



CRYSTALS FOR LUCK

By Rachel Niemczyk

Luck seems to be this wonderful yet elusive concept that most, if not all, people want, but seldom seem to achieve. Luck at this point has a mystical quality to it, and for good reason considering the wonders it can bring into our lives. Who wouldn't want to be at the right place, at the right time, meeting the right people to help you achieve your goals and get a happily ever after?

In reality, luck doesn't have to be so far away. Luck is an idea, a feeling, a term we use to describe certain qualities that make life seem easy. Have you ever noticed that lucky people are more open to possibilities, willing to adapt to different situations and go with the flow? Or that lucky people have a vitality and creativity to them, similar to childhood, which most people seem to have forgotten? They also seem to just live in the present moment instead of worrying about the past and future.

If you really think about it, luck isn't such an elusive concept after all, but a combination of characteristics that aren't encouraged in today's society. However, this doesn't have to be the case for you. By using some of these crystals you can begin to cultivate these qualities within yourself and bring luck into your life. Carry them around in a pocket, wear them as a piece of jewelry, meditate with them, or charge your water with these crystals to receive their benefits.

CITRINE

Citrine is a perfect stone for mental clarity and awareness. It helps you to fight your fears and make decisions from a place of calm and clarity. Moreover, it helps you generate new ideas and creativity, freeing you from limiting ideas and beliefs. It even attracts abundance and help you turn your ideas into reality.



DIOPTASE

This stone is wonderful for balancing your energies. With a balanced center and lifestyle, living in the moment and adapting to changes is so much easier. Dioptase will increase your vitality and attract abundance.

EMERALD

The name and color of Emerald alone is enough to qualify it as a crystal that brings luck. Both inspire a sense of wonder and invoke images of the green shamrocks so famous for luck. Its metaphysical qualities only enhance this. It helps its users increase their patience and manifest thoughts into reality. Bringing inspiration and energy, it helps you attract whatever messages you send out to the universe.

GOLD

Gold may not be the easiest element to acquire, but it certainly helps with luck! Not only does it inspire confidence in its users, but it stimulates mental balance as well. Attracting abundance and wealth, it is fantastic to wear as a piece of jewelry (chains, earrings, bracelets, etc.) constantly reminding you of the luck you want to receive throughout your day.

GOLDEN TOPAZ

The word *Topaz* originated from the Sanskrit *tapas* meaning heat or fire. Golden Topaz certainly lives up to this name with its ability to energize and attract power. By enhancing charisma to find fame and success and clearing your head for concentration it helps you achieve your goals.

GREEN AVENTURINE

Green Aventurine is a wonderful stone for luck as it is known for increasing good luck, enhancing optimism, and attracting prosperity. These traits are wonderful on their own, but combined with enhancing speed and reaction time for good decision making; it is optimal for lucky decisions.

GREEN JADE

Jade is well known in China for being a crystal of luck and prosperity. What many people may not know is that this crystal is excellent for



achieving your goals. It supports wisdom and well being in the user, and is terrific for bringing tranquility into your life.

PERIDOT

Bringing luck into your life often requires you to break old patterns and habits to begin anew. Peridot will definitely help you with this. What's more, Peridot works to clear the mind and increase intuition so that you can follow intuitive urges (which often bring about a lucky circumstance). It motivates you to action while attracting prosperity so that your lucky chances increasingly occur.

SERPENTINE

This fabulous crystal opens you up to all the possibilities and opportunities available to you. It helps you feel more in control of your own life, reminding you that you can change the circumstances you are currently in. In addition to balancing your mental and emotional state Serpentine crystals allow you to attract luck and abundance into your life.

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