

June 2018 Newsletter



## June Reiki Newsletter

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### Sponsored Videos Are Here!

Many of you watch my Reiki videos on YouTube and have sent in suggestions for videos. Although all of the ideas are on a list, they

may not be what the universe feels is needed most at this time for the majority of people. This has led me to produce sponsored videos. Sponsored videos are when you purchase a video (can be 10, 20 or 30 minutes in length) and I then make it public on YouTube so everyone can benefit from it.

I have found that there are many generous and lovely people who wish to help others, and these videos are a way they can do that! The benefactor's name is kept private, and the videos have no sound. The video is created within a week and then posted by the following week. If you would like to learn more, please go to this [link](#). (Sponsored video information will be towards the middle of page.)

Of course, there are also personalized videos for those who have a private intention. These videos are also created and posted on YouTube, but are kept private with a link to the video only given to the person who purchased them. If you would like to learn more, please go to this [link](#). (Personalized video information will be towards the middle of page.)



### Sending Reiki From My Videos to Others

I frequently get asked: Can I use the Reiki YouTube videos to send Reiki to others? If I can, how do I do this?

Yes, you can use my Reiki YouTube videos for this purpose! The first thing I ask is to make sure the other person gives their permission to receive the energy. Everyone has free will and their life's journey may be different than what you would like for them. If they give permission, all you need is a piece of paper with their name on it, a Clear Quartz, and a device that can be used to transmit the energy. Place the crystal(that has been infused with the intention) on the paper, place both in front of the screen, and you're done! If you would like more information on this, please see this [video](#).



### Free Reiki for Prosperity

On Saturday, June 30 at 8pm EST I will be sending Reiki for Prosperity to anyone who signs up for it.

**\*Please read these directions carefully since they have changed.\***

To receive the Reiki, send an email with *Free Reiki for Prosperity* in the title to this email address: [restrelaxationreiki@gmail.com](mailto:restrelaxationreiki@gmail.com) Please *only* use the the email listed above. I am keeping one list for this session so if you would like to be included you need to send to the email above. Any sent to my other email will *not* be included.

Due to the volume of requests I may not be able to respond to all emails, but you will still receive the energy if you send to the correct email. You can sign up to receive it until 7:59pm, EST on Saturday,

**June 20th. [Here is a link to a time converter for those in other time zones.](#)**

**You may share this information with others who would like to sign up for free Reiki. If you are signing up other people, please make sure you have their permission first.**

**The Reiki will reach you even if you are busy doing something else.**

**Thank you for subscribing to this newsletter!**

**Blessings,**

**Lourdes**

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