

## Who We Are

Family New Life Community Services is a component of Family New Life Worship Center. We are located in Sandy Springs, Maryland.

Family New Life Community Services is committed to delivering quality training to assist those that are unemployed and underemployed to achieve stable employment, basic life skills, which will promote independence and self sufficiency.

## Vision

To improve communities by providing children, young adults and families with high-quality services to build and strengthen their support systems.

## Mission

"We set out to build stronger and more productive individuals in local communities through vocational training, coaching and support. Building stronger individuals builds stronger communities."

## Services Offered

Family New Life Community Services offers the following services:

- Life Coaching Services
- Job Development Services
- Job Readiness Training
- \*Personal Enhancement Sessions
- \*Effective Parenting
- \*Money & Time Management
- Exploratory Career Assessments
- Pre-ETS (Pre-employment Transitional Services)

*\* Work Shop*

## Life Coaching Services

### Basic Life Skills

Basic life skills are the necessary skills an individual needs to take on and manage day-to-day living. The client will learn to manage his/her life and the people in it by establishing and achieving personal goals. A Home Life & Community Assessment will be conducted to determine the client's strengths and weakness. This assessment will assist the client and the coach in developing goals with a time line.

## Job Development Services

### Identify Job Goal

Each of our customers will work with a Job Developer to determine a workable job goal prior to embarking on the job search process. Upon being referred to Family New Life for job placement service, a Job Developer will work with the customer to confirm that the job goal matches his/her preferences, interests, and marketable skills. In some cases a situational assessment might be set up to allow the customer to experience the job first-hand. Once the customer and the Job Developer agree on a job goal then the job search process will begin.

## Job Readiness Training

Upon entering services with Family New Life, each customer participates in an Employment Preparation Assessment which includes evaluating a person's ability to fill out a job application, their resume skills, interviewing skills. From there the customer is trained on the skills necessary to be proficient with job applications, interviewing and resume development. The purpose of these activities is to create an effective job seeking strategy that allows for the maximum participation of the customer receiving services.

## Personal Enhancement Sessions

These workshops is designed but not limited to, developing a good self image, developing successful relationships, communication skills, and development of how to respond to issues/situations and not reacting. How find the good in every situation.

## Effective Parenting

Parenting sessions are designed to assist parents with effective methods of parenting. This will include, but not limited to, time management, have the ability to devote quality time with the child and to promote a healthy bond with the child. Various parenting techniques will be introduced. Discussions of the many struggles parents, especially single parents content with on a daily basis.

## Money & Time Management

### Money

These sessions will focus on personal budgeting and living within the established budget. Monthly budgets will be developed and adhered. Personal banking will be introduced, opening and managing checking/saving accounts.

## Time

Strategies on how to effectively management time to allow adequate time for family, school, work, out- side activities, and personal time.

Developing weekly schedules and to-do list for daily tasks to enable the client to effectively manage time.

## Exploratory Career Assessment

Exploratory Career Assessment provides information to the customer on the next step in long range planning for employment. It includes investigation and education in jobs and job clusters, taking into consideration the individual's interests, needs, abilities and functional capacities.

## Pre-ETS

### (Pre-employment Transitional Services)

We provide our services to youth and adults who are looking for career exploration and work experience for personal and academic development.

- *Male and female*
  - *Grades 9<sup>th</sup>-12<sup>th</sup> and adults*
  - *Community-based focus*
  - *Assistance in securing the opportunity to engage in internship, volunteer placement to gain work experience*
  - *All backgrounds, cognitively, behaviorally or emotionally challenged*
- Service with Outcomes.*

*Areas of concentration:*

- Job Exploration
- Work Base Learning
- Post-Secondary Educational Program
- Work Readiness/EDS
- Self Advocacy

# Family New Life Community Services



CHANGING ONE LIFE AT A TIME

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