



January 2022 Reiki Newsletter

Hello,

Hope that all of you are doing well.

The beginning of this year has been interesting and not boring. Many of us are trying to find our way in a Covid filled world and all the challenges that come with it. My goal is to channel more energy that can help each of us move forward in a peaceful, love filled and abundant manner. This year, will continue with more compilations as well as single videos that will grow with us during this shift.

My Rest, Relaxation, and Reiki website is up again :) This was my original site, which I had kept, but took it offline when Reiki from Lourdes was created. Brought it back to make it easier for everyone who sees my old video with the Rest, Relaxation, and Reiki website address.

One thing that may affect all of my followers on Instagram is the amount of accounts impersonating me. These people use various forms of my business names to seek new followers and then they ask for money. This is happening more often on Instagram and wanted to let you know, that I don't send out friend requests and I don't ask for money. My Instagram account has several thousand posts and if you receive a friend request from anyone you follow, check out their

posts to see if they are familiar to you. Check out their style to see if it is consistent. Don't want to see any of you "scammed". If someone says it is me and you are not sure it is me, go to my websites (ReikifromLourdes or RestRelaxationandReiki) and contact me.

There will be a livestream this weekend (Sunday, 1/16/22) on my **YouTube** channel at 1:00pm est. What is great about the livestreams is that they carry Reiki and are a fun way to receive the energy. Richard is joining me for more psychic games and we look forward to meeting with everyone who can make it!



January 2022 Reiki Sunday Special

January Reiki Special

Personalized Reiki Photos are a great way to carry the energy with you, even if you don't have access to a computer/phone/tablet. They can be printed out, used as screensavers, or you can even make your own slideshow with them. This month, they are on sale and you can purchase one at the link below.

January 2022 Reiki Sunday Special



Instructions to Receive Free Reiki

Please read the information below.

To receive the Reiki (on Saturday, January 22nd, 8pm EST), **only** send an email to the address below :

ReikiLourdes2019@gmail.com

Please note that the ReikiLourdes2019@gmail is only used for free Reiki. If you send an email to any other address, you will NOT be included in the free Reiki session or receive a response.

You can sign up to receive this Reiki until 7:30pm, EST on Saturday, January 22nd. After that, emails will not be looked at and will be deleted. Here is a link to a time converter for those in other time zones. Please direct all other inquiries/comments/questions to ReikifromLourdes.com via this **link**.

Due to the amount of emails received, emails may not be responded to, but will be looked at, if received on time. After the free Reiki is sent, this email (ReikiLourdes2019@gmail.com) is not looked at again until the next free Reiki offering. Use the **Contact** page for any inquiries.

The intention this month is Reiki for Success (all types) in the New Year

This Reiki will reach you even if you are busy doing something else. You may share this information with others who would like to sign up for free Reiki. If you are signing up someone else, please get their permission first.

Blessings, Lourdes

*All services are done via Distance Reiki.

*DISCLAIMER: Reiki is a complementary energy modality and should not be used as a replacement for medical needs. The information provided does NOT constitute legal, psychological, medical, business, or financial advice. Always seek the advice of a medical profession for issues and challenges. Reiki videos should not be received while using machinery or driving. Since everyone's energy is different, results may vary and are not guaranteed.

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