### 2022 Summer Academy Descriptions

## MONDAY, JUNE 13 8:30-11:30 at WOVSED IEP Writing 101

This presentation is designed for special education teachers and related service providers. The focus will be on learning the basics of developing an IEP based on best practices. Specifically, participants will learn about scheduling meetings, drafting IEPs, writing present levels of performance, developing goals and objectives, and finalizing paperwork.

Jennifer Acord and Monica Girten, WOVSED Assistant Directors (3 PD Hours)

#### MONDAY, JUNE 13 12:00-3:00 at WOVSED

"All the Feels": Interoception, Self Regulation, and Sensory Rich Strategies in the Classroom

Some children and adults with conditions such as anxiety, autism, trauma, or sensory processing challenges, have a difficult time recognizing the internal functions of the body which can lead to challenging behavior and emotions in the classroom. Not everyone notices internal sensations like hunger, thirst, or body temperature the same way. Participants will develop understanding and awareness of the eighth sense (interoception) and how internal body signals support emotional regulation and increased participation in school activities.

Michelle Prather, WOVSED Occupational Therapist (3 PD Hours and 3 CEU Hours for SW, OT, PT)

## Monday, JUNE 13 8:00-3:00 2 DAY TRAINING at the Norris City Annex, Norris City Safety Care Initial Training and Trauma & Restorative Practices - Day 1 of 2

Additional \$4.00 for (about months and MONOED)

Additional \$4.00 fee (check made payable to WOVSED)

This presentation will help teachers and staff members gain the confidence necessary to handle crisis situations with minimal anxiety and maximum security. Staff will learn how to intervene more safely when behavior becomes dangerous without damaging the professional bond. In addition participants will gain an understanding of restorative approaches used in schools as well as the impact trauma can have on a student's education.

Whitney Tripp, MSW, WOVSED School Social Worker and Safety Care Instructor

#### TUESDAY, JUNE 14 8:00-4:00 at The Roads Church

Youth Mental Health First Aid

Additional \$25 fee (check made payable to ROE #20)

Youth Mental Health First Aid USA is a public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Participants learn to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying a core five-step action plan: assess for risk of suicide or harm, listen nonjudgmentally, give reassurance and information, encourage appropriate professional help, and encourage self-help and other support strategies. The Youth Mental Health First Aid USA curriculum is primarily focused on information participants can use to help adolescents and transition-age youth, ages 12-18. **Darlene Waier. ROE** 

(8 PD Hours and 8 CEU Hours for SW, OT, PT)

# TUESDAY, JUNE 14 8:00-3:00 2 DAY TRAINING at the Norris City Annex, Norris City Safety Care Initial Training and Trauma & Restorative Practices - Day 2 of 2

Additional \$4.00 fee (check made payable to WOVSED)

This presentation will help teachers and staff members gain the confidence necessary to handle crisis situations with minimal anxiety and maximum security. Staff will learn how to intervene more safely when behavior becomes dangerous without damaging the professional bond. In addition participants will gain an understanding of restorative approaches used in schools as well as the impact trauma can have on a student's education.

Whitney Tripp, MSW, WOVSED School Social Worker and Safety Care Instructor (14 PD Hours)

#### WEDNESDAY, JUNE 15 8:30-11:30 at WOVSED

#### Street Drugs

Participants will learn about various street drugs, including designer drugs, methamphetamines, and opioids and the impact that they are having on students and society.

Derek Burwell, Kaskaskia College/Air Evac (3 PD Hours and 3 CEU Hours for SW, OT, PT)

#### WEDNESDAY, JUNE 15 12:00-3:00 at WOVSED

#### Mental Health and Trauma-Informed Schools

What does it mean to be trauma-engaged? How can we help our students grow to recognize and use their strengths, cope healthily with normal stresses, and work productively and fruitfully? This discussion group focuses on understanding trauma, enhancing school culture, and increasing resiliency factors in our students.

Jason Robershaw, Egyptian Health Department (3 PD Hours and 3 CEU Hours for SW, OT, PT)

#### WEDNESDAY, JUNE 15 8:00-3:00 at the Norris City Annex, Norris City

<u>Safety Care Refresher Training and Trauma & Restorative Practices</u>

Additional \$4.00 fee (check made payable to WOVSED)

This presentation will review and test competency of staff previously trained in Safety Care. Safety Care helps teachers and staff members gain the confidence necessary to handle crisis situations with minimal anxiety and maximum security. Staff will learn how to intervene more safely when behavior becomes dangerous without damaging the professional bond. In addition participants will gain an understanding of restorative approaches used in schools as well as the impact trauma can have on a student's education.

Annette Gass, WOVSED Pre-School Screener and Safety Care Instructor (7 PD Hours)

#### THURSDAY, JUNE 16 8:30-11:30 at WOVSED

#### Staying Off Snapchat! Technology Tools to Support Executive Function While Learning Online

Many of our students struggle with executive function skills and completing their work. In today's climate, many of our students are learning online. A barrier for online learning can be the number of distractions for students such as social media and browsing the web. These distractions can lead to prolonged or uncompleted work. The technology tools provided in the training will support time management and focus while utilizing Google Chrome and mobile devices. This training will provide strategies to assist in keeping your students focused and off Snapchat!

Bring your device for hands-on opportunities!

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(3 PD Hours and 3 CEU Hours for Psychologist, SW, OT, PT, SLP, Nurse)

#### THURSDAY, JUNE 16 12:00-3:00 at WOVSED

#### To Accessibility and Beyond – Built In Accessibility Features of Chromebooks

Chromebooks are used throughout a student's day. There are many features built into the Chromebook that can enhance reading and writing. For example, text can be read out loud to increase reading comprehension, and your voice can be used to input text on the screen. These features can make a difference for our students while attending school or learning at home. Come check out how the built-in tools of a Chromebook can assist your students. You may discover a feature or two for yourself!

Bring your device for hands-on opportunities!

#### Infinitec

(3 PD Hours and 3 CEU Hours for Psychologist, SW, OT, PT, SLP, Nurse)