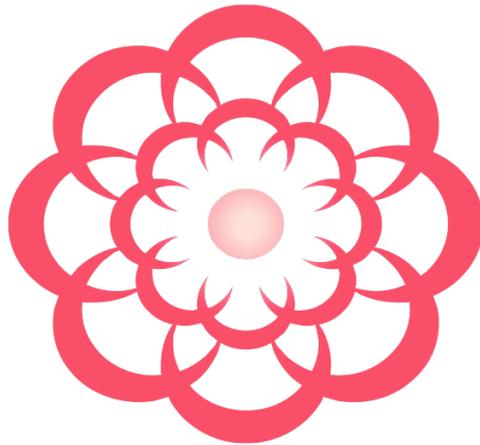




Welcome to Rest,
Relaxation, and Reiki

I'm honored to share Reiki with you.



August 2021 Reiki Newsletter

Hello,

Hope that all of you are doing well.

This month, I am not only working on **video compilations**, but also several new videos, never seen before that may appear in the compilations. Have several filmed and more to produce.

Will be on vacation the last two weeks in September and there won't be a newsletter, livestream or free Reiki offer. But, in October there may be the opportunity for two free group sessions. One will be for those who are subscribed to my Youtube channel (will reach 50K subscribers) and the other is the usual free Reiki offer for those of you

reading this newsletter. For the Youtube free Reiki offer, will be announcing it on the **Community Page** of the Rest, Relaxation, and Reiki channel.

Will be doing a livestream on my **Youtube channel** Sunday, 8/29/21/21 at 1:00pm est. There will be an "Energy Craft" as well as new games to develop psychic senses. Looking forward to meeting any who can make it!



August 2021 Reiki Saturday Special

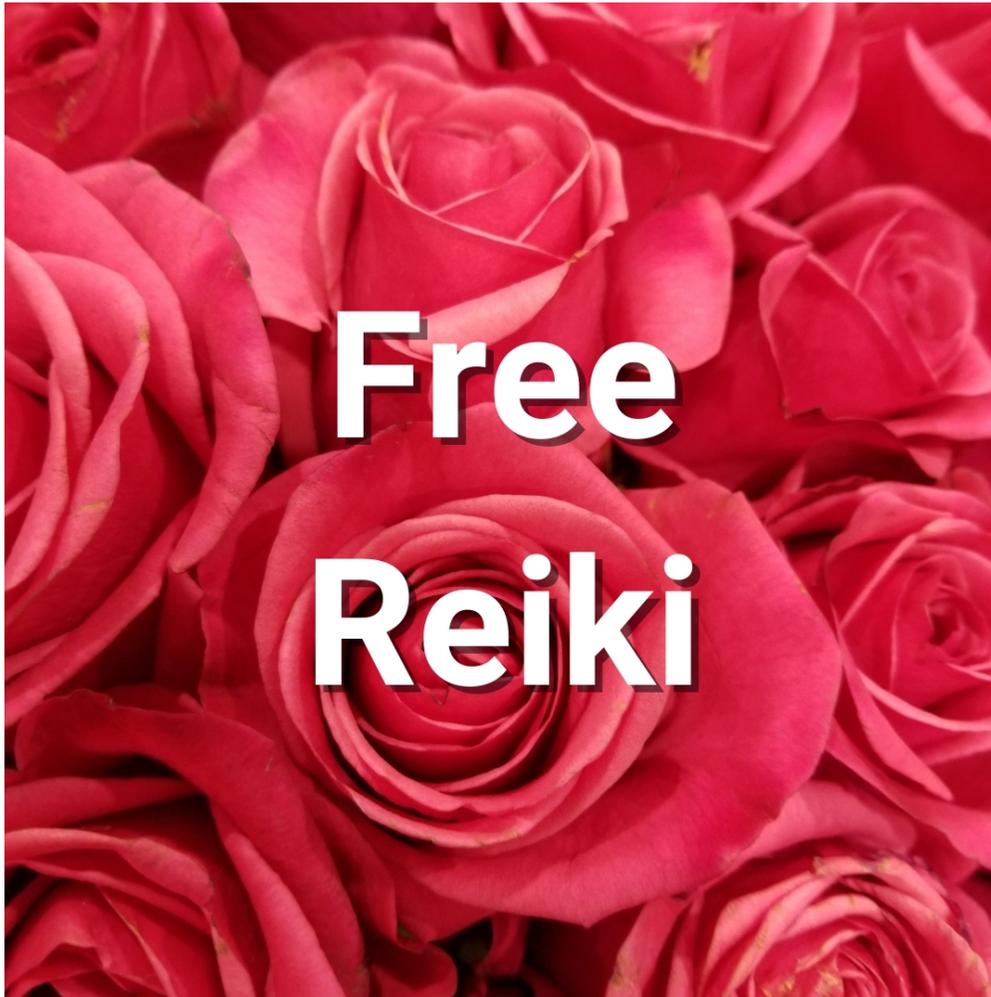
This month's Reiki Sunday Special's intention is personalized. Anyone who purchases this special can choose their own intention. I look forward to sharing these sessions! The energy will be sent on Sunday, August 29, at 8pm your time. The session lasts 60 minutes and I send notes after the session. For more information click the button below.

August Reiki Sunday Special



This month, Personalized Reiki videos are available for purchase on my website. This is a limited time offer and ends August 31st. For more information, please click on the button below.

[Personalized Reiki Video](#)



Instructions to Receive Free Reiki, please read all the information.

To receive the Reiki (on Saturday, 8/21/21 at 8:00pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for the free Reiki from the Newsletter.

Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this **link**. If you send an email to another email address, you will **NOT** be included in the free Reiki session or receive a response.

Due to the amount of emails received, I may not respond to emails, but will look at them. After the free Reiki is sent, all emails will be deleted. The email, (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

**The intention this month is to experience more joy in our lives.*

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

You can sign up to receive this Reiki until 7:00pm, EST on Saturday, 8/21/21.

After 7:00pm the emails in that address will not be looked at until the next newsletter.

Here is a **link** to a time converter for those in other time zones.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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