



WHY CRYSTALS BREAK

By Lourdes Lebron

Having a crystal break can be a sad experience. We consider stones our friends and when one is damaged we may feel badly for the crystal. What we may not realize is that some crystals may be better off broken than repaired. By understanding why crystals break we can then determine what our best course of action in regards to our stones.

Some crystals break, because they have been overloaded with energy. Crystals can be overloaded or depleted of their vibrations. When this happens, crystals will fall out of setting, pendants may slip out of chains, and crystals in pockets will disappear or fall out. Some will develop dark lines, become clouded, or even appear cracked.

The best way to prevent this from happening is to clean them regularly and thoroughly after each use. If they are in jewelry they should be cleaned after they have been worn. [Here is a link to a video that teaches how to do this.](#) If you are using tumbled or rough stones for meditation or body healing; they should have any residual energy removed after each session. The more intense the session, the more time they will need to recover. If you work on many people or have many challenges, having several stones you can rotate is highly recommended so none of the crystals burn out. The general rule of thumb is 20 minutes per stone per session. After the 20 minutes, it is advisable to either change the crystals or remove them.

Stones need to be periodically re-charged. Charging them in moonlight or sunlight will reinvigorate most stones. For crystals that fade in sunlight, just using moonlight is fine. Placing them in dirt or sand can also be very revitalizing. Although placing them outside in the ground is the best option, it may not be the most accessible for everyone. If that is your case, place dirt/sand in a bowl where there is access to moonlight and sunlight. Leave the crystals covered by the dirt/sand for two to four weeks or until the crystal feels clean.



Crystals can break because they have a spirit inside trying to come out. Some stones have a deva that can better assist you by being outside of the stone. If that is the case, the crystal may break without anyone being around or you may touch it and it may fracture unusually. The crystal may roll off a table, you may find it broken on the floor, or the stone will appear broken even though you knew you left it in one piece. Some crystals may even have a flowery scent when they break for this reason.

When this happens the crystal just needs time to re-adjust to being two pieces. Place these pieces on a crystal cluster to be able to attune itself to its new status. If you find that they feel lonely, you can reattach them with adhesive or tape. Some crystals just want to feel love and holding them or massaging them with rose essential oil will help. Placing them around a rose scented candle helps too. Check with the crystal first since some may get stained by the oil.

Sometimes stones break, because they are happy and strong enough to be individual stones. These crystals want to separate and are happy being by themselves. This is a wonderful experience, because you will now have two very joyful crystals. These do not get glued back together. They are happy being by themselves and may continue to work together to help you in your growth process.

There are periods in our lives when we become distracted. When this happens we may accidentally break a stone. The damage can be repaired. First of all cleanse the crystal with sage or white light. Then determine if it wants to be glued together or if it is okay being two separate pieces. If it is okay being apart just let them be and recharge them in moonlight. If they are feeling hurt, try gluing them together. Some may just want to be taped together and other may need to be held with wire. See what feels best for the crystal. After putting the crystal together, you may want to start using them for some light tasks like meditation or being on a grid. After a month or two they may feel strong enough for healing work. If a crystal breaks into many small fragments it may work best in a plant, on dirt in a garden, or contained in a small glass bottle.



Crystals emit energy all of the time and we are fortunate to receive it. When a stone get damaged we have an opportunity to learn. We can become the healer and nurturer. It is our chance to give back to the crystals and allow them to follow a new life path.