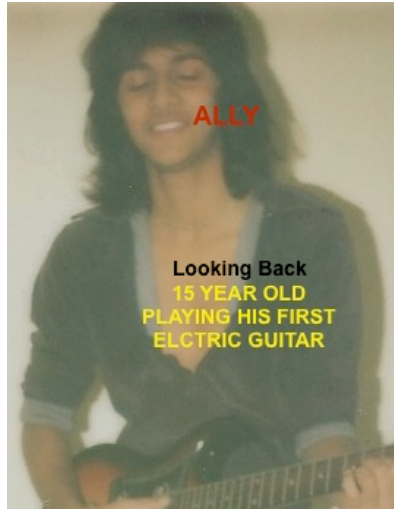


DIVERSE CITY

Magazine

New Year 2019



BENDING STRINGS

ALLY'S 1999 RECORDINGS

SESSIONS AT POWERSOUND STUDIOS

- Some songs recorded were** Sometimes, True Love, A Kiss Goodnight, Christmas, Keep The Peace...
- Studio musicians** on one or more tracks are: Roxana Avalos-Calderon, Phil Anderson, Carmine Caligiuri, John Cooke, Mark Puffer, Matt Robertson; F. D. Ally played on all songs
- **St. John Bosco Church Choir members:** Jenifer Black, Ria Rose Fourney, Jackquie Fpilak, Shannon Johnson, Christine Lasek, Megan Lessard
Denis Lessard: Producer and director of the St. John Bosco Church Choirs



THE SONG, SOMETIMES

Sometimes tracks were used in the 2008 half hour comedy 'CUSTOMER COMES FIRST' with Pat Jones, Miguel Ferrero, Faisal D. Ally

SIMILARITIES FOR SOMETIMES

- "**Sometimes I close my eyes, All I see is** your smile
by Indie song writer Faisal Ally 1990s
- "**Every time I close my eyes, All I see is** people dying
Alexa - Digital media 2014



LUNAR NEW YEAR

Extravaganza

HEALTH

Sit, Relax and Rejuvenate

MY HOME

Windows of the past, thank you - by F. Ally

SANDS OF TIME

by Solomon Singh

DIVERSE CITY

World Magazine



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(Minor updates on January 16, 2019)

ALLY

WORLD MUSIC

SHARE LOVE

SHARE THE MAGIC

HOLIDAYS CELEBRATIONS INTO THE NEW YEAR 2019



Christmas 2018 celebration



Christmas 2018 celebration



Christmas 2018 celebration



NewYear, chocolate chip Banana bread by Brooklyn



New Year, pepperpot dish, served with fresh bread
By Jean



January 2019 - A bowl of pepperpot

Mary Browns

Famous chicken & Taters

(Includes halal)

Location: Spruce Grove
100 King St, Spruce Grove
Ph: (780) 960-5030

Location: Mayfield Common
Mayfield Common, 358 Mayfield
Common Northwest, Edmonton AB
Ph: (780) 489-7667

Location: Red Deer
6858 50 Ave #2, Red Deer, AB
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WELCOME 2019

Follow your passion
With a New Year Resolution



WE'RE ON OUR WAY
GO CHAMPS! GO CHAMPS! GO!



AG-LIB Toastmasters Club

Learn to
Speak and Lead with Confidence

You're Invited!

Every Wednesday

Noon – 1:00 p.m.
Boardroom 102A, OS Longman Building
6909 – 116 Street, Edmonton
(close to South Campus LRT Station)

What you can Expect

A warm welcome
A friendly, professional and supportive atmosphere
Observe members in action: speaking and leading
As a guest, your participation is optional

Contact us at <https://6434.toastmastersclubs.org/>
OR just show up!

MAKING GINGER BEER USING NEISHA'S (NAZ) RECIPE



Ginger Beer is a common non-alcoholic drink in places like Guyana, Jamaica and other places in the Caribbean.

See Neisha's recipe in the Diverse City Magazine, Christmas 2017 Edition, P.6



Ginger to make two pots



Grate ginger



Grating complete



Let water boil. Add ginger



Add approx. 5 to 7 tablespoons of sugar or to taste. Boil for approx. 20 minutes



Complete. Let it sit overnight. The following day, pour into containers



Ginger beer and sponge cake



Ginger beer

The two pictures on the left are from an earlier edition of the Diverse City Magazine.

DIVERSE CITY MAGAZINE

OUR STORIES

OUR DREAMS

OUR VISION

OUR GOALS

OUR LIVES

OUR WORLD

OUR SOCIETY

OUR

NEW

CLEAR

VISION

For 2019

***To keep striving and to keep doing what we do
regardless of any obstacles or setbacks***

...F. Ally

EDMONTON CHINATOWN MULTI-CULTURAL CENTRE
LUNAR NEW YEAR EXTRAVAGANZA



The Lunar New Year

The Lunar New Year falls on January 13, 2019. There were ceremonies and prayers made to the gods for good fortune. The Laba festival took place on January 13, which ‘marks the beginning of the Spring Festival.’

In Edmonton, Alberta, Canada, on Saturday, January 12, 2019, the Edmonton Chinatown Multi-Cultural Centre had celebrated with their Lunar New year Extravaganza at West Edmonton Mall. Many booths were set up with displays. Children were aplaying ping pong.

Spring Festival - It's the Year of the Pig

It's the Year of the Pig and the Chinese New Year will begin on February 5. The New Year begins with the Spring Festival, kicking off the celebrations where the festivities go on until February 19. People will be cleaning their homes and there will be many homemade dishes to bring in the New Year, and on the Spring Festival Eve there will be fireworks to bring in good luck. And during the festival, there will be many festivities, and the streets will be filled with parades, fire dragons and red decorations.

References:

Cariwave-New-Year-2017

<https://www.timeanddate.com/holidays/china/spring-festival>

References: <https://chinesenewyear.net/calendar/>

This article was revised from the original article in this magazine published on January 14, 2019.



Held at West Edmonton Mall





Many recognized for their work



Pictures by F. Ally



FESTIVALS 2019 EVENT DATES

Caribana Canival (Toronto, Canada) *Carnivals livening up the cities with Mas Bands, Street Parades, and Costumes Extravaganza (North America's largest street festival). Many contributing to an everlasting Canadian tradition and economy*

Chinese New Year 2019 - Year of the pig - Feb 5

Caribana - (Toronto) Thursday, August 1st - Sunday, August 4th 2019

Cariwest - (Edmonton, Alberta, Canada) August 9-11, 2019 - Downtown Edmonton...
Celebrating 35 years of Carnival
11230 119 Street, Edmonton AB T5G 2X3
780.421.7800
Cariwest@shaw.ca

Carifest - (Calgary) Saturday, August 17, 2019

Mashramani - (Guyana, South America) - Saturday, February 23

Rio de Janeiro Carnival - Friday, March 1 to Saturday March 9

Rupunnuni Safari - (Guyana, South America) Tours through the year

Trinidad and Tobago Carnival (In Port of Spain) - Monday, March 4 to Tue, March 5

UPCOMING 2019 FESTIVITIES



Hindu Holi Spring festival



Hindu Holi Spring festival



Pepperpot club dominoes



Carnivals



Heritage Days Festival



Heritage Days Festival



Rodeo in Guyana,
South America

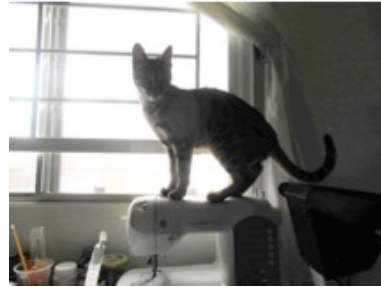


Summer fun



Jump and touch the world

DIVERSE PHOTO GALLERY



The cat, Ferrari

Snow Cone



January 2019 - making a snow slide

Guyana's location in pink, next to Venezuela, for the Rupununi Safari

Aliyah - Indian dancing

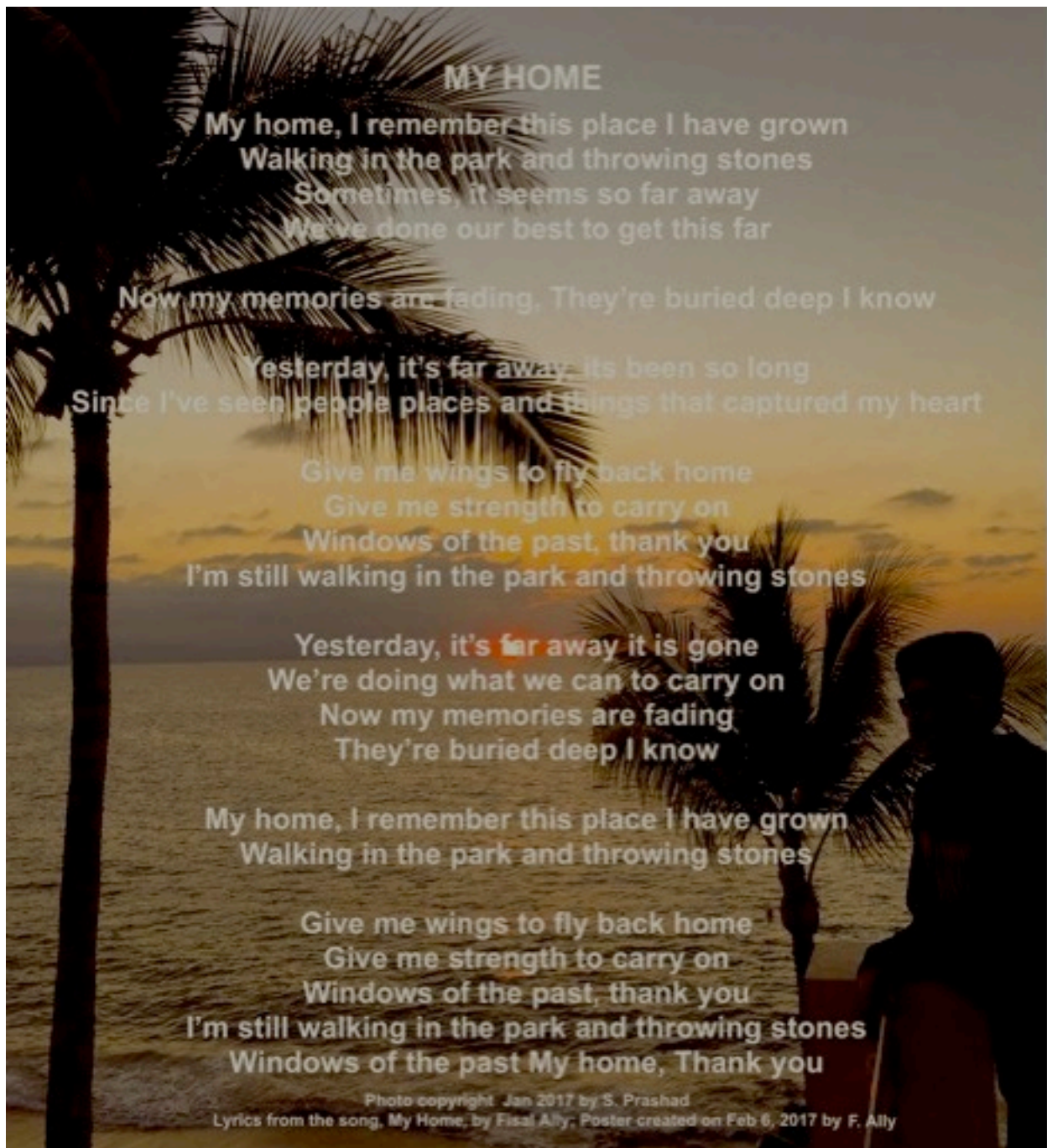
<p>DRAGON TOURS</p> <p>3 GUIANAS <i>Guyana, Suriname & French Guiana South America</i></p> <p>Day 1: Arrival Guyana, South America</p> <p>Day 2: Kaieteur Falls Excursion and City Tour Day 3 & 4: Karanambu Ranch</p> <p>Day 5: Transfer to Sloth Island Reserve Day 6: Sloth Island/Mazaruni River Day 7: Return to Georgetown Day 8: Guyana/Suriname Day 9: Paramaribo/French Guiana Day 10: Boat Trip to Ile Du Salut Day 11: Arianespace Centre Day 12: Paramaribo City Tour and River Tour Day 13: Joden Savanna & Maroon Village Tour Day 14: Departure</p> <p>https://www.dagron-tours.com/tours/south-america/3-guianas/3-guianas.htm</p>	<p>CARIBANA TORONTO, CANADA</p> <p>Caribana Weekend 2019</p> <p>Thursday, August 1st to Sunday, August 4th 2019</p> <p>TORONTO WELCOMES over a million tourists during the August long weekend from across Canada and the U.S</p> <p>https://www.caribanatoronto.com</p>
<p>Chinese New Year YEAR OF THE PIG</p> <p>CHINA TOWN NEW YORK CITY The annual Lunar New Year Parade</p> <p>February 5, 2019</p> <p>Final day of the Chinese New Year Festival is the Lantern Festival, on the 15th lunar day of the first lunar month which is The Lantern Festival Day on February 19, 2018.” Check out the Dragons, dancers</p> <p>Catch a taste of Chinese foods</p> <p>https://www.timeout.com/newyork/chinese-new-year</p>	<p>CARNAVAL DEL SOL 2019</p> <p>CONCORD PACIFIC PLACE <i>Downtown Vancouver</i></p> <p><i>July 6th and 7th 2019 10am to 10pm each day</i></p> <p>Concord Pacific Place 88 Pacific Boulevard Vancouver, BC V6Z 2R6.</p> <p>In front of BC Place stadium (Whitecaps stadium) and Rogers Arena. Has a capacity for 150,000 people</p> <p>https://www.carnavaldelsol.ca/about/</p>

Disclaimer: Events info is publicly available. Be sure to verify all information before embarking on the events, as dates and times may change, and incorrect information may have been provided.

Sands of Time by Solomon Singh...dedicated to my dear friend who has recently departed from this journey in Montrose, Guyana...*Solomon* - April 2017, *Diverse City Magazine*, p. 10



MY HOME-WINDOWS OF THE PAST, THANK YOU



WINDOWS OF THE PAST THANK YOU I'M STILL WALKING IN THE PARK AND THROWING STONES

Posted in the 2017 Cariwave Magazine Valentine's Edition, Diverse city magazine march 2017 edition...p. 24...

2019 MUSIC SERIES BENDING STRINGS

LOOKING BACK AT ALLY'S 1999 RECORDINGS AT POWERSOUND STUDIOS, EDMONTON, ALBERTA, CANADA



Ally playing his Fender Stratocaster, Made in USA guitar

Fisal Ally is also know as Brian which is also a name given at birth in Guyana, and also by his middle name Deen. On projects, different spellings of the name Fisal were also used such as Fyzal.

THE 1999 RECORDINGS THE SESSIONS

INTRODUCTION

IN 1999, I BEGAN WORKING ON A NEW INDEPENDENT MUSIC PROJECT

In late 1999, I headed down to Power Sound Studio in Edmonton, Alberta, Canada to meet Phil Anderson and to discuss my upcoming INDEPENDENT RECRODING PROJECT. Before entering any studio, my songs are complete from beginning to end, and I always have the chord progression charts, rhythm guitar and bass lines ready, and sometimes the keyboards and the drums. All of my recording projects are INDEPENDENT and I have covered all of the costs for studio time, and for paying STUDIO MUSICIANS to lay down some tracks. In those days, I was working as a computer programmer and I was also in the stock market making money, and I would put aside the FUNDS my recordings.

PART I - MY HOME RECORDINGS AND FRIENDS

RENTING THE EQUIPMENT AND RECORDING AT HOME AND WITH FRIENDS

My recordings were fun. I enjoyed the song writing and recording experience. Like writing books while working a full time job, writing songs and recording music were also my hobby. AND I TOOK SONG WRITING AND RECORDING SERIOUSLY.

Before entering professional studios like BETA STUDIOS, POWERSOUND STUDIOS and BIG RECORDS, I used to rent low cost recording equipment where I would play and record all of the tracks including drums using a drum machine. I had purchased a Tascam 4 track recorder, so I didn't have many tracks to record on. Then I began renting the ADAT 8 track machine, which gave me enough tracks to record on. AT THIS STAGE IN LIFE, MUSIC WAS MY HOBBIE AND I DID NOT EXPECT PROFESSIONAL QUALITY. I WANTED TO RECORD MY SONGS AS ON A MEDIUM as my INDEPENDENT PRODUCTIONS. The recordings were done fast because I was doing all the tracks and all of the work. Prior to this I had recorded my songs on tape recorders just playing a guitar. With the Tascam 4-track and then the ADAT 8 track, I was now able to put down the drum machine, rhythm guitar, bass guitar, lead guitar, keyboards and harmonica, and a quick vocal track. At the time my vocal chords were very sore and the vocal tracks were rough and done very quick. I had RECORDED ABOUT 40 SONGS BY MYSELF. IT WAS A LOT OF WORK and everything was done quick, but the songs were completed. And over the years I WOULD MAKE CHANGES TO SOME OF THE SONGS AND LYRICS and record a different versions. I LIKE HAVING DIFFERENT VERSIONS OF A SONG.

PLAYING WITH FRIENDS

Sometimes friends would come over and they would bring their friends, and we would play our instruments and sing, and very often we played our original songs. I would play some of my songs and the some of the other guys would play their songs. We did this for enjoyment as we all had full time jobs, which had taken up a lot of our time. But most of us never gave up music; it's something we did since we were teenagers. Sometimes my good friend, James from our high school group would drop by and we would play guitar, but at this stage I was practicing with other friends.

ON THE RADIO - CONTINUED PLAYING AND WRITING SONGS

I'm not sure what became of amazing players and singers like J. Walker, whom I played in a band with when I was around eighteen years old, while playing with my high school band. I'm sure some of them may have done good in music or gone on to other good things in life. As for me, I was happy to hear two of my songs coming over the radio with me singing and playing while in my twenties. At the time I was working full time, and I did not really push to get ahead in music. At the time I still did not know much about recording or recording engineering. Going further back, I remember how James, Dave, a drummer and I were playing in the music room in school and how we packed in the room. SO WE HAD SOME GOOD TIMES IN MUSIC.

ALSO PLAYED LEAD GUITAR FOR AN EAST INDIAN BAND WHERE I LEARNED TO PLAY INDIAN SONGS

I later played lead guitar for an East Indian band out of Edmonton where I had the opportunity to learn Indian music and played with amazing players, and we played at the Legislative Grounds, in Vancouver and other places in front of big crowds. IT WAS ALL FUN

MY SONG, WIDE EYED INNOCENT AND MANY MORE INDIE RECORDINGS

In the 1990s, my songs like Wide Eyed Innocent, True Love, A Kiss Goodnight and others were recorded a number of times and sometimes with friends. Thus many of my songs were recorded multiple times in the 1990s and those recordings exist.

SIXTEEN PIECE DRUM SET

I had a sixteen piece drum set and although I was not a drummer, I knew how to play some beats and do drum rolls. One of my sister's friend, Jo, had introduced me to a drummer. He was very good and we would lay down some tracks for songs like Wide Eyed Innocent, and A Kiss Goodnight.

THE RADIO RECORDINGS, DOCUMENTARY ON MY MUSIC, FRIENDS THAT PLAYED AND RECORDING WITH ME, MY INDEPENDENT PRODUCTIONS, LIVE PERFORMANCES ARE ALL A PART OF THIS JOURNEY WHILE I WAS WORKING FULL TIME AND ALSO WRITING BOOKS, BUT I NEEDED TO MOVE FORWARD

There was only so much I could learn at home and from friends, and recording with friends using rental or cheap home equipment. I wanted to learn more, but it was costly.

PART II - RECORDING WITH THE PROFESSIONALS IN BETA STUDIOS

I WAS READY TO RECORD WITH THE PROFESSIONALS AND TO LEARN

It was time for me to move forward from playing with friends and playing in the basement, and to get some NEW EXPERIENCES and this had to be done in the PROFESSIONAL STUDIOS and this was costly.

I had already written about 100 songs.

I wanted to grow and to learn about recording engineering from the professionals and I had begun entering the TOP PROFESSIONAL STUDIOS IN EDMONTON in the 1990s to record some of my songs. Beta Studios was the first professional studio I had entered.

COST WAS ALWAYS A MAJOR FACTOR

When it comes to INDEPENDENT PRODUCTION cost is always a factor, because most of the time THE INDEPENDENT ARTIST like myself has to fork out the CASH to continue my INDIE PRODUCTIONS.

RECORDING AT BETA STUDIOS, STUDIO MUSICIANS, AND COSTS IN THE 1990s

In the 1990s, to enter a studio like BETA STUDIOS owned by Gary Koliger, from what I recall the cost was around \$65 and hour (I do not recall the exact hourly rate, it could have been more) and this was one of the best studios in Edmonton at the time, and probably still is. I believe the Tape Machine Recorder used is a 1-inch reel-to-reel tape, which was one of the best recorders.

Gary had brought in some STUDIO MUSCIANS TO PLAY on the tunes at a good price. Gary also played on the song. He was saturated with talent, and could have whip out a guitar lead for my song, LISA. Who is Lisa? I have no idea. It was just a song and a name from a phone call with the wrong number. Gary is also an amazing producer. On the song Lisa, where the line is "Tell me baby, when will you be mine." During the production he had advised me to drop the word 'mine' and to just sing, "Tell me baby, when will you be." And he was right. I like the way it sound. That's how talented Gary is. The drummer Tim Lent that played on songs like Lisa, SoCrazy4u and We Party Till We Feel Alright is an amazing drummer. This experience is one of my most memorable experience, and that's because Gary Koliger was not only an amazing Blues guitar player, but he knew his business and people very well.

At the time I was working as a computer programmer, and I had brought in my friend, Elias Ayube, from work, another computer programmer, to play TABLA on the song, We Party Till We Feel Alright (at the time I think the song had a different name). Elias is an amazing tabla player. I think it was in BETA STUDIOS, the players just came in for one or two songs, but were ready play extra tunes at no extra cost. And that's what music was all about; players will play, even when they are not paid, nor paid much.

CHARTING OUT MY SONGS AND CREATING A DEMO AND LOOPING THE DRUMS

I always chart out my songs for recording, which would include the type of drumbeats and the chord progression. For example I would chart out the entire chord progression. Once I have this chart, I would follow this chart and lay record the drums. After that I would then play the rhythm guitar with a quick vocal, and then add the bass, and then the lead guitar and then the keyboards, or in another order.

A week or two before the recording session date, I would enter BETA STUDIOS and Gary Koliger and I would do a demo. Gary would play a drum beat and then loop the drums for about 3 minutes, and then we would add the rest of instrument. It would very similar to what I had already created.

Gary would chart out my songs for his studio musicians, which was different from my chart, even though the song progression and lengths were the same. I would normally chart out my songs using a 4/4 time. But when Gary, for example, charted out SoCrazy4u, for his STUDIO MUSICIAN, he was using all kinds of beats such as 2/4, which I still cannot figure out, but yet the playing is identical to mine. It shows that he understands THEORY and I do not. And maybe this is why I write UNIQUE SONGS, SIMPLY BECAUSE I DO NOT UNDERSTAND MUSIC THEORY. MAYBE THAT'S A BLESSING IN DISGUISE. SEE GARY SAMPLE CHART AFTER THIS ARTICLE with some chords blotched out.

**IN BETA STUDIOS
TIM LENT WHO IS AN EXCELLENT DRUMMER PLAYED DRUMS ON
SONGS SUCH AS**

WE PARTY TILL WE FEEL ALRIGHT

This song is about people that party and 'dance all night and dance till the sun comes up'. It's as if they are chanting 'We Party Till We Feel Alright'

RECORDING AT BIG RECORDS STUDIO, A LESS EXPENSIVE STUDIO

To cut down on my cost, I began recording in BIG RECORDS owned by Dennis Sheehan, where I believe the cost was \$25 an hour, but I believe his Tape Recorder Machine used a 1/2 reel-to-reel tape. Dennis was the engineer, and I would have to direct the players that came in to play on what to do. The studio was off Jasper Avenue and around 105 Street, where I had to walk up a long set of stairs to the studio. I remember one of the drummers coming in to play was Tim Anderson.

I had discussed some of my recording experiences at Beta Studios in the Diverse City Magazine (digital) and or the Cariwave Magazine (digital). It was a lot of fun recording at BIG RECORDS because my cost was low as compared to the others, and also I had the opportunity to record with some good artists. BUT IT'S BETTER WHEN THERE'S SOMEONE LIKE GARY KOLIGER IN THE STUDIO TO PRODUCE AND WHO I CAN LEARN FROM.

PART III - ENTERING POWERSOUND STUDIO

BEFORE ENTERING POWERFOUND I HAD TO GO TO VANCOUVER TO A STUDIO CALLED RED STRIPES STUDIOS TO RETRIEVES TRACKS FROM A 1/2 INCH TAPE

Before entering Powersound Studios, I had to go to Vancouver to retrieve tracks from I think a 1/2 inch reel to reel tape which I had uncompleted songs due to unforeseen problems in the studio I was prior in. SEE SAMPLES FOR 'SOMETIMES' and 'NEW CLEAR SOCIETY' after this article. I could not locate that specific tape machine in Edmonton, but locate it in Vancouver. I flew down to Vancouver and stayed with my sister. It was quite an experience to enter a studio in Vancouver where the tracks were retrieved and transported onto another format for me to use.

IN THE STUDIO - PRO TOOLS RECORDING SOFTWARE ON A COMPUTER

After all of that, back in Edmonton, we decided that it would be best to start over from scratch. I had already created the bass lines for songs like SOMETIMES with a running bass line, NEW CLEAR SOCIETY and WIDE EYED INNOCENT. I also came up with the bass drum beat for the song, SOMETIMES. For all of my songs, I would come up with all of the parts from rhythm guitar, lead guitar, keyboards, drums, and harmonica. BUT IN A STUDIO THE PRODUCTION CAN EASILY CHANGE BY ADDING NEW ARRANGEMENTS TO THE SAME SONG.

SONGS PLANNED FOR RECORDING

SOMETIMES, A KISS GOODNIGHT, TRUE LOVE, CHRISTMAS, KEEP THE PEACE, THAT'S CRAZY LOVE, WE PARTY TILL WE FEEL ALRIGHT, AND A FEW MORE.

Powersound was already COMPUTERIZED and has a huge MIXING board. Whereas in Beta Studios, Gary Koliger used - I believe - a 1-inch reel to reel tape machine, which was very powerful and expensive. Powersound mixing board was the biggest I have ever seen. In those days a huge studio had opened and was very expensive to record in, and I think they may have had a big mixing board also. I don't know what became of that studio.

STUDIO MUSICIANS THAT CAME INTO POWERSOUND STUDIO TO LAY DOWN TRACKS

Phil brought in some studio musicians that he knew. Aside from myself playing on the tracks, the musicians Phil brought in were: *Musicians played on the 1999 tracks : John Cooke, Phil Anderson, Carmine Caligiuri, Mark Puffer, Matt Robertson. Phil also played bass. Initially I was going to also play bass, but Phil had a top end bass guitar and he was also a good bass player.*

PROFESSIONAL VIOLIN PLAYER

I knew a violin player named Roxana Avalos-Calderon and she came in to play the violin on A Kiss Goodnight, which I believe she had already done on a previous version of this song.

ST. JOHN BOSCO CHURCH CHOIR SANG ON THE SONGS, 'KEEP THE PEACE' and on 'CHRISTMAS

One of my aunts had introduced me to her CHURCH CHOIR GROUP group from ST. JOHN BOSCO Church that came into to sing on the songs 'KEEP THE PEACE' and 'CHRISTMAS.' Members of the St. John Bosco Church that sang on the songs are as follows: Jenifer Black, Ria Rose Fourney, Jackquie Fpilak, Shannon Johnson, Christine Lasek, and Megan Lessard.

Denis Lessard: Producer and director of the St. John Bosco Church Choirs.

I had gone down to St. John Bosco Church for some rehearsals and there was always something new to learn whether at the Church or in the studio.

It was a good experience to see all of the parents bringing their children who were amazing singers. It was such a good experience and privilege to have met Denis Lessard and the church choir and to rehearse with them.

RECORDING MY ORIGINAL SONG, SOMETIMES, AT POWERSOUND STUDIOS

The song Sometimes which was originally written and recorded around 1994 was being recorded with another version. Before entering the studio, I had the guitar, running bass line, keyboard, and also the bass drum beat worked out with the entire arrange for the complete song from beginning to end.

From what I remember, while doing the first take, the drummer began playing, but the bass drum beat was the same one that I came up with for this version. Phil had already listened to my demo, and he stopped the playing and went over the bass drum beat with the drummer. We began the song again and it sounded good and the recording continued. Note, later around the year 2008, the SOMETIMES tracks was used on a half hour comedy episode which I had written called CUSTOMERS COME FIRST.

KEYBOARDS FOR SOMETIMES WAS PLAYED BY JOHN COOKE IN 1999

I remember going over to John Cooke's apartment, which was on the Saskatchewan drive and not far from 109 Street, and I gave him the song so he can go over my keyboard part for the song. Although I had created a keyboard parts for songs like Sometimes and New Clear Society, when John Cooke entered the studio, he was brilliant. When he began to play New Clear Society, I just loved the way he played the keyboard, his own style. And on Sometimes, he played a very simple keyboard melody. His playing was amazing, and this is why it's good to bring in studio musicians that have years of experience, because they will add the extra zest in the playing.

Mark Puffer who played lead guitar on this version of True Love, also did the backup vocals for True Love, and A Kiss Goodnight. He has an amazing rage and his backup vocals sure added to the song.

MARK PUFFER ON BACKGROUND VOCALS FOR THE SONGS TRUE LOVE A KISS GOODNIGHT

PUNCHING IN THE DRUMS

Phil was very good at engineering, and he was also the only engineer I knew that could stop a song during the take and then have us continue from where we stopped and he would punch in drums, this way we didn't have to start the song over from the beginning. In other words, there were a number of times while we were recording a song and Phil had to stop up. He knew what he was doing. Then he would get us to start playing about four bars before and then he would punch in the drums. He obviously picks the right stop to punch in the drums. It was not easy to punch in drums while everything was ringing. If everything is ringing, then were do you punch in the drums so it didn't sound choppy? Phil had a good ear for that.

ANNA BEAUMONT AND VOICE COACHING

While at Powersound, Phil introduced me to Anna Beaumont who had given me about three voice coaching sessions for singing the songs in the studio. I am not a singer, but with this kinds of coaching, and with Phil having a good ear, he would stop in certain places on the vocal track where I was out of tune - and I was always out of tune - and he would go over the phrase with me, and these are the reasons I wanted to be in the studio, amongst professionals, and that was so I can learn from the pros.

PROBLEMS LAYING DOWN THE TRACKS FOR MISSING YOU GOING CRAZY

The song, Missing You Going Crazy, was originally called 'Missing you just like crazy', was recorded a number of times. I had selected this song to record in Powersound, as many tracks were being recorded at Powersound Studios. However, I remember us having problems laying down the track on 'Missing you going crazy' because the way I wrote the song it was not in 4/4 timing, and like Gary Koliger in Beta Studios, Phil would also chart out some of my songs differently from the way I had charted them, for the studio musicians, even though most of the time not much in my songs are changed. For me it was confusing, because I do not understand music theory, but I have a way of creating songs my own way. For example in the song True Love, I often throw in a 2/4 timing (like a half bar) in the intro and other times I would stretch it out for 4/4 timing (like a full bar). From what I recall, on this song, Phil would say something like play 3 beats for this chord, play 5 beats on this other chord etc...so it was nightmare trying to remember the numbers of beats, and this didn't get too far, however, there are other recordings for this song that was done in other studios and is used on one of my projects. This is a memorable experience because it shows the way an artist like myself creates, and a person like Phil that really understands the theory.

SEE CHART SAMPLE BY GARY KOLIGER AT THE END OF THIS ARTICLE for the song SoCrazy4u.

THIS 1999 MUSIC PROJECT WAS EXPENSIVE AND NOT FULLY COMPLETED AS PLANNED BUT ALL TRACKS ARE IN USED

While recording the songs in Powersound, I had to do some traveling, and there was also a death in the family, which delayed the project, and then I began a new job which took up a lot of my time. Then the World Trade Centre attack on September 11, 2001, happened and that had changed everything and the project was not completed as planned. The year 2001 had completely changed people's perceptions of people like myself, which became a big drawback, however, there are still many amazing people out there that are not influenced by politics and hate.

A SAMPLE COST ANALYSIS FOR THE 1999 RECORDING SESSIONS

I went back and pulled out some of my bills, and my STUDIO TIME COST at Power sound was approximately \$6,600. Back in 1999 the cost per hour, which I had paid at Power Sound, I believe, was \$50 an hour. If you do the math, studio time was about THREE WEEKS, and that does not include paying for STUDIO MUSICIANS to play and mixing down time. A player that played on all ten tracks was paid around \$600. Some players only played on one song and was paid for example \$100. During those days I had some money set aside for this project, especially since I was in the stock market and doing some day trading, and I was always coming out ahead, until the stock market began to crash in the YEAR 2000 - many had lost their investments, but I was spending my on my projects and travelling, so I came out ahead, although I ended up losing a lot of my profit.

When add in the costs of players and donation, this project cost about \$8,000. Another few days in studio time and a few more thousands would have produced a better project.

TRACKS STILL USED OVER THE YEARS

FULL TAPES OF ALL TRACKS FROM POWERSOUND, ALBERTA RECORDING STUDIOS

Aside with some complete songs and polished songs, tracks of many songs were completed at Powersound Studios and also previously at Alberta Recording Studios. These tracks are all used at different time and on different projects.

NOTE: Concerning my songs, I have never given anyone permission to use any of my songs, ideas, or hooks or parts of the songs professionally, nor were any contracts created and signed for others to use any song or parts of the songs.

RECORDING AT POWERSOUND STUDIOS AND THE OUTCOME

Writing and playing music was a hobby or I would say more than a hobby - it was me, in my blood and I really enjoy being in the studio, and I knew that I would continue for the rest of my life. I had planned to complete a 10 song CD and the plan was to have final product sent to somewhere in Toronto to have it mastered, but due to circumstances that did not work out. However, out of the 1999 recording sessions at Powersound, a few projects came out of that.

I had also entered HOMESTEAD RECORDING STUDIO, and worked with Barry Allen, another amazing person. This will be a discussion for another RECORDING SESSION write up.

PART IV - THE SONG SOMETIMES

THE COMEDY - CUSTOMERS COME FIRST - SOMETIMES TRACK

Around the year 2008, I used the SOMETIMES song tracks on the half hour comedy called 'CUSTOMERS COME FIRST' along with We Party Till We Feel Alright.

The actors in this INDEPENDENT comedy were Pat Jones who I knew from the fitness center, Miguel Ferrero who I knew from work, along with myself. I had written this half an hour comedy, which I had also produced and directed. I was also the cameraman, using a JVC 110 professional camera which I had purchased around the year 2006 for about \$6400, along with expensive battery packs and lighting equipment, and the blue and green screens. In those days, I had to do most of planning and other functions to cut down on costs. The experiences are memorable, especially knowing the amount of work one person - myself - had to do as opposed to productions that goes into the tens and hundreds of thousands. I did it all from writing movie scripts, novels, approximately 100 songs, cameraman and software editor, and the lists goes on and on, while working full time jobs. For me it is the journey that matters.

SIMILARITIES TO MY SONGS

Out of the 1.3 billion youtube videos, I was surprised to see the line by Alexa from the year 2014 mentioned below on the side of my youtube, which I find to be very similar to a phrase I used in the song, SOMETIMES, and it was also around 2014 when I began to notice a lot similarities to my songs, although a major similarities from my song 'A Kiss Goodnight' showed up in 2011 / 2012. Note: I had never noticed these kinds of similarities before the year 2011.

**"Sometimes I close my eyes, All I see is your smile
by Indie song writer Fisal Ally 1990s**

**"Everytime I close my eyes, All I see is people dying
Alexa - Digital media 2014**

PART V - SAMPLES PROGRESSION CHART AND TAPE RETRIVAL CHARTS

The next section shows some samples from 1999.

For the song SoCrazy4u, Gary Koliger had charted the song for the other studio musicians. His chart was different from mine, although the chord progression and chord progression were identical.

SAMPLE CHART SHOWING TRACKS FOR 'SOMETIMES' RETRIEVED FROM A PREVIOUS UNFINISHED RECORDING

Red Stripe Studios

20 N MacDonell Ave., Burnaby, BC V5C 2T8
Tel: (604) 298-5269 Fax: (604) 299-5270

Date: Oct 26/99

Project: 10 SEC → 4135

Engineer(s):

Tape/Deck: (G24 Dolby: ON/OFF)

Timecode: BPM:

Sequence/Sync info:

Notes:

TMS (?)

↑ Original 1" Stereo to NANS

For Dump

	1	2	3	4	5	6	7	8
①	KLIK	SWAKE	HAT	T ₁	T ₂	T ₃	ROOM	
	9	10	11	12	13	14	15	16
②	RNS)	GIT						
	17	18	19	20	21	22	23	24
	KLIK			(TO BE ERASED IF THINK)				
	←			KLIK				

SAMPLE CHART SHOWING TRACKS FOR 'NEW CLEAR SOCIETY' RETRIEVED FROM A PREVIOUS UNFINISHED RECORDING

Red Stripe Studios
 20 N. Lake Donora Ave., Burnaby, BC V5C 2T8
 Tel: (604) 293-5555 Fax: (604) 293-6270

Title: NEW CLEAR SOCIETY.

Project: 26:08 - 30:14

Producer(s):

Engineer(s):

Tape/Deck: (G24 Dolby: ON/OFF)

Timecode: BPM:

Sequence/Sync info:

Date: Dec 26, 1999

Notes:
XFOI FROM 1" ANALOG

	1	2	3	4	5	6	7	8
① KICK		SN	HAT	T	T	T		KICK ←→
② PASS ①	9	10	11	12	13	14	15	16
					PASS ②			RETURN GTR
	17	18	19	20	21	22	23	24
③ VOC ①		VOC ②						
				KICK TRAIL				

CHART FOR SoCrazy4u by GARY KOLIGER FOR HIS STUDIO MUSICIANS TO FOLLOW

(Gary Koliger,
Beta Studio)

So Crazy 4u

Intro - Dms 2 Bars

Guit - | C | C A | C | C A |

Js. | A | A | A | A |

Br. | F | C | F | C A |

Js. | F | C | F | C A |

Br. | F | C | F | C A |

Js. | A | A | A | A |

Br. | A | C | C | C |

Js. | A | A | C | A C |

Br. | A | A 3 || C 3 ||

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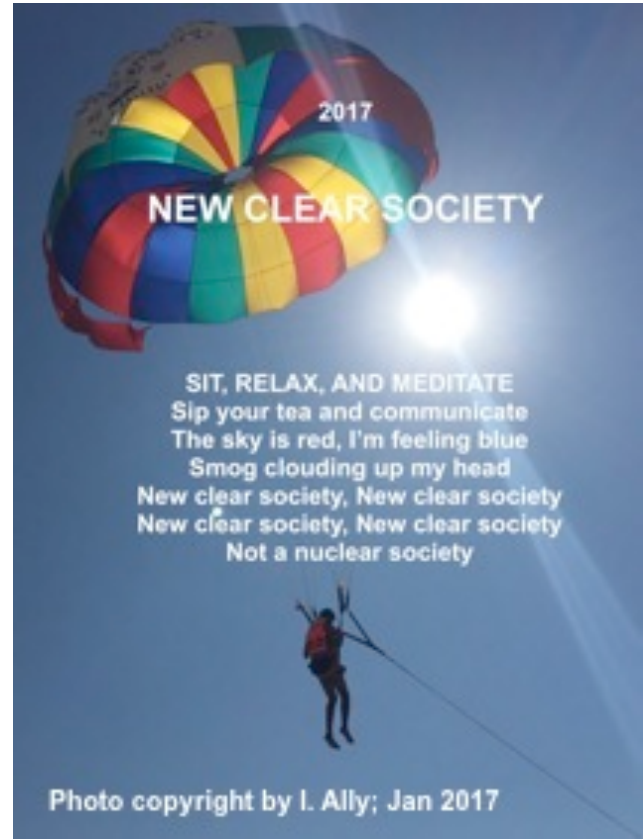
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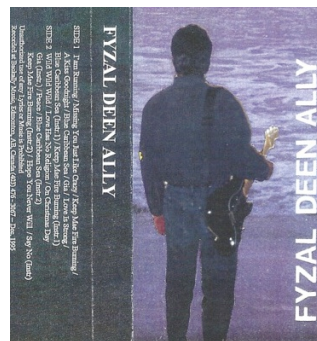
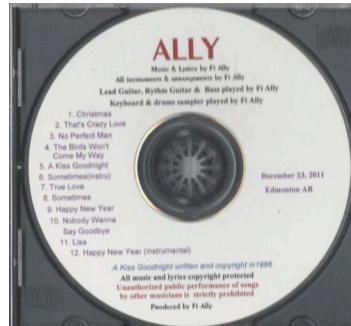


LOOKING BACK - PROJECTS BY ALLY



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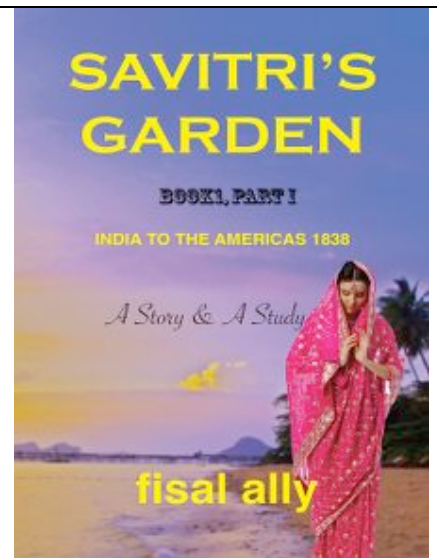
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Book 2: Part II - India to the Americas, 1838

Book 3: The Escape for True Love

Book 4: Rebellion and Reunion



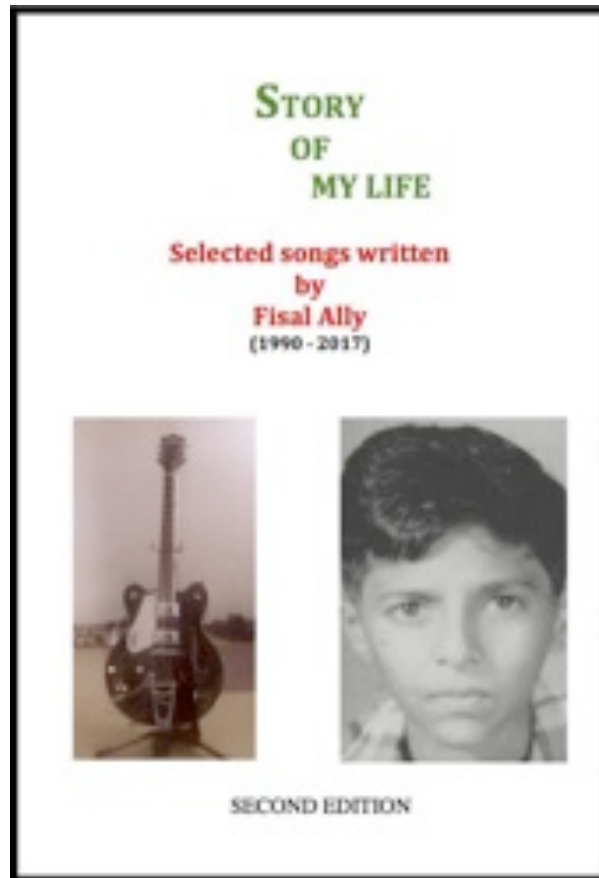
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Can also purchase online from: Barnes & Nobel; Indigo; www.smashwords.com

LOOKING BACK - SELECTED SONGS BY ALLY



F. Ally at age 15, first electric guitar...



A Kiss Goodnight, Action Speaks, All He Wanna Do, All You Gotta Do (this song have different names), Baby I love you, Blue Caribbean Sea, Bright Side, Candle That Burns, Christmas (version 1), City That Never Sleeps (Manhattan), Dance Baby Dance, Estos Sentimientos (These Feelings), Friends, Gia Carangi (the super model), Heaven and Hell, Hope You Never Will, I'm Running, In A Special Way, Innocent Lies, Insensitive, Keep the Peace, Keep Mae Fire Burning, Little Magic Wand, Lisa, Love Has No Religion, Love is strong, Missing you going crazy, Modern Day Gypsy, My Home, New Clear Society, Nobody Wanna Say Goodbye, No Perfect Man, Only a fool breaks his own heart (Fool For Love), Out of Control, Party till they feel alright (We Party Till We Feel Alright), Planet Earth, Precious Holidays (version 2), Rain Go Away, Reaching Out, Reflect and Celebrate, Regga Rock, SoCrazy4u, Sometimes, Space & Time (Burning), Story of my life, Sunshine's back again, Sweet Paradise, That's Crazy Love, The Birds Won't Come My Way, True Love, The World's Online, Two can play, We're on our way (Champs/Victory), We were one, Wide Eyed Innocent (Wide Eye Innocent), Wild Wild Wild (list taken from Diverse City Magazine, May 2018 Edition. *(This list was updated in the last year with the songs Bright Side and Friends)*)

Blue Caribbean Sea (Lead saxophone played by Rob Chizek), Gia, Keep Mae Fire Burning, Moon Child, New Clear Society, Say no, Return to Kashmir Moon Child

PRECIOUS MOMENTS

‘STANDING UP’ Series



Indie songwriter / musician / writer

The series of books known as the ‘Standing Up’ series of books began in the year 2017 and written F. Ally.

Book 1: ‘Standing up against racism’ was published on December 14, 2017. This book discusses some issues of racism.

Book 2: ‘Life of a visible minority in Edmonton, Alberta, Canada was published in 2018. This book brings to life four small children traveling from Georgetown, Guyana, South America on their own to join their parents in Edmonton. Ally discusses some of the racism, discrimination and bullying he had faced over the years, mainly in Edmonton, Alberta Canada, while on the streets and in the workplace.

Another Book to be used as a reference book was published: Faisal Ally, Sometimes I close my eyes website archives 2014 - 2018 (websites: www.faisalally.com / www.allymedia.ca) was published on 2018-08-05

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HEALTH

SIT RELAX AND REJUVENATE



This article consists of excerpts from previous editions of the Diverse City Magazine, and the Cariwave Magazine. Disclaimer: This article does not offer medical advice nor replace the need for professional help and advice. Experience matters, and the writer is sharing his experiences with the readers.

The excerpt below was taken from the July 2018, p.7 ---Diverse city magazine

At age 70 no two bodies are alike

When a person is 20 years old, his/her body may look like most 20 year old, but by the time a person reaches age 70, no two bodies are alike, since our experiences are unique.

Chronological, Biological, Psychological Age

According to Dr. Deepak Chopra, author of Ageless Body Timeless Mind, a person's age depends on three different ages: Chronological age is measured by the calendar; Biological age is a measurement of how organs and tissues have aged over time, thus biological age tells us how our body has actually aged; Psychological age which tells us how old we feel is more personal.

Continue on the next page...

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Out of the three measurements, chronological age is the most unreliable measurement of age. An example is where a 50 year old person is almost as healthy as when he was 25 years old, whereas another 50 year old may have the body and health of a 60 year or even a 70 year old.

They felt old and thus became old...

According to Dr. Chopra, biological age tells us how old we really are as over time, our organs and tissues ages differently as compared to people with your chronological age. He states that some of the elements that accelerates the aging process are: Depression; Feelings helpless to change oneself and others; Loneliness; Lack of regular daily routine; Job dissatisfaction; Financial burdens; Habitual or excessive worry.

The above article is a subset from the article Reversing The Aging Process, published in the Cariwave, The Caribbean Magazine, Fall 2002 Edition Further reading and Reference: Ageless Body Timeless Mind, Cariwave, The Caribbean Magazine, Fall 2002 Edition

Reversing the aging process Part III - Factors that affects aging

From the article Depression and aging, from the Christmas Edition 2016, P.11

In Deepak Chopra's best seller, Ageless Body Timeless Mind, he wrote that Vaillant concluded that depression "often leads to premature aging, chronic illness, and early death." There are studies where people suddenly become sick after a spouse died.

Stress and aging

Another observation was that "increased stress was often found in the lies of those who became chronically ill and died young. He claimed that "stress doesn't make people sick; **giving up their inner adaptability to stress does.**" In other words, some people may allow certain stressors (e.g a gossip or lies about them) to affect them in a negative way, such as becoming hurt or angry, whereas others would not allow these stressors to affect them, brushing them off and getting on with life.

Secrets to Long Life - Centenarians Part IV - Awareness and longevity, from the 2017 New Year Edition, P.14

According to Dr. Deepak Chopra, author of Ageless Body Timeless Mind, "The oldest people alive today do not tend to be merely random survivors, but individuals who embody enviable attitudes and values."

Dr. Chopra states that "the quality of one's life depends on the quality of attention and whatever you pay attention to will grown more important in your life." He further went on to say that, "There is no limit to the kinds of changes that awareness can produce" and that "we must consciously use awareness to our benefit.."

Dr. Chopra wrote about a man named Maurice who concluded that understanding just a few physical processes would extend our lives to 100 or 120 years. Maurice's prescription for longevity is to eat frugally, exercise and get plenty of fresh air, choose a congenial occupation, develop a placid or easygoing personality, maintain high level of personal hygiene, drink wholesome liquids, abstain from stimulants and sedatives, get plenty of rest, have a bowel

movement once a day, live in a temperature climate, enjoy a reasonable sex life and get proper medical attention in case of illness.

Secrets to long life - Centenarians

On January 7, 2017, CBCNN, ch15, aired a show called “Forever young,” a study based on aging. The episode spoke about Sarnia, Italy and Okinawa, Japan, amongst other places. According to the segment, in Sarnia, many of the people that attained long life were farmers and shepherds. A part of their diet includes bread with less sugar and lasts for six months, wine, and goat and sheep milk.

In Okinawa, according to the segment, as they became older, they continued an active life style, but more relaxed, and their diet is healthy which includes green leafy vegetables, sweet potato, and where fish is important to their diet, where fish has healthy omega acid and protein. But today in 2017, more people are moving to the city and their diet is changing, however, longevity is still very high in Okinawa.

Part V - Longevity and the good you do in life

From, Secrets to Long Life - Centenarians, 2017 Valentine's Edition, P.7

According to Dr. Deepak Chopra, author of Ageless Body Timeless Mind, Honor Thornhill, a centenarian, encourages people to do good. According to Thornhill, “as long as God gives you life, do good all your days, so where ever you go, it will follow you. He says that it does not pay to do wrong, adding, “the good I have done in my young days, helped me to live longer than many of my family.”

HACKING



*WICKED, TWO-FACE & DECEITFUL
AND GOOD AT GANG STALKING AND
THEFT*

A hacker at work, hacking you - he is wicked, deceitful and two-face. He resonates with wickedness. He is a deceiver, thinking that he will never be held accountable for his wickedness, but he's the one that has been deceived...

***YOU DO NOT HAVE TO BE CONNECTED
TO ANYTHING
AND YOUR WHEREABOUTS OUT IN THE
WORLD
CAN EASILY BE TRACKED
THIS TECHNOLOGY EXISTS ALTHOUGH
MANY ARE NOT AWARE***

***THEY DO NOT CARRY OUT THEIR
CRIMINAL ACTIVITIES TO GET CAUGHT***

WELCOME TO THE REAL WORLD! DECEIVERS AT WORK

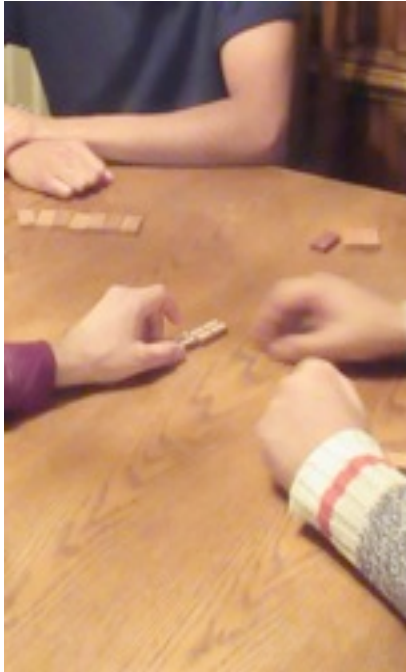
You do not have to be online or be connected to any service to be tracked. And you don't have to do anything wrong to be tracked, hacked and robbed by deceitful, conniving, two-faced criminals.

Hackers can switch on the camera on your TV and cell phones and watch you. Connecting your TV to your home network allows hackers into your home.

BELOW: Hackers stealing personal information Photos are licensed from www.depositphotos.com For demonstration purposes only



They secretly scheme and plot against you. They carry out their wickedness and they will shift the blame on you and have you framed. But they've been deceived all of their lives, even though they are afraid to admit it. Illegal activities like conning the elderly out of their life savings, stealing people's invention, literature, songs, music and ideas



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The Diverse City Magazine 2019 New Year Edition (First Edition) published on January 14, 2019
Minor updates on January 16, 2019
The Diverse City Magazine 2019 New Year Edition (Second Edition) published on January 22, 2019
More pictures for the Lunar New Year were added with a revised write up
A revised article for the 1999 Recordings

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Diverse City Magazine

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***CHINESE NEW YEAR MAGIC IN THE AIR
SHARE THE MOMENTS***