



REST, RELAXATION, AND REIKI
LOURDES LEBRON

December Reiki Newsletter

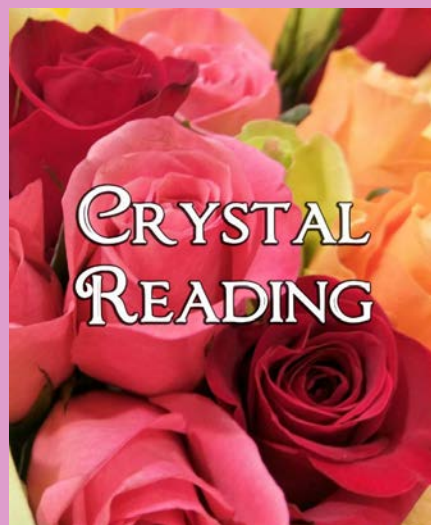
New Reiki Video!

My holiday gift to all of you is the Flower of Life Reiki Energy video with music! This video is 15 minutes long and very powerful. It has not been made public on YouTube and is exclusive to subscribers of this newsletter. Which version of the video do you prefer? The one with music below or the one without?



Crystal Card Readings

There are times when you just may have one question that needs clarification and not a full reading. I am happy to announce that I now offer a one question reading! It is a crystal card reading where I pull 3 crystals (or 3 crystal cards) and let you know what they mean and how they relate to your question. For more information, please check out this [link](#).



Free Reiki

Will be sending Reiki for free to anyone who signs up for it on Friday, 12/22/17 at 8pm EST. To receive the Reiki, just send an email with Free Reiki in the title to my new email for Reiki address: restrelaxationreiki@gmail.com

If you are signing up other people, please make sure that you have their permission. You can sign up to receive it up until 12/22/17 at 7:59pm, EST. You may also share this information with others.

The Reiki will reach you even if you are busy doing something else. If I don't respond to a note, you will still receive the Reiki. [Here is a link to a time converter for those in other time zones.](#)

If you would like a personalized session, [here is a link with more information.](#)

Thank you for subscribing to this newsletter!

Blessings,

Lourdes



Rest, Relaxation, and Reiki

To set up an appointment, please email Lourdes@RestRelaxationAndReiki.com
www.restrelaxationandreiki.com

