

# The Seven Layers of Aura

## ***The Etheric Body (Aura's first layer)***

It is connected to the root chakra. It shows the protection and survival of the physical body.

## ***The Emotional Body (Aura's second layer)***

This layer is connected to the sacral chakra and reflects the emotional wellbeing.

## ***The Mental Body (Aura's third layer)***

You will see this layer mainly across the head and shoulder area and is linked to the solar plexus chakra. This layer symbolizes the way ideas, thoughts and beliefs are validated and rationalized.

## ***The Astral Body (Aura's fourth layer)***

This layer is linked with the fourth (heart) chakra and connects the physical and spiritual bodies. It embodies the ability to love and to interact with people and to provide self love and selfcare.

## ***The Conceptual Body (Aura's fifth layer)***

This layer relates to the throat chakra, which characterizes communication, vibration and sound. This is the spiritual copy of the physical body and is distinctive to each person.

## ***The Celestial Body (Aura's sixth layer)***

This layer connects with the third-eye chakra. This layer is the connection between the physical and spiritual mind, reached through mindfulness and deep meditation.

## ***The Soul or Ketheric Body (Aura's seventh layer)***

This layer would seem to be holding all other layers together, where the Universe connects with the body and makes it possible to become united with it.