## BRAD A. WOLFSON, M.D.

LAS PALMAS MEDICAL PLAZA 555 East Tachevah Drive 2W, 101 Palm Springs, CA 92262 (760) 320-6005

Kindly complete all forms in their entirety, as they will assist us in your overall healthcare.

| Last Name:                                      | First Name:                              | Middle:                               |
|-------------------------------------------------|------------------------------------------|---------------------------------------|
| Social Security:                                | Birth date:                              |                                       |
| Drivers Lic#:                                   | Sex: □ M or F □                          | Spouse's Name:                        |
| Preferred Language*:                            | Race*:                                   | Ethnicity*:                           |
| Occupation:                                     | Employer:                                |                                       |
| Primary Care Physician or Internist:            |                                          | Office Phone #:                       |
| Whom may we thank for referring you this office | 55                                       |                                       |
| Pharmacy of Choice:                             | City:                                    | Phone #:                              |
|                                                 |                                          |                                       |
| PATIENT MAILING ADDRESS                         | PHONE NUMBER                             | Is it okay to leave a message?        |
| Street:                                         | Home Phone #:                            | ☐ Yes or No □                         |
| City, State, Zip                                | Cell Phone #:                            | ☐ Yes or No ☐                         |
| Email Address:                                  | Work Phone #:                            | ☐ Yes or No □                         |
| AICHT AAICE INICODA ATIONI (N                   |                                          |                                       |
| NSURANCE INFORMATION (Please                    | present your insurance cards to the from | nt desk to be copied)                 |
| Primary Insurance:                              | Group #:                                 | Policy #:                             |
| Policy Holder's Name:                           | Birth date:                              | Policy Holder's Social Security:      |
| Employer:                                       | Patient's Relationship to Policy H       | łolder:                               |
| Secondary Insurance (if applicable):            | Group #:                                 | Policy #:                             |
| Policy Holder's Name:                           | Birth date:                              | Policy Holders Social Security:       |
| Patient's Relationship to Policy Holder:   Self | □ Spouse □ Child □ Other                 |                                       |
| N CASE OF EMERGENCY                             |                                          |                                       |
| Emergency Contact:                              | Phone #:                                 | Relationship to Patient:              |
| ring Reite Confect.                             | •                                        | · · · · · · · · · · · · · · · · · · · |

<sup>\*</sup> The Federal Government requires Brad A. Wolfson, M.D. to gather certain demographic information.

| 1.)                                                                                                                                                                                                                                                                                                                                           | Please list relevant symptoms:  1.)  2.)  3.)  4.)  5.)  Have you seen a Urologist before? Yes No If yes, please list doctor  What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.  Yes No Blood in Urine | Please list relevant symptoms:  1.)  2.)  3.)  4.)  5.)  Have you seen a Urologist before? Yes No If yes, please list doctor  What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.  Yes No Blood in Urine | REASON FOR VISIT TODAY (Please describe your problem/reason in detail):  Please list relevant symptoms: 1.) 2.) 3.) 4.) 5.) 6.)  Have you seen a Urologist before? Yes No If yes, please list doctor  What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present. | Please list relevant symptoms:  1.)  2.)  4.)  5.)  Have you seen a Urologist before? Yes No If yes, please list doctor  What blood tests or X-rays have you had?  What treatment(s) have you had?                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Please list relevant symptoms:  1.)                                                                                                                                                                                                                                                                                                           | Please list relevant symptoms:  1.)                                                                                                                                                                                                                                                                                | Please list relevant symptoms:  1.)                                                                                                                                                                                                                                                                                | Please list relevant symptoms:  1.)                                                                                                                                                                                                                                                                                                                                 | Please list relevant symptoms:  1.) 2.) 3.) 4.) 6.)  Have you seen a Urologist before? Yes No If yes, please list doctor  What blood tests or X-rays have you had?  What treatment(s) have you had?                                                               |
| 4.) 5.) 6.)                                                                                                                                                                                                                                                                                                                                   | 1.)                                                                                                                                                                                                                                                                                                                | 1.)                                                                                                                                                                                                                                                                                                                | 1.)                                                                                                                                                                                                                                                                                                                                                                 | 1.)                                                                                                                                                                                                                                                               |
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| 4.) 5.) 6.)                                                                                                                                                                                                                                                                                                                                   | 4.) 5.) 6.)                                                                                                                                                                                                                                                                                                        | 4.) 5.) 6.)                                                                                                                                                                                                                                                                                                        | 4.) 5.) 6.)  Have you seen a Urologist before? Yes No If yes, please list doctor  What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.                                                                                                                     | 4.) 5.) 6.)                                                                                                                                                                                                                                                       |
| Have you seen a Urologist before? Yes No If yes, please list doctor What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.  Yes No Blood in Urine Yes No Painful Urination Yes No Kidney Stones Yes No Infections in Bladder if Kidney | Have you seen a Urologist before? Yes No If yes, please list doctor What blood tests or X-rays have you had? What treatment(s) have you had? Please check all boxes, if any of these conditions have occurred, past or present. Yes No Blood in Urine                                                              | Have you seen a Urologist before? Yes No If yes, please list doctor What blood tests or X-rays have you had? What treatment(s) have you had? Please check all boxes, if any of these conditions have occurred, past or present. Yes No Blood in Urine                                                              | Have you seen a Urologist before? Yes No If yes, please list doctor What blood tests or X-rays have you had? What treatment(s) have you had? Please check all boxes, if any of these conditions have occurred, past or present.                                                                                                                                     | Have you seen a Urologist before? Yes No If yes, please list doctor  What blood tests or X-rays have you had?  What treatment(s) have you had?                                                                                                                    |
| What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.  Yes□ No□ Blood in Urine  Yes□ No□ Painful Urination  Yes□ No□ Kidney Stones  Yes□ No□ Infections in Bladder if Kidney                                                          | What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.  Yes□ No□ Blood in Urine                                                                                                                             | What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.  Yes□ No□ Blood in Urine                                                                                                                             | What blood tests or X-rays have you had?  What treatment(s) have you had?  Please check all boxes, if any of these conditions have occurred, past or present.                                                                                                                                                                                                       | What blood tests or X-rays have you had?  What treatment(s) have you had?                                                                                                                                                                                         |
| Yes□ No□ Painful Urination Yes□ No□ Kidney Stones Yes□ No□ Infections in Bladder if Kidney                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                    | Yes⊟ No⊟ Blood in Urine                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                   |
| Yes□ No□ Kidney Stones<br>Yes□ No□ Infections in Bladder if Kidney                                                                                                                                                                                                                                                                            | Yes□ No□ Painful Urination                                                                                                                                                                                                                                                                                         | Voera Nora Painful Hrination                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                     | Yes□ No□ Blood in Urine                                                                                                                                                                                                                                           |
| Yes□ No□ Infections in Bladder if Kidney                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                    | 1690 HOD Talliful Officioli                                                                                                                                                                                                                                                                                        | Yes⊟ No⊟ Painful Urination                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                                                                                                                                                               | Yes⊟ No⊟ Kidney Stones                                                                                                                                                                                                                                                                                             | Voors Nors Videau Classo                                                                                                                                                                                                                                                                                           | real real reminerations.                                                                                                                                                                                                                                                                                                                                            | Yes□ No□ Painful Urination                                                                                                                                                                                                                                        |
| Voers Nats History of Heologia Surgary                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                    | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                                                                                                                              | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                            |
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| Yes□ No□ Incontinence of Urine or wetting accidents                                                                                                                                                                                                                                                                                           | Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents                                                                                                                                                                                      | Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents                                                                                                                                               | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents                                                                                                                                                                           | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents                                                                         |
| Yes□ No□ Incontinence of Urine or wetting accidents Yes□ No□ Erectile Dysfunction                                                                                                                                                                                                                                                             | Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents Yes No Erectile Dysfunction                                                                                                                                                          | Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents Yes No Erectile Dysfunction                                                                                                                   | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents Yes No Erectile Dysfunction                                                                                                                                               | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery Yes No Family History of Prostate Cancer Yes No Incontinence of Urine or wetting accidents Yes No Erectile Dysfunction                                             |
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| Yes⊟ No⊟ Family History of Prostate Cancer                                                                                                                                                                                                                                                                                                    | Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                                                               | Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                      | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery                                                                                                                                                                                                                                                                      | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery                                                                                                                                                                    |
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| Yes□ No□ Family History of Prostate Cancer                                                                                                                                                                                                                                                                                                    | Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                                                               | Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                      | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery                                                                                                                                                                                                                                                                      | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery                                                                                                                                                                    |
| res□ No□ Family History of Prostate Cancer                                                                                                                                                                                                                                                                                                    | Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                                                               | Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                      | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery                                                                                                                                                                                                                                                                      | Yes No Kidney Stones Yes No Infections in Bladder if Kidney Yes No History of Urologic Surgery                                                                                                                                                                    |
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| res□ No□ ramily History of Prostate Cancer                                                                                                                                                                                                                                                                                                    | Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                                                               | Yes□ No□ Infections in Bladder if Kidney<br>Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                   | Yes□ No□ Kidney Stones Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                                                | Yes□ No□ Kidney Stones Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                              |
| vael Righ Barnii/ Bielony of Broclete ("anger                                                                                                                                                                                                                                                                                                 | Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                                                               | Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                      | Yes□ No□ Kidney Stones Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                                                                                                                                | Yes□ No□ Kidney Stones Yes□ No□ Infections in Bladder if Kidney Yes□ No□ History of Urologic Surgery                                                                                                                                                              |
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| TESL INOL FISIOTY OF OFOLOGIC Surgery                                                                                                                                                                                                                                                                                                         | Yes⊟ No⊡ Infections in Bladder if Kidney                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                    | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                                                                                                                              | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                            |
| TESLI INULI FIISIUTY OF UTUIUQIC SUTUETY                                                                                                                                                                                                                                                                                                      | Yes□ No□ Infections in Bladder if Kidney                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                    | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                                                                                                                              | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                            |
| TESLI INULI FIISIUIA OI OIOIOGIC SRIGEIA                                                                                                                                                                                                                                                                                                      | Yes□ No□ Infections in Bladder if Kidney                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                    | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                                                                                                                              | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                            |
| TESLI INULI FIISIUTY OF UTUIUGIC SUTUETY                                                                                                                                                                                                                                                                                                      | Yes□ No□ Infections in Bladder if Kidney                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                    | Yes⊟ No⊟ Kidney Stones                                                                                                                                                                                                                                                                                                                                              | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                            |
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| Voera Nora History of Heologia Gurgony                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                    | lacksquare                                                                                                                                                                                                                                                                                                         | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                                                                                                                              | Yes□ No□ Kidney Stones                                                                                                                                                                                                                                            |
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| ☐ Heart Dis       | sease    |          | Heart Attack                 |               | Stroke                             |
|-------------------|----------|----------|------------------------------|---------------|------------------------------------|
| ☐ Diabetes On Ins |          |          | Cancer (Please specify type) | □<br>(Hi      | Hypertension<br>gh Blood Pressure) |
| ☐ High Cho        | lesterol |          | Prostate Cancer              |               | Depression                         |
| ☐ Kidney S        | tones    |          | Kidney Disease               |               | Dialysis                           |
| ☐ HIV/AIDS        |          |          | Parkinson's                  |               | Alzheimer's                        |
| ☐ Hepatitis       | A/B/C    |          | Liver Disease                |               | Epilepsy or Seizures               |
| □ Other:          |          | <u>-</u> |                              | · · · · · · · |                                    |

| Last Name:                                                                                               | First:                      | Middle:                               | Date of Birth:                                |
|----------------------------------------------------------------------------------------------------------|-----------------------------|---------------------------------------|-----------------------------------------------|
| PATIENT SURGICAL H                                                                                       | ISTORY: (Please list any s  | urgeries you have had and the         | year they were performed                      |
|                                                                                                          | Name of Surgery             |                                       | Date of Surgery (Year)                        |
|                                                                                                          |                             |                                       |                                               |
| <u> </u>                                                                                                 |                             | · · · · · · · · · · · · · · · · · · · |                                               |
| ·                                                                                                        | - <del> </del>              |                                       |                                               |
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|                                                                                                          |                             |                                       | ······································        |
| FAMILY MEDICAL HISTO                                                                                     | RY: (Please list any medica | l conditions in your family and       | specify which family memb                     |
| CONDITION                                                                                                | FAMILY MEMBER               | CONDITION                             | FAMILY MEMBER                                 |
| ☐ Heart Disease                                                                                          | (mother, father, etc)       | □ Prostate Cancer                     | (mother, father, etc)                         |
|                                                                                                          |                             |                                       |                                               |
| □ Diabetes                                                                                               |                             | □ Cancer                              |                                               |
|                                                                                                          | <del> </del>                | Туре:                                 |                                               |
| □ Stroke                                                                                                 |                             | ☐ High Cholesterol                    |                                               |
| □ Alzheimer's                                                                                            |                             | ☐ Parkinson's                         |                                               |
| ☐ Heart Attack                                                                                           |                             | ☐ Kidney Disease                      |                                               |
| ☐ High Blood Pressure                                                                                    | ,                           | □ Dementia                            |                                               |
| □ Other:                                                                                                 |                             |                                       |                                               |
| re you diabetic:   The you allergic to loding the you allergic to any many many many many many many many |                             | s □ No<br>□ No If yes, please list    |                                               |
| Current WT:                                                                                              | lbs. HA                     | BITS:                                 | <u>, , , , , , , , , , , , , , , , , , , </u> |
| ave you ever smoked o                                                                                    | -                           |                                       |                                               |
| yes, how many packs pe                                                                                   |                             |                                       |                                               |
| o you smoke now? 🗆 Y                                                                                     |                             |                                       |                                               |
| - ·                                                                                                      | _                           | No If yes, how often?                 | •                                             |
| ow many drinks per day<br>o you drink caffeine (co                                                       |                             |                                       |                                               |
| yes. How many drinks p                                                                                   | •                           |                                       |                                               |
|                                                                                                          |                             | GNANCY HISTORY:                       |                                               |
| /hen was your last men                                                                                   | strual period?              | Are you prese                         | ntly pregnant?                                |
| ow many times have yo                                                                                    | ou been pregnant?           |                                       | ·                                             |
| umber of Vaginal Delive                                                                                  | eries                       | <b>Number of Caesarians</b>           |                                               |

| Patient Last Name: | First: | Middle: | Date of Birth: |
|--------------------|--------|---------|----------------|
|                    |        |         |                |

| (Ple                                                                                            | REVIEW OF SYS                                                                                    | <del>- ''</del>                                                               |
|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Have you had any of the fo                                                                      | llowing problems recently?                                                                       | ?                                                                             |
| GENERAL: □ Weight loss or gain □ Fever or chills                                                | □ Fatigue<br>□ Headaches                                                                         | <ul> <li>□ Sleep Apnea</li> <li>□ Sexually Transmitted Disease</li> </ul>     |
| EARS / EYES / NOSE / THR  Sinus problems  Blurry or double vision                               | OAT:  Glaucoma  Hearing loss                                                                     | □ Cataracts                                                                   |
| <ul> <li>□ Chest pain or angina</li> <li>□ Heart surgery</li> <li>□ Vascular disease</li> </ul> | <ul> <li>☐ Heart murmur</li> <li>☐ Irregular heat beat</li> <li>☐ Shortness of breath</li> </ul> | ☐ Heart attack☐ Ankle, feet, hand swelling☐ Hypertension (High Blood Pressure |
| RESPIRATORY:  Chronic/frequent cough  Pneumonia                                                 | □ Coughing up blood □ Asthma                                                                     | ☐ History of tuberculosis☐ Emphysema                                          |
| GASTROINTESTINAL:  ☐ Hepatitis or jaundice ☐ Rectal Bleeding                                    | □ Bowel disease □ Diarrhea                                                                       | <ul><li>☐ Hemorrhoids</li><li>☐ Constipation</li></ul>                        |
| HEMATOLOGIC / LYMPHAT  ☐ Swollen glands ☐ History of Anemia                                     | TIC:<br>□ Bruise easily<br>□ HIV                                                                 | ☐ Use a blood thinner like☐ Coumadin or Plavix                                |
| METABOLIC AND ENDOCE                                                                            |                                                                                                  |                                                                               |
| <ul><li>□ Diabetes</li><li>□ Thyroid problems</li><li>□ Too hot/cold</li></ul>                  | <ul> <li>□ Use of steroids</li> <li>□ Excessive thirst</li> </ul>                                | □ Use of prednisone □ Tired/ sluggish                                         |
| MUSCULOSKELETAL:  □ Fractures                                                                   | □ Arthritis                                                                                      | □ Back Pain                                                                   |
| ■ Loss of consciousness ■ Paralysis ■ Frequent/ Severe Heada                                    | □ Dizziness or Fainting                                                                          | □ Tremors                                                                     |
| PSYCHOLOGIC:  □ Depression  □ Hallucinations                                                    | <ul><li>☐ Anxiety</li><li>☐ Suicidal thoughts</li></ul>                                          | □ Sleep Disorder                                                              |
| SKIN:  Skin Cancer  Other skin disease                                                          | □ Rash                                                                                           |                                                                               |
| Please rate your overall hea                                                                    | lth: 🗆 Excellent 🗆 G                                                                             | iood 🗆 Fair 🗆 Poor                                                            |

Nurse Only:

Pulse: \_\_\_\_\_\_ Temperature: \_\_\_\_\_

Date:

Blood Pressure:

## Brad A. Wolfson, M.D., Adult and Pediatric Urology

| MEDICATION          | STRENGTH   | HOW OFTEN?      | REASON |
|---------------------|------------|-----------------|--------|
|                     |            |                 |        |
| EDICATION ALLERGIES | : <u> </u> |                 |        |
|                     |            | PHARMACY PHONE: |        |
|                     |            |                 |        |
| ME:                 | PHONE      | :BIRT           | HDATE: |
| TE:                 |            |                 |        |

| MEDICATION                                   | STRENGTH                               | HOW OFTEN?                            | REASON                                    |
|----------------------------------------------|----------------------------------------|---------------------------------------|-------------------------------------------|
|                                              |                                        |                                       |                                           |
|                                              |                                        | · · · · · · · · · · · · · · · · · · · |                                           |
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|                                              |                                        |                                       |                                           |
|                                              |                                        |                                       | <u> </u>                                  |
|                                              |                                        |                                       |                                           |
|                                              |                                        |                                       |                                           |
|                                              |                                        |                                       |                                           |
| <u>-                                    </u> | ······································ |                                       |                                           |
| · · · · · · · · · · · · · · · · · · ·        |                                        |                                       |                                           |
|                                              | <u></u>                                |                                       |                                           |
| <u> </u>                                     |                                        |                                       |                                           |

<sup>\*\*</sup> REMEMBER TO UPDATE YOUR MEDICATIONS \*\*

<sup>-</sup> Mark out medications that are discontinued.

<sup>-</sup> Add new medications that are started.

## INTERNATIONAL PROSTATE SYMPTOM SCORE SHEET (I-PSS)

|                                          |               |                | 08-09-2018 |
|------------------------------------------|---------------|----------------|------------|
| Patient Name                             | Date of Birth | Today's Date _ |            |
| augiii i i i i i i i i i i i i i i i i i | Date of Diffi | 100dy 5 wate _ |            |

| IN THE PAST MONTH:                                                                                                 | Not at<br>all | Less<br>than 1<br>time in<br>5 | Less<br>than half<br>the time | About<br>half the<br>time | More<br>than half<br>the time | Almost  | Your<br>Score |
|--------------------------------------------------------------------------------------------------------------------|---------------|--------------------------------|-------------------------------|---------------------------|-------------------------------|---------|---------------|
| INCOMPLETE EMPTYING     How often have you had a sensation of not emptying your bladder completely when urinating? | 0             | 1                              | 2                             | 3                         | 4                             | 5       |               |
| 2. FREQUENCY How often have you had to urinate less than 2 hours after you finish urinating?                       | 0             | 1                              | 2                             | 3                         | 4                             | 5       |               |
| 3. INTERMITTENCY How often have you found you stopped and started again several times when you urinated?           | 0             | 1                              | 2                             | 3                         | 4                             | 5       |               |
| 4. URGE TO URINATE  How often have you found it difficult to postpone urination?                                   | 0             | 1                              | 2                             | 3                         | 4                             | 5       |               |
| 5. WEAK STREAM How often have you had a weak urinary stream?                                                       | 0             | 1                              | 2                             | 3                         | 4                             | 5       |               |
| 6. STRAINING How often have you had to push or strain to start urination?                                          | 0             | 1                              | 2                             | 3                         | 4                             | 5       |               |
|                                                                                                                    | NONE          | 1 TIME                         | 2 TIMES                       | 3 TIMES                   | 4 TIMES                       | 5 TIMES |               |
| 7. URINATING AT NIGHT: How many times did you typically get up at night to urinate?                                | 0             | 1                              | 2                             | 3                         | 4                             | 5       |               |
| TOTAL I-PSS SCORE:                                                                                                 |               |                                |                               |                           |                               |         | ,             |

Scoring:

1-7: Mild

8-19: Moderate

20-35: Severe

| Quality of Life Due to Urinary Symptoms                                                                                                                             | Delighted | Plessed | Mostly<br>Satisfied | Mixed | Mostly<br>Dissatisfied | Unhappy | Terrible |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|---------|---------------------|-------|------------------------|---------|----------|
| BOTHERSOME OF URINARY SYMPTOM: How would you feel if you had to live with your urinary condition the way it is now, no better, no worse, for the rest of your life? | 0         | 1       | 2                   | 3     | 4                      | 5       | 6        |

The International Prostate Symptom Score (I-PSS) is based on the answers on the 7 questions concerning urinary symptoms and 1 question concerning the effect of symptoms. Each question concerning urinary symptoms allows the patient to choose 1 of 6 answers indicating severity of the particular symptom. The answers are assigned points from 0 to 5. The total score can therefore range from 0 to 35 (asymptotic to very symptomatic.

The first 7 questions of the I-PSS are identical to the questions appearing on the American Urological Association (AUA) symptom Index, which currently categorizes symptoms as follows: MId- (symptoms score less than or equal to 7), Moderate-(symptom score range 8-19), Severe- (symptom score range 20-35.)

The International Scientific Committee (SCI), under the patronage of the World Health Organization (WHO) and the International Union Against Cancer (UICC), recommends the use of the additional questions to begin a discussion with patients about the effect of the symptoms on their lives. The answers to this question range from "delighted" to "terrible" or 0 to 6.