



Kalama Youth Football

Parent and Player Contract

Our Mission Statements:

- Our most important job is to teach life skills, and our number one goal is to help mold our players into respectful and responsible young adults.
- We believe in honesty, integrity, strength of character, care, and confidence.
- We embrace a commitment to excellence, loyalty, selflessness, trust, and humility.
- We will play for one another, our school, and our community.
- We will place a great deal of emphasis on developing speed, agility, strength, and over-all athleticism of every athlete in our program.
- We will develop our player's fundamentals, with the base being **tackling and blocking**.
- We will develop a team that is very enthusiastic in practice and in games.
- We will create an atmosphere of trust and respect.
- We will create an atmosphere where football is important and fun.

Student Athletes:

- We believe that each athlete in our program is a student first.
- We believe in the power of education and the role of education in each of our player's lives.
- We want our players to sit in the front row of their classes, pay attention, and become active learners. • We want parents to support their player academically, and to help ensure their player is successful in school.

Kalama Noncontact Rules:

- KYF stipulates that every player must attend a minimum of ten hours of conditioning to be eligible to practice with full gear. Any absences will result in a delay for that player to start practices in full gear.

Attendance:

- If a player will miss a practice or a game, the parent must contact their coach in advance order for the absence to be excused. We believe missing practices will decrease a player's ability to be game ready and may result in safety issues, therefore missing practices will affect playing time.

Safety Issues:

- Proper conditioning will be stressed to protect each and every one of our athletes. We will constantly teach proper technique, with an emphasis on safety. We believe that the safety of our players is directly proportional to their individual commitment to our movement dynamics and their commitment to do them correctly.
- The use of drugs and alcohol are prohibited.

Playing Time:

- We expect that our players will personally address the coaching staff regarding any issues concerning their playing time. Playing Time will be based on our practice attendance rules as well as attitude and **EFFORT**, knowledge of scheme, and talent. **Playing time is also based on what's best for our program.** Not all players will play the same amount of time in games – Player development is paramount to game time performance and the vast amount of improvement occurs at practice. **Every player is integral to the team's success regardless of how much play time is seen on game days.** Parents are welcome to observe Player development at practice times.

Equipment:

- Players are expected to treat all football equipment with respect at all times.
- We will always strive to buy the best and safest equipment that we can afford.
- The coaching staff will constantly check equipment to ensure safety.
- Players also need to help monitor their own equipment and contact a coach if they have questions concerning condition, upkeep, replacement or repair.
- No equipment shall be altered in any way without permission from the head coach.
- Any personal football equipment used must be approved by the Equipment Manager and the head coach.
- Never borrow or trade equipment with another player without permission from the head coach.
- Players are responsible for all issued equipment and will be charged replacement costs for any lost items.

Hazing, Intimidation, and Harassment:

- “Hazing” refers to any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate. This includes any act of harassment, intimidation, abuse, or humiliation by way of initiation. This definition can include both physical and mental forms of hazing and intimidation.
- The Kalama Football program will maintain a zero tolerance policy towards any type of hazing or intimidating behavior, and any player violating this policy will be subject to immediate consequences.
- Not only do these types of actions reflect negatively on the school, athletic program, and community, but more importantly they strike at the very core of what we believe in as a program. By allowing hazing and other intimidating behavior to exist, we are undermining our core beliefs of respect towards others, integrity, team unity, responsibility, and accountability.
- **We cannot become a “team” or “football family” if an atmosphere of hazing or intimidation exists.**

Parent’s Roles:

- **Support your athlete. Football is a physically demanding sport and requires unwavering support from parents. The season is full of challenges as players develop and success is built on perseverance. It is crucial that parents play a supporting role throughout the entire season.**
- Be positive about every member of the program.
- Be a role model for good sportsmanship.
- Help the program by participating in fundraising.
- Be willing to volunteer to be a team parent, field greeter, weigh master, chain gang, etc.

Conversations with Coaches:

- If there are issues or problems, please wait 48 hours to have a conversation with a coach (cool off period). Then contact them to discuss it or to make an appointment to discuss it. Before you address a coach, find out if your player has spoken to them first. Never interrupt practice or a game to discuss issues or concerns with any of the coaching staff.

Program Expectations:

Players-

- We will be leaders in our school and community.
- We will be first class at all times.
- We will focus on how we look, how we play, and how we act.
- We will be a hard hitting, enthusiastic, and disciplined team.
- We will sit in the front of the class and be great students.
- We will communicate well with coaches and teammates.
- We will remember BIG TEAM, little me.
- We will create an atmosphere of trust and respect.

- We will create an atmosphere where football is important and fun.
- We will develop a team that is very enthusiastic in practice and in games.
- We will play for one another, our school, and our community.
- We will take pride in our Kalama community.
- We will develop school and community spirit and pride towards our football program.
- Players will review film following games on HUDL.
- **We will take pride in all 11 positions on the football field. Blocking is critical for the offense to succeed and players asked to play blocking roles will play with pride, dedication, and enthusiasm.**

Parents-

- Our number one goal is to help mold our players into respectful and responsible young adults.
- We will ensure our players are on time to practices, games, and all other team functions.
- We will ensure our players abide by the program's rules and policies.
- Our athletes will be prepared to play; examples: water for practices, all gear present, well rested, properly fed, and mentally ready for football activities.
- We will notify coaches if our player has an injury or if something has happened that might cause a emotional/physical difference at practices or games.
- Our player will be a leader in our school and community.
- We will ensure that our player will be a good student.
- We will support the development of every athlete in the program, not just our own.
- We will encourage our players to be enthusiastic in practice and in games.
- We will help create an atmosphere of trust and respect.
- We will help create an atmosphere where football is important and fun.
- We will help our players develop pride in Kalama, its history, and its traditions.
- We will support school and community spirit and pride towards our football program.
- Our football programs ultimate success will be dictated by our determination to do the right things.
- We will have three simple program statements: **No Excuses, No Messengers, No Sympathy groups** – following these three rules will help to enable our players to become quality young adults.

Coaching Staff-

- Our most important job is to teach life skills.
- Our number one goal is to help mold our players into respectful and responsible young adults.
- We will develop speed, agility, strength, and over-all athleticism of every athlete in our program.
- We will develop our player's fundamentals, with the base being tackling and blocking.
- Every player deserves a coach that believes in them.
- We will support a program where the coaching staff is close, cohesive, and enjoys working together. • Three focus areas for our coaching staff will be: How we act, how we play, and how

we look. By focusing on these three core areas, we will establish a solid foundation for the Kalama football program.

- We will develop a team that is very enthusiastic in practice and in games.
- We will create an atmosphere of trust and respect.
- We will create an atmosphere where football is important and fun.
- We will help our players develop a tremendous pride in Kalama, its history, and its traditions.
- We will play for one another, our school, and our community.
- We will develop school and community spirit and pride towards our football program.
- We will be consistent in everything we do and will be on the same page as a team and with the rest of the program.
- Our football programs ultimate success will be dictated by our determination to do the right things.
- We will coach positively.

Player & Parent Contract

The undersigned have read this handbook and understand the expectations and policies of the Kalama Youth Football Program.

PLAYER'S SIGNATURE:

DATE:

PARENT'S SIGNATURE:

DATE:

HEAD COACH'S SIGNATURE:

DATE:

PRINT, SIGN & RETURN (THIS PAGE ONLY) TO YOUR HEAD COACH