



February 2020 Reiki Newsletter

Hello!

So far this New Year has been one energetic shift after another and I'm hoping that Reiki is helping you through it. For all who need it, have been working on posting more Reiki infused photos for my social media pages. **YouTube Community**, **Facebook**, and **Instagram** are getting 2 to 3 posts a day. During the month of February there will be one post a day on the topic of love.

Speaking of love, check out the **February Sunday Special** where you have a choice of two topics: love or general well-being. These are so much fun and I am looking forward to working on these sessions!

Since my family and I are very sensitive to energy I am always looking for different ways to my family. That is one of the reasons the **Energetic Protection Plan** came to be. Most of us need more

than one way to protect ourselves. What many people don't realize is that due to our energy always changing, what you do one day, may not be what you need to do the next. The **Energetic Protection Plan** offers a variety of techniques, ideas, energy exercises and tools that can keep you protected. Some days one technique may be needed, but on others, two or three combined will be what it takes to keep your energy bodies safe. You get to choose what works best for you and are supported by the exclusive Reiki video included in the manual. That is the beauty of this plan. Of course, I'm also partial to the exclusive videos in this plan :)

Will be doing another Livestream this Sunday, February 9th at 12:00pm est on my Youtube channel. The focus will be on Reiki with crystals, but of course will be happy to take any general Reiki energy questions. Love the opportunity to meet some of you!

Thank you for letting me be part of your lives!

Energetic Protection Plan



January Reiki Sunday Special - \$65.00

February Reiki Sunday Special

For this month's special something different is being done! Usually the sessions in this offering have one set theme. But, for this month you can use either love or well-being as the intention!

As usual, the energy of these sessions is intense. You get one hour of the strongest energy I can channel on the two Sundays listed.

For a limited time you can purchase the **February Special** for the following Sundays in February, 2/16/20 and 2/23/20. I will send Reiki to everyone who has purchased this special for an hour, with the intention that you select! The Reiki reaches you at 8pm your time. Since the sessions are strong it is recommended that prepare to rest or go to sleep afterwards!

In order to offer this, this Special will only be available for purchase until 2/16/20. The special price is \$65.00 which includes

both sessions.

For more information click on the link below.

February Reiki Sunday Special



New Instructions to Receive Free Reiki

To receive the Reiki (on Sunday, 2/9 /20 8:00pm EST), send an email **only** to:

ReikiLourdes2019@gmail.com

Please note that this email is only for free Reiki. Please direct all other emails to me via this [link](#). If you send an email to another one of my email addresses, you will NOT be included in the free Reiki session.

The Reiki sent this month is for love. If you would like to intensify the energy, try using any of my love videos during the session.

Here is the [link](#) to the love playlist.

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

You can sign up to receive it until 7:59pm, EST on Sunday, 2/9/20. Here is a [link](#) to a time converter for those in other time zones.

Blessings, Lourdes

*Reiki is not a medical treatment, but is a complementary energy modality that works best when used with allopathic medicine.



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