



## **August 2019 Reiki Newsletter**



### **Video and Distance Session Bundle**

Do you ever wish you could receive help with a specific energetic challenge and continue the energy work of the session any time you need a boost? If you have, this bundle may be exactly what you need! It gives you a general Distance Reiki Session and a 10-minute personalized video that compliments the energy work done during the session. Best of all? The bundle comes at a reduced price so you can benefit from the savings. Please click the button below to learn more about this savings duo.

**Video and Distance Session Bundle**

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### **Specialized Session and Video Bundle**

Do you ever wish you could receive one of Lourdes' specialized Reiki Sessions and continue the energy work of the session any time you need a boost? If you have, this bundle may be exactly what you need! It gives you a specialized Reiki Session\* (see applicable sessions in product description) and a 10-minute personalized video that compliments the energy work done during the session.

Best of all? The bundle comes at a reduced price so you can benefit from the savings. Click on the button below to learn more.

**Specialized Session and Video Bundle**



### **Live Streaming**

After experimenting with the live stream format I'm happy to announce that I will be doing one a month for all community members! My goal is to do it on the 2nd Saturday of the month, but I may schedule each month's live stream at different times to see what works best for all of you. The live streams will be announced on my FB, YouTube Community Page, and Instagram accounts the week of the live stream with the scheduled live stream date/time. Keep an eye on these social media pages to join in!

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### **New Instructions**

To receive the Reiki (on Saturday, 8/31/19 at 8:00pm EST), send an email to ReikiLourdes2019@gmail.com. **If you send an email to another one of my email addresses, you will not be included in the free Reiki session.**

### **Free Reiki\***

The Reiki sent this month is for hope.

The Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

You can sign up to receive it until 7:59pm, EST on Saturday, 8/31/19.

Here is a [link](#) to a time converter for those in other time zones.

\*Reiki is not a medical treatment, but is a complementary energy modality that works best when used with allopathic medicine.

Blessings,

Lourdes



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