



THE MANY USES OF CRYSTAL ORACLE CARDS

By Lourdes Lebron

Crystal Oracle cards can be a wonderful tool in your healing and divinatory tool boxes. They are a convenient way to carry the energy of crystals and receive validation from the Universe. The following article will give ideas, tips, and suggestions on how to use this creative energy source.

The first thing to do when receiving a deck is to clean it. The decks go through many hands before arriving in yours and cleansing any prior energy is necessary. An easy way to do this is to put a Clear Quartz on your deck with the intention to remove any unbeneficial energy. Leave the Clear Quartz on for a day. Another option is to hold the cards in your hands and imagine white light going from your hands into the deck. The goal of the white light is to fill the deck with the purest energy possible. This can be done for 10 minutes.

Once you have cleaned your deck, you can start looking at all the cards. Hold each one in your hands for a minute. Sense the energy of the stones depicted and let it permeate your aura. You may feel shivers, heat, see colors, pick up distinct smells, or even taste unusual flavors. This may happen for some of your cards and for others it may not happen at all. What is important is that you start building a connection with your deck. Some of you may feel comfortable sleeping with the deck underneath your pillow. Others may want to carry them around with you. Use whatever way you feel most relaxed in getting used to the vibrations of the cards.

When using your deck for divinatory purposes hold the deck in your hands and ask that the information received be clear, and that it is for the highest good of all. If you are doing a simple reading to find out what crystal you need for the day, just shuffle the cards and pick the top card of the deck. When the question is more complex think about what you need to know, mix up the cards and divide them into three piles. Pick the top card of each of the three groups and look at the chosen cards. Breathe in for a moment and see what comes to mind first when picking up the first card. Do this for all three cards. If the answer isn't



clear, leave it for the time being and then go back to it the next day. Sometimes you need a new perspective that can come after a good night's sleep. The more you use the cards the easier it will be to interpret the answers being shown. Remember, the answer may show up as a color your body needs, a chakra that needs more attention, an affirmation that will affect your vibrations, or simply a crystal that can help you in achieving your goal.

Using cards for healing purposes is a terrific way to carry the vibrations of the crystals with you in a convenient form. The photos of the stones emit the energy of the minerals and can be used anywhere. One of the easiest ways to use the cards is to simply put them on your heart chakra and let your body absorb the vibrations through this energy center. Use one card a day and sense what feels best for you. You may be surprised at what crystal has the most effect. This method can also be used for any part of the body that needs assistance. Place the card wherever the energy is needed and rest for 20 minutes. After using the cards, hold them in your hand and imagine white light coming from your hands to the card and cleaning the card. Do this for a minute or two and the card will be ready to be used again the next day.

Another idea for receiving energy is to place a Clear Quartz above the card and let it amplify the energy of the crystal. This works well when you are limited on space, but still want a more powerful boost of energy. If you want to use the card for distance healing, place the name of a person (or a picture) underneath the card and the Clear Quartz to direct the energy to that specific individual. If you are using the card for a situation, just write down the situation and place that under the card and the Clear Quartz.

Using the cards as grids works very well too. Small crystal chips are the perfect size for using on cards. To do this, pick a crystal card that has the vibrations that will support your intention. In the center you can place a Clear Quartz or a small stone that matches the picture. In the cardinal directions place 4 small terminated points or 4 small chips. Place your dominant hand 2 – 3 inches over your grid and imagine a surge of light being emitted from your hands to the crystals. This only takes a minute or two, but now you have a small functioning grid that takes up very little space, but still packs a punch.



The above-mentioned suggestions are just a few of the things you can do with crystal cards. They are meant as a starting point and can be expanded upon as your journey with crystals grows. Experiment and have fun. The more you play with your deck, the more uses you will find for them and the more enjoyment you will get out of them.