



Welcome to Reiki from Lourdes

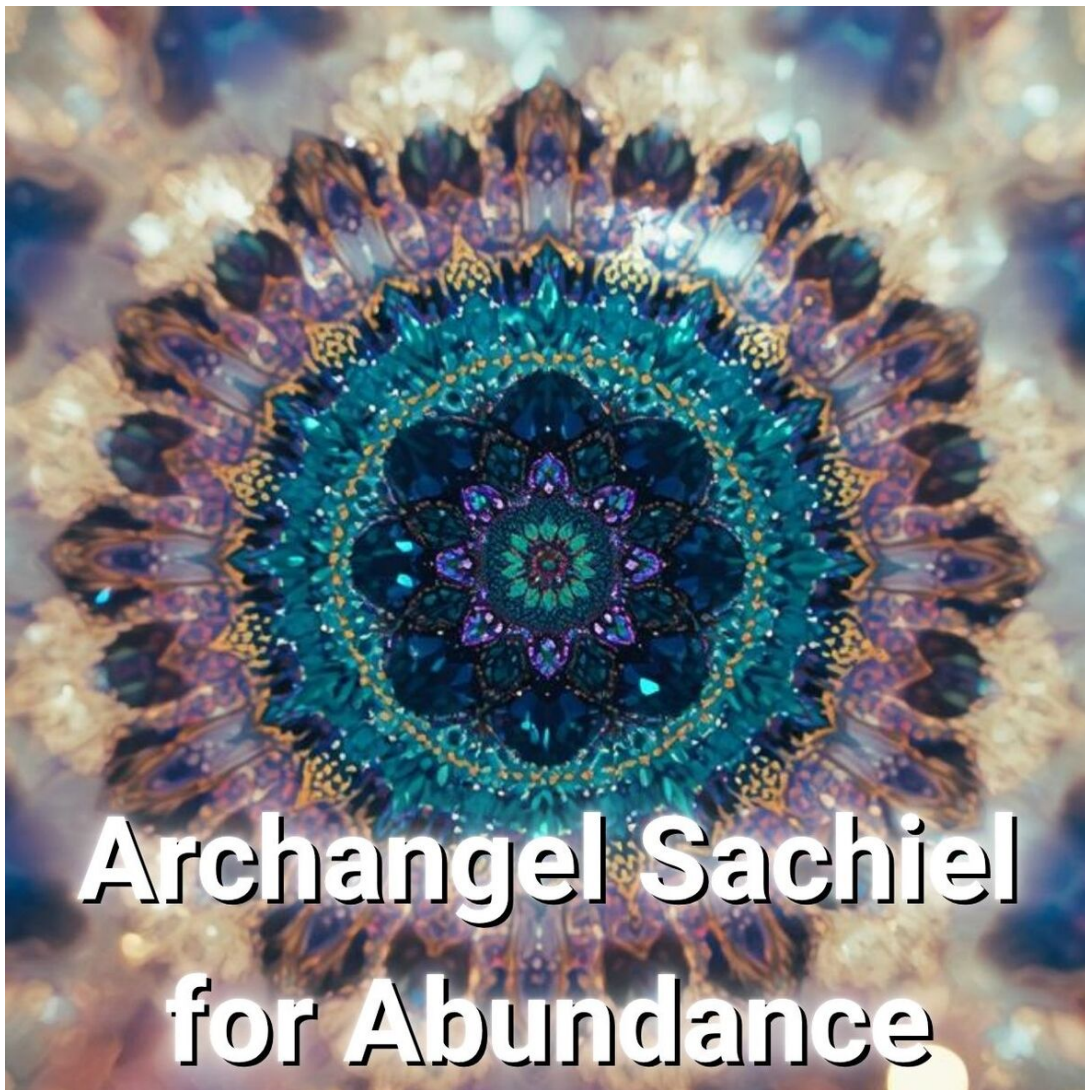
I am honored to share this journey with you.

September 2025 Reiki Newsletter

Welcome to This Month's Newsletter

October arrives carrying the golden light of abundance and the gentle whisper of angelic joy. As the seasons shift, we're reminded that prosperity is not only found in material blessings but also in the warmth, laughter, and guidance that flow through everyday life. This month's energies invite us to open our hearts to receive, to trust that divine support, love, and joy are always surrounding us.

Whether through this month's special sessions, Reiki for Pets, or the free Reiki for Guidance offering, may these energies remind you that joy is a natural part of your spiritual wealth.



Archangel Sachiel for Abundance

**Archangel Sachiel for Abundance Session*

This distance Reiki session is channeled through the loving presence of Archangel Sachiel, the angel of abundance, expansion, and sacred generosity. Often connected with Jupiter's radiant light, Sachiel helps you open to receive divine blessings in all forms, spiritual, emotional, and material.

Whether you seek support with financial flow, creative expansion, or spiritual fulfillment, Sachiel's energy brings contentment, divine timing, and aligned prosperity. His presence clears blockages around self-worth, helps you trust the generosity of the Universe, and expands your ability to receive with grace.

Archangel Sachiel for Abundance Session



October Reiki Sunday Special

October 2025 Reiki Sunday Special

October Reiki Sunday Special

This month's Reiki Sunday Special is a deeply protective session designed to shield your energy field from negativity, restore balance to your aura, and reconnect you with the strength of your inner light. Perfect for anyone feeling energetically drained, overly sensitive to others, or seeking stronger spiritual boundaries, this distance Reiki session weaves together angelic, crystalline, and cosmic frequencies to fortify your energy.

Sunday, October 26th at 8:00 PM your local time

Includes a Reiki-infused photo, personal session notes, and a private playlist.

Click the button below to learn more.

October Reiki Sunday Special



October 2025 Reiki Pet Special

October Monthly Reiki for Pets

Gentle energy support to help your pet feel their best all month long.

Our Monthly Pet Reiki Session offers ongoing healing energy to support your pet's physical health, emotional balance, and overall happiness. Whether your furry friend is healing, aging, or simply needs extra comfort, Reiki can bring calm, ease discomfort, and uplift their spirit.

What's Included:

Reiki energy sent multiple times throughout the month

Support for physical, emotional, and energetic well-being

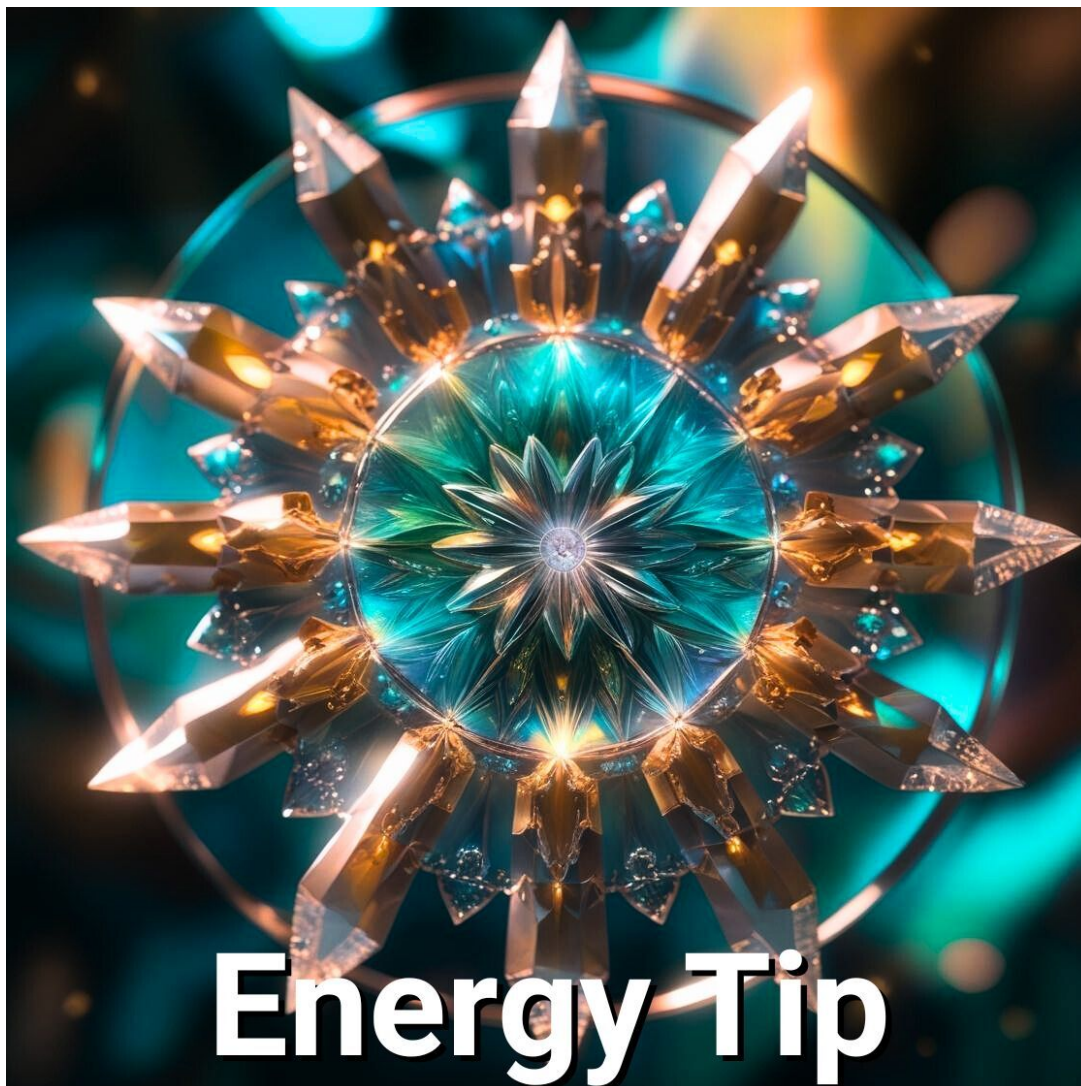
Gentle help with stress, healing, and vitality

A session on October 18th at 8:00pm (pet's time) to support the energy work from the month

Give your beloved companion the love and support they deserve.

Click the button below to learn more.

October 2025 Reiki Pet Special Session



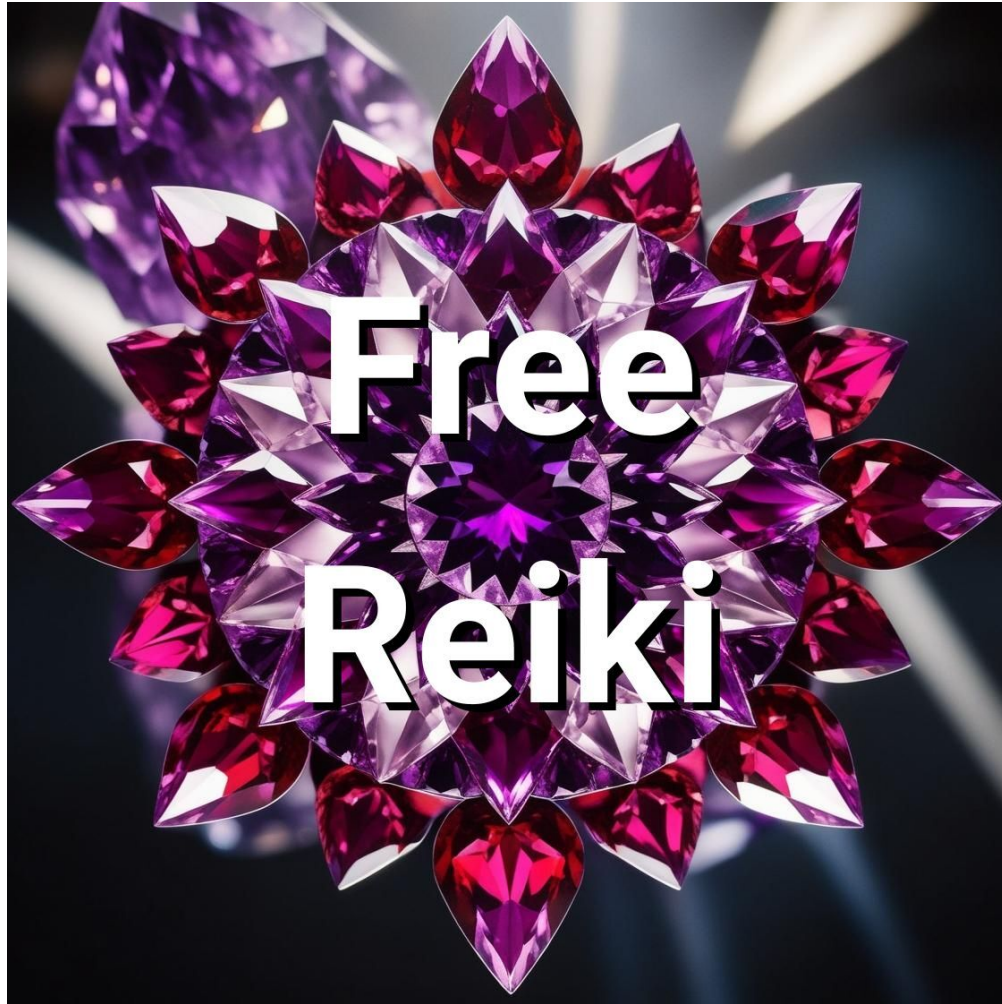
Energy Tip

Energy Tip of the Month: How to Connect with the Joy Angel

When you wish to connect with the Joy Angel begin by quieting your mind and bringing your awareness into your heart. Take a deep breath and imagine a soft golden light expanding from within you, this is your inner sanctuary, the place where angels love to meet you.

Silently say, "I invite the angel of joy and light to be with me now." Then notice the sensations that follow, a warmth on your shoulders, a shimmer of light, a wave of peace, or a sudden smile for no reason at all. These are signs that the angels are near.

You can strengthen this connection by surrounding yourself with joyful energy, uplifting music, gratitude, laughter, and acts of kindness. The angels respond to joy like a beacon; the more you cultivate it, the more their presence fills your life.



Instructions to Receive Free Reiki This Month

This month's free Reiki flow is dedicated to receiving divine guidance and clarity. The energy will support you in aligning with your inner wisdom, trusting your intuition, and recognizing the signs the Universe and your angels/guides are sending. Whether you're seeking direction about a decision or simply wish to strengthen your spiritual connection, this Reiki energy will help you feel guided, protected, and supported from within.

SESSION DETAILS

Date: Saturday, October 18, 2025

Time: 9:00 PM EST

Sign-Up Deadline: 6:00 PM EST on Saturday, October 18th

HOW TO SIGN UP

If you would like to receive this session, please read the instructions carefully. Emails that do not follow these guidelines will not be included.

After reading this message in full, send one email only to:

ReikiLourdes2019@gmail.com

(This email address is used exclusively for free Reiki group sessions.)

IMPORTANT GUIDELINES

Do not send emails to other addresses, they will not be processed.

Emails received before this message was sent or after the deadline will be deleted.

If signing someone else up, please get their permission first.

The Reiki will reach you whether you are asleep or awake.

Due to volume, you may not receive a reply, but your request will be honored if received correctly and on time.

After the session is sent, this inbox is not monitored again until the next offering.

For all other inquiries, please visit:

ReikifromLourdes.com

All services are offered via Distance Reiki.



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Rest, Relaxation, and Reiki

Transformational Vibrations

Metaphysical Life

Wishing you a peaceful, grounded, and energetically uplifting month.

Warmly,
Lourdes
Rest, Relaxation, and Reiki

*All services are done via Distance Reiki.

Important Disclaimer

All sessions, attunements, and services offered through Rest, Relaxation, and Reiki are provided as complementary energy support tools and are not a substitute for professional medical, psychological, or veterinary care. Reiki is a gentle, non-invasive modality that complements but does not replace, licensed healthcare services or professional legal advice.

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