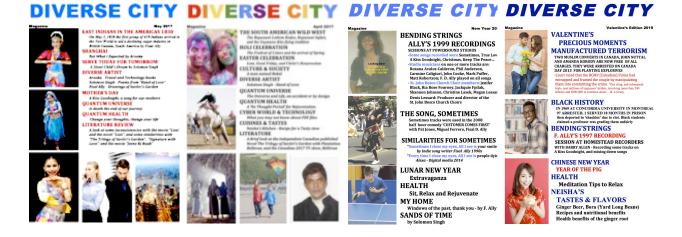
Many do not have a voice in Canada, America and across this entire world, and many are being taken advantage of through scams, especially the elderly and others that are being scammed out of their life savings by devious individuals. Most are now aware about many frauds taking place. By the year 2011, I also realized that I didn't have a voice nor have a medium to express important matters that affects my well being. I believe that this magazine and the 'Cariwave Magazine' are mediums for us to be heard although we are still small and growing. I have also used these magazines for promoting my work, to show similarities to my work, and to also do a written documentary of my books and songs where many were written in the 1990s.

People that network to scheme, plot and commit fraud, scams and money laundering

The latest fraud to be exposed is the College Admission Scam, where a 'consultant for the colleges' in the U.S has used his network of people to commit a \$25 million dollar FRAUD. Many are now being EXPOSED and CHARGES LAID for their involvement in this fraud and money laundering. We can only HOPE that the innocent and the victims are not charged and framed by these devious individuals and networks that's carrying out their deceptions and frauds against us. This magazine presents an article on the College Admission fraud on p.32.

The architect of the College Admission Fraud and others involved have gotten away with their DECEPTIONS for years where many innocent and hardworking students had lost the opportunity of their lives. And as for myself, having strived for decades and worked hard in songwriting and writing books, I began noticing many similar ideas to my songs and books coming out in the mainstream starting in 2011. I believe that a network or individuals are using my work for profits and that they are also covering up their tracks to have me framed for plagiarism by claiming that others have created my work such as phrases and ideas before I did and that I'm the one that stole their work. And as I type on my computer, scammers can be grabbing my lines and placing them into the work of others, so by the time I publish my work, they would have already published my ideas and claiming it's theirs. All kinds of methods such as the Mandela effect and technologies exist today that can be used to help cover up scams. Many of my original and unique work were created since the 1990s and before, and I never had any problems until 2011 with the rise of racism and islamophobia. If I had encountered problems before I would have been writing about them in the 40-page printed Cariwave, The Caribbean Magazines back in the year 2002 and filing reports about the theft of my work back then.

Challenges, editing and working on upcoming editions



The planning of each edition of this magazine goes on for at least a month, and pictures like the ones on page two and some on the cover are selected within a week or two and placed in its position, along with the ones below to get the new edition started. It's easy to get behind, or not having enough articles and images.

Sometimes parts of articles and images from previous editions are reused. Some of the pictures will change and some remains. Very often there is a first and a second edition. The second edition is for improvements and adding more topics.

Cultural tastes, music and art - We're living in a global and diverse world









Being of Guyanese background from Guyana, the small South American country that boasts many national intoxicating dishes such as dishes that originated from the Americas with the Amerindian dishes, Europe, Africa, Portugal, India, China, and other places, this magazine bring recipes from many cultures. Although there are political problems in Guyana, most people in Guyana refers to many of the cultural dishes as their own, having united in tastes, flavors and music, boasting great diversity and unity; I have not seen this kind of unity in cultural expressions in tastes, music and art in Canada and other places. Dishes such as pepperpot, bake and saltfish, provisions, curry, bora, chowmein, fried rice, Chinese cake, salara (coconut cake), tennis roll and cheese, pine tarts, jelebi, and beverages such as ginger beer and sorrel are some of the flavors of this country that was built by many people of different races, colors and faiths.

A global economy, working together and immigration

All countries in the Americas including America and Canada, and many others around the world such as New Zealand and Australia are built of waves of immigration throughout the decades. It's only recently in the 1950s that many European immigrants arrived in places like Canada. Immigration creates diversity, growth and development, and globalization. There are always challenges and obstacles to face and over come, like any other nation that faces crimes, domestic abuse, competition etc...Together we can make a difference with great progress.

Having lived in Guyana as a boy and being amongst people of different faiths, races and colors and witnessing the diversity of Guyana, and then growing up in Canada and having witnessed the changes in Canada over the decades, and now seeing the growth in diversity worldwide, it's important to understand and embrace changes as people have to live and work together and triumph over many obstacles, instead of creating more obstacles; some do not get it.

It's easier to blame others for problems we face in society

It's always easier to blame someone else for all of the problems we face because of their race or faiths, but if people look within themselves and not always at everyone else, a lot of problems can be solved and they wouldn't have to be so miserable wasting their lives in hate and anger.



USHEDA Psychic Tarot Card reader, Shamanic Practitioner

Contact info. Email ushanks@shaw.ca / Cell. 780.221.0602

Spiritual Healing by Usheda Akbar-Shanks

Shamanism is pure and simple spirit work used to heal people.

TRADITIONAL TECHNIQUES

Using traditional techniques to invoke the ancestral Spirits, the shaman / spirit healer acts as a 'bridge between the spirit and the mundane world'. Once the ancestral spirits are called they do the healing work.

SOUL DOCTOR AND THREE TYPES OF RITUALS

A shaman is a soul doctor who facilitated healing on a soul level. There are three types of rituals, which are usually done in stages for each healing session. The first is soul resonance where the shaman scans the bodily energies of the client to get a basic blue print. Once this is done the client is debriefed and the second part called soul extraction is done. With the help of an extraction guide the unwanted residual is removed. The third part is soul retrieval where the missing parts of the soul are called back in with the help of guides. The length and intensity of each session varies from client to client. Some may require more than one session.

These techniques are used with clients who come to the shaman as a last resort. Some clients may have suffered from soul imbalance etc... all their lives and finally get some relief. Often childhood traumas cause irreparable "damage" on a soul level. The shaman will receive visions and other pertinent information to relay to the client. This is done with a lot of compassion and empathy in a respectful and comfortable place.

RESULTS

Results are normally excellent and can be recognized almost immediately. Clients usually feel happy and relaxed right away.

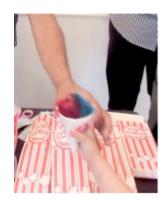
DIVERSE CITY REFLECTIONS

'SERVE TODAY FOR TOMORROW'

....Solomon Singh



Serving



Sharing



Making roti



Cultural art



Enjoying the view



Enjoying the mountains



Provisions



We're a part of world culture



Enjoying our vacation

DIVERSE CITY REFLECTIONS







Carifest 2018 in Edmonton



Guyanese life in New York City

OUR 24 HOUR A DAY DEPENDENCY OF BEING ONLINE

IS DESTROYING OUR TRUE NATURE



Photo from www.depositphotos.com

HEADS DOWN! BUSY TEXTING?

'We don't talk anymore, we just text, we say hi and go, no we don't talk...'

TRY THIS!

Pick up the phone and talk.
When you are having a family get together or with friends, turn off your cell phone and engage in face-to-face conversations.



China

It's spring

Our spring magazine

can be read and or downloaded from www.allymedia.ca

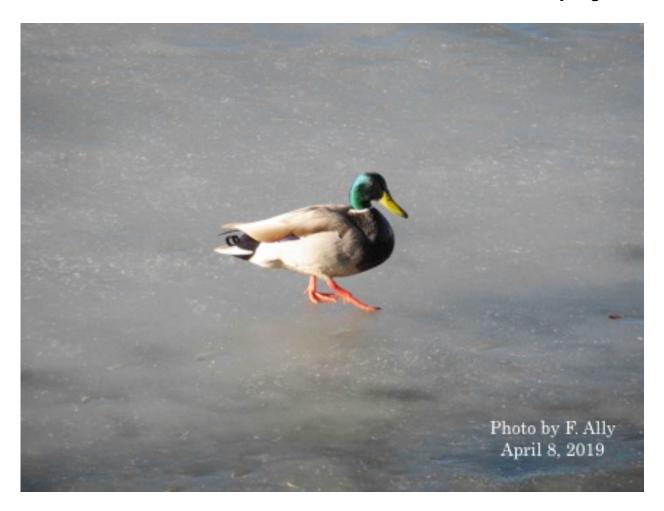


FURRARI

Signature with Love

Based on a True original story on the cats and some of the other pets in Mustapha and Salima's life as told by Mohammed Mustafa who passed away on Christmas Day 2011, including accounts by relatives and written down by F. Ally

Spring 2019



EARTH DAY

APRIL 22, 2019

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HAPPY MOTHER'S DAY - Today, Tomorrow and Forever

Mothers bring a special nurturing love and bond to their children, and caring for their young ones 24 hours a day for many years as they grew. As our mothers age, they become tired, ill, needs a ride to go shopping and to the doctor, but often you see them alone, and often you'll find their children socializing and spending their time with friends and others. Mother's day must be everyday. Caring for the elderly is a family responsibility.

Excerpt from May 2017 - diverse City May 2017, p.11 (modified)



A KISS GOODNIGHT

Everyone wants someone to hold them tight and make things right Everyone wants someone to kiss goodnight Everyone needs a friend, they can count on to be around Everyone wants someone to kiss goodnight A kiss goodbye in the morning, to hold you tight in the evening Everyone wants someone to kiss goodnight With some tender love and tenderness, a hug and a kiss goodnight When the night gets too cold, it's good to know that someone cares Everyone wants someone to say goodnight With some tender love and tenderness, a hug and a kiss goodnight Everyone needs someone to lean on, when life gets them down Everyone wants someone to show they care Everyone needs a friend they can count on to be around Everyone wants someone to be their valentines A kiss goodbye in the morning, to hold you tight in the evening Everyone wants someone to say goodnight

With a kiss goodnight
A kiss goodnight
(A) Kiss goodnight

FOLLOW YOUR PASSION

I'M LIVING IN A DIVERSE WORLD



'YOU CAN BE WHO YOU WANNA BE'







Enjoy singing

Cultural expressions

Carifest in Calgary

Latin American Crisis

Venezuelans fleeing their homes and Guyana's oil boom

By Fisal Ally

Venezuelans fleeing their homes is the largest migration in Latin America's history where approximately 3 million out of a population of around 31 million have already left for other countries in South America and other places around the world.

One of the main reasons for Venezuela's collapse is the continuous decrease in oil production due to oil from Mexico, Canada and other places, decreasing the demand for Venezuela's oil. Also neighboring Guyana offshore oil drilling is taking place and will most likely be supplying Venezuela with oil in the future. A decade ago Venezuela's oil production was 2.6 million barrels a day, just behind Saudi Arabia and Iran. According to reports, by the third quarter of 2017 Venezuela's oil production had fallen to 2.0 million, and recently to 1.1 million barrels a day. Due to U.S sanctions announced on January 20, 2019, Venezuela's oil production is estimated to fall much lower to .7 million barrels a day within six month.

LOOKING BACK AT HUGO CHAVEZ AND THE OIL BOOM

Looking back at this South American country that's in turmoil, Hugo Chavez had served as President of Venezuela from 1999 to 2013. Chavez was re-elected in 2000 and in 2006, and in 2012 serving his fourth term as he continued to suffer from cancer that was detected in 2012. He passed away in 2013 at age 58.

GREAT IMPROVEMENTS DURING CHAVEZ PRESIDENCY AND THE DECLINE

While Chavez was in power with the country's high oil revenues starting in 2000 there were many improvements, access to education, healthcare, food and housing. And by the mid 2000s as Venezuela's high oil revenues continued there were also improvements in income and the quality of life. By 2012 a decline in these improvements were beginning to be noticed.

After the death of Hugo Chavez, President Nicolas Maduro came to power in April 2013, backed by Russia and China. Maduro had faced the biggest demonstrations in two years, as the country continues to spiral into darkness with blackouts, shortages, and the lack of many basic necessities.

MADURO OPPOSITION

Maduro claims that the opposition leader, Juan Guaido, is a 'puppet of the U.S' and that the United States had backed him to become the interim president of Venezuela on May 21, 2018, where Guaido claimed that Maduro's re-election in 2018 is not legitimate.

...Continue on the next page

PLANES LANDED OUTSIDE OF CARACASS

Two Russian planes had recently landed in Venezuela with troops and the U.S wants Russia out of Venezuela, intensifying the Venezuelan crisis. A dispute is going on between Russian's Foreign Ministry, Maria Zahaova and the United States.

VENEZUELA'S FOOD AND MEDICAL SHORTAGES WITH HIGH INFLATION

Today Venezuelans face enormous food shortages and high inflation, with 85% medicine shortage, poverty and a recent blackout that had last for six days under blazing temperatures, resulting in more illnesses and hospitalization. Like what had taken place in Guyana in the 1970s and 1980s where many professionals had left Guyana, professionals in the medical field and other areas in Venezuela are also migrating because of this unfortunate crisis. Reports state that inflation is so bad that by year-end of 2018, approximately every nineteen days prices had doubled. It is estimated that 5.3 million Venezuelans will leave the country by the end of 2019. Venezuelans are heading to many countries in South America and many other countries around the world - they are even heading to Guyana which is one of the poorest countries in the world created by political turmoil which all began in the 1950s and 1960s.

GUYANA AND VENZUELA DISPUTES OVER LAND

For hundreds of years now Guyana and Venezuela, being neighboring South America countries have had many disputes over the county of Essequibo, which is Guyana's largest county, and which Venezuela still claims to be a part of Venezuela. Venezuela also has a place called Guayana (Guyana) inside Venezuela. Guyana says that back in 1899 Venezuela had withdrawn from those claims, but later disputed that judgment and today continues to make the claim that Essequibo belongs to Venezuela. This dispute will continue to create tension in the region especially as Venezuela's oil industry continues to spiral downwards.

THE DISPUTES ARE HEATING UP OVER GUYANA OFFSHORE OIL

The disputes are not only about Essequibo, but there are clashes about the boundaries of Venezuela and Guyana offshore oil. This will lead to many more disagreements about the boundaries of Guyana's offshore drilling and oil reservoirs. No doubt these quarrels will continue. In December 2018, there were disputes between Venezuela and Guyana when the Venezuelan navy had stopped two Exxon ships that were exploring the coast of Guyana for oil. Both countries claim that the area Exxon was exploring belongs to them.

GUYANA TO BECOME A 'POWERHOUSE' FOR LATIN AMERICA WITH OIL

While Venezuela's oil production continues to spiral downwards, neighboring Guyana's discovery of oil in recent years will most likely become the 'powerhouse' in Latin America supplying oil for South American countries and the other countries in the region, along with other places around the world. It's estimated that Guyana's offshore has over 4 to 5 billion barrels of oil. By the end of this decade, Guyana's oil production will begin and will continue to increase during the decade and by 2030 producing to maximum capacity.

...Continue on p.86 (also read about Guyanese in Venezuela moving to Guyana due to the crisis)

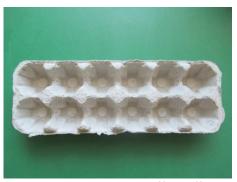
PLANTING A GARDEN

Not in Florida or a warm country? Spring and summer is too short before the cold comes in again? But you would like to plant a garden? You can get started on your garden indoors with some seeds, soil, pots, egg cartoons, styrofoam cups etc.... Any kind of containers will work as long as there's drainage. Egg cartoons are best used only for plants that take longer to grow such as tomato plants, else if the plants are growing too big in the egg cartoons, you will have to transplant to bigger pots or into your garden. Plants grow at different rate. In a week or two plants such as cucumbers, watermelons and sunflowers can easily grow to 6 inches and will be too big for the egg cartoon, whereas tomato plants may only be 2 or 3 inches even after 3 weeks.



This thyme plant was plant about 6 month ago by breaking off a small piece from another thyme plant and placing it in water until it grew roots and was then planted in this pot. Thyme is used for seasoning and cooking.

...Plant by Nyron



For small seedlings, an egg cartoon may work





An example of Tomato and watermelon seeds

... Continue on the next page

FLOWER COST ECONOMICS

A package of seeds is between \$2 to \$4 Topsoil is about \$3 to \$4 Use pots from the previous year will cut down on costs

A nice pot of flowers can be about \$15 to \$30

By using pots from the year before, purchasing some flower seeds and soil, your cost may be less than 20% of the regular cost. For example if you plant your own flowers, your cost can easily be under \$5 for a nice big pot of flowers.

DO SOME RESEARCH ON TRANSPLANTING AND OUTDOORS PLANTING TEMPERATURES

You can start planting tomatoes, watermelon, sunflowers, broccoli, flowers and many other plants indoors and transplant when the weather is good. Get a head start by starting indoors about 6 to 8 weeks before. For example plant your seeds indoors around the middle of March or by the beginning of April and transplant into your outdoors garden around the middle of May or when the weather is good for planting.

When transplanting, the plant can go into shock, but it should recover within a few days by watering everyday and with more sunlight. Different methods are used for transplanting. Watch some YouTube videos or read some articles to get some ideas. For example, when transplanting from an egg cartoon, one way is to use a sharp blade to cut the sections out and place the sections into the earth and to also cut the sides open so the roots can spread out.

Research on the outside temperature for your plants. For example temperature may have to be around 13 degrees Celsius (55 F) and more to plant outdoors, and if it's too hot like 32degrees Celsius (90 F) this can cause damage to plant. Temperature will drop during the night, and the best nighttime temperatures should be between 59 to 68 degrees Fahrenheit, and the daytime temperatures between 70 and 85 degrees F.

TOMATO PLANTS

According to the following link: https://homeguides.sfgate.com/plant-tomatoes-egg-cartons-50402.html (How to Plant Tomatoes in Egg Cartons), when a tomato plant has 4 real leaves and its still too cold to plant outdoors, then it's best to transplant them into bigger pots or styrofoams etc...that's about 3 to 4 inches deep for the roots to grow. Cut out drainage holes at the bottom of Styrofoam cups.

Roots will grow off the stems, therefore the plant (seedling) should be buried into the soil to cover half of its stem. Repeat same kind of process each time you transplant. If the seedling becomes 3 times the height of the cup, then its time to transplant again.

Disclaimer:

It's important to do some of your own research by watching some YouTube videos or reading a book to learn more about the soil to use, the change in seasons, how the temperature affects your plants, how many seeds to plant, the spacing etc... The write up presented in this edition of the Diverse City Magazine is only one way to plant, but there are many ways, such as having a greenhouse. It's important to seek more advice.

SOME IDEAS

You can purchase soil from laces like Home Depot, Superstore and other places. Read the seed package carefully to see how deep the seeds should be placed in the soil. One should work but you can plant two seeds in case one does not catch.

Using egg cartoons and small containers with drainage for smaller seedlings such as planting for only two weeks and then transplanting into the garden. You can use Styrofoam cups, bigger pots etc...for plants to grow indoors for longer periods such as 3 weeks or a month etc...before planting into the garden. For example, the egg cartoons may work better for tomato plants since they take longer to grow and Styrofoam cups and bigger containers may work better for plants that grow faster such as sunflowers and cucumbers.



Using egg trays for smaller seedlings. Put holes in the bottom. Place section with holes on top the other half of the egg tray to prevent the dirt from falling through.



Put drainage hole(s) at the bottom. Place soil inside tray. For these egg trays, top soil that cost about \$2 or \$3 was used. There are pot soil which is around \$6 and \$7.



You may only need 1 seed. Place 1 or 2 seeds in each section. Read direction on the seed package.



Shows some watermelon seeds. One seed should work, but it's good to place 2 seeds incase one does not catch.



A few tomato seeds. One may work



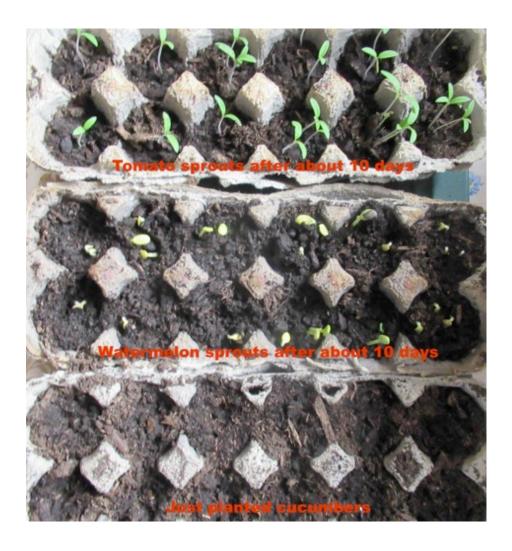
Cover seeds with a top layer of soil

... Continue on the next page

The results for the tomato and watermelon seeds after about 10 days

Top tray shows tomato plants after about 7 days and watermelon after about 7 days, but the watermelon will start growing at a faster rate. In the last tray cucumber seeds were just planted and has not sprouted as yet, but soon it will out grow the tomato plants. Only topsoil was used for planting the plants below. Research on which soil to use. Regular topsoil in Edmonton is for about \$2 to \$4, and pot soil is about \$6 and there are other soils for about \$7.

Prices vary depending where you live in the world.



Need some water, soil and sunlight.

Keep moist with water. It's best to place your egg trays on top a board, incase the water leaks through. Place in sunlight.

PLANTING HABANEROS (peppers)

It's best to plant in big pots if your plan is to keep indoors at all time. Always read the instructions on the seed package.



A pot from last year. Wash. Add soil. Then plant seeds. Then cover seeds with more soil



Add soil and then sprinkle seeds and cover with soil to depth recommended



Two big pots with habaneros Can keep in pots inside all year

PLANTING FLOWERS

Using Styrofoam cups for planting indoors for about 3 to 4 weeks before planting outdoors.

Sunflower



Sunflower seeds

Put drainage hole(s) at bottom of styrofoam cups

Right: Shows adding sunflower seeds in styrofoams

Left: After placing seeds, cover with soil. Place cups in a plastic container for when watering.



Place cups in a tray for watering

Add soil, place seeds, and then cover seeds with soil as per depth

Do the same for other flowers

JUST PLANTED FLOWER SEEDS



A variety of flowers seeds planted just planted



Place near widow for sunlight and water everyday

PICTURES OF FLOWER PLANTS AFTER ONE WEEK









BELOW - TOMATO AND WATERMELON PLANTS AFTER TWO WEEKS AND THE CUCUMBER PLANTS AFTER ONE WEEK



Note: These sprouts are already getting too big for the egg cartoon and if going to keep indoors longer you may have to transplant to bigger pots



Note: More soil can be added as the soil becomes compact from watering

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EARTH DAY

April 22, 2019

'SERVE TODAY FOR TOMORROW'

Quote from A Street Child's Dream by Solomon Singh (Writer/Poet)

I wanna walk on this earth every single day of my life

I wanna breathe the air that keeps me alive
I wanna taste the rain that's falling up above my head
Don't wanna look up cause the sky's turning red...

Oute from The Birds Won't Come My Way



'IT'S US, WE'RE DOING ALL THE DAMAGE

CAUSE YOU, YOU SAY WE'RE GONNA MANAGE AND US, WE'RE ALL GONNA HAVE TO PAY BECAUSE THE BIRDS WON'T COME MY WAY'

Quote from The Birds Won't Come My Way

KEEP IT CLEAN!

EARTH DAY

KEEP IT CLEAN!

Make this Earth a better home, for all lives under the sun

On the land or in the sea, and up above the earth *Quote from Keep The Peace*



Pictures from www.depositphotos.com used for illustration purpose only

Get your act together now, get you act together now Get your act together now, let's act together now!

People likes to imitate, some likes to dictate
Dropping bombs and nuclear waste, destroy the world and causing hate...

We're living in a destructive world, Do we really know what we're heading for Some preaching, drop the nuclear bombs, The people says to get rid of the bombs...

Sit relax and meditate, sip you tea and communicate
The sky is red, I'm feeling blue, smog clouding up my head'

Quotes from New Clear Society

Outside **KEEP IT CLEAN!**



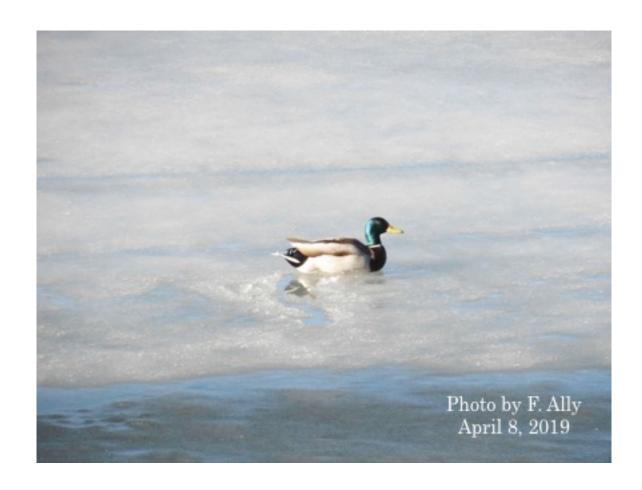
Furrari

SIGNATURE WITH LOVE

BASED ON A TRUE STORY WRITTEN BY FISAL ALLY
As told by Mustapha and his relatives

SERVE TODAY FOR TOMORROW

...Solomon Singh



EVERY DAY IS EARTH DAY KEEP IT CLEAN!



PARTY TILL WE FEEL ALRIGHT

CARNIVAL TIME

Rio Carnival, Trinidad and Tobago Carnival Guyana, Mashramani, Jamaica Caribana, Carifest and Cariwest in Canada



TASTES & CUISINES

THE U.S COLLEGE ADMISSION FRAUD

THE LARGEST UNITED STATES COLLEGE ADMISSION FRAUD BY THE RICH IS BEING PROSECUTED by Fisal Ally

PART I - SCHEMES BY THE ARCHITECT OF THE COLLEGE ADMISSION SCAM PART II - PEOPLE INVOLVED IN FRAUD AND MONEY LAUNDERING

PART I - SCHEMES BY THE ARCHITECT OF THE COLLEGE ADMISSION SCAM

Where money is involved, there's corruption, and when someone is wealthy that person can use bribes to get what they want. Money talks!

The architect of the schemes and fraud is a 'California college admissions consultant', William Rich Singer that assisted the wealthiest families in the U.S to get their children into a prestigious colleges in the U.S using his network of connections.

The documentation called 'Affidavit in support of criminal complaint' (quotes are from this affidavit) provides some of the quotes and or statements as to how the scheme operated below:

Types of briberies involved

- 1) To bribe 'college entrance exam administrators.' The College entrance exams are the ACT and SAT exams
- 2) To bribe 'university athletic coaches and administrators' to have the children as 'purported athletic recruits' irrespective of their skills in the sport they are to be enrolled in.
- 3) A charitable organization, the Key Worldwide Foundation *KWF* used in this scam as a cover up for bribe payments.

Payments wealthy parents made

The architect of this fraud scheme is to have the children of these wealthy families admitted into the college through what he referred to as "side door" for guaranteed College admission.

Normally parents paid between \$10,000 and \$75,000 per test as a part of this fraud where payments 'purported donations to the KWF charity.' The architect of this scam then used a part of this money to pay others involved in the fraud.

The parents would 'make charitable donations to KWF.' The payments would then be 'funnel' to the athletic coaches, 'or to university programs designated by those coaches, using KWF to disguise the nature and source of the payments.'

... Continue on the next page

The 'Affidavit in support of criminal complaint' states that the individual state that the organizer state that this scheme was successful with almost 800 families, where 761 went through the 'side door' scheme.

A brief look at the front door, back door and side door

Most people are admitted to colleges through the 'front door' by working hard and achieving the marks to get in. Others get in through the 'back door' where they know someone and that person may have the connections for them to get in, and it can become very costly, but getting admission is not guaranteed. Then there's the 'side door', which is a sure thing according to the architect of this 25 million dollar fraud. Some of the most wealthiest parents in the U. S wanted the guarantee that their children would get into one of the most prestigious colleges in the United states such as Yale, Stanford, University of Southern California, the University of Texas, and the University of California at Los Angeles and others and this guarantee came from going through the 'side door' and is also very expensive.

What about the other 761 that had gotten through the 'SIDE DOOR'

In the media we keep hearing about 50 families being involved. But the report that's mentioned above spoke of almost 800 and states that 761 got through the 'SIDE DOOR.' We keep hearing the numbers 33 and 50, but we're not hearing much about the numbers almost 800 and 761. This SCAM is much bigger than we can even imagine. This scam also hints to what has been going on for decades to get children of the wealthy into these prestigious colleges.

PART II - PEOPLE INVOLVED IN FRAUD AND MONEY LAUNDERING

The architect of this college admission scam, the cover-ups and the deceptions

The architect or simply the organizer, William Rick Singer, of this \$25 million dollar fraud had pleaded guilty to the fraud, which had taken place between 2011 and 2018 where wealthy parents had paid large sums of money to bribe college coaches and others.

To convince coaches and make them believe that it was okay to get involved, they were told that other coaches were already a part of the scheme. This involved sports such as soccer, tennis, football, volleyball etc...Even taking existing photo from the internet and FALSIFYING that photo by photoshopping it, by switching the heads were involved. Emails, wire transfers, mailing were involved in this fraud.

According to reports, an example is a check of \$400,000 was sent. KWF charitable donation was involved. Another example of a charitable donation is where Jane Buckingham who is a CEO alleged to have made a 'charitable donation of \$50,000 to KWF' around June 2018. She was involved in phone conversation(s) concerning her son's ACT exam.

50 wealthy parents charged

Fifty people were charged in the U.S largest college admission scam. Rich and famous celebrities such as actresses Lori Loughlin of the TV series 'When Calls The Heart, and Felicity Huffman of 'Desperate Housewives have also drew lots of attention, along with a former Indo-Canadian professional football player, David Sidoo. Continue on the next page

Some of the wealthy parents are now facing money-laundering charges

Many of the parents have already appeared in court. On April 9, 2019, attorney announced that 16 parents involved in paying bribes to get their children enrolled in some of the most prestige colleges in the U.S.

The fraud involved fake IDS and photoshopped pictures

Documents were falsified for these children of these wealthy parents. Fake ID's and Photoshop pictures were created to even depict children of the rich as athletes in some sports such as rowing, soccer and tennis, even though the children had never participated in some of the sport before or were not at the level for college. Someone was hired to take the **ACT** and or the **SAT** college entrance exams where parent (s) were involved in the deception so someone else can take the exam(s) instead of their children.

Parents forked out thousands for someone else to write or correct the SAT and ACT exams for their children

Payments differ depending on the College the child would be admitted to. Parents made payments from \$15,000 to \$75,000 per test and where payments were channeled through the KWF charitable accounts.

SAT and ACT exams

SAT includes 'writing, critical reading and mathematics, and ACT exam which includes English, math, reading, science, for college admission where these test scores have to be submitted.

Two main areas involved - Academics and athletics

This fraud has two main areas: Academics and athletics, and more that 9 coaches and 33 parents were charged alleged to be involved in the scam. No charges were laid against any of the students, as often the students did not know what their parents were involved. So far the colleges were not blamed for the fraud as the colleges fired coaches and others involved in the scandal.

Fraud involved as high as \$6.5 million dollars

The parents had paid from \$15,000, \$50,000, hundreds of thousand, and goes in the millions as high as \$6.5 million to have this guaranteed that their children would be enrolled in disciplines such as medicine and in sports, taking away these enrollments form students that have worked very hard to get in.

Lori Loughlin from "When Calls The Heart" and the 'TV comedy series 'Full House'

Lori Loughlin from "When Calls The Heart" and the 'TV comedy series 'Full House' along with her husband are already facing charges for fraud and now also being charged for money laundering in the college admissions scam where prison sentencing can be up to 40 years. It's alleged that Loughlin and her husband have paid \$500,000 to guarantee their daughters enrollment in University of Southern California (USC) where one of the daughter to be a member of the crew team. Loughlin had made false claims that her daughter was a member of a crew team to help her with the admission. Her husband, Mossimo Giannulli, was released on a \$1 million bond. USC prevented students associated with this scandal from registering for courses.

... Continue on the next page

Felicity Huffman from the TV series Desperate Housewives

Felicity Huffman husband, actor William H. Macy, was not charged. Felicity Huffman will not be facing the money laundering charge since they had already pleaded guilty and made a plea barging.

CEO and former Canadian professional football player, David Sidoo

David Sidoo, a former and first Indo-Canadian to play professional Canadian Football from until 1988 for the B.C Lions and also the Saskatchewan Roughriders, and also the CEO of Advantage Lithium, is also accused of being a part of the U.S college fraud. According to public available reports, the charge alleges that back in 2011, the amount of \$100,000 was paid, which involves a person to fly from Tampa to Vancouver to complete the SAT exam for his older son. Sidoo's son was later enrolled in Chapman University, which is a private university in California. The charge alleges that in 2012, the amount of \$100,000 was also paid that also involves someone to take the SAT exam for his younger son, and in 2013 and 2014, the score was sent to a number of universities, where this son was accepted and was enrolled at the University of California-Berkeley.

David Sidoo is now also facing this new charge for money laundering because he did not take the plea bargain. He's scheduled to appear in court in June. Fourteen parents had pleaded guilty to the fraud on April 8, 2019.

A top executive Manuel Henriquez

Manuel Henriquez who was a 'top executive investment giant PIMCO until 2016' was arrested in New York City as the fraud came to life. He was released on \$500,000 bail. Many others were indicted in this fraud such as Executives, CEO's, coaches and other actors.

Victims of these scams robbed of their opportunities

Students that have worked very hard for an admission spot have been robbed of their opportunities to enroll in these colleges because their spots were taken by children of the wealthy, who can fork out hundreds of thousands and even millions to guarantee someone else's position was given to their children. Victims of this scam that have worked hard for admission may have missed out on lifetime opportunities and even had their lives ruined by such frauds.

Lawsuits brought against eight universities

According to reports students had filed a \$5 million class-action lawsuit against eight universities named in the scheme: USC, Stanford, UCLA, the University of San Diego, the University of Texas, Wake Forest, Georgetown and Yale. The University of Southern California has taken action by firing two employees and another employee was placed on leave. According to 'Federal prosecutors', the schools were victims of the scam and were not at fault, nor were the children at fault for crimes committed by their parents. But the fact is, the colleges are involved in these frauds through their employees.

Money from the rich speaks loud and clear - A glance at Jared Kushyner and his admission into college

In the book *The Price of Admission*, by Daniel Golden's, he detailed how Jared Kushner got into Harvard. According to the details Kushner's father, Charles Kushner, a very wealthy man was the connection that assisted his son in getting into Harvard using his wealth, as it's said by others Jared did not have the GPA, the SAT scores, but his father was wealthy and had the connections. We must wonder how many wealthy people are donating millions to some colleges and thus their children will be enrolled, robbing others that deserved those spots?

References on p. 87

FOOD ECONOMICS

CUTTING DOWN ON SPENDING? NEED TO SAVE?

When calculating cost, if for example only 1/2 tomato was used in the dish, then use half the cost in the calculation, divided by 4 or 6 if 4 or 6 people is being served, therefore your tomato cost may be 15 cent per person etc...

If for example you've purchased a pack of frozen vegetables for \$2, and only used a small amount, then your veg cost may be 10 cent etc...



THERE ARE ALWAYS SALES
SOME ITEMS SUCH AS SARDINES MAY EXPIRE IN TWO YEARS
CAN STACK UP FOR A FEW MONTHS
READ THE EXPIRATION DATES



Look for sales and stack up

Freeze items like fish for a few months

Disclaimer: Prices are subject to changes for any items or price mentioned

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A VARIETY OF HOME MADE DISHES

WITH APPROX. COST PER MEAL

Add tea, coffee, pop or other drinks (not included in price below) Prep time for most is half hour or less of your time

Approx. \$2 Fried or Bake tilapia fish



On sale - two tilapia already scaled was bought at approx.. \$3.50 to 4:50; regular price around \$9 to 12. Add some lettuce, lemon on top and you have a tasty home made meal for approx. \$2. Cook time approx. 20

Approx. \$1 Masala channa



Chick peas on sale approx. \$1.00 Serves 2 to 4 Prep time 10 mins Cook time 25 minutes Add a bun or croissant

Under \$2 Bora (yard-long-beans)



A bunch of yard long beans is approx. \$5.
Serves 4 to 5
Prep time 10 mins
Cook time 25 minutes
Served with pita bread. Can also serve with rice or roti.

Approx. \$5
Pasta



See recipe by Brooklyn. A similar pasta can be purchased cheaper when on sale where your home made price per meal can be around \$2 to \$3.

Approx. \$1
Croissant sandwich with cheese and lettuce



A pack of about 12 croissant can purchased for approx.. \$3.50 or for less when on sale; regular price is around \$5.

Approx. \$2 Chicken chowmein



A pack of chowmein is around \$2 or less. Add some chicken or shrimp or go vegetarian.

SOME OF THESE RECIPES ARE ON THE FOLLOWING PAGES

TASTES & CUISINES





BOIL VINEGAR

- To remove curry scents
- Boil vinegar in a pot to remove calcium built up in pot

BROOKLYN'S KITCHEN



An easy farmer's market dinner

Pasta and pesto purchased from the Pasta Delight booth at the Strathcona Farmer's Market (Edmonton AB, Canada) with chopped tomatoes, topped with parmesan cheese.

Time to cook: 20 minutes

Serves: 4 to 6

Home made cost is approx. \$5 to \$6 per person

If purchase pasta when on sale, your home made cost can be much less such as \$3 per person. Eating out, a meal like this can easily cost \$12 and more.

Brooklyn's cooking style

Using 2 packages of pasta

Use 1/3 of a pack of Pesto mix

Boil pasta in a pot for approx. 10 minutes

Drain and mix with pesto and tomatoes, top with grated Parmesan

Can add cheese, tomatoes and or other veggies

Salt is optional

ASHAR'S KITCHEN



CHICKEN CHOWMEIN

Cooking time: 25 minutes

Serves 5 to 6

Home made cost per person is \$2







Back of package



Close up

Ashar's cooking style

Use 2 packs of noodle; serves approx. 6
Boil noodles for approx. 20 minutes
Fry meat with veggies in pan with 1 tbl spoon oil
Add boiled chowmein to pan and mix together

Salt is optional

Can make beef or shrimp chowmein similar

NEISHA'S KITCHEN



Fried tilapia fish meal Channa masala meal

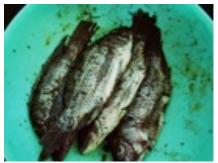
RECIPE ON FOLLOWING PAGES

Neisha's Kitchen - Fried Fish



When on sale - two tilapia already scaled is approx. \$3:50 to 4:50, or more. Regular price is around \$9 to 12. Add some lettuce, lemon on top and you have a tasty home made meal for approx. \$2

Time to cook: approx. 20 to 30 mins Fish can also be baked in oven for approx. 30 mins



Season fish



Flour and spices



Add flour to fish to avoid sticking to pan when frying



Add oil to pan



Frying



Place cover to stop oil from splashing around



Frying, turn over and fry



Frying - complete

Neisha's Kitchen - Channa Masala



One can of chick peas on sale is approx. \$1.00 Serves 2 to 4 Prep time 10 mins; Cook time 25 minutes 1 can chick peas (strain and remove liquid and wash) 5 cloves garlic and 1/4 onion Turn stove near hi

Home made cost per person with a bun or croissant is approx. \$1 or less.





Make curry paste
Add 3 tbl spoon oil to pot
Add 2 tbl spoon powder to pot
Add spice and stir
Add /4 cup water
Add chick peas and stir



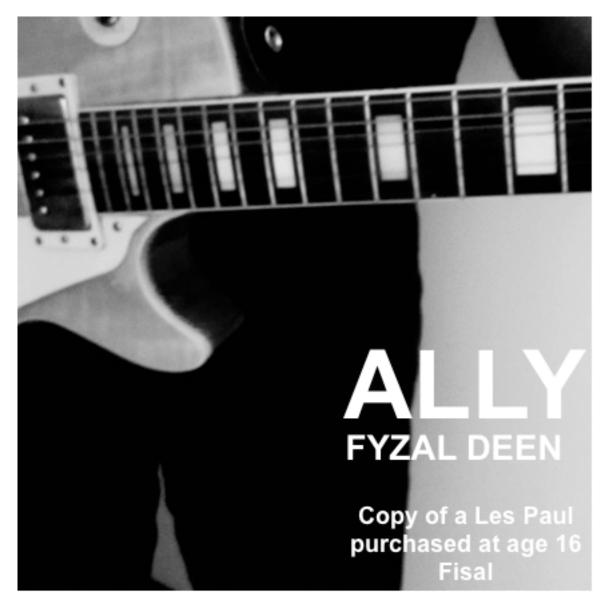


Cover and let it boil
After 10 minutes add another 1/4 cup
water and stir
Salt if required (e.g 1/4 teaspoon) else
leave out
Continue cooking
Cover and cook on Hi for approx. 15
minutes so the liquid dries down









BENDING STRINGS SERIES

SEE PAGE 64

SPRING FESTIVALS & CELEBRATONS



Holi - Festival of Colors
Rio Carnival
Trinidad and Tobago Carnival
Chinese New Year
Passover (Jewish celebration)
Easter
Ramadan, Eid

2019 CELEBRATIONS

SPRING FESTIVALS / CARNIVALS by Don Silva

THE BIGGEST CELEBRATIONS

The biggest carnivals in Rio, and in Trinidad and Tobago had taken place earlier this year and ended around Ash Wednesday, followed by Lent. Chinese New Year had also taken place. These are just the beginning of the celebrations for 2019. Religious celebrations such as Passover, Easter is coming up, followed by Ramadan with Eid.

PARTY TILL ... YOU FEEL ALRIGHT

And then the party continues till the sun comes up, with Carabana that takes place in Toronto on the August long weekend, to be followed by Carifest in Calgary and Cariwest in Edmonton. Some of the events for 2019 are listed below

NOTE: Most of the photos below are not from the events, but are used for illustration.

Black History - Month of February



Many events during the months of February

(This is one event out of many)
Black Opera: Uncovering Music History Sat, Feb 16, 2019, 11am
Bram & Bluma Appel Salon, Toronto, Ontario

https://www.eventbrite.ca/d/canada--toronto/black-history/

Bermuda carnival - June 13 - June 18, 2029

Broadway Spring Festival

Sun., May 5, 2019
30th Annual Broadway Spring Festival in heart of upper west side in New York.
Broadway, 86th-93rd Streets
New York, NY 10024

Caribana - (Toronto, Canada) - Thursday, August 1st - Sunday, August 4th 2019



Carnivals livening up the cities with Mas Bands, Street Parades, and Costumes Extravaganza (North America's largest street festival). Many contributing to an everlasting Canadian tradition and economy

Chinese New Year 2019 - Year of the pig - Feb 5, 2019



This year the Chinese New Year / Lunar New Year began on February 5 bringing in the Year of the Pig where the festivities had lasted until February 19. To kick of the celebration, people had cleaned their homes and made homemade dishes. There were fireworks to kick off the Year of the Pig. And during the celebrations there were many festivities.

Cariwest - (Edmonton, Alberta, Canada) - August 9-11



This event takes place through August 9-11, 2019 in downtown Edmonton. On Saturday is the parade 780.421.7800 / Cariwest@shaw.ca

Carifest - (Calgary, Alberta, Canada) Saturday, August 17, 2019



This annual festival parade takes place on Saturday, August 17 with colorful costumes and intoxicating music with bands in the streets and on floats. The parade commences at Olympic Plaza and ends up at Shaw Millennium Park to continue the celebration

Easter Sunday - Sunday, April 21, 2019



Many Christians fasts for forty days known as Lent, which begins on Ash Wednesday on March 6, excluding weekends, abstaining from certain things. Easter Sunday on Sunday, April 21.

Easter Kite Flying Competitions - Guyana, South America



Guyana is known for it's kite flying and kite competitions on Easter Sunday, Easter Monday, and the days leading up to Easter. There are many competitions taking place across the country. Guyanese have taken their kite flying tradition to many countries around the world.

Filipino Fiesta 2019 - 4th Annual Edmonton Filipino Fiesta. June 22-23 (Sat & Sun) Sat., Jun. 22, 11:00 a.m. – Sun., Jun. 23, 6:00 p.m.

Borden Park - 7507 Borden Park Rd NW, Edmonton, AB

www.EdmontonFilipinoFiesta.com

Featuring the best of Philippine culture! Two days of entertainment...

http://asian.ca/heritagemonth/event/filipino-fiesta-2019/

Organizer: Philippine Arts Council; Email: philippineartscouncil@gmail.com

https://www.facebook.com/philippineartscouncil/

Glow Festival 2019 - (Edmonton, Alberta, Canada)



Night parade; March 23, 7:30 pm - 11:00 pm

Cost: Free; Organizer: Quarters Arts;

Email: quartersarts@boylestreetcl.com / Website:

https://quartersarts.org/

Venue - Boyle Street Plaza, 9538 103A Avenue, Edmonton, AB,

Canada T5H 0J3

Guvana Vs. Trinidad Flag Fete

Fri., May 24, 10:00 p.m. – Sat., May 25, 4:00 a.m. EDT Mazi Nightclub - Best Nightclub & DJs - Queens NY 13035 91st Ave, Richmond Hill, NY, USA

https://www.evensi.us/amp/guyana-trinidad-flag-fete-mazi-nightclub/291165827

Holi (Festival of colors) - India, March 20, 2019 / Main day is March 21, 2019



Holi is known as the Festival of Colors, celebrating the arrival of spring in India. In places like Guyana, Holi is known as 'Phagwah.'

Guyana carnival - May 17 - 27, 2019



The Guyana 2019 carnival takes place from May 17-27 where groups from around the world will take part from Guyana, Trinidad, Barbados, New York, the United Kingdom and Canada.

Jamaica carnival - Thursday, April 25 - Sunday, April 28



PARTY TILL YOU FEEL ALL RIGHT

Jamaica is know for its reggae music, Bob Marley, Byron Lee and today an emerging carnival that was started by Byron Lee in 1990. Lots of streets parade and intoxicating music. Watch out Trinidad and Rio, this carnival is becoming hot!

La Fiesta Latina Spring Edition - Sat., Apr. 13, 7:00 p.m. - Sun., Apr. 14, 1:00 a.m. EDT 1263 Wilson Ave, North York, ON

Latin Fiesta Spring Festival (LFS Festival) edition in the City of Toronto, April 13th, 2019. There will be live music. Start at 7:00PM

Mashramani - (Guyana, South America) - Saturday, February 23, 2019



This festival is held on Guyana Republic day on February 23, which is a holiday. Mashramani is derived from the Arawak (Amerindian of Guyana) language and means "the celebration of a job well done". This festival began in 1970 and in 1971 was celebrated across Guyana and thus continues today.

Multicultural Gala & Spring Fair 2019

Sat., Apr. 6, 11:00 a.m. – 7:00 p.m. 9226 39 Ave NW, Edmonton, AB

9226 39 Ave NW, 9226 39 Avenue Northwest, Edmonton, Alberta T6E 5T9, Edmonton, Canada

New York International Music Festival 2019

New York International Music Festival at Carnegie Hall Tue., Apr. 16, 8:00 p.m. EDT Stern Auditorium / Perelman Stage 881 7th Ave, New York, NY, USA

NYC Vegetarian Food Festival 2019

Metropolitan Pavilion

125 W 18 Street, New York, NY 10011, United States

Sat., May 18, 11:00 a.m. – 6:00 p.m. EDT

The 9th Annual Event Includes Plant-Based Food and Products, Speakers, Chef Cooking Demos, Mind/Body/Fitness Classes, Kids' Activities & Much More.

https://www.eventbrite.com/e/nyc-vegetarian-food-festival-2019-tickets-53222503942/amp

Ramadan - Begins on May 5, 2019 and ends around June 4, 2019 (dates may vary) Eid ul Fitr – June 4; Eid ul Adha – August 11, 2019



Many Muslims worldwide fasts during the month of Ramadan for approximately 30 days. Many focus on prayers and reciting the complete Quran. In general, fasting takes place between sunrise and sunset, where there's no eating or drinking of liquids during that time.

Rio de Janeiro Carnival - Friday, March 1 to Saturday March 9, 2019



Rio is the world's biggest and most popular carnival in the world and sends vibrant waves around the globe, spreading carnival fever across the world. Intoxicating music such as the samba and exotic dancing, and floats takes over the streets.

This celebration continues until Ash Wednesday or just before, as Christians around the world will begin lent, fasting for forty days.

Rupunnuni Safari - (Guyana, South America) Tours through the year

Rupununi Rodeo - (Guyana) Easter long weekend



The Brazilian cowboys (vaqueros) and cowgirls enters Guyana for the annual Rupununi rodeo

http://exploreguyana.org/event/rupununi_rodeo/ April 19, 2019 - April 22, 2019



Trinidad and Tobago Carnival (In Port of Spain) - Mon March 4 - Tue, March 5, 2019



The Caribbean Island of Trinidad and Tobago have one of the world's most popular carnival where there's vibrant music and masqueraders swaying through the crowded streets, boasting great diversity with people of African, East Indians that began to arrive in 1845, Chinese, Portuguese, Syrians and many others celebrating. The parade commences the day before Ash Wednesday.

DRAGON TOURS

3 GUIANAS

Guyana, Suriname & French Guiana South America

Day 1: Arrival

Guyana, South America

Day 2: Kaieteur Falls Excursion and City Tour Day 3 & 4: Karanambu Ranch

Day 5: Transfer to Sloth Island Reserve

Day 6: Sloth Island/Mazaruni River

Day 7: Return to Georgetown

Day 8: Guyana/Suriname

Day 9: Paramaribo/French Guiana

Day 10: Boat Trip to Ile Du Salut

Day 11: Arianespace Centre

Day 12: Paramaribo City Tour and River Tour

Day 13: Joden Savanna & Maroon Village Tour

Day 14: Departure

https://www.dagron-tours.com/tours/south-america/3-

guianas/3-guianas.htm

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SPRING FESTIVALS

HOLI - March 20, 2019 / Main day is March 21, 2019





Festival of Colors, celebrating the arrival of spring in India

Holi is known as the Festival of Colors, celebrating the arrival of spring in India. People across the world celebrated in the streets tossing color powder known as gulal and spraying color liquid on each other. Many dressed in white, which soon turned into a rainbow of colors. Many also dresses in traditional attires. People of all backgrounds in places like New York, California and London also joined in the fun. In places like Guyana, Holi is known as 'Phagwah.'



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PASSOVER A JEWSIH SPRING FESTIVAL

by F. Ally

The Passover is known as Pesach in Hebrew and is a Spring Festival celebrated during the spring for 8 days and takes place from April 19 to April 27, 2019. In Israel this celebration is held for 7 days. During this celebration the Jewish people reminisce on the story of exodus, and consume unleaven bread known as matzah and bitter herbs.

The Passover celebrates the freedom from bondage of the Jewish people that were enslaved in Egypt for decades by the Egyptian pharaohs. Moses had warned the Pharoah to free the people but they refused, and thus the Pharoah faced with plagues. The last plague is where the firstborn Egyptians were being killed and the homes of the Jewish people were spared by being passed over, thus the name Passover.

On p.5634, Vol 15 of The International Everyman's Encyclopedia Rev 1967, 1970 states: "Passover is the first three great festivals ordained by the Pentateuchal codes. According to Exodus ii, it was instituted to commemorate the exodus from Egypt, in particular the 'passing over' of the houses of the Israelites by the angel of the Lord when the first born of the Egyptians were slain."

References on p. 87

EASTER CELEBRATION



Easter Sunday is 'the greatest of all Christian feasts, in commemoration of the resurrection of Christ' and falls on April 21, 2019 where Christian around the world will share their joy and participate in many celebrations.

Lent

Many Christians are fasting for forty days, where they abstain from certain foods and drinks. This is known as Lent. Lent began on Ash Wednesday on March 6, 2019 and completes on Holy Thursday on April 18, 2019. During Lent many gives up something such as chocolate, potato chips, junk food completely, alcohol, soda etc...Christians do not fast on the Sundays during Lent. Many from the Catholic sect fasts on Ash Wednesday and also on Good Friday.

Fixing the date for Easter Sunday

The date for Easter changes and falls between March 22 and April 25. Back in AD 325, The Council of Nicaea had established that once the 14th day of the moon takes place after the vernal equinox and or if the 14th day of the moon is on the equinox, then the following Sunday will be Easter. The establishment of the date for Easter was very important early in Christian history where other important dates for other Christian festival dates depended on.

Reference to the quote and the passages is from the The International Everyman's Encyclopedia Rev 1967, 1970. on p.2458.







Good Friday

The Friday before Easter Sunday is Good Friday, which commemorates the crucifixion and death of Christ. Millions of Christians will be attending church, in prayers and in reflections.

Christian Traditions

Like Christmas, throughout the centuries, different traditions surrounding Easter have been adopted. In Mesopotamia, followers used to paint their Easter eggs in red, to symbolize the blood shed during the crucifixion. Some uses eggs to symbolize Christ resurrection. The belief is the empty chocolate Easter eggs represent the empty tomb of Jesus after he rose from the dead. In other traditions followers rejoice with chocolate and hard-boiled colored Easter eggs. Some nations around the world are taken up with baking cakes, drumming and parades.

In many places across the world such as the Philippines and Guatemala, the crucifixion of Jesus Christ is reenact with people carrying the cross, and also the whipping to show the cruelty Jesus had faced.

Kite Flying

Although kite flying have been around for thousands of years, in Guyana, South America, Kite flying, which takes place during Easter for people of all faiths and is often a family event for people of all faiths, races and colors, some also says that the kite flying symbolize the rising of Christ.

References on p. 87

THE MONTH OF RAMADAN & EID CELEBRATION

Strive during your fast by F. Ally



Fasting is much more than abstaining eating and drinking

The author, Abu Hamid Al-Ghazali (Translated by Mashhad Al-Allaf) of the book, The Beginning of Guidance explains that fasting is much more than not eating and drinking and 'marital relations.' He states that Prophet Muhammad said, "How many indeed, are those who fast yet get nothing out of fasting save hunger and thirst."

Ramadan is the month of fasting for Muslims worldwide. During this months, millions of Muslims across the world will be fasting for a month where no solids and liquids are consumed from sunrise to sunset.

Strive during your fast

In the book, The Beginning of Guidance, on p.86 the authors explains three main importance in fasting:

- 1) "You must protect the eye from looking at things that are disliked (meaning while fasting).
- 2) You must protect "the tongue from uttering what does not concern you.
- 3) You must protect "the ear from listening to what Allah (The Almighty) the Magnificent, the Majestic has forbidden-for verily the listener is a participant with the speaker, and he counts as one of the two backbiters (the speaker being the other one.)

Five things that will break your fast

The author lists five things on p.86 that will end up breaking your fast: lying, backbiting, tale-hearing, the false oath, and looking with lust (*Daylami*).

Fasting is a shield

On p. 86, the author states: And the Prophet said, "Verily fasting is a shield, so if one of you is fasting, he should not engage in obscene talk nor behave foolishly. Then if a person is hostile towards him or insults him, he should say, 'I am fasting." (*Bukhari*)

Over eating have no benefits during your fast

On p.86, the author states: If you eat in the evening as much as you missed eating during the day the late afternoon, then there is no benefit in you fasting, and you have placed a burden on your stomach.

SPIRITUALITY IN ISLAM

Striving to perfect your character

The teachings and practice of Islam expands and purifies the heart, which leads to a very spiritual and enlightened way of life; like other faiths, this depends on the person's devotion to their practice. Like people of other faiths, Muslims *a person that submits to the Almighty (Allah)* practices to varying degree during the year, but during the months of Ramadan many puts aside many worldly pleasures, habits and things and spends time striving to improve their character and becoming closer to the Almighty through prayers, reflections and practicing good habits and good deeds.

It's important to note that Muslims pray to the same God that Jesus, Moses, Abraham etc...prayed to which is the Almighty creator of the universe that has no image nor can be seen.

During the month of Ramadan serious practitioners can transform their lives. Many strives to become more spiritual following in the footsteps of Prophet Muhammad who practiced the inner dimension of Islam and who was a very spiritual and enlightened person.



Father and son worshipping



Dates often used to break fast



Practitioners reflecting on the teachings of Islam

Focus is very important during prayers

During the month of Ramadan, many are engaged in prayers five or more times a day. Many will recite the complete Quran and spend lots of time in reflection. Focusing on Allah (The Almighty that has no image) is a must.

In the Quran God says 'Remember Me and I shall remember you.' This is done through prayers, worshiping, and the remembrance of God (dhikr). Dhikr (Zikr) is where a phrase is repeated over and over which is the same as meditating; a phrase such as 'subhanallah' (glory to God).

Worship him (The Almighty) as if you can see him, and if you can't see him, he can see you

The Almighty says, 'Remember Me and I shall remember you'

This is done through worshipping (prayers, dhikr, reflections)

In the article 'The Spiritual Side of Islam' published in the Diverse City Magazine May 2018 Edition, the author looks at the spiritual side of Islam where he makes many references from the book, **The Book of Assistance by** Imaam Abdallah Ibn 'Alawi Al-Haddad. On p.47 the book states that 'Inward cleanliness' and the purification of the soul from 'pride, envy, love of the world is important. On p.47, the book states 'you must reflect and comprehend while you recite; slow melodious recitation will assist you...' And on p.33 it states, 'This kind of reflection results in losing all desires of the world...' This goes hand in hand with what men like the Buddha talks about losing worldly desires. Thus Islam may sound strange to people that does not know anything about Islam and the teachings of Prophet Muhammad, but when one begins to comprehend the teachings of Islam (submission to the Almighty), one begins to see that to become spiritual and to become enlightened, it's very important to detach ourselves from worldly desires. This does not happen by magic. It takes a lot of practice, and in this case prayers, which includes zikr, leads a person towards that path, depending on a person's devotion. However, Muslims often follow the Middle Path.

The Middle Path and living a balanced life

Often in Islam, the Middle Path is spoken about. The Middle path is about having a balanced life, and not living a life all the way to the left or all the way to the right, but in the middle. For example, some lives a life of only fulfilling desires, and some lives a life like a monk where they do not experience the world and have no desires such as the Buddha abandoning his family to live in the forest to meditate and to seek enlightenment. Islam is about the Middle path, and thus a Muslim must have a balanced life knowing that there are desires and temptations in this world and that a Muslim cannot abandon his or her family to live in the desert or forest to meditate all day, but to take responsibility for his/her family, yet a Muslim can become enlightened through the practice of Islam such as prayers, zikr, caring for his/her family, society and still becoming very spiritual and an enlightened person. In Islam it's recommend that the followers engage in prayer sessions five or more times a day. Muslims practice to varying degrees and some are very enlightened as compared to others. Some prays once or twice a day, many prays five times a day, then there are some that prays once a year. Some never prays, but still call themselves a Muslim. Islam brings guidance for followers to develop a balanced life instead of living in a forest alone or only seeking pleasures. Islam is about living the Middle Path, taking care of your family, taking accountability for all your actions, and caring for the elderly and living a good life in society.

References on p.87

KITE FLYING AT EASTER, A GUYANA INVENTION WITH A GLANCE OF CHINESE AND SYRIAN/LEBANESE KITE FLYING

According to the president of Guyana, President Granger, in 2017 he stated: We have distributed over 2,000 kites and I pointed out to [the children] that flying kites at Easter time is a particularly 'Guyanese' invention, I would call it, because in some of the other islands, only Guyanese fly kites at Easter.' He also stated that in some of the islands he had visited it was always the Guyanese flying kites at Easter.

None of the surrounding countries in South America and the Caribbean that are mainly Christian countries fly kites at Easter. Even though Guyana is not a Christian country in South America but is made up of many faiths such as Christianity, Hinduism, Islam and others, people of all faiths unites across the entire country to fly kites on Easter Sunday, Easter Monday and the weeks leading up to Easter.

Kite flying in China

China is known for its kite flying for thousands of years now. They also fly kites in the spring. This year in 2019, the Chinese Kite Festival in China takes place for four days on April 13, 15, and 16. Note that these dates falls in the period of when Easter takes place.

The Chinese indentured laborers in Guyana flying their kites in Guyana

It is said that the Chinese indentured laborers that entered Guyana starting in 1853 had introduced kite flying to the country, as China has a long history in kite flying. It was spring, around Easter and the Chinese indentured laborers in Guyana were flying their kites. When their bosses asked why they were flying kites and or not working, they said that kite flying represents the rising of Jesus Christ. Brilliant message to make sure that they can continue their Chinese tradition in the Americas. It just happens that their spring kite flying festival in China coincides with the time around Easter. Thus in reality kite flying on Easter in Guyana really has nothing to do with the rising of Christ, since people of all faiths and races are celebrating this Chinese kite festival in Guyana, but regardless it is a good message for Christians and for all to unite as one, like Guyanese have done with cuisines and music. Politics is a different song and dance that can easily keep the people divided.



Guyanese Caddy old punch with a Canadian flag

Some of the kites in Syria and Lebanon are very similar to the 'singing engine'

Last year I was doing some research on kite flying around the world and what I found that it was only Guyanese that fly kites on Easter, but what I also found that it was only in Lebanon and Syria had similar kites to the Guyanese 'singing engine' kites. The ones I saw in Lebanon and Syria had a frame almost identical to the 'singing engine' but it did not have the nose which the 'signing engine' has where there's a narrow paper under the nose that spins in the wind and sings, thus the name 'singing engine'.

The Syrian/Lebanese in Guyana working as merchants - a look at their kites

Not only did Guyana have laborers from Africa, Portugal, India, China, Malta and other places in Europe, but the Syrians also went to work in Guyana starting back around the 1880s, but they did not work in the sugarcane fields - they were merchants that had stores and went door to door selling items such as cloths and threads. In those days the country, Lebanon, did not exist, but that area was a part of Syria (Sham). Also according to history most of the Syrians that left that area for the Americas in the late 1800s actually came out of the area known today as Lebanon, thus leaving Syria from ports such as the Port of Beirut. My question is, did they by any chance bring some of their kites from Syria / Lebanon to Guyana or started to make kites in Guyana, or joined in with the Guyana kite flying and also built their kites in Guyana?

Did the 'Singing Engine' kites in Guyana originate from Syria / Lebanon

While I was doing my research on kites, I was surprise to see a similar kite from only Syria / Lebanon that's similar to the popular 'singing engine' in Guyana. The kite in Syria / Lebanon is more or less the same as the 'singing engine' but without the nose. I find this to be very interesting and I will do more research on the kites as I would like to find out if the 'singing engine' had actually originated from Syrian / Lebanese that began to enter Guyana in the 1800s. Could it have been that the kite from Syria / Lebanon was modified in Guyana. I have no doubt when the Syrian/Lebanese hear about this that they will modified their kites to emulate the Guyanese 'Singing Engine'

Edmonton's 1st Annual Easter Kite Festival

In 2018, about a month before Easter, I started to build my kites to coincide with the Guyanese Easter kite flying spring festival, and Arooka, another writer joined me and he also built some kites. Our Easter Kite Festival was on. It was small but and we were busy making kites. Arooka modified the name to 'Edmonton's 1st Annual Easter Kite Festival', which is a good name, and I also called the festival 'Canada's 1st Annual Easter Kite Festival' as I am hoping that others from places like Toronto would join in. It would be very difficult to keep up with what's taking place in Guyana, but we are keeping up our Guyanese Easter kite flying spirit and sharing with others, along with our cuisines and spreading the message about tourism in Guyana. We built kites and did some seminars and demonstrated our kite making in the 2018 Diverse City Magazines.

My 'singing engine' kite designed with a Guyana flag



I have never seen a 'signing engine' designed with the Guyana flag and I designed one with the Guyana flag and another one with sort of a Canadian flag. Arooka built a plane kite and some other kites. The kites were all posted in the Diverse City Magazine last year.

I was hoping that by the following year (this year 2019) that others will pick up on this design, as the Diverse City Magazine also goes to lots of Guyanese and people in Guyana other places around the world. On the Internet, I did come across a 'singing engine' in Guyana with the flag design this year 2019.

Some kites built in 2018 for our Easter Kite Flying Festival







Box kite

Arooka's plane kite

singing engine kite



Alberta Friends of Guyana Association in the past kept up the kite flying tradition

In the past, members from Alberta Friends of Guyana Association have done what they could to keep the Guyanese kite tradition going, but the weather was always a challenge, and often the kites were flown in the summer

Traditional kite by Arooka

Our 2nd Annual Easter Kite Festival

Our Easter Spring Kite Festival can never compare to the Guyana Easter Spring Kite Festival, but we will press on by making some kites for 2019 to continue this Guyanese. Anyone can be a part of this festival by making a kite to coincide with the Guyana Easter Kite festival, and because weather is a factor over here, we can build our kites to coincide with the Guyana Kite Festival and Easter, and will fly our kites when the weather permits or we will organize some dates for kite flying.

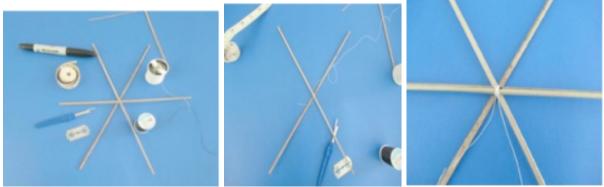
We will continue to press on and make connections across Canada, America and other places to continue this tradition showing our diverse world culture and contributing to world cultures.

Our kite building is be similar to 2018

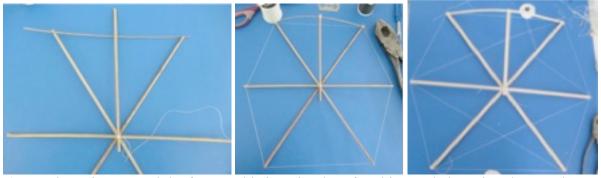
Some light wood and other material were already purchased.

Steps in making a kite frame (This is an excerpt from the 2018 Diverse City Magazine, Feb/March 2018 Edition

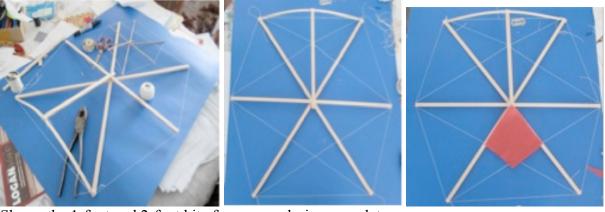
Some steps in building a 1-foot singing engine and a 2 foot singing engine kite



- 1) This is a simple 1-foot kite made by using the wood from a broom.
- 2) Make an X with two of the 1- foot stick. Then add the middle stick which is about 10 inches long.
- 3) Use a string, tie the middle together.
- Shows a 2-foot kite frame. A design is made using the string.
- The next step is to add kite paper, ears, frills and a tail.
- 4) Make a nose as demonstrated. Later, under the nose, a strip of paper will be placed that spins and makes a buzzing sound, thus the name Singing Engine



5) Run the string around the frame. This is a simple 1-foot kite made by using the wood



Shows the 1-foot and 2-foot kite frames..... design complete

2019 MUSIC SERIES-BENDING STRINGS

LOOKING BACK AT SOME RECORDING SESSIONS FROM 1996 BY F. ALLY AT BETA RECORER STUDIO IN EDMONTON, ALBERTA, CANADA



BENDING STRINGS

Fisal Ally, known as 'Brian' amongst relatives with his copy of a Les Paul purchased at age 16

Before this guitar, Ally wanted an electric guitar and his parents purchased him and his brother smaller size electric guitars and amplifiers and they used to play the guitars by ear and make up tunes. Ally got his first guitar at age 12 while living in Toronto, which used to be owned by Tony Reis, a fellow Guyanese; Tony also gave Ally his first couple guitar lessons at age 12. Around age 13, Ally was taken up with drawing and also wrote his first real songs and never stopped writing songs and literature and still draws. At age 15, Ally dropped over at a friend's place and his friend gave him a short guitar lesson and from then Ally never put down the guitar, although he was always busy with work and school, having written over 100 songs and many books, such as the Cottonfield Kids series and the Trilogy of Savitri's Garden.

THE 1996 RECORDINGS

THE SESSIONS

Back in 1996, while working as a Computer Programmer, I had put away some money to enter a professional recording studio, as I have always recorded at home with low end rental equipment, most of the time having to rush and also played all the instruments such as lead guitar, rhythm guitar, bass guitar, keyboards, harmonica and using a drum machine to come up with the drumming. I was about to embark on my first professional recording sessions in one of the best professional studios, after many years of recording on my own at home.

A NEW EXPERIENCE

I was about to begin a new journey recording my original songs as I drove down the back alley, a short drive from downtown Edmonton and parked. I got out my car and entered Beta Recorders and met the owner / producer / guitarist, Gary Koliger. We walked down the back ally about a block away to a nearby café for coffee, and as we talked we discussed my project. It was a nice experience sitting in a café with an amazing guitarist and producer and simply discussing my project.

BETA RECORDERS STUDIO

This was one of the more expensive studios. I do not remember the cost, but at the time I believe the price was around \$85/hr, but I believed I had paid \$65/hr. The studio studio equipment was top of the line. An expensive tape machine was used, and is probably still in use today because of the sound it produced. I believe I used a 2-inch tape, and thus a very expensive machine. I was in one of the best recording studios in Edmonton. I recall that this studio having two or more recording rooms. I sat in Gary's office and we went over the songs I wanted to record and cost for studio time, session players and for Gary to produce a song.

THE PROFESSIONALS

I was ready to record with and learn from the professionals that are some of the best musicians in Edmonton. From my experience, Gary is not only an amazing producer and guitar player, but he is very professional in business and understood people very well.



A recent home picture with Ally's copy of a Les Paul

THE DEMOS

My songs are always written from beginning to end with lyrics, verses, chorus, bridge, and chord progressions. I have to say that I have always been good at writing compete songs, whereas others would write a verse and couldn't come up with a chorus. Since I was 18 years old, I was writing many complete songs and I still have those songs, although I would just mention the song 'My Home' written when I was eighteen or before. Before entering Beta Recorders, I had already written and recorded all of these songs in my home studio at the time called BACKALLY. I had already put in lots of time, so when I enter a studio, there were really not many changes. I came to this studio to learn, and to have a more professional production.

BEFORE THE SESSIONS A REVIEW OF MY NEW DEMO

Gary and I sat in his office and we went over my demo. He would listen to my songs to know the kind of flavor I was looking for. For example when he heard the song Lisa, he said "very Buddy Hollyish." Those were nice positive words to hear. For him to even mention the name 'Buddy Holly' made me felt good about my songs, although I never thought of trying to sound or write a song like Buddy Holly's. Gary had a tape machine and a drum machine set up in his office. He then create a drum beat manually and loop it for a few minutes and then we create another demo of the songs.

Gary was an amazing coach. He gave me some good advice and tips. He told me to go over certain things over and over and over in my head and to know exactly what I wanted to play. It was good advice coming from a person that I still today consider to be one of the best, and the best guitarist and producer that I have ever met. I then went away for about a week or two and then returned on a set date to commence my first professional recording sessions with amazing and most likely some of the best session players in Edmonton.



THE RECORDING SESSIONS - THIS IS WHERE EXPERIENCE COUNTS

I have no doubt that I was amongst the best. The drummer Tim Lent, the bass player, Gary playing guitar, and I also played guitar, and Gary produced the songs.



Just before we were ready to record, Gary played my new demo, which I had done at home for the song SoCrazy4u where I had played all of the instruments and used a drum machine, including the bass and lead guitar. He then told the players that I did all of that and that they must give this song something. I just didn't know what else they could have given this song, especially since I had also created and played the bass line. What else can the bass player do, I wondered.

RECORDING THE SONG 'SoCrazy4u'

This is where experience comes in. The session began and the bass player played a similar bass line in some ways, but did he ever beef it up, adding great techniques to the bass that I was amazed at his playing. I had played with other drummers that were very good, but Lent was no doubt one of the best, if not the best. Gary added an amazing lead guitar. I was amazed at how quick Gary could have come up with a lead, when it took me a long time to come up with my lead pieces for the song. This goes to show how years of experience can make a great difference to a production. The song is identical to what I had written, but the production had changed with amazing drumming, bass, rhythm etc... And this is what goes on in professional studios when the best players come in to play on a song. Gary knew I was working and that I can only come in at certain times and also at times I didn't have the funds, and he would set up times to work around issues - this is also what is so good about Gary. He made things happen.

It was great working with the engineer, Jerry, who worked with me on the vocals. I was not a singer, but it's fun to sing and gain some experience. As I sang, Jerry would go over the lines and phrase etc...I had spent some extra time in the studio after work, where I played a new lead guitar on SoCrazy4u similar to what I had originally created, where I had played a short lead line the same after a certain amount of bars, and to me that lead is important for this song, and thus I have different versions of the song. And most of my songs have different versions, but the song is still always the same from when I wrote them.

GARY PLAYED LEAD GUITAR

Gary played lead for SoCrazy4u and Lisa, and on 2 Can Play (We Party Till We Feel Alright) I played the guitar riff and lead guitar.

RECORDING THE SONG 'TWO CAN PLAY (WE PARTY TILL WE FEEL ALRIGHT)

As I've previously stated, I have always had a problem with the name of this song "We Party Till We feel Alright. Often it's shortened to 'Party Till We Feel Alright' or just Part Till. Party till what? Party till you feel all right or Party till the sun comes up. This song is a new version of the original song '2 CAN PLAY.' Both versions are still used. By using the words "We Party" and "I" it sounds as if I'm writing this song about myself, but I was writing about people that party till the sun comes up. This song has nothing to do with my life style, as I'm more of a spiritual person and not a partying type of person. Often I just say or sometimes write down 'Party Till They Feel Alright'. A friend of mine from work, Elias, came in and played tabla on one version.

PARTY TILL THE SUN COMES UP
IS NOT FOR EVERYONE
NOR IS PARTY TILL YOU FEEL ALRIGHT
FOR ME IT WAS JUST ANOTHER SONG ABOUT PEOPLE'S LIFE

I later recorded this song in Big Records Studio with the owner Dennis Sheehan, and I had asked Tim Lent to come in and played drums. In this new version there were no tabla, and the end was long where I played the rhythm guitar, the riff guitar, and a lead similar to the original lead from Two Can Play, all playing in harmony at the same time. Tracks were also later recorded in Power Sound.

RECORDING THE SONG 'LISA'

Lisa is a very simple song, an offshoot from song True Love. The name of the song, Lisa, came from a phone call I had received a few times with someone asking for Lisa. Even though I told the person there was nobody here by the name of Lisa, I received more phone calls asking for Lisa. Gary played an amazing lead on this song. A few years before recording this song in Beta Studio, a friend name Wade had dropped over with one of his friend who was Portuguese and played bass. I don't remember his name but he had played an amazing bass line for my intro of the song which had the same chord progress used in the middle of my song, True Love, where I sang the lines 'It's like magic in the air, Just like magic in the air. Around 2010 when I was recording my songs like 'Story of my life', and 'Nobody wanna say goodbye' in my home recording studio, I did another version of Lisa, more or less the same, but made a minor change.

MET SOME OTHER MUSICIANS AT BETA

During another session, while I was at Beta Studio, I was waiting in a sitting area and there was a group of about six teenagers, probably around age eighteen, hanging out. Back in those days, meeting musicians was great; I cannot say the same for today with the rise of islamophobia and racism in Edmonton, Alberta, Canada, and other places around this world; this kind of racism today coming from people and even in the music world does not only destroy the societies in the city we live in, but it kills real art. Back then around 1996, we were all there because of the love for our art. They were all Caucasian teenagers and each one of them had greeted me and shook my hands, and we exchanged a few nice words, a short conversation, and wished each other the best, and then headed back into the studio to continue our projects.

MY INDEPENDENT PRODUCTIONS WITH THE PROFESSIONALS

It was great working with Gary because he understood his business very well and how to work with others, and he had no problems with me working on new leads for a song, where one version was played by him and I played another version. All of my songs have different versions. Sometimes I slow down or speed up a song or add different instruments. Some songs have a short and long version, but the songs are still the same.

If I had told Gary that I wanted a reggae tune or a heavier tune, he could have made it happen, and this is what producing a song is all about, and knowing which players to bring in for different sessions. All songs can be produced differently depending on what a person wants, even if the song is still the same.



Ally's copy of a Les Paul guitar purchased at age 16

I do not remember if I paid for the guitar or if my parents did, as at that time I was already working after school. I still have this guitar and plan to change the pickups.

IN THOSE DAYS I OFTEN USED TAPES FOR MY PROJECTS AND ALSO DIFFERENT NAMES FOR MYSELF

BACKING TRACKS - SOME TAPES FROM RED STRIPE, POWERSOUND, ALBERTA MUSIC SHOWN BELOW

As part of my recording sessions in the studios, I always had some of the basic tracks mixed down on tape with just drums and a few instruments, so I can play lead and sing over the tracks, more or less what's called karaoke. These backing tracks are all on tapes are used over the years and are still used. In those days, tape or burning the tracks to CD was the only options. There may have been other options but the digital age we see today did not exist back then. For me tape worked.

Below are some of the backing track tapes:



Backing Tracks downloaded at Red Stripe in Vancouver which are still in use for playing and singing.



Backing Tracks recorded at Power Sound in 1999 in Edmonton for many songs and are still in use for playing and singing.



Backing Tracks recorded at Alberta Sound Eng. Studio back in 1999 in Edmonton. The owner of the studio, Cameron Guse used a drum machine to put down the drum tracks while I was in the studio assisting with the drum tracks. Some of the songs were A Kiss Goodnight, Sometimes and others...



Backing Tracks recorded at Power Sound in in 1999 in Edmonton for many songs and are still in use for playing and singing.

NEW ZEALAND 2019 MASSACRE

by Fisal Ally

Small children, women, elderly and men were gunned down when an immigrant from Australia opened fire at them in two Masjids in Christchurch, New Zealand. The terrorist suspect, Brenton Tarrant, is a 28-year-old 'white' supremacist from Australia that lives in New Zealand. He is a part of a small minority group that claims immigrants are replacing the white population. Many immigrants to Australia, New Zealand and other places are also 'whites' thus he obviously does not have a problem with 'white' immigration which indicates that he does not see himself as an immigrant in New Zealand even though he is an immigrant, but only sees others as immigrants if their skin color, race and their faiths are different from his. It's also important to remember that the original people of Australia and New Zealand are people of colors with different faiths.

The terrorist didn't care if he massacred his own race

In this terrorist attack that killed fifty, a 'white' lady who is a Muslim convert from New Zealand was also killed, and a 'white' British man who is also a convert to Islam was also worshipping during the terrorist attack but escaped from this massacre alive.

Many countries are built on waves of immigration

It's well known that countries in the Americas and places like Australia and New Zealand are built on many waves of immigration of many ethnicities. Booming economies always need laborers and thus immigration. The Chinese have been in Canada since the 1800s. Thousands of Syrians arrived in America since the 1880s, which continued throughout the 1900s. Many Italians who are Europeans also arrived in the 1950s and were discriminated and called a derogatory made up name, although that same label could have been used for many, but many were already given other derogatory labels in Canada, England etc...Many Ukrainians arrived in Canada in the 1950s and that's not long before many East Indians, Arabs and others arrived.

Over the decades, racism and hate from this small group of people is just never ending and they spread their hate from one group to the next, depending on what suits their agenda to keep fueling hate and racism - this sure sounds like a political agenda to keep people divided.

Children are always in the Masjids and terrorists and fanatics are aware of this

In all Masjids worldwide, everyone including the suspect knows that there are always children inside, even two year olds can be inside with a parent, along with women, and the elderly, and men, in prayers worshipping God. If people in any Masjid are being targeted, this also means that children are also targets for these terrorists. What a shame, disgrace and crimes upon humanity by such haters. When people's minds are sick and are filled with diseases this is what they do. They have lost sight of reality.

An immigrant that massacred 50 innocent people claims that Muslims are invaders

The terrorist had planned to attack the Al Huda mosque in Dunedin, but instead attacked two Masjids in Christchurch claiming there were 'far more invaders' at these Masjids; in other words more people to slaughter, even his own race.

Islamophobia continues to spread - Hate is out of control

Tarrant sees Muslims who have lived in New Zealand for 40 years and who were born in New Zealand that were in prayers and worshipping God as invaders and does not belong in New Zealand even if they were born there and even if they were 'whites'. How did he arrive at this view? How is it that Muslims are invaders when they arrived in many countries in the Americas, in Australia, New Zealand and in Europe in the same way others did, and that's to work and contribute and build these societies like others. How did Muslims invade these countries? Tens of thousands of Syrians arrived in America starting in the 1800s and their descendants live in America. How are they invaders when they have also been there longer than many Europeans and longer than Donald Trump mother and probably his father also?

Muslims are still a very small minority in many of these countries and they have democratic rights and freedom to practice their faith like anyone else and this is one reason many came to these countries. They were told that they have religious freedom and now the females are being slapped in their faces for wearing headscarves. Many Europeans used to wear headscarves and many still do. Muslims are target of hate because Islam is the fastest growing faith in the west and the Masjids are filled with worshippers. Whose fault is that? Who is stopping the others from filling their churches and temples? Don't take it out on Muslims because many Muslims chose to be dedicated to worshipping and others chose not to.

Corruption and bad politics

Many countries in the New World have lots of Muslims and there were no issues with Muslims before. A few decades before Tarrant was born racism were geared towards people of East Indians / Pakistanis, Arabs, Chinese, Vietnamese, Blacks and others, regardless of their faith. In those days racism was not geared towards a person's faith such as Islam but was geared towards visible minorities in general. For example, the names 'Muslims' and 'Islam' were not targets, but Arabs and East Indians were targets regardless of their faiths.

On integration

Many in the West are claiming that Muslims are not integrating into society, but that's far from the truth. If Muslims are not integrating then this means that Sikhs, Hindus, Jews, Europeans such as the Hutterites and many others are not integrating. What does integration mean? Most Muslims I know of dresses in western fashion. Every Muslim I know of have integrated into their societies and are contributing to society by working, getting along, helping others in their societies, attending schools and universities, are involved in sports, are involved in charity, becoming lawyers, engineers and doctors, and mixing with people in the societies they live in. If that's not integration I do not know what is. Integrating does not mean going to the bars, getting drunk, going to strip clubs, giving up your faiths etc... Many Mormons do not drink and they have their own organizations, does that mean that they have not integrated in society? People have their freedom and rights to practice their faiths and to dress accordingly in their attires when practicing their faiths, such as wearing scarves etc... and this is one of the main reason people applied to come to places like Canada and America when immigration began and that was because of religious freedom.

At the world's largest heritage festival in Edmonton, Alberta, Canada many Europeans and others dress in traditional outfits and bring their traditional dishes and traditional music to life. That does not mean that because these people are a part of these cultural festivals that they have not integrated in societies.

European females in Canada are always in headscarves and long dresses and that's okay, but it's not okay for Muslims?

The Hutterite females are always in their headscarves and long dresses in public and this is their everyday life, and they continue their European customs and traditions. Some can also be mistaken for Muslims from the way they dress. It's okay for Europeans to dress that way in Canada, but it's not okay for Muslims. What double standards we're living with and these double standards have to be stopped by these haters and fanatics, especially the ones in politics that's there to fuel hate and division. Many Jewish men have headwear and even gowns and are seen in the streets and in the malls. Buddhist men are walking in the malls in their attires. Nuns are in their headscarves and gowns.

Two Dutch Politicians that were against Islam became Muslims when they learned the truth about Islam

Two Dutch politicians that had negative views of Islam became Muslims after they began to look into Islam. What they found was the complete opposite from the hate the media had spread about Islam and Muslims. These two Dutch politicians eradicated their hate for others. They lifted the veil from their eyes and saw the truth, freeing themselves from that hate.

New laws, gun control, spying on citizens, and global policing

This terrorist did exactly what would cause the government of New Zealand to band guns. In the U.S and other places gun control is high on the government plans. More attacks on Muslims or anybody will certain enforce these bans by the governments around the world and there will be very strict gun laws and also guns have to be turned in and or taken away from gun owners.

Reference: New Zealand mosque attacks: Boy, three, believed to be among the 49 killed in terror attack as list of names grows by Asher Mcshane, James Morris; Evening Standard March 16, 2019

https://ca.news.yahoo.com/zealand-mosque-attacks-girl-four-084600427.html
The write up was modified and is a subset of blogs written by F. Ally on March 16, 2019 posted on www.allymedia.ca

HEALTH - MEDITATION

Sit, Relax and Meditate



Steps for rejuvenation by F. Ally

This article is taken from a previous edition of the Diverse City Magazine and was modified for this edition.

Letting go of these thoughts are important

But how do we let go? Some of us do it automatically through prayers and other methods. Learning to let go and let the silence buried from within us to surface can be accomplished through meditation. I had undergone this change many years ago, when I had taken a full three-day seminar from Dr. Deepak Chopra and his team.

Some of the benefits from meditating regularly are:

1) Relieving stress and anxiousness 2) Allows us to let go and wind down 3) Achieving stillness and silencing of the mind 4) Lowering blood pressure 5) Stop judging and blaming

Below is a technique I use in my meditation

I will refer to the mantra as a phrase. Here are four phrases; there are many which you will find on the Internet.

1) Om shanti shanti (Mantra in Sanskrit)2) Om Namah Shivaya (Mantra in Sanskrit)3) Maranatha (phrase used in Christian meditation)4) Subhannalah (phrase used in Islam during zikr and prayers. Zikr is similar to meditation or some say it is a meditation, which is a part of the prayer)

Meditation steps

Sit comfortably with palms on lap. Close your eyes for a few minutes? What happens? All kinds of thoughts kept coming and going? Of course.

Close your eyes, sit and relax and begin saying your phrase over and over for a few minutes. Focus more on the phrase. By saying the phrase over and over, this phrase should replace the stories and blaming that goes on in your head. You now have a simple phrase now swirling through your head instead of rambling thoughts or blame? As a beginner, your thoughts and rambling stories will surface over and over. When this happens, the goal is to catch yourself and start repeating and focus on the phrase saying it over and over. Buried thoughts, hurts and anger will surface. Let them surface, deal with them and let them go, and then start repeating your phrase over and over.

As you repeat your phrase, slow it down. Now there will be gaps of silence in between the phrase. Continue to slow down the phrase and let the silence gaps between your phrase get bigger so you have more silence between your phrase. Let the phrase become slower and fade, and when the phrase fade remain in silence as long as you possibly can. The thoughts will come back. Repeat the process. Over time a person gets better at it. Trying doing this for 15 to 45 minutes every morning for a year and you will become a much calmer person.

The rejuvenating process beings with silence

When your mind is silent, this is when the rejuvenating begins. When your mind is silence, make a wish. For example, wish others peace and love or say a prayer and let the words radiate into the unseen.

For anyone interested in meditation, it's import to seek professional training. For professional training visit www.chopra.com (or go to another reputable website) and sign up for a meditation seminar, where the classes can be done online or in a group, and where you will receive the guidance and expertise of a trained and experienced practitioner so you benefit the most.

Disclaimer: In this article, the writer is sharing his experience with the readers. Before embarking on a meditation journey, it's important to seek professional advice in meditation, as there can be complications during your practice. These meditation steps are based on the writer's understanding of techniques the writer had learned in a three day Primordial Sound meditation course two decades ago by Dr. Deepak Chopra and his team many.

HISTORY

MAY 5, 1838 IS INDIAN ARRIVAL DAY TO THE AMERICAS IN BRITISH GUIANA

The planters in British Guiana (Guyana) in South America were expecting the skilled agricultural laborers from the hills northwest of Kolkata, similar to the ones being sent to Mauritius to cultivate the land, known as the Dhangurs and were labeled as Hill Coolies or simply Coolies for short.

Below is a section of what Sheriff Whinfield of British Guiana had stated in his report addressed to Governor Light of British Guiana, dated March 29, 1840:

"I desire to avail myself of the present opportunity to set right the general misconceived opinion that these East India laborers are hill coolies. It is quite a mistake, for there is not a hill coolie in British Guiana; these people are chiefly from the following places: Agra, Allahabad, Benares, Dacca, Delhi, Ingormauth, Lucknow, Naypoor, Ptna." Sources for the quotes above: The Trilogy of Savitri's Garden, Book 1: India to the Americas by Fisal Ally, Chapter 22, p. 387 – Note: Chapter and page numbers will change depending on the formatting on the book)









Photos were licensed from www.depositphtos.com for illustration purposes only

Above the Sheriff made it clear that the laborers were not Hill coolies (coolie for short) meaning that the coolies did not go to British Guiana and that they were not the class of laborers that the planters were expecting to cultivate their planation in Guiana.

DIAGRAM - SHOWS WHERE THE FIRST GROUPS OF INDIANS CAME FROM THAT ARRIVED IN GUIANA IN 1838. It was January 1838 and two ships, the Whitby and Hesperus, left India from the Port of Kolkata with 437 Indians, heading towards Mauritius in the Indian Ocean and stopped at the Cape of Good Hope for refueling (loading water and provisions) at the southern tip of Africa for restocking, and then began its journey towards South America for British Guiana (Guyana).



There was a big famine in northern India and may were migrating and looking for work, so in stead of the Hill Coolies (coolie class of laborers), the recruiters grabbed people of all classes such as cooks, clerks, beggars, ex-sepoys and tricked them into boarding the ships, often telling them that they were going on a one day voyage up the river and then they would work for six months and then return home to their families. The Indians on the two ships were not from the coolie class, they were from many classes - they were Indians of various classes.

THE WORD, COOLIE, IS A MISNOMER AND IS USED INCORRECTLY IN GUYANA. IN CUBA THE CHINESE WERE CALLED COOLIES, BUT NOT IN GUYANA. LIKE RACISM TODAY, DEROGATORY NAMES ARE GIVEN TO KEEP THE PEOPLE DIVIDED. IT'S VERY IMPORTANT TO CHANGE THESE FALSE BELIEFS AND TO STOP THESE DEROGATORY NAME CALLING.

DIAGRAM - THE INDIANS ARRIVED IN GUIANA ON MAY 5, 1838



Indians of various classes were on the two ships. They were not the skilled agricultural laborers known as The Hill Coolies or Coolies for short, which the Planters in Guiana were expecting. If these various classes of Indians that arrived in Guiana had arrived in Mauritius, the Mauritius would have shipped them back to India because they were not the Hill Coolies trained for agriculture work. The Indians were stuck across two great oceans and it would be too expensive for the planters to ship them back. Many died in the fields and many were escaping. They were going to be shipped back. Thus a ban was placed from India stopping all immigration to Guiana. Immigration will start back in 1845. The label coolie became deep-rooted in the culture because people thought that the Hill-Coolies had arrived. *Read more in Debunked The Use Of The Label Coolie In Guyana by Fisal Ally*

HACKING



WICKED, TWO-FACED, DECEITFUL AND GOOD AT GANG STALKING AND THEFT

A hacker at work, hacking you - he is wicked, deceitful and two-face. He resonates with wickedness. He is a deceiver, thinking that he will never be held accountable for his wickedness, but he's the one that has been deceived...

YOU DO NOT HAVE TO BE CONNECTED
TO ANYTHING
AND YOUR WHEREABOUTS OUT IN THE
WORLD
CAN EASILY BE TRACKED
THIS TECHNOLOGY EXISTS ALTHOUGH
MANY ARE NOT AWARE

THEY DO NOT CARRY OUT THEIR CRIMINAL ACTIVITIES TO GET CAUGHT

WELCOME TO THE WORLD OF DECEPTION

You do not have to be online or be connected to any service to be tracked. And you don't have to do anything wrong to be tracked, hacked and robbed by deceitful, conniving, two-faced criminals.

Hackers can switch on the camera on your TV and cell phones and watch you. Connecting your TV to your home network allows hackers into your home.

BELOW: Hackers stealing personal information Photos are licensed from www.depositphotos.com For demonstration purposes only



They secretly scheme and plot against you. They carry out their wickedness and they will shift the blame on you and have you framed. But they've been deceived all of their lives, even though they are afraid to admit it. Illegal activities like conning the elderly out of their life savings, stealing people's invention, literature, songs, music and ideas

TECHNOLOGY

LAPTOP KEYBOARD PROBLEMS

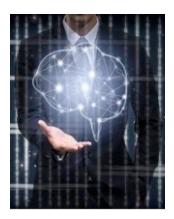


PROBLEMS USING THE 'O' KEY ON MY LAPTOP KEYBOARD

I was having problems with the 'o' key on my laptop keyboard, where when I typed a word, the 'o' would not show up. I would then have to press really hard for the 'o' key to work and only sometimes it would work. This problem just suddenly started. There were no indication that there was a problem with the 'o' key - not even an intermittent problem.

a) My first thoughts were to see if I can remove the plastic top on the 'o' key and clean the bottom, but then I may end up damaging the key and the whole computer. See 'Solution below'

BELIEVE IT OR NOT



SOLUTION

Instead of playing around with the 'o' key on the laptop keyboard, a few days ago when the problem began, I hooked up a USB keyboard to the USB port on my laptop and that worked.

A day later, I removed the USB keyboard and suddenly the laptop keyboard started to work and I didn't have to use the external USB keyboard. But then, a day later, as I was typing up this problem and as soon as I typed the sentence above labeled a), the laptop keyboard stopped working. Did I jinx myself? I then applied my backup plan by plugging in the external USB keyboard to continue and this works.

...Continue on the next page

WAS THERE ANY SIGNS OF ANY PROBLEMS BEFORE, OR BEING HACKED?

A year ago, in the April 2018 Diverse City Magazine, I mentioned that I noticed a check mark on my pdf file on the head of the black and white picture.



A few weeks ago, I noticed that the o's on the cover which is a pdf file that when click on the 'o' a check mark would be in the 'o'. See o's in the colored picture on the side. Was that some how related to the physical 'o' key on the keyboard was about to have problems?



Looking back on this problem above

See Diverse City Magazine, April 2018 Edition with the article 'What you may not know about your pdf file'

I wrote about the check mark that kept appearing on the black and white picture above. It allowed me to click the check mark on and off. But why? What kind of coding ended up in the pdf file for this to happen?

Recently, I saw the check mark in some of the o's as mentioned above and it allowed me to click them on and off.

What about viruses? Is this a virus in my PDF files or is this something that's used for hacking into my computer?

Are viruses that intelligent that as soon as I wrote about the 'o' working fine that it suddenly stoppes working?

Spring 2019





PEPPERPOT CLUB

(LOCATION: EDMONTON, ALBERTA, CANADA)

DOMINO TOURNAMENT

email info@signaturewithlove.com







The Guyana Canadian Pepperpot Club The Pepperpot Book Club The Pepperpot Domino Club The Pepperpot Arts Club

DIVERSE PHOTO GALLERY

COLDEST FEBRUARY IN 40 YEARS IN EDMONTON, AB, CANADA



These birds are out in the freezing cold

Spring 2019





Spring 2019



Neither dogs in this picture is the dog on the right



A cold winter's day and this dog was out having some fun











Cold winter day!

I'm glad spring is here!

GUYANESE LIVING IN VENEZUELA, AND VENEZUELANS MOVING TO GUYANA DUE TO THE CRISIS IN VENEZUELA

Although you will find extravagant tropical homes, nice cars, and most people in nice clothes in Guyana, Guyana have been facing hard times since the 1960s, 1970s and up to today, which are all due to political upheavals that began in the 1950s. And due to those problems and setbacks, most Guyanese back in those days with good education and skills had left for England, America, Canada and other places. Venezuelans are doing the same today. Almost each and every person in Guyana had wanted to leave for better opportunities. In the 1980s, tens of thousands left for Venezuela and other countries in the surroundings such as Dutch Guiana and French Guiana. Guyana had become one of the poorest countries in South America and in the world.

WHAT WILL BE THE WORTH OF A PERSON IN GUYANA WITH THE OIL BOOM

What does this upcoming oil boom mean for a person in Guyana, especially since the royalties going to Guyana should be a good amount for the amount of oil being extracted, as compared to the small population of only 700,000? Could one person be worth lots as in Kuwait from royalties? Most likely not because the operation is by Exxon and these companies will have most of the benefits from Guyana oil, but there should be enough royalties to build a richer country with better social programs for the people, more jobs and thus a better life.

Today Western Venezuela is home to 50 to 70 thousand Guyanese, which amounts to about 8% to 10% of Guyana's population. There are more Guyanese living outside of Guyana than inside Guyana. Due to Venezuela's collapse, a number of Guyanese or many living in Venezuela are returning to Guyana with their children that were born in Venezuela that speaks Spanish. It was recently reported that 5000 Venezuelans also moved to Guyana, even though Guyana does not have much to offer them being the poorest or one of the poorest countries in South America. But with the upcoming oil boom, as Guyana is about to become a major oil supplier for Latin America and other places, hopefully the wealth from the royalties would be used to create more jobs and improve the quality of life in Guyana, as the population is still very small and each Guyanese should be worth a good amount, but not close to what a person in Kuwait is worth.

Spoken Languages in Guyana - Creole Patois (English deciphered), Spanish, Portuguese

The main Language spoken by the locals in Guyana today is Creole Patois, which is a mixture of English, words from other languages, and a lot of slang. A few hundred years ago Dutch and French were also spoken, and there are still some elders that's about 100 years old or older that speaks Dutch Creole Patois. English can be deciphered from Creole Patois. In school, students learn Spanish, French and Latin. Some also speaks Portuguese and Spanish as Guyana is in communications with the other South American countries and places like Cuba.

Although the original Portuguese people in Guyana that began to arrive in 1835 to work as indentured laborers have lost the Portuguese language in the way the East Indians and Chinese that also arrived to work as indentured laborers have lost the languages of their ancestors, with many Brazilians working in the mining industry in Guyana that speaks Portuguese, the Portuguese language is very important to Guyana, and so is Spanish with more Spanish speaking people entering Guyana from Venezuela.

References on page 87

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Lori Loughlin faces new charge of money laundering in college admissions scheme (April 9, 2019) https://ca.news.yahoo.com/entertainment/lori-loughlin-faces-new-charge-of-money-laundering-in-college-admissions-scheme-184411886.html

U.S. slaps more charges on parents in college admissions cheating scandal APRIL 9

https://ca.yahoo.com/news/u-slaps-more-charges-parents-college-admissions-cheating-190123031.html

As Trump takes aim at affirmative action, let's remember how Jared Kushner got into Harvard A lot of money, and two US senators, were involved.

By Andrew Prokopandrew@vox.com Updated Jul 6, 2018, 11:39am EDT

Vancouver businessman David Sidoo charged in U.S. college bribery scandal

The Canadian Press; March 12, 2019

Two More Parents Are Indicted In College Admissions Scandal

March 26, 2019; Janelle Lawrence

Lori Loughlin, Felicity Huffman among those charged in college admissions scheme

Alanna Durkin Richer and Collin Binkley, The Associated Press

Published Tuesday, March 12, 2019 11:34AM EDT

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Venezuela: The Rise and Fall of a Petrostate

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HOW TO TRANSPLANT TOMATO SEEDLINGS INTO LARGER POTS (PLUS THE BEST SOIL TO USE)

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What ground temperature is best for planting tomatoes, beans, and marigolds?

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Easter Weekend

Duration: April 19, 2019 - April 22, 2019 http://exploreguyana.org/event/easter/

https://dpi.gov.gy/easter-kite-fest-attracts-hundreds/

Easter Kite Fest attracts hundreds

Apr 07, 2019 Government, Ministry of Natural Resources, News

"children today participated in a kite making competition"

Note the design also of a Guyana flag kite for 2019.

Flying kites at Easter time is a particularly 'Guyanese' invention- President Granger / Apr 17, 2017 Government, Ministry of the Presidency, News, Press Releases

Georgetown, Guyana – (April 17, 2017)

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- Clearcut Insurance (Auto and Home Insurance), 16403-111 Ave NW, Edmonton, AB Asik & Alyssa, Ph:(780) 994-0080 / (780) 700-5148
- Clearcut Insurance (Auto and Home Insurance), 16403 111 Ave NW, Edmonton AB; Dina Ghani; Ph: (780) 965-7449
- Freedom 55 Financial, Financial Security Advisor, Suite 1400 10250 101 St. NW, Edmonton AB T5J 3P4; (587) 594-5290; Rav Narayan; Email: ravinesh.narayan@f55f.com. Individual life insurance, Segregated funds policies, RRSPs and TFSAs, Payout annuities, RRIFs and LIFs, Individual critical illness insurance, Individual health and dental Insurance, Group insurance and retirement plans, Mortgages, New to Canada insurance.
- Fisal Ally (website): www.fisalally.com
- Fuss cupcakes (West End Location) 17298 Stony Plain Rd NW, Edmonton, Alberta. Ph: (780) 444-8845
- Hair Flair, 4433 118 Ave NW, Edmonton, AB. T5W 1A8. Ph: (780) 477-1051. hairflaire@gmail.com
- India Bazar, Indian Grocery Store, 4514 118 Ave NW, Edmonton, AB. T5W 1A9; Ph: (780) 471-2504
- Mary Browns, 100 King St, Spruce Grove, AB; Ph: (780) 960-5030
- Mary Browns, Mayfield Common, 358 Mayfield Common Northwest, Edmonton AB; Ph: (780) 489-7667
- Mary Browns, 6858 50 Ave #2, Red Deer, AB; Ph: (587) 273-3080
- Multi Culture Travel, 5519 137 Ave NW, Edmonton, AB; T5A 3L4. Ph. (780) 456-1192
- Psychic Tarot Card reader, Shamanic Practitioner Contact Usheda. Email ushanks@shaw.ca, Cell. 780.221.0602
- Ray Bacchus (Financial Advisor), 68082-162 Bonnie Doon Mall Edmonton, Alberta T6C 4E3, (780) 429-1243; Email ray_cweg@telus.net / raybaach@ecn.ab.ca; Fax: (780) 425-3168 / (780) 433-7717

- Sazna Services, Lawn Maintenance and Snow Removal, Imran Khurshed. Ongoing Maintenance: Pruning, Lawn Care, Grass Cutting, Fertilization, Leaf Removal, Snow Removal; (780) 909-1102
- Shamanic Practitioner Contact Usheda. Email ushanks@shaw.ca, Cell. 780.221.0602
- Usman Lawn & Snow, 12820 53 St NW, Edmonton, AB; T5A 0B5. (780) 970-3839.
 Landscape Maintenance, Industrial Landscape, Commercial Landscape, Commercial Grass Cutting, Snow Removal, Parking Lot Sanding, Parking Lot Sweeping, Lawn Maintenance...

Toronto

- Charley's West Indian Food Ltd, 1154 Morningside Avenue, Scarborough, ON M1B 3A4 Phone: (416) 283-1441
- Natasha Events and Travel, Travel Consultant, TICO Certified, Wedding & Event Specialist, WPICC, DWC, Certified Mexico Destination Wedding Specialist; 1-877-428-0171; natasha@natashaeventsandtravel.com, www.natashaeventsandtravel.com

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DIVERSE CITY MAGAZINE

ALLY MEDIA

Contact email: info@signaturewithlove.com / allyproduction@yahoo.com

The Diverse City Magazine 2019 Spring First Edition published on March 28, 2019

Second Edition published on April 14, 2019

Second Edition ver1-1 published on April 15, 2019

This magazine can be shared and downloaded from www.allymedia.ca.

The location of the magazines is subject to changes.

Email addresses are subject to changes.

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Design and layout of magazine by Ally Media

Diverse City Magazine is created in Edmonton, Alberta, Canada

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