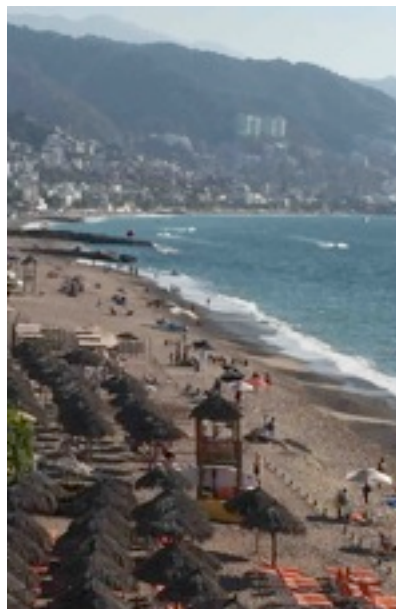
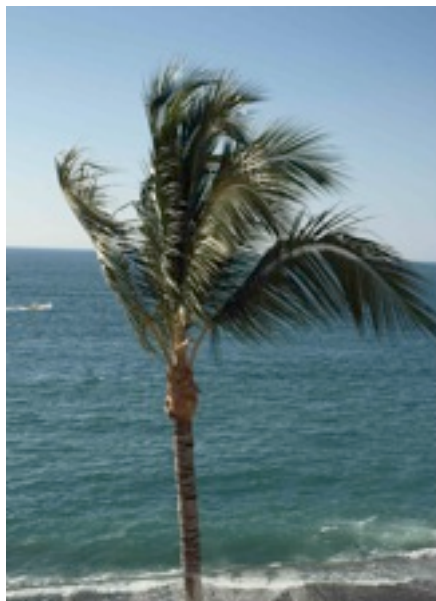
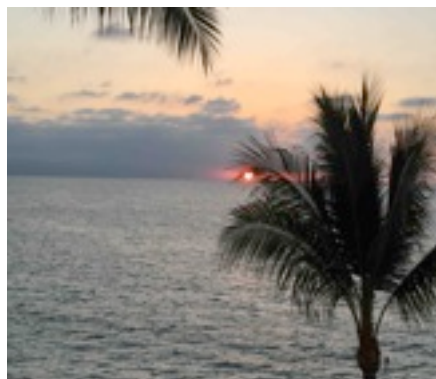


CARIWAVE

2017 New Year Edition



2017 - WE'RE ON OUR WAY

Go Champs! Go Champs! Go!

Lyrics from We're On Our Way by F. Ally

WOMEN'S RIGHTS MARCH IN WASHINGTON

Half a million ascended on the National Mall

She's Off Limit...Keep your hands off

WOMEN ABOLITIONISTS

Mary Prince and Lydia Child

FRAUD, CORRUPTION, CONSPIRACIES

AND THE CYBER WORLD

CELEBRATE LIFE WITH FUSS CUPCAKES

CITY THAT NEVER SLEEPS

Everybody Gotta See - lyrics on p.24

THE YEAR OF THE ROOSTER

TRAVEL - PUERTO VALLARTA

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which people across the globe are presently rallying for
'Follow your passion', like the 'Candle that burns' till the end of time

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What will keep the fire burning?
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To keep it growing**

*(Lyrics from the song Keep Mae Fire Burning by F. Ally
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COMING SOON



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| <i>5 - Women's Rights March on Washington</i> | <i>12 - Women Abolitionists</i> |
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Looking out into the 'dance of life'



City Center - Edmonton



Puerto Vallarta, Mexico



New Year's Eve - Edmonton

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Contact email: allyproduction@yahoo.com

This edition can be downloaded from www.allypublishing.ca

**CARIWAVE'S
FEATURED BUSINESS
Fuss Cupcakes**



**Celebrate life with
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Fuss Cupcakes shops in Edmonton, Alberta, Canada has three locations across the city.

The dream began a decade ago when the owners Zoie, George, Kostas, along with other family members wanted to start up a new business and realized that Edmonton did not have a cupcake shop. Already coming from a family of entrepreneurs and in the restaurant business, these enterprising young people had decided to look into the cupcake business. They had asked their mother for advice on getting into the cupcake business and she said “If you want to have amazing cupcakes, surround yourself with the best in the industry! This isn’t a bake sale – learn from the professionals.”

That was the beginning of the dream and the success to come from these hard working young people. *Continue on p. 15*

2017 New Year Edition

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WOMEN'S RIGHTS MARCH IN WASHINGTON

By Faisal Ally

Half a million ascended on the National Mall in Washington on Saturday, January 21, 2017 to protest against the elected American President, Donald Trump, whose inauguration was the day before. People were waving their slogans, in solidarity with many groups across America, Canada and around the world - over a million marched worldwide, in support of women's rights and other causes such as the freedom of religion, the support for LGBT, immigration, people of different races and other causes.

Streets across the globe were crowded with both sexes, people of many colors, races and religions, uniting like a rainbow across the globe. A march was already planned upon Donald Trump's election, but what had made Trump a target is the derogatory comments he had made about women, which was caught on tape. And before you knew it, slogans had painted the streets in support for women's rights and other causes. Some wore pink hats with cat ears. Some of the catchphrases on the slogans are like a painting that tells a thousands stories.

“Keep your hands off women’s services and women’s rights,” Carole McNeil said during her broadcast on January 21.

During this time I had published the second edition of my song lyrics book on January 19, 2017, adding more of my songs from the past, such as ‘She’s Off Limits’, where the phrases below from the song became my catchphrases.

“She’s off limit...keep your hands off.”
“She’s off limit...keep your hands off my girl.”
“She’s off Limit, keep away and stay away, keep your hands off my girl”
“She’s off Limit, keep away and stay away, keep your hands to yourself”

Continue on p. 15

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FRAUD, CORRUPTION, CONSPIRACIES AND THE CYBER WORLD

By Faisal Ally

With the results of 2016 American election and voting results still dangling in the air, where the least likely contender, Donald J. Trump, had won the election, triumphing over Hilary Clinton as the New Year, 2017, had glided in with fireworks lighting up the skies across the globe, and as people were celebrating, disaster had struck with a mass shooting in Turkey, changing the atmosphere to one of fear. A world of corruption, fraud, and cyber crimes has been the talk of the town lately.

Always expect the unexpected

Always expect the unexpected. But how was Hillary Clinton to know that her emails would be hacked silently and secretly through the cyber world, and then leaked to the public, which may have had a profound effect on the way voters had voted, and her losing the election to Donald Trump. According to U.S intelligence, Clinton was using a private email server, at her home in Chappaqua New York, after she became Secretary of State in 2009. Over the years, her server had over 60,000 emails, where just over 30,000 emails contained classified information, and the other 30,000 were regular emails.

Recently, U.S Intelligence had stated that Clinton's private email server was hacked by the Russians to influence the election, in favor of Trump. Even if Clinton's email server was not hacked, would Trump have won? Many believe he would have won regardless, because his campaign was an unconventional one, where he had gained many votes from Americans that agreed that a wall between the US and Mexico should be erected, stopping illegal immigration, banning Muslims from

Continue on p.16

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HEALTH

Secrets to Long Life - Centenarians Part IV - Awareness and longevity

(For Part I, Part II and Part III see October, November and the Christmas 2016 edition)

According to Dr. Deepak Chopra, author of Ageless Body Timeless Mind, “The oldest people alive today do not tend to be merely random survivors, but individuals who embody enviable attitudes and values.” For example, years ago Ma Pampo says that she wants to see her 130th birthday, thus her attitude may be a factor for longer and healthy living. Dr. Chopra states that “the quality of one’s life depends on the quality of attention and whatever you pay attention to will grow more important in your life.” He further went on to say that, “There is no limit to the kinds of changes that awareness can produce” and that “we must consciously use awareness to our benefit...by increasing your inner intelligence, by enhancing your happiness and fulfillment, you can defeat aging in a lasting, meaningful way, without chemicals and their potential side effects. The responsibility for changing this awareness lies with each individual.”

Dr. Chopra wrote about a man named Maurice who concluded that understanding just a few physical processes would extend our lives to 100 or 120 years. Maurice’s prescription for longevity is to eat frugally, exercise and get plenty of fresh air, choose a congenial occupation, develop a placid or easygoing personality, maintain high level of personal hygiene, drink wholesome liquids, abstain from stimulants and sedatives, get plenty of rest, have a bowel movement once a day, live in a temperate climate, enjoy a reasonable sex life and get proper medical attention in case of illness.

Continue on p.14

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LITERATURE & BOOKS

SAMPLES FROM THE TRILOGY OF SAVITRI'S GARDEN By Fisal Ally

While I was contemplating on what to post from The Trilogy of Savitri's Garden, within the span of one week, three movies and or TV series have caught my attention:

- 1) BELLEVUE
- 2) Arrival
- 3) Gold

This interested me because these movies reminded me of very important scenes in the Trilogy of Savitri's Garden, so I decided to post some examples on these areas, including the escapes that were taking place on Plantation Bellevue. I had also mentioned a similar idea in the Cariwave Christmas Edition on "Lion" which came out recently.

As a reminder The Trilogy of Savitri's Garden, four novels, are being given away since May 2016, and can be downloaded at no cost from Barnes and Noble, and Smashwords.

SAMPLES FROM SAVITRI'S GARDEN

On GOLD, BELLEVUE, THE ARRIVAL, THE ESCAPE

The novels in the trilogy are:

Savitri's Garden, India to the Americas, 1838, Book I, Part I

Savitri's Garden, India to the Americas, 1838, Book I, Part II

Savitri's Garden, The escape for true love

Savitri's Garden, Rebellion and Reunion

Sample from Book1 (Part I)

PROLOGUE

Summary: The prologue takes place in British Guiana, where the Governor and some plantation owners were engaged in a conversation on getting laborers to the colony of British Guiana.

The Governor gestured with his hand and said, "There's nothing like the exotic tastes of Amerindian, British, Dutch, French, African, Portuguese and German cuisines in this prosperous colony." ...Continue on p.19

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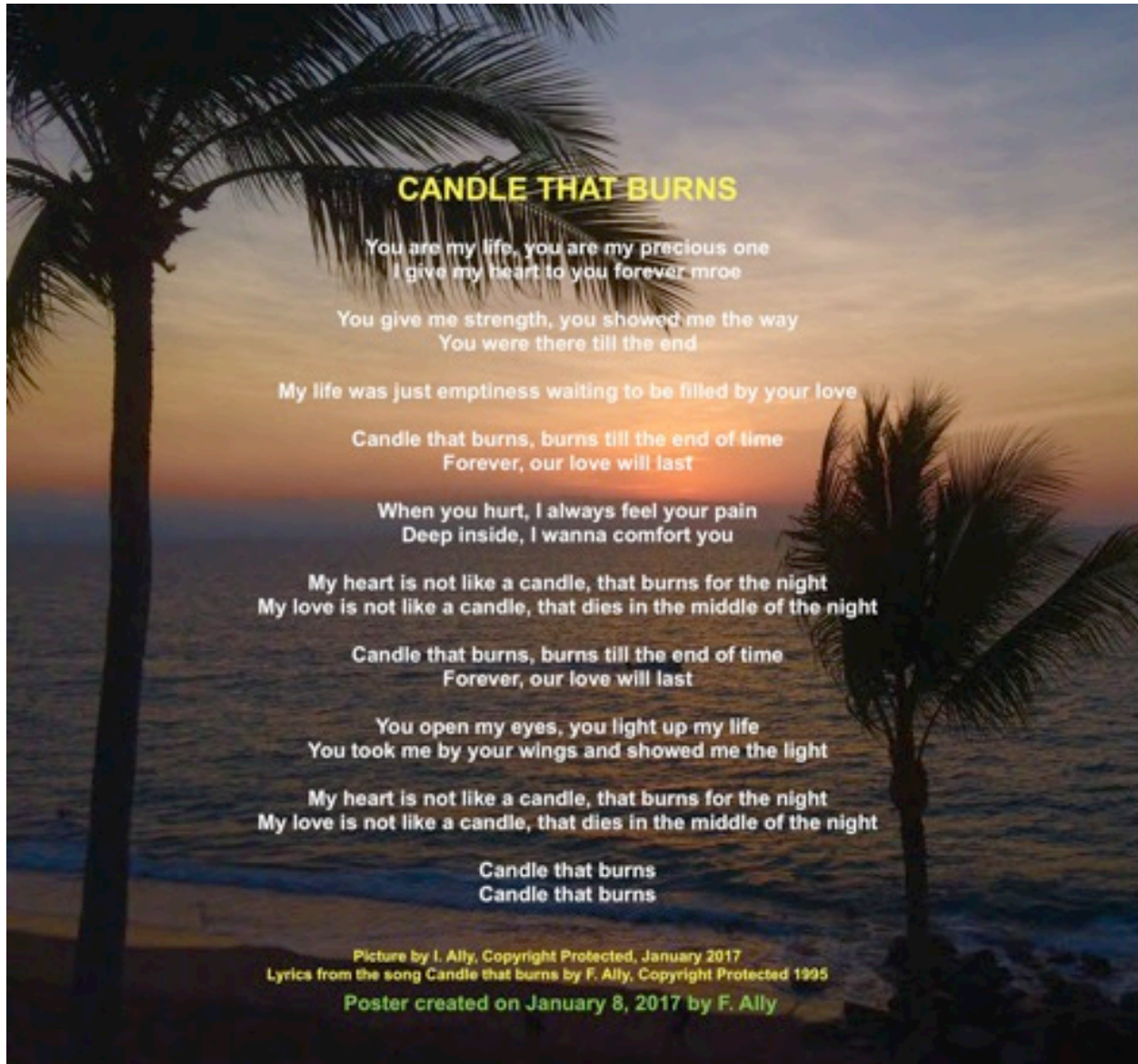
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2017

Chinese in the Caribbean and Guyana

2017 New Year Edition

The Year Of The Rooster Happy Chinese New Year

It's the year of the Rooster, the tenth sign of the Chinese calendar. Millions of Chinese in China and across the world will commence their celebration on January 28, which goes on for two weeks, with many festivities, where the streets will be filled with parades, fire dragons and red decorations.

Many Chinese in the Americas will be celebrating. The Chinese arrived in the 1800s to work in places like Cuba, Trinidad, Guyana and many other places, mainly in agriculture, such as the sugar plantations.

There were different methods used to get the Chinese to board the ships, from being lured to kidnapping. Initially, only male laborers were taken on the ships. They had faced many hardships during their journey and while laboring in the Americas. The journeys across the oceans were harsh and ships took between 70 to 177 days to get to their destinations.

In their new land there were many hardships and alienations as there were not many Chinese females. They has also faced many forms of abuse and discrimination in their new lands.

700 ships arrived in the Americas with Chinese laborers

Between 1847 and 1884, approximately 700 ships arrived in the Caribbean, Central America and South America with Chinese contract laborers. They worked on the sugar plantations filling the gap after slavery was abolished.

Chinese in Jamaica and Trinidad

The Chinese arrival in Jamaica began in 1849, and in Trinidad and Tobago between 1859 and 1866, where 1,557 arrived as indentured labors to work on the sugar plantations.

After their five-year contract was up, the Chinese often left the plantations and opened up small grocery stores throughout the islands, which later grew into larger businesses.

Chinese in Guyana

Between 1853 and 1879, 13,541 Chinese arrived in Guyana. However, by 1900, the Chinese population had shrunk to 3,000 as many left to be amongst other Chinese in French Guiana, Suriname, and Trinidad and Tobago, since the Chinese female population in Guyana was very small.

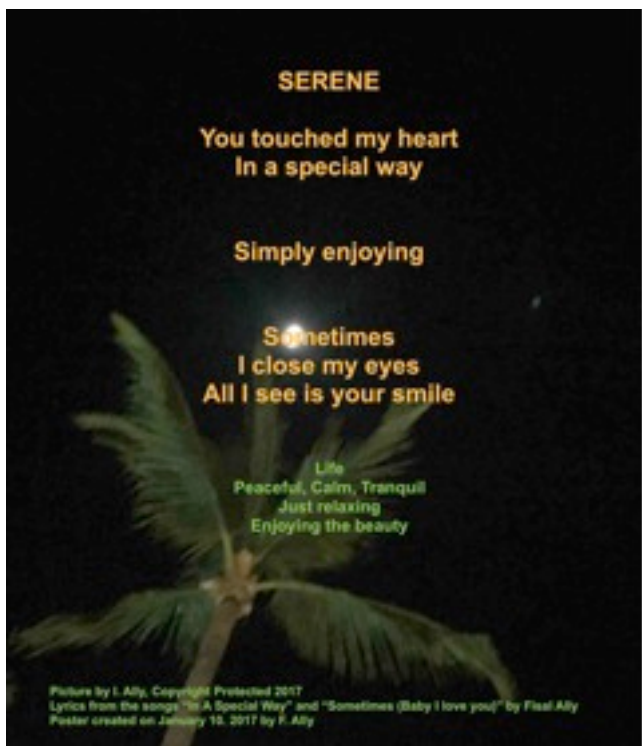
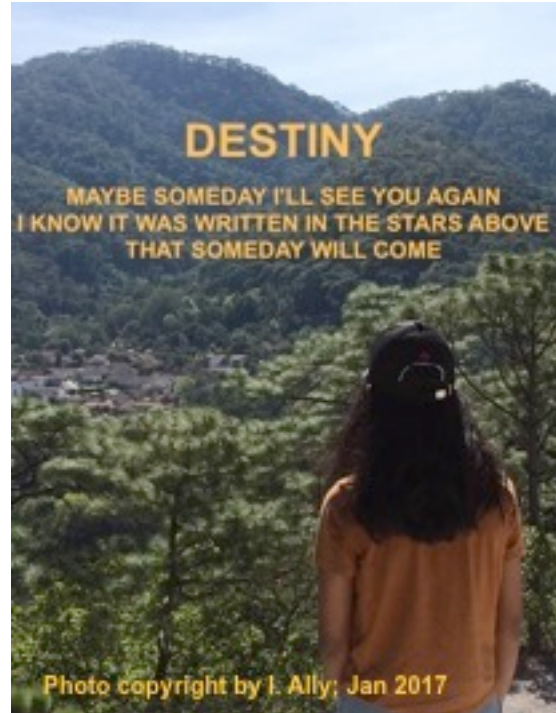


TOURISM - Puerto Vallarta

2017 New Year Edition

By Marcus Anthony

Need a getaway to unwind, relax and rejuvenate? Puerto Vallarta is the perfect place for a vacation. There's lots to do. Lots of activities in this tropical beauty with green lush and the exotic beaches. It's a paradise where the ocean meets the sky, and where one can enjoy the view of the orange sun setting on the horizon.



THE ABOLITIONIST SERIES

PART IV - Women Abolitionists

- by Faisal Ally

(For Part I, Part II and Part III of this series, see October, November, Christmas 2016 edition)

In the 1700s and 1800s, many brave souls had fought to put an end to the slave trade and slavery, including many women, both Black and White. Mary Prince was a Black abolitionist, and Lydia Child was a White abolitionist.

Mary Prince (1788 - 1883) who was a Black abolitionist had written a book called The History of Mary Prince. Mary was born in Bermuda into slavery, where she was sold a number of times. In 1826, she and an ex-slave named Daniel James had gotten married. In 1828, she and her owners went to England, and as an opportunity to escape arose, she ran away and was freed, But once in England as a freed woman, she could not return to her husband. In England, she fought against slavery and worked closely with the Anti Slavery Society. Her book was important to bringing the horrors of slavery to the British public.

Lydia Child (1802 - 1880) who was a White abolitionist and had written many books and letters during her life. She was an active abolitionist, and in 1830 she had published her first story opposing slavery. In 1833, she had written a book called An Appeal in Favor of That Class of Americans Called Africans, which is the first book written by a White person on slavery.

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MUSIC WAVES

By Don Silva

The MIGHTY ARROW

Ole ole ole ole- That famous line is by the singer / songwriter known as Arrow and also as the Mighty Arrow. Arrow's real name is Alphonsus Cassel who was born in Montserrat on November 16, 1949 and passed away in Montserrat on September 15, 2010. He was one of the great calypso and soca singer/songwriter from the Caribbean, who had gained world wide fame with his big soca dance hit "Hot, Hot, Hot" in the 1980s, a favorite that always keep people on their toes dancing. This song is no doubt the most played song of all time, and the lyrics goes like this: Ole ole ole ole, ole ole ole ole, feeling hot hot hot, feeling hot hot hot. This master piece was also recorded in many languages, played in the movies, and have influenced many. His music had influenced many musicians across the globe. His first album was called "The Mighty Arrow on Target in 1972. In 1973, he came out with the album "Arrow Strikes Again. The albums kept coming out almost every year. And in 1982 the album "Hot Hot Hot " came out. Arrow has 30 albums, where back in 1973 his first single was "Dance with Me, Woman. The singles continued. In 1983, the single "Hot Hot Hot" came out. He had ten singles came out.

OLE OLE OLE OLE

OLE OLE OLE OLE

SEMINARS

Learn about the history of the East Indian laborers that entered British Guiana (Guyana) in South America on May 5, 1838 to labor in the sugarcane fields. The colonies of Demerara, Essequibo and Berbice in South America were merged in 1831 to create British Guiana

- Learn about their struggles
- The Escapes from the plantations
- The high death rate
- How the wrong group was shipped to work in the harsh agricultural conditions. The planters were expecting coolies from the hills with agricultural experience, but the coolies did not arrive
- After their 5 year contract was up, many returned to India, but some remained working in Guiana.

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COMPARATIVE RESEARCH IN MUSIC AND LITERATURE
by Fisal Ally

The goal is to see how literature, music, commercials, movies and other areas evolve from work by independent musicians and writers, and also by mainstream musicians and writers. To examine words and phrases and to see the influences on others and on society.

This is done through observations.

For an independent artist, I'm using some of my songs for this project.

For anyone interested in this, I've posted the lyrics for twelve songs on p. 22 to p. 27. You can participate. If you notice similar phrases used or modified in music, movies, commercials etc... please forward the information to:

Fisal Ally

Email:allyproduction@yahoo.com

www.allypublishing.ca

www.fisalally.com

I'm also posting some of the observations on my website for others to review. These are observations that caught my attention, but may have no value in this research, however, it's important to record what I come across, for comparisons and discussions.

**See page 22 to 27 for the lyrics of 12 songs that are used in this project
Other songs are also used**

SECRETS TO LONG LIFE - CENTENARIANS...*Continued from p. 7*

On January 7, 2017, CBCNN, ch15, aired a show called "Forever young," a study based on aging. The episode spoke about Sarnia, Italy and Okinawa, Japan, amongst other places. According to the segment, in Sarnia, many of the people that attained long life were farmers and shepherds. A part of their diet includes bread with less sugar and lasts for six months, wine, and goat and sheep milk.

In Okinawa, according to the segment, as they became older, they continued an active life style, but more relaxed, and their diet is healthy which includes green leafy vegetables, sweet potato, and where fish is important to their diet, where fish has healthy omega acid and protein. But today in 2017, more people are moving to the city and their diet is changing, however, longevity is still very high in Okinawa.

CARIWAVE'S - FEATURED BUSINESS - Fuss Cupcakes

Continued from p. 3

The young entrepreneurs had taken their mom's advice and hired Pastry Chefs to teach, guide, and inspire them by working with the professionals to create the standard of cupcakes that they wanted to bring to their customers. Some of the lessons learned from the professions are: the best gourmet ingredients to purchase, the most reputable companies to buy from, for them to import their Cocoa from Belgium, to use Vanilla from Madagascar, and all natural flavorings and pure fruit extracts from Italy.

As cupcake apprentices, they learned good techniques from the experts, as they create their Signature Buttercream. After a few weeks and many revisions, their collaboration had created the standard of cupcakes they felt proud to offer to their customers.

Customers come first at Fuss Cupcakes.

When Fuss Cupcakes customers enter, looking at the cupcakes with a smile to their face, the managers and staff see their success in their customers. When they hear phrases from their customers such as "This is awesome, I feel like a kid again!" the managers know that they are in the right business.

Fuss Cupcakes products are nut-free and carries many flavours and designs for their customers, for birthdays, graduations, weddings receptions, anniversaries, promotions, and other occasions.

Drop in or call Fuss Cupcakes to pre-order.

The source for this article came from www.fusscupcakes.com

WOMEN'S RIGHTS MARCH IN WASHINGTON

Continued from p. 5

Many things on Donald Trump continue to surface. In another song of mine, "Nobody Wanna Say Goodbye" which was posted in the Christmas Edition Cariwave Magazine, some lyrics are: "Something's are better left unsaid." At these rallies, nothing is being left unsaid. Recently a line of lyrics in a commercial on January 20, 2017 and again on January 28, 2017 was: "Something's are better left unknown." Not with Trump and Clinton. In recent news and the rallies, nothing are left unsaid and unknown about Trump and Clinton. Many are still curious about the Russian connection and if the Russians did have anything on Trump and actually did interfere with the election by spying and hacking.

For both Trump and Clinton, everything is out. The hacking scandal is out, and the Russians are being blamed for the hacking and for trying to influence the presidential in favor of Clinton losing and Trump winning.

Many had taken the opportunity at the worldwide rallies to stand up for women's rights and other causes. And whether it's harassments or rights for better wages, the rallies had painted the streets across the globe with one million standing in solidarity with each other to bring awareness to these issues.

In 2016 in Canada, there have been many reports of sexual harassment on women in the workplace, which had ruined many lives and career. Hundreds of sexual harassment cases are filed by female employees against their male co-workers in the police force - many with the RCMP. Many female firefighters have faced bullying and sexual harassment by their male co-workers. Child abuse in the indigenous communities is high, and there are many ongoing cases for the missing aboriginal women.

We must also remember that this is the year 2017 where in many places across the globe, females are graduating with a high education and have surpassed males and also getting higher grades, yet, they are still faced with many disadvantages, such as sexual harassment in the workplace and lower salaries. This would have been a good time to have a female president to champion women's rights, but it didn't happen.

Something has to change to make this world a better and safer place for females and for all, and for bullying and harassment to stop. This is no doubt a good time to be championing people's rights and bringing awareness to these problems by rallying.

IN SUPPORT OF THE RALLIES FOR HUMAN RIGHTS

Go Champs! Go Champs! Go!
We'll survive we'll take a chance we've got nothing to lose
Go Champs! Go Champs! Go!
We're on our way, we're on our way
Phrases from the song, We're on our way by F. Ally

FRAUD, CORRUPTION, CONSPIRACIES AND THE CYBER WORLD

Continued from p.6

entering America, and having the jobs returned to Americans. Not to mention that each and every "White Supremacist" may have voted for Trump. Unconventional because racism had obviously played a big part in Trumps campaign, something that's against American values, where America is built on immigration and by people of many nationalities. Since taking office, Trump have named seven countries Iran, Iraq, Libya, Somalia, Sudan, Syria and Yemen that are banned from entering America. His target has been Muslims, a religious group. Banning people based on religion from entering America is unconstitutional. There are also many people of other religions in those countries. Banning children and others that are being persecuted from entering a country is not acceptable, as these children are from many religions. What should be done is to fight terrorists in all nations, not allowing terrorists to persecute children and others.

Corruption and Blackmail

Many leaders and people across the globe still cannot believe that Trump has won the election. Trump's hidden past continues to surface, and the U.S Intelligence has also connected him to Russia and blaming Russia for hacking Hillary Clinton's emails.

In early January as the hacking scandal escalated, U.S intelligence had briefed both Obama and Trump separately, concerning Trump's visit to Russia in 2013, when he had taken his Miss Universe beauty pageant to Moscow. U.S intelligence said there are allegations that Trump is being blackmailed by Russia for Trump's actions. The Russians denied the allegations, and Trump defended himself stating that it never happened and that it's all "Fake News." He remarked that he's aware of the games played using tiny cameras that are placed in hotels to video tape politicians and others of interest and then having them blackmailed. An incident was shown on TV where a politician was videotaped in a hotel with an escort. But so far the allegations against Trump are unproven.

Conspiracies and covert operations using technology

With the digital age and the rapid advancement in technology, spying and many crimes are carried out secretly and silently in the cyber world. While you are sleeping or in your private moments or just relaxing and using your computer, criminals can enter your home, via the ports on our computers and other devices. And it's not always a lone person hiding in a basement that's hacking into our computers, cell phones, TV cameras and stealing our information, music, inventions, literature etc... and then blackmailing us or pawning our work off as their own and selling it off across the globe. Professionals are also involved in these frauds and scams - yes, men in three piece suits that puts on a good image. To state that Putin had plotted the cyber attacks with his hackers, is to admit that some with high positions, in suits, ties and polished leather shoes are also involved in covert operations, conspiracies and criminal activities. In 2016, cbcnn (also on the website) had aired a documentary on the RCMP using wire tapping decades ago, from the beginning of the cold war, and that there's "no end date" on the wire tapping.

The cyber world is great in many ways, but it's also used for dangerous games.

Cameras are everywhere tracking us - Have we lost our freedom

Is humanity finally imprisoned through the liberty of wanting the latest and greatest technology?

Recently, cbcnn had aired an episode that exposed the use of hidden cameras in cell phones and how images of a person can be captured without them knowing it. Other reports have exposed a hidden camera on your TV, which can be used to spy on you and videotape you in your private moments. Nude pictures can be captured and sold off across the globe without you ever knowing it. Some reports have stated that your cable box, microwave, cars and outside meters also have cameras to track you. Technology benefits us in many ways, like keeping us close and in contact with loved ones across the globe, but it is also used for tracking us. For example, from the time we enter some malls, cameras everywhere are used to track us and see what we are buying. Marketing? Maybe? But there are many other side effects to being tracked.

Back to basics

With the cyber world upon us, and with all the bullying, suicides, frauds and scams taking place, we must rethink the way we use technology. Do we really need all of that comfort? We may want to revisit some old school practices.

Trump says he does not use emails, but he likes to use twitter. Only if Hillary Clinton were like Trump, a little old school or old fashion when it comes to emails, maybe she would be running America today. For one, it's almost impossible not to use emails today.

I've heard that hackers can read every keystroke you make on your computer, which means that not only was Clinton email hacked, but the criminals could have been capturing everything she was typing and deleting.

Getting back to the basics of pen and paper may help somewhat. However, you are still not safe. For example, if you are sitting in a café in the mall writing a report and with all of the cameras around, is it possible that the cameras are powerful enough to zoom right into your work, and again your work stolen?

Hackers have the knowledge to break the highest security, so what would stop them from finding the ports to log onto these systems and track your every move.

The Volkswagen Billion Dollar Fraud

According to the January 11, 2017 Washington Post, six executives from Volkswagen were charged in a ten-year conspiracy where the engineers were told to “develop and install technology to evade emissions testing, then falsely marketed the car engine as “clean diesel” according to Doj”. They were charged with fraud and fined 4.3 billion. The billion dollar fraud was carried out by men in high positions and in suits and ties.

Fraud in the billion-dollar music business

Today many big names in the music industry are being sued for millions of dollars for using parts of the music created by other artists, such as hooks from songs which are catchy phrases, melodies and riffs without the artist’s permission. I have never seen so many big names in the music industry ever being sued at the same time as is happening today.

Music can easily be stolen through the cyber world using methods, which I have mentioned earlier. For example an independent musician named, Jeremy Lim, had posted his music on line and the same music was stolen, renamed and posted back online under another person’s name. Jeremy Lim’s story is on the Internet. Another example came from a person named George M. Lau who had responded to Jeremy Lim’s story. George also claimed that his music was stolen. His story is on the Internet. He said that 150 lyrics he had written between 1992 and 2006 recorded with melodies were stolen. He stated “all of these years they kept me suppressed using bribery. I tried the police, copyright organization but failed. The media is too gagged.” He said that his music were stolen and sold off in the US, Europe, Asia and South America. Look what had happened to Hillary Clinton through the cyber world and the advancement of technology. They’ve been secretly targeted for different reasons. I’m in a similar situation, which began in 2012, where I’ve been hearing similar music to mine in mainstream music and in commercials, along with ideas from my books being used by others. I have no doubt that this is all about racism, where I’ve been singled out and targeted because of the amount of songs and books I’ve written, and to be bullied and harassed because of my religious background.

Technology is great for many aspects of life, but it’s also being used for criminal activities by some.

LITERATURE & BOOKS

Continued from p. 8

SAMPLES FROM SAVITRI'S GARDEN

On GOLD, BELLEVUE, THE ARRIVAL, THE ESCAPE

Savitri's Garden, India to the Americas, 1838, Book I, Part I
Savitri's Garden, India to the Americas, 1838, Book I, Part II
Savitri's Garden, The escape for true love
Savitri's Garden, Rebellion and Reunion

Sample from Book1 (Part I)

PROLOGUE

"I heard the taste of India shall soon be mingling in the air," the waiter said with an eager smile. His name was Rudy.

The Governor smiled. "You heard right. Curry shall soon be the new flavor of the colony."

Rudy's smile broadened. "Then the chef and I shall come up with an intoxicating curry dish for the menu."

"Then the Dhangurs are just what we need in this colony," Mr. Mathews said.

"I'm interested in employing the coolies from China," Frederick said candidly.

The desi Englishman is licensed through an agency for procuring laborers. He hires the arkatis to assist him. The shipping agents in Kolkata need laborers to work in Mauritius, a British colony in the Indian Ocean, once belonged to the French. I heard the laborers get a wage-advance to use for themselves or to leave behind with their families, so once we board the ship, we start working on the ship to earn our wage-advance.

Chapter 2 - The morning of departure

Summary: The plantation where most of this story takes place in British Guiana, South America is called PLANTATION BELLEVUE. When they arrived in British Guiana, Plantation Bellevue did not have the accommodations for them, and the building (the sick house) for the sick was evacuated and the Indians were dumped into the sic house

"We need people like him to assist in translating on this ship and in Demerara." His attention returned to Nertha. "I'm hired to work as a supervisor and interpreter on Plantation Bellevue in Demerara. I am William James Young. You may address me as Mr. Young. There are good benefits for a man with your talents. I may even consider you for a sardar position on Plantation Bellevue. I will think about it during the voyage." Mr. Young was a twenty-one-year-old Anglo-Indian, fluent in Hindustani and English, and was hired as a supervisor to work in Demerara at sixteen rupees per month, equivalent to eight dollars.

A broad smile emerged on Nertha's face. "Benefits and a good life are why I'm emigrating to Demerara," he replied. "Once I make a small fortune, I shall return home."

Mr. Young turned to the scribe. "Put his name down under James Mathews for Plantation Bellevue in Demerara."

Richard and Derek continued on. "Derek, is everything in order at Plantation Bellevue for the arrival of the hill-coolies?" Richard asked.

"I was at Bellevue two weeks ago and there were no accommodations for the coolies."

“No accommodation?”

Chapter 3 - The Road from Awadh to the Port of Kolkata

Summary: The main character Kalil was enthralled about El Dorado, and he wanted to find **GOLD** by traveling to the colony of British Guiana.

“She’s a region in Guiana, all gold and bounty.” This time the voice was not the anticipated voice. The voice was warm, soft and feminine. Kalil was already familiar with the same line, which often resonated in his head. He was now on his way in search of that paradise. The fragrance drifting through the air filled him. He turned around and was faced with the pretty teenage decoy, standing just a few feet away from him. His heart skipped a beat. She lowered her gaze as his eyes involuntarily became fixed on her thin exposed belly. He swallowed and quickly looked away.

Chapter 12 - The Arrival

Summary: In the first book, Chapter 12 is called “The Arrival.” The Indians arrived in British Guiana, and the first stop was PLANTATION HIGHBURY.

Berbice, Plantation Highbury—Saturday, May 5, 1838, 5 am

IT WAS PITCH-BLACK AND THE HUMIDITY WAS HIGH. A pulsing orange glow from the kerosene lamps illuminated the vicinity. The first boat with Indian immigrants arrived at the wharf behind Plantation Highbury. Anunto Ram and Nertha Khan stepped off the boat and onto the wharf behind Plantation Highbury. They assisted the others in getting off the boat and led the way from the wharf, heading to land, followed by Boodoo, Jeebun and their children, along with Neyerallee and Balkistra. Another boat arrived with Gabriel Francis, Samodee, Getun, Heeramen, Harriah, Beccarree, Timola, Nupuar and a few others. More boats left the Whitby, sailing towards the wharf.

Ram and Khan stepped onto land. They shook hands and embraced. The others followed, stepping onto the soil of the Americas in their traditional attires. They were the first group of Indians to walk on the land in the New World of the Americas to labor on the sugar plantations, based on a five-year indentured labor contract.

Sample from Book1 (Part II)

Summary: Life on Plantation Bellevue becomes hell for the Indian laborers

Instead of a dozen elephants ascending at the Maya bazaar, a dozen horses were mounting through the sugarcane fields of Plantation **Bellevue**. The riders in wide brim hats and boots bounced up and down in their saddles as their horses sped through the field, stirring up dust. The indentured laborers heading off to their workpost, stopped and watched, baffled by the horses charging towards them. Nertha ran towards the laborers, as the galloping grew loud; news had already reached him that one of the laborers was beaten, but he didn’t know who it was.

A horn sounded and a gun was fired into the air.

Sample from Book II - The Escape For True Love

Summary: Escapes on the plantation were frequent. Kalil wanted him and Savitri to escape from Plantation Bellevue.

Chapter 7 - A new design for the garden

“I’m always thinking of escaping for good. Come with us. Let’s make it out of this place for good.”

“I won’t get far, running. I will get in the way. The children need my help. Nandi needs me around here. And I miss Indi so much. I know the work is hard, but—”

“But we are living in fear. We have no freedom. They decide what freedom is for us, which is very little or none—and only on their terms. They pay us a few rupees and tell us we’re free, but we are enslaved, even though we’re not in chains.” Silence occupied the space between them. He cleared his throat. “Your garden and your flowers are the only thing that gives us a little hope and brightens up our lives. Your garden is the only thing that makes me feel free. I want to dream more, but I’m stifled on this plantation. The reality is—”

“But if I leave, the flowers will wither and die again, and life will be meaningless again,” her voice quivered. “The flowers will be covered up by the bushes and the weeds, and they will perish and die. And then there will be no beauty in Guiana for any of us. We have put in so much effort and work to build this little dream. It could not have happened without your labor. We cannot let our dreams die. If we run we’ll be in hiding, still not free and worse off, watching our backs day and night.”

Chapter 9 - The Inquiries

Summary: Discussing the gold in Guiana

“History is preserved in the earth. Preserved right beneath our feet. I believe we’re standing in Manoa, or should I say on top of Manoa. If not Manoa, then, we are standing in a land of buried treasures and resources. Gold and diamonds.”

“Manoa is the city of gold,” the sheriff said as they continued walking. “Henry, it’s good to dream. Dreams are good.” A broad smile grew on his face. “You are right. Savitri’s garden also gives me the feeling that we’re in Manoa. Dreaming of El Dorado brings inspiration, and our inspirations shall one day encourage new developments on our land, other than sugar and coffee.”

STORY OF MY LIFE

**Selected songs written
by
Fisal Ally
(1990 - 2017)**



SECOND EDITION

Below is a selection of songs from Story of my life, selected songs written by Fisal Ally (1990-2017). I had written many songs before 1990. For example, My Home was written when I was a teenager, but was slightly modified many years later. And yes, I did write a song called Story of my life years before One Direction came out with their's. And there are some similarities.

LYRICS

Action Speaks

Music and Lyrics by Faisal Ally, Copyright 2008-2011

Living it up on a Friday night, Saturday night and Sunday night too
Having a ball, he's got it all, a drink in his hand, a cigarette in his mouth
He takes it to the streets, and gambles it away
Forget about the bills, having his thrills
He tosses the dice and turns the other cheek
A smile on his face, money in his hands
He takes it to the limit, he gotta get rich
He wants it overnight, he's losing control
Playing his cards, gotta hit it big
He plays all night, till his pocket runs dry

Action speaks, louder than words, Action speaks words are cheap

He gets up in the morning, looks in the mirror
Hides his face, he can't face himself
His savings all gone, now feeling like a fool
Saying I'm sorry, just doesn't count

Action speaks louder than words
Action speaks words are cheap

He throws it all away, yes he throws it all away
Doesn't appreciate it, he doesn't know what he's got until it's too late

Now everyone's gone, his wife and children, what can he say, but it just doesn't pay
Life's too precious and love's hard to find, when you have it all you must show you really care

Action speaks louder than words
Action speaks words are cheap

Innocent Lies

Music and Lyrics by Faisal Ally, Copyright 2008-2011

You telling me your innocent lies, you played me for a fool
The things you say and do, can really me blue

I can see it in your eyes, I hear it in your voice
The way you look at me, just looking through my eyes

You'll be begging me to take you back, someday you will learn
By then it'll be too late, superficial love never lasts

Can you walk that walk, can you talk that talk
You telling me your lies, your innocent lies

Can you walk that walk, can you talk that talk
You telling me your lies, your innocent lies

In A Special Way

Music and Lyrics by Faisal Ally, Copyright 2008-2011

You touched my heart, In a special way
Words can't say, what I feel inside

These feelings inside, will never die
Cause every breath I take, takes me closer to you

Then you walked into my life, you took away the rainy days
The wind and the cold, you put a smile on my face

In my life, I've seen ups and downs, and high and lows
Now I see how love can grow, cause it's everywhere

Since you entered my world, you opened up my heart
When I look into your eyes, I see the light

Everyday, I get out of bed, and I show gratitude

I thank you everyday for the love you give
You've given me all the love that I need to have
To carry on, in a special way

Oh life is short, now I find the time
And I got no excuse, I wanna be with you

Oh life is short, now I find the time
And I got no excuse, I wanna be with you

You touched my heart, every single day
Words can't say, how I feel inside
You touched my heart, in a special way
Word's can't say, what I feel inside
You touched my heart, in a special way, in a special way, in a special way

All He Wanna Do

Music and Lyrics by Faisal Ally, Copyright 2008-2011

Don't care to make a name, forget about the fame, all he wanna do is play
Don't care to be a star, the world's a stage, he's already on another page
Just keep the backbeat going, he's ready to play, sit back and let the show unfold
People likes his style, they could fell his vibes, he's gonna to play a tune for you

Just wanna rock n'roll, from his heart and from his soul
Just wanna play guitar, he don't really care to be a star
He just wanna rock and roll

People play for fame and money too, all he wanna do is play

Now he's growing old, music in his soul, he'll play till he's seventy years old

Rock and roll, from his heart and soul

All he wanna do is play
All he wanna do is play
All he wanna do is play
All he wanna do is play

City that never sleeps (Manhattan)

Music and Lyrics by Faisal Ally, Copyright 2008-2011

Listening to Jazz music, over the radio, in a café,
checking out the scenes
A lady walking down Broadway, smoking a cigarette, a
man in purple shades
Hey there, hello man, God bless ya, a preacher
preaching in the train
Strolling down the Avenue of the Americas, pretty ladies
everywhere

All the hustle and bustle in the big apple, Manhattan
Island has got it all
People from everywhere around the world, everybody
wanna see

City that never sleeps, where everybody wanna be
City that never sleeps, everybody wanna see

Take a trip down to Central Park, checking out
strawberry fields
Let me take you down to 7th avenue, people shopping
everywhere

Look up in the sky, the Empire state building, and
bridges run for miles and miles

What a sight to see, the statue of liberty, freedom in
people's eyes

Take a trip down to queens, graffiti on the streets
Spend the day at Jones Beach, with Tyler, Shane and
Rose
Drove around New York City, with Tony, Saud and
Steve

Your name can be in neon lights, in the city that rocks
all night

City that rocks all night, everybody hanging out
City that's alive all night, where everybody wanna be
City that rocks all night, everybody's hanging out
City that's alive all night, where everybody wanna be
City that rocks all night, where people never sleeps

In the City that never sleeps, that's where everybody
wanna be
City that never sleeps, everybody wanna see
City that never sleeps, where everybody wanna see
City that never sleeps, everybody gotta see

She's Off Limit

Music and Lyrics by Faisal Ally, Copyright 2008-2011

She attracts like a magnet, the way she walks, the way
she talks, and the way she moves
You'll like her style (smile), her mannerism too, her
perfume, and the clothes she wear

Heaven and Hell

Music and Lyrics by Faisal Ally, Copyright 2008-2011

I know there's magic in this world, peace and harmony
When you tune in, it comes naturally, and it's there in
your heart

There's paradise where the earth meets the sky, the
beauty of sunrise
From the valleys to the mountain peaks, it's the place I
call home

There are secrets of heaven and earth, only he knows
(reveals)
The time will come for every soul, when angels take us
home

Sometimes I think it's hell on earth, people can be so
cruel
Warring and fighting for the riches on the earth, creating
hell on earth

There are gardens beneath where rivers flow, and blue
roses grow
Take me on your wings, where the symphony always
play

There are fountains where clear water flows and
heavenly eyes see
Where the snow melts in my hands, and beneath me
rivers flow

There are secrets of heaven and earth, only he knows
The time will come for every soul, when the angels take
us home

Sometimes I think it's hell on earth, people can be so
cruel
Warring and fighting for the riches on the earth, creating
hell on earth

My Home

Music and Lyrics by Faisal Ally, Copyright 2008-2011

My home, I remember this place I have grown
Walking in the park and throwing stones

Sometimes, it seems so far away
We've done our best to get this far
Now my memories are fading
They're buried deep I know

Yesterday, it's far away, its been so long
Since I've seen people places and things that captured
my heart

Give me wings to fly back home
Give me strength to carry on
Windows of the past, thank you

She'll dazzle your eyes, confuse your mind, and drive
you wild with your fantasies
She'll give you a smile, her innocent smile, you'll take it
wrong and you'll lose control

Look at them guys, hanging around, flashing their smiles
at my girl
They wearing their shoes, their boggie woggie shoes,
think they're cool eyeing up my girl

She's off limit, keep away and stay away, keep your
hands off my girl
She's off limit, keep away and stay away, keep your
hands off my girl

Hey big shot, so you drive a Cadillac, you think you can
steal my girl
You got too much money, no personality, you've never
worked a day in your life

You got it all, like the birds and bees, I'm telling you
man, you better get a life
You think you're cool, getting into the grooves, you
better watch your moves

She's off limit, keep away and stay away, keep your
hands off my girl
She's off limit, keep away and stay away, keep your
hands to yourself

My baby, my baby's off limit, My baby, my baby's off
limit
My baby, my baby's off limit, My baby, my baby's off
limit

You can dance the night away, Dance the night way
How you dance the night away, Dance the night way

My baby, my baby's off limit, My baby, my baby's off
limit
She's off limit, keep away and stay away, keep your
hands off my girl
She's off limit, keep away and stay away, keep your
hands to yourself

Sunshine's back again

Music and Lyrics by Fisal Ally, Copyright 2008-2011

Wake up to the sound of music, Wake up to the sunshine
Wake up to your love, Sunshine every day

Listen to the wind blow, listen to my heart sings
Listen to your hear, bring it on to me, Sunshine everyday

If you ever change your mind, I'm cold and empty inside
Now you're gone, the sun won't shine, it pours all day
I want my sunshine back again

The wind begins to blow, I can hear her voice say
Remember how things used to be, You were my
sunshine everyday

I'm still walking in the park and throwing stones

Yesterday, it's far away it is gone
We're doing what we can to carry on
Now my memories are fading
They're buried deep I know

My home, I remember this place I have grown
Walking in the park and throwing stones

Give me wings to fly back home
Give me strength to carry on
Windows of the past, thank you
I'm still walking in the park and throwing stones

Windows of the past
My home, Thank you

Space & Time

Music and Lyrics by Fisal Ally, Copyright 2008-2011

There's a light, shinning up ahead (from above), and it's
coming from your eyes
And it's true, you're heaven sent, to brighten up my life
For miles and miles, I could feel your vibes, you're
coming back to earth
Not even time, can keep us apart
Our love is written in the stars

Time has stopped, for you and I
This burning flame could never die
Our love will grow (glow), stronger and stronger
Burning through the night

Burning, burning, burning through the night
Burning, burning, burning through the night

Only you hold the keys to my heart
Only you can set me free, won't you unlock my heart

Nobody knows, the secrets of space and time, it's like
magic in your eyes

But from another world, you'll recue me
I'm waiting for you to set me free

Burning, burning, burning through the night
Burning, burning, burning through the night
Burning through the night, Burning through the night
That's right!

If you every change your mind, I'm like a flower in the rain
Now you're gone, the sun won't shine, it pours all day
I still feel your kisses on my face, I want my sunshine back again

Then the wind begins to blow, I can hear her voice say
You were my sunshine everyday

If you every change your mind, I'll be out walking in the rain
Love is a test, and not a game to play
The sun never dies, it just hides away
The fog will go away, a better day will come
How long must I wait, for a better day to come, and sunshine back again

I'm still waiting by the phone
I still wish you the best (It's not the end), cause the sunshine never dies

I think I can understand, it takes sometime
Sunshine only hides away, and I'm waiting for a brighter day

Then the phone starts to ring, I could hear your voice say
Now I understand, you want your sunshine back again

I thought I could change the world, but I needed your shoulder to lean on
Now I'm left busted and broke, my sunshine has died (so I thought)
But the sun just hides, to test your love for me
Then someone else came along and brought the sunshine back into my life
Now sunshine's back again
Sunshine's back again

The World's Online

Music and Lyrics by Faisal Ally, Copyright 2008-2011

The whole world's going crazy, the fever is hot
Everybody wants the latest technology

We don't talk anymore, we just text, we say hi and go,
no we don't talk
You're hooked, you don't care for me anymore

Now you're back online, playing games, living on the edge
I don't know what you're up to anymore
You're taking chances with our love, Win or Lose

If you can play the game, two can play, it takes two and you don't care
If you can play the game, two can play, it takes two and you don't care

The world's online, you've been surfing through the

We're on our way (Champs / Victory)

Music and Lyrics by Faisal Ally, Copyright 2008-2011

I'll give all my love to you, I'll bring victory to you

We'll win, we'll win, we'll win
I'll fight all my life for you

I'll give all my strength to you, I'll live, I'll die for you
We'll win, we'll win, we'll win
I'll fight all my life for you

You can't escape from reality, getting by can be so hard
Take a step we'll find a way, everyday can be a better day

One for all and all for one, when we fall we'll get up back
Make a move, we're ready to go, we're on our way,
we're on our way

Victory will surely come, our names will be on neon lights
We'll get there, yes we surely will, we'll mark our ground around the world

Success will come our way, nothing's gained without a fight
Reflect on life and celebrate, cause we're on our way,
we're on our way

We'll survive, we'll take a chance, we've got nothing to lose
We'll get by, we'll find a way, we've got nothing to lose

One for all and all for one, when we fall we'll get up back
Make a move, we're ready to go, we're on our way,
we're on our way

Pick up the pace! Drive it hard! Take a shot! Let it out!
Belt it out! Slam! Wham! Bang! We're on our way,
we're on our way

Go champs, Go champs, Go!
Go champs, Go champs, Go!

Do you remember how we used to laugh and play
People used to come and see us play, how they clapped and cheered
Things have turned, now we're in another league
The times have changed, but we're on our way

We're on our way, we're on our way
Go champs, Go champs, Go!
Go champs, Go champs, Go!
We're on our way, we're on our way

night

When the party's over, that's when you wanna talk to me

A new wave's taking over, now you're riding high, and you're losing control
Gotta have the latest technology

We don't talk anymore, we just text, we say hi and go, no, we don't talk
You're hooked, you don't care anymore

If you can play the game, two can play, it takes two and you don't care
If you can play the game, two can play, it takes two and you don't care
(you're asleep online)

The world's online, you've been surfing through the night
When the party's over, that's when you wanna talk to me
The world's online, you're playing games throughout the night
You having your fun, And you party till you feel alright

You party till you feel all right, You party till you feel all right
You party till you feel all right, You party till you feel all right

We don't talk any more
You party till you feel all right, You party till you feel all right

Note: This song is basically the same as "2CanPlan" and "We Party Till We Feel Alright"

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- Fuss cupcakes (West End Location) 17298 Stony Plain Rd NW, Edmonton, Alberta. Ph: (780) 444-8845
- Global Buffet & Grill, 11845 Wayne Gretzky Dr., Edmonton AB. (Ground level of the Coliseum Inn). Ph: (780) 995-3432
- Hair Flair, 4433 118 Ave NW, Edmonton, AB. T5W 1A8. Ph: (780) 477-1051. hairflaire@gmail.com
- India Bazar, Indian Grocery Store, 4514 118 Ave NW, Edmonton, AB. T5W 1A9; Ph: (780) 471-2504
- Lundgren and Young (Auto and Home Insurance), 16403-111 Ave NW, Edmonton, AB Asik & Alyssa, Ph:(780) 994-0080 / (780) 700-5148
- Lundgren and Young, 16403 111 Ave NW, Edmonton AB; Dina Ghani, Account Executive; Ph: (780) 965-7449
- Mary Browns, 100 King St, Spruce Grove, AB; Ph: (780) 960-5030
- Mary Browns, Mayfield Common, 358 Mayfield Common Northwest, Edmonton AB; Ph: (780) 489-7667
- Mary Browns, 6858 50 Ave #2, Red Deer, AB; Ph: (587) 273-3080
- Multi Culture Travel, 5519 137 Ave NW, Edmonton, AB; T5A 3L4. Ph. (780) 456-1192
- Ray Bacchus (Financial Advisor), 68082-162 Bonnie Doon Mall Edmonton, Alberta T6C 4E3, (780) 429-1243; Email ray_cweg@telus.net / raybaach@ecn.ab.ca; Fax: (780) 425-3168 / (780) 433-7717
- Sazna Services, Lawn Maintenance and Snow Removal, Imran Khurshed; Ongoing Maintenance: Pruning, Lawn Care, Grass Cutting, Fertilization, Leaf Removal, Snow Removal; (780) 909-1102
- Usman Lawn & Snow, 12820 53 St NW, Edmonton, AB; T5A 0B5. (780) 970-3839. Landscape Maintenance, Industrial Landscape, Commercial Landscape, Commercial Grass Cutting, Snow Removal, Parking Lot Sanding, Parking Lot Sweeping, Lawn Maintenance...*((Disclaimer: Businesses, addresses, phone numbers, emails etc...are subject to changes, and must be verified.))*

ASSOCIATIONS

Canada - Edmonton / Calgary

- Carifest, 357 – 1500 14 Street SW, Calgary AB T3C 1C9, Ph: (403) 774-1300
www.carifestcalgary.com
- Cariwest Western Carnival Development Association, 11227 Jasper Ave, Edmonton, AB T5K 0L5, Ph: (780) 421-7800
- Guyana Canada Cultural Association of Calgary, 4804 Westwinds Drive NE (Unit 4), Calgary, AB T3J 4L4, Ph: 403-259-3780; www.gcca-calgary.com;
www.facebook.com/GccaCalgary/
- Jamaica Association Northern Alberta, 12526 126 Ave NW, Edmonton, AB T5L 3C7
- Jamaican Canadian Association Alberta, P.O. Box 22264, Bankers Hall, Calgary, AB, T2P 4K1. Ph. 403-775-1235. Email: info@jcaalberta.com; <http://jcaalberta.com>
- Trinidad & Tobago Cultural Association of Edmonton, 16712 113 Ave NW, Edmonton, AB T5M 2X3

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WE'RE ON OUR WAY
GO CHAMPS! GO CHAMPS! GO!

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Health articles, Life's Journey articles and some of the other articles are repeats from the 2002 to 2003 Cariwave, The Caribbean Magazine, with some modifications.

Some articles by Fisal Ally were previously written and were modified and updated for this magazine.

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Info on Fusscup Cakes came from the website: www.fusscupcakes.com

Websites on the women abolitionists
http://abolition.e2bn.org/people_37.html
<https://www.libertarianism.org/columns/black-women-abolitionists-fight-freedom-19th-century>
<https://www.libertarianism.org/columns/white-women-abolitionists-more-19th-century-freedom-fighters>
https://en.wikipedia.org/wiki/Lydia_Maria_Child

Fisal Ally had originally published some of the article on Facebook prior to publishing them in this magazine. Some were modified for Cariwave

The "Dance of life" quote used by Deepak Chopra in his books

The Valentines / My Valentines Edition is coming soon...Fisal Ally

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