Portobello Steak Fajitas

Prep time	Cook time	Total time
10 mins	20 mins	30 mins

Perfectly spiced portobello and pepper fajitas in a rich creamy cashew sour cream sauce.

Website: WhatTheHeckDoIEatNow.com

Adapted From: Liddon, Angela. "Portobello Steak Fajitas." The Oh She

Glows Cookbook. Serves: 6-8 fajitas

Ingredients

- 6 large portobello mushrooms
- Marinade (this will be divided):
- ½ cup grapeseed oil
- 1/2 cup fresh lime juice
- 4 tsp dried oregano
- 4 tsp ground cumin
- 3 tsp chili powder
- 1½ tsp salt
- freshly ground pepper
- The Rest:
- 2 large red peppers thinly sliced
- 1 large yellow pepper thinly sliced
- 1 large orange pepper thinly sliced
- 1 large yellow onion thinly sliced
- 6-8 whole wheat flour tortillas
- Cilantro
- Cashew cream (Link to recipe provided)
- Sliced avocado or guacamole (optional)

Instructions

- 1. Prepare the portobellos. Scrape out gills and remove stems with a small spoon. Wash gently or alternatively wipe with a damp cloth. Slice into long ½ inch wide strips.
- 2. Thinly slice peppers and onions
- 3. Prepare the marinade by whisking together the grapeseed oil, lime juice, dried oregano, ground cumin, chili powder, salt and freshly ground pepper (to taste).
- 4. Add cut mushrooms to one large flat baking dish and peppers/ onion to the other.
- 5. Set the pepper/ onion mix in the fridge until later.
- 6. Toss the mushrooms well with about ¾ of the marinade. Set the remaining ¼ of the marinade aside for later. Leave the mushrooms marinating for at least half an hour (preferably longer) tossing every 30 minutes as able. Cover and refrigerate.
- 7. When you're ready to eat, toss the pepper mix with the remaining marinade. Preheat a large skillet and pour in contents of the bowl containing peppers/onions/ marinade. Saute over medium for about 10 minutes or until veggies are softened.
- 8. Meanwhile preheat a grill pan over med or high heat. Lay the marinated mushrooms on the pan and grill 3-5 minutes per side until they have nice char lines.
- 9. Warm tortillas in a separate skillet.
- 10. To assemble:
- 11. Place tortilla on a plate and layer with mushrooms, pepper/onion mix, cashew cream, guacamole or avocado if using, cilantro and any other desired toppings. Roll and enjoy!

 $Recipe \ by \ WHAT \ the \ HECK \ do \ I \ eat \ NOW \ at \ http://whattheheckdoieatnow.com/2015/09/16/portobello-steak-fajitas/portobello-steak$



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