



REST, RELAXATION, AND REIKI
LOURDES LEBRON

Free Reiki Boosters!!!!

Hi, Everyone,

This is a short newsletter, because I hope to send one with more information later on this month or early in November.

Created a series of new and improved Reiki Boosters for each level. These boosters are for you to use when you feel the energy isn't flowing as strongly as it did originally. For some of you this may happen in a few years. Others may experience this after an illness or challenging time.

In any case, there was one created for each level. Level 1 is included in this newsletter. For levels 2 and 3 please contact me so I can send you the link.

When you email me please also check to see that you have your certificates.

Thanks for letting me share Reiki with you!



Will be sending out free Reiki for everyone who wants the energy on Saturday, 10/17/17 at 10pm (your time). To receive this free Reiki please email me by Friday 10/16/17 to confirm. My email address is in the footer.

While it is best to rest when receiving the energy, you can still receive the Reiki if you are doing something else. Just make sure to drink plenty of water and take a break when you can afterwards. :-)

Blessings, Lourdes

Rest, Relaxation, and Reiki

To set up an appointment, please email Lourdes@RestRelaxationAndReiki.com
www.restrelaxationandreiki.com

