

June 2026 Reiki Newsletter

One topic that occasionally comes up is the effect that periods of significant change can seem to have on electronics. Many people report experiencing unexpected glitches during times of personal growth, heightened stress, major life transitions, or energetic shifts, including frozen screens, dropped connections, unusual device behavior, or technology simply refusing to cooperate.

I've noticed this myself recently during a few livestreams. Despite calm weather and otherwise normal conditions, technology occasionally seemed determined to do its own thing. While there

can be many reasons for technical difficulties, it is interesting how often they seem to appear during periods of change and transformation.

Fortunately, the energy itself isn't dependent on technology. Whether through a live broadcast, replay, session, or attunement, the intention and Reiki continue to flow. Sometimes the technology may stumble, but the energy keeps moving forward.

Blessings, Lourdes



June 2026 Reiki Sunday Special

June Reiki Sunday Special – Strengthen Intuition Available through June 27, 2026

When intuition feels blocked or difficult to access, it can show up as second-guessing yourself, uncertainty around decisions, feeling disconnected from your instincts, or difficulty trusting what

you sense or feel. This can affect your confidence, clarity, and sense of direction. This group session helps soften that mental and energetic strain while supporting a calmer and more receptive state.

Rather than forcing psychic experiences, this session focuses on creating the energetic conditions that support intuitive awareness in a comfortable and supportive way.

Throughout the month, Reiki will continue to be sent to support this intention, allowing the energy to work in layers and integrate in a steady and supportive way.

June 2026 Reiki Sunday Special



June Reiki Pet Special – Available through June 19, 2026

Welcome to our Special Monthly Pet Session! Treat your pet friends/loved ones to a unique healing experience in their own environment. The intention is for the energy to promote relaxation, reduce anxiety, and improve overall well-being for your beloved pets. Let them bask in the gentle and soothing frequencies of Reiki. This is the perfect opportunity to bond with your pet and give them the care and attention they deserve. **This is a truly special and rejuvenating experience** that will leave your pet feeling refreshed and rejuvenated. For those of you who are sensitive to energy, you may feel the vibrations as well. Before purchasing, if you have any questions, feel free to contact us through this link.

June 2026 Reiki Pet Special



New Sessions

As our lives and energy continue to evolve, different types of support may be needed at different times. These new offerings were created to address some of the most common challenges I see, including energetic overwhelm, emotional fatigue, difficulty resting, and the need for greater clarity, balance, and energetic protection.

[Sleep and Nervous System Repair Session](#) Support relaxation, nervous system balance, and deeper restorative sleep.

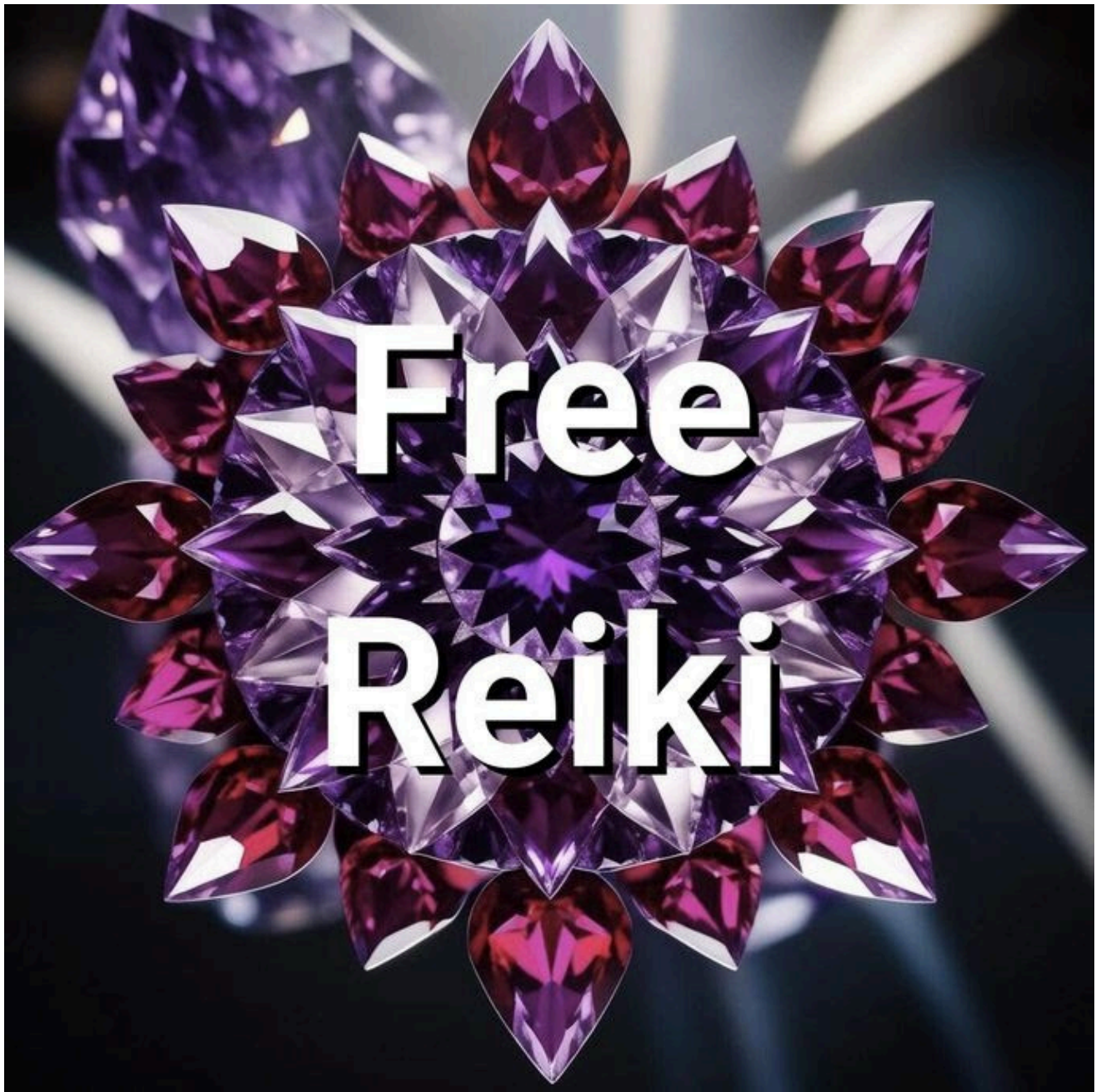
[Heart Restoration and Emotional Reopening Session](#) Encourage emotional renewal, compassion, and a greater openness to joy, trust, and connection.

[Axiatonal Lightbody Repair Session](#) Promote energetic alignment, flow, and a stronger connection between the body, mind, and higher self.

[Timeline Organization and Energetic Flow Session](#) Help restore clarity, organization, and forward movement when feeling stuck, scattered, or overwhelmed.

Each offering was created to support greater balance, resilience, and energetic well-being during times of change and transformation.

[New Sessions](#)



Instructions to Receive Free Reiki

Please read the information below. Check the date and times before signing up. Please sign up after receiving this newsletter. Any emails received before this email goes out will be disregarded.

To receive the Reiki on **Saturday June 19, 9:00 PM ET**, only send an email to the address below:

ReikiLourdes2019@gmail.com

Please note that ReikiLourdes2019@gmail.com is only used for the Free Reiki offering. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

You can sign up to receive this Reiki until 12:00PM, ET on Saturday 6/19/2026 After that time, emails received will not be reviewed and will be deleted. Here is a [link](#) to a time converter for those in other time zones.

Please direct all other inquiries, comments, or questions to ReikiFromLourdes.com via the [Contact page](#).

Due to the number of emails received, individual responses may not be possible. However, emails received before the deadline will be reviewed. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the [Contact](#) page for any inquiries.

The intention this month is to release stress.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

All services are done via Distance Reiki. No electronics needed.

DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical, psychological, emotional, or physical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical professional for any health-related concerns. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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